#### GORGE GIFT GUIDE 2019

Gifts for Kids
Gifts for Birders
Sustainable Gifts
Gifts for Runners
and more

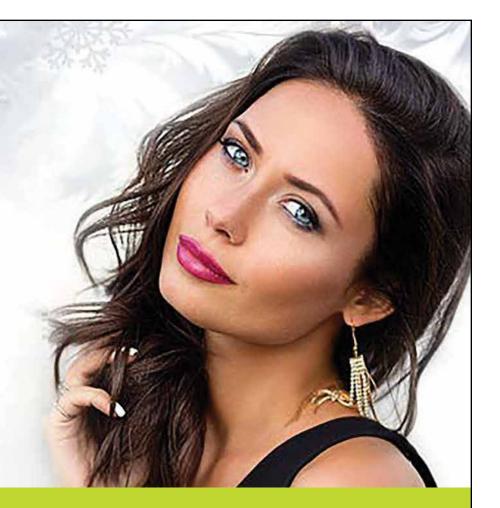
Plus: Holiday Activities great for the whole family!

A special publication of The Dalles Chronicle and Hood River News

wine guide inside

#### **SAVE THE DATE**

## ANNUAL HOLIDAY EVENT



#### **SATURDAY NOVEMBER 30TH 9AM - 5PM**



skin center

301 CHERRY HEIGHTS RD THE DALLES, OR 97058

**Call or Text to RSVP** 

**541.298.5066**ColumbiaLaserSkinCenter.com

ENJOY 20% OFF

ALL PRODUCTS AND SERVICES INCLUDING MAKEUP & SKINCARE

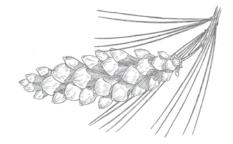
BOTOX \$11/UNIT

FOR 70 UNITS OR MORE PLUS RECEIVE A FREE ANGEL FACIAL - \$250 VALUE

**BOGO** COOLSCULPTING

BUY 4 GET THE 5TH FREE PLUS RECEIVE A FREE ANGEL FACIAL - \$250 VALUE

#### contents Pet Passports ......4 Good Books for Gorge Readers.....6 Gifts of Experience.....8 Gifts of Relaxation......10 Sustainable Gifts ......12 Gifts Ideas from A to Z.....14 Trees......16 Wine Guide.....17 Another Chance Resale ......21 Gifts for Runners ......22 Holiday Happenings ......24 Girfts for Birders ......28 Gifts for Car Enthusiasts......30 Holiday Cheer.....31 Winter Car Care.....32 Gifts \$1-\$1000......34





# PETMASSORTS

KIRBY NEUMANN-REA Hood River News

You, and your dog, can support local businesses in an enjoyable way, thanks to Hood River creative Nohelani Roche.

Roche, who has traveled all over the world with canine friends at her side, has published the Hood River Pet-Friendly Map and companion Pet Friendly Passport, available at participating businesses.

A few years ago, Roche started writing international travel advice for dog owners, under barkpacker.com, and the Hood

River map can also be found at the site. She gained the experience working for the non-profit Coffee Quality Institute, for which she manages social media and helps in event planning.

The map details the nearly 40 businesses in the community that are specifically welcoming to pets, with a few details about the shops and businesses, with intriguing catchphases such as "Pup-peroni" (Solstice Café), "Bark Side of the Moon" (Artifacts) and "Hair of the Dog" (Volcanic Bottle Shoppe.)

The passport makes all its users citizens of United Dogs of Hood River. Pick up the passport, fill in your dog's name and its "hooman's" name, and get shopping, eating or drinking. (barkparker.com)

The passport works this way: Complete a purchase at a specified number in four categories — eat and drink, winery, pet stores, and human stores — and receive a Barkpacker gift at

the front desk of Hood River Hotel — which bought 600 of the maps.

The map provides local tips, and information on how to get around town with pet-friendly Pedicab, owned by Matty Green (541-714-3130, a good way to plan ahead for leisurely holiday shopping without the hassle of driving and parking.)

Roche, a White Salmon native, riffs in the map on the joys of shopping with your dog, citing "Fur'real adorbs" — My Darling Boutique, "Drool-worthy," for Hood River Taqueria, and "Don't Stop Retrievin" — Mountain View Bicycles.

The map is fun to read even if you don't have a dog, and if you are shopping for someone with dogs, it's another resource for gift choices.

Roche worked with each business to write the text and did the layout, and hired 99 Designs in Europe for the overall design. The art is done by Emily Unruh. At left, Olive, held by hooman Nohelani Roche, wears the Barkpacker bandanna thatis the premium for filling out a Pet Friendly Passport, while the map is a general guide to downtown and Heights businesses. Both are free. Shop with your pooch with help from Barkpacker map and passport.

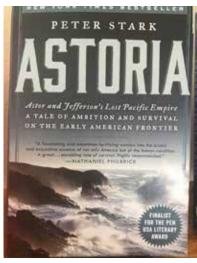
Photos by Kirby Neumann-Rea

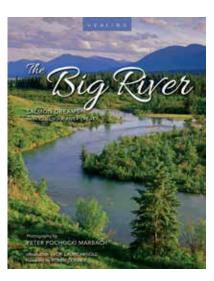


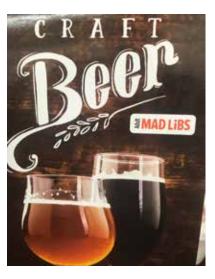












## GOOD BOOKS JONGLE VEALUES

KIRBY NEUMANN-REA Hood River News

With topics Gorge-specific and beyond, Gift Guide presents a selection of books, mostly by local authors, available at Klindt's Bookstore in The Dalles, Waucoma Books in Hood River, and other bookstores.

(Stop yourself from ordering these online, and get down to your local bookstore and look for these and other titles; such a search brings on a serendipity you cannot get at your keyboard or tablet.)

#### Of the river

Peter Pochocki Marbach's *Healing The Big River — Salmon Dreams and the Columbia River Treaty,* combines the art of visual storytelling with passionate essays. (\$29.95, self-published, Brown Printing)

Marbach's labor of love was published in October 2019. From the source, a tiny spring in the Canadian Rockies, to the sea, readers are guided on a journey back in time to the origins of the 1,243 mile Columbia and learn about the complicated history of the Columbia River Treaty.

Hood River photographer and writer Marbach, well known for his Gorge books and calendars, made repeated visits to places the length of N'Chi-Wana, from the source to the mouth on the Pacific Ocean.

The photo essay has 12 contributing authors, a mix of leaders from first nations, tribes, and salmon recovery advocates. Each author writes eloquently about their relationship to the river and their hopes for a modernized treaty that honors indigenous input and starts the process to restore one of the greatest salmon runs the world has ever known.

"I am humbled by the coalition of powerful voices that agreed to share their stories. This is truly a collaborative effort," Marbach said. "This is just the beginning of a long journey to bring about change, to right the wrongs of the past, and convince decision makers to do the right thing."

The book can also be purchased at the Hood River News and The Dalles Chronicle offices.

Bridging A Great Divide; Battle for the Columbia River Gorge, by Kathie Durbin (\$21.95, Oregon State University Press)
Environmental journalist Durbin draws on interviews, correspondence and extensive research to detail what's happened in the Gorge since passage of the Columbia Gorge National Scenic Act in 1986. Durbin suggests that the story of the Scenic Area is the story of Pacific Northwest in microcosm, as the region shifts from a natural resource-based economy to one based on recreation, technology and quality of life.

#### History

Astoria by Peter Stark deals with the mouth of the Columbia and the early-19th century European exploration of the wild lands of what we now all the upper Northwest Pacific coast. (\$21, HarperCollins)

"Astoria is a tale of high adventure and incredible hardship drawing extensively on first-hand accounts of the men who made the journey," states the book jacket. "Though Astoria, the colony itself would be short-lived, its founders opened provincial American eyes to the remarkable potential of the Western coast, discovered the route that became the Oregon Trail, and permanently altered the nation's landscape and global standing."

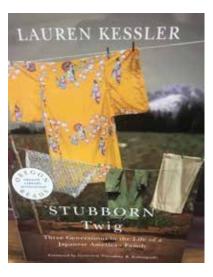
This book could be complemented by the Marbach's *Big River*, for an examination of the sobering realities of what European expansion did to the land and indigenous cultures of the region.

