

By Tyler King THE DAILY COLLEGIAN

ast season, Penn State had one of the best one-two scoring punches in the Big Ten -

Tony Carr and

Lamar Stevens. MEN'S The duo that **BASKETBALL** played together growing up and at Roman Cath-

olic High School led the Nittany Lions to their most successful season of the Pat Chambers era, winning 26 games and an NIT Championship.

They were like Batman and complementing each Robin other perfectly.

But then Carr left to pursue his dreams of playing professional basketball, leaving Stevens all by himself to assume the role of Bat-

new question heading into this season — who is going to be the new Robin?

Two games into the season, we thought the answer was freshman guard Rasir Bolton.

He and Stevens combined for 50 points in the win over Jackson-

Nittany Lions weren't going to miss a beat from last season.

But then, things got sidetracked. Bolton had an 0-for-10 performance a few days later at DePaul and he had himself a rollercoaster next two months, culminating in a scoreless performance in just six minutes against Michigan State in early January.

Since then, however, Bolton has turned it around.

He's been in double figures in the eight games since that disappointing Sunday afternoon against the Spartans.

He's averaged almost 16 points per game over these last eight games and capped it off his 21-point performance in Penn State's dominant 95-71 victory over Nebraska on Tuesday night.

Maybe we were right to dub Bolton the Robin to Stevens' Batman back in November. Chambers certainly thinks so.

'Lamar has been very consis-That, however, created a brand tent all year I think we'd all agree with that," Chambers said. "We always just need another Robin to the Batman. We need somebody to help him out, and sometimes we don't have that. When we're able to shoot like that or [Stevens and Bolton] are able to shoot [well], it just opens up evville State and it looked like the erything else."

take some time to get himself adjusted to the college game.

"When you first come in as a freshman you just do what you know, do what you did in high school and hope it works, really," Bolton said after the win over the Cornhuskers.

"You don't really go through scouts or coaches scouting you, everybody looking and knowing your tendencies, they know what you like to do."

What Bolton knew coming from high school was shooting the ball. So that's what he did.

Some nights it led to a 7-of-9 performance from 3-point range against Colgate, but other times it resulted in an 0-for-5 game from beyond the arc, like the one he had in the first matchup against Nebraska in early January.

But lately, the game has slowed down for Bolton and it has translated into more consistent performances, especially from 3-point

The freshman from Virginia was 3-of-5 from distance against Purdue over the weekend and he followed that up with his 3-of-

4 performance on Tuesday night. After spending the first half of the year in and out of the start-

observing the tendencies of the opposing team for a few minutes before coming in and playing

around 30 minutes per game. Could simply playing consistent minutes be attributing to his success?

working on my game every day and having my teammates believe in me. [They tell me], Just keep going and keep playing Ra. You miss a cou-

'No doubt," Bolton said. "Just

ple shots, just shoot again." Bolton has become more comfortable on the floor and is now starting to tap into his potential as a scorer that can get points at all three levels at the rim, mid-range and from beyond the arc.

Tuesday night's performance was his best Big Ten performance to date and he combined with Stevens to do something Carr and Stevens never did in a Big Ten game last season — score 50 points together.

"I thought he played a really well balanced game. I challenged him to really share the ball and look for threes, search for threes, as well as keep putting pressure on the ing lineup, Bolton has now settled paint," Chambers said.

"I thought he mixed it up very well today. He got in the paint, he finished and he got some threes. It was really nice to see him play with such amazing confidence and I think he accepted that challenge."

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We always just need another Robin to the Batman. We need somebody to help him out, and sometimes we don't have that. When we're able to shoot like that or [Rasir **Bolton and Lamar** Stevens are able to shoot [well], it just opens everything else."

Pat Chambers

Coach

THON VERSUS GRADES

Students, professors discuss juggling schoolwork with Penn State THON commitments

By Cayley Urenko THE DAILY COLLEGIAN

For some Penn State THON directors and committee members, THON acts as a part-time job because of the hundreds of hours they put into planning and preparing for the weekend-long event.

THON volunteers may struggle with heavy workloads the days leading up to and following THON weekend. In addition, some deal with professors who are seemingly unsympathetic toward THON com-

Alexis Hauser, who danced for the business fraternity Phi Gamma Nu, said she made sure her homework due this past Sunday and Monday was done ahead of time.

'I don't really plan ahead often [with my schoolwork], but I didn't want my grades to take any sort of hit for small homework assignments being turned in late," Haus-(senior-agriculture business) Edward Glantz, teaching pro-

fessor of information sciences and technology, said most professors want students to be successful and appreciate the clubs and organizations at Penn State professors feel differently.

"Some instructors, for whatever reason, have the impression that [students] only have to worry about [that instructor's one class], so they aren't very sympathetic to anything going on in [a student's] life, or any other classes [a student] has,"

Tajul Cauffman, who is currently living in Hershey for the Penn State Nursing program, participated in THON this weekend with her sorority, Epsilon Sigma Alpha. She had to two hour drive [to Hershey].



Volunteers perform the line dance during the Final Four of Penn State THON at the Bryce Jordan Center on Sunday, Feb. 17.

travel to back to Hershey immediately after THON ended because of her early classes on Monday morn-

'Some of my professors weren't considerate to the fact that many of us are involved with THON even though we reside in Hershey this Cauffman (junior-nursing) said. "I was exhausted, and the last thing I wanted to do was make the

Cauffman's Monday morning classes are attendance-based, so she had no other option than to drive home on Sunday night. Hauser said she "lucked out"

with having professors who were familiar with THON and supported her efforts.

