

RIVERSIDE RESCUE



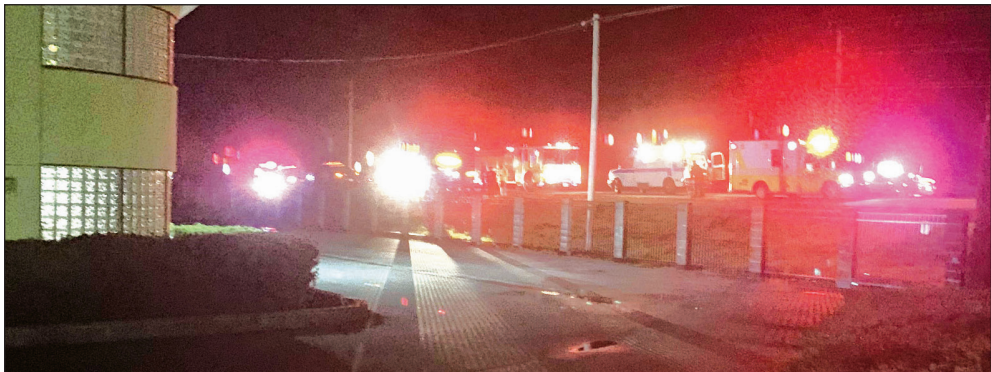
Emergency services agencies, including the Gasquet Fire Department and the Del Norte County Sheriff's Office search and rescue team, respond Sunday to a report of an SUV that ran off U.S. Highway 101 and into the Smith River. Photo courtesy Gasquet Fire Department.

SUV goes off road into the Smith River

An SUV reportedly drove off U.S. Highway 199 at about 8 a.m. Sunday, down an embankment and partly into the Middle Fork Smith River near Patrick Creek Road. A variety of passersby helped an occupant out of the vehicle after the crash, according to a California Highway Patrol (CHP) incident report. CHP said the Del Norte County Sheriff's Office search and rescue team used a 100-foot cable to pull the vehicle from the water. Minor crash injuries were reported. The cause remained under investigation Monday morning. Highway 101 was reopened within two hours.

Roseburg man killed in hit-and-run accident

A 37-year-old Roseburg man was struck at about 9:30 p.m. Sunday by a hit-and-run driver while he was walking southbound on the west shoulder of U.S. Highway 101, north of Timbers Boulevard in Smith River. The man later died from his injuries, according to a California Highway Patrol (CHP) press release. CHP said the vehicle was traveling southbound as it fled the accident. The pedestrian was taken to Sutter Coast Hospital in Crescent City by Del Norte Ambulance and subsequently life-flighted to Mercy Medical Center in Roseburg, where he died. The cause of the accident remained under investigation Monday morning. The victim's name had not yet been released pending notification to next of kin, according to CHP.



First responders arrived on the scene Sunday night of a hit-and-run accident on U.S. Highway 101 near Timbers Boulevard in Smith River. Photo by Scott Chittock.

Merkley draws large crowd at Port Orford town hall

Linda Pinkham
Staff Writer

Democratic Sen. Jeff Merkley packed the house at a Curry County town hall in Port Orford on Jan. 2. More than 150 people came to the meeting, traveling from all corners of the county. The senator said he came largely to listen to their concerns. Merkley said the Port Orford town hall was No. 399 for him since he took office in 2009. He said he makes it a point to visit every county in Oregon each year. When Curry County Commissioner Court Boice introduced Merkley, he declared, "He understands rural Oregon."



A town hall participant asks Sen. Jeff Merkley about the "green new deal" and how to accelerate a transition from fossil fuels. Photo by Linda Pinkham.

Merkley, the son of a millwright, was born in Myrtle Point. He and his parents moved to Roseburg, then later to Portland, as a child. Merkley served as an intern for Oregon's bipartisan Republican statesman Mark Hatfield, who preceded Merkley on the Senate Appropriations Committee, considered to be one of the most powerful on Capitol Hill. They are the only two Oregon members of Congress to serve on that committee. Merkley opened his town hall by acknowledging his new nickname - "Sodbuster" - bestowed by State Rep. David Brock Smith, to recognize their partnership managing quarantines to

More Merkley on Page A5

A winter warmer at Brian Scott Gallery

Brian Scott Gallery in Brookings will host the first in a series of three Winter Warmer Art Events from 4-6 p.m. this Saturday. The featured artist will be Horst Wolf, a painter, sculptor, musician, author (45 poetry/cartoon books to date) and businessman. Wolf will provide stories, history and anecdotes from his life and career as an engineer-turned-artist, in turn discussing his passions for art going forward. The exhibit will showcase his newest work, which he calls his "Howo Paintings": mixed-media painting and cartoon depictions of the neighborhood scenes he knows and loves. "Painting is almost a spiritual experience for me," Wolf said in his biography. "It makes me forget time and place, makes me peaceful and happy. If my work generates similar feelings in the viewer, I consider myself successful." The Winter Warmer Art Event replaces the Second Saturday Art Walk, which is on hiatus and scheduled to return in April. Music will be presented by Tiger Lily. Refreshments will be served. Brian Scott Gallery is at 515 Chetco Ave. For more information, call 541-412-8687.

Index

Classifieds.....A7-8
Crosswords.....A4
Calendar.....A9
Comics.....A4

Weather

Past four days

	Mon	Sun	Sat	Fri
HIGH	51	52	52	58
LOW	42	43	42	43

5-day forecast, tides and complete weather: Page A9

Tides

	Tues	Wed	Thurs
LOW	2:11 AM	3:02 AM	3:50 AM
HIGH	8:22 PM	9:03 AM	9:46 AM
LOW	3:44 PM	4:24 PM	5:05 PM
HIGH	10:22 PM	11:06 PM	11:47 PM

Sunrise/Sunset

	Tues	Wed	Thurs	Fri
RISE	7:44	7:44	7:44	7:44
SET	5:02	5:03	5:04	5:05



\$1.50

City mulls beach camps, homelessness, other concerns

Linda Pinkham
Staff Writer

A prohibition of beach camping inside city limits, a proposed Social Security Bar lease agreement with the county, land development code revisions for accessory dwelling units, and code revisions for homeless resources were scheduled for discussion Monday afternoon during a Brookings City Council workshop.

The meeting was held in council chambers at 898 Elk Dr. - too late to be included in Tuesday's Pilot.

Mill Beach

Prohibiting beach camping inside the city limits of Brookings was rejected by the council in 2009 and 2016. The city has received multiple complaints from area residents concerning transient camping at Mill Beach since development of the access site in 2013.

Recently, local manage-

ment for Oregon State Parks approached the city because of a significant increase in compliance issues, illegal activity and garbage at the Mill Beach location.

Social Security Bar Lease

A draft 50-year lease agreement between Curry County and the City of Brookings for the county to develop an RV park at Social Security Bar was to be discussed during the meeting.

Social Security Bar has been the subject of many citizen complaints about public nuisances, including illegal camping, dumping and noise.

The proposal would provide a camp host, RV camping facilities, restrooms and management of the site, to enhance recreational experiences without hindering public and city access to the gravel bar.

ADU Code Revisions

Revisions to the accessory dwelling unit codes are in response to HB 2001, signed into law in August by Gov. Kate Brown.

Provisions that must be amended to comply with HB 2001 include requirements that a property owner must occupy the property as a primary residence, and a requirement for provision of off-street parking.

Homeless Resource Codes

The final agenda item would explore various options to revise the land development code to include services for homelessness as a use. The code revisions would allow for temporary (seasonal) housing options for homeless individuals and families.

The city council's meeting packet included options other local governments have implemented, including regulations for



Mill Beach is a popular spot for residents, tourists and the homeless, which is a problem the Brookings City Council planned to discuss during a Monday workshop. Photo by Linda Pinkham.

car camping, temporary lodging facilities, designated rest stops, camping on private property, and tiny-home villages. Ordinances from Coos Bay and Eugene were provided as models for consideration by the council.



Coast Guard lends a tow

The U.S. Coast Guard gives a friendly assist to a disabled crab boat last Friday morning, towing it back to the Port of Brookings Harbor. Photo by Grant Fraley.

Commissioners to rule on appeal for Pistol River gravel extraction

Linda Pinkham
Staff Writer

An appeal of the Curry County Planning Commission's denial of a conditional-use permit for a Pistol River gravel extraction proposal is on the agenda for a 9 a.m. county commissioners' meeting Wednesday at the Courthouse Annex in Gold Beach.

The appeal, filed by Ron Adams, rose to the Board of County Commissioners level with a de novo hearing Nov. 20 during which evidence and testimony were heard. Additional written evidence was submitted during a 14-day period when the record was left

open.

During a seven-day response period provided to the appellant, Adams offered new evidence consisting of details about the sizes and cubic yards of gravel proposed to be extracted, along with GPS coordinates.

The commissioners now must consider whether to open the record again and accept that new information, or proceed to a decision without considering the new evidence.

As for other business on Wednesday's agenda, the board will consider appointing members to certain committees, approving a professional services contract for media services, will discuss board liaison

roles and amending personnel rules, and other matters.

During the commissioners' administrative workshop at 2:00 that afternoon, the agenda will include discussions about moving to a five-member board of commissioners, and further discussion of an absentee-owner property registration proposal.

Both items were referred to a workshop for further discussion during a Dec. 11 board meeting.

Board packets for both meetings are on the Curry County Commissioners meetings and agenda page at http://www.co.curry.or.us/government/board_of_commissioners/agendas_and_minutes.php.

LUMBER • WINDOWS • DOORS • ROOFING • INSULATION • PAINT • PLUMBING

LUMBER • WINDOWS • DOORS • ROOFING • INSULATION • PAINT • PLUMBING



RED HOT BUYS

SALE \$149.99 - \$50 WITH ACE REWARDS CARD* \$99.99

CRAFTSMAN® 20 Volt MAX Lithium-Ion Drill/Driver & Impact Driver Combo Kit
2829364
Limit 4 at this price.

SALE \$119.99 each

Craftsman® 159 Pc. Mechanic's Tool Set or 5-Drawer Ball-Bearing Tool Center
2837326, 2884419

*Ace Rewards card Instant Savings ("Instant Savings") amount is available at participating stores only to Ace Rewards members in store (see store for details). Where applicable by law, tax is charged on the sale price before application of Instant Savings. You must present Ace Rewards card to receive Instant Savings in store. Instant Savings listed in this advertisement are valid through 1/31/20, at participating stores. Not all Ace stores participating in this circular participate in Ace Rewards.

Stop by your local Ace store, or visit us here

ACE REWARDS THE BEST TOOL FOR SAVING MONEY.™
Join Ace Rewards at acehardware.com and start saving today.

Visit acehardware.com to find your local participating Ace.

Proud Partner of Children's Miracle Network Hospitals®

Kerr's ACE Hardware Building Center

711 Chetco Ave., Brookings
Phone 541-469-3139

Prices good through January 31, 2020

ACE - The Painting Place



Obituaries

Darrell Gene Allen July 10, 1946 - Dec. 26, 2019

Darrell Gene Allen, 73, of Gold Beach, Oregon, passed away in Medford, Oregon on December 26, 2019, from complications after back surgery.

Darrell was born July 10, 1946, in Crescent City, California, but was a resident of Curry County, Oregon his entire life, residing in the Gold Beach area since 1947. He attended Ophir Grade School and Gold Beach High School where he graduated in 1964. In 1965 he married Sally Stewart.

