



DAILY

## COLLEGIAN



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# FOUR HOURS OF CLASSES. EIGHT HOURS OF SLEEP. TWELVE HOURS OF SAVING LIVES.

*A glimpse into the hustling careers of student EMTs at Penn State*

By Varshini Chellapilla  
THE DAILY COLLEGIAN

Erica Kozorosky, volunteer EMT fresh out of training, had been up since 6 a.m.

She fought off a yawn as she began filling out a run-sheet for the patient laying in the ambulance — an older woman with strong shoulder pains.

As the ambulance drove toward Mt. Nittany Medical Center, Kozorosky's eyes flitted between the ECG monitor and the patient's shoulder. She checked for additional sources of pain as she asked her patient about any pertinent medical history before going back to the papers in her lap.

After having the patient sign necessary forms, Kozorosky leaned back against the wall of the

ambulance and closed her eyes for three seconds.

She had three more hours to go on her shift.

"I work till 6 p.m.," Kozorosky said. "I'm still getting used to it."

Kozorosky graduated from Penn State with a bachelor's degree in biology after being inspired to join by a friend who was also working as an emergency medical technician at the time. Although Kozorosky was not sure she could have handled the pressure of managing both her academic life and volunteering, most of her colleagues at Centre LifeLink are still full-time students at the university.

More than 100 students on campus moonlight as EMTs while taking on a full course load and, in some occasions, even take on a side-job as well.

Centre LifeLink reports that students make up for 75 percent of its volunteers and 35 percent of its complete staff. On the other hand, the Penn State University Ambulance Services is an entirely student-run service with 50 EMTs actively working, save for special events and football games.

According to Stanford Medicine, an emergency medical technician is defined as "an emergency responder trained to provide emergency medical care to the critically ill and injured."

Common misconceptions of the profession often mistake EMTs for ambulance drivers or attendants. However, their duties go above and beyond simply transporting critical patients to hospitals.

EMTs respond to emergency calls, often dispatched via 911. From muscle cramps to shootouts, they are required to be prepared for any emergency. In college towns, they also work during special events like concerts and football weekends.

Medical assistance in the State College area is divided between two emergency medical services (EMS). Penn State University Ambulance Services covers all of campus, including Innovation Park and the Agricultural Progress Area. Centre LifeLink, a nonprofit organization, serves several areas within Centre County, including the Borough of State College.

Both the university and LifeLink require members to work for about 20 hours a week to qualify as a volunteer at the service.

Paid employees and staff members have higher commitments based on their job requirements.

Jonah Rosen/Collegian

See EMT, Page 2.

From left, EMTs Marina Castelluzzo (senior-kinesiology) and Emily Barton (junior-nutrition) pose in the ambulance at Centre LifeLink EMS during their 12-hour overnight shift on Monday, Feb. 25.

## Four takeaways from pre-spring football press conference

By Tyler King  
THE DAILY COLLEGIAN

James Franklin always says a lot of words whenever a microphone is in front of him.

Some of them have meaning, some of them don't. His pre-spring practice press conference was no different.

But Penn State does have plenty of questions now that we're going to get our first look at the Nittany Lions on the field since New Year's Day.

Trace McSorley and Miles Sanders are gone. The Nittany Lions made a pair of coaching changes.

Here are a few quick takeaways from Franklin's first press conference of the spring.

### Running back spot is up for grabs

In what was a bit of a surprise, Franklin was hesitant to call Ricky Slade the starter at running back.

After impressing as a true freshman, it appeared as if Slade was going to inherit the starting job from Sanders, who declared for the NFL Draft a few days after the Citrus Bowl.

But it appears as if Slade and rising sophomore Journey Brown will split first team reps this spring.

"I think Ricky has done some really nice things," Franklin said Wednesday. "I think Journey is also a guy we've been really excited about since the high school process, you know, when he rushed for over 700 yards and ten touchdowns in a game. I would not be upset if he did that for us at some point this year or in his career."

Slade ran for over 250 yards on 45 attempts and found the end zone six times in his first season as a Nittany Lions. The former 5-star recruit will likely wind up getting the start in the season opener in September, but the backfield reps will certainly be more split than in the previous few seasons.



Zack Gething/Collegian

Penn State football head coach James Franklin answers a question during the press conference at Beaver Stadium on Wednesday, March 13.

### Stevens' limited availability could open the door for Clifford

Tommy Stevens has battled a handful of injuries during his time at Penn State. His latest required surgery caused him to miss the Citrus Bowl. That same injury will limit him in the early portion of spring practice, Franklin announced on Wednesday.

Although Franklin said last month that Stevens would be listed as the starter on the spring depth chart, this opens up first team reps for Sean Clifford, a rising sophomore who impressed in his handful of reps last season.

Regardless of who starts in September, it's going to be a transition for the program.

"I don't think there's any doubt about it when you've got a guy

like Trace that you started and played at such a high level for such a long time," Franklin said. "That's a big transition."

It's easy to forget that Stevens was battling with McSorley a few years ago to be the starter after Christian Hackenberg left. Now, even though he's been given the early advantage, it looks like Stevens is headed for another battle.

### Micah Parsons is already the face of the defense

On a relatively unsurprising note, the first question to Franklin was about Micah Parsons.

Even though he made the transition to linebacker before his first collegiate season and made just one start as a freshman, it's clear that Parsons is the face of the Penn State defense.

Parsons led the Nittany Lions in tackles last season and, Franklin praised his budding star and not just for his play on the field.

"I think he came in here, such a high-profile guy, that I think some people had a perspective about who and what he was going to be, and you know, our guys on the team love him," Franklin said. "He's been a great teammate. I've gotten really good feedback from different things we've had on campus from professors, from different trainings that we do with the freshmen, a lot of different things."

The former 5-star recruit will almost certainly assume Koa Farmer's starting spot at outside linebacker and no one will be surprised to see him lead a talented Penn State defense next season.