"My Spanish professor excused me from class Friday and Monday

said. "I talked to her Wednesday before THON and she immediately offered me these accommodations, but for my other big lectures, I didn't bother emailing my professors."

Chandler, assistant Curtis teaching professor of journalism, said there is no point in resisting THON because of the overwhelming amount of students involved in and is letting me make-up a quiz at the event. He decided to tie THON her office hours this week," Hauser into his syllabus and have students

cover the weekend-long event as assignments for his hands-on courses.

'I find a way to adapt the assignments so they can do their THON stuff, but still learn something from covering THON," Chandler said. "The thing I like about THON, from an educator's standpoint, is that students are really into it. Anytime people have that much motivation for something, it's a good teaching situation.'

Chandler said he tries to incorporate THON into regular class les-

He said when discussing intellectual property, he used the example of how THON uses music in their promotional videos without permission, and has a class discussion about it. "[I'm] lucky because journalism

covers events and so incorporating things like this into class makes sense, where it would be a lot more difficult if you were in an engineering class or something, unless [students] are going to look at the physics of dancing for 46 hours,' Chandler said.

Hauser said her advice for students dancing in THON in the years to come is to plan ahead and speak to your professors ahead of time.

'I stalked Canvas and made a list of everything due the week before and after THON. That helped me prioritize what needed to be done and what I could hold off on," Hauser said. "Also, talk to your professors in person the week of THON because they are usually okay with making adjustments for you."

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Blue Band stays busy during the spring

By Grace Miller THE DAILY COLLEGIAN

It may be the off-season for the Blue Band, but there's still plenty of work to be done.

Samantha Strong plays the alto saxophone and was a squad leader in the fall. Strong (junioranimal science) has been in the Blue Band since her freshman

"I was brought up loving Penn State," she said, recalling how the first time she ever saw the Blue Band perform her aunt suggested she should do it.

Now, it's her reality and Strong said she has gained a valuable support system.

We get to do amazing things," Strong said. "We get to march in the stadium, and travel and support our school, but I think my favorite part is the people you get to meet, just because the Blue Band represents every college across campus. I wouldn't know half the people that I know that I'm super good friends with now if it wasn't for the Blue Band."

Strong fondly remembers playing saxophone with her Blue Band friends in Disney, but says her favorite memory with the Blue Band is her first football game.

"I remember I was standing in the tunnel for the first time and crying because I was so excited," she said. "Being able to do that with your best friends and watch other people get the opportunity to do that and see how important it is to them and how special and touching it is to everyone in band is a really special experience." Now, during the spring semes-

ter, Strong plays in the pep band for the men's ice hockey team. The ice hockey band team is exclusively made up of Blue Band members, unlike the basketball band team, which is campus-

> **PennState Eberly College**

of Science

Strong was also on the Blue Band formal committee. She will play in other Blue Band events of the spring semester, including For the Glory, THON, the Blue and White Game and various other events across campus. The Blue Band also gives tours in the Blue Band building to interested high schoolers.

Strong said that many Blue Band members will take advantage of other music-related opportunities in the spring when there's not a strict schedule.

Jackson Kollasch has played trumpet in the Blue Band for almost one year now. His schedule regarding Blue Band activities is much different this semester than last semester.

In the fall, Kollasch (freshmanbiobehavioral health and trumpet performance) said that he had practices from 3:45 p.m. to 5:35 p.m. every Monday, Wednesday and Friday. In addition, there was practice every Tuesday from 5 p.m. to 9 p.m. and, of course, the football games.

Now, as he doesn't play for hockey or any other spring sports. Kollasch said he has more time to pursue other music-related activities like symphonic band and a brass quintet.

Even when he's not as actively involved, though, Kollasch said the Blue Band is something he really loves.

"Ever since I was younger," Kollasch said, "Penn State was like home for me and it was always something that I had growing up. And whenever I'd come to games, I would always hear the band and it always seemed like a dream that was just out of reach."

Kollasch's favorite memory was last semester during the first week of band camp when the "rookies" were jokingly told to run a lap for not knowing the words to one of the fight songs. All of the other band members Honestly, I know that if I need really be like a positive role model



Christina Barnes (junior - communication sciences and disorders), Samantha Strong (junior - animal science) and Jackson Kollasch (freshman - bbh and trumpet performance) sit in the HUB on Feb. 20.

formed a tunnel and gave them anything they'll always have my high fives as they ran through.

"That was one thing where you just got to feel the love from everybody and I'd say when we were all huddled together at the end, listening, that moment was just a powerful moment of 'I know I'm supposed to be here," Jackson said.

So far, Kollasch's experience in the band has been special.

"It feels like I'm living my dream from a younger age where I've always wanted to be in the Blue Band," Kollasch said. "It's surreal."

Even though it is his first year, Kollasch said he's gotten close to other members and has come to love the positive environment.

"At least in the trumpet section, it's like one big 70-person family.

back," Kollasch said. "I'd say joining Blue Band is probably one of the best decisions of my life.'

Tenor saxophone player Christina Barnes feels similarly.

'Music has always been a huge part of my life, and coming to college I knew I wanted to be in the marching band so it's always been a dream of mine to be in the Blue Band," Barnes (junior-communications sciences disorders) said. Barnes has been in the band for three years, and like Kollasch, doesn't play for any spring sports. However, Barnes said she did play for prospective students at Beaver Stadium and recently performed at THON.

During the fall semester, Barnes was a section leader.

"I feel like my main goal was to

for the other members in the section," Barnes said.

Through experiences these, Barnes has made connections with other band members.