Darrell worked in the logging industry for 22 years; for Curry County for 10 years; and most recently as a salmon fishing guide on the Rogue River for 22 years. He retired from guiding in January, 2019. He was always an avid fisherman and hunter and enjoyed all aspects of the outdoors including playing golf at every opportunity. He played catcher on the Gold Beach High's first ever league championship team, the 1964 Panthers baseball

team. He was a devoted Gold Beach High sports fan, and attended games regularly.

Darrell cared about his community, and committed time to various organizations. He served on the Ophir Water Board and helped to establish the Water District; served a term on Gold Beach City Council; coached Little League Baseball teams several years; and served on the Cedar Bend Golf Course Board of Directors.

Darrell is survived by Sally, his wife of 54 years; his daughter and son-in-law, Kim and T.R. Tuttle; his son, Jim Allen; four grandchildren, Derek Tuttle, Kaylee Tuttle, Toah Allen, and Zona Allen; and two brothers, Dennis Allen and Jerry Allen.

A memorial service will be held on January 18, 2020, at 10:00 a.m. at Bethany Lutheran Church in Gold Beach. Family suggests contributions to Gold Beach High School sports programs in lieu of flowers.

Doris (Carpenter) Turner Dec. 27, 1924 - Dec. 25, 2019

Doris (Carpenter) Turner, 94, passed away on December 25, 2019 in Gold Beach. She was the widow of William Turner. They were married for 68 years. Doris was born in Gold Beach, Oregon on December 27, 1924, the daughter of Asa and Pauline Carpenter. Doris and her family were true Curry County pioneers.

She graduated from Gold Beach Union High School then attended the Portland Business College. When she returned to Curry County, Doris worked at several places before being hired at the local bank. After many years in the banking business she retired from Western Bank. She belonged to Nesika/Ophir Neighborhood Watch, Gold Beach Senior Center, Gold Beach Order of the Moose, Brookings Emblem Club, Curry County Elections Board and was a lifetime member of Soroptimist International. She loved having her family visit. She enjoyed playing bingo.

She is survived by son Robert (Debbie) and family of Lebanon, Oregon and son James (Debbie) and fam-

ily of Gold Beach, Oregon; 4 grandchildren; 10 great grandchildren, and her cat, Speedy. She was predeceased by her husband, William Turner in 2014; granddaughter Hope Bennett and 2 infant daughters.

A memorial was held on December 28, 2019 at the Ophir Fire Hall in Nesika Beach. Doris had planned and looked forward to celebrating her 95th birthday with everyone in the community on that day, but her Lord had another plan. Her family and her friends were there to honor her and celebrate her life. The Fire Hall was overflowing with guests. A graveside service was held at Pistol River Cemetery at 1 p.m. Sunday, December 29, 2019.

Memorial donations may be made to either Gold Beach Senior Center, P.O. Box 1277, Gold Beach, Oregon 97444 or to Ophir/Nesika Beach Neighborhood Watch Association, c/o Carol Tice, 34528 Mutts Way, Gold Beach, Oregon 97444.

Doris was definitely loved.

Dianne Marie Willian 1932 - Dec. 10, 2019



Dianne Marie Willian, 87, of Brookings, Oregon; passed away on December 10, 2019. Diane was born in Columbus, Wisconsin, to Frances Mae Stevenson and John Kyle Eccles.

Dianne graduated from Whiteland High School, Whiteland, Indiana in 1950. Dianne attended two years of college at Indiana University where she majored in nursing. Education was important to Dianne, and she was always interested in discovering something new. Whether it was taking Spanish classes at the local junior college or working on her stack of Great Courses she was always studying or learning.

While in college Dianne met and married her husband David Eugene Willian. They were married 63 years. David preceded her in death. She was also preceded in death by her sister, Donna Pickett.

After college, David and Dianne moved to Chico, California in 1963, where they lived until the early 2000's. Dianne stayed busy raising four children, doing bookkeeping at David's office, volunteering in the Dental Wives Auxiliary, serving in various capacities in her church, sewing, quilting, gardening and always writing letters.

Dianne always loved Brookings and was happy to make it her full-time home in 2014 after many years of

living there part-time.

We were blessed to have learned many valuable lessons from Dianne during her 87 years. Among those lessons: Never throw anything away, you may find a use for it later. She left behind a lot of stuff for her daughter and sons, who have no idea what to do with all of it.

She taught us to: look after the lonely; take a cold drink or cookie to the person working out in the heat; take magazines you've read to friends; help the single parent struggling with kids at church; give the extra bed to the young family trying to make ends meet; always send a thank you note; call and check on friends; take care of friendships and stay in touch; and most importantly, watch out for sneaker waves when you are at the beach.

Dianne's greatest joy and accomplishment in life was her family. She is survived by four children: Mark Willian (Mary) of Fair Oaks, California; David Willian of Bloomington, Indiana; Ann Lewis (Dale Sargent) of Springfield, Missouri; Evan Willian (Tammy) of Pittsburg, Texas. Dianne was a devoted grandmother to Kate, Monica, Charla, Lissi, Rachel, Bethie, Davy, Melissa, Ryan, Nicole, Stephanie, Kayla and Marisa. Dianne also loved and adored her 15 great grandchildren. Dianne's spirit is carried on by her posterity.

Funeral services will be held at 10 a.m. January 11, at the Church of Jesus Christ of Latter-day Saints, 770 Elk Drive, Brookings, Oregon. Burial will follow at Ward Memorial Cemetery. Online condolences may be shared at www.redwoodmemorial.net.

In Dianne's memory donations may be made to the Brookings Harbor Food Bank, at P.O. Box 1415, Brookings, Oregon, 97415.

Robert J. Fitton Sept. 1, 1932 - Dec. 1, 2019



Robert J. Fitton, also known as "Bob," passed away on December 1, 2019, in Alameda, California at the age of 87.

Robert was born on September 1, 1932, in San Francisco, California to Carroll and Dorothy (Cummings) Fitton.

Bob married Barbara A. Bonino on December 11, 1965 in Alameda, California. The couple moved to Brookings, Oregon in 1998. They lived happily until his wife passed away in 2013. Bob returned to Alameda in 2014.

Bob was an avid reader, loved traveling, spreading knowledge and sharing stories. Among many of his accomplishments in life, such as receiving a Master's in Political Science from California State Hayward, being a fire inspector, establishing his own business, the two most precious things to him was being married to the love of his life, Barbara, and serving his country in the US Navy from 1951 to 1955, and continuing his service in the Reserves until 1959.

Bob leaves behind cousins, nieces and nephews along with grand-nieces and grand-nephews. Those who knew him, knew him as a quiet, kind and a very gentle man. He will forever be missed but always in our hearts.

In lieu of flowers, please consider a memorial contribution in Bob's name to a US Veteran organization of your choice.

Brookings' Only Auto Electronics Specialists

We Can Retrofit Most Vehicles

BACK UP CAMERAS • DASH CAMS

BLIND SPOT MONITORS • REMOTE START

BLUETOOTH • ANDROID AUTO • APPLE CAR PLAY

WITH MODERN SAFETY AND CONVENIENCE FEATURES

714 Chetco Ave. Brookings OR 541-469-9472

Implant Surgery & Crown
for as low as \$3,999

New Patient Special:
Exam & Teeth Cleaning \$99

General & Implant Dentistry

541-469-0192

www.BrookingsDentalArts.com

Winter Wine Tasting

Wednesday
January 8, 2020
3PM-4PM

Bring your family and friends and join us for a fun social with appetizers and taste the Wines of the World...including Oregon!

Enter to Win a Wine Gift Basket!

541-469-4500

98059 Gerlach Lane, Brookings, OR 97415

www.SeaViewSeniorLiving.com

Coastal Express Dial-A-Ride

Available Monday Through Saturday

With stops at:
Lucky 7 Casino • Brookings
Gold Beach • Port Orford
Bandon • Coos Bay/North Bend

For more information, visit our website
www.currypublictransit.org
Call 1-800-921-2871 or 541-412-8806.

Dial-A-Ride Service Available in Brookings & Gold Beach.

"One's Love Everyone's Someone."

A history of caring.

To learn more about our post-acute rehabilitation community in Brookings, call (541) 469-3111

Curry Village

All faiths or beliefs are welcome.

Awareness is key

With hospice, you may live longer. It's not unusual to feel better once the pain and symptoms of your illness are better controlled. Hospice extended life an average of 29 days. By careful management and treatment of symptoms, and care for physical and emotional well-being, patients felt better, which may have given them the will and fortitude to live longer.

CoastalHHH.org/Contact-Us

Celebration of Life Richard Dale Wood



There will be a celebration of life for Richard Dale Wood on Saturday, January 11th, 2 p.m., at First Baptist Church in Gold Beach (29755 Turner Street).

"Woody" went home to be with The Lord, and his loving wife Vivian, on November 27th, 2019. He passed away peacefully at his home in Gold Beach, OR.

A full obituary was published at an earlier date.

15786 Hwy 101 S. Harbor

• Year Round

• Wed & Sat
10am - 3pm

• 40+ Vendors

Just listing your home won't sell it! the right price and marketing will!

RE/MAX Call/Text
Coast (541) 813-9261
Jude Hodge
Broker/Realtor
Licensed in OR

703 Chetco Ave.
Brookings, OR

541-412-9535 ext 117

www.homewithjude.com

YEAR END SALE

UP TO 50% OFF OR SPECIAL FINANCING

PLUS BIG SAVINGS ON CLEARANCE & CLOSEOUT ITEMS!

*Some exclusions apply. See specially marked tags. **Credit subject to approval. Can't be combined with any other offer. Excludes hot buys, Tempur-Pedic and BeautyRest lowest prices possible.

Emergency Dispatch Logs

The police blotter is a public record of incidents as reported by law-enforcement agencies. All individuals arrested or charged with a crime are presumed innocent until proven guilty. The information printed is preliminary and subject to change.

Excerpts from the call logs of the Brookings Police Department:

Thursday, Jan. 2
At 12:24 a.m. Two people in a vehicle at Mill Beach were contacted by officers regarding day use. One was arrested on a valid warrant out of Josephine County and transported to jail without incident; the other moved

along.
At 9:47 a.m. Criminal trespass reported on Old County Road. Transient male was trespassed from a local church.
At 11:00 a.m. Officer responded to apartment complex on 5th Street for an ongoing dispute between neighbors.
At 12:56 p.m. Subject cleaning out her car at Mill Beach was advised to pick up her discarded items before leaving the area.
At 1:35 p.m. Two-vehicle non-injury traffic crash at Chetco Avenue and Mill Street was reported. Officer responded to assist with information exchange, and a third vehicle crashed into the already-crashed cars before it could be cleared. No injuries.
At 2:06 p.m. Adult male arrested for DUII after being called in for a driving complaint reporting his vehicle “swerving all over the road.” He was located when he crashed into a vehicle stopped for an accident in the 600 block of Chetco Avenue, then backed into another car. His blood alcohol level was more than four times the legal limit. He was cited and released to a sober friend

after processing.
At 6:52 p.m. Four transients were contacted on Railroad Avenue and advised to gather their belongings and move along.
At 7:28 p.m. Criminal trespass reported on Easy Street. Occupants of a vehicle parked at a church were warned for trespassing and advised to move along.
At 7:56 p.m. Officer took information regarding threats at a business on 5th Street.
At 9:36 p.m. Transient male was arrested in the 1100 block of Chetco Avenue on a valid detention warrant and transported to jail without incident.
At 10:33 p.m. Vehicle occupant at Harris Beach was warned for being in day-use area and having an expired vehicle registration.

