FAIRFAX COUNTY TIMES

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MUSIC: THE NIELDS CELEBRATE 30 YEARS

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Friday - Mostly Sunny *High: 46° Low: 25°* | *Saturday - Sunny* *High: 36° Low: 32°* | *Sunday - Partly Cloudy* *High: 40° Low: 30°*

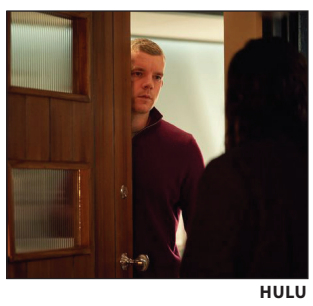
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UNSPLASH

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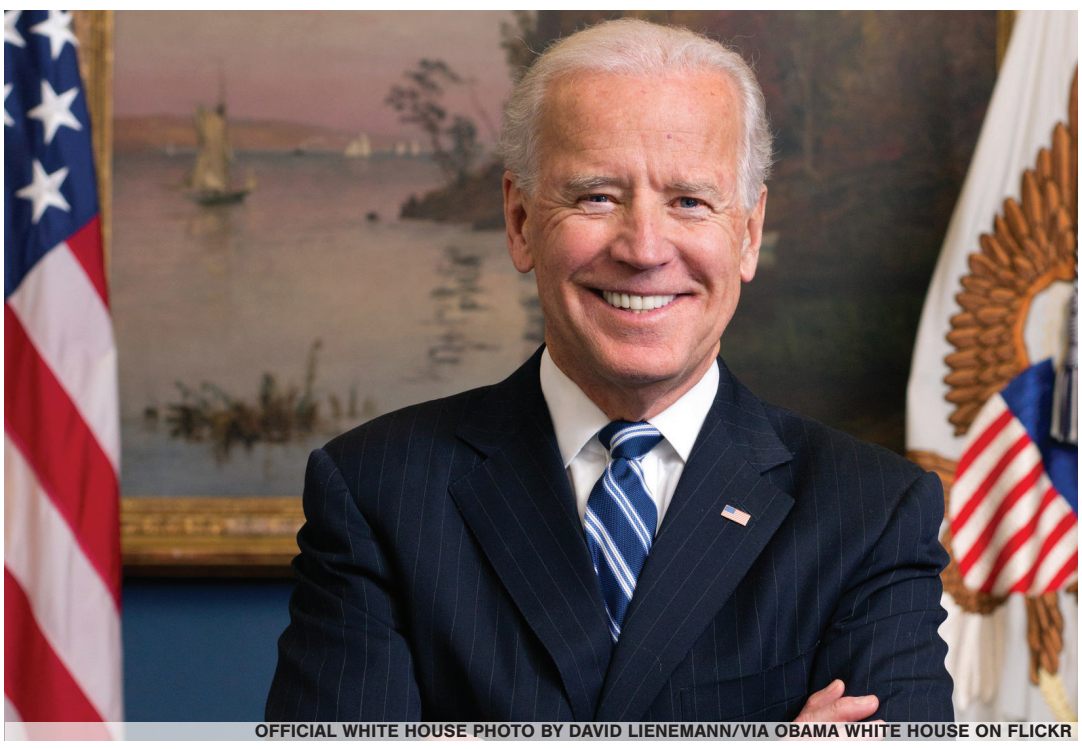
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Biden inaugurated as 46th President

Kamala Harris makes history as first female Vice President



OFFICIAL WHITE HOUSE PHOTO BY DAVID LIENEMANN/VIA OBAMA WHITE HOUSE ON FLICKR

By Brooke Lewitas
FAIRFAX COUNTY TIMES

President Joseph R. Biden and Vice President Kamala Devi Harris were sworn into office on Wednesday morning, in a scaled down but historic ceremony. The message of the day was unity, which Harris and Biden both mentioned in their speeches.

Another big consideration for the inauguration was safety – both from COVID-19 and from predicted domestic terrorism. Following the events of January 6 in which thousands of people illegally entered the Capitol Building in protest of perceived election fraud, D.C. security was on high alert. The National Guard took several measures to ensure the safety of those in attendance.

Safety measures in place to prevent spread of the virus included forgoing the traditional inaugural balls in favor of a virtual ceremony the administration called "Celebrating America", which aired Wednesday night and featured stars including Tom Hanks and Kerry Washington. It was a ninety minute telecast with remarks from Biden and Harris, as well as musical performances from renowned musicians including Bruce Springsteen and Lin Manuel Miranda, among others.

This administration marks many historical firsts. Harris is the first woman to serve as Vice President, as well as the first person of South African and Black descent. First Lady Jill Biden will be the first First Lady to maintain a full time, paid job outside the White House while her husband is in office. In her eight years as second lady, she taught English at Northern Virginia Community College, and she will continue to do so.

Former President Donald Trump did not attend the inauguration, instead taking one final presidential trip to Florida. He is the first to not attend his successor's inauguration since Andrew Jackson in 1869.

Biden intends to waste no time in the first few days of his administration. Some of the actions he plans to take immediately include ending construction of the U.S.-Mexico border wall as well as terminating the national emergency declaration Trump used to fund the wall, rejoining the World Health Organization and the Paris Agreement, and reversing Trump's travel ban on predominantly Muslim countries.



Erdos-Bacon-Sabbath Number



COURTESY PHOTO

Many people are familiar with the phrase "six degrees of Kevin Bacon", which is a reference to a game in which people have to "find the shortest path between an arbitrary actor and prolific actor Kevin Bacon, linked by films they have appeared in together". The game can be taken to a next level however, which is how the phrase "Erdos-Bacon-Sabbath number" originated. In order to have a verified number, you must have co-written a scientific paper with someone who eventually connects to mathematician Paul Erdoös; appeared in a film with someone who eventually connects to Kevin Bacon; and performed musically with someone who eventually connects to Black Sabbath. It's a hefty goal and requires individuals who are multitalented. Notable holders of the title include Natalie Portman and Brian May, but one Fairfax native has embarked on a journey to attain one for himself.

Benny Blue is a 20-year-old William & Mary College student originally from Chantilly studying computer science. He has a passion for acquiring creative skills and the game Undertale.

"I have autism and ADHD, and very poor fine motor skills as a result. Com-

See ERDOS, Page A4

Vaccine registration hotline experiences deluge of calls

By Rick Horner
FAIRFAX COUNTY TIMES

Last week Fairfax County held their second meeting for the Information Technology Committee to discuss issues with the county's 1B mass vaccination pre-registration system.

The previous Monday saw a deluge of calls to the County's voicemail system regarding how to get vaccinations for the coronavirus. The number of calls which was estimated at over 130,000 overwhelmed the system which also included a backup system to deal with such issues.

According to the Fairfax County Government website, the 1B phase opens up vaccine appointments to a wider range of groups which includes people aged 75 and older, essential front-line workers, and people living in correctional facilities, homeless shelters, and/or migrant labor camps or are at higher exposure to the coronavirus.

The County's Chief Technology Officer Gregory Scott made a presentation to the committee describing the breakdown of the voicemail system.

According to Scott, from 8am to 9am the call line received 12,064 calls which overloaded the County voicemail system causing it to crash for every call center in the County. From 9am to 10 am the number of calls rose to 129,196 which continued to overload the system.

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PUBLIC SAFETY NOTES



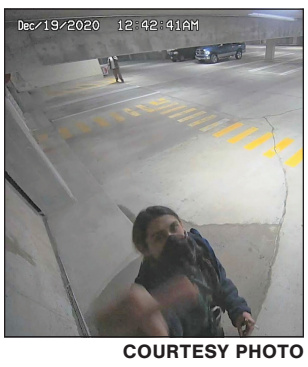
COURTESY PHOTO

Brandon Sutton.

Maryland man charged with stealing vehicle

Officers stopped a 2020 Subaru station wagon at Richmond Hwy. and Spring Drive Jan. 13 at 8:24 p.m.

The vehicle was reported stolen from a neighboring jurisdiction. Brandon Sutton, 31, of Maryland, was charged with grand larceny auto theft.



COURTESY PHOTO

One of the persons of interest. See other photos at https://bit.ly/35QxREp.

Fire investigators seek public's help identifying persons of interest

Units were dispatched for a reported building fire in the 9300 block of Lee Highway in the Fairfax area of Fairfax County Dec. 19 at approximately 12:58 a.m.

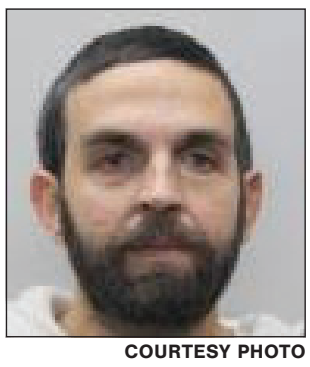
Crews arrived on scene and found the contents of a storage room on fire. The storage room is located in the lower level of a parking garage for office buildings 9300 and 9302 Lee Highway, Fairfax. They quickly extinguished the fire. There were no reported injuries. Damages as a result of the fire were approximately $11,000. The cause of the fire is under investigation.

Fire investigators are seeking the public's assistance in identifying three persons of interest who may have information on the fire (see photos below). One person was seen skateboarding in the garage from approximately 7:30 p.m. to 8:30 p.m. on December 18. Two other individuals were seen skateboarding and hanging around a bench in the garage from approximately 8 p.m. on December 18 to 12:45 a.m. on December 19.

The first person of interest is described as a white male, approximately 5'7", with a thin build and shoulder-length black, curly hair. He was last seen wearing a black jacket, black pants, tan shoes. The second person is a white male, approximately 6'3", with a medium build. He appears to walk with a limp. He was last seen wearing a black winter hat, plaid flannel jacket over a white shirt, and tan pants. The third person of interest is a white male, approximately 6'0", with a thin build and black hair that may have been in a ponytail. He was last seen wearing a light and dark grey baja style hoodie, blue jacket, light grey pants, and white sneakers

During the same evening, two motorcycles in the parking garage were pushed over, which damaged a car. Fire investigators are interested in information regarding the motorcycles, any other vehicles that may have been damaged, and anyone who may have found their property missing around that time frame. Any related information may assist in the investigation.

Anyone with information regarding this incident is asked to contact Lieutenant Michael Adams with the Office of the Fire Marshal, Fire Investigation Section at (571) 221-1031 or Michael.adams2@fairfaxcounty.gov. Your tips can remain anonymous.



COURTESY PHOTO

Michael Von Husen.

