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ACCEPTING THEIR FATE?

After its worst loss of the year, Penn State feels like a team that may already have

By Patrick Burns THE DAILY COLLEGIAN

The words out of Trace Mc-Sorley's mouth have been pretty similar following each of Penn State's three losses.

"I feel like a broken record." McSorley told reporters after his team's embarrassing 42-7 defeat to No. 5 Michigan Saturday. This time though, his de-

meanor was strikingly different than either of the previous two losses. The same goes for his 17 minutes Satur-

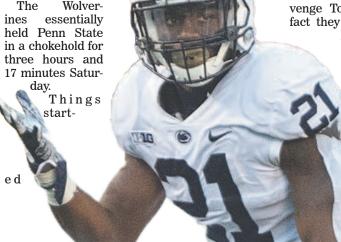
After the Nittany Lions' one point defeat to Ohio State, each player and coach evoked a startling level of anger. Case in point: James Franklin's

now-famous postgame speech in which he essentially yelled at ed reporters and visiting recruits that perfecting "the little things" will take the blue and white from great to elite.

It didn't seem like that outlandish of a claim at the time and the coach's players echoed a similar commitment to righting their wrongs over the bye week. With a manageable schedule ahead, a College Football Playoff run didn't seem all that impossible.

Then after a loss to Michigan State dashed their College Football Playoff hopes, they looked confused. This time around? AlMcSorley couldn't help but let

out a slight chuckle when admitting that he sounded like a broken record, and who blame him? Wolver-The ines essentially



Amani Oruwariye (21), Photo by Caitlin Lee

most like a team that's accepted on an inspiring note when Pat each and every opportunity. Freiermuth picked up a 25-yard gain on the game's first play. But make no mistake, the

Nittany Lions were merely the next victim Wolthe verines' "Revenge Tour," a fact they made

back-to-back-toback-to-back for known all 111,747 in attendance to hear. As danced and engaged in "childish games," as linebacker Cam Brown them, the Nittany

> anything but stand there looking defeated. And to rub it in even more,

called

Michigan

blared Beaver Stadium staples

400" — perhaps

better known as

Zombie Nation —

Lions couldn't do

Jim Harbaugh challenged a call up 42 points with 3:18 remaining, Donovan Peoples-Jones imitated Saquon Barkley's touchdown celebration Shea Patterson mocked McSorley by swinging an imaginary baseball bat after a score of his

Forty-two points and an oldfashioned butt-kicking later, there Franklin and his players were answering many of the same questions they've been asked for weeks now.

Only this time, it looked as if

they've accepted that those ques-As the third quarter faded into tions probably aren't going to

the fourth, Michigan Stadium stop. When is Phil Galiano's special teams unit going to stop invent-

tany Lions' wide

receivers caught

just three passes,

is David Corley's

ever going to live

up to its capabil-

ity? Can Penn

State find a way

to make sure its

defense isn't on

the field over 20

group

position

"Mo Bamba," "Sweet Caroline," "All of the Lights" and "Kernkraft ing new mistakes to make each week? After a "It's obviously day in which Nit-

frustrating because as you can imagine, there's little things that we obviously need to correct,"

> **Tommy Stevens** Quarterback

snaps more than its opponent

each game? After four games, Penn State boasted two fringe-Heisman contenders, led the NCAA in points and it looked as if the

Nittany Lions might overcome the losses of Joe Moorhead, Saquon Barkley, Mike Gesicki and DaeSean Hamilton. Since then, it's been a different story and Saturday, Ricky Rahne's unit reached its lowest point. Don Brown's "greedy" defense imposed its will upon its opponent, limiting Penn State to a season-low 186 yards.

See FATE, Page 7.

The struggles of a local band

By Patrick Newkumet THE DAILY COLLEGIAN

It's a typical Friday night set

The Phyrst is steamy and packed shoulder-to-shoulder as Penn State alumni and their kids share drinks and tales of a better time. It's the evening before the Penn State football's game against Iowa and thousands have come to State College a night early in anticipation.

Amid tentacles of phasing blue lights, Lenina Crowne's lead singer. Eric Faust, stands comfortably in a grey Henley with a baby-blue custom Logan Telecaster firmly in his grip. Errant droplets of sweat fall from beneath his hat, but Faust hardly looks fatigued.

Lenina Crowne is an hour and a half into a clinical display of its performance — playing covers of everything from The Proclaimers to the Red Hot Chili Peppers. In a particularly crowd-pleasing moment, the group deftly navigates from "The Fresh Prince of Bel-Air" into "Santeria"—a mash-up as refreshingly nostalgic as a Crystal Pepsi.

This nostalgia has helped Lenina Crowne hold regular spots at downtown bars like the Phyrst and Champs with adept renditions of everyone's favorite rock songs.

But it is the songs they cannot play — the original ones — that could get them out of sweaty basements and onto a stage that isn't 10 yards away from a pool table and a cigarette vending machine.

A little over a week before the band's set at The Phyrst, a few members of Lenina Crowne gathered in Faust's apartment to work on a new original track, tentatively titled "March 25.

"I have the whole song pretty much figured out, and we're just trying to figure out the specific parts that work well," Faust said. "I wrote it on an acoustic guitar, and we've done it live a few times where I've just played the song on an acoustic and [Seidle] played shaker." "March 25," has a pleas-

ant melody, and the lyrical plea of "you ain't going nowhere if it's up to me" repeats well over the band's light arrangement.



Lindsey Shuey/Collegian Eric Faust, vocalist and guitarist for Lenina Crowne, sings and plays guitar at Movin' On 2018 on the

Intramural Fields on Friday, April 27.

Bass player Eric Seidle and drummer Greg Ford were also in Faust's apartment, along with kevboardist Mike Mulligan, who is not currently a part of Lenina Crowne despite being a founding member.

Though Faust's living room is rather large, the band confined itself to a small recording studio behind the kitchen. The walls and carpet are a neutral white, which, with the help of a few atmospheric plants, gives the space a buoyant calm. It's a fairly tight space, and band members follow a bring-your-own-chair protocol for rehearsals. Faust's desk is neatly ar-

ranged, but littered with audio components ranging in size and utility. He records the night's work through various line microphones, with a pair of Yamaha reference speakers and a massive light-brown amplifier providing playback from on his desk. One poster of the Mystic Valley Band and two of Bob Dylan hang on the

walls like visages of saints in a temple.

Crowne exudes a style you could

the local R.E.I. While the memoriginal song, Faust mentioned that it lacks an ending, and band members discussed interpolating various pieces of the arrangement over the multi-hour practice. This is a typical Wednesday night for the members of Lenina Crowne — a collective side job with a consistent revenue stream for all in the room.

Faust teaches math at Bald Eagle High School, Seidle is in data services. Ford is a videographer and Mulligan is a lighting specialist. The two members not in attendance, Dave Alexander and Tom Geeza, were both absent due to conflicts stemming from their ongoing studies in electrical and environmental engineering, re-

Faust handles a share of the writing and compositional duties for most of the original songs, and

then sends the shell over to the others to fill in. This is not always the case, however, as every member has in records caused the band a fair member of Lenina some way contributed to the com-

position and mixing of Lenina

mimic with a few purchases at Crowne's originals. It's a songwriting process that can proceed bers worked diligently on the communally without constant physical meetings. It is also one which seems devoid of any semblance of ego. Opinions are taken as an avenue for discussion, not

A Happy Valley Beginning According to Faust, the band

first formed in January 2013. He and Mulligan were still undergraduate students at Penn State, and decided to name the band after the protagonist in Aldous Huxley's "Brave New World." The pair began writing folk songs based on themes found in dystopian fiction. On the band's multi-year jour-

ney to get to its present success, with steady residencies at the Phyrst and Champs, they've developed a sound more in line with contemporary rock. In terms of output, Lenina Crowne released the "Try a Gramme EP" in 2015 and then, just last year, its second

EP "Time." The formation of both

amount of financial strife and ar-

tistic exhaustion.