**"I don't think there's any doubt about it when you've got a guy like Trace that you started and played at such a high level for such a long time. That's a big transition."**

James Franklin

### Nittany Lions have competitive safety group

Penn State had to replace both of its starting safeties from the 2017 season, but the position group didn't miss a beat.

Garrett Taylor emerged as one of the more consistent players on the Nittany Lion defense and although Nick Scott has graduated, Brent Pry's unit proved it has plenty of depth as well.

With the way Franklin described it on Wednesday, it appears as if Lamont Wade is in line to take Scott's spot.

"The way we have it right now at free safety, we've got Taylor, Sutherland, Neff and Romano at that position, the way we have those guys ranked," Franklin said.

"And then at the strong safety, which for us is really like the field safety, boundary safety, the field safety, you've got Wade, Petrishen and Rudolph and Hartlaub.

Jonathan Sutherland looked impressive as a redshirt freshman last season, but the Penn State coaching staff views him as a free safety.

But that doesn't mean he won't see the field a lot next season.

"But as you know, you know, they are moving parts. So if you're the backup at the 1, but you're one of our two best safeties, we'll move it around and plug-and-play."

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# Student runs for Centre County commissioner

**By Erin Hogge**  
THE DAILY COLLEGIAN

Tanner Day describes himself as a man of simplicity.

Day (junior-political science) is currently one of seven running to become the Republican Party's nominee for the position of Centre County commissioner in the May 21 primary election.

He has spent the past year serving as one of three Marion Township supervisors and hopes to continue his political career working in central Pennsylvania.

**A mixture of athletics, music and public service**

A lifelong resident of Bellefonte, Pennsylvania, Day said living in the area helped to shape his political ideologies.

"Growing up I've always been a part of politics in some form," Day said. "I was active in [Boy Scouts of America] all the way up until [attending Bellefonte Area High School] when I got my Eagle Scout award [in tenth grade]. A lot of local, state and national politicians will come to the Eagle Scout ceremonies, so from a very young age I was very consumed by the profiles of the figures that were showing up to these events and got a taste of what they do."

The 21-year-old said he has evaluated his abilities and talents for years now.

"There's no potential for me to become a doctor or anything

of that sort, but I want to help people," Day said. "The next best option for me was public service, which has always come naturally to me."

During his freshman year of high school, Day played on the school's football team where he met the band instructor at practice.

The instructor knew Day had played the trumpet in middle school and requested he join the group, which he did his sophomore year. This experience led him to become the vice president of the Bellefonte Band his senior year. Aside from Scouts and the marching band, Day was also active in student council and was class president.

"Working for the county was a dream job for me in high school, as many people knew," Day said. "At one point in my life I would like to be the president of the United States some day, so I made a promise to my [high school] graduating class that we can have our reunion in the White House if it falls on the same year."

Aside from one family friend, Day's family has never been too interested in the political world.

"My family is very far from politically inclined, though they have their opinions," Day said. "Growing up, politics was always a hot-button issue for us, but there were no immediate family members [who] were actively participating in any political organization or office."



Courtney Taylor/Collegian

**Tanner Day (junior-political science)** poses in the HUB-Robeson Center on March 13.

Deciding to run for this position was a no-brainer for Day, who said he enjoys working closely with his current constituents as well as community members.

**A simple platform for a 'simple man'**

Day's platform is "far from radical." He wants to keep taxes low and spending appropriate, rather than "absorbent."

While he understands the

might and influence of State College in relation to other municipalities in surrounding areas, Day wants to give those other areas more of a voice.

"I represent a very rural-minded ideology of keeping things as simple as possible and keeping things very smooth and easygoing for the Centre County taxpayers," Day said. "I also want to bring back jobs and revenue to this area."

Day believes in his ability to

create meaningful change throughout central Pennsylvania and hopes voters recognize his "will to do so."

"I run my campaign based solely around Pennsylvania's motto of virtue, liberty and independence," Day said. "Without any of those three things, our county, our state and our nation would not be what it is today."

**The logistics**

The commissioner position is "convenient" for Day's schedule, assuming he wins the race, because he will be graduating in spring 2020 — the same time he would take office. Still, there are tough aspects to his youthful political career, as he faces an incumbent and two seasoned politicians. Nonetheless, Day said he's up for the challenge.

"I like challenging myself on a day-to-day basis — I don't like taking things the easy way," Day said. "It can be [intimidating]. I'm 21-years-old, I don't have a whole lot of money to put into this campaign."

Visit [collegian.psu.edu](http://collegian.psu.edu) to read the full story.



Collegian file photo

**University Park Ambulances** park outside of UHS on Oct. 4, 2016.

## EMT

**FROM** Page 1.

With each service receiving an average of 10-20 calls per-day students often find themselves tightly scheduling their lives.

For Sophia Campbell, an operations officer at the University Ambulance Services whose family has long been involved in medical professions, becoming an EMT seemed like the perfect way to gain the experience to become a physician assistant.

"It's difficult [to manage school and EMS] but it's all about balance," Campbell (junior-kinesiology) said. "I think it's just kind of like learning. I know I have school. I'm here to learn, and I'm here to do all of my classes. But, I'm also here to gain experience. So, I need to make sure that I'm doing that as well as working and getting the experience I need."

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In the emergency room at the Mt. Nittany Medical Center, Kozorosky passed several occupied pods until she transferred her patient to an open room.

After relaying information to the on-call nurse, she picked up a face sheet for registration and billing purposes, walking toward a vending machine. As she selected a drink, the EMS radio on her shoulder informed her of another call 20 minutes away.

Without missing a beat, Kozorosky scooped up her drink and headed back to the parked ambulance. Calls like these could send EMTs nearly all over Centre County.

Frank Cianfrani, the education coordinator at LifeLink, identified two demographic groups that frequent the ambulance services.

"If you look at a graph of the age of the population who use the immense resources here, there's a spike in the 18 to 24-year-old region — which is our Penn State students," Cianfrani, also a paramedic, said. "Then there's another spike again at the very high end of the age spectrum, once you get over the age of 65. There are a lot of nursing homes in the area, so it is very common that we see a fall victim or something geriatric."