Herndon man charged with abduction

A man threatened to harm a family member then prevented them from leaving the home in the 1500 block of Coat Ridge Road by barricading the doors Jan. 9 at 6:08 p.m.

Officers assigned to the Fairfax County Police Special Operations Division and public safety dispatchers were able to safely deescalate the situation through negotiations.

Michael Von Husen, 38, of Herndon, was charged with abduction. One person was treated for minor injuries.

Fairfax residents among 44 new troopers to graduate from VSP Academy

Six Fairfax County residents were among the 44 men and women of the Virginia State Police 132nd Basic Session graduated in a virtual ceremony Jan. 15.

Arfan M. Arif, Stephanie H. Kapusta, Gabriel A. Santillan, Jeffrey A. Spencer, Andrew M. Toth and **Jacob K. Weitzman** all of Fairfax County, were among the 44 graduates.

Due to COVID-19 protocols, a virtual ceremony was the safest means of allowing the graduates and their families to celebrate the culmination of 27 weeks of the trooper-trainees' hard work, sacrifice and dedication. Also in virtual attendance were state police executive staff, academy staff and Secretary of Public Safety and Homeland Security Brian Moran. A previously-recorded video of Governor Ralph Northam congratulating the new troopers was played during the ceremony.

"This Basic Session class has been like no other. Every one of these steadfast men and women heeded strict attention to detail as they navigated the ever-evolving COVID-19 safety protocols," said Colonel Gary T. Settle, Virginia State Police superintendent. "The attention to detail wasn't just to ensure a safe environment for the entire class, their families, academy staff and instructors, but also for the greater good, something all Virginia State Troopers understand as they put their lives to the test daily to protect and serve the citizens of the Commonwealth. I could not be more proud of this graduating class and I know they will represent us well as they serve their communities."

The new troopers received more than 1,300 hours of classroom and field instruction in more than 100 different subjects, including de-escalation techniques, strategies to assist people in mental health crisis, ethics and leadership, fair and impartial policing, constitutional law, emergency medical trauma care, and public and community relations. The members of the 132nd Basic Session began their 27 weeks of academic, physical and practical training at the Academy June 29, 2020.

The graduates of the 132nd Basic Session are from every corner of the Commonwealth, as well as Michigan, Ohio, Pennsylvania, Kentucky and New York. They include two second-generation troopers, four first-generation Americans and numerous prior military service personnel.

For their final phase of training, each trooper will spend an additional six weeks paired with a Field Training Officer learning his or her new patrol area.

State police is currently hiring for future Basic Session Academy classes. Those interested in joining the ranks of the Virginia State Police are encouraged to visit www.vatrooper.com for more information.



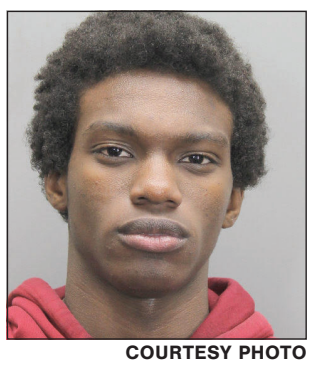
COURTESY PHOTO

Darren McEwan.

Alexandria man arrested after robbery

A man entered the Exxon at 6261 Little River Turnpike and damaged property Jan. 14 at 9:30 a.m. He threatened then assaulted an employee and stole merchandise before running away.

Officers located the man nearby and when they attempted to arrest him, he assaulted the officers. Darren McEwan, 34, of Alexandria, was taken into custody and charged with robbery, four counts of assault on law enforcement, destruction of property and threats to bomb.



COURTESY PHOTO

Antonio Young.

Maryland man charged with stealing car

Officers responded to a single-car crash in the 6200 block of Sydney Road involving a 2009 Honda Odyssey Jan. 13 at 11:43 p.m.

Officers determined the van was stolen and charged Antonio Young, 20, of Maryland, with grand larceny auto theft.

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PEOPLE AND PLACES



COURTESY PHOTO

Leo J. Titus, Jr.

ECS names new Chief Operating Officer

Engineering Consulting Services (ECS) is pleased to announce **Leo J. Titus, Jr.**, PE, has been promoted to Chief Operating Officer of the ECS Group of Companies effective Jan. 1.

A member of the ECS team since 1997, Titus holds more than 30 years of experience in geotechnical and construction materials engineering, special inspections and environmental services, and has led ECS Mid-Atlantic, LLC as the subsidiary president since 2008.

"Leo is an outstanding addition to the corporate leadership team," said Tony Fiorillo, president of the ECS Group of Companies. "He brings a wealth of experience and knowledge and will be instrumental in helping us meet our aggressive growth goals."

Titus received his Bachelor of Science in Civil Engineering from Clarkson University, Master of Geotechnical Engineering from the University of Maryland and Master of Business Administration from The University of Mary Washington. He is actively involved with many regional and state professional organizations serving in multiple board-level positions, and is currently the chairman of the ASTM E36 committee and the treasurer of the Geoprofessional Business Association (GBA).

"ECS is an outstanding organization with a fantastic team of people," said Titus. "It's an honor to be asked to take on the COO role and help the company as it continues to grow."

Amazon Web Services, Microsoft, HP among 27 companies hiring at Jan. 28 virtual career fair

Amazon Web Services, Microsoft and Hewlett Packard Enterprise are among 27 companies in Northern Virginia seeking to hire for thousands of open positions in the IT, cyber and cloud industries during a virtual career fair January 28.

Hosted by the Fairfax County Economic Development Authority (FCEDA), this event is one of many in an ongoing series of virtual career fairs the FCEDA is sponsoring or leading in response to the COVID-19 crisis. Registration details can be found at https://bit.ly/3qxBdnD.

Participation in the FCEDA Cyber & Cloud Virtual Career Fair is free of charge and open to technology professionals of all experience levels looking to connect with top tech companies in Northern Virginia. Job seekers with security clearances are in demand and encouraged to attend, though it is not a required qualification.

"Our region is a top cyber and cloud hub and there has never been a better time to land a job in this industry because of the thousands of open jobs here," said Victor Hoskins, president and CEO of the FCEDA. "We are proud to be working with such a diverse group of companies that are letting us help them cast a wide net to find the right talent to fill these jobs and keep our networks, businesses, agencies and people secure."

More than 86,000 open jobs in Northern Virginia, about half in technology fields, are posted at www.workinnorthernvirginia.com. The Washington, D.C., area is projected to add more than 130,000 tech jobs within the next five years, outranking cities such as San Francisco and Austin. Fairfax County alone boasts 8,900 technology establishments and more than 50 Cybersecurity 500 firms.

"Cloud and cyber companies are an important and growing facet of the Fairfax County tech economy," said Jeffrey C. McKay, chairman of the Fairfax County Board of Supervisors. "I am delighted to see the talent initiative that the Board of Supervisors funded helping residents find jobs and emphasizing the importance of these sectors to Fairfax."

The virtual career fair series is the latest FCEDA response to the COVID-19 crisis to connect job seekers with companies that are hiring now. The first three virtual career fairs collectively attracted more than 2,100 attendees and resulted in 3,100 completed conversations between job seekers and hiring reps from a wide range of employers, from small firms to Fortune 500 companies. The virtual career fair is part of an FCEDA talent initiative funded by Fairfax County to attract, retain, grow and retrain workers. More information can be found at https://bit.ly/3sEDZJu.



COURTESY PHOTO

Satonya Dews.



COURTESY PHOTO

Natalie Lorenzi.

FCPS appoints new principals

FCPS announces the appointment of two new principals.

Satonya Dews, who has served as assistant principal at West Springfield Elementary School since 2018, has been named the new principal of Bailey's Elementary School, effective February 1.

Dews began her career in Fairfax County Public Schools as a teacher at Woodley Hills Elementary, where she taught general education, students with disabilities, and students enrolled in English for speakers of other languages (ESOL). She then worked as an ESOL assessment teacher for the division before being hired as the assistant principal of Cardinal Forest Elementary. In 2018 she joined the West Springfield Elementary staff as the assistant principal. Dews speaks Spanish and is looking forward to using these skills as the principal of Bailey's Elementary School.

Dews earned bachelor's degrees in international business and Spanish from James Madison University, a Master of Arts degree in Early Childhood Education from Norfolk State University and a Master of Education degree in Curriculum and Instruction from George Mason University. In 2010, she earned her endorsement in administration and supervision from the University of Virginia.

Natalie Lorenzi, who has served as assistant principal at Greenbriar East Elementary School since 2018, has been named the new principal for Cub Run Elementary School, effective February 1.

Lorenzi, a 26-year veteran of FCPS, spent the first 19 years of her career as a classroom teacher and ESOL specialist at Hutchison Elementary and Glen Forest Elementary. She founded the Climbing to College program to introduce postsecondary options to students living in poverty. Between 2011 and 2018, Lorenzi served as the library media specialist at Glen Forest Elementary, Mantua Elementary, and Lake Braddock Secondary Schools. During this time, she developed and facilitated professional learning on diversity in curriculum and literature, with an emphasis on closing achievement gaps through student engagement.

Lorenzi began her administrative career as an interim assistant principal at Canterbury Woods Elementary and an extended school year administrative intern at Parklawn Elementary. She is trained in Restorative Justice practices and coordinated the first Restorative Justice circle process at Greenbriar East Elementary. She has also served as the school's equity lead, developing and delivering staff professional development on cultural proficiency with a focus on equity and access for all students.

Lorenzi earned her Bachelor of Arts in psychology and a Master of teaching from the University of Virginia. She is also a graduate of the Accelerated Certification Cohort XII for Administration in FCPS from the University of Virginia.



COURTESY PHOTO

Joan Kang Shin.

Mason professor honored by State Department

The U.S. State Department is honoring George Mason University associate professor **Joan Kang Shin** for her work in its English language specialist program. Shin is one of 30 individuals selected for their unique and lasting impact on the State Department's specialist program and on the field of teaching English to speakers of other languages.

The honor is part of the State Department's celebration of the 30-year anniversary of the English language specialist program.

"Participation in this program provides opportunities for valuable cultural and professional exchanges that continue to inform my teaching and research at Mason," Shin said.

The State Department is specifically highlighting Shin's work using songs to teach language and culture to young English learners. Since 2005, Shin has conducted more than 20 specialist projects in countries all over the world, including Saudi Arabia, Serbia, South Korea and Turkey.

"Dr. Shin has had a profound impact wherever she goes," said Tony Newman, global program officer for the State Department's English language specialist program. "We see her as someone who can carry the program forward for the next 30 years."

