

RESOURCE GUIDE

FOR THE COLUMBIA RIVER GORGE

2023





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RESOURCE GUIDE

FOR THE COLUMBIA RIVER GORGE

2023

In 2021 the first Resource Guide for the Columbia Gorge with over 400 resources was printed. It was the result of dedicated community partners; the Hood River County Prevention Department, the White Salmon Library, One Community Health, the Department of Human Services (DHS), and concerned community members. Chelsea Marr and her team at the Columbia Gorge News did the amazing job of collecting sponsors and printing the Guide. 6,500 copies were distributed throughout the five county Columbia Gorge Region (Wasco, Sherman, Hood River, Klickitat, Skamania).

In 2022 we updated and distributed 10,000 Resource Guides with over 450 resources throughout the five county region. We heard from new organizations who heard about the first printing of the Resource Guide and asked for them to distribute to their clients. We also heard from long-time partners asking for more Resource Guides.

Now in 2023 we are in the third printing of the Resource Guide. It is very humbling and gratifying that more and more organizations have found the Guide useful and continue to want more. We heard from so many new partners that we added a couple of new sections to the Resource Guide, and almost 100 more resources. We so appreciate all the organizations that emailed and called with updates to their information and want to thank all of you who provided feedback to us. Your continued support helped make this third version happen.

We are excited once more, to provide this Gorge-Wide Community Resource Directory, and want to express how much we appreciate the Columbia Gorge News for their design, printing, and fundraising partnership.

This has been an exciting process and we are grateful for all the people who participated in making it a success. Please contact the Hood River County Prevention Department for additional copies.

Belinda Ballah, Hood River County Prevention Department Director,
309 State Street, Hood River, Oregon 97031
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Directorio de Recursos Regionales

En 2021 se imprimió la primera Guía de recursos para Columbia Gorge con más de 400 recursos. Fue el resultado de socios comunitarios dedicados; el Departamento de Prevención del Condado de Hood River, la Biblioteca White Salmon, One Community Health, el Departamento de Servicios Humanos (DHS) y miembros de la comunidad preocupados. Chelsea Marr y su equipo en Columbia Gorge News hicieron el increíble trabajo de recolectar patrocinadores e imprimir la Guía. Se distribuyeron 6.500 copias en los cinco condados de la región de Columbia Gorge (Wasco, Sherman, Hood River, Klickitat, Skamania).

En 2022, actualizamos y distribuimos 10 000 guías de recursos con más de 450 recursos en toda la región de los cinco condados. Escuchamos a nuevas organizaciones que se enteraron de la primera impresión de la Guía de recursos y les pidieron que la distribuyeran a sus clientes. También escuchamos a los socios de mucho tiempo pedir más guías de recursos.

Ahora, en 2023, estamos en la tercera edición de la Guía de recursos. Es muy humillante y gratificante que cada vez más organizaciones hayan encontrado útil la Guía y sigan queriendo más. Recibimos noticias de tantos socios nuevos que agregamos un par de secciones nuevas a la Guía de recursos y casi 100 recursos más. Apreciamos mucho a todas las organizaciones que enviaron correos electrónicos y llamaron con actualizaciones de su información y queremos agradecerles a todos los que nos brindaron sus comentarios. Su apoyo continuo ayudó a que esta tercera versión sucediera.

Una vez más, estamos emocionados de proporcionar este Directorio de recursos comunitarios de Gorge-Wide, y queremos expresar cuánto apreciamos a Columbia Gorge News por su diseño, impresión y asociación de recaudación de fondos.

Este ha sido un proceso emocionante y estamos agradecidos con todas las personas que participaron para que fuera un éxito.

Comuníquese con el Departamento de Prevención del Condado de Hood River para obtener copias adicionales.

Belinda Ballah, Director del Departamento de Prevención del Condado de Hood River

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The Changing Vision of PREVENTION

The Hood River County Prevention Department has evolved over time. This evolution, over the course of nearly 30 years, has at times been amazing and at times frustrating. The one constant throughout our 'growing pains' has been our goals: strong nurturing families, healthy thriving youth, caring communities, and improving community conditions.

There is a quote from Desmond Tutu (Anglican Bishop who received a Nobel Peace Prize in 1984): "There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in." That quote is a great example of what our evolution is about as we have embraced the expanding role of prevention, moving to a more rounded, detailed vision of what makes a person, family, and community healthy and thriving. We use prevention science; which is using evidence-based strategies to reduce the risk factors and enhance protective factors to improve the health and wellbeing of youth, families, and communities. Prevention science helps us understand that we need to take action to prevent issues before it becomes a question of fixing issues after they have occurred. Benjamin Franklin may have said it best, "an ounce of prevention is worth a pound of cure."

We cannot 'cure' all the issues that occur in individuals, families, and our communities, but we can provide tools and opportunities across a broad spectrum of health and wellness promotion to our youth, families, and communities to make informed choices. To choose healthy behaviors and actions, and to be optimistic that by making those good choices their lives will be better. We always endeavor to do our best for our youth, friends, neighbors, family, partners, and communities.



La Visión Cambiante de la PREVENCIÓN

El Departamento de Prevención del Condado de Hood River ha evolucionado con el tiempo. Esta evolución, a lo largo de casi 30 años, ha sido a veces asombrosa y a veces frustrante. La única constante a lo largo de nuestros ‘dolores de crecimiento’ han sido nuestros objetivos: familias fuertes y solidarias, jóvenes saludables y prósperos, comunidades solidarias y mejorar las condiciones de la comunidad.

Hay una cita de Desmond Tutu (obispo anglicano que recibió el Premio Nobel de la Paz en 1984): “Llega un punto en el que debemos dejar de sacar a la gente del río. Tenemos que ir río arriba y averiguar por qué se están hundiendo”. Esa cita es un gran ejemplo de lo que es nuestra evolución, ya que hemos adoptado el papel cada vez mayor de la prevención, pasando a una visión más completa y detallada de lo que hace que una persona, una familia y una comunidad sean saludables y prósperas. Utilizamos la ciencia de la prevención; que está utilizando estrategias basadas en evidencia para reducir los factores de riesgo y mejorar los factores de protección para mejorar la salud y el bienestar de los jóvenes, las familias y las comunidades. La ciencia de la prevención nos ayuda a comprender que debemos tomar medidas para prevenir problemas antes de que se convierta en una cuestión de solucionar los problemas después de que hayan ocurrido. Benjamin Franklin puede haberlo dicho mejor, “una onza de prevención vale una libra de cura”.

No podemos “curar” todos los problemas que ocurren en las personas, las familias y nuestras comunidades, pero podemos brindar herramientas y oportunidades en un amplio espectro de promoción de la salud y el bienestar para que nuestros jóvenes, familias y comunidades tomen decisiones informadas. Elegir comportamientos y acciones saludables, ser optimistas de que al tomar esas buenas decisiones sus vidas serán mejores. Siempre nos esforzamos por hacer lo mejor para nuestros jóvenes, amigos, vecinos, familiares, socios y comunidades.



The Importance of EARLY CHILDHOOD EDUCATION

Terri Vann, *Retired K-12 Administrator*,
Four Rivers Early Learning HUB Board Member

Quality early childhood education is extremely significant in a child's growth. It involves more than just preparing students for elementary school. It helps children develop their social, emotional, cognitive and physical needs, aiding them in building a solid and broad foundation for lifelong learning and well-being.

The long-term, positive impact of high-quality early education on a child's success in school and life is supported by decades of research and developmental science. Early Childhood Education leads to less students being placed in Special Education in their primary years. If we are able to meet children's needs early on, they can better learn and retain the foundational skills and knowledge that will help them succeed in their future. If they are already behind in Kindergarten in terms of their learning, this results in playing catch up for many years, and possibly their entire school experience.

Finally, there has been an increase in working families, both mother and father holding full-time or even part-time positions. Because of this, there is a great need for childcare. In order to maintain society's needs for family life, we need a quality Early Childhood Education program for children to attend and for families to place their trust in. Through statistics it has shown that early education has proven to increase graduation rates and college attendance. These things help to create a greater quality workforce and overall, it helps to give children their best chance at success in life!

La Importancia de LA EDUCACIÓN TEMPRANA

Por Terri Vann, *Administradora Jubilada de K-12*,
Miembro de la Junta de Four Rivers Early Learning Hub

La educación de calidad en la educación temprana es extremadamente importante en el crecimiento de un niño. Implica más que solo preparar a los estudiantes para la escuela primaria. Ayude a los niños a desarrollar sus necesidades sociales, emocionales, cognitivas y físicas, ayudándoles a construir una base sólida y amplia para el aprendizaje y el bienestar de por vida.

El impacto positivo a largo plazo de la educación temprana de alta calidad en el éxito de un niño en la escuela y la vida está respaldado por décadas de investigación y ciencias del Desarrollo. La Educación Temprana lleva a que menos estudiantes sean colocados en Educación Especial en la primaria. Si Podemos satisfacer las necesidades de los niños desde el principio, pueden aprender y

retener mejor las habilidades y conocimientos fundamentales que los ayudarán a tener éxito en su futuro. Si ya están atrasados en el Kinder en términos de su aprendizaje, esto se traduce en ponerse al día durante muchos años, y posiblemente en toda su experiencia escolar.

Finalmente, ha habido un aumento en las familias trabajadoras, tanto la madre como el padre ocupando puestos de tiempo completo o incluso de medio tiempo. Debido a esto, existe una gran necesidad de cuidado infantil. Con el fin de mantener las necesidades de la sociedad para la vida familiar, necesitamos un programa de Educación Temprana de calidad para que asistan los niños y para que las familias depositen su confianza. A través de las estadísticas, se ha demostrado que la educación temprana ha demostrado aumentar las tasas de graduación y la asistencia a la universidad. ¡Estas cosas ayudan a crear una fuerza laboral de mayor calidad y, en general, ayuda a darles a los niños la mejor oportunidad de tener éxito en la vida!



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SUICIDE PREVENTION in the Gorge

Susan Gabay, *Survivors of Suicide Loss Outreach Volunteer*

NAMI/National Alliance on Mental Illness is the largest education, support, and advocacy organization on mental health in the nation. The mission of NAMI Oregon is to improve the quality of life of persons with mental illness and of their families through support, education, and advocacy. Under NAMI Oregon sponsorship, NAMI Gorge provides a monthly support group meeting for caregivers, friends, and family members of persons with mental illness. Gorge residents from any county in either state is welcome at this meeting in The Dalles. It occurs the first Thursday of the month from 6 to 7:30 pm at One Community Health Center, 1040 Webber Street. However due to COVID-19 these in-person meetings have been suspended until further notice.

For more information and up-to-date meeting status, contacts are: susanbgabay@gmail.com (541-478-3576); margiest@centurylink.net (541-980-7479); BarbaraBooklover1950@hotmail.com (541-980-7264). You can also contact the NAMI Oregon Support Line: 1-800-343-6264 or website: NAMIOR.org.

Since 2011 there has been a registered site in the Gorge (odd years in Hood River and even years in The Dalles) for the American Foundation for Suicide Prevention's annual program, Survivors of Suicide Loss Day. It is always held on the Saturday before Thanksgiving and either Hood River County Prevention Department or Wasco County YouthThink registers the site and determines the location and time. The 2-hour program offers support, networking, and resource connection to people who have lost a loved one to death by suicide, whether recently or anytime in the past. An outcome of the 2019 program in Hood River, a Survivors of Suicide Loss group was formed to enable those interested in gathering and sharing to meet more often. The group meets monthly the second Tuesday from 5:30 to 6:30 at various locations. For more information and up to date meeting status, contact: Belinda.Ballah@co.hood-river.or.us.

Two Gorge residents are trained and certified as Survivors of Suicide Loss Outreach Workers through the American Foundation for Suicide Prevention (AFSP). They can converse by phone, over email, or meet in person, respecting COVID-19 guidelines to provide emotional support and resource connections to individuals and families experiencing the tragedy of suicide of a loved one. Their contact information is: Susan Gabay (susanbgabay@gmail.com, 541-478-3576) and Margie Stovall (margiest@centurylink.net, 541-980-7479). Both have experienced loss of a child to suicide and are volunteers with AFSP.

Additionally, there are various trainings offered periodically in the Gorge on Suicide Prevention and Mental Health Awareness. Contact Belinda Ballah, Belinda.Ballah@co.hood-river.or.us.

PREVENCIÓN DEL SUICIDIO en la Gorge

Susan Gabay,

Voluntaria de Extensión para Sobrevivientes de Pérdidas por Suicidio

NAMI / National Alliance on Mental Illness es la organización más grande de educación, apoyo y defensa de la salud mental en la nación. La misión de NAMI Oregon es mejorar la calidad de vida de las personas con enfermedades mentales y de sus familias a través del apoyo, la educación y la defensa. Bajo el patrocinio de NAMI Oregon, NAMI Gorge ofrece una reunión de grupo de apoyo mensual para cuidadores, amigos y familiares de personas con enfermedades mentales. Los residentes de Gorge de cualquier condado en cualquier estado son bienvenidos en esta reunión en The Dalles. Ocurre el primer jueves del mes de 6 a 7:30 pm en One Community Health Center, 1040 Webber Street. Sin embargo, debido a COVID-19, estas reuniones en persona se han suspendido hasta nuevo aviso.

Para obtener más información y el estado actualizado de la reunión, los contactos son: susanbgabay@gmail.com (541-478-3576); margiest@centurylink.net (541-980-7479); BarbaraBooklover1950@hotmail.com (541-980-7264). También puede comunicarse con la Línea de asistencia de NAMI Oregon: 1-800-343-6264 o el sitio web: NAMIOR.org.

Desde 2011 ha habido un sitio registrado en el desfiladero (años impares en Hood River y años pares en The Dalles) para el programa anual de la Fundación Estadounidense para la Prevención del Suicidio, Día de los Sobrevivientes de la Pérdida Suicida. Siempre se lleva a cabo el sábado antes del Día de Acción de Gracias y el Departamento de Prevención del Condado de Hood River o YouthThink del Condado de Wasco registra el sitio y determina la ubicación y la hora. El programa de 2 horas ofrece apoyo, redes y conexión de recursos a personas que han perdido a un ser querido por suicidio, ya sea recientemente o en el pasado. Como resultado del programa de 2019 en Hood River, se formó un grupo de sobrevivientes de pérdidas por suicidio para permitir que aquellos interesados en reunirse y compartir se reúnan con más frecuencia. El grupo se reúne mensualmente el segundo martes de 5:30 a 6:30 en varios lugares. Para obtener más información y el estado actualizado de la reunión, comuníquese con: Belinda.Ballah@co.hood-river.or.us.

Dos residentes de Gorge están capacitados y certificados como trabajadores de extensión de sobrevivientes de pérdidas por suicidio a través de la Fundación Estadounidense para la Prevención del Suicidio (AFSP). Pueden conversar por teléfono, por correo electrónico o reunirse en persona, respetando las pautas de COVID-19 para brindar apoyo emocional y conexiones de recursos a las personas y familias que experimentan la tragedia del suicidio de un ser querido. Su información de contacto es: Susan Gabay (susanbgabay@gmail.com, 541-478-3576) y Margie Stovall (margiest@centurylink.net, 541-980-7479). Ambos han sufrido la pérdida de un hijo por suicidio y son voluntarios de AFSP.

Además, periódicamente se ofrecen varias capacitaciones en el desfiladero sobre prevención del suicidio y conciencia sobre la salud mental. Comuníquese con Belinda Ballah, Belinda. Ballah@co.hood-river.or.us.



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IMPORTANCE OF EMOTIONAL LITERACY AND SECURE ATTACHMENT

Debby Jones, *YouthThink Director*

I am often asked at what age should a parent start talking to their child about the risks of alcohol, tobacco and other drugs. My answer to that question has dramatically changed over the last several years and it has to do with a combination of 4 letters . . . EL and SA.

EL stands for Emotional Literacy and SA stands for Secure Attachment. When you team EL and SA together there is the potential to create a magical word known as RESILIENCE. I love this word but what does this all have to do with my original question . . . when do you start talking to your child about alcohol, tobacco and other drugs? My answer . . . the sooner the better but make sure it includes emotional literacy and secure attachment instead of “just say no”.

Emotional literacy is the ability to understand and deal appropriately with one’s feelings. You may have heard of reading literacy, which is a more common term. Reading literacy is the ability to understand, use and comprehend the written word. Emotional literacy is much the same and so much more than just naming your feelings.

Attachment is a basic human need. Secure attachment lays the foundation for healthy physical, emotional, intellectual and social development. Developing those secure attachments early in life can make a major difference later in life. Secure attachments are reinforced with appropriate touch, talk and eye contact.

When we don’t know how to deal with our feelings and do not have secure attachments our resiliency is impacted and we may look for other ways to have our needs met. Often that can include risky behaviors such as substance abuse.

On the contrary, with increased emotional literacy and secure attachment our resiliency increases. We are more equipped to choose healthy and appropriate behaviors. With more appropriate behaviors our relationships improve. It’s a wonderful circle of hope.

