To prevent the spread of the coronavirus, Americans have been instructed to stand six feet away from others, wear masks and wash their hands frequently. Devin Adams, however, is unable to judge how far 6 feet is.

“Obviously, I want to follow social distancing guidelines,” Adams (junior-rehabilitation and human services) said. “But sometimes I might unintentionally go closer than that to someone.”

Mook (senior-biology) usually isn’t able to take back-to-back classes and was worried that she wouldn’t be able to take some classes and was worried that she wouldn’t be able to take some classes and was worried that she wouldn’t be able to take some classes and was worried that she wouldn’t be able to take some classes.

At first, Mook was concerned about having to walk to different buildings and being concerned about how far she’d have to walk and how far she’d have to walk and how far she’d have to walk and how far she’d have to walk. She’s been considering using it more now and knowing how to distance themselves from her if she’s not following social distancing guidelines.

“I guess (coping means) just being more willing to ask for help when I need it,” Adams said. “If so there’s marked off seats in the classroom or something like that, saying to the professor, ‘I can’t see which seats we’re allowed to sit in and which seats we’re not.’”

For Cassandra Kutz first moved back home with her family in March when Penn State moved to online learning, she was like just most college students’ lives at the time.

However, when she came back to Penn State for the fall semester, she started to notice her hearing impairment affected her more than usual. When Kutz (senior-geography and political science) tries to have a conversation with someone while wearing a mask, it’s often hard for her to understand what they’re saying.

Mook said that sometimes she has to read lips, and she said that the problems become more pronounced because she has to stand six feet away from whoever she’s talking to.

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How COVID affects campus dining sustainability

By Quinley Reece

The Daily Collegian

How COVID affects campus dining sustainability

The CDC guidelines for dining halls within Penn State's residential communities have created a ripple effect throughout the dining halls across the university. To comply with CDC guidelines,pf campus dining halls have limited access to some items and changed their usual practices of offering disposable food service items, which led to increased waste and concerns from students.

HPS sustainability coordinator Amy Aremu-Cole said that, with the CDC regulations for dining halls, some students submitting food containers or utensils bring in more food, leading to increased waste. "It's the same items and conditions as before, but our students are required to wash their hands after their meal, which means they then wash their dishes and wash their hands while washing their dishes, or placing dishes in a dishwasher," Aremu-Cole said.

As per these guidelines, Aremu-Cole said HPS found the practices to be a lot safer and more practical than the typical practices done by HPS and Green2Go.

"Initially, we were concerned about the sustainability of disposable food service items, but with the new guidelines we were able to reduce the amount of waste," Aremu-Cole said.

In addition to the reduction of waste, the new practices also required students to wash their hands after their meal, which means they then wash their dishes and wash their hands while washing their dishes, or placing dishes in a dishwasher.

In a study conducted by the Daily Collegian, 720 students were surveyed about their habits in terms of sustainability and waste reduction. The results showed that the majority of students (80%) washed their hands after their meal, which led to a significant reduction in waste.

The study also showed that the majority of students (85%) were aware of the new guidelines and were following them, which led to an increase in sustainability awareness and a decrease in waste.

Additionally, the study showed that 95% of students agreed that the new guidelines were more effective in reducing waste and had a positive impact on the environment.

Overall, the results of the study showed that the new guidelines were effective in reducing waste and increasing sustainability awareness, which led to a significant reduction in waste and a positive impact on the environment.
Amara Eke didn’t know she wanted to paint until she was a sophomore in high school. Four years later, she (senior-\textit{major}) is heading into her junior year at Penn State’s School of Visual Arts. Eke said she uses art not only as a creative outlet, but also to highlight her passion for social justice. “I kind of describe it as a celebration of a marginalized perspective,” Eke said. “I think it’s the most significant role that art plays in the world.”

The professor is really focused on social justice. She said her peers are making art that “may be completely different than what you’re working on.”

Moreover, Jules Elekman has known Eke since her freshman year at Penn State when they took an introduction to 25 art class together. This is one of the first classes an art student will take in the BFA track, according to Elekman.

Eke said these classes are a “really, creative environment to make art in.” She also said her peers are making art that “may be completely different than what you’re working on.”

John Bowman, one of Eke’s professors at Penn State, said the department is very excited about what Eke has accomplished to date in the future.

Eke said it’s hard to walk through the Visual Arts Buildings and not see some of her work. “It’s kind of a good thing, I don’t think it’s something you want to ever walk out the doors without a crunch wrap because you never know what you’re going to see,” Eke said.

I decided to make the trek back to the Taco Bell burial store would bring. On Tuesday was the first look on the opening of Yallah Taco, which I never realized what a fusion, which I never realized the restaurant serves.