On the other side, the university's emergency service is at its busiest on the weekends.

Last month, the service received 84 calls — a majority of which were unconscious alcohol overdoses, although Campbell notes a spike in the number of cardiac arrests on campus grounds last semester.

Noah Palau, a volunteer EMT

with the University Ambulance Services, noted a pattern in call types and volumes.

"It really depends on the shift and time of day," Palau (junior-civil engineering and political science) said. "The weekdays are quiet. On a Friday night, for example, you might end up with a lot of like alcohol intoxication cases. Other times it could be like someone fainted or had a seizure."

Other common patients in the State College area are those suffering from acute pain or cases of assault.

"Even though they range in severity, it is important to understand that for the patients, it is the most traumatic moment of their lives," Campbell said. "So, I find that, even though not every call is like an urgent cardiac arrest, it's still important be able to be professional about it and help them."

Carly Belko, an assistant chief and crew chief at the University Ambulance Services, finds football season at Penn State particularly interesting.

According to her, they treated approximately 400 patients at football games last fall.

To acquire the skills to provide assistance for such a large spectrum of issues, EMTs in the State College area are required to attend a minimum of 180-220 hours of theoretical classwork and practical training.

Penn State provides a course titled KINES403: Emergency Medical Technology that trains interested students in emergency medical skills. After an application and interview process, students enrolled in the course are taught first aid, injury assessments, pediatric emergencies, childbirth, etc. At the end of the semester, students are qualified to apply for the Pennsylvania EMT certification by

attending a written and a psychomotor examination.

LifeLink also offers its own specialized EMT course three times a year.

While some students like Kozorosky take the class during their final semesters at Penn State, others jump into the class as a freshman.

Belko (junior-biobehavioral health) took the class during the spring semester of her freshman year after hearing about the ambulance services during her first few weeks on campus.

"I want to be a physician assistant, so I thought being an EMT would be a good way to prepare me for the medical field and being able to help people while being quick on my feet," Belko said.

Some students, like Marina Castelluzzo, become interested in the job after hard-hitting personal experiences.

"My mom has Type 1 diabetes," Castelluzzo (senior-kinesiology) said. "And when I was younger, her sugar went really low, and when that happened, she went into a coma. The EMTs and paramedics came and literally saved her life. That was where I became interested in the field."

After a semester of theoretical and hypothetical learning, volunteers who have passed their exams get the chance to train with professional EMTs. This involves accompanying them on shifts, observing the daily operations and getting adjusted with the detailed

parts of their job.

"I guess the one thing they don't really prepare you for [in the classroom] is how to go into a room and start talking to a person you've never met before. Basically, you have to build a rapport with them, find out what's wrong and how to help them in the span of 10 minutes," Palau said. "That's what the training is for. You learn that on the job."

"The classes are usually 200 hours' worth of actual material to learn and that's all the skills required for the job. But then you have to go out and the human side of the job isn't something you can teach in a class," Palau added. "It took me about three to four months so far to actually get it down."

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By the time, Kozorosky's ambulance arrived back at Lifelink's station, the numbers on the clock blinked to 5 p.m. She grabbed her bag and climbed out of the vehicle, making sure to stretch her arms and legs. She walked through the corridors to reach the break room in the back.

But a voice suddenly spoke through the radio on her shoulder one more time.

According to the United States Bureau of Labor Statistics, the turnover rate for EMTs and paramedics is much higher than average, and it is only predicted to increase. The Journal of Emergency Medical Services found that this was a result of the high-

stress work environment

In State College, some student members of LifeLink were on scene during the shooting in January that resulted in a triple homicide and suicide— though they didn't share the details from that night. Other students have provided medical assistance during cases of sexual assault, domestic violence and drug overdoses.

"We stayed on scene for like two hours," Campbell said, regarding a sexual assault case she assisted in last semester. "We just tried to give her emotional support more than anything. It's hard to know what to say in those situations, but I think that, since we were all college students, that gave us a great thing to bond on. And we were able to connect with her a little better than if we were to be older or not the same gender."

Palau added that there have been times when patients have refused treatment, which he finds frustrating as there isn't much he can do to help them.

However, the unpredictable nature of the job is what keeps it interesting, according many EMTs.

"Anything can happen in EMS. It's unpredictable, so you never know what you're going to get," Campbell said.

"You never know when a call's going to come through. It's so exciting."

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# UPUA needs more competition to spark debate and engagement

For the second year in a row, as of publishing, Penn State’s student body president is slated to face no opposition en route to getting elected.

The University Park Undergraduate Association elections, which will occur on March 27, feature only one ticket for president, sitting Vice President Laura McKinney on the top of the ticket with Jake Griggs her running-mate.

The thing is, no one is questioning the qualification or experience of McKinney or Griggs to hold their respective positions.

In fact, in some instances students expect UPUA to be their voice, and that experience is valuable and would likely carry more weight than if any student were to air a grievance to administration.

Similarly, many of the people currently serving in UPUA are likely aware of the perception that the organization wields little power, yet they are still devoted to trying to do what they think is best for students and are still committed to that cause — while that’s the definition of good public service, it should be commended.

That perception also isn’t

## OUR VIEW

## Uncontested races and lack of outreach means the best ideas may not get elevated

wholly accurate.

Not every piece of legislation or resolution that are voted on will necessarily be “sexy.” But, UPUA organizes several events surrounding issue awareness, often lasting for a week at a time, puts forward lasting initiatives and serves as a platform for students.

Having said all of this, the fact that for the second year in a row there is only one official ticket, running unopposed, is disconcerting.

Competition breeds improvement of ideas, and if no one challenges the people who are supposed to be the student representatives for Penn State — that’s not beneficial for anyone.

Similarly, the lack of competition, with the outcome essentially decided beforehand, might lead to the student body not getting engaged, if they feel like

their voice won’t be heard or that the person running doesn’t represent their interests.