Friday, Jan. 3
At 11:39 a.m. Theft of services reported for not paying for meal at time of service in 600 block of Chetco Avenue.
At 11:51 a.m. Theft reported on Spruce Drive.
At 1:42 p.m. Suspicious conditions reported on Elk Drive. Mailbox found in bushes.
At 2:51 p.m. Transients

camping illegally at Chetco Point were counseled and were moving on.
At 3:41 p.m. Report of transients trespassing on private property at Myrtle and Redwood streets. Were unable to locate the persons.
At 3:42 p.m. Criminal mischief reported at Julie Drive for damage to safety barrier.
At 5:38 p.m. Suspicious conditions reported on Pioneer Road; someone possibly in the brush outside house making bird noises. Neighbor has peacocks.
At 5:57 p.m. Report of person on Redwood Street property looking around. Person was contacted and warned for trespassing on property.
At 6:04 p.m. Transient sleeping on property in the 800 block of Chetco Avenue. Formally trespassed and moved along.
At 8:23 p.m. Verbal dispute between male and female in the 800 block of Chetco Avenue. Warned for disorderly conduct.
At 11:35 p.m. Assault reported at Mill Beach. Male transient attacked by female transient, causing injury to head. Transported

to emergency department for treatment.
Saturday, Jan. 4
At 5:35 a.m. Male transient arrested on Fir Street on an outstanding warrant out of Jackson County. Transported to Curry County Jail and awaiting extradition to Jackson County.
At 5:59 a.m. Criminal mischief reported on West Benham Lane.
At 6:19 a.m. Dispute/fight reported on Oceanview Drive.
At 9:21 a.m. Dispute/fight reported on Cypress Street. Verbal dispute between parties, who were separated and who agreed to handle in a civil manner.
At 10:11 a.m. Criminal mischief reported on Cottage Street. Report of lock being cut off a cargo container.
At 10:52 a.m. Suspicious conditions reported on 7th Street.
At 11:58 a.m. Disorderly conduct reported on Chetco Avenue at 5th Street.
At 4:25 p.m. Suspicious conditions reported on Truman Lane.
At 6:29 p.m. Report from Passley Road of flare going up over ocean. Call trans-

ferred to U.S. Coast Guard.
At 7:17 p.m. Criminal trespass reported in the 900 block of Chetco Avenue. Report of transients going through garbage on private property. Warned for trespassing and moved along.
At 7:29 p.m. Several individuals evicted and criminally trespassed from a property in the 400 block of Chetco Avenue.
At 10:56 p.m. Two individuals warned for criminally trespassing on 5th Street.
Sunday, Jan. 5
At 7:51 a.m. Dispute/fight in Brookings Police Department lobby.
At 11:46 a.m. Dispute/fight reported on 2nd Street.
At 2:52 p.m. Suspicious conditions reported in the 1000 block of Chetco Avenue.
At 4:36 p.m. Theft reported in the 500 block of Chetco Avenue.
At 4:40 p.m. Illegal camping reported on Dawson Road.
At 6:28 p.m. Criminal trespass reported on Old County Road.
At 8:51 p.m. Dispute/fight reported on Weaver Lane.

NATHAN L. GARCIA

ATTORNEY AT LAW



Criminal Law
Family Law
General Practice

541-247-1332

97829 Shopping Center Ave.,
Ste. G, Harbor, OR
www.nathangarcialaw.com

P270294R0103

COMICS/PUZZLES

Garfield® by Jim Davis



Marmaduke® by Brad Anderson



“That was one of your bigger sneezes.”

UNIVERSAL

Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

5	4	1		6				
				8				
3		9	7					6
			2					8
				9	1	5		
1						6		
2					4	5		7
				2				
				9		3	1	2

1/3

© 2020 Andrews McMeel Syndication

DIFFICULTY RATING: ★★★★★

DEAR ABBY

By Abigail Van Buren

History of put-downs causes broken trust between in-laws

DEAR ABBY: I have been happily married to my darling husband for 20 years. The problem is his sister.
When we first met, she asked my husband if I was “for real” because I’m very outgoing and affectionate. In the early years, and until about six years ago, she would berate me with abusive criticism. In most instances, her comments were inaccurate. If I tried to overlook her actions and have a good relationship, she would soon find something else to criticize.
I am normally an “it’s history” kind of person when it comes to confrontations and forget them quickly. Thankfully her abuse has finally stopped. But I’m now having trust issues because every time in the past when I let my guard down to mend the relationship, she’d lash out and put me down again. Any advice would be greatly appreciated. -- **WARY IN TEXAS**
DEAR WARY: One would think that during the time your sister-in-law was sniping at you, your “dar-

ling” husband would have stepped in and told his sister to put her knives away. After suffering through 14 years of her emotional battery, it’s no wonder you have trust issues where she’s concerned.
Intelligent person that you are, it’s likely you always will have them, so stop blaming yourself for it. Continue being the outgoing and affectionate person you always have been, and keep your guard up because that’s what healthy people have to do when dealing with someone like her.
DEAR ABBY: I love my wonderful neighbors of 28 years. They are 10 years younger than my parents. They have been like a second set of parents to me. My concern is for their health. They are in their 60s and 70s, but neither one goes to the doctor.
The wife went 20-plus years ago and decided never to return after they prescribed diabetes and blood pressure medication for her. More recently, she can no longer leave the house because she has injured her arthritic knee so badly. She refuses to get it checked and claims it will heal. (She diagnosed herself

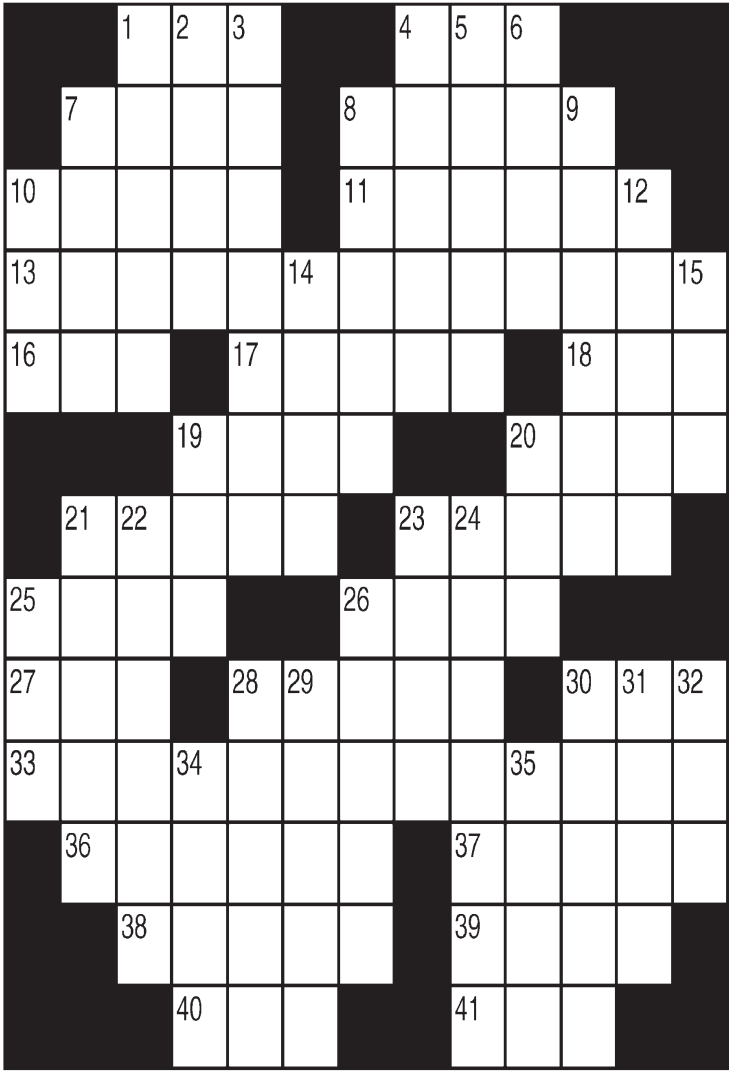
via Dr. Google.) Her intelligent adult daughter is aware of all of this.
I know this is a choice people make, but at this point I’m sure it’s just anxiety that is keeping her from getting the medical help she needs. She’s missing her garden, her grandchildren and grocery shopping, so I’m sure she doesn’t want to spend the rest of her life like this. Her husband has no influence either and is picking up what she no longer can do. I have tried encouraging her to seek advice, but haven’t pushed her so hard as to push her away. What should I do? -- **SCARED FOR THEM IN MASSACHUSETTS**
DEAR SCARED: If anyone could do anything, it would have to be the woman’s husband and her daughter. I assume you have pointed out to your neighbor that with medical help she could heal more quickly, and also that there is something called preventive medicine that can help people avoid becoming seriously ill. Because you have talked until you are blue in the face and still haven’t been able to get through, my advice is to love her while you have her..

KING CROSSWORD

King Crossword

ACROSS

- 1 Possesses
- 4 Cribbage scorer
- 7 Ringlet
- 8 Preclude
- 10 "M*A*S*H" setting
- 11 Scents
- 13 Kitchen pair
- 16 — and outs
- 17 "The — Show With Jon Stewart"
- 18 Whopper
- 19 Citi Field team
- 20 Marching musicmakers
- 21 Topper for Miss USA
- 23 Rushmore or Rainier



- 25 Responsibility
- 26 Cried
- 27 Lawyers' org.
- 28 Memorable mission
- 30 Shooter ammo
- 33 13-Across, e.g.
- 36 African desert wind
- 37 Ointment
- 38 Military subdivision
- 39 Unattractive
- 40 Mauna —

- 41 More, to Manuel
- 10 Japanese pond carp
- 12 Epithet for Simon Templar (with "The")
- 14 Information
- 15 Scarlet
- 19 Spring month
- 20 On the other hand
- 21 Big brass
- 22 Slanted, as lettering
- 23 Viral Web

- phenom
- 24 One skilled in playing dead
- 25 "— Kapital"
- 26 Goes up a few degrees
- 28 Worship
- 29 Parkinson's treatment
- 30 Doctor's orders?
- 31 Jealousy
- 32 Iron or Bronze
- 34 Out of control
- 35 Long story

© 2020 King Features Synd., Inc.

Sudoku and Crossword answers on page A8

Mailing: PO Box 700
Brookings, OR

CURRY COASTAL PILOT

541-813-1717 Physical: 15957 Highway 101 South, Brookings, OR

www.currypilot.com
Facebook.com/currypilot
Twitter.com/currypilot

STAFF
Carol Hungerford, Publisher carol@countrymedia.net
Scott Olson, General Manager solson@countrymedia.net
Jeremy Ruark, Editor piloteditor@countrymedia.net
Patricia Wilson, Sales pilotads1@countrymedia.net
Linda Pinkham, News pilotnews@countrymedia.net
Joella Arteaga, Office Manager pilotofficemgr@countrymedia.net

SUBSCRIPTIONS
Delivery \$103.00/year Curry County Mail rate \$108.00/year
We reserve the right to adjust the term of prepaid subscriptions upon 30 days notice.

