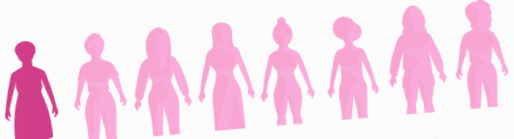


SCREENING MAMMOGRAMS SAVE LIVES!

Jenna Olmstead & Anna Whalen
Both Mammographers at MercyOne Genesis DeWitt



1 IN 8 WOMEN
in the united states will develop
breast cancer in her lifetime



So, You Want to Know More
about Screening Mammography . . .



Having regular screening mammograms will decrease your risk of dying from breast cancer. Do you wonder by how much? It depends on when you start having mammograms and how often you have them.

If you get screened this often:	You will reduce your risk of dying of breast cancer by:	Number of women whose lives will be saved (per 100,000 screened)
Yearly, from age 40-84*	40%	1,190
Yearly, age 45-54; every other year, age 55-79*	31%	925
Every other year, age 50-74*	23%	695

*American College of Radiology, Society of Breast Imaging, American Society of Breast Surgeons and National Comprehensive Cancer Network
*American Cancer Society
*United States Preventive Services Task Force

What age should I start getting screened?

Breast cancer is an important health issue for women in their 40s. It is the second leading cause of all deaths for women in this age group.

1. Half of all fatal breast cancers are diagnosed before age 50.
2. All of the major health care groups agree that yearly screening starting at age 40 saves the most lives. In fact, starting screening at age 40 will save 100,000 more lives every decade than starting at age 50.
3. Black, Hispanic and Asian women are at particularly high risk of developing aggressive forms of early onset breast cancer, particularly in their 40s.
4. Women who do not get screened and develop breast cancer in their 40s are almost 3.5 times more likely to need a mastectomy and 2.5 times more likely to need chemotherapy.

No one in my family has had breast cancer. Can I start screening later?

Yearly screening starting at age 40 is still important, even for those women who do not have a family history of breast cancer.

1. Three out of four women who develop breast cancer have no family history of breast cancer and no other risk factors besides being women.
2. All women, especially Black women and those of Ashkenazi Jewish descent, should talk to their doctors about their risk for breast cancer by age 25. If you turn out to be at higher-than-average risk, you may want to consider additional screening with ultrasound or MRI.



MercyOne Genesis DeWitt Medical Center

Early detection can make all the difference.

- ✓ Local appointments
- ✓ Experienced breast imaging team
- ✓ Compassionate care close to home
- ✓ 3D Advanced screening technology

DON'T DELAY YOUR ANNUAL SCREENING
Schedule your mammogram today. 563-421-9729



1118 11th St., DeWitt, IA

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your community. Care Close to Home.**