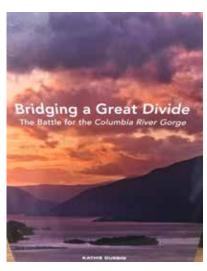
Stubborn Twig: Three Generations of Life in a Japanese American Family by Lauren Kessler (\$19.99, Oregon State University Press) is really a history of Hood River. While focusing on the lives of the Yasui family from 1910 through World War II, it is a living work of social history that rings with the power of truth and the drama of finction. First published in 2006, everything in Kessler's book is true (research fostered by Hood River's long-time columnist Maija Yasui) but it reads like a somber, inspiring novel.

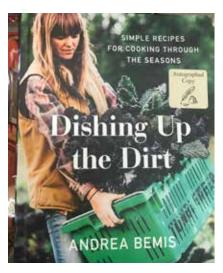
#### The earth

We Are All Greta is a graphic telling of the life and work of climate crisis activist Greta Thunberg of Sweden. As she is quoted on the back cover, "Humans are very adaptable: We can still fix this. But the opportunity to do so will not last for long. We must start today. We have no more excuses." Valentina Giannella wrote the book and Mauria Marazzi illustrated.

The book (\$12.99 LaurenceKing.com) is a quick, memorable read for all ages.
#WeAreAllGreta







*Cyclepedia:* 90 Years of Modern Bicycle Design by Michael Embacher, foreword by Paul Smith, is a visually rich study of the two-wheeled creations beloved by so many. Bernhard Angerer took the photographs. (Thames & Hudson, \$19.95)

"Whether you are a rider, spectator or collector, a lover of design and craftsmanship, a do-it-yourself type or even a professional constructor, the bicycle has avid supporters of every kind," write the authors. "Of course we can also celebrate the bicycle for its environmentally friendly attributes, which perfectly reflect the ever-present concerns for our planet."

#### Food and drink

"We read every \_\_\_\_\_ about beer we could get our \_\_\_\_ on, and ordered all of the \_\_\_\_\_ we needed to start brewing ..."

Fill in the blanks, with *Craft Beer Mad Libs*, a hopped-up version of the popular party game where participants take turns filling in nouns, verbs, adjectives, and other words, for a sight-unseen story or scenario bound to create laughter brought on by the random association of words, and other non sequiturs. Wine, drinking games and marijuana editions are also available.

These Mad Libs editions (\$4.99, Penguin.com) are also ideal stocking-stuffers.

The Gorge is filled with creative people, some of whom write books you can read and then meet them at places such as farmers' markets.

Such is the case with writer, recipe developer, and farmer Andrea Bemis of Tumbleweed Farm in Parkdale, and her 2017 book *Dishing Up The Dirt: Simple Recipes for Cooking Through the Seasons*, a lush compendium of recipes and insights inspired by the organic farm and kitchen Bemis founded with her husband. (\$29.99, Harper Wave)

#### **Oregon Blue Book**

One you WILL need to order on-line, and do it soon, as supplies are limited: Consider it the official state almanac — a good gift for Oregonians and visitors.

2019-20 Oregon Blue Book came out earlier this year and is

available online at secure.sos.state.or.us/prs/shopBlueBook.do The paperback books cost \$18 each. (Hardback Blue Books are sold out.)

Since 1911, the Oregon Blue Book has been providing readers with important and fascinating facts about Oregon. The Blue Book is Oregon's official almanac and fact book. Want to learn about Oregon history? See the Blue Book. You're a government or elections nerd? See the Blue Book. Interested in Oregon tribal information? See the Blue Book. The Oregon outdoors is your thing? You must see the Blue Book! Arts and Sciences are your bag? Put the Oregon Blue Book in one and carry it home.

The 2019–2020 edition spotlights Oregon's local festivals and community celebrations, celebrating a wide variety of uniquely Oregon themes.

This edition of the Blue Book was printed as a limited edition, with less than 1,000 still available for sale.















TRISHA WALKER Hood River News

Gifts don't have to be physical objects — experiences are fun to give and receive for any occasion. Here's a sampling of some of the many opportunities that abound in Hood River, Cascade Locks and The Dalles that are perfect for any age.

#### e-Bike tours

MountNBarreL combines wine tasting and bike tours, offering both pre-planned tours and those custom-made. Any level of rider will be covered, with hybrid cruisers, e-bikes and a 15 PAX shuttle. Packages include a bike with back rack carrier and a crate, helmet, water, catered lunch/food pairings and exclusive wine experiences during all stops. For more information, to book a tour or to purchase a gift certificate, visit mountnbarrel. com. Pricing depends on the package chosen.

Sol Rides provides guided e-bike tours through the Hood River Valley and Columbia River Gorge, with stops at orchards, vineyards and lavender farms in season. Book a Twin Tunnels tour, a Hood River Valley tour or create a custom group tour, among other offerings. Kids 16 years or older can also ride. Tours vary from three to four and a half hours, and pricing varies depending on the package chosen. Visit solrides.com for more information.

Oregon e-Bikes — located in the Big Winds building on Front Street, Hood River — not only sells e-bikes, but rents them, too — hourly rental is \$20 (with a two-hour minimum), "Half Day

Fun" is \$59 and "All Day Adventure" is \$79. You don't have to be a tourist to appreciate the chance to ride the Mark O. Hatfield Twin Tunnels trail on an electric bike. Visit oregon-ebikes.com/rentals-service/book-a-rental for more information.

#### Sternwheeler Columbia Gorge

Give the gift of seeing the Gorge from a different vantage point. The Sternwheeler Columbia Gorge calls Cascade Locks Marine Park home and is owned by Portland Spirit. There are many sightseeing cruises offered may through October (which means you can spread holiday cheer into 2020). Guests can enjoy a one- or two-hour narrated excursion, dinner cruises and a variety of special events and holiday cruises. Both adult and children's tickets are available. Boarding and ticket information can be found at www.portlandspirit.com/sternwheeler.php.

#### Skamania zipline and aerial park

Tours are available year round with Skamania Lodge Adventures zipline. Put on a harness, hook up to a cable and glide through the forest canopy. The tour takes riders along seven different lines. No experience is necessary — experienced zipline tour guides are there to help. A two and a half hour tour costs \$99 plus tax and includes seven ziplines and three sky bridges; visit zipnskamania.com for availability and more information. The Skamania Aerial Park features 19 platforms and 23 elements for individuals to navigate, making it another fun option for those who enjoy testing their agility skills — availability and more information is also found at the above website. A two-hour tour is \$69 plus tax.

#### **Museum memberships**

The Gorge is home to many historical museums, and memberships make a great gift for the local history buff. Most memberships include special perks, like free museum entry or gift shop discounts — and there are various levels of membership to choose from. Contact each museum for more information:

History Museum of Hood River County, hoodriverhistorymuseum.org

Columbia Gorge Discovery Center, The Dalles, gorgediscovery.org

Cascade Locks Historical Museum, www.cascadelocks.com/about-cascade-locks/ historical-museum

Hutson Museum, Parkdale, facebook.com/hutsonmuseum

National Neon Sign Museum, The Dalles, nationalneonsignmuseum.org

Fort Dalles Museum, The Dalles, fortdallesmuseum.org

#### Coffee shops and restaurants

Who wouldn't appreciate dinner? Give a gift certificate to Boda's Kitchen, downtown Hood River, for a chicken dinner to go (\$30). The meal includes four pieces of Boda's chicken and two large sides.

The Gorge is home to many great coffee shops and restaurants, not to mention breweries, cideries and wineries. A gift certificate or invitation to share a drink or meal is bound to be appreciated. I've been told by merchants that it's pretty quiet after the holiday rush, making January the perfect time to support local establishments.





#### **Submitted photos**

From top left, gifts of experience can include

Columbia Gorge Discovery Center in The Dalles,
local coffee (whole beans or ground, enjoy

out or at home), Columbia Gorge Sternwheeler
in Cascade Locks, and Skamania Aerial Park
near Stevenson.



#### SANTA'S GO TO SHOP









Flow Yoga is selling discounted memberships during the holiday season; and massages are a welcome gift after for those who enjoy being pampered. Submitted photos Candles are a simple way to relax in the comfort of your own home. Photo by Emily Fitzgerald **EMILY FITZGERALD** Hood River News

Physical and emotional wellbeing are easy things to overlook in the hectic scramble of the holiday season, so what better reminder than a gift, big or small, designed to nurture the body and mind.

Spa packages are a welcome surprise for those who just want to be taken care of for the day. Spa packages at Spa Remedease are all arranged ahead of time, so all they have to do is show up at the Columbia Gorge Hotel ready to be pampered.

For those who want a bit more control over their relaxation, Spa Remedease also sells monthly memberships for customized spa services and gift cards, good for both spa services and retail products; and Holistic Massage of Hood River is offering 15 percent off of 3, 6 and 12 packs of 60 and 90 minute massage sessions.