Philadelphia to record in a studio in Fishtown [a neighborhood in Philadelphia]," Seidle said. "We with an engineer who helped us out and mixed it for us. Sometimes we look back on it and realize we would have tweaked some things. We started to think about mixing more ourselves, and realized that we pretty much have all the gear here that we need to make good sounding mu-

"The first two EP's we went to

Lenina Crowne is not signed to a record label, so any studio time used to record original work is paid for out of the band members'

It's quite the expensive investment, and days in the recording booth must be spent in a fury of productivity. During its time in Philadelphia, the band usually records an average of one song every two days.

For people with rent, girlfriends and a predilection for purchasing high-quality audio equipment, studio time can become a pricy burden on the monthly bud-

Success in the music business can quickly become negative when it stifles the creativity of an artist, and State College often fosters this sort of reality. The few major bars capable of regularly hosting live music do so in search of patron palatability. In essence, bars are looking for someone to physically play live the same songs as every other bar does through their in-house speakers.

It's a symbiotic relationship - bands are granted a public platform from which they draw ears willing to buy a drink or two. Promoters walk away happy, and pay well enough to keep the band ready to return every week, but the cost does accrue in the form of misguided promotion. Lenina Crowne have often ced-

ed the opportunity to display its original work, instead performing cover-heavy set lists sure to please the masses. Few nationally known acts have ever 'made it' as pure cover artists.

The prospects are relatively low when you solely perform unoriginal work, and at best may garner a show at the biggest Bar Mitzvah in the Hamptons.

See BAND, Page 2.

Student to bike over 100 miles to benefit THON

By Lauren Fox THE DAILY COLLEGIAN

In January, Michael Healy biked from the Penn State University Park campus to Hershey Medical Center to benefit THON. On Nov. 7, he will be biking for THON once more.

Healy (senior-kinesiology) is raising money to run as an independent dancer couple with one of his best friends, Mark Grandinetti (senior-kinesiology). This bike ride is one of the most critical fundraisers they will be doing, Healy said.

On his most recent THON bike ride, Healy started at University Park and ended at the Hershey Medical Center.

This year, however, he has decided to do the opposite and start at Hershey, and end at the HUB-Robeson Center during the 100 Days 'Til THON event.

'It's definitely a unique fundraiser, but I know THON is alhave special events at 100 Days which he raised over \$3,000. His Til THON," Healy said.

A transfer student from Penn State's Lehigh Valley campus, Healy participated in a THON organization at the branch campus before transferring to University While he didn't join a THON or-

ganization at University Park, he said being an independent dancer is a practical alternative because it provides a lot of flexibility. Because Healy is diabetic, he

emphasized how important it is for him to exercise frequently, making biking an efficient form of exercise for him. "I've always enjoyed biking

it's one of my biggest hobbies [and] passions in my life," Healy said. "And over the years I've found ways where I can have it benefit not only myself, but other people."

This is his third charity bike ride — his first being for the American Diabetes Association

THON ride in January raised \$1,310 for the student-run philanthropy.

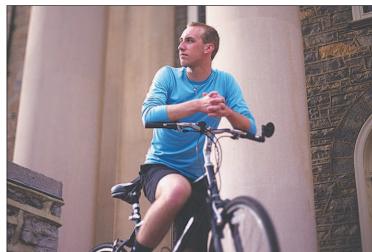
Brooke Cichocki has known Healy since high school, and her family contributed to the donations for his bike ride this year.

Cichocki (senior-music education) was a THON dancer last year, on top of being an executive member in her THON organization, Encore.

"The fact that he's going to such great lengths to help out the kids at Hershey is just very touching," Cichocki said. "It's just a really, really great fundraiser and we really want to support him."

His first THON bike ride took about 11 hours and was 110 miles long. This time, he said the ride will probably end up being closer to 120 miles because he is taking a different route that will be more

"I love riding through the counways looking for new ways to his senior year of high school, in try," Healy said. "This is my state,



Michael Healy poses for a portrait at Old Main on Friday, Nov. 2.

this is where I'm from and I love tes actually, because sometimes

Healy said biking for so many hours is exhausting, but having diabetes makes the ride even more of a challenge.

"It gets tough with the diabe-

my blood sugar will drop," Healy said. "That's when I need to make sure I'm taking in enough fluids and food."

Visit collegian.psu.edu to read the full story.



Zack Gething/Collegian

Drummer Greg Ford from the the band Lenina Crowne performs at The Phyrst on Friday, Oct. 26.

Band

FROM Page 1.

"It's a double-edged sword playing here because you begin to ask yourself: 'What is the ceiling for an original band in State College?" Faust said. "And I'm worried we've already hit it because it is so low. But in terms of the opportunity to play regularly like we do, I don't think there are many other places that would allow us money we make."

Lenina Crowne have some

veritable earworms within its original catalogue. "Morse Code" is a surf rock homage with a surging bass line. "Dystopia, Pt. 2" sounds like a Young the Giant song with more perplexing lyricism. "Ghost" is lively and bright, with some impressive saxophone work from Alexander. These are songs that won them last year's Movin' On "Battle of the Bands." They're also songs that, despite being played in an opening set at last semester's Movin' On festo do this and make the kind of tival, have yet to surpass 4,000 streams on Spotify.

band's dissatisfaction.

"At times, I do get a little frustrated, and sometimes it does feel like the cover stuff is kind of purposeless just due to how much we care about the original work," Faust said.

Personal sound is most of what artists can truly control, and playing the biggest shows without such control leaves little room to stick apart from the rest, especially other State College cover bands.

"I think the

ultimate goal is to

just play music for

a living, and to play

Lenina Crowne Lead Singer

for crowds on a

regular basis."

"People there to hear songs that they know, and sing along, and have fun," Seidle said. "When we play our originals at a cover gig, it takes the right atmosphere and crowd to work. When it's a high-energy night, it just doesn't fit in."

Nonetheless, the homogeneity of the State College music scene makes it so that artists have little ability to control how they are heard, and by who.

Grander Ambitions

Lenina Crowne desires to be at the forefront. They want to be heralded as the thing that will there is the chance for failure, make you shut up and listen for and with it the loss of a stage to It isn't hard to reckon with the an hour or two. This is the point stand on.

where the small-town band starts to have to answer much larger

For Lenina Crowne, that question is often whether or not to move to a larger city such as Philadelphia or Washington D.C. In entering larger waters, the competition is thick and stylistically diverse, but the chance for a big break is often more attainable.

"I was just in Nashville, and I was walking down the street at 11 a.m. In every single bar, someone is playing live music ridicu-

lously well," Ford said. "Philly was something

talked about for a long time because they have an awesome indie music scene, and not currently being there is tough because we aren't able to play every

environment." "We're only planning on being here for anoth-

weekend in that

er year-and-a-half to two years," Faust said.

After his wedding next summer, Faust plans on relocating to either Philadelphia or Washington D.C. It is unclear to what extent the other members of the band may follow. In following

"I love playing music, and it's just fun to play. If I didn't have that outlet I would feel more oppressed," Ford said.

In venturing toward other horizons, the group has to decide just how much they believe in them-

For Lenina Crowne, such horizons can be pleasantly far away. They can play on out of love for the playing itself, and a Friday night will continue to be much more than just football-eve. Or, in a daring leap, they can chase a greater dream. It's a crossroads for such groups — one that only tends to arise in a place like State College.

"I think the ultimate goal is to just play music for a living, and to play for crowds on a regular basis," Faust said. "To have thousands of people that genuinely want to hear our music — that would be the dream."

To email reporter: pfn5020@psu.edu. Follow him on Twitter at @patnewkumet.

Correction

Last week's issue incorrectly quoted Penn State College Republicans President, Reagan McCarthy, when she spoke about historically low turnout for non-presidential elections. This story has been updated online with the correct portion of her quote. The Daily Collegian apologizes for this error.







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Yoga instructors bring calm to State College

By Caitlyn Frolo

Erica Kaufman has noticed heightened stress levels in Penn State students

While Kaufman — the founder of Lila Yoga, one of State College's yoga studios — can't change students' class schedules or graduation requirements, she can try to offer peace of mind through her yoga instruction.

