

# WINTER SPORTS 2019–2020



*Berlin and Gorham glide into  
a new winter sports season*

**The Berlin Sun**

# Winter sports begin

Once again the local winter sports' teams' coaches went above and beyond the call of duty to provide me with valuable and compendious information as well as pictures relating to their specific teams. I am truly grateful for them taking the time to do that.

As a reminder, schedules will be included in the supplement and scores, and updates on results of the games will be in Steve's Sports' Shorts.

All that information can also be accessed on the New Hampshire Interscholastic Athletic Association website at [nhiaa.org/sports/winter](http://nhiaa.org/sports/winter).

As always, you are invited to send your sports news to me at [steenm6@aol.com](mailto:steenm6@aol.com).

The 2019-20 winter season features pretty close to 130 regular season games/meets between now and post-season play in late February. Enjoy!

— Steve Enman

## Cover photo

Berlin High School Nordic ski team Cora Treiss will focus on cross-country ski racing. Berlin High School will have a Nordic team again for the first time in many years. See story, page 4. (RICK TREISS PHOTO)



The 2019 Berlin High School Unified Basketball Team (front row, from left) Anna Salek, Candice Howry, Autumn Johnson, Maddy Letarte, Aylssa Delafontaine, (back row) Assistant Coach Jerry Healy, Roger Belanger, Felix Frechette, Kolbe Delafontaine, Ross Belanger, Chris Trask, Dylan Bisson and Randy Belanger. Also on the team are Emilie Roy, Emilie Morris, Lee Ann Tremblay. (COURTESY PHOTO)

## Unified basketball anticipates successful season

By STEVE ENMAN  
THE BERLIN DAILY SUN

BERLIN — Veteran Coach Karen Turgeon returns and is looking forward to another exciting and successful season of Berlin High School Unified Basketball. For those not familiar with the New Hampshire Interscholastic Athletic Association's unified program, it consists of students with special needs along with "partners" who assist them on the court.

As Karen told me, "It was nine years ago that the New Hampshire Interscholastic Athletic Association and the New Hampshire Special Olympics got together and established the Unified Sports Program, which consisted of soccer, basketball, volleyball and track and field."

In the basketball program, there are three Special Olympic athletes and two typical peers (partners) on the court at the same time. Those three athletes can score baskets, while the partners can

help out in any way they can on the court, but they are not allowed to shoot baskets.

Turgeon said, "The partners not only help out the athletes on the court but also they are so very valuable in the locker room, on the bus and other places as they are great role models for the Special Olympic athletes."

"Berlin got into the program eight years ago with six Special Olympic athletes and four peers, now they have 10 athletes and six peers," she said.

The program has been extremely successful, in fulfilling the purpose of fair play and opportunities for all, but also in terms of wins and losses, as they have advanced to the finals a number of years in a row.

Great coaching, excellent partners and a fantastic group of Special Olympic athletes to go along with tremendous support from the school and the community at large has created that success.

### Berlin unified basketball schedule

- Jan. 13 White Mountains at 1 p.m.
- Jan. 22 at Belmont at 1 p.m.
- Jan. 27 at Newfound at 4 p.m.
- Feb. 03 at White Mountains at 4 p.m.
- Feb. 05 at Nashua South at 3:30 p.m.
- Feb. 10 Belmont at 4 p.m.
- Feb. 12 at Dover at 3:30 p.m.
- Feb. 17 at Gilford at 4 p.m.

For 2019-20, Turgeon has a strong group of returning, experienced players including Roger and Randy Belanger, Chris Trask, Kolbe Delafontaine, Felix

see UNIFIED BASKETBALL page 4



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The 2019 Berlin High School Boy's Basketball Team (front row, from left) Jarred Hoite, Dave McGloughlin, Jacob Mercier, Victor Morales, Bryce True, (back row) Assistant Coach Nick Fodor, Kameron Huntoon, Matthew Landry, Kevin Murphy, Jalen Lacasse, Jeremyah Dow, Greg Brown, Shaun Goyette and Head Coach Jared Lauze. (STEVE ENMAN PHOTO)

# Berlin boys' basketball team sees rebuilding year

By STEVE ENMAN  
THE BERLIN DAILY SUN

BERLIN — For Berlin High School's boys' basketball team and coaching staff, the 2019-20 season looks to be an almost total rebuilding year, with only three returning players with any varsity experience and, other than senior Jalen Lacasse, that experience is limited.

Coach Jared Lauze, who is working with assistant and junior varsity coach and former Berlin High basketball standout Nick Fodor, said the lack of Division III varsity experience this season will be a challenge for sure.

Lauze said, "Since we really have no standout

areas of strength, we will need to focus on the basic fundamentals, doing the little things and working to improve our basketball IQ, which means we will need to play smarter than our opponents to obtain success."

Lacasse, a lean, lanky lefty, is, as Lauze said, "most experienced player and most talented shooter, who can certainly knock down some shots, so we will need to create scoring opportunities for him."

Another senior, Matt Landry, Lauze described as a "very smart player with lots of hustle, who is considered the 'glue guy,' who sets standards with his work ethic, which results in improved play each day."

Senior Greg Brown is a newcomer to basketball

but his athleticism, quickness and strength, along with the fact that he is working hard on his game and learning the game daily, will be a plus for the team as the season progresses.

Also on the team is junior Shaun Goyette, who Lauze said is athletic, a quick defender and slasher to the basket. And once his confidence in his game improves with experience, his play will be a factor in the team's success.

Also playing a huge factor in that success will be sophomore Jacob Mercier, who as Lauze said, "is new to the varsity but with his strength and work

see **BERLIN BOYS BASKETBALL** page 5



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# Nordic skiing returns to Berlin High School



Cora Treiss is the sole member of the Berlin High School Nordic ski team. (AMY WILSON PHOTO)

By STEVE ENMAN  
THE BERLIN DAILY SUN

BERLIN — Berlin High School will bring back Nordic skiing, a sport that was very popular back in the day (including during my high school years of 1963-67).

