

A DEADLY AFFLICTION

AS 1 IN 10 COLORADANS EXPERIENCE EATING DISORDERS, LAWMAKERS CONSIDER ACTION



PHOTO COURTESY OF GORDON M. GRANT

Aimee Resnick stands for a portrait at a family member's home in Quogue, N.Y., on March 14. Resnick, part of the Colorado Youth Advisory Council, is the inspiration for a new bill that the Colorado State Legislature is considering regarding eating disorder prevention.

BY HANNAH METZGER
hannah.metzger@coloradopolitics.com

When she was 15 years old, Aimee Resnick's eating disorder nearly killed her.

Resnick said she was teased and bullied for being "bigger" than her peers throughout middle school and early high school. So, when a health

class assignment required Resnick to set a weight loss goal and track her daily calorie consumption, she quickly fell down a rabbit hole of disordered eating habits. Resnick was eventually diagnosed with anorexia.

As Resnick's mental and physical health deteriorated from months of starvation, she received praise and

encouragement from those around her, urging her to "keep up" the weight loss. With the help of her mother, Resnick briefly turned away from her disordered eating habits, but later relapsed during the stress and isolation of the COVID-19 pandemic.

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A PIONEER

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GUN LAWS

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