"The best parts are the memories and the friendships that you make from it," Barnes said. "I've made lifelong friends and I've travelled the country with them, so I've made a lot of memories."

Her favorite memory is the first time she came out of the tunnel for the White Out game against Ohio State.

"I'll never forget just what it looked like," Barnes said. "It was blinding. Just like a sea of light coming out of the tunnel. Just that overall game was really exciting."

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Movin' On adds important new security measures

Movin' On is Penn State's popular, free outdoor concert held in the spring every year, and this year, it's undergoing some new security measures.

FEB. 21-24, 2019

Per a press release from the festival, the new procedures will included increased staffing, two exit and entry points and a prohibition on both bags and bottles.

WIth how big of a deal the festival is, it seemed about time that changes and improvements were made to security, though there are some questions about implementation and enforcement.

For starters, much of the festival has felt unorganized in the past in terms of crowd management, and that was even when things were running

OUR VIEW

With a festival of this type and size, safety and security need to be a priority

smoothly, so with increased security and unruly, inpatient students, it remains to be seen how well the operation will run in the future.

As for the two entry and exit points, that's an upgrade over the previous system which just gave students free reign to enter and exit the festival whenever they saw fit, leading to disorganization and a hectic environment.

The two entry and exit points may streamline that process slightly and make things more

manageable.

But in the case of inclement weather or worse, it seems like if there were a mass exodus of people trying to get out, that chaos would ensue and the exits would end up clogged.

The other reason these security changes are important is because it was rare to find an outdoor music festival of this size to have such little security in place, making it unique, though not nec-

essarily for good reasons. It's imperative a festival

like this, with thousands of guests, that as many safety measures are taken as possible – but having the measures isn't simply enough.

There needs to be a mechanism in place to implement and enforce these measures.

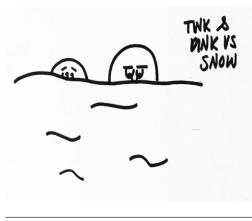
For instance, if a student shows up with a bag, will they be turned away or will it be emptied and then security acquiesces or will nothing happen?

This measure is likely meant to curtail drinking and other illicit activities at the event, which claims to be drug and alcohol free. It doesn't seem very clear, however, if the measures could really protect against violence.

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Regardless, these new rules may encourage students to pregame, and then either just show up under the influence, or as a residual and negative side effect, could deter people from going altogether with students seeing drinking with friends as a more enticing option.

All in all, more security is certainly needed at the festival, but there is also a line to be straddled between security and safety compared to being overkill - so far it seems the festival seems to be heading in a good direction.







IT WAS LITERALLY EASIER TO WALK MENUND IN THE



MY VIEW | Madeline Messa

PewDiePie's fight shows he power of the individual

With over 86 million subscribers, PewDiePie has been the king of YouTube since the plat-



popularity. At the time I am writing this, he is hanging a 10,000 subscrib-

an music production channel. The battle

form first gained

onto that title by

er gap between

T-Series, an Indi-

himself and

began in September and was predicted to end with a transfer of the crown to T-Series by the end of November.

Now that it's mid-February, Pewds has shown the internet the power individuals have when they set their minds to some-

Roughly four months past when he was predicted to be surpassed, PewDiePie is only now having his place at the top

threatened. Whether or not you care about PewDiePie, or if you have even heard of T-Series, the traction this has gained is massive. It is possible that the music channel that came out of nowhere climbed ahead by the time this is published, but the millions of people who got involved did not do so in vain

The past several months show we are capable of unifying, that we see benefits in congregating for a cause we support in resistance of a company with an unfair advantage. Over 20 million people added to Pewds' sub count — eat your heart out, Jake

There are suspicions that T-Series uses bots or automatically subscribes people with You-Tube accounts in India, but PewDiePie appealed to everyday

Memes sprung up across the web, covers of the parody song "B---h Lasagna" went viral and the weird beauty that is the internet gave a rallying cry.

You would have to blindfold vourself and act as though you were in Bird Box to not catch at least a peek of the rebellion.

I couldn't help but smile when I saw flyers asking people to sub to PewDiePie on corkboards in Willard's hallways.

The loudest anyone around me cheered during this year's Super Bowl was when we glimpsed YouTuber Mr. Beast and his friends pointing at their "Sub 2 Pew Die Pie" jerseys between the field goal posts.

Every time the sub gap narrowed and it looked like the king would be overthrown, tens of thousands of people emerged



PewDiePie visits The Late Show with Stephen Colbert on Oct. 1, 2015 in New York City.

from the shadows to keep the fight alive. The sheer number of people this race has gathered is astounding.

PewDiePie will still be the number one individual on You-Tube even if T-Series outdistances him; companies claim many of the top spots, but individuals take only a few of them.

No matter how it ends, the

last few months have been fun and showed individuals have power to be proud of.

Here's a bro fist to the millions of new subscribers.