With this new found philosophy we knew we could do more to help our children and parent / care providers. We began our T2T Parent / Provider Boost Camps. This short 2 hour class is free and includes how-to resources that reinforce our 3-step process of increasing emotional literacy and secure attachment:

1. Identify the troubling behavior
2. Discover the actual feeling that is driving the behavior and
3. Discover new ways to deal with the feeling that lead to healthier results if needed and reinforce the new behavior with appropriate touch, talk and eye contact

Both YouthThink and Hood River County Prevention offices are excited to share these resources. T2T Parent / Provider Boost Camps are available in both The Dalles and Hood River and offered in English and Spanish and are age specific.

For more information contact Debby Jones – YouthThink / Wasco County at 541-506-2673 (debby@co.wasco.or.us) or Belinda Ballah – Hood River Prevention at 541-386-2500 (belinda.ballah@co.hood-river.or.us).

LA IMPORTANCIA DE LITERATURA EMOCIONAL Y EL APEGO SEGURO

Por Debby Jones, *Directora de YouthThink*

A menudo me preguntan a qué edad deben los padres comenzar a hablar con sus hijos sobre los riesgos de alcohol, el tabaco y otras drogas. Mi respuesta a esa pregunta ha cambiado dramáticamente en los últimos años y tiene que ver con una combinación de 4 letras . . . EL y SA. EL (por sus siglas en inglés) significa Literatura Emocional y SA (por sus siglas en inglés) significa Apego Seguro. Cuando combinas EL y SA juntos, existe el potencial de crear una palabra mágica conocida como RESILIENCIA. Me encanta esta palabra, pero ¿qué tiene que ver todo esto con mi pregunta original . . . cuándo empiezas a hablar con tu hijo sobre el alcohol, el tabaco y otras drogas? Mi respuesta . . . cuanto antes mejor, pero asegúrese de que incluya la literatura emocional y el apego seguro en lugar de “solo decir no”. La literatura emocional es la capacidad de comprender y lidiar adecuadamente con los sentimientos. Es posible que haya oído hablar de la lectoescritura, que es un término más común. La lectoescritura es la capacidad de comprender, usar y comprender la palabra escrita. La literatura emocional es muy parecida y mucho más que solo nombrar sus sentimientos. El apego es una necesidad humana básica. El apego seguro sienta las bases para un desarrollo físico, emocional, intelectual y social saludable. Desarrollar esos apegos seguros temprano en la vida puede hacer una gran diferencia más adelante en la vida. Los apegamientos seguros se refuerzan con el tacto, la conversación y el contacto visual adecuados.

Cuando no sabemos cómo lidiar con nuestros sentimientos y no tenemos apegos seguros, nuestra capacidad de recuperación se ve afectado y podemos buscar otras formas de satisfacer nuestras necesidades. A menudo, esto puede incluir comportamientos riesgosos como el abuso de sustancias. Por el contrario, con una mayor literatura emocional y un apego seguro, nuestra resistencia aumenta. Estamos más equipados para elegir comportamientos saludables y apropiados. Con comportamientos más apropiados nuestras relaciones mejoran. Es un maravilloso círculo de esperanza.

Con esta nueva filosofía encontrada, sabíamos que podíamos hacer más para ayudar a nuestros hijos y a los padres / proveedores de cuidado. Comenzamos nuestros campamentos de refuerzo para padres / proveedores de T2T. Esta breve clase de 2 horas es gratuita e incluye recursos prácticos que refuerzan nuestro proceso de 3 pasos para aumentar la literatura emocional y el apego seguro:

1. Identificar el comportamiento problemático
2. Descubra el sentimiento real que está impulsando el comportamiento y
3. Descubra nuevas formas de lidiar con la sensación que conduce a resultados más saludables si es necesario y refuerce el nuevo comportamiento con el tacto, la conversación y el contacto visual adecuados.

Ambas oficinas de YouthThink y el Departamento de Prevención del Condado de Hood River están entusiasmadas de compartir estos recursos. Los campamentos de refuerzo para padres / proveedores de T2T están disponibles tanto en The Dalles como en Hood River y se ofrecen en inglés y español y son específicos para cada edad.

Para obtener más información, comuníquese con Debby Jones - YouthThink / Condado de Wasco al 541-506-2673 (debby@co.wasco.or.us) o Belinda Ballah - Departamento de Prevención del Condado de Hood River al 541-386-2500 (belinda.ballah@co.hood-river.or.us).



FOOD RESOURCES in the Gorge

Jordan Haas, MS, RDN, *Program Coordinator*,
Gorge Grown Food Network

There are many types of organizations providing food resources in the Columbia River Gorge. There are food resources available for people of all ages, genders, races, housing, and immigration status.

Food at food pantries is free to all. You can get food from a food pantry even if you receive SNAP, WIC, or other benefits. You do not need to show an id or proof of income to receive food.

The Supplemental Nutrition Assistance Program (SNAP) program provides money each month for food. SNAP benefits are added to an Electronic Benefits Transfer (EBT) card and used like a debit card.

The Women, Infants, and Children (WIC) program provides food to women and their children up to age 5. Fathers can also receive food for their children. There is also a program that provides free or reduced price meals to kids in public schools. Children that live in households receiving SNAP automatically qualify for free school meals.

Senior meal sites provide meals, usually lunch, to adults age 60 and over. Older adults that are homebound, may be able to receive meals delivered to their homes through a program such as Meals on Wheels.

SNAP can be used to buy food at most farmers markets. Many markets have a SNAP matching program - your five dollars in SNAP benefits would equal \$10 in money to spend at the market. WIC recipients can receive market coupons through the Farmers' Market Nutrition Program and older adults can receive coupons through the Senior Farmers' Market Nutrition Program.



RECURSOS ALIMENTICOS En La Garganta

Por Jordan Haas, MS, RDN, *Coordinado del Programa*,
Gorge Grown Food Network

Hay muchos tipos de organizaciones que proporcionan recursos alimenticios en el Columbia River Gorge. Hay recursos alimenticios disponibles para personas de todas las edades, géneros, razas, vivienda y estado migratorio.

La comida en las despensas es gratis para todos. Puede obtener alimentos de una despensa de alimentos, incluso si recibe SNAP, WIC, u otros beneficios. No necesita mostrar una identificación o comprobante de ingresos para recibir alimentos.

El programa del Programa de Asistencia Nutricional Suplementaria (SNAP) proporciona dinero cada mes para alimentos. Los beneficios de SNAP se agregan a una tarjeta de transferencia electrónica de beneficios (EBT) y se usan como una tarjeta de débito.

El programa Mujeres, Infantes y Niños (WIC) proporciona alimentos a mujeres y a sus hijos hasta los 5 años. Los padres también pueden recibir alimentos para sus hijos. También hay un programa que ofrece comidas gratuitas o de precio reducido a los niños en las escuelas públicas. Los niños que viven en hogares que reciben SNAP califican automáticamente para recibir comidas escolares gratuitas.

Los sitios de comidas para adultos mayores ofrecen comidas, generalmente almuerzos, a adultos de 60 años o más. Los adultos mayores que están confinados en su hogar pueden recibir comidas entregadas en sus hogares a través de un programa como Meals on Wheels.

SNAP se puede usar para comprar alimentos en la mayoría de los mercados de agricultores. Muchos mercados tienen un programa de correspondencia SNAP: sus cinco dólares en beneficios de SNAP equivaldrían a \$10 en dinero para gastar en el mercado. Los beneficiarios de WIC pueden recibir cupones de mercado a través del Programa de Nutrición del Mercado de Agricultores y los adultos mayores pueden recibir cupones a través del Programa de Nutrición del Mercado de Agricultores Mayores.

WASHINGTON GORGE ACTION PROGRAMS Change People's Lives

Leslie Naramore, *Executive Director*

"WAGAP is a multipurpose human service organization dedicated to helping individuals, families, and communities address basic human needs. Serving Klickitat and Skamania Counties since 1966, WAGAP's mission is strengthening community by inspiring hope and helping people help themselves.

Each year, thousands of people turn to WAGAP for short-term assistance and long-term solutions to help them take control of their lives and their futures.

Programs offering Nutrition Assistance, Emergency Housing, Emergency Homeless Shelters, Domestic Violence/Sexual Assault Intervention and Prevention, Care Coordination, Home Energy Assistance, Drug Free Communities, and the Gorge's only drop-in Community Youth Center assure that WAGAP is meeting the promise of Community Action. Helping people, changing lives."

LOS PROGRAMAS DE ACCIÓN DE WASHINGTON (WAGAP) Cambian la Vida de las Personas

Por Leslie Naramore, *Directora Ejecutiva*

WAGAP es una organización de servicios humanos multipropósito dedicada a ayudar a las personas, las familias y las comunidades a abordar las necesidades humanas básicas. Sirviendo a los condados de Klickitat y Slamania desde 1966, la misión de WAGAP's es fortalecer la comunidad al inspirar esperanza y ayudar a las personas a ayudarse a sí mismas.

Cada año, miles de personas recurren a WAGAP para obtener asistencia a corto plazo y soluciones a largo plazo para ayudarles a tomar el control de sus vidas y su futuro.

Los programas que ofrecen son Asistencia Nutricional, Vivienda de Emergencia, Refugios de Emergencia para Personas Sin Hogar, Intervención y Prevención de Violencia Doméstica / Asalto Sexual, Coordinación de Atención, Asistencia de Energía en el Hogar, Comunidades Libres de Drogas y el único Centro Comunitario para Jóvenes del Gorge aseguran que WAGAP cumpla con la promesa de Acción comunitaria. Ayudando a las personas, cambiando vidas.

For safety, for all



Wear a helmet in case you fall!
Protect your head, protect your future

**Hood River County
Sheriff's Office**

**309 State St.,
Hood River
541-386-2098**



LOW-INCOME ELDERLY DISCOUNT

- Available for Seniors 62 & older!
- Enrollment began October 18th, 2022
- Expanded Income Guidelines based on Gross Income
- Discounts are subject to funding limitations.

	Single Person Household	2 Person Household
Discount %	Yearly Income	Yearly Income
35%	\$13,590 and less	\$18,310 and less
25%	\$13,591 - \$18,075	\$18,311 - \$24,352
15%	\$18,076 - \$20,385	\$24,353 - \$27,465
5%	\$20,386 - \$27,180	\$27,466 - \$36,620

To apply contact:

Goldendale Klickitat County Senior
Services:
Stacy, (509) 773-3757

White Salmon Klickitat County
Senior Services:
Jill, (509) 493-3068



ADDITIONAL RESOURCES

KPUD: Energy Efficiency Rebates
(509) 773-7622

WAGAP: Low-Income Home Energy Assistance
(509) 493-2662



CASCADE

Consolidated Community Credit Union
consolidatedccu.com/peakchecking
541.387.9297 (Español Ext. 8004)

*APY= Annual Percentage Yield. Rates as of 12.01.22. Minimum opening balance \$25.00. Direct deposit required. See credit union for full details. Federally insured by NCUA.



PEAK CHECKING

**EARN UP TO
2.00%**^{APY}

ON BALANCES UP TO \$20,000

**No debit transactions
REQUIRED!**



DO YOU WANT TO HELP AN OLDER ADULT IN YOUR COMMUNITY?

Circles of Care connects older adults in The Dalles and Hood River Valley to volunteers that can help with supportive services. This helps older adults thrive in their homes and stay connected to their communities.

BECOME A VOLUNTEER TODAY!

You choose the frequency of your activities!

DO YOU NEED EXTRA HELP AT HOME?

Assistance may include shopping, transportation, light chores, yardwork and friendly check-ins!

QUESTIONS?

Rita Rathkey & Scott McKay
COCadmin@ageplus.org | (541) 397-0724



*Serving survivors of sexual
assault, domestic violence
and stalking*

helpinghandsoregon.org
24/7 Crisis Line: 541-386-6603

Set boundaries for
healthy relationships:

Ask permission

Listen

Be honest

Be attentive



DIRECTORY DIRECTORIO

911 and Emergency numbers / 911 y Números de Emergencia

Child Abuse Hotline OREGON 855-503-7233
<https://www.oregon.gov/dhs/children/Pages/index.aspx>

Child Abuse Hotline WASHINGTON 866-363-4276
<https://www.dcyf.wa.gov/services/child-welfare-system/cps>

Confederated Tribes of Warm Springs -- Crisis Hotline 541-553-1171
 1233 Veterans Street, Warm Springs, Or
<https://warmsprings-nsn.gov/program/community-counseling/>

Domestic Violence and Crime Victims: 24 Hour Crisis Line (Toll Free) 844-493-1709
<https://www.thehotline.org/help/>

Mental Health Crisis Line ■ 888-877-9147
<https://www.mccfl.org/services/mental-health/crisis/>

National Suicide Prevention Lifeline ◆ 800-273-8255
<https://suicidepreventionlifeline.org/>

Poison Control (Washington and Oregon) 800-222-1222
<https://www.poison.org/>

Police, Fire, & Medical Emergencies

Sexual Assault 911

Skamania Klickitat Community Network Safety Crisis Hotline (Toll Free) 800-352-5541
<http://www.skcnparents.net/child-abuse-and-neglect.html>

Southwest Washington Crisis Line 800-626-8137
<https://namiswwa.org/resources/mental-health-crisis-line/>

Suicide 911 or 988

Trevor Project Lifeline (24/7 LGBTQ Suicide Hotline) 866-488-7386
<https://www.thetrevorproject.org/get-help/>

Vetetrans Crisis Line 988 then press 1
<https://www.veteranscrisisline.net/about/what-is-988/>

DIRECTORY / DIRECTORIO

Animal Shelters and Control / Refugios y Control de Animales

If you are looking for a lost pet or thinking of adopting a pet.

Si está buscando una mascota perdida o está pensando en adoptar una mascota.

Goldendale Animal Control
115 Wing Rd, Goldendale, WA 509-773-3771
<https://www.ci.goldendale.wa.us/police-department/animal-control>

Hood River Adopt-A-Dog
3910 Heron Drive, Hood River, OR <https://hoodriveradoptadog.org/> 541-354-1083

Hood River County Animal Control
309 State Street, Hood River, OR <https://hoodriveradoptadog.org/> 541-387-7037

Klickitat County Animal Control
205 S Columbus Avenue, Goldendale, WA 509-773-4545

Skamania County Animal Control
200 Vancouver Avenue, Stevenson, WA 509-427-9490
<https://www.countyoffice.org/stevenson-animal-control-stevenson-wa-677/>

Wasco / Sherman Counties Home At Last Animal Shelter
200 River Road, The Dalles, OR <https://homeatlasths.org/> 541-296-5189

Wasco County Animal Control
200 River Rd, The Dalles, OR <http://homeatlasths.org/> 541-296-5454

Childcare / Cuidado de Niños

Help with early learning and education for young children and support for child care providers.

Ayuda con el aprendizaje temprana y la educación para niños pequeños y apoyo para proveedores de cuidado infantil.

Child Care Partners (Columbia Gorge Community College)
400 East Scenic Drive, The Dalles, OR <https://www.cgcc.edu/childcare> 541-506-6131

Educational Service District (ESD) 112 ■
520 NW Loop Rd, White Salmon, WA 360-921-2309
<https://www.esd112.org/ece/white-salmon-community-preschool/>

Four Rivers Early Learning Hub ▲
400 E Scenic Drive #207, The Dalles, OR <https://www.4relh.com/> 541-506-2234

Mid Columbia Children's Council Early Head Start ■
(Hood River Country Club) 820 Country Club Road, Hood River, OR
<https://mccheadstart.org/> 541-386-3269

Mid Columbia Children's Council Early Head Start (Belmont Drive) ■
2168 Belmont Drive, Hood River, OR 541-386-1955
<https://mccheadstart.org/belmont-center/>

Mid Columbia Children's Council Early Head Start (Carson) ■
441 Hot Springs, Carson, WA 509-427-5815
<http://mccheadstart.org/carson-center/>

Mid Columbia Children's Council Early Head Start (Goldendale) ■
920 S Schuster, Goldendale, WA 509-774-1114
<https://mccheadstart.org/goldendale-center/>

D I R E C T O R Y / D I R E C T O R I O

Mid Columbia Children's Council Early Head Start (Klickitat) ■
 98 School Drive, Klickitat, OR 509-369-3800
<https://mcccheadstart.org/klickitatdallesport/>

Mid Columbia Children's Council Early Head Start (Petersburg) ■
 3855 Fifteen Mile Road, The Dalles, OR 541-370-2536
<https://mcccheadstart.org/petersburg-center/>

Mid Columbia Children's Council Early Head Start (The Dalles) ■
 1717 W 10th Street, The Dalles, OR 541-298-8801
<https://mcccheadstart.org/the-dalles-center/>

Mid Columbia Children's Council Early Head Start (Tygh Valley) ■
 57594 Tygh Valley Road, Tygh Valley, OR 541-395-3342
<https://mcccheadstart.org/tygh-valley-head-start/>

Mid Columbia Children's Council Early Head Start (Wahtonka) ■
 3601 W 10th Street, The Dalles, OR 541-506-3411
<https://mcccheadstart.org/wahtonka-center/>

Mid Columbia Children's Council Early Head Start (White Salmon) ■
 555 NW Loop Road, White Salmon, WA 509-493-2666
<https://mcccheadstart.org/white-salmon-center/>

Oregon Child Development Council (Administration) ■ ♦ ▲
 1300 W. 9th Street, The Dalles, Oregon <https://www.ocdc.net/> 541-296-0143

Oregon Child Development Council (Odell Center) ■ ♦ ▲
 3485 Early Road, Odell, Oregon <https://www.ocdc.net/> 541-354-6232

Oregon Child Development Council (Parkdale Center) ■ ♦ ▲
 7300 Clear Creek Drive, Parkdale, Oregon <https://www.ocdc.net/> 541-352-6232

Oregon Child Development Council (St. Mary's Center) ■ ♦ ▲
 1110 Cherry Heights Road, The Dalles, Oregon <https://www.ocdc.net/>

Oregon Child Development Council (The Dalles Center) ■ ♦ ▲
 1300 W. 9th Street, The Dalles, The Dalles <https://www.ocdc.net/> 541-296-0143

Clothing, Free or Low Cost / Ropa, gratis o de bajo costo

Donate or shop for affordable secondhand apparel or household items.
 Done o compre ropa de segunda mano o artículos para el hogar.

