

TIMELY TURNOVERS Penn State's defense comes up clutch with a pair of second half turnovers in crucial road win over Iowa

By Dylan Jacobs THE DAILY COLLEGIAN

IOWA CITY, Iowa — In games like this — road games against tough conference opponents -– the turnover battle becomes extra important.

That was certainly evident in Saturday's affair, with two turnovers coming at the perfect time, shifting momentum in Penn State's favor.

that was the case.

Mustipher forced a fumble ered deep in Iowa territory. That lead to a crazy possession that only ended up much in doubt, everyone board, but it still shifted ev- someone to take it. erything in favor of the Nittany Lions.

always "Momentum's

points on the board be- pressure by Windsor. In the third quarter, PJ cause we got a turnover."

that Jan Johnson recov- where there were no turn- terception," Windsor said. overs on either side.

With the result very some."" with three points on the knew that the game needed ble, Penn State's offense

Mustipher was ready for not legally. that challenge.

"Coach [Sean] Spencer they did, and Sean Clifford shifting, especially in a told me 'we need a play," knows that it needs to be game like this against a Mustipher said. "And I told more consistent with those team as good as Iowa," him I got him so that's what opportunities.

That play came at a time the ground and I hear 'in- overs, getting stops.' "And I'm like 'oh that's awe-

On the 3rd quarter fumcouldn't finish — at least

After the interception

said. "It was big time, going "I hit him, took him to out there and getting turn-

> To email reporter: dkj5109@psu.edu. Follow him on Twitter at @DylJacobs.

"Momentum's always shifting, especially in a

"Everyone feels it," Robert Windsor said.

"It's not just the team, the fans. I know you felt it. So that answers that."

Penn State had two turnovers in the late stages of Saturday's 17-12 win, and defender, it's most satisfya better time.

It was clear coming into on the offensive side. the game that the turnover deciding the game.

Mustipher said. "When you I did." make a play like that everybody's hype and we get the that, the game was still in finish. That's the mentality ball closer to the endzone doubt in the fourth quarter. that we need to have." for our offense."

Mustipher feels that as a Brisker made a play. to help out his teammates

battle had a big chance of happy about," Mustipher again. said. "That I gave the of-

And that's when Jaquan

ley, and gave Penn State's capable of doing. "That's what I was more offense great field position

The two turnovers proved fense the chance to put in large part due to the like this," Garrett Taylor

"We gotta punch it in," Even after a play like Clifford said. "We just gotta

Even though they couldn't punch it in both times, it He took advantage of an shifted the game in the Nitboth couldn't have come at ing to make a play like that overthrown ball by Iowa tany Lions' favor, and that's quarterback Nate Stan- just what this defense is

> "Momentum's huge in any game, but obviously in The pick was created an away game in a stadium

<u>game</u> like this against a team as good as Iowa. When you make a play like that everybody's hype and we get the ball closer to the endzone for our offense."

PJ Mustipher



Penn State defensive end Shaka Toney (18) celebrates his team's interception during the game against lowa at Kinnick Stadium on Saturday.



Rye Boeh (freshman-division of undergraduate studies) spreads his arms as he crosses the Tinder and Babe, golden retrievers, pass the IM Building as they near the finish line of the finish line of the THON 5K at the Bryce Jordan Center on Sunday, Oct. 13.



James Leavy/Collegia

Runners take off at the THON 5K at the BJC on Oct. 13. The purpose of the 5K is to support THON's yearlong effort to raise funds and awareness for the fight against childhood cancer.



THON 5K.

Community fights cancer during THON 5K

By Cassandra Kidwell THE DAILY COLLEGIAN

Prior to the start the 19th annual THON 5K, the energy outside the Bryce Jordan Center was vibrant early on, with line dance practices, Four Diamonds children playing, and committees and organizations preparing for the upcoming Fun Run.

The full 5K consisted of a course throughout campus, accompanied by balloons and water stations to keep participants energized in the Fun Run/Walk.