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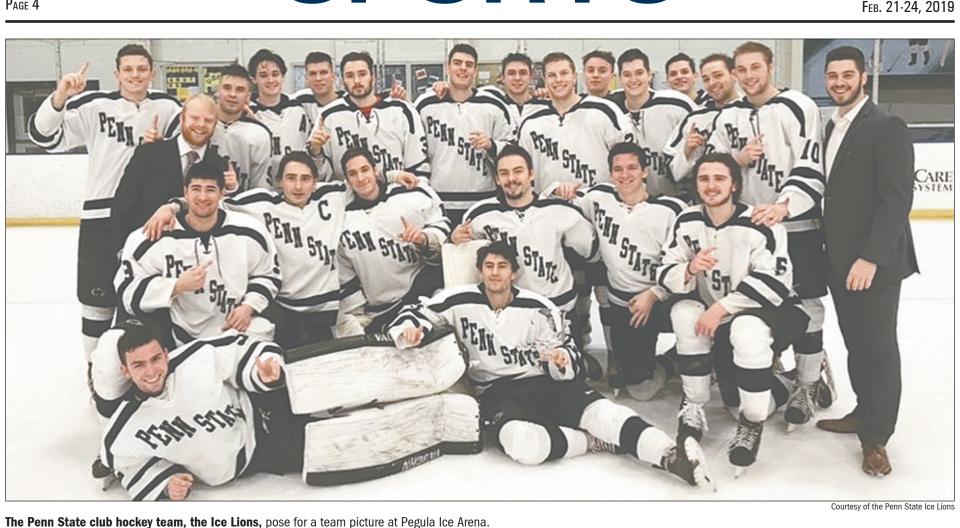
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Complaints News and editorial complaints should be presented to the editor. Business and advertising complaints should be presented to the business manager.



Ice Lions fight to carry on tradition

By David Eckert
THE DAILY COLLEGIAN

carving up the ice at Pegula Ice Arena.

CLUB SPORTS

pucks Soon. started clanking and thundering

from the endboards behind the nets. The lights in the surrounding

concourse flickered off as the practice carried on.

jeers from the bench after missing the net with his shot on a breakaway.

Another flapped his arms like wings in celebration after scoring in a shootout drill, a nod to Evgeny Kuznetsov of the Washington Capitals.

The clock read 10:47 by the time Penn State Ice Lions, with a day of travel ahead of them, concluded practice and skated off the

But they didn't seem too preoccupied by the time. This practice, after all, was a precious reward of time, money and energy from all involved.

"We don't get a lot of help," senior captain Stefan Horgas said.

Penn State run deep, dating back It was well past 9 p.m. on a to 1971, when the old Icers played Tuesday night when skates began the first game of what became a remarkable, 41-year run of excel-

The Icers won seven national championships, including six off the goalposts under coach Joe Battista, who helped create the American Collegiate Hockey Association, which now governs hundreds of men's and women's club teams at schools across the country.

The Icers endured just two los-One player drew chirps and ing seasons and compiled a .746 winning percentage before giving way to Penn State's Division I program in 2012. As the best men's hockey product available in State College at the time, the Icers benefitted from all of the perks resting at the top of the public interest food chain.

"We used to refer to ourselves as the best varsity team that wasn't," Battista told The Daily Collegian. "Other than scholarships, we essentially ran our program like a Division I team."

annual recruiting trip, heading that comes only twice a week, at up through the New England the cost of a serious commitment states, New York, Toronto, Ohio and western Pennsylvania on the hunt for players who might fit his team.

Horgas, who grew up in State State club hockey, the Ice Lions

The roots of club ice hockey at brother Brendan, who also plays rink this season. for the Ice Lions, vividly remembers attending Icers games as a child at the old Greenberg Ice

> "It was definitely more of a niche thing, but they would always have people packed like sardines in the old rink," Stefon said. "It was unbelievable. The atmosphere was unbelievable.'

> That unbelievable atmosphere created equally unbelievable perks for the players.

Because the Icers drew so well, more difficult. they earned sponsorships from companies like Pepsi, McDonald's and Dairy Queen, according to Battista. They charged \$7.50 for an adult game ticket and \$5 for students back in the 1990s. The Icers, at one point, had access to an endowment of around \$200,000.

All of that revenue significantly lessened the financial stress involved with playing for the Icers. It's a luxury that the Ice Lions, who have loomed in the background "unofficially" since 1972. Battista said he even took an according to Battista, do not make it work.'

able for them," Battista said.

College alongside his younger played two games in their home

They made seven trips out of state, going as far as Louisville, Kentucky — a drive lasting over eight hours.

A perfect storm of restricting factors has made it nearly impossible for them to book games at Pegula Ice Arena. Though the Ice Lions predate Penn State's Division I programs, the arrival of those teams and the interest they've captured in the community has made things

Conflict with the schedules of the Division I men's and women's teams is the most obvious among them, but club president and goaltender Will Holtforster said Penn State's distance from other schools also prevents the Ice Lions from playing at home as much as they'd like.

"The DI teams are placed first, as they should be," Brendan Horgas said.

"No one's disputing that on our end. It's just a little frustrating on our part trying to co-exist and

All of the travel makes for a "I wish there was a way for us hefty price tag. Holtforster said to be able to make it more afford- the team's dues are expected be between \$3,000-\$3,500 this season, among the heftiest price tags Now at the forefront of Penn attached to the 57 club sports teams Penn State offers.

Holtforster was quick to point out, though, that it's a cheaper option than playing junior hockey - the route taken by most players who end up competing at the NCAA level.

He worked at the Penn Stater as a freshman and in the Sbarro inside the HUB briefly as a sophomore before the time commitment associated with being an executive and the need to be constantly available to his team-

mates became too much. "They don't take too kindly to [answering the phone]," Holtforster joked.

"You've got to be there making pizzas."

The time constraints created by school and hockey make it too difficult for most of the other players on the team to work as well, Holtforster said.

But while the Ice Lions' spreadsheets might look a lot different compared to Icers of yesteryear, the on-ice success has been quite

The Ice Lions captured their second consecutive Mid-Atlantic Collegiate Hockey title on Sunday, rallying from a 2-0 second-period against Liberty to claim a 4-2 win. Holtforster, Jake O'Donnell and Mike Lassik claimed all-tournament honors.