Eagle One Thrift Store
 1224 Tucker Rd, Hood River, OR 541-806-3349
<https://www.facebook.com/pg/EagleOne97031/about/>

Gorge Thrift Store 509-427-5444
 62 SW Russell Avenue, Stevenson, Washington <http://www.gorgethriftstore.com/>

Hood River Valley Adult Center
 2010 Sterling Place, Hood River, OR <https://www.hrvac.org/thrift-store> 541-386-2060

Salvation Army (Columbia Gorge)
 623 E 3rd Street, The Dalles, OR <https://thedalles.salvationarmy.org/> 541-296-6417

■ Personal Español ♦ Sitio web en español ▲ Materiales españoles

■ Spanish Staff ♦ Spanish Website ▲ Spanish Materials

DIRECTORY / DIRECTORIO

Second Hand Rose
115 Stubeun, Bingen, WA <http://www.wgap.ws/home/second-hand-rose> 509-493-4231

St. Vincent de Paul The Dalles Thrift Store ■
505 W 9th St, The Dalles, WA <https://svdpthedalles.org/> 541 370-1231

Valley Christian Church
975 Indian Creek Rd, Hood River, OR 541 386-2608
<http://www.hoodrivervalleychristianchurch.com/>

Computers and Wifi, Free see Libraries, see Job Training
Computadoras y Wifi, Gratis see Biblioteca see Formación Profesional

Counseling (see Mental Health)
Asesoramiento (ver Salud Mental)

Dental
General and family denistry accepting a variety of insurance and health plan options. La odontología general y familiar acepta una variedad de opciones de seguros y planes de salud.

Advantage Dental ■
1025 Vey Way, The Dalles, OR <https://www.advantagedental.com/> 541-370-7120

Alfordable Dental 360-253-0300
13720 NE 28th Street, Suite A, Vancouver, Washington
<http://www.alfordabledental.com/index.html>

Kidz Dental Zone ■
419 State St. Suite 4, Hood River, OR <https://www.akidzdentalzone.com/> 541-387-8688

Kidz Dental Zone ■
1935 E 19th St. Suite 200, The Dalles, OR <https://www.akidzdentalzone.com/> 541-296-8901

Klickitat Valley Health ■
310 S Roosevelt Avenue, Goldendale, WA <http://www.kvhealth.net/> 509-773-4022

One Community Health (Hood River) ■
849 Pacific Avenue, Hood River, OR 541-386-6380
<https://www.onecommunityhealth.org/>

One Community Health (The Dalles) ■
1040 Webber Street, The Dalles, OR 541-296-4610
<https://www.onecommunityhealth.org/>

Stevenson Dental Care 509-427-8605
52 NW 2nd Street, Stevenson, Washington <https://www.stevenson dental.com/>

Disabilities / Discapacidades
Information and support for people with disabilities and their families.
Información y apoyo para personas con discapacidad y sus familias.

New Hope Farms/Adult Developmentally Delayed Residential Home 509-773-3939
46 New Hope Farm Rd, Goldendale WA,
<https://www.facebook.com/newhopefarmsusa/>

Area Agencies on Aging (AAA) Seniors & People with Disabilities ■
<https://adrcforegon.org/consite/index.php> (Toll Free) 800-452-2333

DIRECTORY / DIRECTORIO

Community Action Program of East Central Oregon (CAPECO) 541-705-5434
 (Serves older adults and people 18+ with disabilities)
 3641 Klindt Drive, The Dalles, Oregon <https://www.capeco-works.org/>

Disabled American Veteran's (DAV) Van 503-721-7804
 520 Mt. Hood St., The Dalles, OR
<https://www.portland.va.gov/VTP/DAV.asp>

Eastern Oregon Center for Independent Living
 (specialized resources for parents)
 400 E Scenic Drive, Bldg 2, Suite 2382, The Dalles, OR 844-370-2810
<https://eocil.org/>

Lifespan Respite Washington (Toll Free) 800-572-7368
 6316 S 12th Street, Tacoma, WA
<https://www.lifespanrespitewa.org/>

Mid-Columbia Senior & Disabled Services ■ 541-298-4114
 3641 Klindt Drive, The Dalles, OR
<https://www.oregon.gov/dhs/seniors-disabilities/Pages/index.aspx>

Opportunity Connections ■ 541-386-3520
 1107 13th St, Hood River, OR
<https://www.facebook.com/opportunityconnections/>

Parent to Parent of Klickitat County
 (support for parents of children with disabilities)
 (apoyo para padres de niños con discapacidades) WA 509-426-4813
<http://www.skcnparents.net/special-needs-parenting.html>

Social Security Office Administration
 401 E 3rd Street, The Dalles, OR <https://www.ssa.gov/> 877-405-3526 or 800-772-1213

Domestic Violence and Sexual Assault / Violencia Doméstica y Agresión Sexual
 Information on how to get help for crime/domestic violence survivors.
 Información sobre cómo obtener ayuda para los sobrevivientes de delitos
 y violencia doméstica.

Crime Victim's Assistance Gilliam County ▲ 541-384-4704
 221 S. Oregon St., Condon, OR
http://www.co.gilliam.or.us/government/index/Victim_s_Assistance.php

Crime Victim's Assistance Hood River County ■ 541-386-3103
 309 State Street, Hood River, OR
<https://www.co.hood-river.or.us/?SEC=D4C497A6-9F2B-4621-A05E-587E4993A666>

Crime Victim's Assistance Klickitat County 509-773-5838
 205 S Columbus Avenue MS-CH-18, Goldendale, WA
<https://klickitatcounty.org/311/Victim-Witness-Services>

Crime Victim's Assistance Sherman County 541-565-3534
 500 Court Street, Moro, OR
<https://www.co.sherman.or.us/victims-assistance-program/>

D I R E C T O R Y / D I R E C T O R I O

Crime Victim's Assistance Skamania County
240 NW Vancouver Avenue, Stevenson, WA 509-427-9406
<https://www.skamaniacounty.org/departments-offices/prosecutor/victim-witness>

Crime Victim's Assistance Wasco County ■
511 Washington Street, The Dalles, OR 541-506-2680
https://www.co.wasco.or.us/departments/district_attorney/victim_services.php

Domestic Violence and Crime Victims: 24 Hour Crisis Line
Víctimas de violencia doméstica y crimen: Línea de crisis las 24 horas (Número Gratuito)
<https://www.thehotline.org/help/> (Toll Free) 844-493-1709

Haven From Domestic and Sexual Violence ■
(Gilliam, Sherman, Wasco & Wheeler Counties)
PO Box 576, The Dalles, OR 541-296-1662
<https://haventhedalles.org/>

Helping Hands Against Violence (Hood River) ■
PO Box 441, Hood River, Oregon <http://www.helpinghandsoregon.org> 541-386-6603

Programs for Peaceful Living (24 hour crisis line Klickitat and Skamania)
Línea de crisis las 24 horas Klickitat and Skamania
<https://www.wagap.org/programs-for-peaceful-living> 844-493-1709

Skamania County Council on Domestic Violence and Sexual Assault
(SCCDVSA) 96 NW Columbia Street, Stevenson, WA 877-427-4210
<https://skaniadvsa.webs.com/>

Skamania County Council on Domestic Violence and Sexual Assault
Women's Support Group (Tuesdays 2-3:00pm)

Education/Advocacy / Educación / Abogacía

School Districts and other educational resources.
Distritos escolares y otros recursos educativos

Columbia Gorge Community College (Hood River Campus) ■
1730 College Way, Hood River, OR <https://www.cgcc.edu/> 541-308-8211

Columbia Gorge Community College (The Dalles Campus) ■
400 E Scenic Drive, The Dalles, OR www.cgcc.cc.or.us 541-506-6000

Columbia Gorge Education Service District Migrant Education ■
400 East Scenic Drive, Suite 207, The Dalles, OR 541-296-8271
<https://www.cgesd.k12.or.us/>

Columbia Gorge Educational Service District ■
400 E Scenic Drive, Suite 207, The Dalles, OR 541-298-5155
<https://www.cgesd.k12.or.us/>

ESD 112 Behavioral Health Program (multiple school-based services,
Klickitat and Skamania Counties), WA 360-952-3372
<https://www.esd112.org/safety-center/>

Four Rivers Early Learning Hub ■
400 E Scenic Drive #207, The Dalles, OR <https://www.4relh.com/> 541-506-2234

Hood River Community Education (Hood River County School District) ■
1011 Eugene Street, Hood River, OR 541-386-2055
<https://www.hoodriver.k12.or.us/domain/64>

DIRECTORY / DIRECTORIO

Hood River County Early Intervention ■
 1011 Eugene Street, Hood River, OR 541-387-5077
<https://www.hoodriver.k12.or.us/Page/358>

Klickitat County Early Intervention 509-493-4224
<https://www.esd112.org/special-services/early-support-for-infants-and-toddlers-esit/>

Mid Columbia Children's Council Early Head Start (Administration) ■
 1100 E Marina Way, Hood River, OR 541-386-2010
<https://mcccheadstart.org/head-start/>

North Central Education Service District (Gilliam,
 Sherman, Wheeler Counties) (Toll Free)
 135 S. Main Street, Condon, OR <https://www.ncesd.k12.or.us/> 800-450-2732

Oregon Child Development Council (Administration) ■ ♦ ▲ 541-296-0143
 1300 W. 9th Street, The Dalles, OR <https://www.ocdc.net/>

Sherman County Early Intervention 541-565-3600
<https://www.ncesd.k12.or.us/EI-ECSE>

Wasco County Early Intervention & Early Childhood Special Education
 1721 W 10th Street, The Dalles, OR 541-296-1478
<https://www.cgesd.k12.or.us/domain/29>

Washington State Education Service District 112
 2500 NE 65th Avenue , Vancouver, WA <https://www.esd112.org/> 360-750-7500

School Districts / Distritos Escolares

Arlington School District ▲
 1200 Main Street, Arlington, OR 541-454-2632
<https://www.ncesd.k12.or.us/Page/29>

Centerville School District
 2315 Centerville Hwy, Centerville, WA 509 773-4893
<https://www.centervilleschool.org/>

Condon School District
 210 E Bayard Street, Condon, OR <https://condon.k12.or.us/> 541-384-2441

Dufur School District #29
 802 NE 5th Street , Dufur, OR <https://www.dufur.k12.or.us/> 541-467-2509

Glenwood School District
 320 Bunnel St, Glenwood, WA <http://www.glenwood.k12.wa.us/> 509 364-3438

Goldendale School District 404
 604 E. Brooks Street, Goldendale, WA 509-773-5177
<https://www.goldendaleschools.org/>

Hood River County School District ■
 1011 Eugene Street, Hood River, OR <http://www.hoodriver.k12.or.us> 541-386-2511

Klickitat School District
 98 School Drive, Klickitat, WA 509-369-4145
<https://www.klickitat.wednet.edu/>

D I R E C T O R Y / D I R E C T O R I O

Lyle Schools (Lyle and Dallesport)
625 Keasey Road, Lyle, WA <https://www.lyleschools.org/> 509 356-2191

Mill A School District
1142 Jessup Rd, Cook, WA <http://www.milla.k12.wa.us/> 509 538-2522

Mosier Community School ■
1204 1st Ave, Mosier, OR 541-478-3321
<https://www.mosier.k12.or.us/Page/1>

North Wasco County School District ■
3632 West 10th Street, The Dalles, OR <https://www.nwasco.k12.or.us/> 541-506-3420

Sherman County School District
65912 High School Loop, Moro, OR 541-656-3500
<https://shermancountyschooldistrict.weebly.com/>

South Wasco School District
699 4th Street, Maupin, OR <https://www.swasco.net/> 541-395-2225

Stevenson-Carson School District ■
350 NW Bulldog Drive, Stevenson, WA <http://www.scsd303.org/> 509-427-5674

Trout Lake Schools
2310 WA-141, Trout Lake, WA 509 395-2571
<https://www.troutlake.k12.wa.us/>

White Salmon Valley School District ■
171 NW Washington Street, White Salmon, WA 509-493-1500
<https://www.wsvsd.org/>

Wishram Schools
135 Bunn Street, Wishram, WA 509 748-2551
<https://www.wishramschool.org/>

Employment (see Job Training) **Empleo** (ver Capacitación laboral)

Barrett Business Services (Employment and Temp Services) ■
3591 Klindt Drive Suite 100, The Dalles, OR 541-296-4455
<https://mybbbsi.com>

Oregon Employment Department / Worksource Oregon ■
700 Union Street, Suite 105, The Dalles, OR 541-296-5435
<http://www.worksourceoregon.org>

Oregon Human Development Corporation (Job Assistance) ■
1100 E Marina Way Suite 102, Hood River, OR 541 386-0333
<http://www.ohdc.org>

People for People ■ (Goldendale) 509-969-6322
116 East Main Street, Goldendale, Washington
<https://www.pfp.org/pfp/Agency/ContactUs.aspx>

People for People ■ (Goldendale) 509-773-8170
750 Broadway Avenue, Goldendale, Washington
<https://www.pfp.org/pfp/Agency/ContactUs.aspx>

DIRECTORY / DIRECTORIO

People for People ■ (Stevenson) 509-379-4709
 40 SW Cascade Avenue Suite 60, Stevenson, Washington
<https://www.pfp.org/pfp/Agency/ContactUs.aspx>

People for People ■ (White Salmon) 509-493-0315
 170 W Jewett Blvd, White Salmon, WA
<https://www.pfp.org/pfp/Agency/ContactUs.aspx>

Stevenson Unemployment Career Center Office 509-427-4464
 704 SW Rock Creek Drive, Stevenson, WA
<https://unemploymentoffice.us/washington-unemployment-offices/stevenson-wa-unemployment-career-center-office/>

White Salmon Unemployment Career Center 509-493-1210
 107 E. Jewett Blvd, White Salmon, WA
<https://unemploymentoffice.us/washington-unemployment-offices/white-salmon-wa-unemployment-career-center-office/>

WorkSource Oregon (Hood River) ■ 541 386-6300
 1730 College Way Room 301, Hood River, OR
<http://www.worksourceoregon.org>

WorkSource Oregon (The Dalles) 541-791-5850
 700 Union Street, Suite 105, The Dalles, Oregon <http://www.worksourceoregon.org>

Worksource Washington (Goldendale) 509-493-5009
 116 East Main Street, Goldendale, Washington <https://worksourcewa.com/>

Worksource Washington (Stevenson) 509-774-7631
 40 SW Cascade Avenue Suite 60, Stevenson, Washington <https://worksourcewa.com/>

Family and Children Services / Servicios para Familias y Niños

Resources and support for families experiencing a variety of challenges.
 Recursos y apoyo para familias que experimentan una variedad de desafíos.