For yoga amateurs and enthusiasts alike, Flow Yoga is selling One Month Unlimited memberships, including all yoga, strength and cycle classes — and a free yoga mat — through the holidays

for \$99, and gift certificates in any amount can be used for all of Flow's products and services, including classes, OmLife Boutique goods and activewear apparel, massage, facial, hypnotherapy, intuitive reading, reflexology, and more.

Encourage someone to try Pilates by gifting an Introductory Package from Hood River Pilates, including two private and two tower classes for \$120.

Along with strength and conditioning classes, CrossFit Viento offers custom online nutrition programs at \$135 per month for members, \$150 for non-members with a 3-month initial commitment. Clients meet one-on-one with Viento nutrition coaches to build a program that fits their individual needs, goals and lifestyles.

Small comfort items like socks, candles or soaps are simple, budget-friendly ways to add a little more self-care to daily life. Fred Meyer's annual Black Friday Sock Sale is far from relaxing, but the half-off prices on comfy socks might be worth the extra stress. If not, Fred Meyer also carries Candle-lite jar candles in a plethora of appealing scents, including "apple cinnamon," "balsam forest" and "pumpkin nutmeg pie," for under \$10.

Cascade Acupuncture Center is offering 15 percent off all products (excluding Custom Chinese Herbs, Tibetan Food Soaks, Evergreen Herbs and Custom Formulas) and 10 percent off MSM cream through the month of November — with the sale extended to Dec. 15 for anyone who presents a copy of the Gift Guide.

Gifts of Art

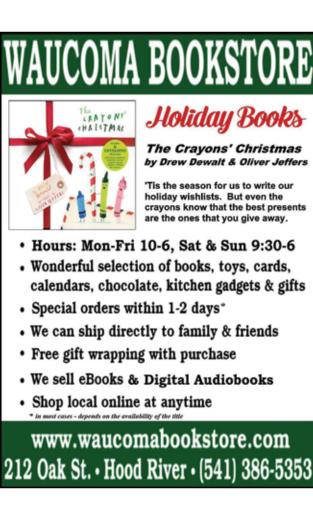
Small but meaningful locally-produced gift items can be found at Columbia Center for the Arts in Hood River, which represents artists from around the Gorge and beyond.

Suggestions, ranging from \$10 to \$50, are card packs by Bonnie White, Cindy Ives and Jan Muir; calendars by Bonnie White, Brian Chambers and (not pictured) Greta Lundwood; mugs by Jim Diem, vase by Mike McLaughlin, and bowls by local artists including Merrilee Cooper, Tom Bottman, Dawn Elle and Dyana Fiediga.

**Photo by Carolyn Murphy** 













As a seasoned minimalist and an aspiring zero-waster, I know that holiday gift giving can be daunting. What do you give someone who doesn't like a lot of stuff? And what do you give when you're the one trying to reduce your footprint?

While it might take a bit of thought and planning, it is possible. Here are a few ideas to get you started.

#### **Buy secondhand**

Pop into secondhand stores like Goodwill Boutique and Second Thought, both on Oak Street in downtown Hood River, or St. Vincent de Paul (W. Ninth Street), Goodwill (W. Sixth Street) and Columbia Gorge ReStore (W. Sixth Street) in The Dalles. Buying secondhand is a great way to find one of a kind items and to reduce waste (both landfill and that used to process materials).

#### **Canning supplies**

Hood River Supply, on the Heights, is canning headquarters for the aspiring — or advanced — canner: Canning jars in all sizes, from quarter-pint to half-gallon, are available, as are water canners and pressure cookers, cherry pitters and sauce strainers. In The Dalles, Fred Meyer and Bi-Mart also carry these items.

You might also consider a batch of homemade cookies (or maybe put in an order at Pine Street Kitchen, Hood River) in a quart or half-gallon jar.

#### Travel mugs and water bottles

In The Dalles, shops like Fred Meyer and Bi-Mart both carry travel mugs and water bottles in a variety of shapes, sizes and colors, and are a great gift idea for a sports or outdoor enthusiast, coffee drinker, commuter, or those often on the go. You can also find them in some coffee shops.

In Hood River, these items can be found almost anywhere: In downtown, at Doug's and Shortt Supply, coffee shops like Ground and Doppio, Hood River Stationers and Waucoma Bookstore. On the Heights, find them at Rosauers, Hood River Coffee Roasters and 10 Speed. Prices vary.





#### Reusable kitchenware

Rosauers, on the Heights, has a selection of reusable utensil sets (\$12.99), zip-lock style pouches (\$6.99 to \$19.99) and small tote bags (\$9.99), perfect for packing a lunch, storing leftovers or bringing groceries home.

#### Coffee

Oh, you knew this one was coming, didn't you? Hood River is home to several local roasters, including Hood River Coffee Roasters, located at 1310 Tucker Road; bring one of those canning jars you bought at Hood River Supply — or get one secondhand at Goodwill in The Dalles — to the front office, where they will tare\* and fill it with the beans of your choice. Prices vary depending on the type of coffee you're purchasing; see hoodrivercoffeeroasters.com for details.

(\*Tare means weighing the jar before filling it, so you only pay for what's inside.)

Dog River, located on Oak Street in downtown Hood River, sells porcelain pour-over cones for \$18 — I have one and I can vouch that it makes a great cup of coffee. I don't like a lot of clutter on my counters, and this little device is compact, easy to clean and easy to store.

Gift certificates are also available at all coffee shops in any denomination, taking the guesswork out of getting your favorite coffee drinker just the right thing.

#### Flowers

Tammy's Floral, located on the Heights at 1215 12th St., Hood River, has traditional holiday items such as wreaths, centerpieces and tree decorations, as well as a wide variety of indoor house plants — small, tabletop size to large floor plants in unique pots and containers to match any décor.

Good News Gardening, on the Heights at 1086 Tucker Road, also has a variety of plants, pots and tools for those with a green thumb, regardless of space.

If you can't decide, Tammy's and Good News Gardening have gift certificates available.

#### Head — and heart — warmers

Footwise, located on Oak Street in downtown Hood River, has Shepra Adventure Gear hats and handwarmers — handcrafted by women in Nepal. The company's mission is to "provide economic and social stability" to the region, where the company makes its home, and sales support that mission. The wool handwarmers and hats retail for \$35.

Footwise also sells Acorn sheepskin inserts, perfect for upgrading the inside of a favorite pair slippers.







Friday – Sunday
December 6-8

STEVENSON, WASHINGTON

Starlight Parade, Tree Lighting, Business Open Houses, 2 Arts & Crafts Bazaars, Holiday Sing-Along, Nativity Displays, Cookie Faire, Book Sale and many more

family-friendly festivities!

www.facebook.com/ ChristmasintheGorge 800-989-9178





Financing available.





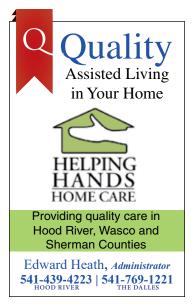






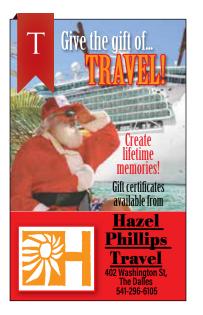
































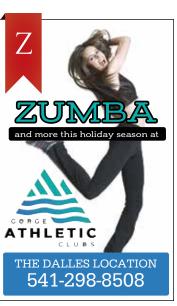




















Wineries of the Columbia River Gorge

THANKSGIVING WINE WEEKEND: NOV. 29 through DEC. 1



## Common grape varietals grown in North America

Cabernet sauvignon and chardonnay are among the most planted grapes in North America and the world. However, there are many other varietals that are cultivated here that make fantastic wines. Here are some common ones that thrive on our diverse soil.

#### Whites

- Pinot Gris. The wines produced by this grape tend to be medium bodied with a hint of sweetness and balanced acidity. Flavors of apple, pear and stone fruit are common. Hints of spice are also typical.
- Sauvignon Blanc. This green-skinned varietal tends to produce wines that are light-bodied, dry, herbaceous and acidic. Aromas of green apple, grass, bell pepper, gooseberry, lime and peach are all common.
- Riesling. Wines made from this varietal have high acidity, are generally light-bodied and can be either dry or off-dry. Rieslings are intensely aromatic, with notes of apricot, citrus, honey, jasmine and petrol being typical.