It eventually was dropped, then reintroduced again 20 or so years ago, and for the past number of years has not been part of Berlin's winter sports programs.

Rick Treiss will be the coach of this 'club sport', which normally consists of jumping, biathlon, and cross-country ski racing.

The team currently has only one athlete, Rick's daughter Cora Treiss, who will concentrate on cross-country ski racing.

Cora is a student at Berlin High School (and ran for the fall cross-country team) but will race as an independent athlete, training with the Kennett High School team in Conway, and competing with

them in eight meets.

According to Rick, Cora has quite a background in cross-country ski racing, "having graduated from the Great Glen Trails Bill Koch Program, participated in those program races and trained under former Olympian Sue Wemyss (who heads the ski school at Great Glen Trails)."

Coach Treiss sees this season as the "proof of concept phase for the club," adding, "My modest goal is to successfully represent Berlin High School at meets around the state, and hopefully inspire other athletes to take up Nordic skiing."

Best wishes for much success in this new venture!

## Berlin Nordic skiing schedule

Coed varsity teams, times to be announced

Friday, Jan. 3: Gilford High School (at Gunstock Nordic Center).

Tuesday, Jan. 7: Lebanon High School (at Green Woodlands).

Wednesday, Jan. 15: Kennett High School (at Great Glen Trails).

Wednesday, Jan. 22: Gilford High School (at Gunstock Nordic Center).

Wednesday, Jan. 29: Kennett High School (at Whitaker Woods).

Saturday, Feb. 1: Gilford High School (NHNCA Event No. 1 at Gunstock).

Tuesday, Feb. 4: Kearsarge Regional High School (at Proctor Academy).

Wednesday, Feb. 19: Kennett High School (at Jackson Ski Touring).

Saturday, Feb. 22: White Mountains Regional High School (NHNCA Event No. 2 at White Mountains Regional High School).

Wednesday, Feb. 26: Hanover High School (at Hanover Ski Center).

Wednesday, March 4: Kennett High School (at Great Glen Trails - Division II State Championships).

Tuesday, March 10: Dublin School (at Dublin Cross-Country Track — Meet of Champions).





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## UNIFIED BASKETBALL from page 2

Frechette, Autumn Johnson, Candice Howry and Adam Eaftrat, plus new players Ross Belanger (younger brother of Roger and Randy) and Lee Ann Tremblay.

The partners for this year's team are Dylan Bisson, Emile Roy, Alyssa Delafontaine, Emile Morris, along with newcomers Maddy Letarte and Anna Salek.

Turgeon said, "We may have other partners who have shown interest in joining the team but have not committed at this time. Julia Gray, who was a crowd favorite, and partners Jill Lefevre, and the floor general Jenah Arseneault have all graduated."

The Montaineers have a tough eight-game schedule with six on the road and two at home.

The home games will be against Belmont and White Mountain and they "hit the road" to play Dover, White Mountain, Gilford, Belmont, Newfound and a new opponent, Nashua South.

The team goals are to once again make the tournament and take it a step further than last year's second place finish.

The team does have an alumni game at the Berlin High Gym on Saturday, Dec. 28 at 10 a.m. and will attend a jamboree in Belmont on Jan. 4, before opening up the regular season on Jan. 13 at 1 p.m. in front of the school. This game is obviously open to the public, too.

Turgeon and her crew are anxious to get the regular season started and have another successful run at the Division I title.

# Berlin spirit team back with new coach

BY STEVE ENMAN  
THE BERLIN DAILY SUN

BERLIN — Spirit is back at Berlin High School after a year hiatus.

New Coach Colleen Colwell has been very impressed with the members of the former program, who have worked relentlessly to get things going for the 2019-20 winter season.

Team Members include: Cora Huter, Alexa Goyette, Brianna Poulin, Jada Lingo, Mary Champagne-Thibeault, Trayvon McCarthy, Lily Campbell, Kyleigh Black, Megan Bernier, Madison Sweeney, Alizay Day, Kaylie Henderson, Seana Centeno, Lacey Johnson and Zenley Saleet.

The team has been working hard since the beginning of the season, and with the combination of their dedication and the support of the whole school, Col-

well said, "Our program is here to stay!"

One must remember that the spirit team generally attends, performs and cheers for and at, all winter sports' home games, which include both the boys and girls basketball and hockey teams.

That amounts to nearly 40 games, so they will be a busy team this winter.

Plus there are some spirit competitions that they may take part in during the season.

"Each practice, the team has been putting their full effort into learning cheers, a dance, jumps, a sisterhood, and spirit/pride for our school," she said. "Their main goal is to become a tight-knit group that is willing to work together in facing each of the challenges that we face as a program. The girls have taken on the goal to prove their professionalism as well as athleticism."

The first-year coach went on to say, "Our season philosophy is 'perfection before progression' because they want to make sure they show their school and community their talents and perform to the best of their abilities."

The other aspect of this program is that they want to provide a positive experience for all on the current team, which will hopefully transfer and become an encouragement for younger students to consider and want to join, to build up the program and keep it going for the future.

Colwell said she and the Berlin High School spirit team "want everyone to come out and support all of our sport teams this season and see the NEW spirit program."

Look for the team at Berlin's winter sports home games throughout the season.

## BERLIN BOYS BASKETBALL from page 3

ethic, we will be looking for him to rebound and be a communicator as he does possess natural leadership skills."

Also sophomore David McGloughlin is a "good ball-handling point guard, and as the season progresses, will improve as he guides and directs the offense."

Lauze said Kameron Huntoon, a sophomore, "is a solid shooter, and is slowly returning to playing form, after suffering a significant knee injury."