Curry Coastal Pilot (USPS 066-820) is published Tuesdays and Fridays by Country Media INC., an independent newspaper, periodical class postage paid at Brookings, OR.

Sutter Health settles years-long lawsuit

David Hayes
Staff Writer

Patients of Crescent City’s Sutter Coast Hospital, a subsidiary of not-for-profit Sutter Health, headquartered in Sacramento, may well have more billing and pricing options thanks to the resolution of a class-action lawsuit that has been percolating in the courts for more than five years.

Sutter Health agreed Dec. 20 to a \$575-million settlement in an antitrust case filed by California Attorney General Xavier Becerra and co-plaintiffs United Food and Commercial Work-

ers International Union & Employers Benefit Trust (UEBT).

The two had accused the healthcare provider of using its market dominance in northern California to illegally drive up prices.

UEBT filed the lawsuit April 7, 2014 representing employers, unions and local governments whose workers use Sutter services, alleging that Sutter had imposed “price secrecy, all-or-nothing, and anti-tiering provisions in its contracts with the health plans, and that its restrictive conduct violated the Cartwright Act and Unfair Competition Law.”

Sutter Health officials at the Crescent City facility referred to a statement released by Sutter Health Senior Vice President and General Counsel Flo Di Benedetto:

“We were able to resolve this matter in a way that enables Sutter Health to maintain our integrated network and ability to provide patients with access to affordable, high-quality care.

“Together with the attorney general, the parties selected an experienced monitor who will oversee the agreement, which specifies parameters for contracting between Sutter Health and insurance companies

going forward,” said Di Benedetto in the statement.

“There were no claims that Sutter’s contracting practices with insurance companies affected patient care or quality.”

Di Benedetto said Sutter Health has invested nearly \$10 billion in new technologies and state-of-the-art facilities over the last decade, adding that “we will have to evaluate future capital investments based on the impact of the settlement.”

Di Benedetto’s statement said Sutter Health had made no admission of wrongdoing in the settlement and said no court has found Sutter in violation of any laws.

“Our settlement with Sutter represents an extraordinary result for working people, their employers, and every Californian who has struggled with the high cost of healthcare,” UEBT Chair Jacques Loveall said in a prepared statement.

The attorney general filed his complaint in March 2018, seeking to end Sutter’s challenged practices and to implement measures to restore competition, as well as petitioning for repayment of alleged overcharges.

The terms of the agreement have been submitted to San Francisco Superior Court and are subject to

the approval of Judge Anne-Christine Massullo. Her preliminary ruling is expected in February.

The settlement’s terms include requirements for Sutter to:

- Limit what it charges patients for out-of-network services
- Allow insurers and employers to give patients pricing information, thereby increasing the process’s transparency
- And cease bundling services and products, and switch to standalone pricing.

Here’s an insider’s look at weight-loss resolutions for 2020

David Hayes
Staff Writer

January 1’s arrival often is accompanied by steadfast New Year’s resolutions.

Among the top five again this year will be losing weight.

Chef Michael Gomez of Smith River is seizing on the year 2020 to zero in healthy eating. “Like 20/20 vision, I want people to focus this year on what is really important for a healthier lifestyle,” Gomez said.

He said he’s worked in restaurants all his life, over the years feeding

celebrities such as John Travolta, Steve McQueen, James Gardner and Ronald Regan.

That is, until he made a career change. “I went from the stars to the bars,” said Gomez.

He subsequently worked as a chef in the prison system for 28 years. On March 5, 1990, Gomez became one of the original employees when Pelican Bay State Prison opened north of Crescent City.

“Pelican Bay was the first prison in the state to hire a nutritionist. So, I was around food 24/7,”

More **Resolutions** on page A6



Chef Michael Gomez displays photos of himself living with obesity, before becoming a dietary expert utilizing Chef Buddy to help his message reach area youth. Photo by David Hayes.

Little League sign-ups soon

Staff Report

“Don’t drop the ball! Come join Brookings Harbor Little League for another fun-filled season!”

So says Paul Orman, board member of Brookings Harbor Little League, open to boys and girls ages 4 through 13.

Leagues are forming now for players ranging from beginners’ T-ball through intermediate.

Walk-in registrations are scheduled for 5 p.m.-7 p.m. Jan. 16 and Feb. 3 at Chetco Community Public Library.

Players also can sign up online.

Registration costs \$65. Players must provide their birth certificates if they’ve participated in the league, as well as proof of residency.

The final day to sign up will be Feb. 9.

This Brookings Harbor Little League has been active in Brookings since 1969 – now going on 51 years.

For more information, email brookingsharborlittleleague@gmail.com.



Queen Bee Boutique
Gift Thrift
407 'A' Oak Street
12-4 Wednesday–Friday • 10-5 Saturday
Amber Breen • hillsidehive@gmail.com

Merkley

Continued from Page A1

help control sudden oak death pathogens, which now include a European strain that can attack fir trees in Curry and other counties.

Merkley then acknowledged the Kalmiopsis Audubon Society’s 40th anniversary and the work the organization has done “preserving critical aspects of our ecosystem and jewels within the state.”

Kalmiopsis executive director Ann Vileisis in turn honored Jim Rogers, a forester and conservationist who helped start the local branch of the organization.

At that point, Merkley turned the program over to questions from the crowd – which focused heavily on healthcare, including delivery systems for everyone equal to Medicare, improved delivery of health services to veterans, stronger insurance company regulations, and better control of prescription drug prices.

“One piece of this that is absolutely fixable,” Merkley said, “is the drug pricing. I’ve had so many people in town halls compare what they would be paying in Canada, Mexico or anywhere in Europe, or New Zealand, Australia or Japan.

“Sometimes, it’s a factor of 50%, sometimes a factor of 500%, or a factor of 10 times or more.

“This is an example of the corruption of our political

system. We spend more as Americans on research that produces more drugs than other nations...and we should get the best prices on drugs and not the worst...

“President Trump mentioned his interest in what’s referred to as a reference bill. I had my team contact his team, and I have a reference bill that says we don’t pay more than the average price among Canada, Japan and the major European countries. But the President decided not to pursue it.

“We’re all getting ripped off together. Let’s fix it together.”

Other town hall topics were an LNG pipeline, an ongoing government stalemate that is accomplishing nothing, the “green new deal,” trade tariffs for foreign products that create pollution and don’t pay fair wages, and green-business incentives for rural economies. [Editor’s note: The current Iran-Iraq events were not part of the discussion because that news had not been reported prior to the meeting.]

In response to a question about the LNG pipeline, Merkley said profits for a foreign company did not meet the goal for eminent domain. He prefers building infrastructure, he said, such as jetties, transportation and electrification, rather than to build more fossil fuel facilities.

He cited increased carbon, early snowmelt affecting salmon and trout streams, and acidity of the ocean, as his reasons.

As to health insurance concerns, Merkley expressed his frustration that this country’s healthcare actually is five healthcare systems rather than a simple, seamless system of “just living here” as the criterion, like most first-world countries.

About partisan divides in Congress – where “nothing is getting done” – Merkley agreed, saying, “You are absolutely right about the intensity of the partisan divide that is magnified by cable news and social media.”

He did cite instances where he has found common goals with Republican senators, such as legalizing hemp growing and maintaining funding allocations for the Civilian Conservation Corps, which were appealing to Senate Majority Leader Mitch McConnell.


Merkley said he intends to introduce legislation in the upcoming federal session to end partisan gerrymandering, overturn Citizens United, ensure transparency in political donations, enhance election security by requiring paper ballots that allow compromised voting machines to have a backup hand count, and a national vote-by-mail modeled after Oregon’s election system.

In a brief interview before the town hall, Merkley responded to the affordable-housing issue in Curry County and the rise


of homelessness. In September, the Senate Appropriations Committee passed the Transportation, Housing and Urban Development Appropriations Committee bill, which includes \$938 million additional over the previous fiscal year to battle homelessness.

“There are communities that hope if they do nothing, (homeless people) will move on to other cities. My role is to try to get more federal resources” for counties, he said.

Start the year off on the right foot



with Muck boots for men.



DEL CUR SUPPLY
14397 Hwy 101 S. Harbor, OR
Monday-Saturday 8-5 (541) 469-5393

Always the Right Tire Always the Right Price Always the Best Warranty

TIRES • BRAKES • ALIGNMENT • OIL CHANGE • REPAIR

GET A GRIP.

Here comes the rain! Are your tires up for it? Come by anytime for a free tire safety check.

COOPERTIRES HANKOOK TYRES TOYO TIRES

Prefer another brand? No problem, we can get it!

point S
TIRE & AUTO SERVICE

CARPENTER
(541) 469-6511 • 934 Chetco Avenue

Curry Community Health

CURRY COMMUNITY HEALTH BROOKINGS
615 5th Street, Brookings, OR 97415
(541) 813.2535

SCHOOL BASED HEALTH CENTER
629 Easy Street, Brookings, OR 97415
(541) 251.7076

CURRY COMMUNITY HEALTH GOLD BEACH
29692 Ellensburg Avenue, Gold Beach, OR 97444
(541) 425.7545

CURRY COMMUNITY HEALTH PORT ORFORD
1403 Oregon Street, Port Orford, OR 97465
(541) 373-8085

CALL TODAY FOR AN APPOINTMENT!

YOUR BUSINESS BEGINS HERE

Print advertising works. Del Norte TriPLICATE: 707-460-6727
Call us to get your business seen. Curry Coastal Pilot: 541-813-1717

