

# Chetco Activity Center

Invites you to Join Us this week  
for a Delicious, Nutritious Hot Lunch

550 Chetco Lane, Brookings 541-469-6822

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
GROUND BEEF STROGANOFF WHEAT ROLL PEAS & CARROTS	CHEESE STUFFED SHELLS W/ MARINARA BREAD STICKS ZUCCHINI	CHICKEN ALF. FETTUCCHINE GLAZED CARROTS BRUSSEL SPROUTS	HERB BAKED FISH SWEET POTATO FRIES PEAS	CABBAGE ROLL CASSEROLE W/BEEF RICE CORN
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
CHICK. POT PIE ROASTED TOMATOES ASPARAGUS	VEGETARIAN CHILI GRILLED CHEESE SANDWICH	MEATLOAF CHEESY MASHED POTATOES CHEFS BLEND	FISH TACO RICE BAJA CORN	CHICKEN CORDON BLEU YAMS BROCCOLI
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
MUSH. CHEESE & SPINICH FRITATA ENGLISH MUFFIN FRUIT	BEEF TIPS AND NOODLES CORN BREAD GREEN BEANS	BBQ PORK RIBS BAKED BEANS PEAS & CARROTS	SAMON PATTY MAC 'N CHEESE CHEF'S CHOICE	TERIYAKI CHICKEN BREAST TURMERIC RICE ASIAN BLEND
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
BUTERNUT SQUASH RAVIOLI ITALIAN GREEN BEANS CARROTS	KIELBASA AND SAUERKRAUT CHEESY MASHED POTATOES PEAS	SPAGHETTI WITH MEATBALLS GARLIC BREAD CHEF'S BLEND	TUNA SANDWICH ON W. WHEAT BREAD BROCCOLI CHEDDAR CHEESE SOUP	TURKEY STUFFING MASHED POTATOES GRAVY YAMS

Lunch served **11:15 - 12:30** Mon - Fri.

**Menu is subject to change without notice.**

Meals include **Drinks, Salad, and Dessert.**

**Meals Cost \$10 to prepare - Donations requested.**

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**Sea View Senior Living** | 541.469.4500  
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