

# Chetco Activity Center

Invites you to Join Us this week  
for a Delicious, Nutritious Hot Lunch  
550 Chetco Lane, Brookings 541-469-6822

**MENU SUBJECT  
TO CHANGE  
WITHOUT NOTICE**

**MEALS INCLUDE:  
DRINKS: COFFEE, TEA (HOT OR COLD)  
MILK, WATER**

**MEALS COST \$10.00  
TO PREPARE  
IF YOU ARE OVER 60  
PLEASE DONATE  
WHAT YOU CAN**

**SALADS SERVED: 11:15  
MAIN COURSE: 11:30**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHICKEN ALFREDO PASTA VEGETABLE BLEND	2 FISH & CHIPS ROASTED VEGETABLES	3 HOT DOGS BUN SWEET POTATO FRIES SAUERKRAUT
6 BUTTERNUT SQUASH RAVIOLI GARLIC BREAD CHEF'S BLEND	7 CORNED BEEF TACO RICE BEANS	8 MEATLOAF BAKED POTATO PEAS & CARROTS	9 TUNA ON A BUN LETTUCE, TOMATO, ONION, PICKLE MACRONI SALAD BEAN SALAD	10 CHICKEN CORDON BLEU MASHED SWEET POTATOES GRILLED VEGGIES
13 CHEF'S SALAD CRACKERS FRUIT	14 CHICKEN TACOS RICE BEANS	15 OVEN FRIED CHICKEN BAKED BEANS GRILLED VEGETABLES	16 GRILLED FISH MAC 'CHEESE BROCCOLI	17 PIZZA BURGER ROASTED POTATOES ITALIAN BLEND
20 VEGETARIAN SPAGHETTI BREADSTICKS CORN	21 BREAKFAST TACOS SAUSAGE SWEET RICE FRUIT	22 BBQ PORK RIBS SCALLOP POTATOES CHEF'S BLEND	23 LEMON BAKED FISH BAKED POTATO GRILLED VEGETABLES	24 HOT BEEF SANDWICH MASHED POTATOES PEAS & CARROTS
27 FRITTATA SPINACH, CHEESE MUSHROOMS ENGLISH MUFFIN CINNAMON APPLES	28 TACO SALAD BEANS CORN	29 SPAGHETTI MEATBALLS GARLIC BREAD BROCCOLI	30 TUNA MELT BAKED BEANS GRILLED VEGETABLES	31 TURKEY STUFFING, GRAVY MASHED POTATOES GREEN BEANS

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