January

	Time	Height		Time	Height		
	h	m	ft	h	m	ft	
1	04:19 AM	6.1	186	16	04:04 AM	7.1	216
	10:07 AM	3.4	104		10:16 AM	2.2	67
W	03:20 PM	5.4	165	Th	03:53 PM	5.9	180
	10:03 PM	1.3	40		10:11 PM	1.0	30
2	05:01 AM	6.2	189	17	04:52 AM	7.2	219
	11:16 AM	3.1	94		11:30 AM	1.7	52
Th	04:27 PM	4.9	149	F	05:15 PM	5.3	162
	10:46 PM	1.8	55		11:04 PM	1.8	55
3	05:42 AM	6.3	192	18	05:43 AM	7.4	226
	12:24 PM	2.6	79		07:29 AM	1.2	37
F	05:49 PM	4.6	140	Sa	06:47 PM	5.0	152
	11:32 PM	2.4	73				
4	06:22 AM	6.5	198	19	12:03 AM	2.6	79
	01:25 PM	2.1	64		06:36 AM	7.6	232
Sa	07:15 PM	4.5	137	Su	01:52 PM	0.6	18
					08:15 PM	5.1	155
5	12:23 AM	2.9	88	20	01:09 AM	3.1	94
	07:02 AM	6.8	207		07:29 AM	7.7	235
Su	02:17 PM	1.4	43	M	02:51 PM	0.0	0
	08:31 PM	4.7	143		09:27 PM	5.4	165
6	01:17 AM	3.2	98	21	02:14 AM	3.4	104
	07:41 AM	7.0	213		08:21 AM	7.8	238
M	03:02 PM	0.8	24	Tu	03:43 AM	-0.4	-12
	09:32 PM	5.0	152		10:25 PM	5.7	174
7	02:11 AM	3.5	107	22	03:14 AM	3.5	107
	08:22 AM	7.4	226		09:11 AM	7.8	238
Tu	03:44 PM	0.1	3	W	04:29 PM	-0.7	-21
	10:22 PM	5.4	165		11:12 PM	6.0	183
8	03:02 AM	3.6	110	23	04:07 AM	3.5	107
	09:03 AM	7.7	235		09:58 AM	7.8	238
W	04:24 PM	-0.4	-12	Th	05:11 PM	-0.8	-24
	11:06 PM	5.7	174		11:52 PM	6.1	186
9	03:50 AM	3.6	110	24	04:54 AM	3.3	101
	09:46 AM	8.0	244		10:41 AM	7.7	235
Th	05:05 PM	-0.9	-27	F	05:50 PM	-0.8	-24
	11:47 PM	6.0	183				
10	04:37 AM	3.5	107	25	12:29 AM	6.2	189
	10:30 AM	8.2	250		05:37 AM	3.2	98
F	05:46 PM	-1.3	-40	Sa	11:22 AM	7.6	232
					06:26 PM	-0.6	-18
11	12:28 AM	6.2	189	26	01:04 AM	6.3	192
	05:24 AM	3.3	101		06:19 AM	3.1	94
Sa	11:15 AM	8.3	253	Su	12:01 PM	7.3	223
	06:27 PM	-1.4	-43		07:00 PM	-0.4	-12
12	01:09 AM	6.4	195	27	01:37 AM	6.3	192
	06:13 AM	3.2	98		07:00 AM	3.0	91
Su	12:01 PM	8.2	250	M	12:40 PM	7.0	213
	07:10 PM	-1.3	-40		07:33 PM	0.0	0
13	01:50 AM	6.5	198	28	02:10 AM	6.3	192
	07:05 AM	3.0	91		07:42 AM	2.9	88
M	12:51 PM	7.8	238	Tu	01:20 PM	6.5	198
	07:53 PM	-1.0	-30		08:05 PM	0.4	12
14	02:33 AM	6.7	204	29	02:42 AM	6.3	192
	08:02 AM	2.8	85		08:28 AM	2.8	85
Tu	01:44 PM	7.3	223	W	02:02 PM	6.0	183
	08:37 PM	-0.5	-15		08:37 PM	1.0	30
15	03:17 AM	6.9	210	30	03:15 AM	6.3	192
	09:06 AM	2.5	76		09:18 AM	2.7	82
W	02:44 PM	6.6	201	Th	02:50 PM	5.5	168
	09:22 PM	0.2	6		09:09 PM	1.6	49
16	04:19 AM	6.1	186	31	03:49 AM	6.3	192
	10:07 AM	3.4	104		10:15 AM	2.5	76
W	03:20 PM	5.4	165		03:48 PM	4.9	149
	10:03 PM	1.3	40		09:44 PM	2.2	67

TIDE TABLES BROUGHT TO YOU BY

Suiter's Paint & Body
469-3040

Proudly Serving Curry County Since 1975
229 King St., Brookings
Member: Oregon Auto Body Craftsman Association

Annual Prediction Tide Tables for Brookings, Chetco Cove, (9430104) provided by NOAA @ tidesandcurrents.noaa.gov

St. Tim’s serving up heaps of food, fellowship

Linda Pinkham
Staff Writer

Every Tuesday, lunch is served at St. Timothy’s Episcopal Church in Brookings ... to anyone who wants to eat, whether homeless, hungry or just lonesome.

On this chilly day, when the doors are opened early so guests can come in to warm up, between 60 and 70 people show up at the church, at 401 Fir St.

Many of them are regulars, although several new people come each month. Some of them are on fixed incomes and eat there to stretch their pensions. Many are homeless, some are families, others the “working poor.”

Lunch is served at noon, but already this morning the pans are clattering and large pots are boiling on the stove. The menu will be vegetable beef soup, baked ham, mashed potatoes with gravy, vegetables, toasted and buttered bread, and desserts.

Every week for the past 11 years, Angele Holm, age 69, has been cooking, joined by about half a dozen or more fellow volunteers. She said she’ll be retiring on Jan. 31.

“I started working here in 2009, when they had the free clinic,” she said. “My husband was an RN. He died seven years ago.

“This year has been very challenging for me, because of Ron (Hedenskog) and John (Stover) being gone. They were my partners, but



Angele Holm salts the gravy at St. Timothy’s Episcopal Church in Brookings. Photos by Linda Pinkham.

“They will stay after I’m gone. Eddie is very familiar with the church, the community and this kitchen, and he’ll get some other volunteers in here.”

Klein cooks breakfast on Mondays and lunch on

“St. Tim’s does a lot for the downtrodden,” said Klein.

“It gives me something to do. Keeps me out of bars and houses of ill repute,” he said with a laugh. “We’re family oriented. It’s fun.”

ping Center Ave. in Harbor for those who want to wash their clothing.

Holm was the last owner of Rubio’s restaurant. “I had 20 years of cooking experience in restaurants before moving here. I learned how to delegate, how to push people around. Just kidding.

“Are the potatoes done yet?” Holm asks volunteer Rutt, who’s in charge of the potatoes. “Have you ever made mashed potatoes before?” she asks. “I’m not going to be here soon, so you’re going to have to start thinking for yourself.”

As for why he volunteers, Rutt said, “I’m a practicing Buddhist. I’m exploring that path to understand myself better through helping other people.

“This is my third week,” he said. “I started from no-cook, to doing some cooking.”

“He’s still shaking in his boots,” Holm ribbed.

“He’s worried they’re going to throw the food at him,” said Angel LeMieux, a new volunteer. “Angele (Holm) is changing her phone number as soon as she leaves.”

The work for each Tuesday’s meal begins on Sunday, when Holm decides what to cook and creates the menu. “If I don’t have the menu by Sunday night, I can’t sleep,” she said.

On Monday, she goes shopping. Her food budget comes from the church and donations from the congregation. “I try to keep it as



Eddie Klein bastes the ham while another volunteer, Angel LeMieux, checks the vegetables.

low as possible and use what I have first,” she said.

“It runs about \$30 a week, which is pretty good for serving 60 people. I came from a family with nine children. I know how to save money.”

Holm checks in again on the potatoes, which have had milk and a pound of butter added to them. “Do you think that’s enough for 60 scoops? We can stretch it with some more milk. You can heat the milk in the microwave.”

Then, she tastes the soup. “It’ll be full up to here when it’s done,” she said, pointing to near the top of the 5-gallon pot, “by the time we get

everything added.” She likes to use fresh vegetables and adds plenty of garlic in the winter.

Rose Johnson, who’s 83, writes out what’s on the menu. She usually gets a ride to the soup kitchen with Angele. “When she leaves, I’m going to leave, too,” Johnson said.

Phillip Nelson, who’s been volunteering for eight years, arrives to begin washing dishes. “They’ve got all the pressure. I just do the easy work,” said Nelson

Other volunteers who help out each week include Linda Nelson, dishes; Ursula Greger, server; and Diana Zelmer, baker.



Rose Johnson has the day’s menu done.

they retired last year. It was fun.

“I’ve decided to spend more time with my family. I have four kids, 10 grandchildren and four great-grandchildren, spread out between Cave Junction, Grants Pass and Washington. I’m going to do some traveling and fix my house up.

“I’m training Eddie Klein and Tracy Rutt,” said Holm.

Saturdays, and makes bag lunches on Sundays. He’s now cooking on Tuesdays, as well.

Klein said he’s has been a volunteer at the soup kitchen for eight to 10 years. “I know most of the homeless folks here because, well, I’m homeless. I know Father Bernie and the ‘churchies.’ I know them because I am a member of the church.

“Eddie does everything here,” Holm said, giving him a hug. “He takes care of everyone here.”

In addition to providing meals several days a week, the church opens its show-ers upstairs for people to use every Monday, Wednesday and Friday morning.

Staff also hand out vouchers for The Old Wash House Laundromat at 97900 Shop-

Resolutions

Continued from Page A1

Gomez said.

And being around food had its downside. At one point, Gomez weighed 350 pounds, thanks to a genetic propensity toward obesity. His brother tried to address his extreme weight by having gastric bypass surgery, Gomez said, only to die seven days later from medical complications.

He said gastric bypass surgery and its reduced-diet requirements remains the No. 1 extreme weight-loss strategy, with a 75% success rate. Number 2 is Weight Watchers, followed by Jenny Craig and Keto.

Regardless of which diet individuals try, said Gomez, he suggests three steps: eat only when you’re hungry, eat a balanced diet, and stop when you feel full.

Following those simple guidelines, Gomez said he lost 150 pounds ... and has kept it off for 20 years.

After retiring from Pelican Bay in 2017, he has brought his knowledge to young people, teaching kids how to cook through school district education programs. “The district allowed me to let them cook in

the school, then in their home,” he said.

Through his youth cooking classes, Gomez began working with Sonny Baker, the SNAP Education program coordinator for the Del Norte County Department of Health and Human Services.

Her healthy-living programs, such as Food Smart, are taught by community members like Gomez, people she calls champions of change.

Baker said her programs are part of CalFresh Healthy Living, funded by the U.S. Department of Agriculture, with additional state and county financing.

They’re based on American Dietary Guidelines promoting an overall healthy lifestyle and physical activity.

“One of the local initiatives we’re working with in the community is Champions for Change, (people) who demonstrate that healthy change is possible through their lifestyle changes, who overcome obstacles and struggles, using their stories and testimonies,” Baker said.

“We give people encouragement, motivation and inspiration that lead into changes.”

She said one of the program’s newest workshops is Food Smart, which tailors healthy tips

and dietary guidelines to those who attend. The workshops are taught by 10 “champions” from the community - including Gomez.

“The overall guidelines show anyone can practice lifestyle changes with built-in habits, such as reading labels, using recipes and networking with other community members’ resources.

“It’s about creating a community... Creating a healthy individual, creating a safe space to learn that addresses their needs and struggles. It helps them make the journey to good health because they are empowered.”

Other champions for change involved in the county’s workshops include Alexander Dairy, Rumiano Cheese Co. and the Open Door Community Health Center.

“There are other people like us who are what we call ‘healthy nuts.’ My goal is to be a healthy town,” Gomez said.

He added that while Baker teaches knowledge, he teaches habits.

One habit he’d like to see, especially in youth, is to give up soda pop.

“What happens when you drink soda? Soda has 6 tablespoons of sugar in it. Every tablespoon of sugar kills 14,000 white blood cells.

“When does the flu season start? October. That’s when we eat a lot of sugar,” he said.

“What I’m teaching is not how to lose weight. The five leading diseases don’t start with obesity. It’s heart disease. Then colon and prostate and breast cancer. Then misdiagnoses. Diabetes and then obesity.”

He said the greatest roadblock to weight loss is hormonal imbalance. So, he tailors his diets to the individual’s needs.

“What I teach, in general, is wellness. And once they understand the wellness of their bodies, then I teach hunger patterns.”

Armed with his knowledge of food, Gomez provides specific healthy-living guidelines for whichever diet someone is on, be it Keto, gastric bypass surgery, Weight Watchers, Jenny Craig or others.

Gomez breaks down his healthy lifestyle guidelines to six key points:

1 - Eat only when you’re hungry. You don’t need to eat three square meals a day to sustain a healthy lifestyle or weight-loss program.

2 - Watch your portion size. Your stomach is a “fuel tank,” not a “storage tank.” Eat what

gets burned up by daily activity, not in quantities that require long-term storage.

3 - Hang out with family and friends who also like to be healthy.

4 - Make time for some exercise. A healthy lifestyle is diet and exercise. Consider the benefits of low-impact water aerobics or swimming.