Child Care Partners (Resource and Referral) ■ 541-506-6131
 400 East Scenic Drive, The Dalles, OR <https://www.cgcc.edu/childcare>

Child Protective Services & Family Services (Toll Free) 855-420-5888
 (Washington) (CPS Hotline) 509-363-3333
<https://www.childwelfare.gov/topics/supporting/support-services/>

Child Protective Services & Family Services (West) ■ 509-493-6180
 211 N Main Avenue, White Salmon, WA
<https://www.childwelfare.gov/topics/supporting/support-services/>

Child Support Enforcement (Klickitat County) (Prosecuting Attorney) 509-773-5838
 205 S Columbus Avenue, Goldendale, WA
<https://klickitatcounty.org/287/Prosecuting-Attorney>

Child Support Enforcement (Klickitat County) (Toll Free) 800-580-0228
<https://klickitatcounty.org/287/Prosecuting-Attorney>

DIRECTORY / DIRECTORIO

Child Support Enforcement (Oregon) (Toll Free) 800-850-0228
<https://www.doj.state.or.us/child-support/services/enforcement/>

Child Support Enforcement (Washington) (Toll Free) 800-729-7580
<https://www.childsupportoffice.net/washington-child-support-office-co47>

Child Welfare (DHS) Sherman County ■
 103 S Main Street, Condon, OR 541-384-2882
<http://www.dhs.state.or.us/communityforum/docs/wasco.pdf>

Child Welfare (DHS) (Self-Sufficiency) (Gilliam County) ■
 103 S Main Street, Condon, OR 541-384-4252
https://www.financialhelpresources.com/details/gilliam_county-OR.html

Child Welfare (DHS) Gilliam County ■
 103 S Main Street, Condon, OR 541-384-2882
https://www.financialhelpresources.com/details/gilliam_county-OR.html

Child Welfare (DHS) (Self-Sufficiency) (Hood River County) ■
 1610 9th Court, Hood River, OR 541-386-3199
<https://www.oregon.gov/dhs/offices/pages/self-sufficiency.aspx>

Child Welfare (DHS) (Self-Sufficiency) (Sherman County) ■
 103 S Main Street, Condon, OR 541-384-2882
<https://www.oregon.gov/DHS/Offices/Pages/General-Public.aspx>

Child Welfare (DHS) (Self-Sufficiency) (Wasco County) ■
 700 Union Street, The Dalles, OR 541-296-4661
<https://www.oregon.gov/dhs/offices/pages/self-sufficiency.aspx>

Child Welfare (DHS) Hood River County ■
 1610 9th Court, Hood River, OR 541-386-2962
<https://www.dcoffices.org/office/hood-river-dhs-office>

Child Welfare (DHS) Wasco County ■
 700 Union Street, The Dalles, OR 541-298-5136
<https://www.oregon.gov/dhs/offices/pages/child-welfare.aspx>

Child Welfare Department of Human Services (DHS)
 (Children & Youth Abuse Hotline) (Toll Free) 855-503-7233
<https://www.oregon.gov/dhs/children/Pages/index.aspx>

Children & Family Services (Stevenson)
 266 SW Second Street, Stevenson, WA 509-427-0700
<https://www.dcyf.wa.gov/node/559>

Columbia Gorge CASA
 P.O. Box 663, Hood River, OR <http://www.gorgecasa.org> 541 386-3468

Department of Social & Health Services (DSHS) (Goldendale) ■
 806 S Columbus Avenue, Goldendale, WA 509-773-7450
<https://www.dshs.wa.gov/location/dshs-cso-062>

Department of Social & Health Services (DSHS) (White Salmon) ■
 211 N Main Avenue, White Salmon, WA 509-493-4814
<https://www.dshs.wa.gov/location/dshs-cso-020>

DIRECTORY / DIRECTORIO

Eastern Oregon Center for Independent Living
(specialize resources for parents)
400 E Scenic Drive, Bldg 2, Suite 2382, The Dalles, OR 541-370-2810
<http://www.eocil.org>

Expecting in the Gorge
890 Roberts Drive, Hood River, OR 541-619-4123
<http://www.expectinginthegorge.com>

Four Rivers Early Learning Hub ▲
400 E Scenic Drive #207, The Dalles, OR <https://www.4relh.com/> 541-506-2234

Gorge Youth Mentoring (The Next Door) ■
965 Tucker Road, Hood River, OR <https://nextdoorinc.org/gym/> 541-386-6665

Healthy Families Oregon (The Next Door, Inc) (Hood River) 541-436-0320
965 Tucker Road, Hood River, Oregon <https://nextdoorinc.org/familysupport/>

Healthy Families Oregon (The Next Door, Inc) (The Dalles) 541-296-8118
1113 Kelly Avenue, The Dalles, Oregon <https://nextdoorinc.org/familysupport/>

Hood River Community Education (Hood River County School District) ■
1011 Eugene Street, Hood River, OR 541-386-2055
<https://www.hoodriver.k12.or.us/domain/64>

Hood River County Prevention ■
309 State Sreet, Hood River, OR 541 386-2500
<https://www.co.hood-river.or.us/?SEC=BF4EF44C-F1DD-4D37-8DCC-21B1A8001C2E>

Hope Family Care Center Pregnancy Resource (Hood River) ■
1936 12th Street, Suite 100, Hood River, OR 541-386-1050
<https://gorgehopefamily.org/>

Hope Family Care Center Pregnancy Resource(The Dalles) ■
3206 West 6th Street, Suite 100, The Dalles, OR 541-296-0650
<http://www.columbiagorgeprc.org>

KLASAC Klickitat Lyle Against Substance Abuse Coalition
115 W Steuben, Bingen, WA 509-493-2662 x 211
<https://www.ourklickitat.org/community-partners>

One Prevention Alliance
Stevenson , Washington 509-427-9490
<http://onepreventionalliance.org/>

Our Klickitat Prevention Coalition (WAGAP / DFC)
115 W Steuben, Bingen, WA <https://www.ourklickitat.org/> 509-493-2662 ext 211

Parent to Parent of Klickitat County (support for parents of children with disabilities)
(apoyo para padres de niños con discapacidades) Washington 971-236-8791
<https://arcwa.org/parent-to-parent/p2p-coordinator-information/>

PFLAG (Parents & Families of Lesbians & Gays)
(Padres y Familias de Lesbianas y Gays) <https://pflag.org/> 202-467-8180

■ Personal Español ◆ Sitio web en español ▲ Materiales españoles

■ Spanish Staff ◆ Spanish Website ▲ Spanish Materials

Primary Care

With you and your family



**Providence Hood River
Women's Clinic**

541-387-8940

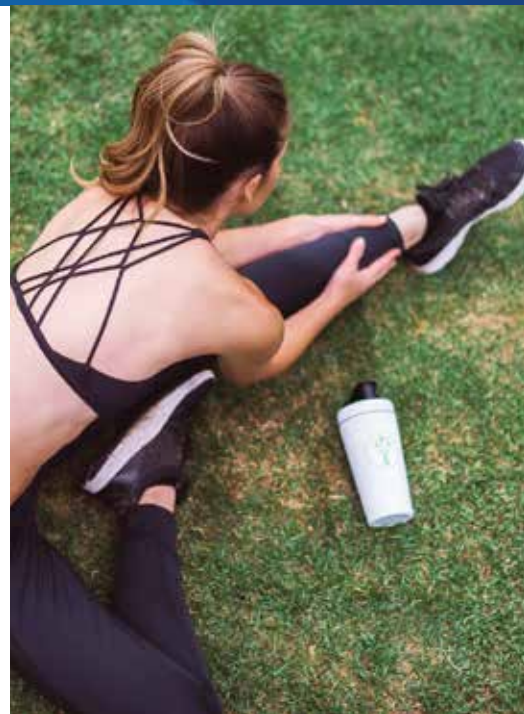


**Providence Hood River
Family Medicine Clinic**

541-387-1300

Providence.org

are Clinics ur family in mind



Providence Hood River Weekend Clinic

541-387-8940

Saturday/Sunday 9AM-3PM

Providence Hood River Internal Medicine

541-387-6125



D I R E C T O R Y / D I R E C T O R I O

Pregnancy Resource Center (Goldendale)
120 W Allyn, Goldendale, WA <https://www.goldendaleprc.org/> 509-773-5501

Safe Kids Columbia Gorge (Carseat / Bike Helmet /
Life Vest Safety for Children) (Oregon) The Dalles, OR 541-980-1019
<https://www.safekids.org/coalition/safe-kids-columbia-gorge>

SafeSpace Children's Advocacy Center of the Gorge ■
1625 Woods Court, Suite 102, Hood River, OR 541-436-2960
<http://www.safespaceac.org>

Sherman County Family Care & Resource Referral, Oregon 541-565-3434
<https://www.co.sherman.or.us/resources-contacts/>

Sherman County Prevention Coalition, Oregon 541-565-5036
<https://www.co.sherman.or.us/departments/prevention/>

Skamania Klickitat Community Network (Parenting Resources),
Washington <http://www.skcnparents.net/> 509-426-4813

Washington State Department of Children, Youth & Families ■
Washington <https://www.dcyf.wa.gov/> 360-902-8060

Washington State Department of Children, Youth & Families ■
(Goldendale) Goldendale, WA (Toll Free) 800-557-9671
https://fortress.wa.gov/dshs/ca/CAOfficesPub/offices/general/OfficeShow.asp?qs_City=179

Young Life ■ 541-386-5433
PO Box 1186, Hood River, OR

Youth Empowerment Shelter (YES)
514 E 9th Street, The Dalles, OR <http://www.yeshelter.org> 541-705-4777

YouthThink
610 Court Street, The Dalles, OR <https://youththink.net/> 541-506-2673

Financial Assistance / Asistencia Financiera

Assistance with food, utilities, and other issue
Asistencia con alimentos, servicios públicos y otros asuntos.

Community Action Program (Oregon)
350 Mission Street SE Suite 201, Salem, OR <https://caporegon.org/> 503-316-3951

Consumer Credit Counseling Service <https://credit.org/> 800-431-8157

Department of Human Services (DHS) (Self-Sufficiency) (Gilliam County) ■
103 S Main Street, Condon, OR 541-384-4252
https://www.financialhelpresources.com/details/gilliam_county-OR.html

Department of Human Services (DHS) (Self-Sufficiency) (Hood River County) ■
1610 9th Court, Hood River, OR 541-386-3199
https://www.financialhelpresources.com/details/hood_river_county-OR.html

Department of Human Services (DHS) (Self-Sufficiency) (Sherman County) ■
103 S Main Street, Condon, OR 541-384-4252
<https://www.oregon.gov/dhs/offices/pages/self-sufficiency.aspx>

DIRECTORY / DIRECTORIO

Department of Human Services (DHS) (Self-Sufficiency) (Wasco County) ■
 700 Union Street, The Dalles, OR 541-296-4661
<https://www.oregon.gov/dhs/offices/pages/self-sufficiency.aspx>

Department of Social & Health Service(DSHS) (Stevenson) ■
 66 2nd St, Stevenson, WA 509-427-0713
<https://www.dshs.wa.gov/location/dshs-cso-030>

Department of Social & Health Services (DSHS) (Goldendale) ■
 806 S Columbus Avenue, Goldendale, WA 509-773-7450
<https://www.dshs.wa.gov/node/7613>

Department of Social & Health Services (DSHS) (White Salmon) ■
 211 N Main Avenue, White Salmon, WA 509-493-4814
<https://www.dshs.wa.gov/>

Mid -Columbia Community Action Council ■
 312 E. 4th St, he Dalles, OR <https://mccac.com/> 541-298-5131

SNAP / EBT (Supplemental Nutrition Assistance Program ■
 (Food Stamps) (Hood River) 1610 9th Court Street, Hood River, OR 541-386-3199
<https://www.dshs.wa.gov/location/dshs-cso-030>

SNAP / EBT (Supplemental Nutrition Assistance Program (Food Stamps) ■
 (Stevenson) 266 SW 2nd Street, Stevenson, WA 877-501-2233
<https://www.benefits.gov/benefit/1364>

SNAP / EBT (Supplemental Nutrition Assistance Program (Food Stamps) ■
 (The Dalles) 700 Union Street, Suite 128, The Dalles, OR 541-296-4661
<https://www.oregon.gov/DHS/ASSISTANCE/FOOD-BENEFITS/Pages/About-SNAP.aspx>

SNAP / EBT (Supplemental Nutrition Assistance Program (Food Stamps) ■
 (White Salmon) 221 N Main Avenue, White Salmon, WA 877-501-2233
<https://www.benefits.gov/benefit/1364>

Social Security Office Administration (The Dalles)
 401 E 3rd St., The Dalles, OR <https://www.ssa.gov/> 800-772-1213
 Washington Gorge Action Programs ■
 115 W. Steuben, Bingen, WA wagap.org 509-493-2662

Food / Comida

Bingen Food Bank ■
 115 W Steuben Street, Bingen, WA <https://www.wagap.org/> 509-493-2662

Bread and Blessings (Assistance with food, housing, gas, clothing) ■
 St. Vincent de Paul, 315 W 3rd Street, The Dalles, OR 541-296-9566
<https://svdpthedalles.org/>

Columbia Gorge Food Bank ■
 610 Crates Way, The Dalles, OR 541-370-2333
<https://www.oregonfoodbank.org/about-us/locations/the-dalles/>

DIRECTORY / DIRECTORIO

Community Action Program (Oregon) ■ 350 Mission Street SE Suite 201, Salem, OR https://caporegon.org/	503-316-3951
FISH Food Bank (Cascade Locks) ■ 140 SW Wa-Na-Pa Street, Cascade Locks, OR http://fish-food-bank.com	541-374-8484
FISH Food Bank (Hood River) ■ 1130 Tucker Road, Hood River, OR http://fish-food-bank.com	541-386-3474
Goldendale Food Bank (Washington Gorge Action Program) ■ 112 E Main Street, Goldendale, WA https://www.wagap.org/food-banks-nutrition	509-493-2662
Gorge Gleaning 203 2nd Street, Hood River, OR http://gorgegleaning.com/	541-490-6420
Gorge Grown Food Network ■ 203 2nd Street, Hood River, OR https://gorgegrown.com/	541-490-6420
Klickitat County Meals on Wheels (Klickitat County Senior Services) ■ 136 N Main, White Salmon, WA https://klickitatcounty.org/347/Nutrition-Program	509-493-3068
Klickitat Food Bank (Washington Gorge Action Program) ■ 92 Main Street, Klickitat, WA https://www.wagap.org/food-banks-nutrition	509-493-2662
Meals on Wheels (Hood River) ■ 2010 Sterling Place, Hood River, OR https://www.hrvac.org/meals-on-wheels	541-386-2060
Meals on Wheels (The Dalles) ■ 1112 W 9th St, The Dalles, OR https://www.facebook.com/tdmealsonwheels/	541-298-8333
Mid-Columbia Community Action Council (MCCAC) ■ 312 E 4th Street, The Dalles, OR https://mccac.com/	541-298-5131
Rufus Food Bank 304 W 2nd Street, Rufus, OR https://www.fish-food-bank.com/about	541-980-1114
Salvation Army Food Bank ■ 623 E 3rd Street, The Dalles, OR https://www.foodpantries.org/li/salvation_army_the_dalles_97058	541-296-6417
Seventh-day Adventist Church (food pantry / clothing) 1222 Oak St , Hood River, OR hoodriveror.adventistchurch.org	541-386-3220

DIRECTORY / DIRECTORIO

Skamania County Meals on Wheels ■
 710 SW Rock Creek Drive, Stevenson, WA 509-427-3990
<https://www.skamaniacounty.org/departments-offices/senior-services/services/nutrition-programs>

SNAP / EBT (Supplemental Nutrition Assistance Program Condon ■
 103 South Main Street, Condon, OR 541-384-4252
https://www.financialhelpresources.com/details/gilliam_county-OR.html

SNAP / EBT (Supplemental Nutrition Assistance Program (Food Stamps) ■
 (Hood River) 1610 9th Court Street, Hood River, OR 541-386-3199
<https://govstatus.egov.com/or-dhs-benefits>

SNAP / EBT (Supplemental Nutrition Assistance Program (Food Stamps) ■
 (Stevenson) 266 SW 2nd Street, Stevenson, WA 877-501-2233
<https://www.snapoffices.com/ci/wa-stevenson>

SNAP / EBT (Supplemental Nutrition Assistance Program (Food Stamps) ■
 (The Dalles) 700 Union Street, Suite 128, The Dalles, OR 541-296-4661
<https://govstatus.egov.com/or-dhs-benefits>

SNAP / EBT (Supplemental Nutrition Assistance Program (Food Stamps) ■
 (White Salmon), 221 N Main Avenue, White Salmon, WA 877-501-2233
<https://medicaidoffice.us/washington-medicaid-offices/white-salmon-wa-medicaid-food-stamp-and-welfare-office/>

St Marks (emergency food / gas voucher)
 400 11th Street, Hood River, OR 541-386-2077
<https://episcopalchurch.org/parish/st-marks-episcopal-church-hood-river-or>

St Vincent de Paul (Community Meals) ■
 505 W 9th Street, The Dalles, OR communitymeal.com 541-296-9566

St. Vincent de Paul Food Bank (The Dalles) ■
 505 W. 9th Street, The Dalles, OR 541-296-9567
<http://www.svdpthedalles.org>

Stevenson Food Bank (Washington Gorge Action Program) ■
 683 Rock Creek Drive, Stevenson, WA 509-493-2662
<http://www.wgap.ws/home/food-banks-and-nutrition>

Wahtonka Community School Food Pantry
 3601 W 10th Street, The Dalles, OR 541-370-2333
<https://www.oregonfoodbank.org/columbia-gorge-food-bank-opens-dalles/>

Wasco County Meals on Wheels, Oregon ■ 541-298-8333

Washington Gorge Action Programs (WAGAP) ■
 115 W. Steuben, Bingen, WA <https://www.wagap.org/> 509-493-2662

WIC (Women, Infants, & Children) (Goldendale) ■
 228 W Main Street, Goldendale, WA 509-773-4565
<https://www.klickitatcounty.org/289/Public-Health>

DIRECTORY / DIRECTORIO

WIC (Women, Infants, & Children) (Hood River) ■
 1109 June Street, Hood River, OR 541-387-6882
https://www.co.hood-river.or.us/index.asp?Type=B_BASIC&SEC={88E4CED7-3C8F-4074-9C7A-075198E38804}&DE=

WIC (Women, Infants, & Children) (Stevenson) ■
 710 SW Rock Creek Drive, Stevenson, WA 509-427-3860
<https://www.klickitatcounty.org/289/Public-Health>

WIC (Women, Infants, & Children) (The Dalles) ■
 419 E 7th Street, The Dalles, OR 541-506-2610
https://www.wicprograms.org/li/wasco_county_wic_clinic_97058

WIC (Women, Infants, & Children) (White Salmon) ■
 501 NE Washington Street, White Salmon, WA 509-493-1558
<https://www.klickitatcounty.org/289/Public-Health>

Funeral Homes Assistance with final arrangements for your loved ones.