Lauze is looking to freshman Jeremyah Dow to impact the team early as he is, "a well-rounded, rugged player with lots of potential, particularly in the post and as he improves in pre-season and regular season games, he could very well supply a spark the team will need."

Freshman Kevin Murphy is a "smart, diligent worker who does lots of little things right, with good fundamentals and as he matures will add much to the chemistry of the team."

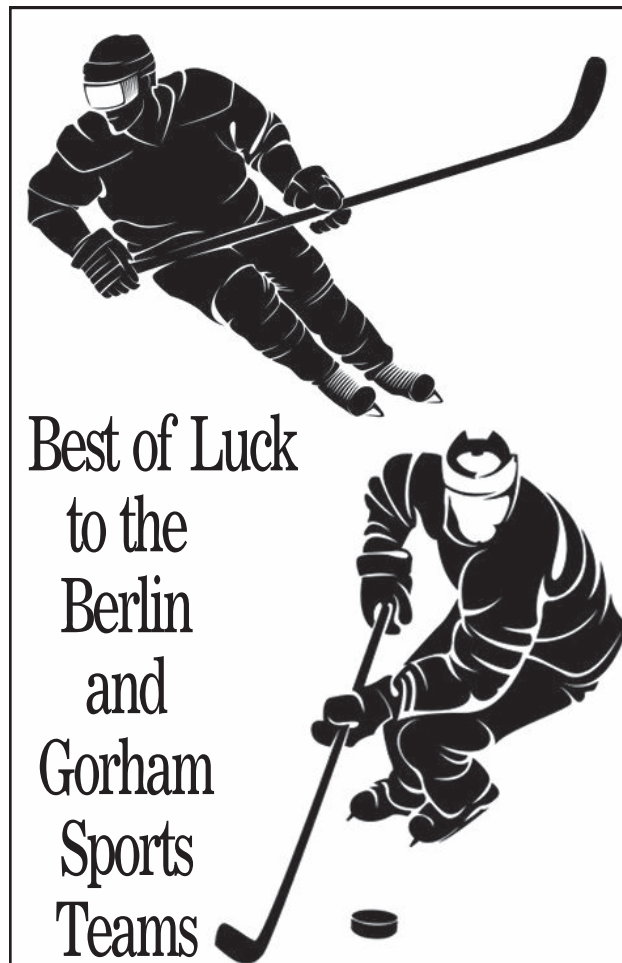
Others that Lauze will look to for contributions include Jarred Hoite, Bryce True and Victor Morales, as they gain through practice and games and increase their playing time.

It will be a 'baptism under fire for the bulk of the Berlin boys' basketball players but as Lauze concluded, "Every night will present new and unique challenges for all of us as we adjust to the faster, more physical play in Division III games."

Perseverance and patience is the name of the game for the Mountaineers.

## Berlin boys' basketball schedule

Dec. 13/19 at Somersworth L 36 - 77  
Dec. 19 Inter-Lakes 6:30 p.m.  
Jan. 3 Newfound 6:30 p.m.  
Jan. 7 at White Mountains 6:30 p.m.  
Jan. 10 at Belmont 6 p.m.  
Jan. 14 Franklin 6:30 PM  
Jan. 17 at Mascoma Valley 6:30 p.m.  
Jan. 21 White Mountains 6:30 PM  
Jan. 24 Gilford 6:30 p.m.  
Jan. 28 at Winnisquam 7 p.m.  
Jan. 31 Mascoma Valley 6:30 p.m.  
Feb. 4 at Kennett 6:30 p.m.  
Feb. 7 St. Thomas Aquinas 6:30 p.m.  
Feb. 11 at Newfound 6:30 p.m.  
Feb. 14 Kennett 5 p.m.  
Feb. 18 at Inter-Lakes 6 p.m.  
Feb. 20 at Prospect Mountain 6 p.m.  
Feb. 27 Prospect Mountain 6:30 p.m.



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**Good Luck Bryn and  
the Berlin & Gorham  
Sports Teams.**



*Merry Christmas and  
Happy New Year  
from all of us here at  
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The 2019 Gorham High School boys' basketball team (front row, from left): Anthony Frisk, Cullen Anderson, Chase Malia, Aiden Booth, Wyatt Deblois, Aiden Etienne, Chase Carder, (back row) Coach David Morrissette, Richard Burton, Bailey Saladino, Jesse Laflamme, Ajay Landry, Ben Beals, Trevor Doherty and Assistant Coach Ron Legere. (STEVE ENMAN PHOTO)

# New Gorham coach looks forward to strong season

By STEVE ENMAN  
THE BERLIN DAILY SUN

GORHAM — The new head coach for the Gorham High School boys basketball team (but certainly not new as a basketball coach) Dave Morrissette is looking “for the team to improve every day, to a point where they are playing their best team basketball in February as they approach the post season.”

Loaded with seven seniors and five juniors who have vast experience playing in Division IV, good

things are hoped for and expected. Morrissette is assisted by Ron Legere.

Ben Beals is a returning starter and Morrissette speaks highly of “his strength as an athlete with good post moves and a solid mid-range shot, and the fact that he understands the game. He will be a big part of the team’s success this season.”

Morrissette said, “Jesse Laflamme has three years of varsity experience behind him, possesses good ball skills, team leadership talents, has a solid

perimeter game, and is quick, which allows him to attack the basket and runs the floor well.”

Keep your eye on him.

“Ajay Landry is another veteran with tremendous athleticism, strength, lots of natural ability, and the strength of his inside game will be a big part of the our offensive scheme and our success,” he said.

