

What is gaming disorder?

According to the World Health Organization (WHO), gaming disorder is characterized by impaired control over gaming, increasing the priority given to gaming and continuation or escalation despite negative consequences.

Gaming Addiction Demographics:

Males age 18-24 are most at risk for gaming addiction.



=94%



=6%

Time spent gaming per week in the U.S.

Data based on survey responses from gamers age 18 or older that play video games at least once a week.

