

# In the weeds

## Understanding the difference between hemp and marijuana

Hemp and marijuana are not the same; they're two varieties of the plant species *Cannabis sativa*. Hemp contains only a tiny amount of tetrahydrocannabinol, or THC — the intoxicating ingredient in marijuana. Conversely, hemp has a higher concentration of cannabidiol, or CBD, which isn't intoxicating.

ALEXIS ALLISON/Missourian  
Sources: CBD ORIGIN,  
THINK HEMPY THOUGHTS