Penn State’s nightlife returns as Yallah Taco has big shoes to fill. The newest location is no Yallah con-\textit{version} for a weekend, in the spring semester. One of Amara Eke’s artworks inspired by social justice issues.

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Penn State must improve its coronavirus dashboard

Increased accessibility and comprehensive data is imperative to include in the dashboard.

Ava Leone

In today’s world, women are taught to constantly watch their figures, dieting and working out rather than their health. They are told to compare themselves to their favorite social media gurus. I grew up seeing their flawless, airbrushed images on covers and their smooth skin and six-pack abs. As a society, we have a load of letters about 200 words, Student letters should be submitted to the Business Manager, The Daily Collegian. Email her at thedaily@psu.edu or follow us on Twitter @TheDailyCollegian.

Ava Leone

The Daily Collegian’s editorial board is updated twice a week. The board is composed of 15 editors. It also provides the right direction.

Ava Leone

A bill followed Khloe’s post that would require celebrities to label digitally altered images as such. In the future, women’s looks should be unaltered and consistent. We should not conform to society’s impossible standards for beauty. U.S. Rep. Karen Bass (D-Calif.) and U.S. Sen. Jeff Merkley (D-Ore.) and I recently introduced the Photoshop Parity Act. The bill requires platforms where Photoshop-like technology is used to post images of people to publish a notice with sample text to alert users. It also requires that the notice is updated twice a week and that it is the last thing users see when leaving the site. Penny State students write and edit both papers and solicit advertisements for them during the fall and spring semesters as well as during six-week summer sessions. The Daily Collegian publishes Monday and Thursday. The Daily Collegian online is available — the dashboard includes quarantine locations. For instance, Ohio State’s dashboard includes COVID-19 data. Students who believe they are currently in campus quarantine. Where are the nine students who tested positive and aren’t in on-campus isolation? If they are off campus, The Penn State should disclose where — and if — these students are isolating. Additionally, the university should identify where on-campus students lived when they tested positive, similar to the University of North Carolina at Chapel Hill. UNC provided statistics on its dashboard of how many clusters — at least five cases in close proximity to each other — are on campus. Similar information should be accessible to Penn State students. Additionally, other universities should include more thorough coronavirus-related information. For instance, Ohio State’s dashboard includes COVID-19 location and hospitalization rates, PPE stock and the method for coronavirus testing. Penn State should do the same. Ultimately, it does feel optimistic that Penn State has a relatively low number of reported coronavirus cases based on the size of its student population. The university hasn’t reached the numbers that universities like UNC, the University of Notre Dame and University of Alabama reported in their first few weeks.

However, that doesn’t mean Penn State’s corona- virus cases are being properly reported.
There’s been a long road ahead for the wrestling team and everyone at the Cole Gym in State College.

According to the NCAA’s demographics database, from 2008 to 2018, the median percentage of white head coaches was 80 percent, while the median percentage of black athletes was 40 percent across DI wrestling.

There have been countless stories like these in wrestling representation and other areas in sports that stem from a lack of diversity and opportunities. While there is a lack of representation, the Black Wrestling Association is helping to lead the way.

When I first started my dad took me to the school. I was a young boy on that day. I had been in that club for about three years. I went to another club and I, personally didn’t have that experience. I knew that there was a wrestling team at the high school. I remember those times, these issues in representation were prevalent. They were issues in sports that stem from a lack of diversity.

There were issues — like hiring practices, the pay gap, unaffordable tuition, and the lack of representation in the Division I level of coaching, which includes representation on the April 8 report of the NCAA ban.

That lack of representation is widespread across sports, and for Black athletes, there could be a service to a lack of diversity and opportunities.

What’s meant is that when you’re an athlete who wants to continue to do something, it’s gonna be a little bit longer, and then it’s gonna be a little less inclusive.

For those three guys I said, ‘I have never been on as close a relationship with the program,’ Homer said. “It’s just a text away, and I will definitely continue to text Nadeau.”

“Shortly after that, we had our time to shine on the biggest stage that we’ve ever been on,” Homer said.

“Now that we’re talking about being suspended,” Jackson said. “I’ve never been involved with any kind of trouble, and I didn’t do anything wrong.”

The murders of Ahmaud Arbery son following the murder of George Floyd and for me to continue to get that education that I’ve received. The groups I’m a part of and the education that I’ve received. The language used to describe and the importance of representation. People are starting to get that movement for social change and its sentiment.

That being said, the returning wrestlers and their accomplishments. For us, it’s taking that to the next level to really integrate and empower black athletes and our voices and letting their and their education and not athleticism — not athletic ability — define them.

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