Visit collegian.psu.edu to read the full story.

Nolf and Nickal spell success for PSU as well as each other

By Jake Aferiat THE DAILY COLLEGIAN

Penn State coach Cael Sanderson usually has a knack for spotting talent and potential and shaping his athletes into wrestlers that, like Sanderson,

WRESTLING

tend to go down in the annals of wrestling history.

But even Sanderson admitted at first he wasn't sure Jason Nolf and Bo Nickal would put together the careers they have.

And while that can be construed as doubt, Sanderson insists he's always believed in them, but the onus for their success was always on them.

"We were hopeful. I'm not going to say that we thought they'd both be in the position they're in right now," Sanderson said. "We were hopeful and we believed in them but ultimately it's always up to those guys being ready in the big moments and living the right lifestyle and continuing to improve. They've both been outstanding, obviously.

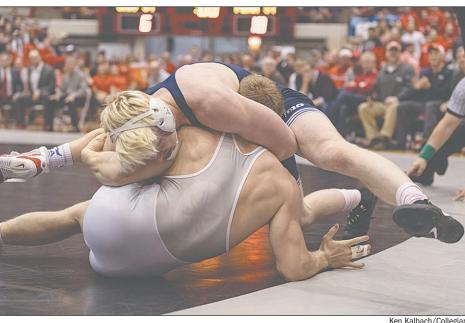
The duo of Nolf and Nickal redshirted their freshmen years, but since then the pair have taken both Penn State and the wrestling world at large by storm.

Nolf is first in program history with 56 falls while Nickal is second with 54, and the pair are numbers three and six all-time in program bonus point wins while both will end their Penn State careers in the top-20 in all-time wins and boast a combined record of 219-6.

Success has become synonymous with their names, but so too have flair and passion — Nolf is known for his incredibly unique, seemingly ever-changing style while Nickal is known for his lethal cradle that usually results in a pin.

But All-American Shakur Rasheed's description of the way the two wrestle was far more concise, needing just one word each to describe them.

"Nolf is like an artist — very creative and you don't know what he's going to do out there," Rasheed said. "Bo is a showman.



Ken Kalbach/Collegian

Bo Nickal pins Kollin Moore of Ohio State at St. John's Arena on Friday, Feb. 8.

lot of things other people won't and that's what makes him special." In Rasheed's experience, Nolf's artistry

manifests itself in practice and his masterpieces occur when it's least expected. As a result, Nolf has endeared himself

as Rasheed's favorite wrestler in the pro-"Nolf reminds me of an artist because

he's doing things where you can show him a move you made up and he'll do it," Rasheed said. "Then you're like 'Yo I was just kidding, you're not supposed to do that.' He's my favorite to watch, for sure."

Rasheed has been in the room with both for the last five years and as the trio are slated to wrestle in Rec Hall for what could potentially be the final time, he emphasized that their impact on the program extends beyond the pages of any record

"We're all family now. Yeah it's our last match, but we'll always stay in touch and

He likes to put on a show and goes for a be together and continue that relationship as life goes on," Rasheed said. "It's not the end for us, but it's the ending for our college careers. It's definitely gonna be pretty emotional but we're still gonna be family at the end.'

The duo's wrestling has meant success for Sanderson and the program.

And make no mistake. Wrestling is im-

portant to both of them. Yet, it's the familial bond that has de-

veloped over the past five that has meant more to Nolf and Nickal than the wrestling. "He's obviously an amazing wrestler,

but he's an even better person just being around for me if I ever need him," Nolf said of Nickal. "It's been amazing the last five years. It really does fly by fast and you don't even realize it. It's been the best five

years of my life." Nickal echoed a similar sentiment and intends to be in Nolf's life for more than

just the past five years. "We challenge each other a lot and we

can learn from each other in so many different ways. Wrestling-wise he's definitely someone that's super creative and I like just being able to watch him and watch him and compete," Nickal said. "He's one of my best friends - Jason's definitely somebody I'm really happy to have met here and

he'll be a friend for the rest of my life." As Nickal, Nolf, Rasheed and others get ready to wrestle in Rec Hall for one final time on Sunday, they'll still be in the lives of Penn State fans for the foreseeable future, though it's more for on the mat exploits than the day-to-day interactions they had.

Both Nolf and Nickal are keenly aware of that but for them, they hope it's the effort and passion that shaped their legacy more than the results.

"I don't really know long I'll be remembered for," Nolf said. "But I guess I'd just like to be remembered for how hard I work and how hard I wrestle."

As for Nickal, he was equally as quick to downplay his accomplishments.

"I think aside from winning national titles and things like that, I just hope that once I'm done wrestling at Penn State people will have enjoyed it and will look back at the matches and hopefully they brought them joy," Nickal said.

Sanderson is the best college wrestler in the sport's history and on his way to becoming one of the best coaches ever.

And in his 10 years at Penn State he's coached 51 All-Americans and seen his wrestlers take home 20 individual NCAA titles.

But ultimately, it's Nolf and Nickal who Sanderson feels are potentially up to par with where he was when his career ended, for both on and off the mat reasons.

"[They're] the kind of men that kids would look up to. We're not worried about them ever in any situations and how they'd react," Sanderson said. "That speaks volumes about who they are - two of the best that will ever wrestle."

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Faceoff specialist Arceri meets his match

By Shane Connelly THE DAILY COLLEGIAN

Penn State's matchup with Yale is not only the clash of two top-10 teams, but also a battle between

MEN'S LACROSSE

in the country. When these two teams hit the

two of the best

faceoff specialists

field, the game will begin with the first of many clashes of Gerard Arceri and TD Ierlan.