It’s unfair to ask students to care and to vote in these elections, if UPUA isn’t making a concerted effort to reach out to them and to show it’s fielding the best candidate — frankly the best candidate is hard to determine concretely when no one is willing to challenge for the spot.

And ideally, if more candidates were to run, the best candidate would separate themselves from the pack and become the nominee. We’ll have to wait and see.

But right now, students aren’t given that option.

Instead, they’re asked to trust the institution of UPUA, which while full of hard working and dedicated students, has failed at times to highlight its accom-

plishments and further plays into the notion that not much gets done.

So that’s where the onus gets put on UPUA for outreach and expanding the tickets.

Whoever the candidates are should be initiating the conversations with students and making their platforms and ideas clear — if students don’t reciprocate with enthusiasm or interest, that’s their prerogative but at least UPUA made a concerted effort.

Similarly, there’s also something to be said that if a ticket knows it faces no opposition, they may not focus as much on outreach as they need to.

That’s why something as simple as emailing out a platform or outlining goals clearly, could drive turnout and increase engagement and raise the level of civic consciousness.

There’s also something to be said for the fact that there are likely many qualified individuals within UPUA who decide not to run for one reason or another.

And just because there’s a seeming line of succession, doesn’t mean it has to be followed.

In fact, the notion that there’s only one person qualified or who has earned the right is discouraging to see as outsiders.

Bucking the status quo, especially when those people that would be challenging the norm are well-versed and experienced, is sometimes necessary to spark a desired change.

Until there are systemic changes, UPUA is asking the roughly 46,000 member student body of Penn State to trust in its decision making process and to trust that everyone has Penn State’s best interests at heart.

And that’s fine.

But eventually, there needs to be systematic change to make sure the best candidates and best ideas are being elevated so UPUA really is a representation of the student body as a whole.

After all, Penn State is a big university, and it deserves a well-run student government.



MY VIEW | Tyler Olson

# Trump’s budget takes wrong approach on entitlements

President Donald Trump released his Fiscal Year 2020 budget last week, and many are upset about his proposed cuts to three of the government’s biggest expenses – Medicare, Medicaid and Social Security.

Of course, presidential budgets are more of a Christmas list than anything else, and Trump’s will almost certainly be gutted by a Democratic House of Representatives before he has the chance to sign anything.

So these proposals likely mean nothing, but they bring up an important discussion about entitlements that’s seemingly lost in our political discussion recently.

According to Vox, Trump’s cuts to Medicare don’t touch actual patient benefits, but go after, “wasteful spending and provider payments and lowering prescription drug costs.”

These are projected to add up to \$845 billion in savings over 10 years.

On Medicaid, Trump proposes a block-grant system and a repeal of Medicaid expansion, saving \$1.5 trillion over 10 years, while his budget says it can save \$25 billion on Social Security, largely by preventing fraud, per

Vox. But these cuts, which could take away benefits from people who actually need to use the social safety net, ignore the fundamental problems specifically with Medicare and Social Security.

The fact is these programs are already doing more than they were ever designed to do.

They’re on an unsustainable path exacerbated by changing demographics in our population and an institutionalized attitude that being on the government dole is normal for everyone.

The Chicago Tribune reported last year that Medicare trustees say the program will run out of money in 2026.

Last year’s trustees report on Social Security shows it will run out of reserves by 2034, per Forbes.

With Baby Boomers retiring, there’s more recipients than ever before with less people paying into the system.

Plus, people are living longer – and therefore getting benefits for longer – than either Medicare or Social Security ever intended.

American life expectancy in 1935 when Social Security first passed was just under 62 years.

Therefore you would have to live more than three years longer than the average person before you even began to see Social Security benefits.

This was a standard social

safety net program for the oldest among us who outlived their money.

But in 2018 American males are expected to live 76 years while the female life expectancy is 81 years.

Medicare has the same problem. It began in 1965, when the average American could expect to live to 70.

Instead of trimming around the edges like Trump is doing, sometimes hurting poor or disabled people who actually need benefits, we should drastically change who is eligible for Medicare and Social Security.

The easiest place to start is a means test – cutting off all Medicare and Social Security benefits from people who have enough wealth they should be able to take care of themselves. The social safety net is not meant to fund your country club membership.

I can already hear the groaning, “But we paid into this system our whole lives, we have a right to get that money back.”

First, there’s Supreme Court precedent in the form of *Fleming v. Nestor* (1960), affirming there is no right to Social Security and those benefits can be cut or ended at any time.

Second, the long-term health of our nation, which is over \$22 trillion in debt largely because of its two biggest budget items –

Medicare and Social Security – is more important than the empty promises of politicians you should have voted out years ago.

Third, the retirement age needs to be raised to compensate for the increase in life expectancy.

Modern healthcare has changed the world and our government programs need to change with it or they’ll go bankrupt.

People who aren’t truly needy shouldn’t be on the government dole, unless we’re committing to Bernie Sanders-style socialism, which will bankrupt our country even quicker.

Just ask Venezuela.

Even as the U.S. government takes on more and more debt under presidents of both parties, none of these reforms will happen any time soon.

As long as voters refuse to voluntarily give up their free stuff from the government, politicians will keep protecting these programs at the expense of, well, who cares? They have elections to win.

**Tyler Olson** is a junior majoring in broadcast journalism and political science and is a columnist for The Daily Collegian. Email him at [tso5043@psu.edu](mailto:tso5043@psu.edu) or follow him on Twitter at [@TylerOlson1791](https://twitter.com/TylerOlson1791).



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als. Penn State students write and edit both papers and solicit advertising for them.

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# Preserving the Anderson legacy

By Gianna Galli  
THE DAILY COLLEGIAN

In 2010, the Penn State program changed forever.

Former Nittany Lion Matt

## MEN'S VOLLEYBALL

Anderson was just beginning to pursue his dream as a professional athlete in Russia when his father, Mike, was diagnosed with a sudden tragic case of kidney cancer. It would become the toughest struggle in his life so far.