5 - Keep an eye out for club or community programs that can help your lifestyle change, such as Del Norte County’s Food Smarts.

6 - Make time for yourself. Don’t get stuck in a rut at work or home. Let go of the daily grind and give more time for yourself.

“The best way to help yourself to look good on the outside is focusing on how you feel on the inside,” he said. “Focus on helping yourself by saying, ‘I care about what it takes to help myself.’”

For more healthy lifestyle tips from Chef Michael Gomez, go to lovemydiet.org. Find a calendar of county workshops and classes online at <https://delnortecalifornia.org>.



Wild Rivers Coast CLASSIFIEDS

100 SERVICES
500 EMPLOYMENT & INSTRUCTION

600 WHEELS
700 MERCHANDISE

800 FOR RENT
900 REAL ESTATE FOR SALE
999 NOTICES



BARGAIN CORNER
Sell an item for \$99 or less!
FREE AD to subscribers for
2 weeks in both papers and
websites
\$5.00 for non-subscribers
*1 item per ad, 1 ad per
household.



POWER PACKAGE
\$29.95* - Get one full
week, 2 Editions
(merchandise only)
in Wild Rivers
Coast Classifieds
PLUS FREE placement on
both papers' Websites.
NO REFUND for early
cancellation.
*Private Party Ads Only



DEALS ON WHEELS
Advertise for 8 weeks! **\$49.95***
Ad runs 2 editions every week
in Wild Rivers
Coast Classifieds
PLUS FREE placement on
both papers' Websites.
NO REFUND for early
cancellation.
*Private Party Ads Only
*Excludes Boats



**GARAGE SALE
COMBO**
Draw more traffic*
This package includes
up to 6 lines
1 Edition = **\$15**
2 Editions = **\$25**
PLUS FREE placement on
both papers' Websites.
NO REFUND for
early cancellation.
*Private Party Ads Only

**CLASSIFIED
AD IS EASY AND
FAST**

To place an ad call
541-813-1717
707-460-6727
Mon.-Fri. 8:30 a.m.-5 p.m.

To FAX an ad call
541-813-1931
707-460-1948
Anytime

To place an ad online
www.CurryPilot.com
www.Triplicate.com
Anytime

Visit us at:
15957 US Hwy 101., Harbor, OR
501 H. St., Crescent City, CA
Mon.-Fri. 8:30 a.m.-5 p.m.

Specials and certain classifications require payment in advance. Please check your ad on the first day to make sure it is correct. In the case of an error, please notify us by 10 a.m.

We accept responsibility for the first insertion only and will not be liable for any omission. The publishers reserve the right to refuse or edit any advertisement.



150 Misc Services

**Contractor Carpenter
Wayne Baker**
No job too small or big
Licensed in Oregon
CCB#99945
541-661-9062

302 Personals

Looking for a music
teacher to teach me
the saxophone or other
instruments. Mario
Robles 541-813-1327
passexams@earthlink.
net

502 Help Wanted

**Heavy/Light Duty
Mechanic** Commercial
trucks, heavy equip-
ment, farm equipment
vehicles. Works in shop
and on ranches. Full-
time. Wages based on
experience. Alexandre
EcoDairy Farms, 8371
Lower Lake Rd. Cres-
cent City, CA **707-487-
1000** or **Tom Bessette**
**707- 845-1942 office@
alexandrefamilyfarm.
com**

FICTITIOUS BUSINESS NAME STATEMENT

Maitland Janitorial

The following person/s is/are
doing business as:
Maitland Janitorial
640 8th St. #B
Crescent City, CA 95531

This Business is conducted by:
an individual
The registrant commenced to
transact business under the fic-
titious business name or names
listed on: **not applicable**

I declare that all information in
this statement is true and cor-
rect. A registrant who declares
as true any material matter
pursuant to this section that the
registrant knows to be false is
guilty of a misdemeanor pun-
ishable by a fine not to exceed
one thousand dollars (\$1,000).

Signed: **Brittany Maitland**

This statement was filed with
the County Clerk of Del Norte
County on: **1/2/2020**

Alissia D. Northrup
County Clerk-Recorder
B. McCune-Sokoloski, Deputy
File No. 20200001
Publish: 1/7, 1/14, 1/21, 1/28/20
Ad # T270558

FICTITIOUS BUSINESS NAME STATEMENT

Ming Tree Real Estate

The following person/s is/are
doing business as:
Ming Tree Real Estate
1000 Northcrest Dr.
Crescent City, CA 95531

This Business is conducted by:
Co-Partners
The registrant commenced to
transact business under the fic-
titious business name or
names listed on: not applicable

I declare that all information in
this statement is true and
correct. A registrant who
declares as true any material
matter pursuant to this section
that the registrant knows to be
false is guilty of a misdemeanor
punishable by a fine not to
exceed one thousand dollars
(\$1,000).

Signed: **Caitlin Schafer**
Joshua Clemons

This statement was filed with
the County Clerk of Del Norte
County on: **12/26/19**

Alissia D. Northrup
County Clerk-Recorder
Damon Fletcher, Deputy
File No. 20190133
Publish: 12/31, 1/7, 1/14,
1/21/20
Ad # T269752

502 Help Wanted



**The Del Norte Child
Care Council is hiring
for the following
positions:**
Part-Time Parent
Educator
Part-Time Wonder Bus
Driver
Applications and
job descriptions are
available at 212 K
Street. Positions to
remain open until filled

Bookkeeper/
receptionist. Full/PT.
Mail resumes to PO

502 Help Wanted

Box 4124 Brookings.

Del Norte County
Unified School District
is testing for the fol-
lowing: Job Placement
Specialist: Instructional
Assistant: \$14.21 -
\$19.39 hr. Instructional
Assistant Severely
Handicapped: \$15.38
- \$21.89 hr. Behavior
Intervention Assistant:
\$16.66 \$20.99 hr. Stu-
dent Activity Monitor:
Maintenance Util-
ity Specialist: \$16.66
\$20.99 hr. Mechanic:
\$21.49 - \$27.10 hr. Dis-
patcher: \$12.69 \$15.95
hr. Electrician: \$30.59
- \$39.11 hr. Applica-
tions will be accepted

502 Help Wanted

through Ed Join http://
www.edjoin.org Apply
by 1/16/2020 EEO/AA
Employer

604 Recreational Vehicles

2013 Skyline Nomad
21ft. Stove, microwave
refrigerator, lots of stor-
age. Must sell \$11,000.
530-598-7436

608 Motorcycles

2014 Canam Spider RT
(3 wheeler, 2 seater)
brand new, 0.9 miles, 2
helmets \$20k
707-954-4032

616 Trucks

2002 Ford F-350
Dually, Crew cab,
diesel, 56k miles,
arizona beige
\$20K 707-954-4032

2016 Chevy Silverado
"High Country"
package. 30k miles,
new tires, topper.
\$38,000 OBO.
Call: 217-714-8239

618 Domestic Autos

SCHOOL BUS CHEVY
2010 EXPRESS 3500,
98,000 MILES, 5
WINDOW BUS \$8700.
541-813-1821

700 Misc/Trade

Craftsman Air
Compressor, 3.5 hp
25 gal. electric. \$99
541-469-2456

700 Misc/Trade

Crescent City
Lg Dog House, good
condition, \$25.00
707-464-5515

Free clean fill dirt (150
yards). You haul. 16932
Crown Terrace 541-
415-4170

Stowmaster tow
bar, foldable self
adjusting \$125.00 OBO
541-469-0139

700 Misc/Trade

SUMMIT ear popper.
Used once. \$150 new
sell \$99. 541-247-0645

FICTITIOUS BUSINESS NAME STATEMENT

Solar To Roam

The following person/s is/are
doing business as:
Solar To Roam
125 Genevieve Ln.
Crescent City, CA 95531

This Business is conducted by:
an individual

The registrant commenced to
transact business under the fic-
titious business name or names
listed on: **not applicable**

I declare that all information in
this statement is true and cor-
rect. A registrant who declares
as true any material matter
pursuant to this section that the
registrant knows to be false is
guilty of a misdemeanor pun-
ishable by a fine not to exceed
one thousand dollars (\$1,000).

Signed: **Jason Dubois**

This statement was filed with
the County Clerk of Del Norte
County on: **12/5/2019**

Alissia D. Northrup
County Clerk-Recorder
Damon Fletcher, Deputy
File No. 20190124

Publish: 12/17, 12/24, 12/31,
1/7/20

Ad# T268741

NOTICE OF LIEN SALE

Benner Mini Storage 1600 Breen
Street Crescent City, CA 95531

Notice of Lien Sale on the fol-
lowing listed Units:

Household & Misc. Items Unit
No. 055 Deborah Thompson
125 Dakota St. Crescent City,
CA 95531

Household & Misc. Items Unit
No. 071 / 185 Romeo Steele 1135
Aloha Way Arcata, CA 95521

Household & Misc. Items Unit
No. 203 Elijah Bonilla or Alyssa
Collosi 1000 Scenic Creek Dr
#124 Crescent City, CA 95531

Household & Misc. Items Unit
No. 236 Jon or Julie Miller 130
Reynolds Ln Crescent City, CA
95531

Household & Misc. Items Unit
No. 309 Jessica Huston 911
Pacific Avenue #28 Crescent
City, CA 95531

Household & Misc. Items Unit
No. 356 Shawn or Marlene
Jaynes 308 Olive St. Crescent
City, CA 95531

Household & Misc. Items Unit
No. 391 Dequita Scott 346 W
Indra St Crescent City, CA 95531

Household & Misc. Items Unit
No. 409 Denise Flemming 911
Pacific Avenue #43 Crescent
City, CA 95531

Household & Misc. Items Unit
No. 439 Eric Bley P.O. Box 424
Crescent City, CA 95531

Household & Misc. Items Unit
No. 701 Christopher Bell 1110
Oregon Street Crescent City,
CA 95531

Household & Misc. Items Unit
No. 770 Nancy Smith or Bill Cox
P.O. Box 1451 Crescent City,
CA 95531

Household & Misc. Items Unit
No. 912 William Ortega 1541
El Monte Road Crescent City,
CA 95531

Household & Misc. Items Unit
No. 1159 Mark Anvik P.O. Box
665 Crescent City, CA 95531

Lien sale will be held:
Date: **January 11, 2020**
Time: **9:30 AM**
Location: **Benner Mini Storage**
1600 Breen Street Crescent
City, CA 95531
Publish 12/31/19, 1/7/20
T269751

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR CURRY COUNTY

In the Matter of the Estate
of
GARELL DEAN HAY,
Deceased.

Case No. 19PB08950

NOTICE TO INTERESTED PERSONS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed and has
qualified as the personal representative of the above entitled estate. All persons having claims
against the estate are hereby required to present their claims, with proper vouchers attached,
to the undersigned personal representative at the personal representative's attorney, JOHN
C. BABIN, BabinLaw, P.C., P O Box 1600, Brookings, OR 97415, within four months after
the date of first publication of this notice, or the claims may be barred.

All persons whose rights may be affected by the proceedings in this estate may obtain
additional information from the records of the court, the personal representative, or the
attorney for the personal representative.

Dated and first published 1/7, 2020.