'I feel for this generation there are more stressors right now and we need to take care of them,' Kaufman, of State College, said. "I tend to think yoga is another fitness regime, it is a way of understanding the human domain."

This safe space is what some yoga studios are trying to bring to State College's residents and Penn State students. According to Harvard Health Publications, the benefits of yoga include more positive body image, heart benefits, mindful eating, weight control and overall fitness.

Kaufman has been practicing yoga for 45 years, and continues to see the benefits yoga provides her holistic health.

"Yoga is part of my life — kind of like brushing my teeth, it's part of what you do to keep yourself healthy," Kaufman said.

Kaufman specializes in Lila Yoga, a yoga practice that is holistic and focuses on the body, mind, intentions and mental affirmations. Kaufman said Lila Yoga is characterized by its attention to "prana," which is a Sanskrit word for energy, and how it can be expressed in an individual.

Lila Yoga in State College was one of the first yoga studios to open in the area, and many studios that came after are now being taught by Kaufman's former trainees.

"I am helping people see that western medicine is great, but there is also an internal relationship [through yoga] that is already there for you," Kaufman

Kaufman said she derives multiple benefits of yoga, including rehabilitation, relaxation and self-sustainability. Lila Yoga instructors teach participants to recognize skills learned in yoga, such as controlled breathing and awareness of heart rate. These skills can help with stress, which Kaufman said is "the most poi-



Mandy Glitzer holds a yoga class at Wellness in Motion studio in State College on Oct. 15, 2015.

sonous thing in life."

Seven years ago when Kaufman's oldest daughter bewhen came a Penn State student, Kaufman was exposed to how much stress and pressure students endure during the school year. After noticing that, she offered a free week of classes during finals week for students something she has continued to do throughout the years. She now offers free classes the first week back to school, as well.

'Reduced stress and self-love'

Mandy Glitzer began practicing yoga around 17 years ago, in Oklahoma. She was missing her family and friends from home and found a yoga DVD in a video store. She soon began practicing

Glitzer, 40, now of State College, moved back to Pennsylvania and enrolled in a yoga teacher training program. Nearly 10 years ago, she completed the program, quit her engineering job and began teaching yoga full time. Yoga led Glitzer to open her own yoga studio four years ago, Wellness in Motion, in State College.

Wellness in Motion offers a variety of different classes for different age groups, and a flexible pay pass program for families and in-

yoga therapy, including a class for diagnosed back problems,' Glitzer said. "I have personally seen a reduction in my scoliosis

Glitzer said the benefits of yoga are wide-reaching, depending on the type of class being taken.

Athletic classes are geared toward flexibility and range of motion, restorative classes focus on relaxation and mindfulness, and back classes are alignment focused and improve bone density with patients dealing with scoliosis and osteoporosis.

"I am thrilled to help even one out of 10 people," Glitzer said.

Jackie Gardner, a restorative yoga instructor with Wellness Motion, believes centering, authenticity, nonjudgment, strength, flexibility and community are the greatest benefits in practicing yoga. Restorative yoga involves the use of props, such as blocks, bolsters, straps, blankets and essential oil-soaked cloths to help calm and relax the body with light movement.

"I hope what they get out of it is restoration, to be re-energized, [and reach] reduced stress and self-love," Gardner said.

'East and west traditions'

Kristen Boccumini, the owner of Yoga Lab in downtown State College, found her love for yoga after graduating college. Boc-"I've ended up specializing in cumini, 35, of State College, said

she was interested in health and fitness, but was left anxious about working out after dealing with an eating disorder throughout col-

"I used fitness to stay thin but found yoga as more movementbased and mindfulness based," Boccumini said. "Fitness is moving bodies to burn calories. Yoga meant trying to strengthen my emotional self."

Yoga Lab offers classes from "beginner" to "intense" levels and its main focus is mindfulness and functional movement. The studio also offers a two-week free trial to learn about specific practices. Boccumini's studio is different than most in that it combines biomechanics and yoga to create a more beneficial practice.

"It is the best of both east and west tradition[s] and science coming together," Boccumini said. "We want it be as evidencebased as possible and research-

Boccumini is one of five founders of Yoga Lab, and said each of her partners has a different awareness of yoga, which makes Yoga Lab diverse.

We all contribute something different that balance[s] [yoga and science], such as anatomy and life-coaching [and] pre-natal and post-natal concentrations," Boccumini said.

As well as teaching yoga at the studio, Boccumini said she

teaches yoga on campus with the kinesiology department and runs a stress management course.

Boccumini believes the practice helps physically and provides "mental clearing." Further, she said it increases productivity when people take the time to engage in wellness activities.

Yoga benefits that Boccumini has experienced include confidence boosts, immediate shortterm relaxation and, over time, a shifting of perspectives about life.

"Think of [life] as a cell phone with too many apps open," Boccumini said. "You can use yoga to close some of the outer factors causing stress and anxiety."

Wellness Wednesdays

If students do not have the funds to participate in downtown classes or cannot find a studio that works for their needs, Health Promotions and Wellness, or HPW, offers free relaxation resources on campus.

Katelyn Quick, a registered dietician and yoga instructor with HPW, began practicing yoga as a way to strengthen muscles. She eventually became certified in a 200-hour program through Yoga Alliance.

Quick, 29, of State College, teaches an on-campus Vinyasa Flow class, which focuses on breathing and how it carries the flow of the class. The class also focused on poses, centering the mind and focusing on the physical body, Quick said.

Quick explained how as students get older, life can get more stressful when trying to balance the stress that comes with many college experiences. On campus, there are Campus Recreation yoga classes, but if a student does not prefer the crowded setting, HPW offers wellness workshops and Wellness Wednesdays with smaller groups.

The wellness workshops are eight-hour weekend classes students can sign up for. The final workshop this semester will take place on Nov. 10.

Wellness Wednesdays offer yoga, meditation, stress management and other practices for students that take place in the HPW Suite in the IM Building.

> To email reporter: cmf5906@psu.edu. Follower her on Twitter at @caitlynfrolo.

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To the Penn State Community:

The tragedy at the Tree of Life Synagogue continues to echo sadness and anxiety in our own campus community more than a hundred miles away. This pain, particularly for those among us who come from Pittsburgh, or the Squirrel Hill neighborhood, specifically, or who identify as Jewish and practice that ancient faith, will not quickly subside. And yet the world tends to rush on, not forgetting what has happened, but too busy with the next troubling news to linger long in the past.

We share this message to tell those most acutely affected by this tragedy that we have not forgotten, and we are here for you. We embrace you with love and support, and we deeply regret your suffering. We know that others at the University—students, faculty, and staff alike—also will not forget. The care and consideration all of us direct your way continue because Community is among Penn State's foremost values.

Perhaps a more important reminder is to encourage those suffering that help is here and ready. Please reach out to Penn State's Counseling & Psychological Services at 814-863-0395 or call the Penn State Crisis Line at 877-229-6400. Community members can text the 24/7 Crisis Text Line at "LIONS" to 741741, and employees should seek help through the Penn State Employee Assistance Program at https://hr.psu.edu/health-matters/employee-assistance-program.

A university community exists, in part, to extend humankind's struggle to understand our world. The events in Pittsburgh seem to defy our understanding, but the Penn State community stands together against hate and violence. No matter the challenge, that commitment endures and always shall.

Lauren Harris (NPHC)

Sincerely,

Damon Sims Vice President for Student Affairs

Student Leaders Roundtable

Sam Anawalt (Council of Sustainable Leaders) Thomas Beeby (Senior Class Gift Committee) Cara Basso (Student Athlete Advisory Board) JP Brady (IFC) Elliot Bruce (Black Student Union) Anamaria Calixto (Adult Learners of Penn State) Greg Carvajal (CCSG) Fanta Conde (Muslim Students' Association) Raenika Crew (NAACP Penn State) Cassandra Diehl (College of Ed Student Council) Katierose Epstein (College Democrats) Jodi Francis (Caribbean Student Assoc.) Gabriel Green (Black Graduate Student Assoc.)