Mike would soon undergo a major surgery to remove a kidney, a procedure which the Anderson family was expecting to go smoothly and that all would be well. Their lives were changed when Mike passed away after suffering a massive heart attack immediately following the surgery.

Not only was the family distraught, but the Penn State community and the team felt as if it had lost a vital member of its family, too.

"After Mike died it was very fast, very sudden for everybody," Nancy Anderson, Mike's wife said. "Mike was a force and they knew him down there."

Mike had a powerful and impactful voice at Penn State, showing his pride and support for his son Matt and the team.

"My parents came down when I was at Penn State as often as they could so my dad was notorious with starting the We Are chant and had a very boisterous voice that could be heard throughout Rec Hall," Matt Anderson said.



AP file photo

**Former Penn State men's volleyball player Matt Anderson** celebrates after helping the United States to victory over Brazil at the 2016 Summer Olympics in Rio de Janeiro, Brazil.

"During Matty's career here at points in matches where there was a lull in the crowd you would here this big booming voice yelling out 'We Are!'" coach Mark Pavlik said. "And it would be Mike Anderson, and he would keep the crowd up, first making them laugh and then getting them to have fun."

As Mike sat in the stands and made a lasting impression at Rec Hall, Pavlik knew his voice could not be forgotten.

"When Mike unfortunately

passed away and Matt was a world away playing volleyball in Russia, at such a young age to lose someone like your father who especially had a bigger than life personality, I think it's tough on anybody," Pavlik added.

"We just wanted to make sure the Andersons knew how much he meant to us."

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Now, at the end of each home match, one Penn State player is given the Mike Anderson award.

The award was recently implemented in honor of a man who showed significance among a family, a team and a generation.

The purpose was to ensure Mike Anderson was and remains a part of what has brought this team inspiration.

"When I talked to the Anderson family about starting the award, I wanted them to know why and that it's a great way to remember what can be done by people who can't put on a uniform but instead just be part of the program in some way shape or form," Pavlik said.

The Anderson family was grateful, as well as speechless and incredibly emotional when hearing that the legacy of Mike would be carried out in a place where his true character was shown.

"When Pav told me that they were thinking of this, it really

touched my heart," Nancy Anderson said. "Mike liked it there and I know his sisters are proud of the award too. It's real and is quite the honor."

Although the award is a first-year incentive at Penn State, it has spoken volumes among some of Matt and Mike's biggest admirers.

Matthew McLaren, Jason Donorovich, Henrik Falck Lauten and Cal Fisher have all been recipients of the Mike Anderson Award this season for their performances in home matches.

These players understand that even though this award is bestowed among a single player, what makes all the difference in receiving it is being able to take pride in the brotherhood entrenched in its team effort.

"It's an incredible honor, every game I play for the guys next to me. That's one thing this team has, is playing for each other," Donorovich said.

"It's an individual award that I'm honored to get, but I couldn't do it without the guys around me and that aspect of it makes me look at it as a team award. I can't do my job well if the guys around me don't do their job well especially playing a position that is heavily team based."

"When first being honored with the award the first thing I realized was how well the team has played to put me in the position of

earning it," Falck Lauten added.

\*\*\*

Mike's spirit carries on today amongst the entire volleyball community at Penn State.

While Mark Pavlik and his team suit up and prepare for several games a week, the thoughts of Mike and the award serve as a reminder of what brings this team closer than just their passion for volleyball.

"I think almost all of the alumni and everyone who has a connection with this program is a huge part of who we are today so a lot of times when we go out to play the idea is to try and play for the people before you and I think he's part of that," McLaren said.

Mike was a loving and supportive father of five who taught his family many life lessons which are now implemented within the award and although this award is intertwined within a small community, the value and meaning of it is larger than he would ever know.

"I think he would give you two thumbs up and say cool," McLaren said.

"Maybe he would be a little emotional about it because he would understand what it meant and understand the good he had on not just us kids or the team but the impact on the entire program and just by being a dad and a cool dude in the stands."

The team recognizes the importance in continuing the Anderson name the same way a special quality of Mike was being able to recognize hard work and team effort.

The award symbolizes this quality as Penn State continues to bring in players that live up to its ideals of what it means to be a part of this team.

"The Andersons are some of the most genuine, down to earth people," Pavlik said. "When it comes time to work, Matty's carried their work ethic throughout his entire athletic career, and when it's time to be with family and enjoy each other, I don't think anyone does it better than the Anderson family."

Although Mike has passed, his heart still remains at the center of Rec Hall along with his legacy and life reflecting as boldly as his voice.

"You hear the words 'We Are' and you can see him standing there," Nancy Anderson said.

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# Ament and O'Keefe back to dominant ways

By Shane Connelly  
THE DAILY COLLEGIAN

Mac O'Keefe is one-half of the nation's most dominant duo.

Penn State's offense has

## MEN'S LACROSSE

scored 132 goals so far this season, leading all Division I teams. Mac O'Keefe is responsible for burying 31 of those shots in the back of opponents' nets.

O'Keefe finds himself at the top of the list when it comes to total goals and goals per game.

His tag team partner Grant Ament just broke a season-long program record for assists in the seventh game of the season when he notched his 45th dime on a feed to Dylan Foulds.

Ament is currently on pace to shatter the NCAA record of 77 assists.

The two attackmen picked up this season where they left off in 2017, O'Keefe's first year as a Nittany Lion.

Much like this year, Ament led the way in points with 30 goals and 30 assists.

O'Keefe made a name for himself by scoring 51 goals, setting a program record that he is now on track to beat.

"We definitely have a special connection, especially in my freshman year," O'Keefe said.

The styles of both players are mainly responsible for that connection on the field, and were one of the reasons why O'Keefe was able to come in and contribute right away.

