

Sept. 28 - Oct. 4, 2022  
**ALWAYS FREE**

# COLORADO SPRINGS **LINDY**

**FREE LUNCH**

A FIGHT TO KEEP KIDS FED /// 7

**VEGAN VENTURE**

PLANT-BASED DINER HITS THE MARK /// 18



Dishing on Colorado Springs' food and drink scene – a five-part podcast that unpacks it all

**BY MATTHEW SCHNIPER**

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