

# How to use the lifesaving Naloxone



1. Hold the nasal spray with **thumb on the plunger**.
2. Tilt the person's **head back**.
3. Place the tip of the nasal spray in **either nostril** until your fingers touch their nose.
4. Firmly press plunger to **release** the medicine in the nose
5. Wait **2-3 minutes** for the person to respond; if there is no response, **wait for help** and **provide additional doses**.

1. Take off the cap.
2. Stick the needle **through** the rubber stopper.
3. **Pull back** on the plunger to get all of the medicine. Make sure there is **no air**.
4. Inject the needle into the person's **shoulder** or **the front of their thigh**.
5. Push the liquid in and wait **2-3 minutes** for a response.
6. If there is no response, give **additional doses** until help arrives.



## Where to purchase narcan:

- Local pharmacies
- Missouri Department of Health and Senior Services  
- [www.mimhaddisci.org/get-naloxone1](http://www.mimhaddisci.org/get-naloxone1)