#### Reds

- Pinot noir. This black-skinned varietal tends to produce wines that are light to medium bodied and have higher acidity and less tannin than other reds. Aromas of cherry, strawberry, raspberry, truffles, leather and vanilla are common.
- Merlot. Supple tannins, moderate acidity and earthy flavors are typical of merlot. These wines tend to be medium bodied and have aromas of black cherry, plum, tobacco leaf, allspice and chocolate.
- Syrah. Also known as shiraz, this varietal produces wines that are full-bodied and packed with juicy fruit and earthy complexity. Aromas of blackberry, blueberry, cassis, olive and licorice are common, as is front-loaded flavor with a peppery finish.

These are just a fraction of the varietals North American wine producers are growing. Learn more by visiting your local winery or wine store.



Happy Thanksgiving!

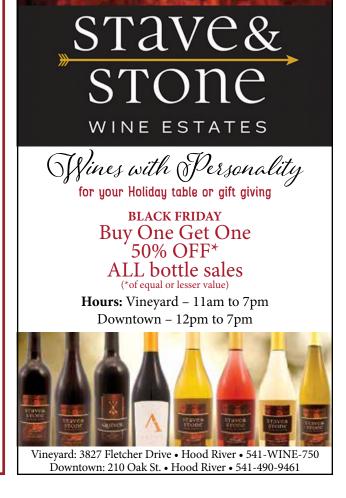
Our annual

### BLACK FRIDAY SPECTACULAR

continues all weekend!

Stop in to enjoy our newly released Vin Glacé Riesling dessert wine

Find us on Hood River Golf Course 1850 Country Club Road Open Everyday 12-5pm









#### Must-try wine pairings

Pairing wine with food is an art form and choosing the right combination will enliven the inherent flavors of both the meal and the wine. Here are a few suggested pairings.

#### Italian cuisine

A dry Chianti is the perfect accompaniment for Italian dishes with tomato sauce like traditional pizzas and pasta bolognese.

If you're enjoying a dish with pesto or seafood, choose a light- or medium-bodied white like a Soave or pinot grigio.

For something with cream sauce or a lot of cheese, try an oaked chardonnay.

#### Mexican cuisine

The bright, spicy notes of Mexican food are well suited to fresh and crisp wines with lots of acidity. Sauvignon blanc goes nicely with tortilla and salsa-based dishes.

Pair the smoky, rich flavors of Mexican barbacoa (meat slow-cooked over an open fire) and chipotle with a light and acidic red wine like a pinot noir or a gamay.

#### Szechuan cuisine

Bolder and spicier than other types of Chinese cuisine, Szechuan food goes well with off-dry white wines like rieslings and gewürztraminers.

Generally, spicy foods pair best with chilled white wines, so save your red for another meal.

When it comes to pairing wine with food, it's hard to generalize. Fortunately, many restaurants employ a sommelier to help you choose your wine. If you're dining at home, enlist the help of a specialist from a liquor or wine store to help you find a good pairing.









#### Thanksgiving Weekend

November 29-December 1st, 11am-6pm

Bring your family to celebrate the weekend with ours. Let us take care of your Holiday gift giving with \$10 flat rate shipping specials.\*

Featuring the exciting new release of our 2018 Subduction Red and Library wines by the glass.

Solstice Wood Fire Pizza – Friday and Saturday, 12-5

\*Purchase six or more bottles and have them shipped for \$10 to any single address in lower 48, special shipping offer good November 29 thru December 14, 2019.

Syncline Winery • 111 Balch Road, Lyle, WA • 509.365.4361 • synclinewine.com



ANNUAL HOLIDAY WINE SALE NOVEMBER 16 - DECEMBER 1

STOCK YOUR CELLAR FOR THE HOLIDAYS!

SAVE UP TO 35% OFF ALL WINE ONLINE AND IN MARYHILL TASTING ROOMS

MARYHILLWINERY.COM FOLLOW US @MARYHILLWINERY

TASTING ROOMS IN GOLDENDALE | SPOKANE | VANCOUVER | WOODINVILLE











# MARK GIBSON The Dalles Chronicle

Christmas has always been a bitter-sweet season for Dianna Niday, owner of Another Chance Resale & More downtown The Dalles.

It was during Christmas, when Niday was in her 20s, that she found herself in despair. But it was also during Christmas that she became a Christian. "I was hopeless, I wanted to die, and the Lord revealed himself," she said. "It was my Christmas present."

The spirit of the holiday, which celebrates the birth of Jesus, can be found in abundance in her shop, located at 409 E. Second St. downtown The Dalles. For those looking for inspiring, faith-based gifts, Niday is offering a special incentive this year: "All the inspirational gifts are on sale for the holidays," she explained.

In addition to resale, when Niday started the store seven years ago, she stocked a selection of Christian items in the corner of the store.

Dianna Niday stands at the counter of her store Another Chance Resale & More in The Dalles, where a wide-ranging collection of faith-based and inspirational gifts are on sale for Christmas.

Necklaces, a collection of Christian necklaces are offered in a variety of styles.

Puzzles, coloring books and more explore faith-based themes and the Holy Bible.

"It's hard to find inspirational gifts, that was one thing I wanted to turn this store into. I think Jesus needs to be shared in the world, more and more as time goes by," she explained.

But although the store began as a collaboration between four business people, her partners fell by the wayside and Niday has been running the store herself. She recently learned her rent was due to increase, and plans to close the business next spring on the last day of April. "This will be my last Christmas here," she said. So, she is making the holiday a special one by offering her full stock of faith-based gifts at bargain prices.

She hopes the gifts will help others share their hopes with others. "The world, more and more, is a harsh place. We need that hope, that peace, that it will all come right in the end," she said.

She is eager to provide shoppers with gifts that have meaning beyond the gift itself, and perhaps comfort those, like herself, who face a bitter-sweet season. She offers a wealth of items, new and used, from personal jewelry to T-shirts on a Christian theme to puzzles, games, art and devotional books and journals.

"The holiday means much more than a turkey dinner and presents," she said.



# GIFTS Some of the second secon

GABRIEL BRAVO
The Dalles Chronicle

Nearly 60 million people run in the U.S. as a form of exercise. With very little equipment required, little skill and some perseverance running can be done nearly anywhere by nearly anybody. It's the perfect way to begin a healthy life and to maintain one.

Gifts for kickstarting someone's running regiment are very simple and straightforward. Shortt Supply in Hood River has many of the following items in the following list.

#### Socks

First thing's first, socks. Like Lieutenant Dan from Forrest Gump expressed, socks make or break a person. Make ol' Lieutenant Dan proud and gift socks.

Feetures socks have padded areas to aid feet pressure points, wicking fabric that keeps feet cool and fresh and are side specific for the best fit and comfort. Darn Tough Vermont are also sold in Shortt but are mostly for hiking boots. Nevertheless, a notable mention.

Sock prices range from \$16-\$23.

#### Shoe

Shortt's bestselling running shoes include the Brooks Adrenaline GTS 19, Brooks Ghost 12 and Altra Topo Phantom all at \$130. The trail running shoes that sell the best are Altra Lone Peak 4 with a price range from \$120-\$160 and Hoka Challenger ATR5 at \$130.

#### Shorts

Compression shorts are also a good idea. They keep everything positioned and allows for a comfortable exercise. Under Armour Heat Gear and Nike Pro compression shorts are great options at a price range of \$25-\$30.

#### Safety

Safety is always a priority. Give the gift of preserving a life with reflective gear. Running shoes typically have some reflective material but it's a good idea to have additional reflective gear helping announce the presence of a runner.

The Amphipod Xinglet Optic Beam and Xinglet are perfect for visibility. The Optic Beam is a chargeable high visibility vest that lights up instead of reflecting light. Light time is around three hours and five hours in the flashing mode. Price is near

The Amphipod Xinglet is a simple, no-nonsense reflective vest. No charging required, just wear it and forget it. Price is around \$25.

Here's to the night owl runners; headlamps. Black Diamond and Petzl illuminate the runners' path. Black Diamond have models with lumens ratings from 160 that run on two AAA batteries, and 375 that require four AAA batteries. Prices range is from around \$25-\$50.

Petzl models lumens range from 180 to 450. The Tikka XP has the lowest lumens rating at 180 and Actik Core with the highest at 450. Both headlamps feature a red light for night mode, reflective lettering in the band and require three AAA batteries. Price range is from around \$30-\$50.

#### **Packs**

Fanny packs are another great gift. Introduced in the '80s and popularized in the '90s, they have since made a comeback and are now accepted as stylish. For runners' purposes they come in handy by providing storage in a small compact unit. Amazon.com's best sellers include the Waterfly Slim, Flip Belt and Dimok waist belt. Prices range from around \$6-\$25.

