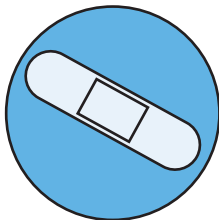


MRSA? No thank ya

Methicillin-resistant *Staphylococcus aureus* spreads through skin-to-skin contact. Steer clear of the infection with these prevention tips.



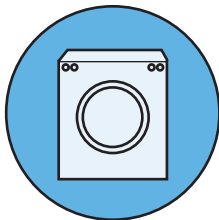
Wash your hands.
Keep some sanitizer handy for when there isn't a nearby sink.



Keep wounds covered. Staph bacteria can spread through infected sores.



Shower after athletic games or practices.
Don't share towels or athletic equipment, either.



Sanitize linens. Wash towels and sheets on the hottest water setting if you have a cut or sore.