Chase Malia is a guard who Morrissette said, “has

see **GORHAM BOYS BASKETBALL** page 10



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The Gorham High School girls basketball team (front row from left): Katelyn Chase, Meghan Remillard, Maddi Buteau, Halery Desilets, Danika Daniels, Jessica Burton and Melyssa Berthelette, (back row): Emma Stephenson, Sage Gallant, Emma Bernier, Assistant Coach Pete Girouard, Karly Cordwell, Zoe Grondin, Coach Joe Cassady, Sarah Godin, Olivia Oniel, Maddie Girouard and Maddie Rivard. Also on the team is Kayla Ciccarello. (STEVE ENMAN PHOTO)

# Gorham girls team faces challenges this season

By **STEVE ENMAN**  
THE BERLIN DAILY SUN

GORHAM — Gorham High School's girls basketball Coach Joe Cassady shared with me that this year's team is a young squad, with half of the roster consisting of new players.

He said, "Thankfully these players have worked hard at becoming familiar with our program's game plan and expectations, and the veteran players have

done well to lead by example."

Karly Cordwell and Maddie Rivard are the only seniors on the squad, although Rivard is still recovering from a terrible car accident she experienced this past fall.

Hopefully she will be on the court sometime in January.

Cassady is expecting that, "These two will step up as leaders, both as teammates and in the stats columns."

Gorham did lose Abbie Bernier and Alexis Kruskie to graduation, and they were two great defenders and rebounders.

Cassady is looking to Emma Bernier, Zoe Grondin and Sage Gallant to be forces in the paint with Karly and Maddie, while Maddie Buteau, Katelyn Chase, Kayla Ciccarello and Halery Desilets will be the go-to guards.

see **GORHAM GIRLS' BASKETBALL** page 11



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A successful sports season to the Berlin & Gorham teams



The 2019 Gorham High School Ski Team (front row, from left): Gorham Middle School skiers Alexa Pelkey, Ethan Corrigan, Abe Backler, Tim Chauvette, Jack Saladino, Jake Bartlett and Drew Farmer; (back row) Varsity skiers Olivia Halle, Amira Robertson, Josh Godin, Tristan Robertson, Ben Harmon, Nolan York, Teagan Leclerc and Lex Mayerson. Also on the team are Luke Olson and Hannah Fox.

# Skiers looking to build on last year's performance

By STEVE ENMAN  
THE BERLIN DAILY SUN

GORHAM — Gorham High School ski team coach Sherrill Tracy said this year's boys team will be looking to build on last season's fifth place finish in highly competitive Division IV with a solid core of returning skiers, led by 2019 Meet of Champions quali-

fier, senior Ben Harmon.

Tracy co-coaches the team with Rob Munce as they train at Wildcat Ski Area.

The schedule includes eight regular season meets, including a night slalom, followed by Boys and Girls Division IV State

see **SKI TEAM** page 9

## Gorham High School ski team schedule

### Varsity:

Dec. 19 — Bretton Woods — giant slalom and slalom — 10 a.m.

Jan. 3 — Loon giant slalom — 10 a.m.

Jan. 10 — Cannon/Mittersill — slalom — 10 a.m.

Jan. 16 — Kanc Classic Night Slalom — 5 p.m.

Jan. 17 — Cranmore — giant slalom and slalom — 9:30 a.m.

Jan. 24 — Cannon/Mittersill — giant slalom — 10 a.m.

Jan. 31 — Wildcat Mt. — giant slalom — 10 a.m.

Feb. 7 — King Pine BBQ Race — giant slalom and slalom — 9:45 a.m.

Feb. 11 — Boys States — Cannon/Mittersill — giant slalom and slalom — 9:30 a.m.

Feb. 12 — Girls States — Mt. Sunapee — giant slalom and slalom — 9:30 a.m.

### Gorham Middle School ski team race schedule

Jan. 16 — Cranmore — giant slalom and slalom — 9:30 a.m.

Jan. 23 — King Pine — giant slalom and slalom — 9:30 a.m.

Jan. 30 — Cranmore — giant slalom and slalom — 9:30 a.m.

Feb. 6 — Attitash — giant slalom and slalom — 9:30 a.m.

Feb. 13 — Red Parka Challenge (Middle School "States") — Attitash — giant slalom only — 11 a.m.



Ben Harmon skiing in a slalom race in 2018. Harmon, a Meet of Champions qualifier last year, will be returning this season. (FILE PHOTO)



SKI TEAM from page 8

Championships in February.

The home meet at Wildcat is scheduled for Friday, Jan. 31.

Other anticipated contenders are senior Josh Godin, junior Tristan Robertson and sophomores Nolan York, Lex Mayerson and Teagan Leclerc and new member Luke Olson.

Tracy said she anticipates stiff competition in Division IV from skiers at Profile, LinWood, Derryfield and Sunapee.

“The girls’ team may need to focus on individual goals as they struggle to field a team of at least four skiers for a team score,” Tracy said.

Seniors Amira Robertson and Olivia Halle, and sophomore Hannah Fox, all had personal bests last season and will look to build on those results.

“Middle school skiers (including grade 6) train with us and have their own schedule of five middle school races,” she said. “There is some flexibility to move eighth-graders to the varsity level, if needed.”

The Gorham Middle School skiers are Alexa Pelkey, Ethan Corrigan, Abe Backler, Tim Chauvette, Jack Saladino, Jake Bartlett and Drew Farmer.



The 2019 Berlin-Gorham Girls High School Hockey Team (front row, from left): Natalie Williams, Kaelyn Blais, (middle row) Maya Wedge, Teah Turmel, Sophia Schoenback, Grace Bradley, Mickailey Walsh, Cienna Langlois, Haley Cusson, Alexis Bourassa, Ava Petrie, Maria Young (back row) Becca Host, Trinity Gendron, Bryn Dube, Jillian Hallee, Sydney Chapman, Becca Pouliot. Haley Hamilton (not pictured) is also on the team. (COURTESY PHOTO)

# Berlin-Gorham girls hockey team features several returning veterans

BY STEVE ENMAN  
THE BERLIN DAILY SUN

BERLIN — The 2019-20 Berlin-Gorham girls’ high school hockey team has a great group of returning veterans, having lost only two from last year’s squad.