Arceri has had a triumphant return to the field this season after ending 2018 hampered by injury.

And despite his hamstring being nowhere near 100 percent, Arceri still turned in a season that earned him 2018 Big Ten Specialist of the Year and a top-20

Tewaaraton nomination. Arceri earned his accolades by sporting a .681 faceoff percentage, 216 total wins and 145 ground

Through three games this year, Arceri has a .796 percentage, 39 wins and 26 ground balls picked

His current win percentage just barely edges out the NCAA Division I record that was set Ierlan himself. Ierlan is just be-



Midfielder Gerard Arceri (40) cradles the ball in a game against Robert Morris in Holuba Hall on Feb. 9.

ginning his first season with Yale. He spent the previous two years at Albany where he established himself as one of the best faceoff specialists in college lacrosse.

Ierlan didn't just set a new Division I record for faceoff percentage in his final year with the Great Danes, he also broke the records last season by none other than for faceoff wins and ground balls with 359 and 254 respectively.

His throughout the season earned week eroded the rankings. him a Tewaaraton Award nomination alongside Arceri.

start Ierlan expected when he signed on to join the defending national champions. Yale came into the season said.

grabbing the No. 1 spot in virtu-

consistent domination in its first game of the year last

Now, Ierlan believes the Bulldogs have to come out and make This season has not had the a statement against No. 2 Penn

"I think Penn State's a re-ly good opponent," Ierlan "I think us, coming off a loss especially, there's probally every major poll, but a loss ably a lot of question marks on

the outside about how good we really are this year."

Ierlan and his team have a plan to answer those questions on Saturday.

'We just gotta do what we're good at, and I think when we lost to Villanova we just kinda got away from what makes us us," Ierlan said.

"So we just gotta go out there and put it together.'

Even though Penn State lost its chance to knock off the top team in the country, Arceri warns against underestimating the opponent.

"I know that no matter what record Yale has going into this game, they're gonna give us their best," Arceri said. "We know they're gonna give everything they got. They've got some really talented players over there, so we're all just really excited."

The relationship between the two aces goes beyond just competitors.

Both growing up in the state of New York, albeit on opposite sides of the territory, Arceri and Ierlan got to know each other a little more as they rose to prominence in the lacrosse scene. Visit collegian.psu.edu to read

the full story.

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Bigar's Stars

ARIES (March 21-April 19)

★★★★ Others notice how focused you might be on a project, a book or even getting your taxes together. You might not be ready to share your thoughts as of vet. Tonight: A dear friend and/or loved one proves to be most receptive. TAURUS (April 20-May 20)

★★★ You cannot sit on your creativity. Whatever you decide to share, your imagination will benefit. You could want

to focus this energy into a budding romance or a child. Others are clearly drawn to your energy, Tonight: Choose your favorite means of relaxing. GEMINI (May 21-June 20) ★★★★ Make it OK to play it low-key and

not be available. You have a lot going on and need some downtime to clear out as much as you can. Humor a roommate or a family member, maybe even the cat. Tonight: Energize, and paint the town CANCER (June 21-July 22)

**** You will want to take action no matter what goes on. Do not push too hard for others to agree with you. Just be open to their ideas. You will see the same openness extended toward you sooner rather than later. Tonight: Make it an LEO (July 23-Aug. 22)

*** You might be rather remote or obsessive about a certain topic. By all means, throw yourself into your focus. At a certain point, you will become more available. You will see the happiness in a friend's face when you are present once more. Tonight: Let the party go on.

VIRGO (Aug. 23-Sept. 22)
★★★★★ Others might feel somewhat off,

but you feel on top of your game. Your attention to detail and quiet but strong energy draw others to you. You have reason for celebration. An offer or invitation might be too good to be true.

Tonight: All smiles. LIBRA (Sept. 23-Oct. 22) ★★★ Use this period to catch up on lost sleep and add to your vitality. Soon enough, you will feel as if there is no stopping you. A call or a conversation needs to be kept hush-hush. Tonight:

Nap, then decide. SCORPIO (Oct. 23-Nov. 21) **** Trust yourself to make the appropriate decision. Give up on creating anxiety and worrying over and over again. You could be tired of overthinking issues and pushing so hard. Greet life with a more open mind. Tonight: Where

Thursday, Feb. 21, 2019

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SAGITTARIUS (Nov. 22-Dec. 21) ***

★★★ You become a star wherever you

are. You most likely will be out when you receive acknowledgment for a job well done. Be gracious, but plan on celebrating good news in the evening. Tonight: Popping a bottle of champagne. CAPRICORN (Dec. 22-Jan. 19)

★★★★ Reach out for someone at a

distance who sometimes has avant-garde ideas that make you flip out. Nevertheless, you always find these conversations noteworthy, as they open up your thinking, Tonight: Others seek you out. AQUARIUS (Jan. 20-Feb. 18) ★★★ A close associate takes the time to

explain a financial proposition that might be of interest to you. Do not commit unless you want to. If romance is tied up with business, you might feel as if you must agree. Tonight: Let a discussion extend into the evening. PISCES (Feb. 19-March 20)

★★★ You expend a considerable amount

of time thinking through a decision. You feel as if you have no choice, but you always have choice. Give yourself some time to think through your alternatives. Tonight: Out, but slow down the pace.

YOUR BIRTHDAY MESSAGE:

This year, you open up to new ideas and possibilities. Let go of the need to keep certain details consistently uniform. If single, your newfound openness draws many potential suitors. Do not commit unless you are 100 percent sure, If attached, pretend once in a while to be a well-known romantic from literature or the movies when interacting with your sweetie.