Anderson's Celilo Chapel (The Dalles) 541-296-2600
 204 E. 4th Street, The Dalles, Oregon <https://www.andersonstributecenter.com/the-dalles>

Anderson's Tribute Center (Hood River) 541-386-1000
 1401 Belmont Avenue, Hood River, Oregon
<https://www.andersonstributecenter.com/hood-river>

Columbia Gorge Cremation 541-386-1000
 1401 Belmont Avenue, Hood River, Oregon

Columbia River Crematory 509-773-4646
 300 W. Broadway, Goldendale, Washington

Gardner Funeral Home (White Salmon) 509-493-1323
 1270 N Main Avenue, White Salmon, Washington <https://gardnerfh.com/>

Gardner Memorial Chapel Funeral Home (Goldendale) 509-773-4646
 300 W. Broadway, Goldendale, Washington <https://gardnerfh.com/>

Smith Callaway Chapel, 311 Union Street, The Dalles, OR 541-396-3135
<https://www.imortuary.com/funeral-homes/oregon/the-dalles/smith-callaway-chapel/>

Spencer Libby & Powell Funeral Home 541-296-3234
 1100 Kelly Avenue, The Dalles, Oregon <https://www.spencerlibbyandpowell.com/>

Medical Examiner / Coroner

Hood River County Medical Examiner and Coroner 541-386-1115
 1109 June Stree, Hood River, Oregon

Klickitat County Coroner 509-773-5838
 205 S. Columbus Avenue, Goldendale, Washington

Skamania County Coroner (combined with Prosecutor Office) 509-427-3796
 240 NE Vancouver Avenue, Stevenson, Washington

D I R E C T O R Y / D I R E C T O R I O

Wasco County Medical Examiner and Coroner 1815 East 19th Street The Dalles Oregon	541-506-2600
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Government, City / Gobierno, Cuidad

Cascade Locks Administration, City Recorder, Finance, Ordinance Enforcement, Planning, Public Works 140 SE Wa-Na-Pa Street, Cascade Locks, OR https://www.cascade-locks.or.us/	541-374-8484
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Cascade Locks Justice Court 430 SW Wa-Na-Pa Street, Cascade Locks, OR https://www.co.hood-river.or.us/?SEC=66617F8C-C5E9-4A5D-9965-5AE0204F92E4	541-374-8558
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Condon Administration, Public Works ■ 128 S Main Street, Condon, OR http://cityofcondon.com/	541-384-2711
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Goldendale Administration, Building Inspector, City Clerk / Treasurer, Planning ■ 1103 S Columbus, Goldendale, WA https://www.ci.goldendale.wa.us/	509-773-3771
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Hood River City Main Number ■ 211 2nd Street, Hood River, OR https://cityofhoodriver.gov/	541-386-1488
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Hood River Municipal Court / Número Principal ■ 216 Cascade Street, Hood River, OR https://www.courts.oregon.gov/courts/hood_river/Pages/default.aspx	541-386-3942
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The Dalles Main Number / Número Principal 313 Court Street, The Dalles, OR http://www.ci.the-dalles.or.us/	541-296-5481
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White Salmon Main Number / Número Principal ■ 100 N Main Street, White Salmon, WA https://www.white-salmon.net/	509-493-1133
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Government, County / Gobierno, Condado

Gilliam County Main Number / Número Principal ▲ 221 S Oregon Street, Condon, OR http://www.co.gilliam.or.us/	541-384-3303
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Gilliam County District Attorney ▲ 221 S Oregon Street, Condon, OR http://www.co.gilliam.or.us/government/district_attorney/index.php	541-384-3844
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Gilliam County Juvenile Department ▲ 221 S Oregon Street, Condon, OR http://www.co.gilliam.or.us/government/juvenile_department/index.php	541-384-2398
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Hood River County Administration ■ 601 State Street, Hood River, OR https://www.co.hood-river.or.us/	541-386-3970
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DIRECTORY / DIRECTORIO**Hood River County Adult Parole & Probation ■**

309 State Street, Hood River, OR 541-387-6862
<https://www.co.hood-river.or.us/?SEC=63A8B693-F32F-4C2F-8B06-2CB1E0FF7124>

Hood River County District Attorney ■

309 State Street, Hood River, OR 541-386-3103
<https://www.co.hood-river.or.us/?SEC=4F759AC5-D4F8-4C51-B740-1F45870AC655>

Hood River County Health Department ■

1109 June Street, Hood River, OR 541.386.1115
<http://www.co.hood-river.or.us>

Hood River County Juvenile Department ■

309 State Street, Hood River, OR 541-386-1030
<https://www.co.hood-river.or.us/?SEC=C268D03A-5BA1-42CB-8919-EB58F9ADA158>

Hood River County Prevention Department ■

309 State Street, Hood River, OR 541-386-2500
<https://www.hoodriverprevents.com/>

Klickitat County Adult Parole & Probation ■

205 S Columbus Avenue, Goldendale, WA 509-773-3776
<https://klickitatcounty.org/153/Adult-Probation-Services>

Klickitat County Main Number ■

205 S Columbus Street, Rm 204, Goldendale, WA 509-773-5744
<https://www.klickitatcounty.org/>

Klickitat County District Attorney ■

205 S Columbus Avenue, Goldendale, WA 509-773-5838
<https://klickitatcounty.org/287/Prosecuting-Attorney>

Klickitat County Health Department (White Salmon) ■

501 NE Washington, White Salmon, WA 509-493-1558
<https://www.klickitatcounty.org/289/Public-Health>

Klickitat County Juvenile Department (East End) ■

131 W Court Street, Goldendale, WA 509-773-3355
<https://klickitatcounty.org/254/Juvenile-Department>

Klickitat County Juvenile Department (West End) ■

501 NE Washington Street, White Salmon, WA 509-493-3980
<https://www.klickitatcounty.org/254/Juvenile-Department>

Sherman County Main Number

500 Court Street, Moro, OR 541-565-3505
<https://www.co.sherman.or.us/>

Sherman County Adult Parole & Probation, Oregon

541-384-2852
<https://www.co.sherman.or.us/departments/tri-county-community-corrections/>

Sherman County Community Corrections, Oregon

541-384-2852
<https://www.co.sherman.or.us/departments/tri-county-community-corrections/>

DIRECTORY / DIRECTORIO

Sherman County District Attorney
500 Court Street, Moro, OR
<https://www.co.sherman.or.us/departments/district-attorneys-office/> 541-565-3534

Sherman County Emergency Services, Oregon
<https://www.co.sherman.or.us/departments/emergency-services/> 541-565-3100

Sherman County Justice of the Peace
500 Court Street, Moro, OR
<https://www.co.sherman.or.us/departments/sherman-county-justice-court/> 541-565-3572

Sherman County Juvenile Department
500 Court Street, Moro, OR
<https://www.co.sherman.or.us/departments/juvenile-court/> 541-565-3461

Skamania County Main Number
240 Vancouver Avenue, Stevenson, WA
<https://www.skamaniacounty.org/> 509-427-3770

Skamania County Adult Parole & Probation
240 Vancouver Avenue, Stevenson, WA
<https://www.skamaniacounty.org/departments-offices/probation-office> 509-427-3709

Skamania County Community Health
710 Rock Creek Drive, Stevenson, WA
<https://www.skamaniacounty.org/departments-offices/community-health> 509-427-3850

Skamania County District Attorney
240 Vancouver Avenue, Stevenson, WA
<https://www.skamaniacounty.org/departments-offices/prosecutor> 509-427-3796

Skamania County Juvenile Department
200 Vancouver Avenue, Stevenson, WA
<https://www.skamaniacounty.org/departments-offices/juvenile-services> 509-427-9462

Wasco County Main Number
511 Washington Street, The Dalles, OR
<https://www.co.wasco.or.us/> 541-506-2550

Wasco County Adult Parole & Probation
502 Washington Street, The Dalles, OR
https://www.co.wasco.or.us/departments/community_corrections/index.php 541-506-2570

Wasco County Circuit Court ■
511 Washington Street, The Dalles, OR
<https://www.courts.oregon.gov/courts/wasco/Pages/default.aspx> 541-506-2700

Wasco County District Attorney
511 Washington Street, The Dalles, OR
https://www.co.wasco.or.us/departments/district_attorney/index.php 541-605-2680

Wasco County Juvenile Department
202 E 5th Street, The Dalles, OR
https://www.co.wasco.or.us/departments/youth_services/index.php 541-506-3715

DIRECTORY / DIRECTORIO

Wasco County Public Works
2705 East 2nd St, OR 541-506-2640
https://www.co.wasco.or.us/departments/public_works/index.php

Health / Medical/ Salud y Medicina

Hospitals and health service providers for all income levels.
Hospitales y proveedores de servicios de salud para todos los niveles de ingresos.

Bridges to Change Services (Peer-run Referral and Support Program) 503-374-2869
212 Washington, The Dalles, Oregon

Bridges to Health Pathways Program 541-705-2705
610 Court Street, The Dalles, Oregon
<https://www.cghealthcouncil.org/bridges-to-health>

Bristol Hospice of the Gorge 541-386-1942
407 Portway Avenue, Suite 201, Hood River, Oregon
<https://bristolhospice.com/hood-river/>

Heart of Hospice (Hood River) ■
2621 Wasco Street, Hood River, OR <http://heartofhospice.org/> 541-386-1942

Heart of Hospice (The Dalles) ■
508 Washington Street, The Dalles, OR <http://heartofhospice.org/> 541-296-2289

Hood River County Health Department ■
1109 June Street, Hood River, OR <http://www.co.hood-river.or.us> 541-386-1115

Klickitat Valley Health Hospice ■
711 East Collins, Goldendale, WA <http://www.kvhealth.net/> 509-773-0380

Klickitat County Health Department (Goldendale) ■
228 W Main St, Goldendale, WA 509-773-4565
<https://www.klickitatcounty.org/289/Public-Health>

Klickitat County Health Department (White Salmon) ■
501 NE Washington, White Salmon, WA 509-493-1558
<https://www.klickitatcounty.org/289/Public-Health>

Klickitat Valley Health ■
310 S Roosevelt Avenue, Goldendale, WA <http://www.kvhealth.net/> 509-773-4022

Klickitat Valley Health Family Medicine ■
317 Sanders Way, Goldendale, WA 509-773-4017
<http://www.kvhealth.net/index.php/kvh/services/family-medicine>

Lifespan Respite Washington (Número Gratuito) ■
6316 S 12th Street, Tacoma, WA (Toll Free) 800-572-7368
<https://www.lifespanrespitewa.org/>

Mid-Columbia Medical Center ■
1700 East 19th Street, The Dalles, OR <http://www.mcmc.net> 541-296-1111

DIRECTORY / DIRECTORIO

North Central Public Health Department
419 E 7th Street, The Dalles, OR <https://ncphd.org/> 541-506-2600

North Shore Medical Group (Stevenson) (No Urgent Care Hours) ■
(No hay horas de atención urgente)
875 Rock Creek Drive SW, Stevenson, WA 509-427-4212
<http://www.northshore-medical.com>

North Shore Medical Group (White Salmon) / Urgent Care Atención de urgencias ■
212 Skyline Drive, White Salmon, WA <https://northshore-medical.com/> 509-493-2133

One Community Health (Hood River) ■
849 Pacific Avenue, Hood River, OR 541-386-6380
<https://www.onecommunityhealth.org/>

One Community Health (The Dalles) ■
1040 Webber Street, The Dalles, OR 541-296-4610
<https://www.onecommunityhealth.org/>

Outside In Health Center (LBGTQ youth) (LBGTQ juventud) ■
1132 SW 13th Avenue, Portland, OR <http://www.outsidein.org> 503-535-3866

Pathways HealthConnect 509-427-3850
710 SW Rock Creek Drive, Stevenson, Washington
<https://www.skamaniacounty.org/departments-offices/community-health/pathways/-fsiteid-1>

Providence Hood River Memorial Hospital ■
810 12th Street, Hood River, OR 541-386-3911
<http://www.providence.org/hoodriver>

Providence Hospice of the Gorge (The Dalles) ■
751 Myrtle Street, The Dalles, OR 541-296-3228
<https://oregonhospice.org/program/providence-hospice-of-the-gorge/>

Skamania County Community Health ■
710 Rock Creek Drive, Stevenson, WA 509-427-3850
<https://www.skamaniacounty.org/departments-offices/community-health>

Skyline Health (family medicine) ■
211 Skyline Drive, White Salmon, WA <https://myskylinehealth.org/> 509-493-1101

Skyline Health Clinic (family medicine) 509-637-2745
710 SW Rock Creek Drive, Stevenson, Washington
<https://myskylinehealth.org/>

Skyline Hospital ■
211 Skyline Drive, White Salmon, WA <https://myskylinehealth.org/> 509-493-1101

Health Insurance / Aseguransa de Salud

Help with low-income insurance options. Ayuda con opciones de seguro de bajos ingresos.

Health Finder Washington (Número Gratuito) ■ (Toll Free) 855-420-9752
<https://www.wahbexchange.org/contact-us/>

DIRECTORY / DIRECTORIO

Medicare (Número Gratuito) ■ (Toll free) 800-633-4227
<https://www.medicare.gov/forms-help-resources/contact-medicare>

Medicare (Washington) (Número Gratuito) ■ (Toll Free) 800-562-6900
<https://www.medicare.gov/forms-help-resources/contact-medicare>

Medicare Advantage 855-492-4169
<https://www.medicarehelp.org/2019-medicare-advantage/county/hood-river?state=oregon>

Molina Healthcare (Klickitat, Skamania Counties) 800-294-8620
<https://www.molinahealthcare.com/members/wa/en-us>

Oregon Health Plan Medicare (Número Gratuito) ■ (Toll Free) 800-336-6016
<https://www.oregon.gov/oha/hsd/ohp/pages/index.aspx>

Oregon Health Plan Customer Service ■ (Número Gratuito) (Toll Free) 800-699-9075
<https://www.oregon.gov/oha/HSD/OHP/Pages/OHP-Contacts.aspx>

PacificSource Community Solutions (Hood River, Wasco Counties) 800-431-4135
<https://communitysolutions.pacificsource.com/>

SHIBA (Senior Health Insurance Benefits Assistance) ■
 Medicare & Medicaid (Toll Free) 800-722-4134
<https://healthcare.oregon.gov/shiba/get-help/Pages/who-we-are.aspx>

Washington Apple Health (M-F 7:30am-5:30pm) ■
 626 8th Avenue SE, Cherry Street Plaza, Olympia, WA 855-923-4633
<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage>

Washington Health Care Authority ■
 Cherry Street Plaza, 626 8th Avenue SE, Olympia, WA 855-682-0787
<https://www.hca.wa.gov/>

Housing and Shelter / Vivienda y refugio

Low income and homeless help with housing options.

Bajos ingresos y ayuda para personas sin hogar con opciones de vivienda.