The English language specialist program has sent English language specialists to 130 countries to work on educational projects, such as teacher training, curriculum design and addresses at international conferences. The specialists exchange knowledge, build capacity and establish partnerships benefiting participants, institutions and communities in both the United States and overseas, according to its website.

Shin's next project with the State Department involves a five-month program in Serbia focusing on developing tolerance through graphic novels. Due to the coronavirus pandemic, it will be conducted virtually. Through this project, English language teachers will learn to use selected graphic novels to teach young learners and teenagers tolerance, raise intercultural awareness and develop the concepts of global citizenship.

Shin, who teaches through Mason's College of Education and Human Development, also works with National Geographic Learning to create and edit a series of successful educational materials for teaching English to children. She recently collaborated with Jered Borup, another associate professor at CEHD, to conduct webinars on online teaching for English teachers worldwide.

"The work that I do through the State Department informs and helps the other work I do to improve education, and specifically learning English, around the world," said Shin.

Louise Archer students earn honors in WordMasters Challenge

Several teams representing Louise Archer Elementary achieved highest honors in the recent WordMasters Challenge™, a national vocabulary competition involving nearly 125,000 students annually.

The fifth-grade team scored 193 points out of a possible 200 in the first of three meets this year, placing third in the nation. In addition, Louise Archer's fourth-grade team scored 184 points to finish sixth nationwide, and the third-grade team earned an eighth place finish with 185 points.

Competing in the difficult gold division, fourth graders **Audrey Ban** and **Ayyaan Ghala** and fifth graders **Gabriella Modine, Peyton Reed,** and **Acacia Wright** each earned a perfect score of 20 on the challenge. Nationally, only 37 fourth graders and 57 fifth graders achieved this result.

Other students from Louise Archer Elementary who achieved outstanding results in the meet include: third graders **Bryce Blinstrub, Charlotte Floyd, Megan Lai, Jack Ryan,** and **Elias Yoo;** fourth graders **Zouli Alexandratos** and **Jack Kang;** and fifth graders **August Bhatt, Annabelle Cho, Max Collins, Jack Couchman, Tiger Deng, Kalliope Gonos, Nolan Maffeo, Noah Nam, Areli Peralta,** and **Carly Schweers.** In the blue division, sixth grader **Meaghan McLaughlin** received an outstanding score. The students were coached by third grade teachers **Meghan McGrath** and **Rebekah Skousen**, fourth grade teachers **Christine Fish** and **Anne Marie Harris**, fifth grade teachers **Tracy Resnick** and **Kristen Toth**, and sixth grade teacher **Julianne Kass.**

The WordMasters Challenge™ is an exercise in critical thinking that first encourages students to become familiar with a set of new words (considerably harder than grade level), and then challenges them to use those words to complete analogies expressing various kinds of logical relationships. WordMasters Challenge™ materials have been specifically created for younger students in grades 3-8.

McLean Community Center seeks candidate for Governing Board

The McLean Community Center (MCC), an agency of Fairfax County Government, is seeking residents of Small District 1A-Dranesville to run for seats on its 11-member volunteer board.

The board provides oversight and guidance for MCC programs and facilities, including the Robert Ames Alden Theatre ("The Alden") and The Old Firehouse Center. MCC is located at 1234 Ingleside Ave.

To run for a seat on the volunteer board, a candidate must reside in the Center's tax district (Small District 1A-Dranesville). Three adult positions and two youth positions are open this year. To have their names placed on election ballots, candidates are required to obtain the signatures of 10 tax district residents in their respective categories (either adult or youth). Candidate petition packets are now available. Residents who would prefer to not enter the center can call 703-744-9348, to arrange for an MCC staff member to deliver a candidate packet to them in the MCC parking lot.

The three adult candidates who receive the three highest vote counts will serve three-year terms. Youth members will serve one-year terms. Adult candidates must be at least 18 years of age as of May 15, the date of the center's annual McLean Day festival, where the election is usually held. Youth candidates must be 15-17 years of age on McLean Day (born May 16, 2003 to May 16, 2006). One youth member will be elected to represent McLean High School boundary area and one will be elected to represent Langley High School boundary area. Youth candidates are not required to attend either school (private school or home-schooled students are eligible), but they must indicate where they reside in terms of the areas served by the respective high schools, as defined by Fairfax County Public Schools.

Key Election Dates:

- **Jan 21:** Candidate petition packets became available at MCC.
- **March 12:** Completed petition packets are due to MCC by 5 p.m.
- **March 17:** Open voting begins at the MCC. Residents may vote in-person or by mail and may phone, send an email, or fill out an online form to request ballots for their households. The requested ballots will be mailed to their homes.
- **March 13:** Candidates' orientation (via Zoom).
- **March 17:** Open voting begins at the MCC.
- **March 15:** Open voting ends at 5 p.m.

For more information on the MCC Governing Board Elections, logon to the Governing Board Candidates' webpage https://bit.ly/2MYdJJN or contact Executive Assistant Holly Novak at 703-744-9348 or holly.novak@fairfaxcounty.gov.

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ERDOS

CONTINUED FROM PAGE A1

puters have given me a creative outlet I wouldn't have otherwise, and creating things digitally brings me great joy. My ultimate goal is to be resourceful and skilled enough to be able to make whatever I want. I also really enjoy video games involving metanarratives."

In January of 2020, Blue came across an article on Erdos-Bacon Sabbath numbers, and made a Facebook post, declaring it his "ultimate goal in life", although he had no real intention of following through. But in September, he was surprised to learn that he already had a Bacon number through a connection with his aunt. Together, they'd created videos of play-throughs of Undertale. That got Benny thinking.

"I then realized I also technically had a Sabbath number — but only on a technicality. In January of 2020, I took a 400 mile Greyhound bus trip to Chicago on my own to attend and volunteer at Undertale: LIVE, an orchestral performance of music from Undertale."

Because the creator of the game can be linked back to Black Sabbath vocalist Ian Gillian, performing at Undertale: LIVE would count as a link.

"However, I didn't musically contribute to the show — I just worked the merchandise table. But I had a plan." Eventually, he was able to create music for the game's live event, giving him a Sabbath number of five.

To Benny, it's about more than simply a number.

"It was unspeakably fulfilling to know that [Undertale creator Toby Fox] saw what I had worked so hard to create — this person I idolize, who created something so important to me."

Next up: Erdos. "Luckily, I already have resources laid out for me — it turns out that all the computer science professors at William & Mary have Erdos numbers. And it also has extensive undergraduate research opportunities, with lots of precedents for student co-authors."

For those inspired to attain their own Erdos-Bacon-Sabbath number, Benny has advice: "work with what you already have".

"My number one piece of advice is to work with what you already have. I'm obsessed with the video game Undertale, and deeply invested in its community, so I achieved it through that community. The whole point is that these links are highly ubiquitous. Erdos holds the record for most published papers in history. "Six Degrees with Kevin Bacon" came about because he bragged in an interview that he'd worked with everyone in Hollywood. Black Sabbath has an obscene number of members. These aren't random points — they're epicenters. The point is the act of creating with others."

VACCINE

CONTINUED FROM PAGE A1

"Around this time surrounding counties and municipalities were experiencing similar problems, one nearby locality's system went down an hour before the County's did." Scott said to the committee.

From 10am to 1pm the number of calls continued to grow up to the average amount of 130,000 calls. The County's IT Department made on the spot changes to the system to held alleviate the issues of call deluge. The steps taken to help included adding an extra voice gateway which gave the center another line to work with as well as launching the online registration system ahead of its scheduled deployment.

The system with its addition remains operational and can receive calls for information and appointments for getting the vaccine. The IT Department is looking ahead now to install a more robust call center, using more online assistance and to work more closely with the Virginia Department of Health to utilize their contact and information centers.

Hunter Mill Supervisor Walter Alcorn commented about how residents complained about the slowness of the answer system which was answered by Scott that the IT Department had been able to turn things around in a matter of days and a full registration system has been deployed to continue registration and notify those registered for the first dose of vaccine. Contacting residents for the second dose is reported to be done by e-mail according to Jessica Werder, Deputy Director of Public Health Operations for the VDH.

Registration for appointments can be made online at FairfaxCounty.gov/covid19 or the Health Department's vaccine hotline at 703-324-7404.

Bongo District adapts to play during the pandemic



COURTESY PHOTO

By Rick Horner
FAIRFAX COUNTY TIMES

Washington D.C. five-piece band Bongo District brought their mix of reggae, ska, Latin, and funk music to Vienna to play their second show at Jammin' Java last weekend. Bongo District has been one of the few bands to play live shows since the beginning of the coronavirus pandemic and has had to make adjustments for that to happen.

Fairfax Times spoke to the band's lead singer and guitarist Dros to get the band's thoughts about performing during the pandemic and what may come about with the vaccines now in distribution

You played a show recently in Vienna, how'd the show go? How did social distancing rules affect the show?

We did, it actually has been our second show at Jammin' Java. Our first one in December received such positive reviews that they had us back fairly soon. Last Friday the 15th was our second one and it was full to "COVID" capacity, which is 25% of the max allowed, which means around 60 people.

Social distancing rules did affect the show, but given the situation the world is living, we felt it was a success, and served as an escape for those of us who need music to keep a positive view of reality. The show never felt unsafe given the strict guidelines Jammin Java is following.

It is by far one of the few indoor venues we have seen operate successfully following the guidelines. There were six-foot-long tables were set to separate each "cluster" of attendance, giving you the space necessary for the guidelines to take effect.

No mask off unless you are eating or drinking. Controlled access and must wear mask when going into bathroom. Overall, they aced the COVID guideline test in my humble opinion. Also, we were witnesses that the strict measures were welcomed by those who attended.

Was this the first live show you've played since the pandemic began? If not, when was the last live event?

It wasn't actually. We managed to survive as a band by playing a summer acoustic series of shows at Clare and Don's Beach Shack in Falls Church. We played there once a week, for tips only, throughout the whole summer. All shows were outdoor at their patio, we thought we would try it out for a month and see if it worked.

After the first month we had a crowd gathering at every show to enjoy music and encourage us to keep coming back. We ended up playing all summer until November when it became a little chilly to go outside. So yes, we have been active, maybe not as much as we used to play, but definitely enough to keep the flame of music alive inside all of us!

How have you had to adapt to the new reality of the pandemic? What are the positives and negatives?