VIRGO fusses a lot. **BORN TODAY**

early night.

Astronaut Scott Kelly (1964), fashion designer Hubert de Givenchy (1927), celebrity Blanket Jackson (2002)

<u> Today's Crossword</u> presented to you by

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Across

15 Swift

1 Hit hard 5 Menacing look 10 Wheelchair access 14 Sport with mallets

16 Inflatable things 17 Jason's ship 18 Perpendicular to the

19 Junkyard dogs 20 Contagious disease

22 Far East 24 Abbr. in car ads 25 Ginger cookie

26 Kind of hat 30 Waddled

34 Wagner work 35 Daphnis's love 36 Singleton 37 Endure

38 Get into shape 39 Guitar forerunner 40 Function

41 Impressive 42 Honored 43 Ring

45 and shakers 46 Bête noire 47 Golfer's goal 48 Gets rid of

51 Nocturnal burrowing mammal

56 Walk in water 57 Bring upon oneself 59 Chipping choice

60 Breakfast staple 61 It may be present **62** Sheltered spot

63 Tanners catch them 64 Knight mare? 65 Accomplished

2 Contemptible

10 Formula

person 3 Aquatic plant 4 Shed item 5 Italian brandy 6 Toil

7 Pinnacle 8 River inlet

9 Alberta city

11 Tropical fever 12 Poetic time of day

13 Attention getter

21 Tibetan monk 41 Pesky insect 42 Auto maker 23 Appraise 1 Healthful retreats 25 Sound 44 Be preoccupied 45 Ruined

26 Frigid 27 Abreast (of) 28 Retreats

29 College major 30 Macbeth, for one 31 Way to go

32 Computer command 33 Legal documents **35** Box

novel)

51 High school 38 Passes through "My Name Is Asher
__" (Chaim Potok

breakout 52 Cheer starter 53 Show horse 55 On bended_

50 Jittery

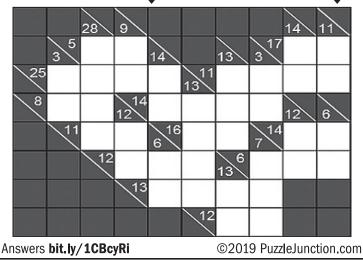
47 Hesitate

48 Water pitcher

49 Completely

54 Throw, as dice 58 Butterfly catcher

Kakuro (Cross Sums)



WRLICENSEPLATEIDNR

the Car

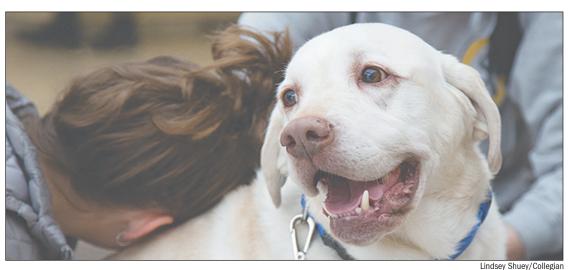
Time to Wash

Bucket Chamois Chrome Clean Driveway Fenders Glass Hood Hubcaps Lights Mirrors

License Plate Rinse Roof Scrub Soap Sponge Squeegee Suds Tires

ITSPFSEEGEEUQSBVBH NDRDUOBQHNHCLEANXA DTEIPHOUCSJDYPKMSW OQDVNSVRHESXAACISG WSNOLSQYRRKOWHOUSG SJEPZGEHOISCTMWXAS ZJFHQKFRMTPWAOSBLV BDQEICRGEEHHZOWSGF J R L E K I I T E K C U B S U E Z U H F L E M N F H F X Z X V Y C B L S IHDRIVEWAYMPEUCRPS M S M P Q H W H E E L S S O F A U A WUESOZSTHGILBPCWIB XRYERYCDVVNRLBOMAS

M B V K H O O D N G Y L U W I N I B Towe**l**s MUUCAVOQTIMHEAAMGW Wax Wheels UYDHDSUDSUWZHXKVQE Windows Windshie**l**d



Students pet Luke, a yellow lab and CAPS therapy dog, in the HUB-Robeson Center on Thursday, Feb. 14.

Meet Luke: CAPS' new therapy dog

By Tina Locurto THE DAILY COLLEGIAN

Luke Doby enjoys spending time with his family, going on woodland hikes and eating lots of snacks. Above all though, his favorite thing to do is to go to work.

Running to the garage and grabbing his own leash. Luke bounds around his house ready for another day as Penn State's Counseling and Psychological Services one and only therapy

dog.
"To have a therapy dog, you have to have a dog that just has a really nice, easy disposition,' Luke's owner, Maggie Doby, said. "Luke likes every and all types of people — he just really loves to be with people.'

Doby, who first started as a clinical services provider for CAPS in 2011, decided to incorporate her four-legged friend into her work life as her passion and belief in using animals as therapy tools grew.

Particularly, Doby said petting a dog can "almost immediately" decrease one's heart rate, lower their stress levels, relax their muscles and regulate breathing. On a more technical level, she said animals have the capabilities of decreasing a stress hormone called cortisol.

In return, levels of oxytocin —

mone" — are increased.

Prior to working at CAPS, Luke underwent training with the Canine Good Citizen Program before taking the Therapy Dog International Test.