Previous to the 5K was the Kids Race — a shorter, quick dash for children to run.

For special events director Emily Dalo, her day started at 5:30 a.m. as she prepared for one of the first larger THON events of the year.

Dalo (senior-biobehavioral health) was able to see the event form because of her early wake up call, and she emphasized the excitement as she saw the turnout of families and participants at

By the start of the race, the together as a THON community." event's circus theme was apparent with popcorn, balloons and an airbrush tattoo station, all sponsored by PNC Bank.

Dalo said they tied in the idea "dare to be extraordinary," and supporting individuality uniqueness.

There was also a THON raffle that gave participants the chance to buy raffle tickets to win a Penn State jersey signed by Kevin Jonas. Local cover band The Brass Cadillacs also performed after the race.

The THON 5K is open to walk or run, and the Fun Run started at 11:30 a.m., when individuals with their families and organizations for fun.

In relation to THON's recent announcement to the theme of

THON 2020, "Journey Together," Dalo said she keeps the theme

in mind when planning events like the 5K. "I think an event like this is exly what embodies that theme

came to the 5K with club water

polo and the THON OPPerations different THON experience this receiving end and impacting my year — as she is now here to support the 5K with her family as a past Four Diamonds funding recipient herself.

In her sophomore year at Penn State, Bennington (juniornursing) was diagnosed with lymphoma and treated at Hershey Medical Center for several months. Four Diamonds covered and keeping in contact with the expenses that her insurance Four Diamonds families about did not cover.

"Last year I ran the 5K for the could run competitively or walk first time three months post-chemo, so that was very exciting to do and be able finish the 5K," she said.

> This year, Bennington is focusing on the importance of blood donations. She and her supportblood."

in THON with Involved

"I never thought I would be on lies as children get older. Alexsey Bennington said she the receiving end of all THON's support," she said. "I'm really excited to experience THON with a committee, but has a drastically new perspective on being on the family."

Brianna Barker is involved with THON family relations, with a public relation liaison.

In her committee, Barker (senior-science and telecommunications) and other members focus on running the family tents, helping with registration upcoming events.

Barker was previously a photographer for THON, so this is her first year developing direct relationships with families, as she now facilitates interviews with Four Diamonds families.

'In phone calls with families, ers wore matching t-shirts that you get to hear every little detail say, "FIGHT CANCER, donate of what they are going through and it brings you closer to the cause of why we're doing this and "When we walked here [in the she said. "THON is not just a Student Nursing Association dur- why we put in the hard work," she Barker said she enjoys being every year and I think events like THON experience would change able to see the growth and effect of THON on Four Diamonds fami-

Andrew Parks attended the 5K with his fraternity Phi Gamma Delta. Parks and other members involved were supposed to see their THON family at the 5K, but the family was not able to attend.

"Instead we are running with Sigma Kappa, promoting relations and doing events with each other, doing a barbecue at the house after the race to get everyone thinking about THON and what is upcoming," Parks (junior-electrical engineering) said

Parks said they recently went to a trampoline park in Harrisburg with their THON family, wanting to maintain contact and relationship with the family throughout the year.

"Since we see them as often as we do, they are always in the back of our heads," he said." "It makes us that much more motivated to come to events like this," he said.

The THON 5K is just one of the larger events leading up to THON. Still to come is 100 Days 'Til THON on Nov. 13 and the Family Carnival on Dec. 8.

ed tables, we knew we had to put yearlong effort that [continues] thought of how drastically her our heads down and get to work," she said.

this shows that journey we take her junior year.

morning] with just tents and fold- weekend in February — it is a ing her freshmen year, she never said.

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Old Main construction to be finished by spring

By Erin Hogge THE DAILY COLLEGIAN

As one can tell by the scaffolding, the Old Main bell tower is getting a much-needed face-lift.