Well, as most of us, we are still trying to adapt as people. Our shows depend on the reception of the energy our music portrays. We feed off watching people letting go, getting up and dancing.

Before the pandemic we used to be a heavier band. With electric guitars and drums, now we are an acoustic ensemble and our music has taken a slightly different path.

Since people aren't allowed to stand up, gather and dance, we have had to change our set to be more pleasant to listen to sitting down. So, the format of the songs has changed, but we managed to keep the groove as a backbone.

We personally feel there are definitely more negatives that came from this pandemic than positives. But there is one positive that, in our view, outweighs any negative and it's the approach we took with our music: the richest most fulfilling things in life are usually in front of us and free. We just had to re-learn to appreciate them and give them the value they deserve in our lives.

I guess that not only goes with our music, but with everything.

With the vaccines rolling out when do you think live shows will be more prevalent again? What do you think will be long-term changes for live shows going forward?

I am a full-time musician and Audio Engineer too. So, because of some of my Engineering clients I know for a fact the live music will attempt a slow comeback in the Summer, gradually scaling up hoping for a full comeback by the end of the year. Again, it is still difficult to plan out ahead of 6 months but it is what I personally know from my experience.

Long term changes are something I wouldn't know how to address because we feel it will be dependent on how effective vaccines are to control the virus. Until we have any data of the sort, it will be very hard to address that issue for musicians and venues. A wild guess might be some sort of COVID vaccine log at show entrance, but again, too far out to predict.

Will you put on more live shows as the vaccine rolls out or are you going to wait a little while?

As long as there are souls that need music to heal or dream, we will continue to share our music. Having said that we do work with every venue we play at to ensure that the strictest COVID guidelines are followed.

It seems to us that masking up, keeping our distance, and following the guidelines is a small price to pay to enrich your soul with flashes of a better life to come by enjoying music. We want to keep that hope up and share that feeling with everyone who joins us.

Bongo District are currently working on their EP, which is scheduled to be released in the summer of 2021.



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Guide to omega-3 supplementation

KEYS TO BETTER HEALTH
CINDY SANTA ANA

Consuming omega-3 fatty acids, particularly the long-chain omega-3s found in fish and seafood, has been associated with significant health benefits, such as reducing cardiovascular disease risk. However, recent national surveys have shown that adults in the United States are consuming significantly less than the recommended amounts of seafood and omega-3 fatty acids.

What are omega-3 fatty acids?

Omega-3 fatty acids are a type of polyunsaturated fatty acids (PUFAs) with a specific chemical structure that contains a double bond in the third bond of the fatty acid chain. Of the various omega-3s, three have specifically been researched for their health effects: alpha-linolenic acid (ALA), docosahexaenoic acid (DHA), and eicosapentaenoic acid (EPA). Fish provide a primary source of EPA and DHA in the human diet. Many fish feed on phytoplankton, which consumes microalgae, the aquatic organisms that produce PUFAs.

In theory, the essential fatty acid ALA, found in plant-based sources such as nuts and seeds, can be converted to the long-chain fatty acids EPA and DHA in the liver. As a result, EPA and DHA are not considered to be essential to obtain from the diet. However, conversion rates of ALA are generally less than 15%, increasing the need to consume dietary sources of EPA and DHA, such as fish, seafood, and omega-3 supplements. Some of the more important health benefits of omega-3s also come from EPA and DHA, as opposed to ALA, so it's important to ensure these are included in your diet or supplement plan.

Omega-3 benefits include:

- Exhibiting anti-inflammatory effects
- Improving symptoms of rheumatoid arthritis
- Playing a structural role in cell membranes
- Protecting against cardiovascular disease
- Reducing the risk of cognitive decline and dementia
- Supporting infant health and neurodevelopment during pregnancy

Omega-3 food sources:

Foods high in omega-3 include cold-water fish, oysters, and organ meats, providing EPA and DHA, as well as flaxseeds, chia seeds, leafy green vegetables, and walnuts, providing ALA.

Omega-3 fatty acid supplements:

Omega-3 supplements providing EPA and DHA include products made from fish, seafood, and algae. These supplements are most commonly found in liquid, soft gel, or capsule form. Omega-3 supplements can also contain additional ingredients, such as other fatty acids and antioxidants such as vitamin E, which are used to prevent oxidation (spoilage).



ANNA TIS / PEXELS

The Standard American Diet commonly contains a ratio of about 15:1 omega-6 fatty acids to omega-3 fatty acids, which has been associated with an increased risk of chronic diseases, including cancers and autoimmune, cardiovascular, and inflammatory conditions. Omega-6s are found in meat, processed foods, and vegetable oils, which are often consumed in the standard American diet. Along with moderating your intake of omega-6 foods (chicken is high in this), taking omega-3 supplements is an effective way to help improve your ratio of omega-6 to omega-3 fatty acids.

Be careful to source omega-3 supplements that pull from small fish and manufacturers that test their samples to be low in PCB's, mercury and dioxins. I like and use Biotics Research because they test theirs for over 400 different contaminants. Work with a Health Practitioner to find the right one for you.

January 23 is my first cooking class of the year – A Day in the Life of the Anti-inflammatory Diet. I'll be making a breakfast, lunch, dinner and elixir that are healthy and delicious. See more at www.UnlockBetterHealth.com.

Alzheimer's Association's 2021 priorities

2021 STATE PRIORITIES

Courtesy of Alzheimer's Association

Eliminating Alzheimer's disease through the advancement of research; to provide enhanced care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

1. Address the impact of COVID-19 on long term care

The Alzheimer's Association supports legislation to ensure residents of Long Term Care (LTC) facilities are supported during the COVID-19 pandemic. Residents with dementia are uniquely susceptible to COVID-19 due to their cognitive difficulties, age, increased likelihood of coexisting chronic conditions and the communal nature of their living environment. Facilities must continue to test all residents and staff. Cases that do occur must be reported and be readily accessible by the public. They must establish protocols in case of outbreaks with surge activation plans in place. LTC facilities must be supported in caring for their residents and staff by ensuring priority access to PPE, requiring the dissemination of dementia care standards to help provisional staff deliver person-centered dementia care and requiring measures to address social isolation and ensure communication between residents and family. Residents and staff must be given priority access to approved vaccines. goes but we wish him the best of luck," said Coach Vossler of Leigh.

2. Develop and fund dementia case management

In 2019, the General Assembly approved funding to provide 100 families a year with dementia care management at the University of Virginia's Memory and Aging Care Clinic (UVA MACC). This funding was removed in response to the pandemic. The pandemic heightens the need for appropriate care coordination, which can help increase the length of time that people living with dementia are able to remain in their homes and delay the need for facility-based long-term care. Additionally, studies have found that primary care providers are ill-equipped to provide comprehensive management or care coordination for individuals with dementia and their caregivers. Coordinated care programs using trained Dementia Care Managers (DCMs) embedded in memory assessment clinics are needed for successful community-based dementia care. Streamlining dementia care using DCMs would realize significant cost savings, decrease health care utilization, and improve health outcomes. Federal grant funding for dementia care consultation at UVA MACC and Riverside's Center for Excellence in Aging and Lifelong Health (CEALH) will end in 2021, and many areas of the state have little or no access to such care coordination programs. Virginia needs to continue interdisciplinary plans of care and dementia care management for individuals diagnosed with dementia at the existing sites with a vision to grow the program statewide.

2. Maintain the public health approach to alzheimer's disease and dementia

The Alzheimer's Association supports action to address the burden of cognitive decline and dementia in Virginia. This can be achieved by fully implementing the Building Our Largest Dementia (BOLD) Infrastructure Act. Legislation passed in 2020 gave lead responsibility to the VDH to educate and inform the public about dementia, to support the early detection and diagnosis of Alzheimer's Disease and Related Dementia (ADRD), to reduce the risk of hospitalization for people living with ADRD, to reduce the risks of developing cognitive decline and ADRD, and to support care planning and management for people living with ADRD. The impact of COVID-19 on longterm care communities highlights the need to support people living with ADRD to remain in the community and to reduce potentially avoidable hospitalizations and subsequent stays in long-term care facilities. Support this public health approach to address the needs of people living with cognitive decline and dementia in the Commonwealth.

For more information, please contact Karen Garner, advocacy manager for Virginia, Maryland and Washington, D.C., at 757.810.2947 or khgarner@alz.org

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SPORTS

Mason loses challenging game to Rhode Island

By Rick Horner
FAIRFAX COUNTY TIMES

The George Mason Patriots faced the Rhode Island Rams in Atlantic 10 Conference action on the Ram's home turf at the Ryan Center in Kingston, Rhode Island this past Saturday afternoon.

George Mason was looking to get the 2-3 record even in the conference standing while Rhode Island was looking for the win to turn a 3-3 record into a winning direction.

The first half began a little unsteady with turnovers from both teams in the first minute. But both teams tightened up their play and the Patriots started off strong with a good six-point lead in the first three minutes of the game.

One of the highlights of the opening minutes was George Mason's number 13 Josh Oduro's missing a free throw but the Patriots rebounded quickly and got an extra two points. As the Patriots continued to expand their lead, they were denied several opportunities to score in the paint by the Rams' defense.

But the Patriots were able to adjust and started shooting three pointers, many of them made by number 11 Jordan Miller who shot three three-pointers in the first half and would have the high point total for George Mason with 22 points for the game.

The Patriots number 12 AJ Wilson also got two in the paint as Mason starting to penetrate Rhode Island's defense around the six-minute mark.

The Rams were chasing most of the half but with three minutes to go they began to close the gap and at the 2:30 mark Rams #1 Fatts Russell got through the Patriot's defense to tie the game. Rhode Island then took the lead as the Rams' number 10 Ishmael Leggett with a free throw.

But Jordan Miller got Mason back in the lead with a three-pointer but that would last long as Rhode Island got a two before the buzzer, tying at the end of the first half with a score of 34-34.

Going into the second half Rhode Island took an early lead with a two-pointer and a free throw that was answered right back by George Mason with a three-pointer. One of the highlights of the second half was the Rams number five Antwan Walker jamming a two-pointed into the basket at the 17:00 mark.

Mason chasing The Rams continued to widen their lead and Mason was forced to chase. The Patriots were able to penetrate Rhode Island's defense in the paint for a few layups but the Rams continued to widen the point gap into double digits at the 6:30 mark.