During the test, Luke was required to complete a number of tasks, such as responding to unusual situations, dogs and chil-

Doby said the only test he struggled with called "leave it." was not eating food presented to him. "It wasn't too hard for Luke, because he is just a really pretty trainable dog," Doby said. With certificate in paw, Luke

began at CAPS in 2015. His primary role is to assist with outreach programs. Dennis Heitzmann, a former CAPS director, played an integral role in encouraging Doby to pursue Luke's certification "When Maggie offered Luke to

become the CAPS resident dog, to become a regular presence at events across campus, it seemed like a wonderful idea," Heitzmann said. "In collaboration with the administration and the Office of Risk Management, Luke became

Just last week, Luke made an appearance in the HUB-Robeson Center on Feb. 14 to greet students walking bv.

While students gave tummy often referred to as the "love hor- rubs and head pats, employees

at CAPS used the opportunity to advertise "CAPS Chat," a free service that provides informal, drop-in counseling for students looking to get advice in areas like anxiety, college life and relationship issues.

Within the first hour, Doby said over 200 students had come to the CAPS table in the HUB.

Additionally, she said many students affirmed seeing Luke 'made their day" and alleviated exam stress.

"Those types of comments really make us feel really glad we can offer a service like Luke to the Penn State student population, because he does really seem to put smiles on faces pretty quickly," Doby said.

Susanna Hummer, a case manager at CAPS, has worked closely with Doby in order to bring Luke and other dogs to Penn State students for events.

Coming up, Hummer said she is planning a Caring Canine Day outside of the University Health Services lawn on the Tuesday of

Luke, along with other animals from a local dog organization, will be greeting students to help decrease stress. "I'd say for the most part, [Luke's] living a pretty good life," Doby said.

To email reporter: crl5284@psu.edu. Follow her on Twitter at @tina_locurto.

Dancers detail THON prep

By Cayley Urenko
THE DAILY COLLEGIAN

The Penn State THON 2019 Dancer Survival Guide lists many steps students should take to prepare themselves for the exhausting weekend they are participating in.

The guide provides suggestions to follow regarding dancers' nutrition, sleep schedules, physical fitness and mental health. However, not all dancers follow these suggestions and those who do may not feel the guidelines helped them get through THON Weekend.

the National Student Speech- an emotional rollercoaster. Language-Hearing Society and said she was

drinking alcohol the days leading up to THON, didn't put herself on any strict diets and had a very irregular sleep schedule — but she made it through.

didn't think following all the guidelines in the survival guide

would make or break me getting through the 46 hours," Houser (senior-communication ences and disorders) said. "I received a lot of compliments from other dancers and DCRM's about how well they thought I was doing, so that also motivated me to push through and try to set a good example for the other dancers who were struggling more than I was."

THON 2019 was Houser's first THON — and she participated as a dancer.

"I didn't really know what I was walking into, but I thought it was going to be a lot more mental struggle than a physical struggle," Houser said. Hailey Barnhill said when she

walked around the Bryce Jordan Center floor with her fellow dancers, she could tell who was the full story.

struggling more than others.

"I can't say whether it was due to lack of preparation or what, but you just knew who was hurting,' Barnhill (senior-biobehavioral health) said. "This experience is 80 percent mental. If there is one thing you need to know going into this, it is positive energy, along with continuous stretching is cru-

THON suggests exercising at least three days a week, and incorporating cardio, strength and flexibility training into one's workouts leading up to THON Weekend.

Barnhill said dancers in the fu-Gabrielle Houser danced for ture should be prepared to be on

"The THON staff and comdid very little preparation. She mittee members provided great

resources

these

the

were

Barnhill

training

get you through

"Massages and

times,

athletic

said.

team

pretty

"This experience is 80 percent mental. If there is one thing you need to know going into this, it is positive energy, along with continuous stretching is crucial."

Hailey Barnhill

Senior

much my best friends Sunday morning." Salvatore Pollastro danced for Club Lacrosse and physically prepared by eat-

ing cleaner and

of water leading up to THON. 'I knew that I would have a physically demanding weekend, and wanted my body and mind in its best shape," Pollastro (junior-energy business and finance) said. "Mentally and emotionally I didn't really think about THON

because I didn't want to psych

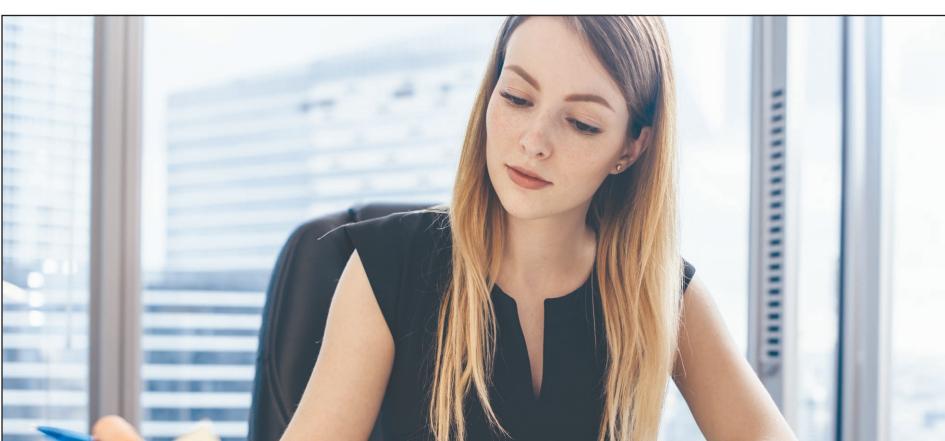
myself out. I just made sure I got

more than seven hours of sleep."

making sure he was drinking a lot

Pollastro said he thinks his physical preparation helped him get through the weekend easier, but he still did have his highs and lows. "The main reason why I was able to get through those tough times is because of the support I had from our THON families and [Club Lacrosse] members in the stands," Pollastro said.

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