Mohsin Ali (Blue & White Society)



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Daniel Stauffer (UPAC) Isabella Webster (Penn State Homecoming) Samantha Whitney (SPA) Marissa Works (Performing Arts Council)

Jilan Zhang (Chinese Students & Scholars Assoc.)

Xin Xia (International Student Council)

appreciate the next two weeks

Nov. 4 marked the end of daylight savings time, which means it gets dark outside now around 5 p.m. The days are becoming shorter, and the weather is getting colder.

Along with natural changes to our environment, we're also at a point in the semester where our academic environment is experiencing some turbulence with the last four weeks of classes looming and Thanksgiving break just around the corner.

And let's not forget Penn State football's loss to Michigan on Nov. 3. That wasn't a morale

NICE VIEW.

PLENTY OF SUN.

NO ONE STEPS ON

AND NOW WE'RE

DOWN HERE.

YOU.

YEAH,

OUR VIEW

The next two weeks before break may seem to drag on, but take advantage of the time

With all of these different factors converging, it can be easy to close yourself off and just try and muscle through the remaining two weeks until break. While

it is important to keep in mind the level of work and stress you're currently experiencing won't last forever, it's also necessary to make the most of the end of the semester.

> It's easy to just go through the motions of going to class and completing other responsibilities, especially when it's cold and dark outside. It's hard to motivate yourself to leave your dorm or apartment for anything other than obligations.

> But, to keep spirits up, make time for your friends and take advantage of having fun in college. It's OK to be excited for break, since we've been working nonstop for 11 weeks. However take advantage of your time in college - and enjoy it.

When it is time to

crack down on the academic side, though, this week provides a good time to check in with

The late drop deadline is Friday, Nov. 9, so if you were thinking about dropping a class, now is the time to make the deci-

If you're really struggling with a class and your academic time line can afford to postpone the credits, late dropping doesn't adversely affect your

Make sure you talk to your advisor and professor about the decision before the deadline on

For the classes you're still enrolled in, these two weeks before and the two weeks after Thanksgiving break is the time to put in hard work, so you don't end up kicking yourself for procrastinating later.

It's important to find a balance between maintaining some relaxation time and buckling down. This is the eternal struggle of college students. But

when all of the outside factors, like the cold weather and the daylight change is thrown into the mix, it can really affect students' mental health and moti-

Professors should keep this in mind as well. If students seem like they're having trouble balancing work, professors or teaching assistants need to take a moment to have a conversation with them to see what they can do to help, if possible.

Each student is different, meaning there is no one solution for getting through the

semester. You know yourself, and what you need, best.

So, if you need some time alone to refresh yourself, take

If you want to get as much academic work as possible done to avoid it piling up after break, do that.

But remember, surround yourself with people who will lift your spirits when you need a morale boost. Your friends should be in your corner rooting for you.

And, of course, Thanksgiving being around the corner also means that the biggest meal of the year is, too.

So, in the back of your mind, think about the turkey, mashed potatoes and stuffing as the light at the end of this two-week tunnel.

MY VIEW | Tyler Olson

TENSEN

Here is a case for the U.S. to have a voter competency test

HATE

Last week The Daily Collegian put together a rather depressing video of Penn State

students

answering basic

questions about

tomorrow's elec-



"When are the midterm elec-

tions?" the videographer asked. "Nov. 4," one

student replied.

That was yesterday. The elections are tomorrow. "Who is running for Pennsyl-

vania governor?" the video One student was able to

name Tom Wolf, the current Democratic governor. Another didn't know either Wolf or his Republican opponent Scott Wagner. Someone else apparently plans to write in "Jon Wolf.

The top LinkedIn result for Jon Wolf is the executive producer for the truTV show "Adam Ruins Everything." I'll admit it's a good show, but I think maybe Jon should get some experience in politics or, you know, run for something before we go anointing him governor.

"How many U.S. House of representative seats are up for election this year?" A unanimous, "I don't know."

All of them. ALL OF THEM! Every House seat is up for reelection every single election year. They have two-year terms, which is something you learn in middle school. ALL

As cringe worthy as that video is to watch, it's not surprising to see people, some or

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our coverage, editorial decisions

and the Penn State community.

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Letters should be about 200

words. Student letters should

include class year, major and

campus. Letters from alumni

should include graduation year.

All writers should provide their

address and phone number for

psucollegian.com

all of whom I'm sure plan to vote tomorrow, know absolutely nothing about the races they'll help to decide.

This year the Annenberg Public Policy Center's Constitution Day Civics Survey found that only 32 percent of Americans can name all three branches of the government. Thirty percent understand that after the president nominates a new Supreme Court justice he or she is confirmed by the

This study is hardly an outlier. In early 2016 the American Council of Trustees and Alumni conducted a survey that found about 13 percent of Americans thought Judith Sheindlin, TV's Judge Judy, was on the Supreme Court.

Thirty-nine percent knew Vice President Joe Biden was President of the Senate at the time. By comparison, 36 percent thought the President of the Senate was John Boehner, who was never even a senator in the first place.

Only 21 percent of those surveved correctly answered that James Madison was the, "Father of the Constitution." Three times as many thought it was Thomas Jefferson, who wasn't even in America when the Constitution was written.

Voting is extraordinarily important. It's what changes the shape and goals of our governments - from D.C. all the way down to the Borough Council on Allen Street – every time we hold an election.

That's why we need to vote. It's what makes us the bosses of our politicians, rather than having it the other way around, which would be tyranny.

But that's also why all voters

verification. Letters should be

need to take their choice seriously when they go to the ballot box. Voting isn't a cool sticker and a cute pic for the 'Gram. It's a humbling privilege that should be approached with careful consideration because of how important it is.

Instead, most people choose to live in willful ignorance. Is this a problem with our education system? Sure, to an extent. Americans don't get enough civic education in schools and the little they do get, they clearly don't retain.

But you can find that information from many other plac-

Until Americans' education improves or they start informing themselves, how can people who don't understand how our country works possibly cast an informed vote on who should run it?

These are the useful idiots who make the political grifters we love to hate possible.

And they shouldn't be allowed to vote.

This isn't to say voting should be economically unfeasible for those who are poor or inaccessible to minorities. Everyone should have equal access to the ballot box except for ignorant people.

If only there were a way, maybe a test of some sort, that could check to see whether people know enough about America to positively contribute as citizens.

Oh wait, there is. It's our citizenship test that every legal immigrant has to take before officially becoming a naturalized citizen. Among the privileges these new citizens gain when they pass the test? Vot-

opinion is determined by its

Whenever someone registers to vote, whether at the DMV, online or at the polls on Election Day, they should be required to answer 10 random questions from the current 100 possible questions on the U.S. naturalization test and get at least six correct to be able to

As long as the test is free and no more inconvenient than a couple extra minutes added on to the registration process, it won't prevent anyone who deserves it - no matter their race, economic status or anything else – from being able to

All the information you need to pass the test is available online, in newspapers and in libraries. Anybody who doesn't know how the American government works is like that because they made the choice not to educate themselves.

Every time someone who thinks Ted Cruz is a former New York Giants wide out. casts a ballot, it cancels out your vote. Every time a person votes who's a fan of Corey Booker for his work as a guard on the Phoenix Suns, yours ceases to matter.

Some states are passing voter I.D. laws meant to combat the quite rare crime of voter fraud. Instead, they should start passing voter competency laws to fight the very common offense of outright voter stupidity.

Tyler Olson is a junior majoring in political science and broadcast journalism and is a columnist for The Daily Collegian. Email him at tso5043@psu. edu or follow him on Twitter at @TylerOlson1791.



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SPORTS

PSU's defense finally found its breaking point

By Matt Lingerman THE DAILY COLLEGIAN

ANN ARBOR, Mi. — In places where flooding can become a problem, levees are built to con-

tain the water in FOOTBALL an area where it won't cause much damage.

But, regardless of the strength of that wall, sometimes the rain is too much and the levee breaks. Penn State's levee broke on Saturdav.