#### Winter

When running, the extremities tend to lose heat due to the body keeping the core warm. Prevent cold, frigid hands with gloves. Nathan and Craft gloves should do the trick. Both offer reflective material for nighttime visibility. Prices range from around \$25-\$55.

Of course, these are all gift ideas for every runner in your life. To make gifts more personalized and meaningful, a little snooping around and inquiring into your runner's preference should pay off.

Happy holidays!









# Holiday

Nov. 28 — Turkey Trot Fun Run at the Twin Tunnels Trail (start/finish at the Hood River side visitor's center). Registration begins 8:45 a.m.; run starts at 10 a.m. Fundraiser for Mosier Community School. 3K, 5K and 12K routes. Register online at www.mosier.k12.or.us.

Nov. 28 — Gorge Rocket Club Launch, 10 a.m. at Westside Elementary School. Cost for rocket kit, including engine, is \$15 (cash only); build on site. All ages; parents must accompany and supervise children. More at gorgerocketclub. com.

**Nov. 28** — Free Thanksgiving Community Dinner, noon-3 p.m. at Riverside Community Church, Hood River, and noon-2 p.m. at the Marina Pavilion, Cascade Locks.

Nov. 29 — Starlight Parade and Community Tree Lighting, 5-9 p.m., downtown The Dalles. Begins at W. Sixth and Webber, then rolls through downtown before ending in front of The Dalles Chamber of Commerce; hosted by the chamber. Tree lighting will follow parade at 7 p.m.

**Nov. 29-Dec. 29** — Holiday Gift Show at Columbia Center for the Arts. Opening reception Dec. 6, 6-8 p.m. Original arts and fine crafts by local artists.

**Nov. 30** — Holiday Open House and Community Appreciation Day, 9-5 at the Columbia Gorge Discovery Center, The Dalles. Free ad-

mission. Live holiday music, complementary cookies, cider and cocoa, visits with Santa and local gifts in the gift shop.

**Nov. 30** — Holiday Artisan Market, 10-5 p.m. at Hood River Valley Adult Center. In support of Meals on Wheels and Soroptimist International of Hood River.

**Nov. 30** — Christmas Lights Ceremony, 6:30 p.m. at Columbia Gorge Hotel. Free, open to all.

**Nov. 30-Dec. 1** — Mosier Holiday Fair, 10-4 p.m. at the Mosier Community School. More details at www.mosier.k12.or.us.

**Dec. 1-24** — Hood River Holidays, downtown Hood River.

**Thru Dec. 6** — Cascade Locks City Hall Giving Tree Signups. For those in the Cascade Locks-Dodson/Warrendale area. Sign up at Cascade Locks City Hall.

**Dec. 6** — Advent Concert Series, noon at Riverside Community Church, Hood River. Free, all welcome. Featuring the Hood River Valley High School music department.

**Dec. 6** — Hood River Holiday Kick-off Party and Parade, 6 p.m. downtown. Begins on Oak and Seventh; heads downtown. Tree lighting and caroling at State and Second streets at 6:45 p.m. **Dec. 6** — Starlight parade, 7-9 p.m. in downtown Stevenson. On Highway 14.

**Dec. 6** — Holiday Fundraiser, 7-10 p.m. at the Mt. View Grange, 1085 Main St., White Salmon. Live music, dance and auction. Proceeds go to "paint the grange" fund. Suggested donation \$20.

**Dec. 6-7** — Happy Hands Christmas Craft and Bake Sale, 10-3 p.m. at Spirit of Grace Church, 1140 Tucker Road. Baked goods, cream puffs and a variety of handcrafted gift items.

**Dec. 6-7, Dec. 13-14** — The Snow Queen: A New Adaption, 7 p.m. at Columbia Center for the Arts. Matinee performances

**Dec. 8 and Dec. 15** at 2 p.m. Tickets \$13 adults, \$6 children and seniors, available at CCA or columbiaarts.org.

**Dec. 6-8** — Christmas in the Gorge, downtown Stevenson. Arts and crafts bazaar, nativity displays, open houses and other festive community events.

**Dec. 7** — Breakfast with Santa, 7:30-noon at Henkle Middle School, 480 N.W. Loop Road, White Salmon. Sponsored by the White Salmon Band Boosters. Pancake breakfast served 7:30-11 a.m.; tickets \$6 per person or \$20 for a family of four (additional members \$5 each), \$4 seniors and children up to third grade. Book fair, craft bazaar and pictures with Santa

8-noon.

**Dec. 7** — Festival of Trees Community
Day, 9-noon at The Dalles Civic Auditorium.
Annual Festival of Trees fundraiser; more than
20 decorated trees donated by local citizens,
businesses and organizations. Free, open to all.

**Dec. 7** — Holiday Bazaar, 9-3 p.m. at St. Mark's Episcopal Church, 11th and Eugene. Gifts for all ages, including men's table, children's table, pet table, décor and baked goods.

**Dec. 7** — Christmas Bazaar and Lunch, 10-2 p.m. at the UCCC church basement, 111 E. Fifth St., The Dalles. Benefit for Columbia Gorge Habitat for Humanity. Holiday bazaar; soup and pie for lunch. Baked goods and other vendors.

**Dec. 7** — Country Christmas Bazaar, 10-2 p.m. at the Grass Valley Pavilion, Highway 95, Grass Valley. Free admission. More than 20 vendors with handcrafted items; photos with Santa includes treat bag. Pastries, lunch and beverages available.

**Dec. 7** — Photos with Santa, 10-2 p.m. at Hawks Ridge Assisted Living, 1795 Eighth St. Hood River County Christmas Project fundraiser; donation of non-perishable food, unwrapped toy or cash requested. Co-sponsored by by Hawks Ridge Assisted Living and Hood River EyeOpeners Lions Club.







**Dec. 7** — Christmas in the Gorge Singalong, 2:30-4:30 p.m. at the Columbia Gorge Interpretive Center Museum, Stevenson. Free; holiday refreshments served.

**Dec. 7** — 11th Annual Hood River Santacon at 64 Taphouse (6 p.m.), Hood River Elks (7:30 p.m.), River City Saloon (9 p.m.) and Whiskey Tango (10:30 p.m.). Non-commercial, non-political, nonsensical Santa Claus pub crawl; flash mob sensibility mixed with holiday celebration for absolutely no reason. Dress in costume; no-host event.

**Dec. 7-8** — Christmas Tree Sales, 10-4 p.m. at the Mt. Hood Town Hall.

**Dec. 7-8** — Cascade Singers, "A Parker-Shaw Christmas," 7 p.m. Dec. 7 and 3 p.m. Dec. 8 at Zion Lutheran, 10th and Union, The Dalles. Admission by donation at the door.

**Dec. 8** — Parkdale Grange Breakfast, 7:30-11:30 a.m. at the Parkdale Grange. Sausage and eggs with pancakes or biscuits and gravy; homemade apple sauce, juice, coffee, tea, juice or hot chocolate. \$6 adults, \$4 kids 5-12, 4 and under free.

**Dec. 8** — Cookies with Santa/Handmade Holiday Market, 11-4 p.m. at the Mt. Hood Town Hall. Photos with Santa by Harts Images (for purchase) noon-4 p.m.

**Dec. 9 & Dec. 12** — Tree of Remembrance, 5:30-8 p.m. Dec. 9 at Anderson's Trib-

ute Center Celilo Chapel, 204 E. Fourth St., The Dalles, and Dec. 12 at Anderson's Tribute Center, 1401 Belmont Ave., Hood River. Decorate an ornament in memory of a loved one; live music. Can be placed on Tree of Remembrance and taken home later or taken home that night.

**Dec. 13** — Advent Concert Series, noon at Riverside Community Church, Hood River. Free, all welcome. Featuring Tim Mayer.

**Dec. 13 & 15** — Christmas Sings and Swings, 7:30 p.m. Dec. 13 and 2 p.m. Dec. 15 at the Wy'east Middle School Performing Arts Center. With Columbia Gorge Orchestra Association's Voci Choir and Jazz Col-lective. Tickets \$20 adults, \$15 members, \$5 youth 10-17, at door or gorgeorchestra.org.

**Dec. 14** — Christmas Marketplace, 9-2 p.m. at Cascade Locks Elementary. Sponsored by the Cascade Locks PTO and Hood River Mobile Farmers' Market. Gift wrapping, breakfast and lunch items, live music, local vendors, pictures with Santa \$1, more.

