

How to recognize signs of an opioid overdose

- Small, constricted “pinpoint pupils”
- Loss of consciousness or falling asleep
- Slow, shallow breathing
- Choking or gurgling sounds
- Limp body
- Pale, blue or cold skin



If you think someone might be experiencing an opioid overdose, call 911 immediately. Then, if available, administer naloxone. Try to keep the person awake and breathing, lay them on their side to prevent choking and stay with the person until EMS arrive.