

Chetco Activity Center

Invites you to Join Us this week
for a Delicious, Nutritious Hot Lunch

550 Chetco Lane, Brookings 541-469-6822

Mon

Tue

Wed

Thu

Fri

1

2

3

Lunch served **11:15 - 12:30**
Mon - Fri. **Menu may change**
without notice. Meals cost \$10
to prepare - Donations requested.

UNTIDY JOSEPH'S
PARSLEY
POTATOES
CORN

DIJON FISH
RICE PILAF
SPINACH

CHICKEN
VEGETARIAN
LASAGNA
GARLIC BREAD
BEETS

6

7

8

9

10

SMOKED PORK RIBS
AU GRATIN POTAT.
GRILLED VEG

TACO TUESDAY
CHICKEN TACOS
RICE
BLACK BEANS

SPAGHETTI WITH
MEAT SAUCE
BREADSTICKS
ITAL. GR BEANS

PARM BAKED FISH
MASHED POTATOES
CHEF'S BLEND

BEEF STOGNOFF
NOODLES
CARROTS

13

14

15

16

17

CHEESE STUFFED
SHELLS
MARINARA SAUCE
GARLIC BREAD

GROUND BEEF
TACOS
RICE
BLACK BEANS

BBQ PORK RIBS
GARLIC MASHED
POTATOES
CARROTS

HAWAIIAN
BAKED FISH
BAKED BEANS
ASIAN BLEND

CHICKEN CORDON
BLEU
RICE PILAF
CHEF'S BLEND

20

21

22

23

24

WILD MUSHROOM
RAVIOLI W/BASIL
PESTO SAUCE
BREADSTICKS
SPINACH

BREAKFAST TACO
RICE
BEANS

ROAST BEEF
MASHED
POTATOES
BEETS

SALMON PATTY
ON A BUN WITH
LETTUCE, TOMMATO,
ONION, CORN

TURKEY
STUFFING, MASHED
POTATOES, GRAVY,
YAMS

27

28

29

30

KIELBASA
SAUERKRAUT
MAC 'N CHEESE
PEAS

TURKEY TACOS
RICE
BEANS

MEATLOAF
BAKED
POTATOES,
CHEF'S BLEND

TUNA CASSEROLE
BISCUIT
PEAS & CARROTS

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