KIMBERLY PUGH
Personal Representative

By: John C. Babin, OSB #800114
Attorney for Personal Representative
BabinLaw, P.C.
P O Box 1600
Brookings, OR 97514
Phone: (541) 469-5331
Fax: (541) 469-9865
e-mail: info@brookingslawoffice.com

Publish Jan 7, 14, 21, 2020
Ad# P270879

FICTITIOUS BUSINESS NAME STATEMENT

Northcrest Storage

The following person/s is/are
doing business as:
Northcrest Storage
1880 Northcrest Dr.
Crescent City, CA 95531

This Business is conducted by:
married couple

The registrant commenced to
transact business under the fic-
titious business name or names
listed on: **12/05/05**

I declare that all information in
this statement is true and cor-
rect. A registrant who declares
as true any material matter
pursuant to this section that the
registrant knows to be false is
guilty of a misdemeanor pun-
ishable by a fine not to exceed
one thousand dollars (\$1,000).

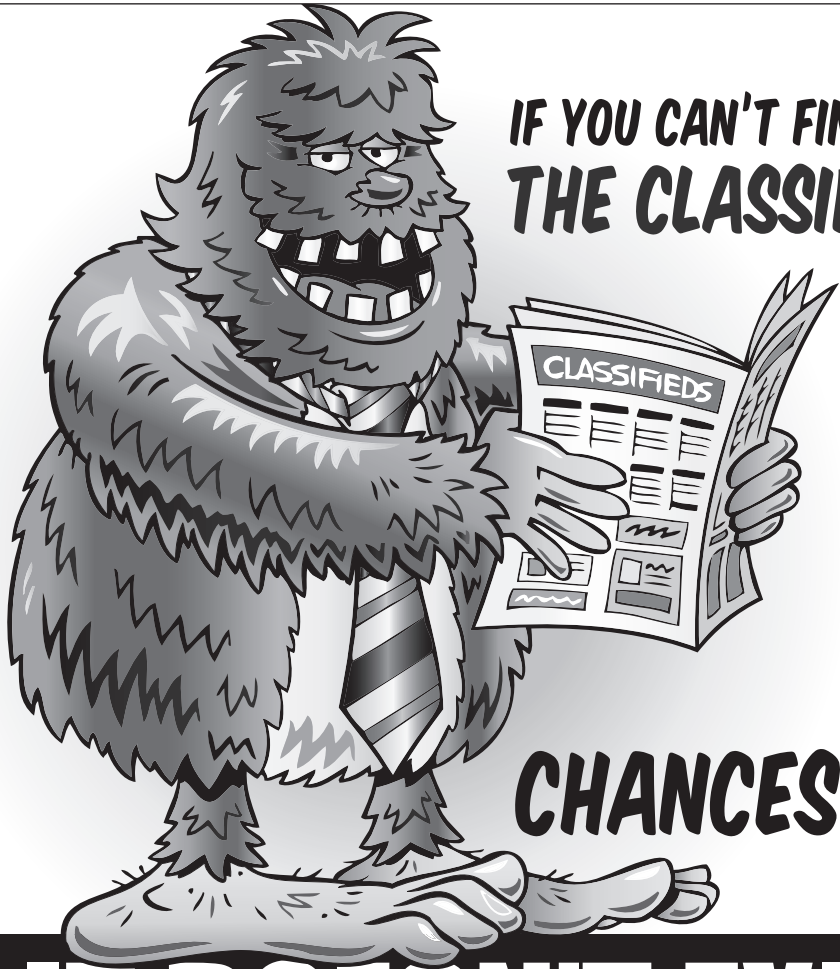
Signed: **Karl M. Evanow**
Bobbi Evanow

This statement was filed with
the County Clerk of Del Norte
County on: **12/11/2019**

Alissia D. Northrup
County Clerk-Recorder
B. McCune-Sokoloski, Deputy
File No. 20190125

Publish: 12/17, 12/24, 12/31,
1/7/20

Ad# T268732



IF YOU CAN'T FIND IT IN
THE CLASSIFIEDS,...

CHANCES ARE...

IT DOESN'T EXIST.

CALENDAR

Tuesday, January 7, 2020

A9

CURRY COUNTY January 7

SWOCC & Beyond Speaker Series
Chris Eberhardt will speak on “The Power of Perception,” 6 p.m., at the Krieger Community Room, Curry campus, 96082 Lone Ranch Parkway, Brookings. For additional information call 541-813-1667.

Chetco Activity Center
•Mah Jong - at 9:30 a.m.
•Beginning Ukulele, from 1 to 2 p.m. D.R.
•Games at 12:30 in the lounge.
•Yoga Fit at 5 p.m.
•Chetco Stamp Collectors - meets at 1 p.m. Free appraisals.
•Tri City Bridge Club - meets from 1:30 to 4:30 p.m.
•Menu - Honey glazed chicken thigh, turmeric rice, Oregon bean harvest blend, jell-O.

The Charles Lindard Memorial VFW Post 966
will meet at 6 p.m. at 507 Pacific Avenue (corner of Pioneer/Pacific). For questions please call 541-412-7214.

Azalea Quilters Guild
meets at 4 p.m., Board Meeting, at Driftwood Inn Estates, 16063 Driftwood Ln, Brookings.

January 8

Chetco Activity Center
•Tai Chi from 9 to 10:30 a.m.
•Walk with Ease at 10:30 a.m.
•Azalea Park (no walk if rain).
•Pinochle at 12:30 p.m. in lounge.
•Yoga at 3:30 p.m. in Room B.
Menu: Roast beef, mashed potatoes, green beans, guardians cake & ice cream.

January 9

SWOCC & Beyond Lecture Series
Understanding Complimentary Medicine, Part 1, will be held at 4:30 p.m. in Room 109, Curry campus, 96082 Lone Ranch Parkway, Brookings. For additional information call 541-813-1667 or see us at facebook.com/currycampus.

Chetco Activity Center
•Tri City Bridge Club meets from 11 a.m. to 4:30 p.m.
•Mah Jong at 12:30 p.m. in the lounge.
•Board of Directors monthly meeting at 1 p.m.
•Yoga Fit meets at 5 p.m.
Menu: Texas style chill, corn bread, Baja vegetable blend, butterscotch pudding.

January 10

Chetco Activity Center
•Popcorn in the dining room
•Tai Chi at 9 and 10:30 a.m.
•Walk with Ease at 10:30 a.m.
•Azalea Park (no walking if rain).
•BINGO at noon in the dining room.
•Rummy at 12:30 p.m. in the lounge.
•Tai Chi at 1 p.m. in room B.
Menu: Lemon baked fish, baked potatoes, Malibu vegetable blend, assorted desserts.

January 11

The Talbott Brothers
The Pistol River Concert Association is pleased to announce the appearance of The Talbott Brothers at 8 pm, at the Pistol River Friendship Hall, 24242 Carpentryville Rd., Pistol River. Tickets are \$20 and available at Wright’s Custom Framing in Brookings and at Gold Beach Books in Gold Beach. Tickets may also be reserved on-line at [HYPERLINK “http://www.pistolriver.com/”](http://www.pistolriver.com/) www.pistolriver.com.

Dress A Girl Around the World
will be held at Trinity Lutheran Church, 1200 Easy

St. in Brookings, on Jan. 11 from 10 a.m. to 2 p.m.

The Brookings/Harbor Progressives’ Second Saturday Brunch
will be a no-host gathering on Jan. 11, 11 a.m., at Blue Water Cafe & Lounge in Harbor, 97900 Shopping Center Ave., Ste. 24, Harbor. Great food and conversation with local progressives. Newcomers welcome. Call 541-254-0936 for more info.

Winter Warmer Art Events
Brian Scott Gallery is hosting its first, in a series of three, Winter Warmer Art Events from 4 to 6 p.m. on Saturday, Jan. 11. The featured artist will be Horst Wolf, painter, sculptor, musician, author (45 poetry/cartoon books to date) and businessman. Wolf will entertain guests with stories, history and anecdotes from his life and career as an engineer-turned-artist and fill us in on his passions in his art adventures going forward.

January 14

Mountain Drive Special Road District meeting
will be held at 9 a.m. at 98356 Thomas Lane.

SWOCC & Beyond Lecture Series
Breath Deep and Be Calm with speaker Tara Devi, will be held at 6 p.m. in the Krieger Community Room on the Curry Campus, Lone Ranch Parkway, Brookings. For additional information call 541-813-1667 or see us at facebook.com/currycampus.

DEL NORTE COUNTY January 7

Lighthouse Quilt Guild
Open sewing from 10 a.m. to 4 p.m. (as well as the

apprentice program from 10 a.m. noon) - For more info call Karen at 707-218-6333.

Pregnancy Care Center
offers free pregnancy test from 10 a.m. to 3 p.m. Walk-ins welcome, 110 W Washington Blvd. Call 707-464-3233.

Del Norte High School’s 8th Grade Parent Night
will meet from 5:30 to 7:30 p.m. in the Multipurpose Room at DNHS. All students must be accompanied by an adult. For more information call the DNHS counseling office at 707-464-0293.

Del Norte Senior Center
•7 Percussion party from 9:30 to 10:30 a.m.
•Cards at 12:30 p.m.
•Crochet & Knitting from 2 to 4 p.m.
Menu: 7 Pasta Primavera, carrots, romaine salad with cucumbers,

January 8

Pregnancy Care Center
offers free pregnancy test from 10 a.m. 3 to 3 p.m. Walk-ins welcome, 110 W Washington Blvd. Call 707-464-3233.

Del Norte Senior Center
•8 yoga at 8:30 a.m.
•Chair exercise from 10 to 11 a.m.
•BINGO at 1 p.m.
•Cards at 12:30 p.m.
Menu: Oven baked chicken, sweet potatoes, sautéed cabbage and WW bread.

The Sunrise Garden
Club will meet Jan. 8 at noon at the Harbor Art Gallery for lunch. The business meeting will include planning for 2020 programs and election of officers. Bring program ideas and a garden related item for the raffle. For more information phone 457-3920.

January 9

Del Norte Senior

Center
•9 Bake sale at 11 a.m.
•Boon Dock Band from 10 a.m. to 11 a.m.
•Craft and coloring from 1 to 2:30 p.m.
Menu: Pulled pork sandwich on WW bun, homemade tomato soup, apple poppy seed coleslaw and orange.

The Lighthouse Quilt Guild
meets every Thursday from 10 a.m. to noon sewing on Veteran’s quilts. For info go to www.lighthousequiltguild.com.

Pregnancy Care Center
offers free pregnancy tests from 10 a.m. to 3 p.m. at 110 W. Washington Blvd. Walk-ins welcome. Call 707-464-3233.

TOPS
DN Quilt Guild, 201 Del Norte, meets from 8 to 10 a.m. Weigh in from 8-8:45 a.m., meeting from 9 to 10 a.m.

PTSD Meetings
Every Thursday at 2 p.m. at the Veterans Building located at 810 H Street in Crescent City. Contact Jerry Johnson for info 707-457-3366.

Ladies Christian Fellowship
will be conducting its monthly luncheon meeting on Thursday, Jan. 9, 10:30 a.m. at St Paul’s Trinity Center, 220 E. Make Ave. in Crescent City. The luncheon will be catered by Lesina Family Catering, the cost is \$15. Speaker of the day will be Pastor Jim Schultz speaking on Right to Life, and the 47th anniversary of Roe V. Wade Supreme Court decision. This is an informative, educational message. Pastor Schultz pastors Lighthouse Assembly of God in Brookings. All ladies are welcome to this non-denominational Christian fellowship. For information contact Liz at 707-464-3539 or Bonnie at 707-482-3705.