"Grant does such a good job of just surveying the field and seeing what's available and when it's available just about as well



Collegian file photo

**Grant Ament (1)** congratulates Mac O'Keefe (3) after O'Keefe scores a goal against Army West Point at Holuba Hall on Saturday, Jan. 28, 2017. Penn State defeated Army West Point 15-12.

as anyone that I've ever had a chance to coach," coach Jeff Tambroni said.

"It caters to those who are just really savvy off the ball."

The formula of Ament creating openings to feed O'Keefe was expected to be a big part of Penn State's game plan going into the 2018 season.

That was before injury struck Ament, forcing him to sit out the entire year.

All of a sudden, O'Keefe was thrust into leading Penn State as a sophomore.

"I definitely got a little bit more weight on my shoulders," O'Keefe said. "So did the other guys like Nick Spillane, Dylan Foulds."

Ament's injury alone wasn't the sole reason for the heightened expectations of O'Keefe and the others.

"It wasn't necessarily just me out," Ament said.

"We graduated Nick Aponte, Mike Sutton, Dan Craig. There were a lot of guys that drew a lot of attention, and then the focal point kind of just became Mac pretty quickly."

Ament could see the drastic changes starting to have a negative influence on the sophomore attackman.

"I mean the first few games last year his point production wasn't all that great for his standards," Ament said. "He was frustrated, and he had to learn how to play on his own a little."

When O'Keefe was putting up numbers early in 2018, he was doing so inefficiently.

He found the back of the net twice against Villanova, but shot eight times. The story was similar for games against Hobart and Stony Brook.

After failing to register one goal in the loss to Robert Morris, it was clear O'Keefe needed to make changes.

"I had to have the ball in my stick a little bit more, which my freshman year I didn't really have to do that much," O'Keefe said.

"I would just cut around and find an open spot and shoot the ball."

Moving forward without Ament, the Nittany Lions had a year plagued by inconsistency, O'Keefe included.

He had strong outings, like his game against Fairfield where he registered eight points, as well as days where his shot was just not finding its target, such as the

Michigan game that closed out the season.

By the end of the year, O'Keefe had put up respectable numbers, scoring 35 goals and dishing out 11 assists.

The team as a whole struggled down the stretch and fell short of expectations, missing out on postseason play.

The season was not a total wash. There were positives to take away for O'Keefe and others on offense.

Tambroni cited the growth of Spillane, Foulds and Jack Kelly as well as O'Keefe's evolution in his game as some of the best things to come from 2018.

"We certainly would have had Grant back on the field. That's not something that we wanted to go through last year," Tambroni said. "But now looking back, there's just so many benefits of not having him around last year because of the responsibility that anyone else had to take on."

O'Keefe agreed with Tambroni's sentiment, adding that the improvements from last year are "carrying over this year" himself and his fellow members of the offense.

Now that Ament is back, O'Keefe is thriving again, utilizing his newly acquired skillset to not just convert off feeds from his teammates, but creating looks for himself and others.

He's on pace for a career high in assists this season, needing just four more to pass his previous total.

From Ament's perspective, the struggles O'Keefe faced set up this impressive junior season.

"I think he handled it well," Ament said.

"It was definitely an adjustment, but it did unlock a few pieces of his game that I don't think he realized he had before."

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"We definitely have a special connection."

Mac O'Keefe  
Junior attackman



# Spring cleaning: Penn State’s top spring storylines

By Matt Lingerman  
THE DAILY COLLEGIAN

After what has likely felt like an eternity for Penn State football fans, the hiatus is over. Kind of.

**FOOTBALL** In the coming weeks we’ll get our first look at the Nittany Lions since their Citrus Bowl loss on New Years’ Day when they begin their spring practice schedule. Just is the case with any fresh team, Penn State will look a little different from the squad which saw its comeback thwarted by Kentucky.

There will be changes to monitor on both sides of the ball and on the sidelines, and plenty of faces new and old who will be trying to climb up the depth charts before the class of 2019 — plus, perhaps, a few late transfers — joins the program to complete the roster. Here are three storylines to keep an eye on over the next few weeks before the spring practice slate culminates in the annual Blue-White Game on April 13.

## Is there a quarterback battle?

Chances are, James Franklin is going to be coy when it comes to discussing the quarterback situation. He certainly was during his most recent press conference, which came on Signing Day on Feb. 6.

“Obviously we’re not in a situation to name a starter really at any position,” Franklin said.

“But, yeah, when we start out, you know, you’ve got to put them in order. So Tommy [Stevens] will be No. 1 and Sean [Clifford] will be No. 2 and [Will] Levis will be No. 3 and so forth down the line. But at every position we have an open competition.”

Stevens is no stranger to quar-

terback competition, as he battled with Trace McSorley for the role of replacing Christian Hackenberg prior to the 2016 season.

Franklin said that the battle was “a lot closer than people realize,” but it’s safe to say now that the right decision was made.

When Stevens decided not to transfer following the 2017 season as many expected, it may have cemented him getting an opportunity to start following McSorley’s departure, and the eventual marriage seemed to make sense based on Stevens’ play style.

But then Sean Clifford began his career by completing his first five passes in relief of McSorley for 195 yards and a pair of touchdowns as Stevens watched on the sidelines in a walking boot.

In all likelihood, it’ll be Stevens whose face pops up on the Beaver Stadium jumbotron as the starters are announced prior to Penn State’s Aug. 31 opener against Idaho.

But the best ability is availability, and Stevens has struggled with that over the course of his career.

Depending on Stevens’ health this spring, Clifford could make up some ground.

Regardless, Penn State will have a new signal caller come the fall, and he who starts Week One may not Start Week 12, so this is a position group to watch.

## Wide receivers should make a jump

The wide receiving corps fell under heavy scrutiny last season, and for good reason.

The group got next-to-no production out of anyone not named KJ Hamler, and McSorley struggled to develop a consistent rhythm with any of his helpers on the outside.

But heading into the spring,



Eric Firestone/Collegian

**Linebackers Jesse Luketa (40) and Micah Parsons (11) chest bump during practice at Holuba Hall on Wednesday, March 13.**

there’s some freshness to that group.