Construction on the iconic campus structure began in May and was estimated to continue for several months. The chimes have been silent from 6 a.m. to 6 p.m. on weekdays since then, leaving campus quieter than usual.

The purpose of the project is to preserve the campus landmark and extend its life, according to Trey Miller, Office of the Physical Plant marketing communications specialist.

Miller said a majority of the project will be completed by the fall semester's end — that is, if the weather allows. The goal is to begin the removal of the scaffoldwinter break.

cludes stone and brick masonry re-pointing; limited stone replacement; new waterproofing roof membranes above portico and bell tower landings; and the addition of low-profile roof fall protection systems.

"A couple of the more notable tasks that have been completed include some of the stone and brick masonry re-pointing and restoration efforts around the bell tower and in the lightwell," Miller said via email.

Some seniors, including Ally Edwards, worry the project won't be completed in time to use Old Main as a backdrop for graduation photos.

"Old Main is such a staple of the university and the view from the lawn is my favorite on campus," Edwards (seniormarketing) said.

"It's really sad my senior year ing around the structure during to miss out on those views, especially through fall — which is the *the full story*.

The maintenance project in- most beautiful time of year on campus."

> Similarly, Liz Cooney wishes the scaffolding would be deconstructed sooner, as her friend who wants photos in front of Old Main is graduating in December.

> "I lived in State College this summer and walked by the construction every day and I always was wondering just when it would be done," Cooney (seniorlabor and employment relations and public relations) said.

> "I was under the impression that the construction was just supposed to be over the summer so I'm praying that it'll be done by the spring before I finish my graduation photos."

> Still, Cooney joked about the reality of having scaffolding in the background of her graduation photos.

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Old Main on Oct. 10. The clock tower, which is currently under repair, is the gift of the class of 1904.



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Ост. 14-16, 2019

"Chains, Tattoos, Dreads & WE ARE" sends the right message

Saturday evening, the Penn State football team stood in solidarity with Jonathan Sutherland — a teammate who received a racist letter from a Penn State alumnus — when some players wore shirts with "Chains, Tattoos, Dreads & WE ARE" printed on them during warm ups in Iowa City.

Plenty of fans noticed the shirts and immediately responded. The majority of feedback seemed to be positive and supportive, with comments on the shirts filling everyone's Twitter feed. The negative comments were there, of course, but it was largely drowned out by encouraging words.

While the players were eventually asked to take the shirts off, it was not because Penn state OUR VIEW

Penn State's players took the lead against hate, and everyone else should follow

did not want the players taking a stand, according to a Penn State spokesperson — it was due to an NCAA policy that athletes must wear team-issued apparel on game day.

Regardless, the Nittany Lions' actions this weekend spoke to the true meaning behind "We Are," and it's reassuring to see an abundance of support from those who identify as Penn State students, alumni and fans.

One of many voices within the Penn State community, Champs Downtown, helped the movement happen by seemingly providing the shirts, with the bar and restaurant's logo displayed on the bottom of the shirt.

While it's certainly positive to see Champs partner with Penn State football in the team's goal of promoting unity, it seems it would be even more ideal if Nike provided a t-shirt design for the team so they could wear the gear for warm-ups and around campus.

A collaboration with Nike would please not only the football team, but Penn State fans as well — just seeing the shirts made by Champs this weekend, fans were eager to get their hands on one of their own. Even if Champs isn't selling the shirts, it could be Nike's next move to make their own.

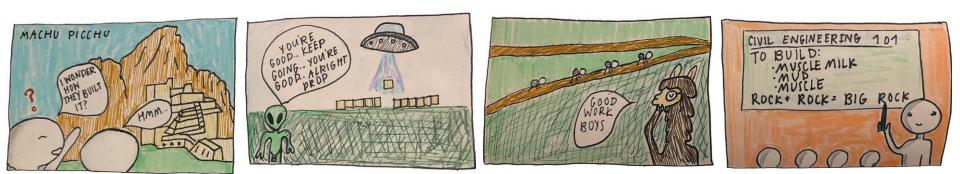
Nike has been willing to lose customers if it means standing up for a cause it believes in, as it has proved in the past by endorsing Colin Kaepernick. Creating shirts with the Nike logo on it showing the unity of Penn State football could only further their message.