Bridges to Change Services (Peer-run Referral and Support Program) 503-374-2869
 212 Washington, The Dalles, Oregon

Columbia Cascade Housing Corporation (CCHC) 888-356-8919
 (Hood River, Sherman, Skamania, Klickitat, and Wasco Counties)
 500 2nd Street, The Dalles, Oregon
<https://www.mid-columbiahousingauthority.org/housing-assistance-programs/>

Columbia Gorge Habitat for Humanity
 111 E 5th Street (Basement), The Dalles, OR 541-296-4486
<https://www.habitat.org/us-or/dalles/columbia-gorge-habitat-humanity>

Fair Housing Council of Oregon ■
 1221 SW Yamhill St. #305, Portland, OR 503-223-8197
<http://fhco.org/>

Give Them Wings Inc. (WINGS) (Women and children) (mujeres y niños)
 The Dalles Oregon <http://www.getwings.net> 541-380-3820

DIRECTORY / DIRECTORIO

Guided Path Shelter and Permanent Housing (WAGAP) ■
115 W. Steuben St, Bingen, WA wagap.org 509-493-4234

Hood River Shelter Services (cold weather only) (solo clima frío) ■
317 State St, Hood River, OR www.HoodRiverCares.org 541-399-2057

Mid-Columbia Housing Agency (HUD Section 8) rent assistance asistencia de alquiler ■
500 2nd Street, The Dalles, OR 541-296-5462
<https://www.mid-columbiahousingauthority.org/>

Rock Creek / Cascade Village
530 NW Viewpoint Drive, Stevenson, WA 509-427-8141
<https://www.mercyhousing.org/northwest/cascade-village/>

The Dalles HOPE Warming Place Shelter (cold weather only) (solo clima frío) ■
315 W. 3rd Street, The Dalles, OR 541-296-9566
<http://www.svdpthedalles.org>

Transitional Housing (WAGAP) ■
112 E Main Street, Goldendale, WA 509-773-6834
<https://www.wagap.org/>

Youth Empowerment Shelter (YES) ■
514 E 9th Street, The Dalles, OR <http://www.yeshelter.org> 541-705-4777

Immigration Law / Ley de Inmigración

Immigration Counseling Service (Nonprofit Law) ■
216 Columbia Street, Suite B, Hood River, OR <https://www.ics-law.org/> 541-399-8029

Northwest Justice Project Washington <https://nwjustice.org/home> ■ 360-693-6130

Oregon Legal Aid (Portland Regional Office) ■
520 SW 6th Avenue, Suite 700, Portland, OR <https://lasoregon.org/> 503-224-4086

Job Training / Capacitación laboral

Columbia Gorge Community College (Hood River Campus) ■
1730 College Way, Hood River, OR <https://www.cgcc.edu/> 541-308-8211

Columbia Gorge Community College (The Dalles Campus) ■
400 E Scenic Drive, The Dalles, OR www.cgcc.cc.or.us 541-506-6000

Give Them Wings Inc. (WINGS) (Women and children) (mujeres y niños) ■
The Dalles, OR <http://www.getwings.net> 541-380-3820

Opportunity Connections (Job Assistance) (Hood River) ■
2940 Thomsen Road, Hood River, OR www.opportunityconnections.org 541-386-3520

Oregon Human Development Corporation (Job Assistance) (Asistencia Laboral) ■
100 E Marina Way Suite 102, Hood River, OR <http://www.ohdc.org> 541-386-0333

DIRECTORY / DIRECTORIO

People for People ■

170 W Jewett Blvd, White Salmon, WA 509-493-0315
<https://www.pfp.org/pfp/Agency/ContactUs.aspx>

Law Enforcement / Cuerpos Policiales

Bingen / White Salmon City Police (Dispatch -- after hours, weekends) ■

142 E Jewett Blvd, White Salmon, WA 509-493-2660
<https://www.white-salmon.net/directory>

City of Hood River Municipal Court ■

216 Cascade Street, Hood River, OR 541-386-3942
<https://cityofhoodriver.gov/municipal-court/>

Gilliam County Juvenile Department ▲

221 S Oregon Street, Condon, OR 541-384-2398
http://www.co.gilliam.or.us/government/juvenile_department/index.php

Gilliam County Sheriff ■

221 S Oregon Street, Condon, OR 541-384-2851
http://www.co.gilliam.or.us/government/sheriff_s_office/index.php

Goldendale City Police ■

1103 S Columbus, Goldendale, WA 509-773-3780
<https://www.ci.goldendale.wa.us/police-department>

Hood River City Police ■

211 2nd Street, Hood River, OR <https://cityofhoodriver.gov/police/> 541-386-2121

Hood River County Juvenile Department ■

309 State Street, Hood River, OR 541-386-1030
<https://www.co.hood-river.or.us/?SEC=C268D03A-5BA1-42CB-8919-EB58F9ADA158>

Hood River County Sheriff Office ■

309 State Street, OR <https://www.hoodriversheriff.com/> 541-386-2098

Klickitat County Juvenile Department (East End) ■

131 W Court Street, Goldendale, WA 509-773-3355
<https://klickitatcounty.org/254/Juvenile-Department>

Klickitat County Juvenile Department (West End) ■

501 NE Washington Street, White Salmon, WA 509-493-3980
<https://klickitatcounty.org/254/Juvenile-Department>

Klickitat County Sheriff (Dispatcher) Washington ■

<https://klickitatcounty.org/373/Sheriff> 509-773-4545

Northern Oregon Regional Correctional Facility (NORCOR) (Adult)

211 Webber Street, The Dalles, OR 541-298-1576
<https://www.norcor.co/home/>

Northern Oregon Regional Correctional Facility (NORCOR) (Juvenile)

211 Webber Street, The Dalles, OR <https://www.norcor.co/home/> 541-298-1447

DIRECTORY / DIRECTORIO

Oregon State Police (Dispatch) ■
3313 Bret Clodfelter Way, The Dalles, OR 541-296-2161
<https://www.oregon.gov/osp/pages/contact.aspx>

Sherman County Community Corrections
302 Scott St, Moro, OR 541-384-2852
<https://www.co.sherman.or.us/departments/tri-county-community-corrections/>

Sherman County Sheriff ■
500 Court Street, Moro, OR 541-565-3622
<https://www.co.sherman.or.us/departments/sheriff/>

Skamania County Juvenile Department ■
200 Vancouver Avenue, Stevenson, WA 509-427-9462
<https://www.skamaniacounty.org/departments-offices/juvenile-services>

Skamania County Sheriff ■
240 NW Vancouver Avenue, Stevenson, WA <http://skamaniasheriff.com/> 509-427-9190

The Dalles City Police (Dispatcher) ■
401 Court Street, The Dalles, OR 541-296-2233
<http://www.ci.the-dalles.or.us/police.htm>

Wasco County Community Corrections ■
421 E 7th Street, The Dalles, OR 541-506-2570
https://www.co.wasco.or.us/departments/community_corrections/index.php

Wasco County Juvenile Department ■
202 E 5th Street, The Dalles, OR 541-506-3715
https://www.co.wasco.or.us/departments/youth_services/index.php

Wasco County Sheriff (Dispatcher) ■
511 Washington Street, The Dalles, OR 541-296-5454
<https://www.co.wasco.or.us/departments/sheriff/index.php>

Washington State Police (Número Gratuito) ■ (Toll Free) 800-283-7805
Washington <https://www.wsp.wa.gov/>

Legal Legal assistance for crime victims.
Asistencia legal para víctimas de delitos.

Clark County Volunteer Lawyers Program ■
1104 Main St Suite 1, Vancouver, WA <https://www.ccvlp.org/> 360-695-5313

Columbia Legal Services ■
101 Yesler Way, Suite 300, Seattle, WA <https://columbialegal.org/> 206-464-5911

Crime Victim's Assistance Gilliam County ▲
221 S. Oregon St., Condon, OR 541-384-4704
http://www.co.gilliam.or.us/government/index/Victim_s_Assistance.php

DIRECTORY / DIRECTORIO

Crime Victim's Assistance Hood River County ■
 309 State Street, Hood River, OR 541-386-3103
<https://www.co.hood-river.or.us/?SEC=D4C497A6-9F2B-4621-A05E-587E4993A666>

Crime Victim's Assistance Klickitat County ■
 205 S Columbus Avenue, Goldendale, WA 509-773-5838
<https://klickitatcounty.org/311/Victim-Witness-Services>

Crime Victim's Assistance Sherman County
 500 Court Street, Moro, OR 541-565-3534
<https://www.co.sherman.or.us/victims-assistance-program/>

Crime Victim's Assistance Skamania County Washington 509-427-9406
<https://www.skamaniacounty.org/departments-offices/prosecutor/victim-witness>

Crime Victim's Assistance Wasco County ■
 511 Washington Street, The Dalles, OR 541-506-2680
https://www.co.wasco.or.us/departments/district_attorney/victim_services.php

Evergreen Legal Clinic ■
 6 S 2nd St., Yakima, WA 509-575-5593
<http://www.lawyersattorneysguide.com/law-office/washington/yakima/office-268986438/>

Northwest Justice Project Washington <https://nwjustice.org/home> ■ 360-693-6130

Oregon Legal Aid (Portland Regional Office) ■
 520 SW 6th Avenue, Suite 700, Portland, OR <https://lasoregon.org/> 503-224-4086

Six Rivers Mediation Services (Columbia Gorge Region) ■
 601 Cascade Avenue, Hood River, OR <http://www.6rivers.org/> 541-386-1283

Washington Law Help
 Washington <https://www.washingtonlawhelp.org/>

Libraries / Bibliotecas

Cascade Locks Library ■
 300 SW Na Pa St, Cascade Locks, OR 541-374-9317
<https://hoodriverlibrary.org/venue/cascade-locks-library/>

Gilliam County Public Library ■
 134 S. Main Street, Condon, OR 541-384-6052
<http://www.co.gilliam.or.us/government/library/index.php>

Goldendale Community Library ■
 131 W Burgen Street, Goldendale, WA <http://www.fvrl.org/loc/gd> 509-773-4487

Hood River Library District ■
 502 State Street, Hood River, OR <https://hoodriverlibrary.org/> 541-386-2535

North Bonneville Community Library
 214 CBD Mall, North Bonneville, WA www.fvrl.org 888-546-2707

D I R E C T O R Y / D I R E C T O R I O

Parkdale Library ■
 7300 Clear Creek Rd, Mt. Hood, OR
<https://hoodriverlibrary.org/venue/parkdale-library/>
 541-352-6502

Sherman County Public Library
 65912 High School Loop, Moro, OR
<https://sagelib.org/member/sherman-county-publicschool-library>
 541-565-3297

Stevenson Community Library
 120 NW Vancouver Avenue, Stevenson, WA <http://www.fvrl.org/loc/st>
 509-427-5970

Wasco County Library District ■
 722 Court Street, The Dalles, OR
<https://www.wascocountylibrary.com/>
 541-296-2815

White Salmon Valley Community Library ■
 77 NE Wauna Avenue, White Salmon, WA
<http://www.fvrl.org/loc/ws>
 509-493-1132

Medical (see Health) **Médico** (ver Salud)

Mental Health / Salud Mental

Counseling services for all insurance options and income levels.
 Servicios de asesoramiento para todas las opciones de seguro y niveles de ingresos.

Beacon Health Crisis Line
<https://wa.beaconhealthoptions.com/about-us/services/>
 800-626-8137

Comprehensive Healthcare ■
 432 NE Tohomish Street, White Salmon, WA
<http://www.comphc.org/>
 509-493-3400

Comprehensive Healthcare Crisis Line ■ (Número Gratuito)
 Washington <http://www.comphc.org/> (Toll Free) 800-572-8122

Comprehensive Healthcare (Goldendale)
 Salud mental integral del centro de Washington
 112 W Main Street, Goldendale, WA
<http://www.comphc.org/>
 509-773-5801

Community Counseling Solutions (Arlington) ■
 120 Arlington Mall, Arlington, OR
<http://www.comphc.org/>
 541-454-2223

Community Counseling Solutions (CCS) (Condon) ■
 422 N Main Street, Condon, OR
<http://communitycounselingsolutions.org/contact/>
 541-384-2666

Crossroads Behavioral Health (Toll Free) (Número Gratuito) 866-720-3784
 240 SW Cascade Ave, Stevenson, WA 509-427-7100
<https://www.drug-rehab-headquarters.com/washington/facility/crossroads-behavioral-health-stevenson/>

DIRECTORY / DIRECTORIO

Dependency Health Services (Central Washington Comprehension)
 432 NE Tohomish Street, White Salmon, WA 509-493-3400
<https://sobernation.com/listing/dependency-hlth-services-white-salmon-branch-of-central-wa-comprehension-white-salmon-wa/>

Evergreen Family Counseling (24-hour Crisis Line)
 Línea de crisis las 24 horas Washington 844-493-1709

Evergreen Family Counseling (Bingen)
 115 W Steuben, Bingen, WA 509-493-2662

Evergreen Family Counseling (Goldendale) 116 W Main Street
 Goldendale, WA 509-773-6100

Evergreen Family Counseling (Hood River)
 1026 25th Street, Hood River, OR 541-386-2918

Kick-It Counseling (Goldendale)
 104 E Main Street, Goldendale, WA 509-773-6333
<http://www.cswf.org/Washington/Goldendale/>

Mid Columbia Center For Living (Sherman Counties) ■
 302 Scott Street Main Level, Moro, OR 541-565-3149
<https://www.mccfl.org/>

Mid-Columbia Center For Living (Hood River) ■
 1610 Woods Court, Hood River, OR 541-386-2620
<http://www.mccfl.org>

Mid-Columbia Center For Living (The Dalles) ■
 1060 Webber Street, The Dalles, OR 541-296-5452
<https://www.mccfl.org/>

Mid-Columbia Center For Living 24/7 Crisis Hotline (Línea de crisis las 24 horas) ■
 The Dalles, OR <https://www.mccfl.org/> 888-877-9147

Mid-Columbia Center For Living Free Crisis Warmline: (Línea de crisis gratuita) Hood River ■
 1610 Woods Ct., Hood River, OR 541-386-2620
<https://www.mccfl.org/>

North Shore Medical Stevenson ■
 875 SW Rock Creek Dr, Stevenson, WA 509-427-4212
<https://northshore-medical.com/>

North Shore Medical White Salmon ■
 65371 WA-14, White Salmon, WA 509-493-2133
<https://northshore-medical.com/>

One Community Health (Hood River) ■
 849 Pacific Avenue, Hood River, OR 541-386-6380
<https://www.onecommunityhealth.org/>

DIRECTORY / DIRECTORIO

One Community Health (The Dalles) ■
1040 Webber Road, The Dalles, OR 541-296-4610
<https://www.onecommunityhealth.org/>

Oregon Partnership Lines For Life
5100 SW Macadam Avenue Suite 400, Portland, OR 503-244-5211
<http://www.linesforlife.org>

Our Klickitat Coalition
115 W Steuben, Bingen, WA 509-493-2662 ext 211
<https://www.ourklickitat.org/contact>

Programs for Peaceful Living (24 hour crisis line) (línea de crisis las 24 horas) ■
115 W. Steuben, Bingen, WA 844-493-1709
<https://www.wagap.org/>

Programs for Peaceful Living (Toll Free) (Bingen) ■
115 W. Steuben, Bingen, WA 800-755-1192 ext 334
<https://www.wagap.org/>

Programs for Peaceful Living (Toll Free) (Número Gratuito) (Goldendale) ■
116 W Main Street, Goldendale, WA 800-755-1192 ext 320
<https://www.wagap.org/>

Programs for Peaceful Living (Washington Gorge Action Program) (Bingen / White Salmon) ■
115 W. Steuben, Bingen, WA <https://www.wagap.org/> 509-493-2662

Programs for Peaceful Living (Washington Gorge Action Program) (Goldendale) ■
116 W Main Street, Goldendale, WA <https://www.wagap.org/> 509-773-6100

Providence Gorge Counseling & Treatment Center Crisis Line (Linea de Crisis) ■
814 13th Street, Hood River, OR 541-387-6138
<https://oregon.providence.org/location-directory/p/providence-hood-river-memorial-hospital-behavioral-health/>

Providence Hood River Memorial Hospital ■
810 12th Street, Hood River, OR 541-386-3911
<https://oregon.providence.org/location-directory/p/providence-hood-river-memorial-hospital/#laid=5321>

Skamania County Council on Domestic Violence and Sexual Assault ■ (SCCDVSA)
Consejo del condado de Skamania sobre violencia doméstica y agresión sexual
96 NW Columbia Street, Stevenson, WA 877-427-4210
<https://skamaniadvsa.webs.com/>

Skamania County Mental Health ■
Salud de la comunidad del condado de Skamania
710 SW Rock Creek Drive, Stevenson, WA 509-427-3850
<https://www.skamaniacounty.org/departments-offices/community-health/mental-health>

DIRECTORY / DIRECTORIO

Skamania Klickitat Community Network Safety Crisis Hotline ■ (Toll Free) (Número Gratuito)
 Línea directa de crisis de seguridad de la red comunitaria de Skamania Klickitat
 115 W. Steuben, Bingen, WA <https://www.wagap.org/> 800-352-554

Therapy in the Gorge (List of therapists, including payment types accepted)
 (Lista de terapeutas, incluidos los tipos de pago aceptados)
 216 Cascade, Hood River, OR <http://www.therapyinthegorge.com/> 541-400-0186

Migrant Seasonal Farm Worker

Child Care Partners (Columbia Gorge Community College)
 400 East Scenic Drive, The Dalles, OR 541-506-6131
<https://www.cgcc.edu/childcare>

Columbia Gorge Education Service District Migrant Education ■
 400 East Scenic Drive, Suite 207, The Dalles, OR 541-296-8271
<https://www.cgesd.k12.or.us/>

Columbia Gorge Food Bank ■
 3610 Crates Way, The Dalles, OR 541-370-2333
<https://www.oregonfoodbank.org/about-us/locations/the-dalles/>

Educational Service District (ESD) 112 ■
 520 NW Loop Rd, White Salmon, WA 360-921-2309
<https://www.esd112.org/ece/white-salmon-community-preschool/>

Fair Housing Council of Oregon ■
 1221 SW Yamhill St. #305, Portland, OR 503-223-8197
<http://fhco.org/>

FISH Food Bank (Hood River) ■
 1130 Tucker Road, Hood River, OR 541-386-3474
<http://fish-food-bank.com>

Four Rivers Early Learning Hub ■
 400 E Scenic Drive #207, The Dalles, OR 541-506-2234
<https://www.4relh.com/>

Goldendale Food Bank (Washington Gorge Action Program) ■
 112 E Main Street, Goldendale, WA 509-493-2662
<https://www.wagap.org/food-banks-nutrition>

Immigration Counseling Service (Nonprofit Law) ■
 216 Columbia Street, Suite B, Hood River OR 541-399-8029
<https://www.ics-law.org/>

Immigration Counseling Services (ICS) 503-221-1689
 519 SW Park Avenue, Portland, OR
<https://www.ics-law.org/Informed Immigrant> <https://www.informedimmigrant.com/guides/>

