

Guillain-Barré syndrome far rarer than the flu

Some believe Guillain-Barré syndrome can be contracted from the flu shot. You are more likely, however, to get it from the flu than the vaccine, although the overall risk of contracting the syndrome is relatively miniscule.

U.S. Population	328 million
Flu Illnesses 2018-19 season	13-15 million
Reported cases of Guillain-Barré Syndrome	3,000-6,000 per year

Source: CENTERS FOR DISEASE
CONTROL AND PREVENTION &
U.S. CENSUS BUREAU

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