Through the better part of three quarters, the Nittany Lion defense did an admirable job of thwarting Michigan's quietly high-powered offense. Entering Saturday, the Wolverines averaged an even 36 points per game, but were held to just 14 in the first

But as Penn State's offense sputtered and Michigan methodically drove down the field on its possessions, the difference in score grew just as the disparity in time of possession.

By the end of the third quarter, the Nittany Lion defense found itself spending nearly twice as much time on the field as Don Brown's unit did.

Eventually, the levee broke.

"Our defense has been on the field way too many reps the last couple weeks," James Franklin

It was evident that, at some point this season, Penn State's defense being on the field for so many snaps was going to catch up to the Nittany Lions. They allowed Indiana to run 100 plays two weeks ago and defended 88 Iowa snaps last Saturday.

Against Michigan, although fatigue. that number was reduced to 69,



Safety Johnathan Sutherland (26) is hit by a Michigan player during the game at Michigan Stadium on Saturday, Nov. 3. Michigan defeated Penn State 42-7.

Michigan to win the time of pos- Brown and Jan Johnson both said minutes.

"It's kinda hard to not say [fatigue] played a factor," safety Garrett Taylor said. "I don't think it changes much physically... But sometimes when you're tired you might not be as mentally sharp. That could allow for more mental mistakes."

Although Franklin mentioned the defense being on the field too much just 10 seconds into his post game press conference, the players downplayed the role of

Just as Shareef Miller said last it was still 22 more than Penn week he was used to playing a ton State's offense ran and allowed of snaps, and linebackers Cam situations.'

session battle by more than 15 after Saturday's game that there were bigger issues than playing too many defensive downs.

But it's hard to deny the correlation between leaving the offense on the field for too long and allowing points, even if it's due to a law of averages as much as tiredness.

Penn State's offense recognized that.

"We always wanna keep the defense off the field," Miles Sanders said. "That's our goal, and I don't think we did that a lot today. Defense played a great game, and played 'til the end, but we've gotta stop putting the defense in tough

There's plenty of blame to go around after the romping Penn State took on Saturday, and in terms of losing the time of possession battle both sides can take For instance, of the Nittany Li-

ons 11 drives — excluding their final of the game when the score was severely out of reach — just two lasted longer than two min-And they weren't short because

of big plays leading to quick

of drive is significantly detrimental to the team as a whole. The offense can't gain any momentum, and the defense gets worn down.

"As an offense we just gotta execute better," Miles Sanders said. "Everybody has to do their job and execute. That's all it takes."

But the defense isn't free of fault, either.

"I think [staying on the field too long] is on us," Taylor said. "We've gotta try to get off the field on third down when we can or taking the ball away. We gotta find a way to get us less snaps."

Michigan was 8-of-14 on third down conversions Saturday, a number most teams dream of. Beyond the efficiency in success on third downs, Michigan also set itself up to win in those situations, as it averaged just 4.4 yards to go on third downs.

As third down conversions pile up, a defense can put extra pressure on itself to make a stop.

"Out there we were all kinda saying to ourselves, 'Let's get off the field, get off the field," Taylor said. "And when we put ourselves in favorable third down situations and we as a defense don't convert, it's tough."

The levee broke on Saturday, and Penn State was thumped as

But with a matchup with an underperforming, but strong, Wisconsin team on the horizon, the next goal is to try to stop the flooding.

"I think the biggest thing is we gotta be smart about how we practice this week," Franklin said. "We gotta give our guys the best chance to put this game behind us, move forward, practice smart this week. Take some of those reps and wear and tear off The inability to sustain any kind of them so we can be as fresh as we possibly can come Saturday."

> To email reporter: mcI5374@psu.edu. Follow him on Twitter at Iinger_man.

Two recruits set to continue family legacy at Penn State

By Benjamin Ferree THE DAILY COLLEGIAN

rounded by the game of hockey, but the pair of play-MEN'S view not many HOCKEY people get to see

as both of their fathers played in the NHL.

Dowd remembers the day his dad, Jim, did something not many NHL'ers have been fortunate Henrik Lundqvist.

Barnaby remembers being absolutely terrified of former defenseman Darius Kasparaitis when in the locker room with his father,

These moments sparked Barnaby and Dowd's interest in hockey and helped pave the way for their future careers on the Chicago Steel of the USHL and ultimately committing to Penn State.

Both are committed to Penn State for the 2019-20 season, but Dowd is planning to spend another year in the USHL in order to develop more and be able to make an immediate impact for the Nittany Lions. Dowd didn't know much about Penn State when the Nittany Lions started recruiting him, as Penn State is still very new in the college hockey scene.

"I knew they were up-andcoming and I've heard that it's a great place to go to school, just that kind of drew me in," Dowd Unlike Dowd, Barnaby who is

a self-proclaimed "hockey nerd" followed Penn State closely since the program made the jump to the Division I level.

a lot especially being pretty close

Barnaby Jr. both grew up surand how it was going to pan out just play my hockey." with them. It's been unbelievable to watch it happen and then end ers had a unique up being recruited by them it was awesome."

very interested in what they were

culture surrounding Penn State and the magnetic effect it creates.

enough to do - score a goal on in the middle of this year but as the Wild, when we lived in Minnefuture Hall of Fame goaltender soon as I visited Penn State, I cut sota," Dowd said. ties with every other school and I knew that is where I wanted to play," Barnaby said. "Once I visited seeing the school and the facilities and like how passionate everyone is about hockey I just couldn't say no, it was just everything I wanted."

> Since he was a kid, Dowd envisioned himself hoisting an NCAA championship trophy. He just didn't always picture doing it at Penn State.

Now though, he's making it his mission to lead the Nittany Lions to the next level.

"I definitely want to win an Dowd NCAA championship," said. "I mean that would be incredible and something I've talked about ever since I was a kid. Just to play Division I hockey, let alone winning a championship, would be the most memorable moment up to that time."

Barnaby doesn't name winlike the fans are so passionate so ning a specific trophy as one of his main goals at Penn State, but instead the Buffalo native just wants to add to the culture of the program and score goals.

"I'd like to keep the things going they have so far," Barnaby said. "Stay on the right track and "I've followed up on Penn State hopefully contribute to the offense they have because they are

to Buffalo and the ties with Terry a run and gun offense. They like Pegula," Barnaby said. "I was to score goals and so do I, so just put the puck in the back of the net Jimmy Dowd Jr. and Matt going to do with that program and keeping making plays and

> Hockey was something introduced to both Barnaby and Dowd very on in their lives.

Dowd first remembers skating One thing the two players can when he was two years old, but relate to is the atmosphere and he didn't have to travel very far to get to the rink.

"We actually had a rink in our "I was talking to a few schools backyard when my dad played for

> Then just a few years later, Dowd was introduced to hockey in the city he currently plays in.

"My first time actually skating and being introduced to hockey was in Chicago with Rocky Hockey and I think I was five or six at the time but my first time being introduced to hockey was in Chicago and now I'm back playing in

Chicago," Dowd said. For Barnaby, it was a similar story as he remembers having skates put on him as soon as he could walk and his appreciation

for hockey only grew from there. Even though both of their fathers played in the NHL, Dowd and Barnaby were never forced to play the game, it has always been their choice and neither one of them would have it any other

'My dad never forced me to play hockey but growing up around hockey every day, I didn't really have a choice," Barnaby said. "I was going to play hockey regardless of whether he wanted me to or not.

"Every day he just tells me to have fun and play the game because you love it," Dowd said. "He is like 'if you don't like the game anymore I don't have a problem with you quitting' like obviously that's not the case but I just love the game and I play it because I love it." Barnaby and Dowd love ev-

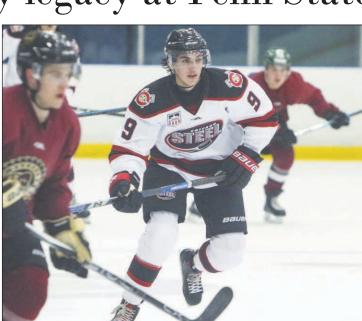
ery aspect of hockey but the pair points to the friendships made in the locker room as the best part.