**Dec. 14** — Pictures with Santa Paws, noon-4 p.m. on Oak Street (location TBA). Adopt A Dog fundraiser; co-sponsored by Gorge Dog and Dog River Pet Supplies. With Santa and Mrs. Claus. Treats for pups and kids; \$25 per family with keepsake ornament, 4x6 print and downloadable copy.

Dec. 14-15 — Last Chance Christmas Ba-

zaar, 10-4 p.m. at the Hood River County Fair-grounds Community Building. Handcrafted items, food, toys, decorations and more. Free parking and admission. Features free photos with Santa from noon-2 p.m.

Dec. 15 — 10th Annual United Way Holiday Benefit Concert, 3:30 p.m. at the Best Western Plus Hood River Inn. With rock violinist Aaron Meyer and his six-piece band. With special guests The Brown Sisters. General admission \$25, kids under 12 \$15. Tickets at Waucoma Bookstore and at the door, or email unitedway@gorge.net.

Thru Dec. 16 — Cascade Locks Giving Tree at Cascade Locks City Hall. Santa's helpers needed to pick a tag off the tree; bring new, unwrapped gift and tag back to city hall for elves to wrap and deliver (\$45 limit).

**Dec. 18** — 'Twas the Night Before Christmas Reading, 6:30 p.m. at the Columbia Gorge Hotel. With Santa. Free, open to all.

**Dec. 20** — Advent Concert Series, noon at Riverside Community Church, Hood River. Free, all welcome. Featuring Diana Beterbide and the Riverside Chancel Choir.

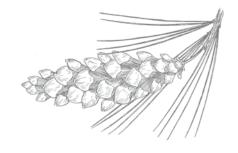
**Dec. 21** — Alice in Winterland, 1 p.m. and 4 p.m. at the Hood River Middle School auditorium. Presented by Columbia Gorge Dance Academy; benefit for local FISH Food Banks. Bring a canned food item for entry.

**Dec. 22** — Hanukkah Party, 1:30-3 p.m. at the White Salmon Valley Community Library. All welcome; learn about the holiday and its history.

Jan. 1 — Gorge Rocket Club Launch, 11 a.m. at Westside Elementary School. Cost for rocket kit, including engine, is \$15 (cash only); build on site. All ages; parents must accompany and supervise children. More at gorgerocketclub. com.

(Note: One traditional Gorge holiday event that is not scheduled to happen is the West Side Fire District Breakfast with Santa, due to seismic renovations at the Rockford fire station.)

See hoodrivernews.com or thedalleschronicle. com for events submitted after publication deadline; updated holiday events will also be featured in both publications' regular Happenings and What's Happening listings.







# Zero to eighteen

#### EMILY FITZGERALD Hood River News

Kids' interests, wants and needs change so much as they grow — creating an extra challenge for friends and family looking for an age-appropriate holiday gift. Luckily, the Gorge has plenty of options, so you don't have to look hard to find something the young person in your life will enjoy.

#### Gifts for babies (0-1)

Sshlumpies, a soft combination of stuffed toy and baby blanket, are a comforting gift that's safe for newborns and young infants. G. Willikers in downtown Hood River sells them for \$22, alongside a variety of other gifts designed for babies — including 2-packs of fun-shaped SugarBooger silicone teethers for \$15.

Give the gift of cleanliness with an Earth Mama Organics Kit, \$24.99 from Lucky Littles Boutique, containing natural face balm, baby wash, baby lotion, baby oil and diaper balm; and help make bath time more fun with a bottle of Thinkbaby bubble bath, \$7.99 at Lucky Littles.

#### Gifts for toddlers (2-4)

EzPz silicone mats create a safe, easy-to-clean space for toddlers to eat and do activities — and they even suction to the table, so there's little chance that they'll go toppling to the floor. Available from \$17.49-\$24.99 at Lucky Littles Boutique.

Timber Tots toys are safe for kids over the age of 2 and designed for kids up to 6-years-old. G. Willikers carries kits such as the Tree House (\$50), Mushroom Surprise (\$35) and Enchanted Park (\$35), as well as a variety of add-ons.

Prefer puppets to standard toys? Waucoma Bookstore has animal figure puppets for \$6 each, and an epic dinosaur puppet for \$10.

New clothes aren't the most exciting gift for a kid to receive during the holiday season — and giving them probably won't help your reputation as the cool relative — but the parents at least will be appreciative, especially if it feels like their kid has a new growth spurt nearly every other week. Lucky Littles Boutique offers a variety of stylish and comfortable clothing options for youngsters, and Cutie Pie Kiddos, a boutique and consignment shop on the Heights, has a wide selection of affordable clothes and shoes for babies, toddlers and young kids.

#### Gifts for young kids (5-9)

Unicorn Poop (slime putty), \$6.50 from Waucoma Bookstore, is sure to keep your kid entertained for a long while. Pair with the picture book, "Kevin the Unicorn: It's Not All Rainbows," \$17.99 at Waucoma, for a thoroughly magical experience.

Help them learn independent self-grooming habits with this Boon Spiff Self Grooming kit, \$19.99 at Lucky Littles Boutique, which includes a hairbrush, comb and mirror in a fun stand.

Young athletes and aspiring ninjas can zip around their own backyards with items from Slackers Ninja collection, such as a Ninja Line (\$100), Ninja Net (\$65), Ninja Climbing Kit (\$110), Ninja Zipline Kit (\$175). Get one to play on, or mix-and-match for a complete backyard obstacle course. Available at G Willikers

If they're interested in role-playing and make-believe, have them try "No Thank You, Evil," a tabletop role-playing game designed to be easy enough for kids 5 and up, but nuanced and flexible enough for older kids and grown-ups to enjoy just as much. Available at Hood River Hobbies for \$29.99.

#### Gifts for older kids/tweens (10-14)

Nurture an interest in computer science and technology with this Creative Coder Kit from Tech Will Save Us, available for \$60 at G. Willikers. Designed for kids ages 8 and up, this kit includes a visual coding software and equipment to help new coders create their own games and projects. Penguin Mini Books, \$12 each at Waucoma Bookstore, have a revolutionary landscape design and utilize ultra-thin paper to make it easy to hold in one hand and take on the go without sacrificing readability.

The popularity of Netflix's "Stranger Things" has sparked more interest in the already immensely popular role-playing game "Dungeons and Dragons (D&D)." Hood River Hobbies sells starter and essentials kits for \$19.95 and \$24.95, respectively, and even a special "Stranger Things" version of the game for \$29.99.

Mini kits double as a fun activity and a cool decoration. Check out the Bob Ross Bobblehead kit or the Screaming Goat kit with a pocket guide, \$12.95 and \$9.95 respectively at Waucoma Bookstore.

#### Gifts for teens (15-18)

Help new drivers personalize their cars with Natural Life accessories, such as artistic air fresheners or "car coasters" designed to fit in car cup holders and absorb spills, \$9.99 and \$17 respectively at Hood River Stationers.

Socks are infinitely more fun when they've got snarky comments and cool designs on them. Waucoma Bookstore has some fun options, such as Dinosaur Party Animal or Curled Up with a Good Book socks for \$13 each, and Hood River Stationers has a whole wall of creative and comfy options for \$10 per pair.

Surprise your book-lover with some literary gifts from Waucoma Bookstore, such as enamel pins of their favorite book cover (\$12 each); or a new book you think they would enjoy.

Just because they don't get crayons and kids menus at restaurants anymore doesn't mean they have to stop coloring: Grown-up coloring books, \$9.95-\$14.95 at Hood River Stationers, offer a more sophisticated approach to the standard coloring book. Pair one with a set of colored pencils, \$16.99 for a set of 30 at Hood River Stationers, and they'll be set to start coloring away.





A wall of colorful socks at Hood River Stationers Giraffe, princess, and other Sshlumpies at G. Willikers.

Role-playing games D&D and "No Thank You, Evil" at Hood River Hobbies. Cleaning products for baby, including Earth

Mama products, ThinkBaby bubble bath, and packs of Kyte washcloths (\$14.99), at Lucky Littles Boutique.

# BLACK FRIDAY SALE WEEKEND 11/29 - 25% Off Oils & Vinegar 11/30 - 25% Off Teas & Spices 12/1 - 20% Off Kitchen Wares





# for Dinders

MARK GIBSON The Dalles Chronicle

There are few better windows into the natural history and wild places of the The Columbia River Gorge than those found seeking out our resident and visiting birds. A wealth of local habitats draw birdwatchers to the region — bays, wetlands and beaches at the mouth of Hood River to the west or Maryhill State Park to the east; the sage lands of south Wasco and Sherman counties; the forested foothills and alpine areas of Mount Hood and Mount Adams.

