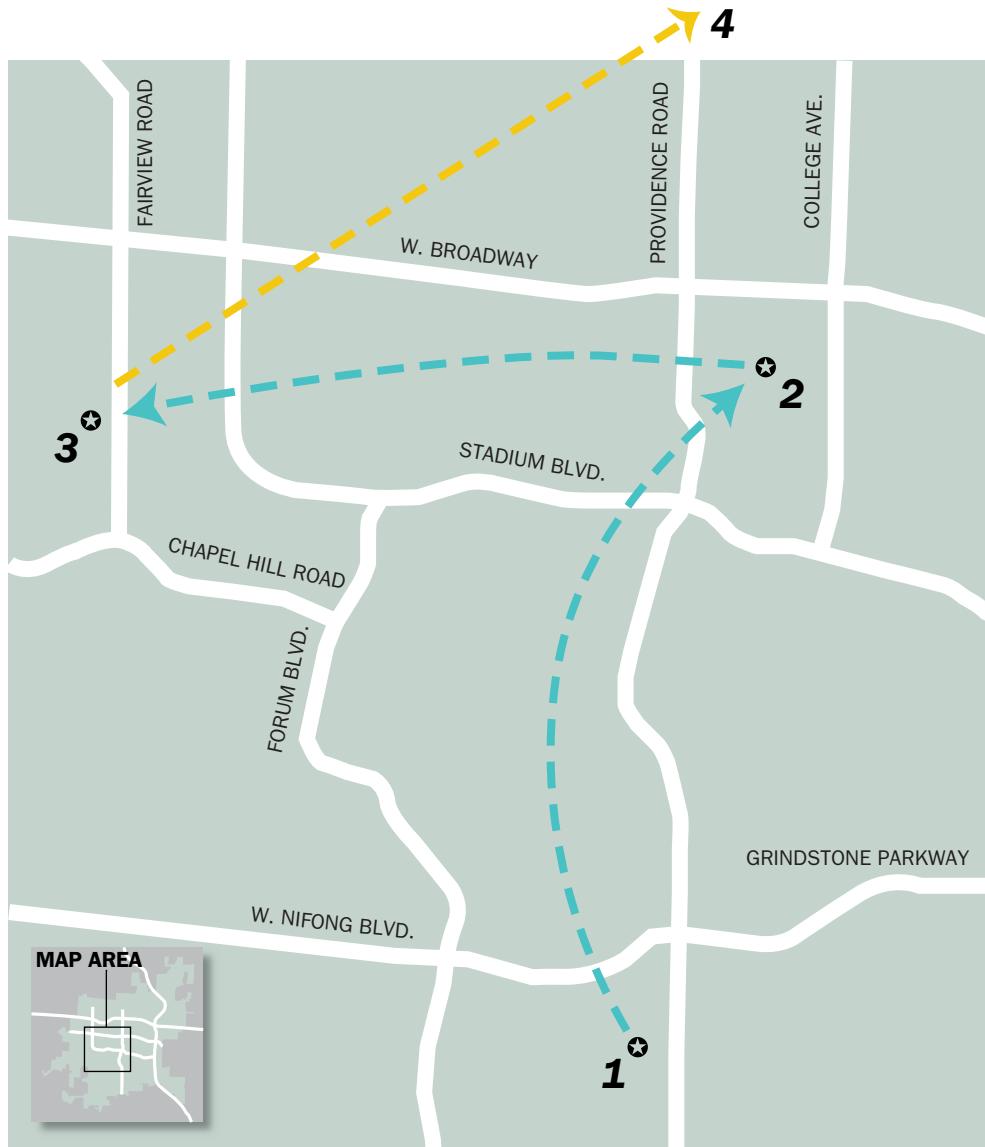


Running from one Columbia school to another

Fairview Elementary teacher Sam Garrett — a former athlete at Missouri and Rock Bridge — has been running around Columbia for most of her life. This month, she brought her passion to her students at Fairview, where her new track club for all grades already has 90 kids signed up.



1: Rock Bridge High School

Garrett ran both track and cross country at Rock Bridge and qualified for the state cross country championships all four years. She graduated in 2012.

2: Missouri

Garrett continued competing in both sports at MU, where she graduated in 2016. She reached a personal best of 17 minutes, 32.45 seconds in the outdoor track and field 5,000-meter run in 2014 at the Crimson Tide Invite.

3: Fairview Elementary School

Garrett started teaching at Fairview in 2016 and was named elementary educator of the year by the Columbia Missouri State Teachers Association less than two years later. She held the first practice for her new Fairview Track Club earlier this month.

4: Chicago Marathon

Teaching and mentoring Fairview's young runners keeps her busy, but Garrett hasn't given up on her own running. She is training for her first marathon in October.

Sources: MISSOURIAN REPORTING, MIZZOU ATHLETICS

NANCY COLEMAN/Missourian