"Just being around the guys and being able to create the bond with your teammates," Dowd said. "I think it helps you as a person as well it just doesn't develop you as a hockey player. I think you learn life skills through the game and how to treat people and others and how to treat yourself.'

Barnaby echoed with a similar sentiment.

Courtesy of the Chicago Stee

"I think just being around the guys in the locker room coming to the rink every day and seeing them and just having fun off the ice before practice," Barnaby said. "I think just the camaraderie with your teammates."



Courtesy of the Chicago Steel

Matt Barnaby Jr. (9) skates for the Chicago Steel.

who can play at center or on the wing, which is certainly a much different style than his father who was known as a fighter during his 18-year NHL career.

Barnaby Sr. is 18th all-time in career NHL penalty minutes and led the league in penalty minutes during the 1995-96 and 2000-01 seasons.

"He played a game that I didn't want to play, I definitely chose not to be a fighter and not get my face beat up," Barnaby said. "I think people know me more as a skill player than an instigator for sure.'

In contrast, Dowd is a two-way defender who loves to get forward on the attack, which certainly fits the mold of a defenseman Penn State coach Guy Gadowsky loves to have. 'I have a really good stick de-

fensively and I'm not the biggest guy so I use that to my advantage," Dowd said. "I'm a very good skater and I think I have very good hockey sense as well." Dowd also plays a much dif-

ferent position from his father as Jim Dowd Sr. was mainly a center in his 19-year NHL career. Dowd Sr. was a member of the 1995 Stanley Cup champion New Jersey Devils team.

Barnaby and Dowd are both playing their first seasons in the USHL for the Chicago Steel and

the pair has made a relatively seamless adjustment to the new league. "From playing in the North American League last year the USHL is definitely faster transition wise and everyone is so skilled so it's definitely different in that aspect, but I think it's been a smooth transition from the pre-

season until now," Dowd said. "I

think I'm improving every day

showcasing my skills as I'm gain-

ing my confidence." Dowd has appeared in eight games for the Steel this year and

has picked up one assist. Barnaby's offensive which saw him collect 76 points in 62 games in the CCHL last season for the Pembroke Lumber Kings has translated into the

USHL early this season. The forward has played in 11 games and has been responsible

for six points including one goal. "The guys are more talented and there are no sloppy plays every team has their systems down pat and everyone makes quick plays," Barnaby said. "It's just a lot more put together than a lot of the other leagues I've played in."

One of the main reasons the players have been able to make the adjustment to the new league is the Chicago Steel organization.

"It's first class in everything they do," Barnaby said. "The coaching staff and the tools that we have available are second to none. We have skills coaches everyday here. It's unbelievable, I couldn't be more thankful to be a part of it."

Current freshman Oskar Autio played for the Chicago Steel last season prior to joining Penn State this season.

As both Barnaby and Dowd continue their hockey careers and get ready to make the jump to the college level, their fathers both gave them simple advice that will always stick with them.

"He always just told me to play the game because you love it," Dowd said.

"He said hard work beats talent every time," Barnaby said.

To email reporter: bcf5167@psu.edu. Follow him on Twitter at @BFerree6.

Jim Dowd Jr. (3) skates for the Chicago Steel.

Barnaby is an electric scorer and just getting up to pace and

Penn State shows early promise in win

By Tyler King THE DAILY COLLEGIAN

Exhibition or not, that was an impressive win for Penn State. The Nittany Lions are heading

MEN'S BASKETBALL

into the 2018-19 season with not a whole lot of expectations, but Pat Chambers'

squad went on the road and beat a West Virginia team that was ranked No. 13 in the preseason AP top-25.

Josh Reaves' last second tip-in gave Penn State the 84-82 victory over the Mountaineers, which if you don't follow college basketball, are known for their defensive abilities.

Penn State reportedly played Temple in a secret scrimmage in Harrisburg last weekend, but this was the first time we got to see how Penn State would fare after losing both of the players from last year's backcourt, Tony Carr and Shep Garner.

Here are my five takeaways from the encouraging victory.

Penn State will be fine without Tony Carr

Speaking of Carr, his departure scoring title.



Guard Myles Dread (2) poses during Penn State basketball media day at the Bryce Jordan Center on Tuesday, Oct. 16.

is the main reason the national opinion on Penn State isn't as high as it should be, swomething I wrote about last week.

Carr was fantastic for the Nittany Lions last season and they wouldn't have won the NIT Championship without him. He was a First Team All-Big Ten player and won the conference's

But the offense revolved solely round Carr last season and often times that led to higher volume of shots than the team probably would have liked.

Lamar Stevens will step into that go-to scorer role this season and even though he showed during the NIT that he was capable of doing so, but he proved that once again on Saturday.

The junior forward finished Penn State smartly used second on the team in scoring with 20 points and a team-high 11 rebounds. He was forced to play some five with Mike Watkins out. but he didn't seem fazed against West Virginia's Sagaba Konate.

Myles Dread is the real deal

It's no surprise Stevens put up 20 points, but Myles Dread outscored him in what was an allaround impressive performance by the freshman guard.

Dread shot 7-of-12 from the field including 5-of-10 from 3-point range, while getting the start at the two-guard spot. Chambers said at his team's

annual media day that the freshmen guards were all competing for an open starting spot and while it seemed like Dread had the edge during the preseason, he now has the spot locked Penn State is going to need at

least one player to emerge as a reliable 3-point shooting threat after losing the top two shooters from last season, Carr and Garner, are now gone.

Dread is more of an off-ball guard and he already looks like physically ready to compete in the Big Ten this season.

John Harrar

With Watkins out for an undisclosed amount of time, John Harrar will continue to be the team's starting five, as he was last season for the final eight

games of the season. But Satchel Pierce is also academically ineligible for the fall semester so Harrar is the only traditional five available for

Chambers right now. Because it was an exhibition, Chambers smartly limited Harrar to just 18 minutes of action to ensure he would be fresh for the season opener Friday.

Trent Buttrick played 12 minutes at the five and he'll likely have to chip in there until Watkins returns.

Rasir Bolton could overtake Jamari Wheeler soon

Jamari Wheeler got the start at point guard in the first game without Carr, but it was Bolton who got more minutes on Saturday.

The true freshman is clearly a more reliable scoring option pouring in 15 points on 4-of-9 shooting in the game.

Visit collegian.psu.edu to read the full story.

ATTENTION

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PUBLIC NOTICE OF SCHEDULED MEETINGS The Board of Trustees of The Pennsylvania State University hereby gives legal notice of meetings to be held at University Park on November 8-9, 2018. Meetings for the committees will be held on Thursday, November 8, from 1:00 p.m. until 5:30 p.m. The complete listing of times and locations is available at https://www.trustees.psu.edu/agenda/ scheduleNovember2018.html. On Friday, November 9, a Trustee

Conference and/or Privileged Executive Session for the Board of Trustees will be held in Room 207 of the Penn Stater Conference Center Hotel from 8:00 a.m. to 12:30 p.m. During this time, the Board will receive expressions of public views in accordance with the Standing Orders, at a time to be determined. Beginning at 1:00 p.m. on Friday,

November 9, the Board will meet in Dean's Hall, of the Penn Stater Conference Center. The meeting is open to the public and available via live stream at wpsu.org/trustees. Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact (814) 865-2521 in advance of your participa-

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or people who have issues, and you might

wonder why. Do your best not to give in to

someone's need for control. You have strong

drive and energy. You will get done what is

necessary. Tonight: Respond to a friend's

★★★ Your instinct might be to defer to a

difficult, controlling individual. You know

that you have it together. Perhaps this

person doesn't realize that his or her

behavior is an attempt to hide insecurities.

Be more upbeat in how you handle your

★★★★ Your creativity surges. Others have

a difficult time keeping up with you. You leap

over hurdles and exhibit an unusual amount

of effectiveness. Be willing to rearrange your

schedule if need be. Know when taking

action helps others. Tonight: Take your fun

★★★★ You might be more in the mood to

stay home than go out. Consider moving

your work to a home office or making an

adjustment in your chosen field. Your

productivity is likely to be enhanced by being

in a place that you love and feel comfortable.