They are prepared as Head Coach Craig Bartoli said, “to set our main goal for the season to improve on last year’s 12-5-1 record.”

Bartoli said, “Defense will certainly be our strength with a trio of very solid and tough players, Jill Hallee, Sophia Schoenbeck and Trinity Gendron, seeing the bulk of the ice time.”

Becca Host has also impressed the coaching staff and will also see some quality time on the blue line.

Jordan Lambert is team manager.

The forward lines are just as strong as the defense, he said, as they are “a very explosive and experienced group with most of the scoring expected from Becca Pouliot, Haley Hamilton, Mickailey Walsh and Sydney Chapman.”

But one can’t count out or ignore Bryn Dube, Anna Salek, Grace Bradley and Maya Wedge who, as Coach Bartoli



The senior members of the 2019 Berlin-Gorham Girls Hockey Team (front row, from left): Natalie Williams, Kaelyn Blais, (back row) Trinity Gendron, Bryn Dube, Maria Young. Senior Haley Hamilton is also on the team. (COURTESY PHOTO)

see **GIRLS HOCKEY** page 11

Round Diamond Studs?







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Gorham and Berlin boys' basketball teams face off in a scrimmage last week. (STEVE ENMAN PHOTO)

## Gorham boys basketball schedule

Dec. 17 at Colebrook 7 p.m.  
 Dec. 19 Lin-Wood 6:30 p.m.  
 Jan. 3 Moultonborough 6:30 p.m.  
 Jan. 7 Colebrook 6:30 p.m.  
 Jan. 8 at Groveton 7 p.m.  
 Jan. 10 Hinsdale 6:30 p.m.  
 Jan. 14 Lisbon 6:30 p.m.  
 Jan. 21 Woodsville 7 p.m.  
 Jan. 24 at Derryfield 6:30 p.m.  
 Jan. 27 Littleton 6:30 p.m.  
 Jan. 29 at Lin-Wood 6:30 p.m.  
 Feb. 3 at Littleton 6:30 p.m.  
 Feb. 5 Groveton 6:30 p.m.  
 Feb. 7 at Pittsburg-Canaan 6:30 p.m.  
 Feb. 10 at Moultonborough 6:30 p.m.  
 Feb. 14 Pittsburg-Canaan 6:30 p.m.  
 Feb. 17 at Profile 6:30 p.m.  
 Feb. 20 at Woodsville 7 p.m.

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### GORHAM BOYS' BASKETBALL from page 6

seen lots of time on the floor last season, is a smart player and strong leader. He is a 'glue guy,' helps keep everyone together, is very unselfish and will take on any role needed for the team to be successful."

Then there's Bailey Saladino, who Morrisette described as "a physically strong player, who will certainly contribute through tough play in the paint."

Trevor Doherty, he said, "comes back to the team after a year off and has shown great improvement and with his size, strength and natural ability will be a big part of any success we experience."

And, he said, "Aiden Booth comes into the program for the first time as a senior and is paying attention, working hard and contributing and should, even more, as the season progresses."

The juniors on the team consist of Aiden Etienne, Anthony Frisk, Wyatt Deblois, Richard Burton and Cullen Anderson.

Etienne, is a returning starter. Morrisette said he "has excellent instincts offensively and defensively, attacks the basket and can score from the perimeter, and will definitely be an impact player for us."

"Anthony Frisk is also a returning starter with solid ball-handling skills and looks to push the ball up the court in transition. Not only can he attack the basket but he can spot up for perimeter shots, and with the speed he has and his ability to score, combined with the potential to be one of the floor leaders he is another impact player," Morrisette said.

He described Deblois as "a smooth offensive player, with a good mid-range shot, he can handle the ball at the guard position or play as a forward. His size has increase and therefore should be a force in the paint regarding rebounding."

Burton, he said, "is long, athletic, has good instincts around the basket and each and every day continues to improve his game."

Rounding out the team, Morrisette said, "Anderson comes to us as a first year player and he has speed and explosive moves and I am looking forward to watching him improve throughout the season."

Morrisette said: "There are no easy games on our schedule, and the North Country teams are consistently in the top tier of Division IV. We will be looking to create an up tempo game that will utilize our guard play and the experience of our returning veterans. Defensively, we want to create ball pressure, forcing teams to make plays on offense.

"We want to be playing us best ball at the end of the season."

**GIRLS HOCKEY** from page 9

said, “always give 100 percent effort, and through the scoring threat they pose, will be crucial to our team’s overall success.”

Berlin-Gorham also has a handful of new players to the program and their progress will certainly have a direct affect on the future of the program.

Goaltending duties will be shared by seniors Natalie Williams and Kaelyn Blais who both are very hard workers and dedicated net minders.

Both Bartoli and Assistant Coach Nathan Leborgne are looking forward to the season.

“This a very fun and hard working group of hockey players and they represent lots of potential for a very successful season,” Bartoli said.

**Berlin-Gorham girls hockey schedule**

- Dec. 18 Keene-Mon-Fall Mountain 5 p.m.
- Dec. 20 at Hanover 7:40 p.m.
- Dec. 23 at Souhegan 4 p.m.
- Dec. 28 Bishop Guertin 6 p.m.
- Jan. 2 ConVal-Conant 6 p.m.
- Jan. 4 Lebanon-Stevens-Kearsarge 3:30 p.m.
- Jan. 7 Oyster River-Portsmouth 6 p.m.
- Jan. 11 at St. Thomas-Winnacunnet 1 p.m.
- Jan. 14 Manchester Central-Manchester Memorial 6 p.m.
- Jan. 20 Concord 1 p.m.
- Jan. 25 at Kingswood 5 p.m.
- Jan. 29 at Exeter 4 p.m.
- Feb. 1 at Lebanon-Stevens-Kearsarge 6:20 p.m.
- Feb. 8 Bedford 6p.m.
- Feb. 10 at Bishop Brady-Trinity-West 3:10 p.m.
- Feb. 15 Kingswood 4 p.m.
- Feb. 19 Souhegan 4 p.m.
- Feb. 29 at Concord 7:30 p.m.

