



2019



Monday	Tuesday	Wednesday	Thursday	Friday
	Potato w/Chicken Gravy, Fresh& Crispy Side Salad, WW Dinner	2 Cheesy-Cheese Pizza, Broccoli Florets, Baby Carrots, Red Apple, Ice Cream Cup, Milk	Cheeseburger, Fresh Side Salad w/ Cucum-	4 Spaghetti w/Meat Sauce, Jumping Green Beans, Garlic Toast, Perfect Pears, Milk
7 Cheesy Breadsticks w/Marinara Sauce, Golly Green Beans, Diced Pears, Berry Jell-O Snack Cups, Milk	8 Tuesday Taco Bowl w/ Shredded Lettuce & Spicy Salsa,& Sour Cream, Refried Beans, Sliced Peaches, Fudgy Chocolate Cake, Milk		Nuggets w/Hot Baked	11 Juicy Cheeseburger w/the works on WW Bun, Baby Red Apple, Chewy Fruit Snacks, Milk #2
14 Asian Combo, Sweet Cooked Carrot, Canned Pineapple, Lucky Fortune Cookie, Milk	Burger on WW Bun, Baked Beans, Baby	16 Hot Cheese Pizza, Fresh & Crispy Side Salad w/cherry tomato, Outra- geous Orange Slices, Yummy Cookie. Milk	17 Sizzling Salisbury Steak w/Mashed Potato & Gravy, Steamed Broccoli , Dinner Roll Sliced Pears, Milk	18 Cinnamon French Toast, Roasted Tater Tots , Green Pepper Strips, Applesauce, Milk #4
Bun, Fresh & Crispy	Meat Nachos / w Spicy salsa, Refried Beans, Apple, Fruit Bomb Pop.	23 Cheesy-Cheese Pizza, Fresh & Crispy Side Salad , Fresh Broccoli Florets, Pleasing Peaches, Milk	24 Home-Style Roasted Chicken w/ Whipped Mashed Potato ↓ Gravy , Green Beans , Applesauce, Dinner Roll, Milk	25 Crispy Chicken Burger on WW Bun, Baby Carrots, Sliced Cucumbers, Mixed Fruit Cocktail, Milk
28 Tangy BBQ Sandwich on WW Bun, Baby Carrots, Baked Beans, Fruit Cocktail Mix, Fruity Ice Pop, Milk	Mashed Potato W/ Gravy , Green Beans, WW Dinner Roll,	30 Cheesy Cheese Pizza, Fresh & Crispy Broccoli Florets & Baby Carrots, Red Baby Apple, Milk #3	31 NO SCHOOL!! PROFESSTIONAL DEVELOPMENT DAY!!	

DELTA JUNIOR HIGH SCHOOL

Delta/Greely School District is an Equal Opportunity Provider & Employer

\$4.75 .40 REDUCED \$5.00/ADULT MILK \$1.00

Meals being offered may contain milk, eggs, fish, shellfish, various nuts, peanuts, wheat, or soy.*

We try to use whole wheat or multi grain bread & pasta. Non-fat chocolate & 1% low fat white milk *

Due to variances in meal counts and product delivery, we reserve the right to substitute menu items.