PHOTO COURTESY THE PROVIDENCE JOURNAL

As time started to wind down Mason started to get desperate in the last three minutes of play going for several outside shots but none of them connecting. One of the big game changers for Rhode Island was the improved free throw performance of the Rams number 22 Makhel Mitchell who managed to complete nine free throws in the second half which helped the Rams to win in very convincing fashion over Mason with a score of 60-80.

Mason's next weekend game will be against St. Joseph University which will be televised on the NBC Sports Network at 2pm on Saturday the 23rd.

OPINION

Admission issues at Thomas Jefferson High School for Science and Technology

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Dear Editor,

Thomas Jefferson High School for Science and Technology (TJHSST) has maintained its standards for demonstrated excellence, particularly in STEM disciplines, in great part from its steadfast support of the Fairfax County Business Community and individuals who champion academic ability. Forward thinkers knew that Virginia's ability to attract companies to build the economy in science and technology was dependent on a stellar educational system.

As President of the Center Excellence in Education, based in McLean, Virginia, I participated in hours of discussion about the rigorous liberal arts curricula proposed for TJ. Clearly the school was not proposed to be available for all students, but rather for a select few historically labeled as "gifted for mastery of math and science". Julian Stanley, Founder of the Center of Talented Youth at Johns Hopkins, characterized this cohort of students as: one in 10,000 students able to master 1½ years of math in three weeks. Norm Augustine characterized these prodigies as performers who could complete the work of four employees.

The Center has sponsored the Research Science Institute each summer with MIT for this cadre of special needs high school students at no cost to them since 1984. Indeed, premiere faculty at leading colleges and universities and corporate leaders, including the founder of Pinterest, the developer of CRISPR, and renowned researchers in COVID therapies, are among those "Products of CEE's Genius Program". TJ's students have numbered predominately among those chosen for the Institute and the USA Biology Olympiad. Indeed, a member of the TJ faculty directed the summer institute for several years.

Many remember Earl Williams, one of Northern Virginia's preeminent corporate leaders, who spearheaded fundraising year after year for state-of-the-art lab equipment and worked to encourage companies and organizations to provide research opportunities for TJ STEM students. What would he says today about the constant drumming and accusations of discrimination against TJ for demanding academic excellence as the most important criteria for admission to the school? Selection of students for the Center's programs and TJ's student body are both highly selective and use test scores as but one variable to identify talent. Both CEE's programs and TJ have been described as "too Asian" and not representative of the student community at large. The mission of TJ was not to rectify the ills implicit in U.S. elementary and secondary schools that result in underperformance in Latino and Black student populations. The mission was to nurture and maximize the potential of Crown Jewels, those who long outperformed their classroom peers; those who could master two, three, or four years in quantitative and theoretical higher level thinking above their respective class designation. The criteria for TJ acceptance must remain consistent brute academic talent as defined by global standards, not by social engineers who continue to redefine "merit".

Academic acumen is not measured by race, color, or creed – but by performance, hard work, and study. It should not be measured by quotas nor should it be called to answer for the challenges inherent in our educational system and in society as a whole. Testing results should be considered as providing additional information about the student's academic ability. Our nation needs to continue pursuit of global leadership in science and technology, and a system of lottery for positions to attend TJHSST will do nothing to strengthen U.S. international ranking in STEM or rectify deficiencies in Fairfax County's K-12 system. The lottery system will negatively impact the Asian community, the long standing interest in the business community for a robust local technology workforce and possibly run afoul of the Equal Protection Clause of the Constitution.

Joann P. DiGennaro, President
Center for Excellence in Education

Fairfax County Times' Guide to
Arts & Entertainment



PETS:
REASONS NOT TO WALK YOUR DOG UNLEASHED
Page B3

The Nields celebrate 30 years

Founded in McLean, the band will livestream a performance to benefit Jammin Java

By Keith Loria
SPECIAL TO THE FAIRFAX COUNTY TIMES

When the Nields began in 1991 in McLean, Va., the five-piece folk band found success touring throughout the U.S., performing with artists such as Dar Williams, 10,000 Maniacs and Ani DiFranco.

Back then, sisters Katryna and Nerissa Nields served as lead singer and rhythm guitarist, respectively, and guitarist David Jones, bassist Dave Chalfant and drummer Dave Hower comprised the full lineup.

In 1994, the band's first big album, "Bob on the Ceiling" was released, and featured a mix of the acoustic material that the Nields had previously specialized in and a more rock-oriented sound that would become their trademark. That led to bigger shows and more fan support.

Today, Katryna and Nerissa keep the tradition of the band alive, touring as a folk duo, though occasionally the full band will get together.

"This is our 30th year together," Nerissa Nields said. "The secret is humility and forgiveness. We always kept our ambition in check and knew we weren't doing this to get famous or rich, but because we love making music and love each other."

The Nields recently released its 20th album entitled "November," with each song inspired by a real-life headline, which explains the artwork on the cover featuring a newspaper design. Songs are about the climate crisis, injustice at the border and the fragility of our democracy.

There's also a version of the iconic "America the Beautiful," which features Dar Williams, Chris Smither, Peter Mulvey, Vance Gilbert, and the Nields' own children, plus members of a local youth chorus.

On Monday, Jan. 25, the Nields will play a livestream concert that will benefit Vienna's Jammin Java. Tickets are free, with fans encouraged to make a donation to help keep the music venue operating.

"We had a show scheduled for Jammin Jama in April of 2020, but the pandemic happened and we had to cancel, so we scheduled a year out thinking things would be over," Nerissa Nields said. "Rather than reschedule again, we decided to do what we've been doing for a lot of other venues and do a livestream."

While this is something that never even occurred to them in March, it's grown into a way of life for the sisters.

"In order to keep our lives afloat and our souls afloat, we knew we had to keep performing," Nerissa Nields said. "Very early in the pandemic, we started doing Zoom concerts and Facebook Live concerts and all these mini things. Over time, they turned into bigger concerts and we hired someone who is very technically savvy to get the best sound."

She noted that musically, the last year has surprisingly turned out to be a very successful one for the Nields.

"We do a show or something for our fans every single Monday night, and sometimes we also perform on weekends," Nerissa Nields said. "We want them to know we are there for them every week. And the fans are keeping us afloat with tips, and we've been making it."

But the Nields realized that the venues needed help also and wanted to do what they could, and that led to benefit streams like the one scheduled for Jammin Jama.



COURTESY PHOTO

"It's such a great club, but it's also in our interest selfishly to keep them afloat because we want to have terrestrial venues to come back to when the pandemic is over," Nerissa Nields said. "It's sad for us not to be able to go in person since we both grew up there and whenever we play, we see our regular Northern Virginia crowd and someone always pops up from our childhood."

Because Chalfant has been benched from his gigs due to his other bands not performing during the pandemic, he's been able to join with the sisters and the trio has been rehearsing regularly.

"We have been plumbing our 20-album discography to remember old chestnuts and revive things," Nerissa Nields said. "We've also had a lot of fun doing the occasional cover, which we try to do in each show."

Some of those include songs by the Kinks, the Beatles and even the theme from "Welcome Back Kotter" made it into the mix.

"For the Jammin Java show, we will do some of our most requested songs and it's going to be a fun night," Nerissa Nields said. "In 2021, we're going to continue to write some more music and support our fans and these great venues however we can."

STAY TUNED

Secrets and lies in suspenseful thriller 'The Sister'

By Melissa Crawley
MORE CONTENT NOW


Old secrets haunt Nathan (Russell Tovey) in "The Sister." [Hulu]

This week's debuts include an Israeli psychological drama, a painter who meditates on life, and an anxiety-filled thriller about how far a man will go to keep a secret.

Dispatches: Weekly TV news

The multimillion-dollar Super Bowl ad war between Coca-Cola and Pepsi will not happen during this year's broadcast of the big game. Coke announced that it will not run any advertisements during Super Bowl LV, a decision that follows a similar one made by Pepsi, which has stated that it will focus on its yearly halftime show instead. (PepsiCo will run a commercial for Mountain Dew soda, however).

Disney+ announced its lead for the upcoming "Doogie Howser" reboot. Former "Andi Mack" star, Peyton Elizabeth Lee, will star in the remake as Lahela "Doogie" Kamealoha. Set in Hawaii, "**Doogie Kamealoha, M.D.**" follows Lahela, a mixed-race 16-year-old girl who is balancing a medical career and teen life. The series is scheduled for release this year.

Hasbro/eOne is looking to create a television series based on the fantasy role-playing game, "**Dungeons & Dragons**," and has tapped Derek Kolstad, the creator and writer of the "John Wick" franchise to write and develop a pitch for a live-action show.

Contenders: Shows to keep on your radar

Israeli series, "**Losing Alice**" (Jan. 22, Apple TV+), focuses on Alice (Ayelet Zurer), a 48-year-old filmmaker who is feeling irrelevant until she meets Sophie (Lihi Kornowski), a young female screenwriter with a provocative script. Obsession and a dangerous desire for power and success soon lead Alice down a dark path.

Past and present secrets threaten to destroy a married man in the U.S. debut of British thriller, "**The Sister**" (Jan. 22, Hulu). When an old acquaintance shows up on Nathan's (Russell Tovey) doorstep, he is forced to confront the worst night of his life - a long ago party that led to the death of a young woman and decide how far he will go to keep a secret.

In "**Painting With John**" (Jan. 22, HBO, 11 p.m. ET) John Lurie, the co-founder of music group The Lounge Lizards, practices his watercolor skills while sharing his thoughts on life. Think of it as an unscripted meditative painting class.

The **NFL's conference championship games** are split between two networks on Jan. 24, with Fox airing the NFC game at 2 p.m. ET and CBS broadcasting the AFC game at 5:40 p.m. ET.

Edward Burns' new half-hour dramedy series, "**Bridge and Tunnel**" (Jan. 24, Epix, 8 p.m. ET) is set in Long Island in the early 1980s and follows a group of long-time friends on the verge of adulthood.

The train that never stops is back for a second season. "**Snowpiercer**" (Jan. 25, TNT, 9 p.m. ET) picks up the action with a post-revolution Layton (Daveed Diggs) struggling to maintain a shaky peace as the train's new leader. Meanwhile, Melanie (Jennifer Connelly) is dealing with Mr. Wilford (Sean Bean), who is not only not dead but heading straight for them on a rival train, the shocking news that her daughter (also suddenly not dead) has become Wilfred's loyal protegee, and a surprising discovery that could change humanity's fate.

Report Card: Ratings winners and losers

Winners: Disney Channel ordered a third season of animated comedy series, "**Big City Greens.**"

Losers: "**Star Trek: Discovery**" drew its second-smallest broadcast audience.