**GORHAM GIRLS BASKETBALL** from page 7

The younger players are improving and finding their niches as they become accustomed to the team’s offensive and defensive sets, but Cassady is not sure yet what roles they will have.

Cassady is in his fifth year coaching Gorham basketball and his 11th season overall coaching varsity sports.

Though he hopes the team will finish at least at .500, (9-9) he said: “I’ve learned you never really know how good you are until you start playing games. Our team faces arguably the toughest schedule in the division, facing teams such as Groveton, Colebrook, Woodsville and Littleton twice (all of whom are projected to finish in the top four this season by NH Sportspage). We have a good, knowledgeable core group of players and a handful of varsity-ready players on the bench.

“With our first game not happening until Dec. 17 in Colebrook, we have plenty of time to continue to improve our skills and develop our on-court communication.”

Cassady is assisted by Pete Girouard.

**Gorham girls basketball**

- Dec. 17 at Colebrook 5:30 p.m.
- Dec. 19 Lin-Wood 5 p.m.
- Jan.3 Moultonborough 5 p.m.
- Jan. 7 Colebrook 5 p.m.
- Jan. 8 at Groveton 5:30 p.m.
- Jan. 10 Hinsdale 5 p.m.
- Jan. 14 Lisbon 5 p.m.
- Jan. 17 at Woodsville 6:30 p.m.
- Jan. 21 Woodsville 5:30 p.m.
- Jan. 24 at Derryfield 5 p.m.
- Jan. 27 Littleton 5 p.m.
- Jan. 29 at Lin-Wood 5 p.m.
- Feb. 3 at Littleton 5 p.m.
- Feb. 5 Groveton 5 p.m.
- Feb. 7 at Pittsburg-Canaan 5 p.m.
- Feb. 10 at Moultonborough 5 p.m.
- Feb. 14 Pittsburg-Canaan 5 p.m.
- Feb. 17 at Profile 5 p.m.



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# *Kennett High cross-country skiers eye state championships*

**BY LLOYD JONES**  
 THE CONWAY DAILY SUN

CONWAY — Quality over quantity will be the recipe for success this season for the Kennett High cross-country ski teams. While there are 13 girls out for the team this year as the Eagles make a run for sixth consecutive Division II State Championship, there are only seven boys out for the sport this season, the lowest number in more than a decade.

“We have two pretty solid groups,” Steve Vosburgh, Eagles’ head coach, said by phone Sunday. “I think we have some good skiers and good competitors.”

Last winter, the girls’ cross-country ski team won its fifth consecutive Division II State Championship in Gilford, while the KHS boys came oh-so-close to winning a record eighth team title in a row, but Hanover turned in sensational scores in the skate race to win the crown by just nine points.

Along with a state championship and a runner-up plaque, Vosburgh’s Eagles cleaned up on the individual hardware. Senior Hannah Thelemarck won the classical race, while teammate Helen Badger, a junior, won the freestyle (skate), and senior Aidan Hagerty made it a true daily-double by winning both the classical and freestyle races for the boys. It was the second year in a row that Hagerty won both titles.

The Kennett girls won both the classical and freestyle races to take overall team honors in the 10-school field with 758 points to top Hanover, 739, while Lebanon rounded out the Top 3 with 731 points.

The Kennett boys won the classical team event by five points, but Hanover took the honors in the afternoon freestyle by 14 to win overall by nine points, winning with a combined score of 756 points, followed by KHS, 747, while Bow and Lebanon tied for third with 703 points.

“Hats off to Hanover,” Vosburgh said Sunday when talking about last year’s championship for the boys. “It was a great performance by them. They had the better day and their skiers worked hard to hold us off.”

He added: “I heard my boys afterward, saying, ‘That’s not going to happen next year.’ I think that’s serving as motivation for some.”

Hagerty and Thelemarck were named to All-State.

The Broomhall Nordic Award was presented to Thelemarck, while the Most Improved Award went to junior Chris Desmarais.

There are just seven boys out for the team (down from 10 last year): seniors Keith Badger and Chris Desmarais; juniors Sam Alkalay, Dominick Perry and Caleb White; sophomore Theo Castonguay, and freshman Ben Biche.

There are 13 girls (down from 21 last year) out for cross-country this winter: seniors Helen Badger, Grace Castonguay and Madelyn Marcotte; juniors Lia Anzaldi, Shannon Derby, Dylan Derby and Kathryn Hawkes; sophomores Maya Gove, Jordan Meir and Grace Perley, and freshmen Jocelyn Anzaldi, Carli Krebs and Mara Taylor.

There were just four cross-country skiers at the middle school level last between Kennett Middle School and Josiah Bartlett Elementary School.

“I think Hannah (Lucy, middle school coach) has 18

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## Sportsmanship award winners



Gorham High School Athletic Director Bill Goodrich (right) stands with 2018 alumni and 2019 senior athletes as he unveils the New Hampshire Athletic Association's 2018-19 Sportsmanship Award. (STEVE ENMAN PHOTO)

### CROSS-COUNTRY from page 12

out this year, which great," Vosburgh said. "If they can stick with it we stand a chance of growing the numbers (at the high school)."

Kennett has only been practicing since Dec. 10. The start of the season has again been pushed back three weeks statewide for the fourth winter in a row to have teams skiing more and dryland training less.