In fact, the only main contributor returning is Hamler.

Justin Shorter is likely to replace Oregon-bound Juwan Johnson as the physical threat, and Jahan Dotson possesses the speed and hands necessary to perfectly complement Hamler.

And, perhaps more importantly, newly hired receivers coach Gerad Parker will be leading the charge from the sideline.

A former wideout himself, many hope Parker will be a stark improvement over David Corley, who in January became only the second assistant Franklin has ever fired as a head coach.

The trio of young receivers, under the guidance of Parker and

with a new quarterback throwing to them, could make or break the offense this season.

If the passing game can get out to a hot start, it’ll take pressure of an inexperienced running back in Ricky Slade and unlock levels of the offense which weren’t reached in 2018.

While it’ll get help from breakout tight end Pat Freiermuth and a few other young receivers who’ll get some touches, this threesome will be the one making its mark on the season come August.

Penn State’s receiving corps could be one of the most improved position groups not only in the program, but in the conference as a whole.

And that would mean success for the offense as a whole.

## New faces with a chance to make an impact

With all the key components of last year’s team which have since moved on, whether it be to graduation or an early departure for the NFL Draft, there are going to be some holes on both sides of the ball. But the crop of incoming recruits — 11 of which are already here as early enrollees — should help to ease the burden of replacing important contributors.

The two freshmen to keep an eye on over the next two months are running back Noah Cain and linebacker Brandon Smith, both of whom should play a role when the regular season rolls around.

Visit [collegian.psu.edu](http://collegian.psu.edu) to read the full story.



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Terrarium  
Warren

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H X R N I C S U E S S T A B L E H S

# Crossword

### Across

- Pens
- Repair
- Beach shelter
- Prefers
- Chemical compound
- First
- Accounting item
- Inhabit
- Caustic substance
- “Beat it!”
- Journal
- Muse of history
- Shack
- Bright and pleasant
- Astronaut John
- Flustered
- Grievance
- Sushi fish
- Builder’s need
- Off course
- Bedding
- Great divide
- Valentine symbol
- Got an eyeful
- Spur (on)
- Coffee order
- Gull-like bird
- Bus. card abbr.
- Dish with seasoned rice
- Bake, as eggs
- Skyscraper, e.g.
- Ideal
- Donuts, maybe
- Powerful
- herbivorous ungulates
- Other phone numbers, briefly



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### Down

- Choral composition
- End early
- Ill-smelling
- Compass heading
- Small fatty fish
- Virile
- Diabolical
- “\_\_\_ a chance”
- Make a hole
- Agree
- Passionate
- Axiom
- Fit together
- Western director Sergio
- Scepter
- Without luster
- Thump
- Fulton’s power
- Permit
- Brusque
- Driving hazard
- Bandstand
- Critical
- Destroys, as documents
- Movie teaser
- Kind of blocker
- Arctic inhabitants
- Constellation
- Nathan and others
- Welcoming
- Laps up
- Excel
- Ancient Briton
- Recipe direction
- Office machine
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# Bigar’s Stars

By JACQUELINE BIGAR

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**ARIES** (3/21-4/19) ★★★ Focus on a domestic issue. How you see a changeable situation depends on your ability to visualize the long-term implications. A misunderstanding seems to come out of the blue thanks to a difference in perceptions. You will resolve the issue quickly. Tonight: Kissing and making up could be fun.

**TAURUS** (4/20-5/20) ★★★★ Be aware of the costs of proceeding as you have. Can your budget really handle this type of expenditure? Communication could be off for a good part of the day. If hitting a hassle, wait until late in the day to make peace. Tonight: Out for dinner.

**GEMINI** (5/21-6/20) ★★★★ You could be on a roll for most of the day. Do be careful, as others might be more fragile or uppity than you are. You could easily irritate them when you are so upbeat and they are not. Any hassle you run into can be easily undone by a good meal and a smile. Tonight: Making amends.

**CANCER** (6/21-7/22) ★★★★ You have a unique style of communication. You spend a lot of time pondering how to best approach a touchy situation. Be wise: Keep difficult personal matters out of your work hours. You will be happier. Tonight: A caring gesture goes far.

**LEO** (7/23-8/22) ★★★ Use the daylight hours to the max. Zero in on your priorities to avoid confusion. The unexpected could force you to rethink your plans. You might opt to do less talking and suggesting for the day. Tonight: Just for you.

**VIRGO** (8/23-9/22) ★★★★ Touch base with a friend at a distance late in the day. You have many responsibilities that you need to handle first. A loved one, child or potential new

sweetie could become somewhat touchy and difficult. Tonight: Chatting the night away.

**LIBRA** (9/23-10/22) ★★★★ Make an effort to understand another’s point of view. At first you could have difficulty identifying with him or her. Let this person explain his or her rationale. Tonight: To the wee hours.

**SCORPIO** (10/23-11/21) ★★★★★ Others give you strong feedback that you might not want to hear. As a result, you could cop an attitude. Be smart; listen and evaluate the suggestions you receive. Tonight: Chat the night away.

**SAGITTARIUS** (11/22-12/21) ★★★★ Others seek you out. If single, you could be overwhelmed by all that is happening. You might overspend to ease some tension. Be careful! One-on-one relating takes you down a new path. Tonight: Let your hair down.

**CAPRICORN** (12/22-1/19) ★★★ Plunge into work as if there is no tomorrow. When a distraction comes down your path, you will be happy that you pushed so hard. Others seek you out at the end of the day. Make plans that suit you. Tonight: Say “yes” to an invitation.

**AQUARIUS** (1/20-2/18) ★★★★ Tap into your creativity to find answers that suit both you and work. Others might be cynical at first. Keep your thoughts about their reactions to yourself. You will accomplish a lot. Tonight: Squeeze in some exercise.

**PISCES** (2/19-3/20) ★★★★ You might be slow to get going, but once you do, you get a lot done quickly. News could encourage you to shorten some of your procedures or style of communicating. Tonight: Anything is possible.