ArtsFairfax awards grants to the arts

ArtsFairfax awards $567,138 in emergency release and recovery grants and operating support grants to the arts

By Dana C. Stewart
SPECIAL TO THE FAIRFAX COUNTY TIMES

This year make a resolution to explore new art experiences. Just one hour a week will expand your mind, entice your creativity, and provide you with a connection to the art, an artist, and the arts community.

ArtsFairfax announces $567,138 in grants to 59 art organizations and 29 individual artists through the newly created Emergency Relief and Recovery Grants and the Fiscal Year 2021 Operating Support Grants.

"The impact of COVID-19 continues to have a devastating effect on the arts community, yet we have seen the arts continue to provide arts education, senior engagement, family entertainment, and so much more. The arts are a vital part of Fairfax County and need our financial support to continue to serve the community," said Linda S. Sullivan, President & CEO of ArtsFairfax. "The arts will be a vital part of our health and economic recovery. We need to support the arts today, so they are here for us tomorrow."

ArtsFairfax created the Emergency Relief and Recovery Grant program to provide immediate funding in response to the arts' financial crisis created by the COVID-19 shutdowns and offered the annual Operating Support Grant to provide funding opportunities in areas of greatest need. For the Fiscal Year 2021, ArtsFairfax suspended established grant programs, including the Project Support Grants, Fast Track, Artist Grants, and Organizational and Professional Development Grants.

Emergency Relief and Recovery Grants

ArtsFairfax awarded $101,950 out of the $108,500 in funding requested from the Emergency Release and Recovery Grants to 40 Fairfax County arts organizations and privately raised funds to award $28,300 in grants to 29 individual artists.

Operating Support Grants

For Fiscal Year 2021, 39 arts organizations requested $913,933 in Operating Support funding, with ArtsFairfax awarded 39 organizations a total of $436,888 in Operating Support grants.

ArtsFairfax Emergency Relief & Recovery Grant Artist Recipients:

- Juliana Vallejo
- Maria Bissex
- Catherine Bobalek
- Diane Zinna
- Begona Morton
- Helen (Holly) Montgomery
- Michael Childers
- Yoshiko Ratliff
- Sheena-Lee Henry
- Rene Quezada
- Fernando Mico
- Jill Banks

See ARTSFAIRFAX, Page B2

Community Information

Please check the event and attraction websites to confirm operating status.

Adventures in Learning Register for a variety of virtual classes presented by the Shepherd's Center serving Oakton-Vienna-Reston-Herndon. For a full class schedule visit scov.org/ail. Registration deadline is January 19. Classes begin Jan. 21 and continue through March 11. Cost is $45.

Family Hilltop Outing Hop back in time to discover a life in days past. Master old-fashioned children's games. 2:30 p.m. Jan. 15. Cost is $8. Historic Huntley, 6918 Harrison Lane, Alexandria. For more information visit https://bit.ly/3bzeVgT.

Community Service Project RCC is partnering with Reston Association, Cornerstones and The Closet for small, socially distanced community service projects. Volunteers will sort items from The Closet and make bag lunches for the Embry Rucker Community Shelter. Weather permitting, additional volunteers will be outside doing clean up on the paths around RCC Hunters Woods. All projects take place Jan. 16 and 18. To register, contact Ha Brock at 703-435-7986 or habrock@reston.org.

Venona Learn how an astonishing and closely-held work of decryption led us to the atomic spies, the Cambridge Five and much more in this virtual event with the Cold War Museum. 2 p.m. Jan. 17. Cost is $20. To register visit https://bit.ly/2LNVsOH.

African Americans at Walney Hear the names and stories of many African American families who lived at Walney during this walking tour and learn about their stories of resistance and survival. 2 p.m. Jan. 18. Cost is $7. Ellanor C. Lawrence Park, 5040 Walney Rd., Chantilly. For more information visit https://bit.ly/3i83jTr.

Women Who Lead Speaker Series presented by the Junior League of Northern Virginia features Vicki Warker in this virtual event. 7 p.m. Jan. 19. Cost is $20. For more information visit https://bit.ly/39oydTC.

ONGOING

Caregivers Support Group is for caregivers of adult family members with dementia. Virtual meetings are held the first and third Tuesday of each month from 10 to 11:30 a.m. For more information contact facilitator Jack Tarr, 703-821-6838, jtarr5@verizon.net or Lynn Rafferty, 703-508-1365, radmom8992@gmail.com.

Virtual Active Aging Exercise Classes include low-impact aerobics, balance, coordination and stretching. Wednesdays through February 24 via Zoom. For more information contact Casey Tarr at 703-821-6838 or email at eileentarr1@verizon.net.

Online Storytime with Fairfax County Public Library. Every Tuesday and Thursday at 10 a.m. Visit https://bit.ly/2HOBkut.

Volunteer Fairfax has volunteer opportunities and donation needs. Please visit https://bit.ly/3b169oZ for more information.

Meals on Wheels needs drivers, coordinators, and co-coordinators. Apply at http://bit.ly/2DGfhme.

Art News

Rayne this quartet brings Americana and Roots Rock to the A Song & A Slice series. Doors open at 6:30 p.m. Show is at 7:30 p.m. Jan. 16. Free, but donations are accepted. Jammin Java, 227 Maple Ave. E., Vienna. For more information visit https://bit.ly/2XA6REM.

Keeping the Dream Celebrate the life and work of Dr. Martin Luther King Jr. at this virtual performance with the Reston Symphony Orchestra on the RCC YouTube channel Jan. 16 at 2 p.m. Visit https://bit.ly/3sjrxyL.

Akua Allrich and the Tribe Jazz vocalist and Washington, DC, native performs Jan. 17 at 2 p.m. Tickets are $15 to $30. To comply with current public health guidelines, the seating capacity of the CenterStage is limited, mask-wearing is required, and other strategies will be in place to promote safe attendance. Center Stage, 2310 Colts Neck Rd., Reston. For more information visit https://bit.ly/35zGYJD.

Chamber Music at the Barns presents this streaming concert featuring David Shifrin on the clarinet. 3 p.m. Jan. 17. Free. Streams until Jan. 24. For more information visit https://bit.ly/3sl3rUg.

Couples Therapy is your scheduled appointment to laugh about relationships and single strife. Doors open at 6 p.m. Show is at 7 p.m. Jan. 21. Tickets are $20. Jammin Java, 227 Maple Ave. E., Vienna. For more information visit https://bit.ly/3oDL36X.

Fiber Art 5 Ways showcases the different approaches to the use of fabric and thread to make original artistic statements that may be new to those used to thinking of quilts as simply bedcoverings. On exhibit through Jan. 31. Free. Jo Ann Rose Gallery, 1604 Washington Plaza North, Reston. For more information visit https://bit.ly/37Vn9h6.

Art Classes The Workhouse Arts Center offers a variety of classes both in person and online. For more information visit https://bit.ly/3rZB2Da.

ARTSFAIRFAX

CONTINUED FROM PAGE B1

- Cathy Baumbusch
- Suzy Scollon
- Broto Roy
- Francesca Hurst
- Tammarrah Addison
- Sharmila Karamchandani
- Jennifer Langer
- Marsha Searle
- Ken Avis
- Marion Baker
- Jennifer Rickard
- Ann Sica
- Natalie Abrams
- Daniel Heagney
- Barbara Gholz
- Elizabeth Matthews
- Daniel Schwartz

ArtsFairfax Emergency Relief & Recovery Grant Organization Recipients:

*denotes organization also received Operating Support Grants

- 1st Stage*
- Acting For Young People *
- Amadeus Concerts *
- American Youth Philharmonic Orchestras *
- Artisans United
- Artists Coalition of Fairfax. Inc.
- Arts Herndon, Inc
- BalletNova Center for Dance *
- Capital Wind Symphony, Inc.
- Cappies of the National Capital Area (Cappies NCA) *
- City of Fairfax Band Association (CFBA) *
- Creative Cauldron *
- Fairfax Symphony Orchestra
- Fairfax Wind Symphony
- Falls Church Arts, Inc. *
- Greater Reston Arts Center *
- McLean Project for the Arts (MPA) *
- Mosaic Harmony *
- Mount Vernon Community Children's Theatre *
- Music for Life *
- MVLE
- New Dominion Chorale *
- NextStop Theatre Company *
- Northern Virginia Players *
- Providence Players of Fairfax *
- Public Art Reston *
- Reston Community Players
- The Choralis Foundation *
- The Fairfax Ballet Company *
- The McLean Symphony *
- The Northern Virginia Chorale *
- The Reston Chorale
- The Vienna Jammers Percussion Ensemble, Inc *
- Traveling Players Ensemble,Inc. *
- Vienna Choral Society *
- Virginia Chamber Orchestra *
- Virginia Winds Academy
- Washington West Film Festival *
- Wolf Trap Foundation for the Performing Arts
- Workhouse Arts Foundation Inc. *

In addition to the organizations noted above, the following arts organizations received Operating Support Grants:

- Iranian American Community Center (IACC)
- Reston Community Orchestra
- Reunion Music Society, Inc.
- Vienna Arts Society
- Vienna-Falls Chorus of Sweet Adelines
- Voce, Inc. (Voce Chamber Singers)

About ArtsFairfax

ArtsFairfax is a 501(c)(3) nonprofit charitable organization, incorporated in 1964, as Fairfax County's designated local arts agency. ArtsFairfax is funded in part by Fairfax County, corporations, foundations, individuals, Virginia Commission for the Arts and the National Endowment for the Arts.