January 10

Del Norte Senior

Center
•10 Yoga at 8:30 p.m.
•Chair exercise from 10 to 11 a.m.
•Cards at 10:30 p.m.
Menu: Swiss steak, mashed potatoes, Brussel sprouts with garlic, WW bread and applesauce.

Spaghetti Dinner Fundraiser
for Elect Darrin Short for Supervisor on Saturday, Jan. 10 from 5 to 7 p.m. at Ocean View Inn, 270 US-101 in Crescent City. For more info go to <https://www.facebook.com/darrin-short4supervisor>

January 11

A campaign kickoff for Jim Ramsey, Candidate for District 2 Supervisor, will be held from 3 to 5 p.m., Jan. 11, 175 H St. in Crescent City.

January 15

Del Norte Republican Party Central Committee Business Meeting
will be held on Jan. 15, 6 p.m., at 290 I St. in Crescent City. The monthly meeting is open to all Republicans. For more information, call 707-464-6966, go to our facebook page or website: www.delnorterepublicans.org

Announcements

Due to new construction, St. Vincent de Paul in Crescent City will not be taking donations Jan. 7 through Jan. 21. The store will still be open as usual for your shopping convenience. Thank you.

Dial A Ride
Monday through Friday, 8 a.m. to 5:30 p.m. and Saturday 9 a.m. to 4 p.m. in Curry County.

South Coast Humane Thrift Store
Watch for color of the week discounts, Monday through Saturday 10 a.m. to 5 p.m., 16094 US 101 in Brookings.

South Coast Humane Society Animal Shelter
Open everyday, 541-412-0325, 828 Railroad Ave.

WILD RIVERS COAST 5-DAY FORECAST

TODAY	TONIGHT	WED	THU	FRI	SAT
Cloudy with afternoon rain	Times of rain	Spotty showers	Periods of rain	Cloudy and chilly; afternoon rain	Chilly with rain
Brookings 50	41	48 40	51 39	50 41	47 39
Comfort Index™ 0	0	1	1	0	0
Crescent City 53	42	50 41	52 39	52 41	49 39
Comfort Index™ 0	0	0	0	0	0

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC		
Statistics through Sunday		
TEMPERATURES		
Sunday	Brookings	Crescent City
High	50	54
Low	42	42
Normal high/low	54/40	54/39
Record high	68 in 2014	69 in 2014
Record low	30 in 1949	26 in 1949
Saturday	Brookings	Crescent City
High	52	52
Low	40	42
Normal high/low	54/40	54/39
Record high	69 in 1984	67 in 1984
Record low	30 in 2009	29 in 1997
PRECIPITATION		
	Last 24 hours	Season to date
Brookings	0.41"	23.50"
Crescent City	0.28"	17.28"
Eureka	0.07"	12.08"
Gasquet	0.49"	18.91"
Grants Pass	0.04"	5.67"
Medford	0.03"	3.93"
North Bend	0.60"	15.42"
Redding	0.00"	9.74"
Ukiah	Trace	7.29"

SUN & MOON		
	Today	Wed. Thu.
Sunrise	7:45 a.m.	7:45 a.m. 7:45 a.m.
Sunset	5:01 p.m.	5:02 p.m. 5:03 p.m.
Moonrise	2:34 p.m.	3:17 p.m. 4:10 p.m.
Moonset	4:37 a.m.	5:43 a.m. 6:47 a.m.
Full New First		
Jan 10	Jan 17	Jan 24 Feb 1

Forecasts and graphics provided by AccuWeather, Inc. ©2020

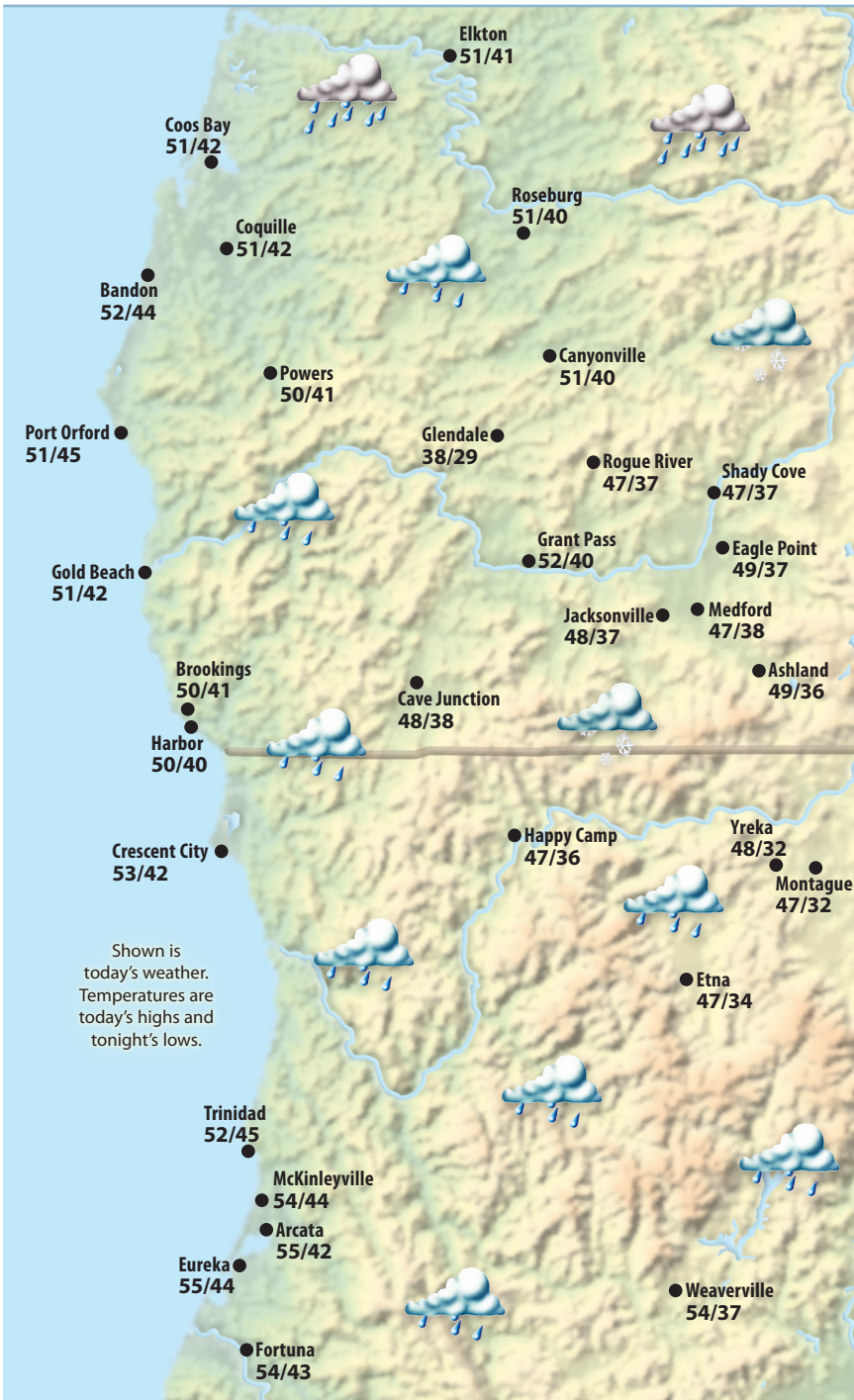
RIVER LEVELS		
	24 hour Change	Flood Stage
Chetco (Brookings)	2.19	+0.63
Klamath (Klamath)	10.46	+0.17
Rogue (Agness)	3.89	+0.07
Smith (Jed. Smith)	7.76	+0.16
Smith (Dr. Fine Br.)	14.27	+0.34

MARINE FORECAST		
Brookings		
Today:	Wind south 12-25 knots today. Seas 10-14 feet. Visibility under 3 miles in rain. Wind west 7-14 knots tonight. Seas 8-12 feet. Rain.	
Tomorrow:	Wind west 7-14 knots tomorrow. Seas 8-12 feet. A few showers. Wind southwest 10-20 knots tomorrow night. Seas 6-10 feet. Rain.	
Crescent City		
Today:	Wind south 10-20 knots today. Seas 8-12 feet. Visibility under 3 miles in rain. Wind northwest 8-16 knots tonight. Seas 8-12 feet. Rain.	
Tomorrow:	Wind northwest 7-14 knots tomorrow. Seas 8-12 feet. A shower. Wind southwest 10-20 knots tomorrow night. Seas 6-10 feet. Rain.	

TIDES		
	High	Low
Brookings	a.m. p.m.	a.m. p.m.
Today	8:22 10:22	2:11 3:44
Wednesday	9:03 11:06	3:02 4:24
Thursday	9:46 11:47	3:50 5:05
Friday	10:30 ---	4:37 5:46
Crescent City	a.m. p.m.	a.m. p.m.
Today	8:21 10:21	2:07 3:40
Wednesday	9:02 11:05	2:58 4:20
Thursday	9:45 11:46	3:46 5:01
Friday	10:29 ---	4:33 5:42

REGIONAL FORECAST		
Brookings:	Cloudy today with rain in the afternoon. Times of rain tonight.	
Crescent City:	Mostly cloudy today; afternoon rain, breezy. Periods of rain tonight.	
Gasquet:	Cloudy today with periods of rain during the afternoon. Periods of rain tonight.	
Gold Beach:	Cloudy today with rain during the afternoon. Periods of rain tonight.	
Klamath:	Cloudy today with afternoon rain. Periods of rain tonight.	
Port Orford:	Rain tonight; breezy in the afternoon. Periods of rain tonight.	
Smith River:	Mostly cloudy today with rain during the afternoon. Occasional rain tonight.	

REGIONAL CITIES		
City	Today	Wed. Thu.
Astoria	52 41 r	46 39 sh
Bend	46 31 c	38 28 sn
Boise	49 34 pc	44 30 sn
Burns	42 29 c	37 24 sn
Corvallis	50 39 r	45 37 sh
Elgin	42 34 c	38 29 sh
Eugene	51 40 r	46 39 sh
Hermiston	51 42 c	47 36 c
Hood River	51 40 r	44 37 r
Imnaha	46 32 c	39 27 sf
John Day	49 34 c	37 28 sn
Joseph	41 29 pc	35 24 sn
Kennewick	46 43 c	50 39 pc
Medford	47 38 r	44 35 sh
Oakland	50 41 r	45 39 sh
Olympia	50 37 r	44 37 sh
Portland	52 41 r	46 40 sh
Salem	51 40 r	46 39 sh
Santa Rosa	55 39 c	57 38 pc
Smith River	49 40 r	47 40 sh
Ukiah	53 40 c	52 37 c
Walla Walla	50 38 c	44 35 c



Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, f-ice

Classifieds Section

.....

Where Your Home Search Comes Full Circle



Selling Your Home?
Renting Your Home?

Advertise Your Listing
or Open House in BOTH
Curry Coastal Pilot and
Del Norte Triplicate!

**Call or go online
today for details and
to place your ad.**

**Wild Rivers Coast
Classifieds**

- Real Estate Section
- | Search Homes for Sale or Rent
 - | Find Open Homes
 - | Locate a Realtor
 - | Browse New Home Communities



Del Norte
TRIPLICATE
(707) 460-6727



CURRY COASTAL
PILOT
(541) 813-1717