Birds prove to be an attraction all year: Bald eagles gather in numbers on the Klickitat River and below The Dalles Dam every winter, ospreys in the summer, and raptors migrate regularly over the mountains and high plateaus. Each visit offers unique opportunities to see, identify or watch a host of resident and migratory birds.

And you don't have to leave home to enjoy the area's bird bounty — feeders, bird houses and gardens can make any home a paradise for birds — and for the bird watcher as well.

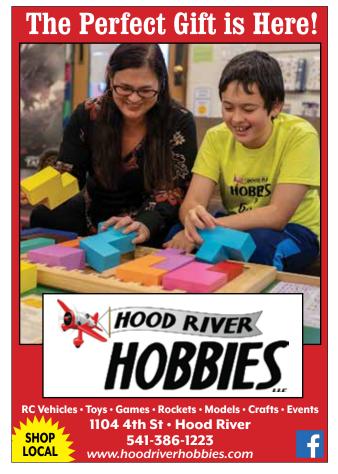
What could be better than inspiring a loved one with gifts for the birder? Kids and young adults are especially responsive to the opportunity to explore the world around them—bird watching gives focus and motivation to satisfy their innate curiosity.

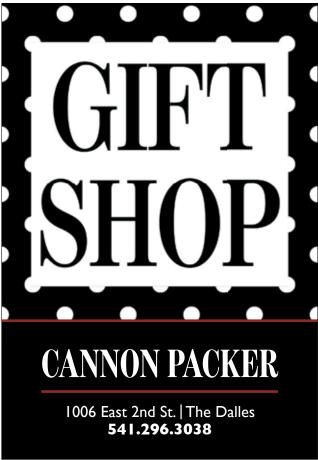
#### **Binoculars**

As with any optical instrument, binoculars look very similar but vary widely both in quality and price. Precision in manufacturing, quality of glass and both optical and mechanical engineering play make a dramatic difference in the usability and quality of the binocular. The best "rule of thumb" is the universal adage, "you get what you pay for."

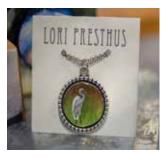
Most birders prefer 7- or 8-power binoculars because they have are bright and have a wide field of view, making it easier to find birds and to follow them in flight. Prices range widely— a good value can be found in the \$200 to \$500 range, but prices range up to \$2,000 and more. If you are purchasing them for a potential birder, as apposed to a dedicated one, prices start at under \$100.

A collection of binoculars can be found at Big 5 Sporting Goods in The Dalles. If you are considering a pair, get a view under natural light, rather than store light, for a truer test. You want a pair that focuses easily and sharply, and doesn't offer a dim view under normal conditions.













#### **Bird books**

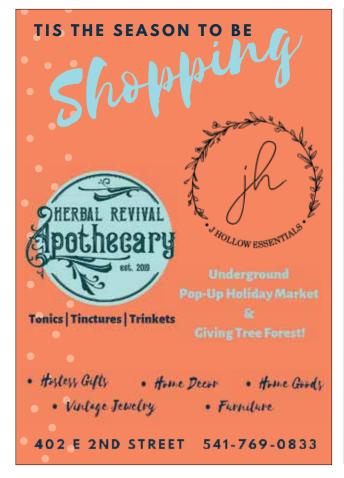
For those already hooked by the birding feeder, Sibley's Birding Basics is a great gift. Despite it's title, there is nothing basic about this book. But if you need to describe what you see — those bright yellow markings on the wing, for example—this book will give you the vocabulary you need to be specific. Beginners will appreciate a general guide to birds for the region — there are many, and Klindts Booksellers in The Dalles and Waucoma Bookstore in Hood River can introduce you to the most popular options.

#### Feed and feeders

If you want to get started feeding birds at your home, Coastal Farm and Ranch has the biggest collection of feeders and feed you're likely to find anywhere. Feeders come in many styles, and each has it's benefits. A platform style feeder that sheds the rain and a suet feeder are must haves, and summer will gain interest and color with a hummingbird feeder.

Prices and feeder design range widely, but you can be sure of finding one that suits your taste and location — and that of the birds as well!











GABRIEL BRAVO
The Dalles Chronicle

The modern automobile — recognized by many as being invented by Karl Benz, one of the founders of Mercedes-Benz, was first conceived in 1886. Known as the Benz-Patent Motorwagen, the world's first modern car featured a three-wheeled design, throttle lever for a gas pedal and had a top speed of nearly 10 mph. Since its conception the automobile has seen many technological and safety advancements; cruise control, airbags, self-parking and lane-departure warnings.

Automobiles have changed and evolved since its invention, but many things remain the same. This gift guide is intended for your car-loving father, automotive-enthusiast brother or your mother, even if she has no idea what kind of engine is under her car's hood.

#### Oil

Oil, the life blood of the automobile lubricates engine components, aids engine cooling and prevents engine seize. This gift is thoughtful, universal for any car owner and necessary for automotive maintenance.

For the do-it-yourselfers on your list they'll need oil, of course, as well as an oil filter, funnel, catch pan and towels (funnel, catch pan and towels optional). Because every car is different, make, model and engine type are required to determine oil type, amount and filter. This is all the information your local Napa, Oriley's or local auto parts sales associate needs to determine the auto's requirements.

For those who are not handy or may not have the time to do their own oil change, there are many local places that perform oil changes. Valvoline Instant Oil Change, Hood River Quick Lube and Gills Point S Tire & Auto all perform oil changes in Hood River. In The Dalles Qwik-Change Lube Center, Valvoline Instant Oil Change and Columbia Gorge Quick Lube all do oil changes.

Valvoline in Hood River charges \$42.99 for an oil change of five quarts with conventional oil, \$64.99 with semi-synthetic oil and \$89.99 with full-synthetic.

#### Cleaning

You can tell a lot about a person by the type of car they drive. The cleanliness of their car can boost or decrease this perception. Why not increase their positive perception and have their car washed? Cascade Car Wash in Hood River has three options: Basic for \$6, deluxe at \$7 and premium for \$8. Gift cards for this location are not available, but you can always gift money and specify it's for Cascade Car Wash use only.

The Dalles has Metro Car Wash, Sparkle Car Wash and several self-service carwash locations.

#### Jump starter

Anybody can experience a dead battery, and not everybody has someone to help. Prevent that situation with a jump starter. No longer will you need jumper cables, and a willing driver, if you have this handheld device or a larger jumper kit.

Amazon.com has the NOCO Boost Plus Portable Car Battery Jump Pack. The 1000 Amp version is the best seller at the website at \$99.93.

If your gift-receiver won't mind a larger bulkier jump starter, the Stanley 1000/500 Amp Starter would be great. At \$64.91 this unit features a small LED flashlight and a 120 PSI compressor as well. This can be found at Walmart.com and can be shipped to your nearest store.

#### **Grease monkeys**

For your grease monkeys, shop towels, vacuums and soap are great gifts. Regular paper towels aren't designed to clean up garage dirt and grime. One could say those are wimpy wimpy wimpy. Scott Shop Towels are hefty hefty. A three-roll pack is \$5.48 at Home Depot. If your grease monkey is environmentally conscious, try shop rags. Only \$37.99 for a set of 75, they should last a lot longer than paper towels.

Regular home vacuums are not intended for shop use. They may pick up dirt and grime for a while, but won't do it well for long. The Shop-Vac Professional 12 gallon, with its 6.5 horse-power vacuum, should do the trick.

#### Soap

Finally, soap. When dealing and working on cars, one is bound to get dirty. Hand soap cleans well, but not as well as Fast Orange. Fast Orange soap contains fine pumice that massages and deep cleans dirty, greasy hands.

Of course, this guide is one-size-fits-all: To personalize your gift to your car enthusiast, get to know their interests, their automobile and what they may have an eye on.

 $Happy\ holidays!$ 











#### WINTER DRIVING

5 things to check before you go Roads can be dangerous in the winter, especially in extreme weather. Stay safe by checking the five following things every time you get behind the wheel.

#### 1. FUEL

Fill your gas tank as often as possible to prevent condensation from forming. While it's not an issue when the temperature is warm, condensation can freeze and create blockages in the fuel lines in the winter.

#### 2. WINDSHIELD WASHER FLUID

Sloppy weather conditions may force you to use more washer fluid than usual to keep your windshield clear. To ensure you can always see the road ahead, check fluid levels often and keep an extra bottle in your trunk.

#### 3. SNOW REMOVAL

Not removing snow from your car before getting behind the wheel puts you at risk of incurring a driving infraction. Besides, failing to do so is extremely dangerous. Snow can slide down your roof and obstruct your view, and chunks of ice may fly off your car and hit vehicles behind you, potentially causing a serious accident.