Vosburgh likes the new season configuration, but this is the first season where winter has been hard to find.

"Let's hope this week we'll get some snow and all will be good," he said. "In Whitaker Woods (in North Conway), if we can get a couple of inches of snow, there are places you can ski."

Unable to get on the snow, the Eagles have been forced to resort to dryland training and working on conditioning. While roller skiing is an option, not everyone is keen to go that route, according to Vosburgh. "Some people aren't wild about pavement," he said.

Vosburgh and assistant coach Scott Lajoie are optimistic about both the team's chances this winter.

"My thing is we try to get better every day and the other things will happen," he said. "I want them to have fun, ski better than the day before and when it's time to race, go out and execute and we'll see what happens."

He added: "We've got a really good group. They're a tight bunch, which makes it quite fun."

The Eagles are scheduled to open the season on Jan. 3 with a sprint race at Gunstock Ski Area in Gilford.

"I'm pretty confident that will happen," Vosburgh said. "If they have the conditions to make snow they can make a pile of it and have the ability to move it with a front-end loader and a manure spreader. It's old-fashioned, but it works."

Kennett is scheduled to host a sprint race at Great Glen Trails in Pinkham Notch on Jan. 15.

"A two-person sprint race ought to be a good early season workout," Vosburgh said. "When you don't have a ton of snow for a base, if we can ski up to a 2K loop, it won't be horribly far off from a regular race when you do three rounds."

Great Glen Trails will be the site of the State Cross-Country Championships for all four divisions on March 3-4, with two divisions skiing each day.

"Next year," Vosburgh said, "the plan is to go to two divisions (down from four) for skiing. I think that will probably be better for the sport. I try to race all of the schools (in the state) at least once. I like to see everyone more than just at N.H. Nordic Coaches Association Series races."

The first NHNCA Series race is scheduled for Feb. 1 at Gunstock, while the second is slated for White Mountains Regional High School in Whitefield on Feb. 22.

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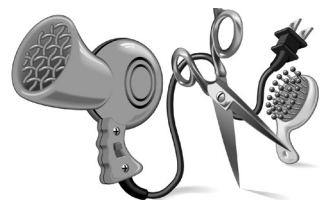
*Wishing the Berlin & Gorham Athletic Teams a successful winter season!*



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Good Luck  
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The 2019 Berlin High School Girl's Basketball Team (front row, from left) Ashlin Lozeau, Aubree Poirier, Kaylee Peare, Libby Picard, Natalee Croteau, Makenna Peare, (back row, from left) Kyra Woodward, Isyss Remillard, Rayna Bourbeau, Makenna Balderrama, Madi Cordwell and Kelly McCormick. (STEVE ENMAN PHOTO)

## Many new faces on 2019 Berlin High School girls' basketball team

Coach says young team is strong, athletic in forward position

BY STEVE ENMAN  
THE BERLIN DAILY SUN

BERLIN — Berlin High School girls' basketball Coach Don Picard says the team has many new faces this year, returning only four players from last years roster.

Seniors Kaylee Peare and Libby Picard, along with juniors Makenna Balderrama and Kelly McCormick are the returning players.

The rest of the Mountaineers' roster includes: seniors Madison Cordwell and Treniti Holden; juniors Ashlin Lozeau and Aubree Poirier; sophomores Natalee Bernard, Isyss Remillard and Rayna Bourbeau; and freshman Makenna Peare. Pete Peare is the assistant/junior varsity coach.

"We are deep at the forward position with good athleticism," Picard said. "We should be able to keep fresh legs on the floor, box out and rebound well, then run the floor."

"Balderrama was our leading rebounder last season despite missing several games with a concussion. Look for her to lead a group that includes Cordwell, Lozeau, Remillard, Bourbeau and Holden."

Kaylee Peare, an honorable mention All-State selection last year, returns at the point guard position.

"We will look for her to get us into our offensive sets and be instrumental in our transition game on both ends of the floor," Picard said. "Makenna Peare should provide some offense for us as she likes to get out on the break and attack the basket. Libby

### Berlin girls basketball schedule

- Dec. 6/19 at Prospect Mountain W 34 - 30
- Dec. 19 at Inter-Lakes 6p.m.
- Jan. 3 at Newfound 6:30 p.m.
- Jan. 6 Somersworth 6:30 p.m.
- Jan. 7 White Mountains 6:30 p.m.
- Jan. 10 Belmont 6:30 p.m.
- Jan. 14 at Franklin 7p.m.
- Jan. 17 Mascoma Valley 6:30 p.m.
- Jan. 21 at White Mountains 6:30 p.m.
- Jan. 24 at Gilford 6p.m.
- Jan. 28 Winnisquam 6:30 p.m.
- Jan. 31 at Mascoma Valley 6:30 p.m.
- Feb. 4 at Kennett 5p.m.
- Feb. 7 at St. Thomas Aquinas 6:30 p.m.
- Feb. 11 Newfound 6:30 p.m.
- Feb. 14 Kennett 6:30 p.m.
- Feb. 18 Inter-Lakes 6:30 p.m.
- Feb. 20 Prospect Mountain 6:30 p.m.

Picard provides experience in the back court, starting half of last seasons games. McCormick, Bernard and Poirier will add depth at the guard position.

Last year, the team finished ninth in Division 3, dropping an opening round tournament game by 1 point on the road at Belmont.

This year, Picard said, "It would be great to earn a home playoff game with this group."

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Berlin girls face off against Kennett players in a recent scrimmage. (STEVE ENMAN PHOTO)



Berlin girls wait for their chance to play during a recent scrimmage. (STEVE ENMAN PHOTO)

**BERLIN BOYS HOCKEY** from page 16

Jan. 22 Belmont-Gilford 6 p.m.  
Jan. 25 Alvirne 6 p.m.  
Jan. 29 at Lebanon 4 p.m.  
Feb. 1 at Mon-Fall Mountain 5:30 p.m.  
Feb. 5 Kennett 6 p.m.