Informed Immigrant <https://www.informedimmigrant.com>

Klickitat Food Bank (Washington Gorge Action Program) ■
 92 Main Street, Klickitat, WA 509-493-2662
<https://www.wagap.org/food-banks-nutrition>

DIRECTORY / DIRECTORIO

Mid-Columbia Community Action Council (Hood River) 606 State Street, Suite 1B, Hood River, OR https://www.mccac.com/	541-386-4027
Mid-Columbia Community Action Council (The Dalles) 312 E. 4th Street, The Dalles, OR https://www.mccac.com/	541-298-5131
Mid-Columbia Housing Agency (HUD Section 8) rent assistance ■ 500 2nd Street, The Dalles, OR https://www.mid-columbiahousingauthority.org/	541-296-5462
Northwest Justice Project ■ Washington https://nwjustice.org/home	360-693-6130
Oregon Child Development Council (Administration) 1300 W. 9th Street, The Dalles, Oregon https://www.ocdc.net/	541-296-0143
Oregon Child Development Council (Odell Center) 3485 Early Road, Odell, Oregon https://www.ocdc.net/	541-354-6232
Oregon Child Development Council (Parkdale Center) 7300 Clear Creek Drive, Parkdale, Oregon https://www.ocdc.net/	541-352-6232
Oregon Child Development Council (St. Mary's Center) 1110 Cherry Heights Road, The Dalles, Oregon https://www.ocdc.net/	
Oregon Child Development Council (The Dalles Center) 1300 W. 9th Street, The Dalles, The Dalles https://www.ocdc.net/	541-296-0143
Oregon Employment Department / Worksource Oregon (The Dalles) ■ 700 Union Street, Suite 105, The Dalles, OR http://www.worksourceoregon.org	541-296-5435
Oregon Health Plan (Toll Free) ■ Oregon https://www.oregon.gov/oha/hsd/ohp/pages/index.aspx	800-336-6016
Oregon Health Plan Customer Service (Toll Free) ■ Oregon https://www.oregon.gov/oha/HSD/OHP/Pages/OHP-Contacts.aspx	800-699-9075
Oregon Human Development Corporation (Job Assistance) ■ 1100 E Marina Way Suite 102, Hood River, OR http://www.ohdc.org	541 386-0333
Oregon Legal Aid (Portland Regional Office) ■ 520 SW 6th Avenue, Suite 700, Portland, OR https://lasoregon.org/	503-224-4086
People for People ■ 170 W Jewett Blvd, White Salmon, WA https://www.pfp.org/pfp/Agency/ContactUs.aspx	509-493-0315
Stevenson Unemployment Career Center Office 704 SW Rock Creek Drive, Stevenson, WA https://unemploymentoffice.us/washington-unemployment-offices/stevenson-wa-unemployment-career-center-office/	509-427-4464

DIRECTORY / DIRECTORIO

Washington Apple Health (M-F 7:30am-5:30pm) ■
 626 8th Avenue SE, Cherry Street Plaza
 Olympia, WA 855-923-4633
[https://www.hca.wa.gov/health-care-services-supports/
 apple-health-medicaid-coverage](https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage)

Washington Gorge Action Programs (WAGAP) ■
 115 W. Steuben, Bingen, WA 509-493-2662
<https://www.wagap.org/>

Washington Health Care Authority ■
 Cherry Street Plaza, 626 8th Avenue SE, Olympia, WA 855-682-0787
<https://www.hca.wa.gov/>

White Salmon Unemployment Career Center
 107 E. Jewett Blvd, White Salmon, WA 509-493-1210
[https://unemploymentoffice.us/washington-unemployment-offices/
 white-salmon-wa-unemployment-career-center-office/](https://unemploymentoffice.us/washington-unemployment-offices/white-salmon-wa-unemployment-career-center-office/)

WIC (Women, Infants, & Children) (Goldendale) ■
 228 W Main Street, Goldendale, WA 509-773-4565
<https://www.klickitatcounty.org/289/Public-Health>

WIC (Women, Infants, & Children) (Hood River) ■
 1109 June Street, Hood River, OR 541-387-6882
[https://www.co.hood-river.or.us/index.asp?Type=B_
 BASIC&SEC={88E4CED7-3C8F-4074-9C7A-075198E38804}&DE=](https://www.co.hood-river.or.us/index.asp?Type=B_BASIC&SEC={88E4CED7-3C8F-4074-9C7A-075198E38804}&DE=)

WIC (Women, Infants, & Children) (Stevenson) ■
 710 SW Rock Creek Drive, Stevenson, WA 509-427-3860
<https://www.klickitatcounty.org/289/Public-Health>

WIC (Women, Infants, & Children) (The Dalles) ■
 419 E 7th Street, The Dalles, OE 541-506-2610
https://www.wicprograms.org/li/wasco_county_wic_clinic_97058

WIC (Women, Infants, & Children) (White Salmon) ■
 501 NE Washington Street, White Salmon, WA 509-493-1558
<https://www.klickitatcounty.org/289/Public-Health>

Oregon Employment Department / WorkSource Oregon (Hood River) ■
 1730 College Way Room 301, Hood River, OR 541 386-6300
<http://www.worksourceoregon.org>

WorkSource Washington (Klickitat / Skamania)
 107 W. Jewett Blvd, White Salmon, WA 509-493-5009
<https://www.worksourcewa.com/>

Parenting Resources (see Family and Children Services)
Recursos para padres (ver Servicios para familias y niños)

D I R E C T O R Y / D I R E C T O R I O

Radio

KACI 1300 AM/ 97.7 FM-The Dalles https://gorgeradio.com/?pg=18157	719 E. 2nd The Dalles, OR	541-296-2211
KCGB 105.5 FM-Hood River https://gorgeradio.com/?pg=18153	Hood River, OR	541-386-1511
KIHR 1340 AM-Hood River ■ https://gorgeradio.com/?pg=18151	Hood River, OR	541-386-1511
KLCK 1400 AM (Goldendale) 620 E. 3rd St. ,The Dalles, OR https://www.radio.net/s/klck		877-773-5525
KODL 1440 AM-The Dalles 404 East 2nd Street, The Dalles, OR https://www.radioonlinelive.com/usa/kodl-1440-am/		541-296-2101
KYYT 102.3 FM Oregon https://onlineradiobox.com/us/kyyt/		541-296-9102
KZAS Radio Tierra 95.1, 95.9, 107.7 FM ■ P.O. Box 859, Hood River, OR https://radiotierra.org/		541-387-3772

School Districts (see education) Distritos Escolares (ver Educación)

Senior Services / Servicios para Personas Mayores

Services and supports for the older population.

Servicios y apoyos para la población mayor.

Area Agencies on Aging (AAA) Seniors & People with Disabilities ■ 3641 Klindt Drive, The Dalles, OR https://adrcoforegon.org/consite/index.php		800-452-2333
Circles of Care (Age+ volunteer program for people over age 55) (Hood River, Wasco Counties) Oregon https://ageplus.org/circles-of-care/		541-397-0724
Columbia Area Transit (CAT) Wheel Chair Accessible (Accesible en silla de ruedas) 224 Wasco Loop, Hood River, OR https://www.ridecatbus.org/		541-386-4202
Community Action Program of East Central Oregon (CAPECO) (serves older adults and people 18+ with disabilities) 3641 Klindt Drive, The Dalles, Oregon https://www.capeco-works.org/		541-705-5434
Goldendale Senior Center 115 E Main Street, Goldendale, WA		509-773-3757
Gorge TransLink Gorge-wide https://gorgetranslink.com/		541-296-2266
Hearts of Gold Caregivers 1211 Bridge Street, The Dalles, Oregon https://www.heartsofgoldcaregivers.com/		541-387-0207

DIRECTORY / DIRECTORIO

Hood River Valley Adult Center
2010 Sterling Place, Hood River, OR
<https://www.hrvac.org/> 541-386-2060

Klickitat County Senior Services (Toll Free) ■
228 W Main Street, Goldendale, WA
<https://www.klickitatcounty.org/336/Senior-Services> 800-447-7858

Klickitat County Senior Services (Goldendale) ■
115 W Court Street, Goldendale, WA
<http://www.klickitatcounty.org/336/Senior-Services> 509-773-3757

Klickitat County Senior Services (White Salmon) ■
136 N Main, White Salmon, WA
<http://www.klickitatcounty.org/336/Senior-Services> 509-493-3068

Meals on Wheels (see Food)

Medicare (Washington) (Número Gratuito) ■ (Toll Free) 800-562-6900
<https://www.medicare.gov/forms-help-resources/contact-medicare>

Mid-Columbia Senior Center
1112 W 9th Street, The Dalles, OR
<http://www.midcolumbiaseniorcenter.com/> 541-296-4788

Senior & Disabled Service (The Dalles)
3641 Klindt Drive, The Dalles, OR
<https://www.oregon.gov/dhs/seniors-disabilities/Pages/index.aspx> 541-298-4114

Sherman County Bus Services, Oregon
<https://www.co.sherman.or.us/departments/sherman-transit/> 541-565-3211

Sherman County Senior & Community Center
300 Dewey Street, Moro, OR
<https://www.co.sherman.or.us/departments/senior-center/> 541-565-3191

SHIBA (Senior Health Insurance Benefits Assistance) ■
Medicare & Medicaid (Número Gratuito) (Toll Free) 800-722-4134
<https://healthcare.oregon.gov/shiba/get-help/Pages/who-we-are.aspx>

Skamania County Senior Services ■
710 SW Rock Creek Drive, Stevenson, WA
<https://www.skamaniacounty.org/departments-offices/senior-services> 509-427-3990

Skamania County Senior Services Dental Hygienist
(sign up through Senior Services)
710 SW Rock Creek Drive, Stevenson, WA 509-427-3990

In Home Care

Addus Home Care (Medicaid and private pay)
Yakima, Washington 509-965-5126

Chesterfield Home Health Care (Medicaid and private pay) (Goldendale)
Goldendale, Washington <https://chesterfieldhealth.com/> 509-773-7703

DIRECTORY / DIRECTORIO

Chesterfield Home Health Care (Medicaid and private pay) (Stevenson) 509-427-0068
 194 SW 2nd Street Unit B, Stevenson, Washington <https://chesterfieldhealth.com/>

Family Resource Home Care (Medicaid and private pay) 541-769-1221
 414 Washington Street, Suite 1D The Dalles Oregon
<https://www.familyresourcehomecare.com/locations/the-dalles-or/>

Long Term Care Placement (Free Assistance) 971-400-7030

Oregon Home Care Commission (Registry and Referral System)
 Oregon 877-867-0077 option 1
<https://www.oregon.gov/dhs/seniors-disabilities/hcc/Pages/index.aspx>

Assisted Living

Ashley Manor Senior Living (Medicaid and private pay)
 1995 8th Street, Hood River, Oregon 888-376-7298 or 541-387-4514
<https://ashleymanorseniorliving.com/pacific-heights/>

Canyon Rim Assisted Living (Medicaid and private pay)
 1701 George Jackson Road, Maupin, Oregon 866-213-2011
<https://canyonrimassistedliving.com/>

Adult Foster Home

Cherry Street Manor (Medicaid and private pay)
 460 NE Cherry Street, White Salmon, Washington 509-493-1084

Country Rose Adult Family Home (Medicaid and private pay)
 415 S Columbus Street, Goldendale, Washington 509-773-3586

The Pearls Homecare Foster Home (Medicare, Medicaid, and private pay)
 1903 W. 13th Street, The Dalles Oregon 541-769-0606

Nursing Home

Columbia Basin Nursing Home (Medicaid and private pay) 541-296-2156
 1015 Webber Street The Dalles Oregon <https://www.colbasin.com/>

Hood River Care Center 541-386-2688
 729 Henderson Rd, Hood River, Oregon

Oregon Veterans Home
 700 Veterans Drive, The Dalles Oregon 541-296-7190
<https://www.oregon.gov/ODVA/Vets-Homes/the-dalles/Pages/default.aspx>

The Dalles Health & Rehabilitation Center
 1023 W. 25th Street The Dalles Oregon 541-298-5158

Shelter (see Housing) Refugio (ver Vivienda)

DIRECTORY / DIRECTORIO**Support Groups / Grupos de apoyo**

Check your local paper for support group meeting times and places

Revise su periódico local para conocer los horarios y lugares de las reuniones del grupo

Al-Anon <https://al-anon.org/>Alcoholics Anonymous
Many Locations in Gorge <https://www.aa.org/> ♦ 833-423-3863Bereavement Support Group (Mid Columbia Center For Living) ■
Check your local paper for support group meeting times and places
Revise su periódico local para conocer los horarios y lugares de las reuniones del grupo
1650 Woods Court, Hood River, OR <https://nwadebs.org/> 541-386-2620

Columbia Gorge LGBTQ assistance Oregon ■ 503-535-3828

Dementia Support Group, The Dalles, OR ■
<http://hopedementiasupport.org/contact-us/> 541-296-7190Domestic violence support groups, see Domestic Violence
Grupos de apoyo de violencia doméstica, ver Violencia domésticaGrief and Bereavement Support Group (Bristol Hospice) 541-386-1942
(Mondays at 4pm at Shari's Restaurant) 503 Mt. Hood Street The Dalles OregonHOPE Dementia Support Group (meets weekly -- call for information) 541-296-2156
(Columbia Basin Nursing Home) 1015 Webber Street The Dalles OregonNarcotics Anonymous (Pacific Cascade Region)
P.O. Box 7502, Springfield, OR <https://www.pcrna.org/main/> 818-700-0700National Alliance on Mental Illness support group
1040 Webber Street, The Dalles, OR 541-965-2447
<https://www.nami.org/Support-Education/Support-Groups/NAMI-Connection>Oregon Tobacco Quitline ■
Oregon Tobacco Quitline (Número Gratuito) (Línea para dejar de fumar de Oregón)
quitnow.net/oregon (Toll Free) 800-784-8669Survivors of Suicide Loss Support Group, Oregon ■ 541-386-2500
<https://allianceofhope.org/find-support/find-a-support-group/>**Transportation / Transporte**Transporation options throughout the Gorge region
Opciones de transporte en toda la región del Gorge.\$4.50 Taxi 800 W 6th St, The Dalles, Oregon 541-705-5956
<https://www.facebook.com/fourfiftytaxi/>Columbia Area Transit (CAT) ■ Wheel Chair Accessible Silla de Ruedas Accesible
Hood River, OR <https://www.ridecatbus.org/> 541-386-4202Gorge TransLink Gorge-wide ■ <https://gorgetranslink.com/> 541-296-2266

DIRECTORY / DIRECTORIO

Mt. Adams Transportation Services ■
115 W Court Street, Goldendale, WA 509-773-3060
<https://gorgetranslink.com/transit-agencies/mt-adams-transportation-services/>

Mt. Adams Transportation Services ■
501 NE Washington Street, White Salmon, WA 509-493-4662
<https://gorgetranslink.com/transit-agencies/mt-adams-transportation-services/>

Senior Citizen's Bus Company
1112 W 9th Street, The Dalles, OR 541-296-4788
<http://www.midcolumbiaseniorcenter.com/>

Sherman County Bus Services
500 Court Street, Moro, OR 541-565-3211
<https://www.co.sherman.or.us/departments/sherman-transit/>

Skamania County Senior Services ■
710 SW Rock Creek Drive, Stevenson, WA 509-427-3990
<https://www.skamaniacounty.org/departments-offices/senior-services>

Skamania County Transit ■
710 SW Rock Creek Drive, WA Washington 509-427-3990
<https://gorgetranslink.com/transit-agencies/skamania-county-transit/>

The Link in Wasco County Oregon ■ 541-296-7595
<https://gorgetranslink.com/transit-agencies/the-link-dial-a-ride/>

DMV

Department of Motor Vehicles (DMV) Office (Hood River) ■
Oficina del Departamento de Vehículos Motorizados
600 E Marina Way, Hood River, OR 541-386-3231
<https://www.oregon.gov/ODOT/DMV/Pages/index.aspx>

Department of Motor Vehicles (DMV) Office (Wasco County) ■
Oficina del Departamento de Vehículos Motorizados
3313 Bret Clodfelter Way, The Dalles, OR 541-296-9458
<https://www.oregon.gov/ODOT/DMV/Pages/index.aspx>

Goldendale Driver Licensing Office (Oficina de licencias de conducir)
203 E Main Street, Goldendale, WA 509-773-5400
<https://fortress.wa.gov/dol/dolprod/dsdoffices/OfficeInfo.aspx?cid=250&oid=48>

Klickitat County Vehicle License (Licencia de Vehículo)
205 S Columbus #203 Goldendale, WA 509-773-4001
<https://fortress.wa.gov/dol/dolprod/vehoffices/DisplayOffices.aspx?County=20>

Oregon Department of Motor Vehicles (DMV) ■
(Departamento de Vehículos Motorizados de Oregon)
<https://www.oregon.gov/ODOT/DMV/Pages/index.aspx>

Washington State Licensing (DOL) (Licencias del estado de Washington) ■
<https://www.dol.wa.gov/>

DIRECTORY / DIRECTORIO

White Salmon Driver License Office (Oficina de Licencia) ■
 156 NE Church Avenue, White Salmon, WA 509-493-1131
<https://fortress.wa.gov/dol/dolprod/dsdoffices/OfficelInfo.aspx?cid=711&oid=52>

Utilities and Utility Assistance Assistance with utilities costs and services.