YOUR BIRTHDAY MESSAGE:

LIBRA works well with difficult people.

work. Tonight: Make it an easy night.

suggestion.

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GEMINI (May 21-June 20)

attitude out and about.

Tonight: Dinner for two

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★★★★ You speak your mind, and others

hear you. Their responses could be defined

by the levels of diplomacy that you use.

You'll want to put the kibosh on someone's

acting out. Remain cool, calm and collected.

Others could give you an earful. Tonight:

★★★ When handling funds, you can't be too

careful. Say "no" when necessary. Don't let

a new friend affect your financial life. Be

more direct in how you handle a difficult

friend or associate. You might need to

express your limits. Tonight: Pay your bills

**** Your personality carries you over

any obstacle you might encounter. Make

sure that the hitch is not a self-imposed

limitation. Be clear with a family member

about your boundaries. Express the expecta-

tion that this person should honor your

 $\star\star\star$ You sense that something you can't

control is going on behind the scenes. You

cannot even get the whole story -- at least

not yet. Ignore the situation for now and just

pretend that everything is business as usual.

Singer Art Garfunkel (1941), actress Tilda Swinton (1960), actress Elke Sommer (1940)

This year you have a tendency to keep your own counsel. You might not know how to deal with a difficult person, and will reflect on this matter for a long time. If you are single, take your time dating someone. Wait about a year to be sure that you really know this person. Make no long-term commitments unless you are sure of the bond. If you are attached, you

needs. Tonight: Happiest at home,

SCORPIO (Oct. 23-Nov. 21)

Tonight: Make it early

sometimes feel that your sweetie misunderstands you. Take a communication workshop together.

Meet a friend back at your pad.

VIRGO (Aug. 23-Sept. 22)

before buying lottery tickets!

LIBRA (Sept. 23-Oct. 22)

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Monday, Nov. 5, 2018

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SAGITTARIUS (Nov. 22-Dec. 21)

 $\star\star\star\star\star$ You might not be sure of the best

way to make your point so that the majority

of people will understand your message.

Your smile goes a long way. Encourage

others to ask questions and make sugges-

tions. Make people feel as if they are

*** You might not realize how tough you

can be on others. You have a tendency to

speak without thinking first. You are in a

process of change. Remember that keeping

up with your swift changes could be a

problem for many people in your life.

*★★★★ Your smiling ways come forward,

allowing greater give-and-take. You see a

situation from a new perspective. You see

people differently, and you also see where

your actions might not be effective. If you

are not sure how to proceed, ask for sugges-

*** One-on-one relating suits you

perfectly. You might not get the results you

desire, but you will come to terms with a

difficult situation. It might be obvious to you

but not to others that a change is needed.

Work toward that end. A friend seeks you

participants. Tonight: Make calls first.

CAPRICORN (Dec. 22-Jan. 19)

Tonight: Burn the midnight oil.

AQUARIUS (Jan. 20-Feb. 18)

tions. Tonight: Out and about. PISCES (Feb. 19-March 20)

out. Tonight: Make it cozy.

TOSSWOR

Across

- 1 Herring of the east North Atlantic
- 6 Be slack-jawed
- 14 Have an impact on
- 15 Enthusiasm 16 Woodwind
- 17 Kind of tube
- 18 Cozy retreat 19 Opera star
- 20 Draw back
- 22 Blasts of anger 24 Formal dance
- 25 Air hero 26 "C' la vie!"
- 27 Wrecker's job 30 Caribou 32 Psychoanalysis
- subject 34 Bailiwick
- 36 Leaving one place for another
- 41 Springs
- 43 Cause of wrinkles 44 Vernacular
- 45 Shippers 48 Breed
- 49 Chemical ending 50 Appraise
- 52 Born Masseur's
- workplace, maybe
- 56 Not to mention 58 Classic art subject
- 60 Coal miner
- 62 First 66 Mixed bag
- Perfume brand by Dana
- 69 Specific task
- 71 Mosque V.I.P.
- 2 Corn bread 3 Litter member

74 Axes

Down

72 Moon of Saturn

75 Signs of healing

1 The big house

73 Catches some rays

- 70 Hawaiian strings
- 4 Having a bite 5 Stitching need
- 6 1942 Errol Flynn boxing flick, "
- 7 Brewpub offering
 - 8 Noodles
- 10 Musical finale 11 Endure

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23 Fit for a king

27 Toiletry item

28 Creme-filled

gradually

33 Mayberry sot

35 Basilica area

37 Cranesbills

38 Privy to

cookie

29 Withdraw

31 Hardship

9 Siren

- Wanders 46 Hereditary 13 Savage 21 Sheltered, at sea
 - 47 Flabbergast
 - 51 Fiats

39 Grimm villain

40 Musical mark

42 Biblical mount

- 53 Pathfinder 54 Folk dance 55 Out of this world
- 57 Literary genre
- Work ___ (it's a good thing) 59 Work
- 61 Red ink amount 63 Minute amount
- 64 Speedy steed
- 65 Telescope part
- 68 Put the kibosh on

WA

A Day in Court Appeal

Argument Attorney Bailiff Bench Courtroom Defense

Evidence Gavel Hearing Innocent Judge Jury Justice

Plantiff Plea Prosecutor Reporters Robe Sentence

Testimony

Trial

Truth

WCEGMUILBDHTKIU X P W B S U N G Z L L T K E M J L Z AELPOGNNFXAEUXLEYD TRIALROIVCEZWRRBOD

FRGSTACRHYPWVKTCIF F D O U R H E A J R P I S J P D C B ITEFMENEHUATTORNEY TMCFIETHCJMNHFJSVR NOYIETNRFQJEFKODIO

ABCLQNGTOSUSDORZDT LCOIKESSLPESYJEEEU PWUAZHDEZKENKRCENC EARBKFVCGEBRTIFFCE CVTSPADSUZNETEMYES

J P R E G D U J I X P S N P N J C O

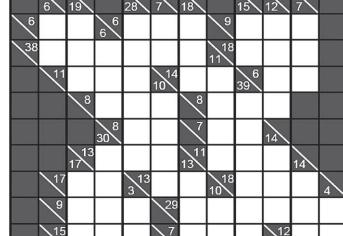
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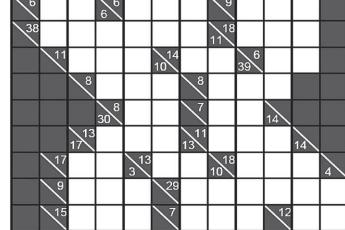
Kakuro (Cross Sums)

The rules are easy to learn: A number above the diagonal line in a black square is the sum of the white squares to the right of it. A number below the diagonal line is the sum of the white squares in the sequence below it. You may only use the digits



Answers bit.ly/1CBcyRi

1 to 9, and a digit may be used only once in any sequence.



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Fate

FROM Page 1.

Both considered feared runners not long ago, McSorley carried the ball 12 times for negative-6 yards while Miles Sanders mustered just 14 yards on seven carries.

When asked what's changed from then to now, Tommy Stevens paused for eight seconds.

"That's kind of a hard question to answer," the redshirt junior said. "I'm sorry.

"It's obviously frustrating because as you can imagine, there's little things that we obviously need to correct," Stevens added. "These things are being harped on in practice, it's not like we're not working on them."

Any optimism from the close loss Ohio State evaporated a long time ago. The puzzled look that filled the faces of Nittany Lions after Michigan State has disappeared.

And a year after Penn State ran Michigan off its own field with a commanding 42-13 victory, the Wolverines' "Revenge Tour" drives at full speed toward Ohio State with the Big Ten Championship and the playoff looming on the horizon.

Meanwhile, the Nittany Lions are on a straight path toward the Outback Bowl or another less-than-enticing destination.

There are worse places for a young team's season to end.

But that's exactly what the Nittany Lions are: an above-average but inexperienced team plagued by stupid mistakes, a lack of depth and at times, problematic

To email reporter: pab5404@psu.edu. Follow him on Twitter at $@PatrickBurns_.$



Defensive end Yetur Gross-Matos (99) gets blocked by a Michigan offensive lineman during the game against Michigan at Michigan Stadium on Saturday, Nov. 3. Michigan defeated Penn State 42-7.