Penn State also has an advantage that would make Nike more likely to comply with the idea of creating merchandise like this — its CEO, Mark Parker, is a Penn State alumnus, class of 1977.

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The athletes on the football team are clearly still passionate about the topic and continue to show that they support Sutherland, expressing that they won't let ignorant, closed-minded alumni affect them negatively. They know there are people out there who don't respect them and frankly — they don't care.

These athletes have a platform where thousands of people see their actions and are influenced by their thoughts, and it is encouraging to see them using it for good. Now, Penn State needs to see this as an opportunity to do the same.



Comic by Cassandra Kidwell/Collegian



Fraternities need someone to



look out for their mental health

in no way is

this column a

justification of

the problems

related to frat

Fraternity

boys as individ-

culture.



Quinnan

uals are not representative of the culture that their organizations promote.

Each frat, after all, is just a club that they are a part of and often times the problematic culture surrounding these clubs creates victims out of these young men rather than monsters.

The party lifestyle is not good for everyone, and a lot of these guys literally live in trash castles, surrounded by a constant stream of vices that never ceases regardless of the day of the week.

This in conjunction with the stress that school applies is not a recipe for success, and faulting them for wanting to be a part of a social organization at a school with limited other options is not productive.

Some brothers change

completely as a person when they transition to college - not for better or for worse, but the interests that they have often transform into drinking habits and selfdestructive behaviors. It doesn't lessen

their value as a person or quality of friendship, but it can be really sad.

This level of self-deprecation is learned behavior; it is a cycle started through social pressure and maintained through lack of help.

This can be attributed to the classically male attitude

that reaching out for help is something to be ashamed of, although many brothers certainly need it.

If fraternity's can afford attention to chefs, alcohol bills and socials then why can't they pay

attention to

the mental

a part of it.

support for

these young

men at a col-

student body is

Greek is detri-

mental to the

lege whose

14 percent

health of the campus culture

The "work hard play hard"

attitude that Greek life often

the rest of the campus, mak-

advertises can dissipate to

ing it seem like the norm.

This is not to suggest that

health of the

people who are

This lack of

"This level of selfdeprecation is learned behavior; it is a cycle started through social pressure and maintained through lack of help."

Kaleigh Quinnan

in general.

cycle for some.

A lot of problems that stem from frat life (misogyny, for example) may very well come from the fact that these young men just simply need a therapist and not a bong.

Taking out personal issues is not acceptable or excusable, but it is something that may result from the social constructs that they are subject to in college.

I don't know who needs to see this, but if you feel as though this column may apply to you in any way: please check in on your mental state.

Brothers themselves aren't to blame for frat culture but the organizations as a whole should take a moment to help out the individuals who make their existence possible.

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als. Penn State students write and edit both papers and solicit advertising for them during the fall and spring semesters as well as the second six-week summer

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partying is all bad, but rather that it may be an inescapable opinion is determined by its Board of Opinion which is made PAGE 4

SPORTS Ост. 14-16, 2019 STANDING TALL

Penn State's defense continues to lead the way even when the offense is struggling

By Caleb Wilfinger THE DAILY COLLEGIAN

IOWA CITY, Iowa — It appeared as if Pat Freiermuth's touchdown came at the best possible time for Penn State.

The

Nittany

FOOTBALL

Lions were clinging onto a 7-6 lead over Iowa late in the third quarter, and defensive tackle PJ Mustipher had just forced the first turnover of the game, setting the visitors up with prime field position in the red zone.

One play later, Clifford found his tight end up the seam for what looked to be a pivotal touchdown, but Freiermuth was eventually ruled down at the 1-yard line after review.