MICHELLE HENDERSON / UNSPLASH



FAIRFAX COUNTY TIMES

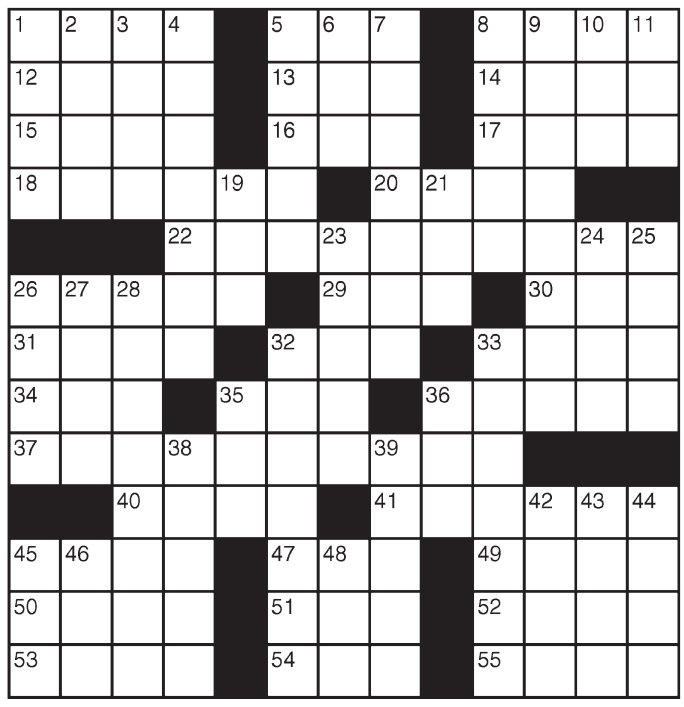
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King Crossword



ACROSS

1 Wordsworth work
5 Spasm
8 Billie — King
12 Against
13 Granada gold
14 Sea eagle
15 500 sheets
16 Chess piece
17 Right on the map?
18 On an angle
20 Dines
22 Donald Duck's outfit
26 Birth-related
29 "Exodus" hero
30 Vitamin stat
31 Prior nights
32 Pvt.'s superior
33 Grant basis, at times
34 Seminary subj.
35 Take to court
36 Smartens (up)
37 Produce aisle display
40 Pan handler?
41 Rookie
45 Boyfriend
47 Business mag
49 Press
50 Formerly, once
51 French vineyard
52 Bandleader Puente
53 Makes lace
54 "Dig in!"
55 Salty septet

DOWN

1 Law firm aide, for short
2 Till bills
3 List-ending abbr.
4 Brunch cocktails
5 "Only Love" actress Marisa
6 Lyricist Gershwin
7 Monarch's spouse
8 Army vehicles
9 Test-paper smudges
10 Reply (Abbr.)
11 Court divider
19 Chum
21 Swiss canton
23 Beer type
24 Nantes notion
25 Tiny amounts
26 Soft ball?
27 Say it's so
28 Put on the air
32 Be enough
33 Blockheads
35 That lady
36 Golfer Michelle
38 Closes
39 Full-length
42 Party cheese
43 Greek vowel
44 Seth's son
45 Wager
46 Historic period
48 Big D.C. lobby

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FROM THE DOG'S PAW

Reasons not to walk your dog unleashed!

By Noah!
SPECIAL TO THE FAIRFAX COUNTY TIMES

BARKS! In the cold weather, dogs and cats should never be left outside! Not even if they have a dog house or a place to hide! Many humans believe dogs and cats are less bothered by the cold weather because of their fur. Nope! Barks, cats and dogs are susceptible to frostbite, hypothermia, and just being downright cold! Even the longer-haired and thick-coated breeds which were bred for colder climates should not be left outside for long periods! Have crates prepared indoors to bring dogs inside.

Barks! Woofs, last week, we were walking down the parkway enjoying a quiet, beautiful winter morning with brilliant sunshine. I was sniffing the ground to learn the latest updates from my dog buddies and to discover what wildlife might have strolled through the area! WOOFS! When suddenly, out of the blue comes a dog running toward my human! Barks, this isn't good. The dog's human is running behind it, yelling the dog's name with a leash in hand. Why wasn't the dog leashed?

Barks, I know many dogs are extensively trained; they respond to their human's voice commands, and quite well! Woofingly, there are specially-trained service dogs that tend to the specific needs of their human. Barks, your dog may visit humans in cancer centers, hospitals, and nursing care facilities. Paws, despite all the training and skills, a dog on public property, must be leashed at all times.

Paws, my first thought as the dog came running towards us was my human's safety! If he needs to move fast to get away, he cannot. I help him with mobility, and we keep a pretty good stride, but he cannot run. Barkingly, a dog running toward us is a concern because we don't know if it will bite or whether it's had its preventatives or vaccinations. If the dog jumps, even in a playful manner, he could knock my human down and cause injury. That would not be good. Barks.

My next thought was I hoped there wouldn't be any cars or trucks with inattentive drivers speeding down the parkway and hit the dog. Paws, most drivers aren't expecting to see a dog running loose and could accidentally hit it. Woofs, sadly, these incidents happen because a driver is surprised and caught off guard. Pawing, the dog is in danger as it may not be able to get out of the vehicle's path fast enough.

Woofing of which, I read a short story recently. The author wrote about never totally trusting your dog. After all, the dog is always a dog and may act on instincts to chase or run. Paws, after many years of walking her dog, she decided he is trained well enough to go off-leash! After all, she trusted him and knew he would come back on command. Woofs, the dog spotted a squirrel or other critter and took off! Sadly, the dog ran after the squirrel right in front of a car. The dog didn't survive. The author states, "this could have been avoided if the dog was leashed." She writes, "never trust a dog off-leash!"

Paws, another thought, though your dog is well-trained and responds to voice commands, as you say, there are humans walking dogs who may not be as well-trained yet. Barkingly, a new buddy of mine, Abby, is a young pupster learning to walk her human, and her human is learning her behavior, traits and skills as they walk. Paws, she is still very responsive to other dogs coming at her. She sees a dog freely running, it's playtime to her! Pawever, she likes to play hard! At her foster's house, she had playmates who enjoyed playing too. Knowing she plays hard, the human keeps her leashed to avoid issues.


FREESTOCKS / UNSPLASH

Woofed, keeping your dog leashed prevents, or at least helps, to keep your dog clean. The human should be able to keep the dog from getting into any mud puddles or dirt and rolling around in "unmentionable" stuff, which isn't pleasant! Barks, no human I know wants to have to bathe their pups after a walk! Nor do they want to clean off "unmentionables" from their dog's paws before taking them inside. WOOFs!

Barks, sometimes confrontations between dogs, one leashed and one unleashed, escalate to dangerous levels. The leashed dog can get upset and entangled in it's leashed pawssibly involving the human, while the unleashed dog could take advantage and seriously harm the leashed one. Unless you are quite skilled in breaking up a dog fight, this can be a dangerous situation. Why put yourself, your dog or another one in that position?

Barks, Fairfax County, and most jurisdictions, have leash laws which state dogs are required to be on a leash at all times in public areas unless they're in a designated off-leash area.

About us! Barks! Meows! Using humor with facts, Samson and I write about dog/cat adoption, humor, pet care tips, and entertaining stories about life with pets! Enjoy our articles? Pawlease follow us at www.fromthedogspaw.com by email. Samson is Cat-in-Charge, I am Noah, Dog to our human, Allen Pearson Dog Photographer and Writer, www.allenpearsonphotography.com, www.allenpearsonphotographyjournal.com, www.facebook.com/AllenPearsonPhotography, www.instagram.com/allen_pearson_photography, www.instagram.com/fromthedogspaw, www.facebook.com/fromthedogspaw.

Facts about the incredible human-animal bond

Courtesy of Brand Point Media

Do you ever notice how fulfilled you feel when you spend time with your pet? How your pet can inspire joy while also somehow helping you feel less stressed? Or maybe you are thinking of getting a pet hoping for companionship, affection and love? These and many more positives are the result of the pet effect, also known as the human-animal bond.

"Science supports that the pet effect is real for people of all ages," says PetSmart Charities President Aimee Gilbreath. "However, you don't need research to see for yourself the benefits a pet can bring a family. Adopting a pet is a life-changing experience. The human-animal bond is a profound thing and many people consider their pets members of the family and welcomingly embrace the many positives they provide."

Aimee Gilbreath, President of PetSmart Charities, shares some of the top benefits and interesting facts about the pet effect:

Owning a pet has mental and physical benefits

Scientific evidence supporting the emotional health advantages of pet relationships is growing. Pets and therapy animals have been shown to help alleviate stress, anxiety, depression, loneliness and social isolation. For example, a study by the Human Animal Bond Research Institute (HABRI) and Cohen Research Group found 74% of pet owners reported mental health improvements from pet ownership and 54% of pet owners reported physical health improvements from pet ownership.

Pet ownership reduces U.S. health care costs

About 80 million U.S. households have pets, according to the HABRI Foundation, and that pet ownership has saved the U.S. health care system an estimated $11.7 billion. The largest savings was determined based on a lower incidence of physician office visits by pet owners as compared to non-owners. Additional savings were calculated for increased physical activity for pet owners, such as dog owners who walk their dog five or more times a week.


COURTESY BRAND POINT MEDIA

Pets provide security during times of stress

A Purdue University study found animal-assisted therapies can help provide diversion from anxiety-inducing medical experiences, providing a sense of security, while also encouraging interaction and activity often critical for healing. Something as simple as an affectionate nuzzle or a wag of a tail from a therapy animal can decrease stress and anxiety for patients and the hospital staff. When at home, your own pet can provide a sense of security and peace to help manage stress and anxiety, too.

Pets provide companionship, especially during times of isolation

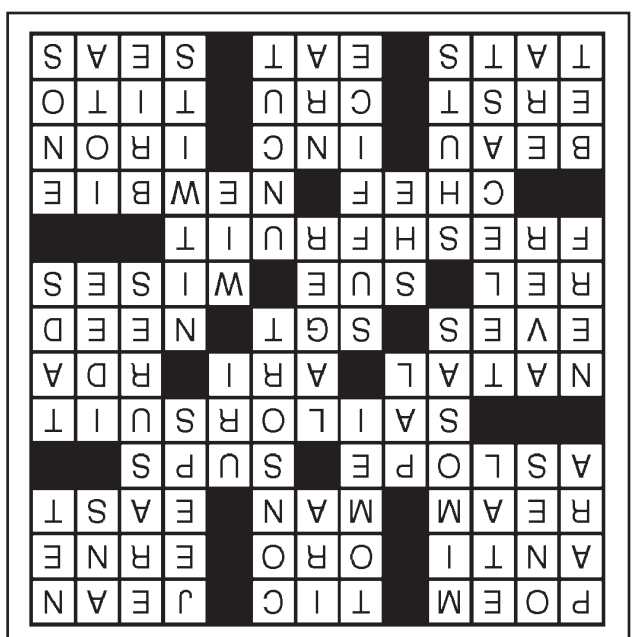
Companionship is a top reason people own pets. During times of increased isolation such as quarantine and social distancing, this is particularly important. An additional study by HABRI found that pets are part of the solution to social isolation and loneliness, a growing public health epidemic, even before the COVID-19 pandemic. Around 85% of respondents agree that interaction with pets help reduce loneliness and 76% agree that human-pet interactions can help address social isolation, followed by 72% who believe that human-animal interaction is good for their community.