Servicios Públicos y Asistencia de Servicios Públicos

Asistencia con costos y servicios públicos.

City of Goldendale Engineering, Public Works, Water & Sewer
 1103 S Columbus Ave, Goldendale, WA 509-773-5344
<https://www.ci.goldendale.wa.us/public-works>

City of The Dalles Public Works
 1900 W 6th Street, The Dalles, OR 541-296-5401
https://www.co.wasco.or.us/departments/public_works/index.php

Condon Watermaster
 128 S Main Street, Condon, OR 541-384-4207
<http://www.co.gilliam.or.us/government/index.php>

Hood River Electric Co-Op ■
 PO Box 125, Odell, OR <https://hrec.coop/> 541-354-1233

Hood River Water & Sewer (agua y alcantarillado) ■
 211 2nd Street, Hood River, OR 541-387-5216
<https://cityofhoodriver.gov/community/water-sewer/>

Klickitat Public Utility District (Goldendale) ■
 1313 S Columbus Avenue, Goldendale, WA 509-773-5891
<http://www.klickitatpud.com/>

Klickitat Public Utility District (White Salmon) ■
 110 NE Estes, White Salmon, WA 509-493-2255
<http://klickitatpud.com/default.aspx>

Moro Administration, Water & Sewer (agua y alcantarillado)
 101 Dewey Street, Moro, OR 541-656-3535
<http://cityofmoro.net/>

Oregon State University Extension Office (check local air quality)
<https://aqi.espacelabs.us/>

Pacific Power (Servicio al Cliente Residencial) (Número Gratuito) ■
 PO Box 26000, Portland, OR (Toll Free) 888-221-7070
<https://csapps.pacificpower.net/public/about/contact-us>

Skamania Public Utility District ■
 1492 Wind River Hwy Carson, WA 509-427-5126
<https://www.skamaniapud.com/>

Wasco County Public Works
 1900 W 6th Street, The Dalles, OR 541-296-5401
http://www.ci.the-dalles.or.us/public_works.htm

D I R E C T O R Y / D I R E C T O R I O

Wasco County Water Master 2705 E 2nd Street, The Dalles, OR	541-506-2650
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Wasco Electric Co-Op (Toll Free) Wasco Electric Co-Op (Número Gratuito) 105 East 4th Street, The Dalles, OR https://www.wascoelectric.com/	800-341-8580
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Utilities Assistance / Asistencia de Servicios Públicos

City of Stevenson Utilities 7121 E. Loop Road, Stevenson, WA http://ci.stevenson.wa.us/living/utilities/	509-427-5970
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Mid-Columbia Community Action Council (MCCAC) ■ 312 E 4th Street, The Dalles, OR https://mccac.com/	541-298-5131
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Neighbor to Neighbor (Klickitat County PUD Goldendale) ■ 1313 S Columbus Ave, OR Goldendale, WA http://www.klickitatpud.com/	509-773-5891
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Neighbor to Neighbor (Klickitat County PUD White Salmon) ■ 110 NE Estes Ave, White Salmon WA http://www.klickitatpud.com/	509-493-2255
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Neighbor to Neighbor (Northern WASCO PUD) ■ 2345 River Road, The Dalles, OR https://www.nwascopud.org/programs-and-services/neighbors-helping-neighbors/	541-296-2226
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Washington Gorge Action Programs (WAGAP) ■ 115 W. Steuben, Bingen, WA https://www.wagap.org/	(Número Gratuito) (Toll Free) 800-775-1192 509-493-2662
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Veterans Local veterans services and supports.
Veteranos Servicios y apoyos locales para veteranos.

Clark County Veterans Assistance Center ■ 1305 Columbia St, Vancouver, WA https://ccvac.net/	360-693-7030
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Disabled American Veteran's (DAV) Van 520 Mt. Hood St., he Dalles, OR https://www.portland.va.gov/VTP/DAV.asp	503-721-7804
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Hood River County Veterans' Service Office 601 State Street, Hood River, OR https://www.co.hood-river.or.us/?SEC=334EC084-DE7A-44C1-A066-438799A2EEC5	541-386-1080
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Oregon Veterans Home The Dalles ■ 700 Veterans Dr., The Dalles, OR https://www.oregon.gov/odva/Vets-Homes/the-dalles/Pages/default.aspx	541-296-7190
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Oregon Veterans VA Clinic The Dalles ■ 704 Veterans Drive, The Dalles, OR https://www.va.gov/directory/guide/facility.asp?ID=5703	541-296-3937
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DIRECTORY / DIRECTORIO

Veteran's Affairs (VA) (The Dalles) ■
704 Veterans Drive, The Dalles, OR 541-296-3937
<https://www.veteranownedbusiness.com/business/10800/wasco-county-veterans-service-office>

Veteran's Affairs Portland Health Care System ■
3710 SW US Veterans Hospital Rd, Portland, OR 503-220-8262
<https://www.portland.va.gov/>

Veteran's Affairs Vancouver Clinic ■
1601 E 4th Plain Blvd, Vancouver, WA 360-696-4061
<https://www.va.gov/>

Veteran's Crisis Helpline ■ (Número Gratuito) 988 then press 1
<https://www.veteranscrisisline.net/about/what-is-vcl>

Veteran's Service Officer (Stevenson) 360-954-8559
710 SW Rock Creek Drive, Stevenson, WA
<https://www.skamaniacounty.org/departments-offices/auditor/veterans-assistance>

Wasco County Veterans Office
2705 E 2nd Street, The Dalles, OR 541-506-2580
https://www.co.wasco.or.us/departments/veterans_services/index.php

Tribal Resources / Recursos Tribales

Confederated Tribes of Warm Springs
1233 Veterans Street, Warm Springs, OR 541-553-1161
<https://warmsprings-nsn.gov/>

Confederated Tribes of the Umatilla Indian Reservation
46411 Timine Way, Pendleton, OR <https://ctuir.org/> 541-276-3165

Yakama Nation
401 Fort Road, Toppenish, WA 509-865-5121
<http://www.yakamanation-nsn.gov/programs.php>

Columbia Gorge Indian Center
700 NE Multnomah Ave St.1200, Portland , OR 541-965-1679

Columbia River Inter-Tribal Fishery Enforcement
(Número Gratuito) (Toll Free) 800-487-3474
<https://www.critfc.org/tribal-treaty-fishing-rights/fisheries-enforcement/enforcement/>

Columbia River Inter-Tribal Fishery Enforcement/Victim Assistance Program 541-386-6363
4270 Westcliff Drive, Hood River, OR
<https://www.critfc.org/tribal-treaty-fishing-rights/fisheries-enforcement/enforcement/>

Confederated Tribes of the Umatilla Indian Reservation /Children & Family Services
46411 Timine Way, Pendelton, OR 541-429-7300
<https://ctuir.org/tribal-services/children-family-services>

Confederated Tribes of the Umatilla Indian Reservation/Family Violence Services
46411 Timine Way, Pendelton, OR 541-429-7045
<https://ctuir.org/tribal-services/public-safety/family-violence-services>

DIRECTORY / DIRECTORIO

Confederated Tribes of the Umatilla Indian Reservation/Higher Education
73315 July Grounds, Pendelton, OR 541-276-8120
<https://ctuir.org/tribal-services/education/higher-education>

Confederated Tribes of the Umatilla Indian Reservation /Office of Legal Counsel
46411 Timine Way, Pendelton, OR 541-429-7400
<https://ctuir.org/tribal-services/office-of-legal-counsel>

Confederated Tribes of the Umatilla Indian Reservation/
Office of the Prosecutor (Victim Assistance) 541-429-7626

Confederated Tribes of the Umatilla Indian Reservation / Police Department
46400 Timine Way, Pendelton, OR 541-278-0550
<https://ctuir.org/tribal-services/public-safety/police-station>

Confederated Tribes of the Umatilla Indian Reservation /Tribal Vocational Rehabilitation
46411 Timine Way, Pendelton, OR 541-429-7180
<https://ctuir.org/tribal-services/human-resources/tribal-vocational-rehabilitation>

Confederated Tribes of the Umatilla Indian Reservation/Veterans Services
Nixyaawii Governance Center, Pendelton, OR 541-429-7389
<http://ctuir.org/tribal-services/children-and-family-services/veterans-services>

Confederated Tribes of the Umatilla Indian Reservation /Yellowhawk Tribal Health Center
46314 Timine Way, Pendelton, OR <https://yellowhawk.org/> 541-966-9830

Confederated Tribes of Warm Springs/Children's Protective Services
1109 Wasco St., Pendelton, OR 541-553-3209
<https://warmsprings-nsn.gov/contact/>

Confederated Tribes of Warm Springs/ Community Counseling 541-533-3205
<https://warmsprings-nsn.gov/contact/>

Confederated Tribes of Warm Springs -- Crisis Hotline
1233 Veterans Street, Warm Springs, OR 541-553-1171
<https://warmsprings-nsn.gov/program/community-counseling/>

Confederated Tribes of Warm Springs -- Family Preservation
1233 Veterans Street, Warm Springs, OR 541-615-0036
<https://warmsprings-nsn.gov/contact/>

Confederated Tribes of Warm Springs -- Higher Education
1233 Veterans Street, Warm Springs, OR 541-553-3311
<https://warmsprings-nsn.gov/program/higher-education-3/>

Confederated Tribes of Warm Springs -- Indian Health Services Clinic
1233 Veterans Street, Warm Springs, OR 541-553-1196
<https://warmsprings-nsn.gov/program/warm-springs-health-wellness-center/>

Confederated Tribes of Warm Springs -- Legal Aid
1233 Veterans Street, Warm Springs, OR 541-533-3228
<https://www.manta.com/c/mm2b7c3/confederated-tribes-of-warm-springs-reservation-of-oregon-attorney>

Confederated Tribes of Warm Springs -- Parole & Probation
1233 Veterans Street, Warm Springs, OR 541-553-3293
<https://warmsprings-nsn.gov/program/parole-probation-office/>

D I R E C T O R Y / D I R E C T O R I O

Confederated Tribes of Warm Springs -- Police Department (Dispatch) 1233 Veterans Street, Warm Springs, OR https://warmsprings-nsn.gov/program/police-department/	541-553-1171
Confederated Tribes of Warm Springs -- Prosecution 1233 Veterans Street, Warm Springs, OR https://warmsprings-nsn.gov/program/tribal-prosecution/	541-553-3300
Confederated Tribes of Warm Springs -- Social Security / Disabilities 1233 Veterans Street, Warm Springs, OR https://warmsprings-nsn.gov/program/disabilities-coordination/	541-553-4955
Confederated Tribes of Warm Springs -- Tribal Commodity Program 1233 Veterans Street, Warm Springs, OR https://warmsprings-nsn.gov/program/tribal-commodity-program/	541-553-3422
Confederated Tribes of Warm Springs -- Tribal Courthouse 2126 Warm Springs, Warm Springs, OR https://warmsprings-nsn.gov/program/tribal-court/	541-553-3278
Confederated Tribes of Warm Springs -- Veterans Services 1115 Wasco Street, Warm Springs, OR https://warmsprings-nsn.gov/our-people/veterans/	541-553-1196 ext 2120
Confederated Tribes of Warm Springs -- Victims of Crime Services (VOCS) 1233 Veterans Street, Warm Springs, OR https://warmsprings-nsn.gov/program/warm-springs-victims-of-crime-services/	541-553-2293
Confederated Tribes of Warm Springs -- Vocational Rehabilitation 1233 Veterans Street, Warm Springs, OR https://warmsprings-nsn.gov/contact/	541-443-4952
Legal Aid Services of Oregon Native American Program 4531 SE Belmont St #201, Portland, OR https://oregonlawhelp.org/organization/native-american-program-legal-aid-services-of?ref=JfdvW	503-223-9483
Native American Rehabilitation Association (NARA) (Outpatient Treatment Center) (Oregon) 1631 SW Columbia Street, Portland, OR https://www.naranorthwest.org/	503-231-2641
Native American Rehabilitation Association (NARA) (Residential Treatment Center) OR 17645 NW St. Helens Hwy, Scappoose, OR https://www.naranorthwest.org/projects/adult-residential-addictions-treatment/	503-621-1069
Native American Youth And Family Center (NAYA) (Oregon) 5135 NE Columbia Blvd, Portland, OR https://nayapdx.org/	503-288-8177
Nchi Wana Housing -- Columbia River Gorge 16 Oak Street, Hood River, OR https://nchiwana.org/	541-436-3810
Northwest Indian Treatment Center (Washington) 10 SE Squaxin Lane, Shelton, WA https://squaxinland.org/northwest-indian-treatment-center/	306-426-9781
Northwest Justice Project: Native American Unit (Washington / Facing Foreclosure) https://nwjustice.org/NAU	800-606-4819

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Northwest Justice Project: Native American Unit
(Washington -- Hearing / Speech Impaired) <https://nwjustice.org/NAU> 877-211-9274

Northwest Justice Project: Native American Unit (Toll Free) 888-201-1014
(Washington /Outside King County) <https://nwjustice.org/NAU>

Northwest Justice Project: Native American Unit (Washington /Seniors)
<https://nwjustice.org/NAU> (Toll Free) 888-387-7111

Oregon Department of Education Office of Indian Education 503-947-5600
<https://www.oregon.gov/ode/students-and-family/equity/nativeamericaneducation/pages/default.aspx>

The Healing Lodge (Washington)
5600 East 8th Avenue Spokane Valley, WA <http://thehealinglodge.org/> 509-533-6910

Warm Springs Advocates
1108 Wasco Street, Warm Springs 541-553-2293
<https://warmsprings-nsn.gov/program/warm-springs-victims-of-crime-services/>

Women Spirit Coalition (Washington)
10049 Kitsap Mall Blvd, Suite 304, Silverdale <https://www.womenspirit.net/> 360-633-7083

Yakama Nation Adult Vocational Training Program
Programa de Formación Profesional para Adultos de la Nación Yakama
Post Office Box 151, Fort Road, Toppenish, WA 509-865-5121 ext 4542 or 4550
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Behavioral Health Services
16 W. 1st Ave., Toppenish 509-865-5121 ext 6203
<http://www.yakamanation-nsn.gov/behavioralhealthservices.php>

Yakama Nation Comprehensive Community Alcoholism Program & Youth Treatment Program
16 W. 1st Ave., Toppenish 509-865-5121 ext 4455
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Correction & Rehabilitation Facility
50 Wishpoosh Rd, Toppenish, WA 509-865-8911
<https://cwparchitects.com/project/yakama-correctional-and-rehabilitation-facility/>

Yakama Nation Court Appointed Special Advocates (CASA) Program 509-225- 0335
<http://voicesforchildrenyakima.org/programs/CASA-program/overview>

Yakama Nation Domestic Violence Program
1 W. 1st Ave. #6, Toppenish, WA 509-865-5121 ext 4630
<https://tribalresourcetool.org/vsp/yakama-nation-victim-resource-program/>

Yakama Nation Food Distribution Program
802 E 1st Ave, Toppenish, WA 509-865-5121 ext 4535
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Higher Education
131 Wishpoosh Road, Toppenish, WA 509-865-5121 ext 4509
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Home Health Program (Elderly & Community Health)
401 Buster Road, Toppenish, WA 509-865-7965
<http://www.yakamanation-nsn.gov/programs.php>

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Yakama Nation Indian Health Services Clinic
401 Buster Rd, Toppenish, WA 509-865-2102
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Legal Aid Services, 6 S 2nd St #804, Yakima, WA 509-865-5121 ext 4576
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Nak Nu We Sha (CPS)
103 Shearer Lane, Toppenish, WA 509-865-5121 ext 6800
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Police Department
50 Wishpoosh Rd, Toppenish, WA 509-865-2933
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Probation Services
50 Wishpoosh Rd, Toppenish, WA 509-865-5121 ext 4570
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Prosecution
50 Wishpoosh Road, Toppenish, WA 509-865-5121 ext 6045
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Suicide Prevention Services
217 S Toppenish Ave, Toppenish, WA 509-985-2292
<https://www.sprc.org/grantees/yakama-nation-confederated-tribes-and-bands-2>

Yakama Nation Transportation Program
100 Spiel-yi Loop, Toppenish, WA 509-865-5121 ext 6405
<http://www.pahtotransit.com/docs/YNTTpowerpointforcouncil.pdf>

Yakama Nation Tribal Court
401 Fort Road, Toppenish, WA 509-865-5121 ext 4676
<http://www.yakamanation-nsn.gov/programs.php>

Yakama Nation Veteran's Affairs
401 Fort Road, Toppenish, WA 509-865-5121 ext 6022
<http://www.yakamanation-nsn.gov/veterans.php>

Yakama Nation Victim / Witness Legal Assistant
16 W. 1st Ave., Toppenish, WA 509-865-5121 ext 6046
<https://tribalresourcetool.org/vsp/yakama-nation-victim-resource-program/>

Yakama Nation White Swan Health Clinic
16 W. 1st Ave., Toppenish, WA 509-874-2979
<http://www.yakamanation-nsn.gov/programs.php>



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