Penn State was eventually held to three points on the drive, keeping the Hawkeyes within one score and putting immense pressure on the Nittany Lions to come up with a stop on the ensuing Iowa drive.

However, Robert Windsor wasn't phased.

"At one point [during the official review], I turned to our defensive line and just told them it didn't matter," Windsor said. "At the end of the day, it's on us. If the offense doesn't score, then we're gonna come out and stop [Iowa] on the next drive anyway. That's what we do."

Windsor has a right to feel confident. He has been in this situation before, and so has the rest of this defensive group.

Saturday was yet another in-stance of Penn State's defense coming to the aid of its offense when Sean Clifford and company are struggling.

It happened earlier in the season against Buffalo and Pitt. It happened when the offense



Defensive tackle Robert Windsor (54) celebrates sacking lowa quarterback Nate Stanley (4) during the game against Iowa at Kinnick Stadium in Iowa City, Iowa on Saturday, Oct. 12.

was dormant in the second half zone and bailing out an offense against Purdue, and yet again in a low-scoring affair on Saturday.

Playing under the lights in a key road test against a ranked opponent, Penn State's defense would not let this team lose.

"You play college football to be in great environments on the road, like this one," Mustipher said. "We got a chance to show what we were capable of, and I think we took full advantage of the opportunity."

that was struggling mightily in the early stages.

Even when they were given a short field to work with, the defense continued to roll with the punches, responding time and again when the team needed it most.

"We consider it our responsibility to do our job and pick up the team as much as we can," safety Garrett Taylor said. "We weren't sitting there worried about the of-The defense kept the Nittany fense putting up points because practice, Penn State has set its Lions in the game early on, keep-ing the Hawkeyes out of the end get stops on our end, the offense defenses in the nation.

would eventually come around." When the offense finally did

come around, capitalizing off Iowa's mistakes to extend Penn State's lead, no one was happier than Windsor.

"It was really satisfying seeing the offense break through," Windsor said. "We know that we can count on them and it made me so happy to see Noah Cain, and the other younger players step up and contribute.'

Going as far back as spring sights on being one of the elite

This emphasis on being dominant manifested itself in summer workouts, and has carried over into practices and the first six games of the season, as the Nittany Lions came into Saturday's game ranked in the top 5 nationally in yards allowed, yards per play, and points allowed.

We made up our minds early in the springtime that we wanted to be a dominant defense," Mustipher said. "It was something that we collectively came to a decision on, and I think all of us have bought into that. This has enabled us to execute at a high level.'

Going forward, it's likely that Penn State will continue to rely on its defense as the schedule gets tougher.

With Michigan coming to Beaver Stadium next week, and difficult contests against Minnesota and Ohio State on the horizon, this group understands that its offense will be faced with the unenviable task of scoring points against tough opponents.

But the prospect of having to hold down a highly ranked opponent, or win in a hostile environment doesn't bother a defense with this much talent, swagger and comradery.

After all, it's what they do.

"We have a lot left to prove," Mustipher said. "We have guys across the board that can compete with anyone in the country, and I say that because it's how we operate. We work to be the best unit in the entire nation, and I believe we enter each week with the mindset that we have the best defense in the country."

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By Benjamin Ferree THE DAILY COLLEGIAN

into Kinnick Stadium on Saturday night with a tough task ahead of them

just enough points."

looked like a quarterback that that really under the old offensive a hard-nosed runner and that's never played a big game on the system, under the new offensive what we needed today. Noah ob-The Penn State offense walked road in the first quarter. He had system, even years we won the viously stepped up today and I'm antsy feet that led to two sacks on Big Ten Championship," Franklin really proud of him." the opening drive, he bobbled a said. "We weren't really able to And right away, open space on the second drive. the Nittany Lions Clifford showed his youth in got punched in that quarter, but he played mistake-free football, showing what ultimately won him the starting quarter with 10 total yards, but job and it showed in his ability to use his legs. Clifford ended up rushing for 67 yards on Saturday and scrambled more than a few times in big situations to pick up first downs. The young quarterback didn't do anything to lose Penn State the football game, he took care of the ball and it was enough for the Nittany Lions to get the job done. In fact, Penn State was able to run out the clock and end the game on its own terms, something the Nittany Lions haven't been able to do against some of the top teams in the country.