Feb. 8 at Hollis Brookline-Derryfield 4:40 p.m.  
Feb. 15 at Kearsarge-Plymouth 6 p.m.  
Feb. 19 Lebanon 6:30 p.m.  
Feb. 22 at Sanborn-Epping 6 p.m.  
Feb. 26 at John Stark-Hopkinton 7 p.m.  
Feb. 29 Mon-Fall Mountain 6 p.m.



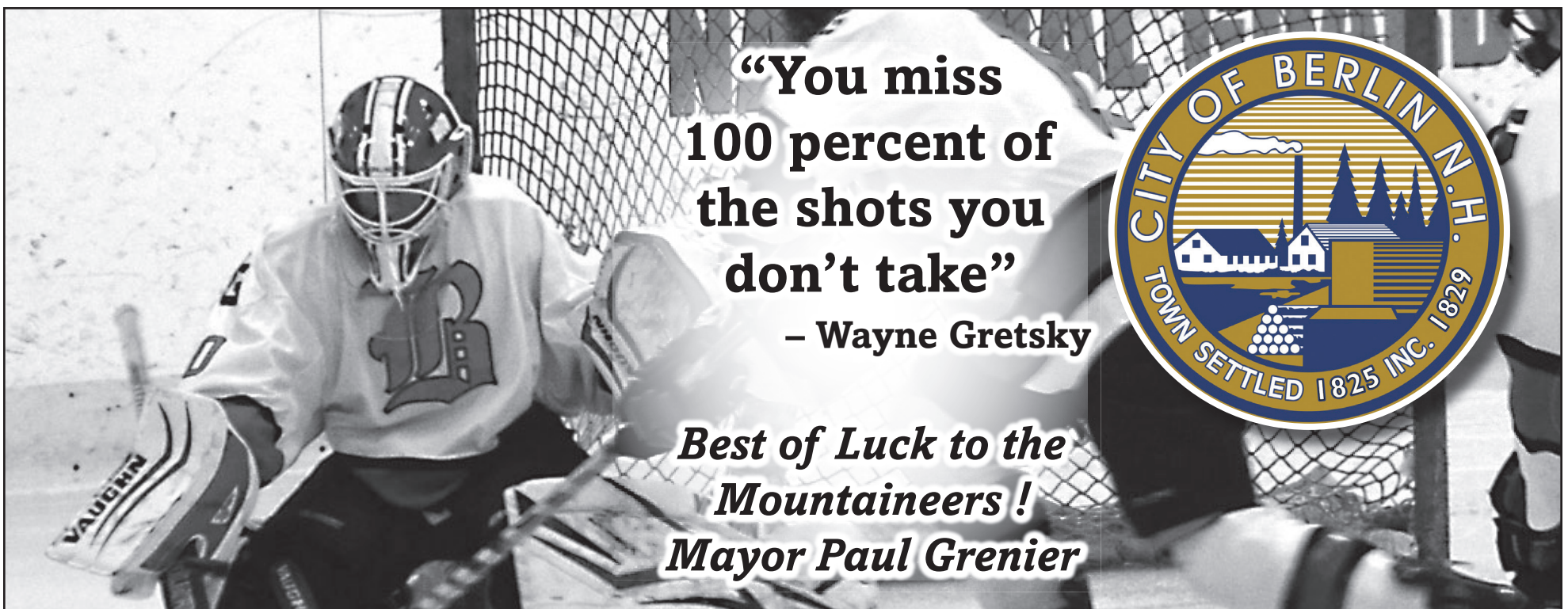
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The 2019 Berlin High School boys' hockey team (front row, from left): Brayden Riendeau, Tyler Rousseau, Anthony Pizzuto, Alan Avila, Ben Estrella, Brody Duquette, (middle row) Dom Paradis, Griffin Melanson, Isaiah Maddox, Keija Morton, Landyn Croteau (back row) Brian Bourassa, Zack Giroux, Trevor Breault, John Boucher, Carter Poulin and Jonah Berthiaume. (MIKE POULIN PHOTO)

# Berlin hockey a young team, coming together well

BY STEVE ENMAN  
THE BERLIN DAILY SUN

BERLIN — The Berlin High School boys' hockey team, although young, with 11 underclassmen to go along with six upper classmen, and according to Head Coach Mike Poulin, "are coming together as we have expected they would."

"It is a bit of a learning curve with so many new players learning the system and coverages, but they have progressed quickly and are ready for the regular season to begin," he said.

Anthony Pizzuto and Alan Avila will tend to the

net, with Ben Estrella, Carter Poulin, Dom Paradis and Jonah Berthiaume protecting them on defense.

The forwards will be Tyler Rousseau, Brayden Riendeau, Trevor Breault, Griffin Melanson, Zack Giroux, Brody Duquette, John Boucher, Keija Morton, Brian Bourassa, Isaiah Maddox and Landyn Croteau.

Poulin said, "We have an excellent schedule within Division III hockey in New Hampshire. It's wide open with many teams sharing the same goals, and we are all anxious to compete with them."

## Berlin boys hockey schedule

- Dec. 18/19 at Belmont-Gilford 5 p.m.
- Dec. 21/19 Pembroke-Campbell 2 p.m.
- Jan. 4 Hollis Brookline-Derryfield 6 p.m.
- Jan. 8 at Kennett 6 p.m.
- Jan. 11 ConVal-Conant 4 p.m.
- Jan. 15 at Laconia-Winnisquam-Inter-Lakes 5 p.m.
- Jan. 18 John Stark-Hopkinton 6 p.m.

see **BERLIN BOYS HOCKEY** page 15

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