The competition for Foreign Language and Area Studies (FLAS) Fellowships is now open.

Partial awards available for Spring 2019.

The deadline to submit an application is November 12. The deadline for Summer 2019 and Academic Year 2019-2020 applications is February 1, 2019.

Information sessions will be held on November 6 (1:00-2:30 pm) in 463 Burrowes and November 9 (2:00-3:30) in 463 Burrowes.

For more information, go to http://cgs.la.psu.edu/funding or contact flas@psu.edu

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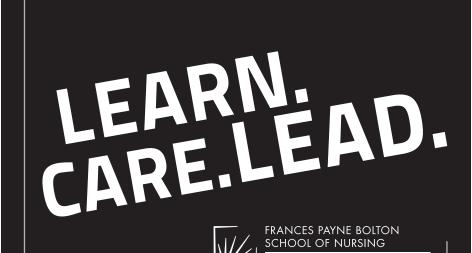
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at Michigan Stadium on Saturday, Nov. 3. No. 5 Michigan defeated No. 14 Penn State, 42-7.



Backup quarterback Tommy Stevens (2) runs the ball during the Michigan vs. Penn State football game The Penn State defense stops a Michigan player during the Michigan vs. Penn State football State football game at Michigan Stadium on Saturday, Nov. 3.

BIG HOUSE, BIG LOSS



Wide receiver KJ Hamler (1) misses a catch during the game against Quarterback Trace McSorley (9) walks off the field after the game against Michigan at Michigan Stadium on



Michigan at Michigan Stadium on Saturday, Nov. 3.

Saturday, Nov. 3. **MY VIEW | TYLER KING**



Quarterback Trace McSorley (9) carries the ball during the game against Michigan at Michigan Stadium on Saturday, Nov. 3.

Trace McSorley enters uncharted territory

By Thomas Schlarp THE DAILY COLLEGIAN

ANN ARBOR, Mi. — Trace Mc-Sorley wore a knee brace for Saturday's game against Michigan, but the feelings regarding what unfolded inside the Big House and aftermath of what is to ensue in the forthcoming week are nothing the senior quarterback has ever had to embrace.

As a starter at Briar Woods High School in Ashburn, Virginia, McSorley led his team to four straight state championship game appearances, winning three of them.

Success has followed the quarterback everywhere he goes. With Penn State's 42-7 blowout at the hands of No. 5 Michigan, a McSorley led team has now dropped three of five games with his injured knee a symbol of his

team's season. "In no way would I have ever expected this to be the outcome that we'd have," McSorley said. "We put in a long week of work. We just weren't able to get it

standard." From warmups over an hour something just wasn't quite right with McSorley. His jogs up and down the field looked awkward. The dual threat quarterback,

normally not afraid to flash his

done. We didn't play up to our

wheels, was about to enter battle with a flat tire.

From the get-go, with Mc-Sorley's health at less than 100 percent, when the senior captain needed 10 yards, he would seemingly just get nine. A player known for escaping impossible situations to somehow push Penn State over the edge just couldn't find his usual magic.

Look no further than the second quarter when McSorley scrambled on third down looking to convert, he came up just inches short. Not even a timeout from his coaching staff to review the play was called to redeem his effort.

"It's definitely tough and frustrating," McSorley said. "I don't want to sit here and make excuses. I've got to figure out how to get it done whatever the circumstance. Those are the type of things that are frustrating when they're not there....when you're not having those type of plays when you're normally getting nine [yards] and now it's three. Those are the ones that just end up killing you, but you've got to keep pushing.'

Even as a passer, McSorley's before kickoff, it was easy to tell mystique was absent. Late in the second quarter, he overthrew a wide open DeAndre Thompkins streaking down the field for what would have been an easy 39-yard

The score would have narrowed the deficit to 14-7 just a minute before the half. For as bad as the Nittany Lions had played, they could have had something resembling a form of momentum heading into the

"I was just mad at myself," McSorley said. "We just played sloppy. The few opportunities that we had, we missed. The times we needed to make a tough play, we didn't. It compounded and made it worse. I didn't play near to the standard that [I] needed to. It was frustration, frustration with myself."

In total, McSorley finished a career-worst statline of 5-of-13 for 83 yards and an interception. His previous low was eight completions against Ohio State in 2016 for 154 yards. Despite his clear physical limitations, however, not a single player, coach or McSorley himself pointed to the knee as a reason for the loss.

"I'm not going to comment on [his injury]," guard Steven Gonzalez said. "I thought he played well. That's my quarterback. I'm always going to defend him."

Michigan brought in one of the best defenses in the nation and had a hostile crowd bolstering it. Any offense at full strength

would have struggled. Visit collegian.psu.edu read the full story.

Penn State lost before the game even started

ANN ARBOR, Mi. - Before Saturday's game even started, the outcome had already been decided.

It was determined when both teams entered Michigan Stadium for the showdown between two top-15 teams. One had the

feel and confidence of a team with a path to the College Football Playoff. The other felt like a team trying to piece together a

awry in the last few weeks. And after 60 minutes of football, that's still the case for both teams.

season that had quickly gone

Michigan put on an impressive display of how to dominate both lines of scrimmage, while Penn State showed how not to handle things when your star quarterback is clearly not at 100 percent health and there's no real hope of a victory.

If the scoreline hadn't already indicated the Nittany Lions lost the plot of the game, Penn State's unwillingness to commit to either Trace McSorley or Tommy Stevens did.

There's a history of Penn State alternating quarterbacks on every drive, and if you don't remember that 2011 season with Rob Bolden and Matt McGloin then, well, I'll fill you in: it didn't Penn State got beat in every

facet of the game on Saturday. There's no other way to put it. Michigan was simply the better team. The Wolverines ran 22 more plays, outgained the Nittany Lions by 217 yards and held the ball for over 15 minutes more than Penn State. But Michigan didn't just win

on the field. The Wolverines won the mental battle as well

During pregame warmups, Michigan was confident and determined. And when the Wolverines won the toss, it was almost a guarantee that they would send their top-rated defense on the field first to add fuel to the metaphoric fire that was the electric crowd of over 110,000 fans wearing maize and blue.

Trace McSorley found Pat

Freiermuth over the middle for

a 25-yard gain on the first play,

but after that it was all Michigan's defense. A run for Miles Sanders that gained 0 yards and back-to-back sacks was all Michigan needed to keep its 'revenge tour' right on track.

A year removed from Penn State not letting off the gas, Michigan elected to do the same thing this time around.

Up 28-0 in the fourth quarter,

Michigan took a shot into the end zone and it would have been a 41-yard touchdown pass if not for a holding call. Jim Harbaugh called a timeout before Penn State's fourth-and-short play late in the game. Just a minute later, Harbaugh challenged Jahan Dotson's obvious reception on fourth down.

In the final minutes, three of Penn State's staple songs this season, "Mo Bamba," "Sweet Caroline," and "Zombie Nation" were all blasting throughout the

stadium in the final minutes. Michigan's 'revenge tour' was in full swing, and the Nittany Lions were its next victim.

But this loss isn't just about Michigan on Saturday or in the days and weeks leading up to the game. It's also about what Penn State didn't do. In just about every aspect of the program, the Nittany Lions weren't prepared. And it all started against Ohio State.

This Penn State team isn't as talented as it was last season but still found itself up 12 points in the fourth quarter in front of a whited out Beaver Stadium crowd.

The Nittany Lions crumbled in the final moments, and that crumbling hasn't stopped, ultimately culminating in the showing we all witnessed on Saturday. Sure, the defense may have been on the field too much in the last few weeks. Sure, Trace McSorley isn't playing at 100 percent. But that's not why Penn State is 0-3 this season against the three powerhouse programs within its division.

The Nittany Lions simply haven't been able to stop the bleeding to save this season that began with hopes of reaching the program's first College Football Playoff. But if Saturday is any indication, there's not too much left to save.

> To email reporter: tbk5155@psu.edu. Follow him on Twitter at @King_TylerB.