like that, four minute offense,

"Noah, coming in, really giving the road and, much like the Penn Quarterback Sean Clifford we haven't really been able to do us a spark," Clifford said. "He is

hill,

Cain's down-

style of running

was on full dis-

play throughout

the fourth quar-

ter as Penn State

drove down the

field and the

punched the ball

in at the goal line

to give the Nit-

running

physical

back

State offense, he continued to grind throughout and eventually got rewarded.

"Noah is a very downhill guy, very little indecision," Franklin said. "He sticks his foot in the

FOOTBALL

the mouth.

Penn State finished the first they didn't let that quarter define them.

But the Nittany Lions continued to battle, continued to grind and ended the game on their own terms to leave Kinnick Stadium 1-0 this week.

"I thought the first quarter on offense, we looked like a young team," James Franklin said. "We were making mistakes that we hadn't normally made but we calmed down after that.

"I was just proud of how our players and coaches managed the game. We protected the football. We scratched and clawed for

"To end the game on our terms the Noah Cain show.

do that against a good team on the road."

And a big reason why they were able to do that was the performance by Noah Cain.

came Cain into the game in the first quarter when Penn State's offense was completely out of sorts and

ended up carrying the ball three State's final drive of the game times for 19 yards. He had all but where he grinded out a first down one of Penn State's positive yards on a third and short to seal the in the first quarter.

And from there on it became

"I was just proud of how our players and coaches managed the game. We protected the football. We scratched and clawed for just enough points."

tany Lions a 17-6 James Franklin lead.

The freshman also returned to the field on Penn

victory for the Nittany Lions.

Cain's running style is perfect for a tough, physical game on



Running back Noah Cain (21) falls into the endzone for a touchdown during the game against lowa at Kinnick Stadium in lowa City, lowa on Saturday, Oct. 12. No. 10 Penn State defeated No. 17 Iowa 17-12.

ground and goes downhill. He is always falling forward. We went into this knowing he was going to be our four minute back.

"He continues to do great things and I'm really proud of him."

Cain finished the game with 102 yards on the ground, Devyn Ford had the second most rushing yards from the "LawnBoyz," finishing with only 17 yards.

It certainly wasn't a perfect performance from the Penn State offense and there are many things they can improve on, with Clifford citing finishing drives with touchdowns as one of those things.

"I think it's a mentality we need to have," Clifford said. "I'm not saying we didn't but it's on me. I have to execute better.

"We are moving the ball, but we just have to finish when it's on the 35, 25, in the fringe area. We have points on the board."

Penn State scored on both of its trips to the redzone on Saturday, but one drive late in the third quarter stuck out to the Nittany Lions offense.

Penn State got the ball to the Iowa 1-yard line after a controversial touchdown was overturned where it appeared Pat Freiermuth crossed the goal line.

From there Penn State ended up in the end zone again, but a holding penalty took another seven points off the board.

The Nittany Lions ended up settling for a field goal, something that Clifford wasn't happy about and in certain games could change the outcome of the game.

But for Franklin, while Penn State's offense wasn't perfect, they did just enough to win and that is what he wants his football team to take away from a gritty win in Iowa.

"There are guys that probably felt like they didn't play great tonight but we played good enough to win and we should always feel like that," Franklin said. "We should always feel like there is areas or things we should get better at."