Organizations are stepping up to support pet ownership

Realizing the many benefits of pet ownership, some organizations are doing their part to support the pet effect. For example, PetSmart Charities is providing grants supporting nearly 4,000 animal welfare organizations across the U.S., Canada and Puerto Rico to provide shelter, socialization and veterinary care to homeless pets to prepare them for adoption, as well as providing resources to help keep pets and the people that love them together.

Since 2012, PetSmart Charities have committed nearly $4 million in grants to support change making local animal welfare organizations across North America.

The largest savings was determined based on a lower incidence of physician office visits by pet owners as compared to non-owners.





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Legal Notice

[(Full name(s) of owner(s)]:
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Trading as:
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The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine & Beer (on premises) and mixed beverage restaurant license to sell or manufacture alcoholic beverages.

Jae Hyung Joo, Director

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

3007988 (01-22-21, 01-29-21)

Legal Notice

PUBLIC NOTICE

Notice is hereby given that Westfields Business Owners Association is requesting a permit from Virginia Marine Resources Commission to impact 19.7 linear feet of Flatlick Branch, a tributary to Cub Run, in Fairfax County, as a result of the Stonecroft Boulevard expansion. The bridge over Flatlick Branch will be expanded to 52.5 feet in width. A 10-foot by 14-foot culvert will be placed in Flatlick Branch to direct water under the road while the bridge is expanded and riprap will be utilized to maintain the low-flow channel.

Send Comments/inquiries within 15 days to: Marine Resources Commission, Habitat Management Division, 380 Fenwick Road, Building 96, Fort Monroe, VA 23651 or jpa.permits@mrc.virginia.gov.

PUBLIC NOTICE
NOTICE OF VOLUNTARY REMEDIATION

Pursuant to the Virginia Voluntary Remediation Regulations, Virginia Administrative Code section 9VAC20-160-120, DMCI Mid-Atlantic Inc., PO Box 338, The Plains, Virginia 20198, hereby provides notice of voluntary remediation at the following site:

Skyview Park Plaza South
8510-8526 Richmond Highway, Alexandria 22206
VRP Number VRP00691

Environmental investigation has detected chlorinated solvents in groundwater and soil vapor at levels that could pose risk to human health or the environment. The contamination likely the result of former dry-cleaning operations at the Site. To address the potential risk, DMCI Mid-Atlantic Inc. applied to and was deemed eligible to participate in the Voluntary Remediation Program. A Remedial Action Plan (RAP) has been reviewed and accepted by the Virginia Department of Environmental Quality. The RAP includes implementing restrictions on the use of groundwater beneath the Site for environmental monitoring purposes only and restrictions against future development of the Site for residential purposes.

Persons wishing to comment on the voluntary remedial action or request additional information should contact the following person who is familiar with the Site:
Dan Wilhelm
Comstock Environmental Services LLC
1900 Metro Center Plaza, 10th Floor, Reston, Virginia 20190
703-230-1985
dwilhelm@comstockenvironmental.com

Written comments will be accepted until *February 22, 2021.*

PUBLIC NOTICE
NOTICE OF VOLUNTARY REMEDIATION

Pursuant to the Virginia Voluntary Remediation Regulations, Virginia Administrative Code section 9VAC20-160-120, Reston Heights Residential I, L.L.C., located at 4747 Bethesda Avenue, Suite 200, Bethesda, MD 20814 hereby provides notice of voluntary remediation at the following site:

Reston Heights
11842, 11844, 11846 Sunrise Valley Drive
Reston, Virginia 20191
VRP Number VRP 00657

The site was first developed with the strip shopping center building in 1972, and a dry-cleaning facility operated at the site from at least 1985 through 1990. A soil vapor extraction system operated on the site from 2011 to 2015; the original site buildings were razed in 2015. The site has recently been redeveloped with the Reston Heights mixed-use retail/residential complex. Elevated concentrations of petroleum hydrocarbons, volatile organic compounds, and semi-volatile organic compounds have been detected in soil, soil gas and/or groundwater at the site. In order to address potential environmental risks, Reston Heights Residential I, L.L.C applied to and was deemed eligible to participate in the Voluntary Remediation Program. A Remedial Action Plan (RAP) has been reviewed and accepted as complete by the Virginia Department of Environmental Quality (DEQ). The RAP includes a discussion of the implementation of remedial actions such as the operation of the former soil vapor extraction system, and enhanced construction designs and activities that included over excavation of impacted soil, garage ventilation, installation of a sub-slab depressurization system, and vapor barrier installation. In addition, the RAP details specific institutional controls to be implemented which include deed restrictions to prevent groundwater use and to manage future intrusive activities.

Persons wishing to comment on the voluntary remedial action or request additional information should contact the following person who is familiar with the Site:

Tony Rubino
Advantage Environmental Consultants, LLC
8610 Washington Boulevard, Suite 217
Jessup, Maryland 20794
Telephone: (301)-776-0500
E-mail: arubino@aec-env.com

Written comments will be accepted for 30 days from the date of notice unless DEQ extends the comment period to 60 days.

Lease Available

Optical Lease re-assignment available - 3 years left on the lease. All equipment and inventory, phone number and customer list for $30k. Contact 727-777-2484

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Help Wanted

TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Professional System Analyst in Tysons, VA (Ref. #5105632). Analyze and evaluate existing or proposed systems and devices to process data. Design and implement new methods, procedures, and systems (both automated and manual) to improve the processing and flow of information within the company. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to CSC Covansys Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Senior Professional Application Delivery in Tysons, VA (Ref. #5085725). Design and Build Architectural blueprints for complex modules of the applications, which aligns solutions to the business strategies. Responsible for delivery of high-level design and document the resulting solutions. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to CSC Covansys Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Professional Programmer Analyst in Tysons, VA (Ref. #5085742). Analyze, design, and write specifications for basic programs. Assist in identifying and resolving product problems with specific programs. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to CSC Covansys Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.



TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Professional Application Delivery in Tysons, VA (Ref. # 5084648). : This individual contributor role will primarily be responsible for providing sustaining Enterprise Content Management application and Led Service deliveries. Serve as senior team lead in Performing build and configuration of application environments, including creation of associated process documentation and assessment, design, implementation and improvement of those process documentation. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to CSC Covansys Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Manager Application Delivery in Tysons, VA (Ref. # 5345932). Managing application management teams in developing business solutions for medium to large client accounts. Developing and implementing business development account growth strategies to meet revenue targets and service goals for company accounts including end to end accountability for service delivery, customer satisfaction, financial performance and application growth Position requires travel to various unanticipated locations throughout the US. Telecommuting permitted. Mail resume to CSC Covansys Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

TECHNOLOGY
Computer Sciences Corporation is accepting resumes for the position of Senior Professional Database Administrator/Advisor : Database Architect in Tysons, VA (Ref. #4698865). Support the integration of acquired company's sales, accounts and resourced into the salesforce CRM system. Telecommuting is permitted. Position requires up to 50% travel to various unanticipated locations throughout the US. Mail resume to Computer Sciences Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Professional Application Delivery in Tysons, VA (Ref. #4880464). Coordinate activities of functional areas or of department account leads to ensure that business solution requirements are met. Maintain records of routine expenditures to ensure budgetary compliance. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to CSC Covansys Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

Vulnerability Intelligence Analyst, FireEye, Inc., Reston, VA. Perform deep assessments of software and web application vulnerabilities. To apply, please mail resume to ATTN: Heidi Vaughn, 11955 Freedom Drive, 4th Floor, Reston, VA 20190. Please refer to job #10760.444.

Help Wanted

Federal Home Loan Mortgage Corporation seeks **f/t Development Senior** in McLean, VA to support app development, prototyping, modeling, & high-level tech design. Req's Master's degree or frgn equiv in Comp Engg, IT, or rel tech field & 3 yrs of exp w/ app development & support OR Bachelor's degree or frgn equiv flwwd by 5 years of progressively resp exp. Part-time telecommuting available. If interested, submit resume/cv via email to: im_jobs@freddiemac.com & reference #18-852.

Solutions Architect Managers / Herndon, VA: Analyze, plan, build, manage & integrate info systems to meet the companys needs. Dvlp & drive process improvements to achieve engg efficiency, cost effectiveness & time saving in the org. Provide technical & architectural subject matter expertise to introduce\improve technical vision, solution architecture in various complex technical domains working w/ stake holders. Travel/reloc to various unanticipated locations. Send res to: CompuGain LLC 12901 Worldgate Dr. Ste 510 Herndon, VA 20170

TECHNOLOGY
CSC Covansys Corporation is accepting resumes for the position of Professional Application Designer in Tysons, VA (Ref.#5085737). Design, develop, install, test, and document applications software, including server, client, and web components. Contribute to the design and delivery of technical architecture solution components. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to CSC Covansys Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

TECHNOLOGY
Computer Sciences Corporation is accepting resumes for the position of Professional Service Delivery Coordinator in Tysons, VA (Ref#5144318). Coordinate delivery of company products and services according to agreed upon business solution goals and objectives. Maintain records of routine expenditures to ensure budgetary compliance. Will work at unanticipated client sites throughout the U.S. Telecommuting is permissible. Mail resume to Computer Sciences Corporation, 3400 N. Central Expressway, Richardson, TX 75082. Resume must include Ref. #, full name, email address & mailing address. No phone calls. Must be legally authorized to work in U.S. without sponsorship. EOE.

Pharmaceutical Opportunities

Granules Pharmaceuticals (Chantilly, VA) is recruiting. Send rés w/code to HR at 3701 Concorde Pky, Chantilly, VA 20151.

Biochemist (VAC001) – Resrch, analyz, devlp, & optimz methds for bioequivalt & pharma prodcts. Req MS in Biochem, Chem or Pharmcy + skills & knowldg of HPLC/UPLC, GC, LC-MS, Method Development/Validation, cGMP, ANDA.

Validation Lead/SME (SHH004)– Analz & validt cGxP impactd drug data analytcl systms for biopharma & Pharmactcl companies. Req MS in Biochem, Chem, Pharma Sci, or Med Bio +1 yr exp in job offrd. Req skills & knwldge in Servicenow, Root Cause Analysis, CAPA, IQ/OQ/PQ, Scrum, GAMP 5, CFR.

CLASSIFIEDS
To place a classified ad or a Business & Services ad, please contact:
Karen Washburn • 703-994-4940
kwashburn@fairfaxtimes.com

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