#### 4. WEATHER FORECAST

While few of us are able to plan our comings and goings around the weather, checking the forecast be-fore leaving will allow you to account for potential delays caused by bad weather. In difficult conditions, leave earlier to ensure you can drive at a safe speed and, if possible, stay home during severe storms.

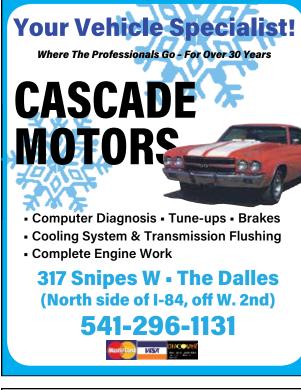
#### **5. ROADS AND TRAFFIC**

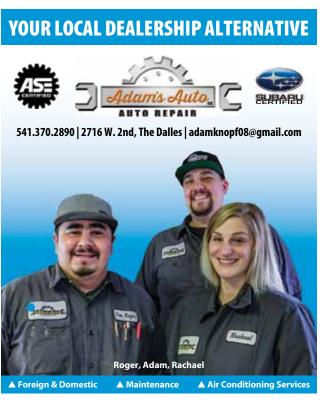
Stay informed about local road conditions and try to avoid hazardous, icy and poorly plowed areas. Take a longer route if it allows you to avoid a dangerous commute. Finally, if your car is showing signs of deterioration or is performing poorly, be sure to visit a local mechanic as soon as possible.









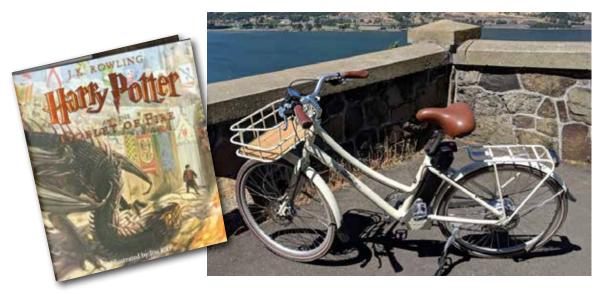


















# Gifts One to \$1000

TRISHA WALKER News Staff Writer

You've made your list, you've checked it twice, and now you're faced with finding everything from token gifts for the office to something a bit more meaningful for that special person in your life.

Whether you're looking to spend \$1 or \$1,000, everything you need can be acquired locally.

**\$1** "Oh, sure," you might be thinking, "you can't get anything for \$1." Well, it turns out you can: Waucoma Bookstore, downtown Hood River on Oak Street, has Harry Potter wand pens for \$1.

**\*10** Know someone who loves their phone or iPod? PopSockets can be found at Hood River Stationers, downtown Hood River. These are handy gadgets for phone handling, propping up and increasing grip, and they come in a variety of colors and patterns.

**\$15** Hood River Stationers also carries Snark City mugs that will run you \$14.99. Sayings include "I might look like I'm doing nothing, but in my head, I'm quite busy" and "I'm silently correcting your grammar."

Or maybe your phone addicted friend needs an Airpods case — those run \$15 at Waucoma Bookstore.

**\*25** Tammy's Floral, 1215 12th St., on the Heights in Hood River, has a large assortment of newly arrived Jellycat plush toys that range from \$15 to \$25 or more. These stuffed animals are incredibly soft and prefect for infants and children — or those who are young at heart. They also have a wide variety of houseplants and containers to liven up any indoor space.

Over at Footwise, Oak Street, Hood River, you can get a pair of Yak Tracks for \$20. These traction clamp-ons make walking in the ice and snow much, much easier.

**\$40** Have a coffee lover on your list? Dog River Coffee, located on Oak Street in downtown Hood River, sells the popular Chemex coffee maker for \$42: An elegant, pour-over style glass carafe. The hourglass-shaped coffee maker has a heatproof wooden collar around the neck that allows for easy pouring.

Chemistry Jewelry, also on Oak Street, has three packs of tiny gold, silver or rose hoop earrings (comes in three different sizes) for \$45.

**\*50** Back at Waucoma — and Harry Potter — the illustrated "Goblet of Fire" is \$47.99. This fully illustrated edition by artist Jim Kay contains the complete and unabridged text from "Harry Potter and the Goblet of Fire" by J.K. Rowling.

**\$100** Teenagers love Birkenstocks — and Footwise has a pair that retails for \$100 instead of the usual \$120 because its upper is made of synthetic materials. It's a "teenager solution" that lets kids be in style while also being durable.

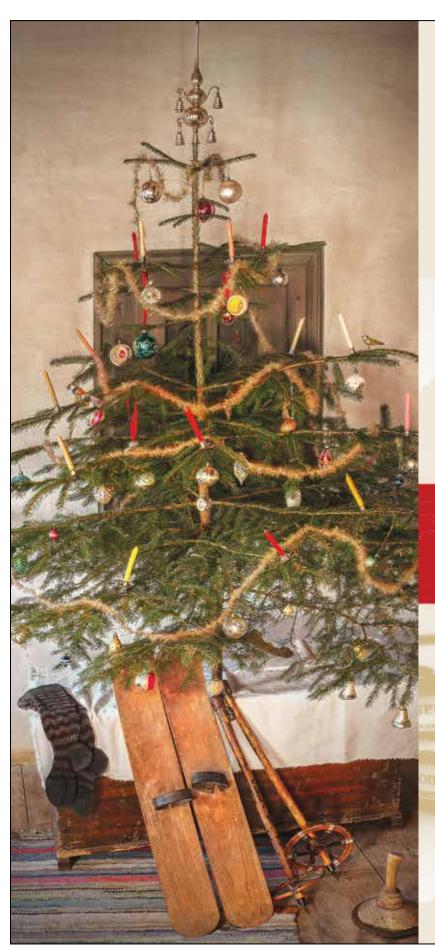
**\$250** Spa Remedease, 4000 Westcliff Drive, Hood River, sells a "Skin Transformation Spa Journey" for \$249.

"Skin is the largest organ of the body. It reflects what we eat, how we move and what we think about. Sometimes the skin just needs a boost. A customized facial with infusions of Vitamin A, non-invasive microneedling and LED treatment will leave your skin radiant," said a press release.

**\*500** Have guests coming in the new year? Give them the gift of their own space with a booking in a local bed and breakfast. Prices will vary (expect anywhere from \$300-\$500 for a weekend), depending on the season and availability. Travel websites will allow you to view properties, amenities and recommendations from sightseeing to dining. Contact each bed and breakfast separately for more information regarding bookings or gift certificates.

\$1000 and up E-bikes — electric bicycles — are popular options for everything from recreation to daily commutes. Oregon E-Bikes, located in the Big Winds building on Front Street, downtown Hood River, has e-bikes starting at around \$1,700 and going into the \$10,000 range. Some e-bikes even have storage racks, perfect for holding a backpack, groceries or a briefcase. Visit the store for details, or online at www.oregon-ebikes.com/shop.

If you still need ideas, don't worry — anyone at your favorite store will be able to help. Simply tell them who you're buying for and how much you'd like to spend, and you will end up with more ideas than you ever dreamed possible.



#### GIVE THE GIFT OF **COMMUNITY NEWS**

Give a new 1-year subscription of Hood River News OR The Dalles Chronicle

#### **Special Savings Rate!**

\$35 a year subscription

Available to new subscribers in town or out of area. One year rate.

#### **Call today**

TDC/HRN 541-386-1234 or 541-296-2141 Email: tlindsey@thedalleschronicle.com or visit our newspaper website to subscribe on-line.



#### The Dalles Chronicle

315 Federal Street | The Dalles 541-296-2141 www.thedalleschronicle.com



#### **Hood River News**

419 State Street | Hood River 541-386-1234 www.hoodrivernews.com



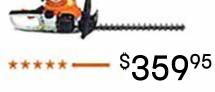
FS 38 TRIMMER

"Great product, very reliable." - tolbert





HS 46 CE HEDGE TRIMMER



"Light, runs great, cuts nice." - dandeevers BG 50 HANDHELD BLOWER



"Powerful and lightweight." - kevin2376

MS 170 CHAIN SAW



"It starts easily and runs great." - Dick44

440 Riverside Dr., Hood River, OR 541 386 3603 • Sheppards.com

All prices are DSRP at participating dealers while supplies last.

\*The actual listed guide bar length may vary from the effective cutting length based on which powerhead it is installed on. Check out these reviews and others on the product pages at STIHLdealers.com \*2019 STIHL