# BOLLYWOOD NIGHTS

*Penn State Infusion is set to showcase Bollywood Fusion dance teams from across the country in its 2019 show*

By Madeline McCabe  
THE DAILY COLLEGIAN

Penn State Infusion is showcasing Bollywood Fusion dance teams from across the country in its 2019 show. It's hosting its 7th-annual Official Infusion 2019 show at 6 p.m. Saturday, March 16 in Eisenhower Auditorium.

The show consists of nine Bollywood Fusion dance teams from across the nation. These teams will be competing for bid points to Bollywood America 2019 and Legends 2019 Bollywood Dance Championship. They will also be competing for \$3,000 in cash prizes.

Kazel Kapadia, executive and finance director of Infusion, said the method of choosing which teams were to compete in this intercollegiate competition was through a double blind process.

"We essentially sit down one day and watch all the videos and our two registration directors, before we watch the videos, will go through them and label them with letters," Kapadia (junior-finance) said.



Courtesy of the Infusion 2019 Management Team

A Bollywood Fusion dance team performs at the 2018 Infusion show.

The letters conceal the dance team's name to ensure anonymity.

"We had like over 50 audi-

tions this year and we narrowed it down to nine; it was really difficult."

The Bollywood Fusion team's dances range from light hearted themes, such as Disney princesses, but also more serious themes such as bringing awareness to mental illness.

The night before these teams compete in the show, they come together for mixer event organized by Penn State Infusion's hospitality chair, Agustey Mongia.

"I want to make sure that Penn State is the most hospitable university we can be," Mongia (senior-biomedical engineering) said. "We really want to make sure that they enjoy their time here, they feel at home and that while they're dancing, and even though it may be stressful for them to compete, they're still having fun and doing what they love on stage."

Executive and sponsorship director, Shivani Rathod, said the opportunity to meet these different people from around

the country is the main reason she has stayed involved with Infusion throughout her time at Penn State.

Penn State Infusion is not just a competition, but also involved with the local community, Rathod (junior-bioscience and health professions) said. One thing Infusion coordinates is a State College kids dance that is performed at the show.

"We have two of our committee members that teach local kids a dance that they perform at Infusion, that's usually one of the best parts I think, it's really cute," Kazel Kapadia said.

Tickets for the show can be purchased on Penn State Infusion's website, and there will also be a livestream of the show on YouTube that will be uploaded on their Facebook page.

Kapadia said she hopes everyone comes out to see the show.

"Even if you're not familiar with the concept of Bollywood Fusion dance, it's definitely, like, really cool to see. Each performance has a story in itself," she said.

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Lindsey Shuey/Collegian

Members from the dance team Pitt Mastana perform in Infusion, a dance competition, in Eisenhower Auditorium on March 17, 2018.



Lindsey Shuey/Collegian

A member from the dance team Rutgers SAPA performs in Infusion, a dance competition, in Eisenhower Auditorium on March 17, 2018.

## Spring is coming to Penn State – hopefully

By Cassandra Kidwell  
THE DAILY COLLEGIAN

The recent "springing forward" of time due to daylight savings brings the exciting news that spring is coming.

This semester, Penn Staters have faced sub-zero degree temperatures and multiple snow storms, getting numerous class cancellations this school year. With the harsh winter, it seems like students deserve a fast spring this year.

Here are some things students can do as spring and warmer days approach:

### Get free Rita's

Rita's continues its annual tradition in giving out free water ice the first day of spring, March 20. You can make a stop to the Rita's downtown for a free regular size water ice. Just get your jackets ready for a long line.

### Organize your clothes

It's called spring cleaning for a reason. It's the homestretch of the harsh winter season, and with that, there may be many winter clothes you haven't worn all season.

If so, it's a great time to take a look to see what clothes, shoes and other items aren't getting their use. Also, clothes you no longer want can be donated at places like the local Goodwill on Westerly Pike.

### Learn to meditate

Meditation is a mind and body relaxing technique and can help bring your body to a calmer state, especially in these last months of school. The Center Country Library at Bellefonte is offering a class

at 6:30 p.m. on March 18 to learn the act of mediation. Meditation can help carry you more calmly through your day, build skills to manage stress and reduce negative emotions – all beneficial in keeping a happier and healthier self.

### Experience

#### Penn's Cave

This Penn State local attraction re-opened in March and offers a 45-50 minute tour of the water cavern by boat. It costs \$20 and is a 25 to 30 minute drive away from campus, but could be a great activity when up

for a getaway from town and local Penn State life. The cave is a natural landmark discovered by the Seneca Indians, and has famous legend of the Indian maiden, Nita-nee, whom the Penn State Nittany Lion got its name from. If you plan on making a trip to the cave, just bring a sweater or jacket as the cave's average temperature is 52 degrees. Tours are offered at Penn's Cave from 11a.m. to 4 p.m. daily.

### See a Penn State production

Students are constantly running productions at the State Theatre or the Forum Building for No Refunds Theatre shows. NRT has two shows coming up in March, "Death of a Salesman," about an attack on the American Dream of materialism as a working salesman running from March 14 to March 16. In addition, "Crimes of the Heart," a play about three sisters fighting the consequences of their crimes they've committed, will run from March 28 to March 30.

### Picnic at Shaver's Creek or the Arboretum

Spring weather often brings random teases of warm weather, with temperatures into the 60s and 70s. Use one of these warm days to have a relaxing meal at either of Penn States natural beauties. Shaver's Creek has many picnic areas throughout their trails. Specifically, one spot has an excellent view halfway along the Point Trail, where there is the "Sunset Pavilion" on the shore of Lake Perez.

To email reporter: [cpk5276@psu.edu](mailto:cpk5276@psu.edu). Follow her on Twitter at [@cassiewellkid](https://twitter.com/cassiewellkid).



Noah Riffe/Collegian

Keith Hardaway (sophomore-biobehavioral health) serves a volleyball on the lawn of Old Main on Tuesday, Feb. 2.

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