

FREE WEBINAR ON MENTAL HEALTH IN OLDER ADULTS



FRIDAY, AUGUST 26

Prestige Senior Living Five Rivers
3500 12th St. · Tillamook, OR 97141
(503) 842-0918 · www.PrestigeCare.com

Here at **Prestige Senior Living Five Rivers**, we seek to engage our residents in activities that bring joy and fulfillment. Through our wellness program Celebrations, we place an emphasis on caring for the mental health of our residents as much as we do their physical health.

If you're caring for an aging loved one at home, we understand the concerns you might have about their mental health.

Join us on **Friday, August 26 at 10 am** Pacific time for a free webinar with **Laura Vaillancourt, a Licensed Mental Health Counselor and Geriatric Mental Health Specialist** as she offers tips and advice on how to understand your loved one's struggles and best support them.

Sign up for the free webinar at **PrestigeCanHelp.com**.
For more about our Celebrations program, contact our team at **(503) 842-0918**.



Managed by
Prestige Senior Living, L.L.C.