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РНОТО



Running back Noah Cain (21) celebrates after scoring a touchdown during the game against lowa at Kinnick Stadium in Iowa City, Iowa on Saturday, Oct. 12. No. 10 Penn State defeated No. 17 Iowa 17-12.



Defensive tackle Robert Windsor (54) sacks lowa quarterback Nate Stanley (4) in the second half.

STATEMENT WIN



Caitlin Lee/Collegia Penn State quarterback Sean Clifford (14) looks to make a pass downfield.



Defensive tackle PJ Mustipher (97) and offensive lineman Des Holmes (75) celebrate after the Penn State wide receiver KJ Hamler (1) carries the ball win against lowa.



Caitlin Lee/Collegian in the first half against lowa.



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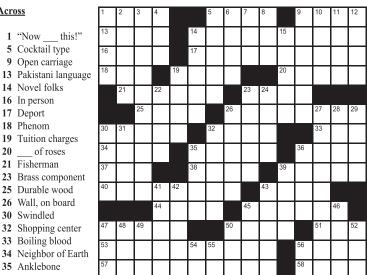
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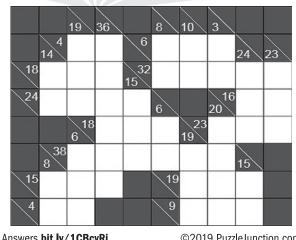
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Kakuro (Cross Sums)

The rules are easy to learn: A number above the diagonal line in a black square is the sum of the white squares to the right of it. A number below the diagonal line is the sum of the white squares in the sequence below it. You may only use the digits 1 to 9, and a digit may be used only once in any sequence.



Answers bit.ly/1CBcyRi

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www.jacquelinebigar.com ©2019 King Features Syndicate Inc. **ARIES** (3/21-4/19) ★★★ Use the a.m. for any key, heartfelt matters. Your charisma and energy carry a message as well. You are capable. Come afternoon, financial matters are highlighted. Tonight: Know what you want and do not settle for less.

TAURUS (4/20-5/20) ★★★ Handle a personal or secretive matter in the a.m. In . the afternoon, you could be unusually dynamic, creative and/or explosive. If you are not connected with your feelings, others might start acting unpredictably. Tonight: Know that you can have it all.

GEMINI (5/21-6/20) ★★★★ You beam in what you want if you can get past a dif-ficult associate who often does not follow through. Use your intellect to bypass this problem. Some of you might want to say little and observe. Tonight: Early bedtime.

CANCER (6/21-7/22) ★★★★ You take charge early in the day as you know what

you want and which way to head. By afternoon, take some time to network chat in a must-have meeting and swap ideas. The unusual occurs midday or after. Tonight: Where your friends are.

LEO (7/23-8/22) ★★★★ Reach out for someone you care about whom you put on a pedestal. Do not underestimate the impact this person has on you. You might be surprised by someone and how reactive he or she can be. Tonight: A must appearance.

VIRGO (8/23-9/22) $\star \star \star \star$ You might not be able to figure out what is ailing a partner. He or she appears stubborn and unwilling to discuss every aspect of an issue. Take the high road and do not push. Give this person the space to consider the pros and cons of the issue. Tonight: Be entertained.

LIBRA (9/23-10/22) ★★★★ Others domi-

nate, and it is clear you cannot impact a key person in the manner you wish. Try not to get into a power struggle. One-on-one relating is highlighted in the afternoon. Tonight: Work as a team

SCORPIO (10/23-11/21) ★★★★ Take on a challenge in the a.m. You might want to squeeze in as much as possible. By afternoon, someone seeks you out and has a lot to express and share. Do not push too hard to get what you want. Tonight: Let someone else make a suggestion.

SAGITTARIUS (11/22-12/21) ******* You could be far more tired than you realize, especially when you wake up in a playful manner, not quite ready for a Monday Even once you get your nose to the grindstone, you feel an unusual sluggishnes occur. Tonight: Try not to be reactive.

CAPRICORN (12/22-1/19) $\star \star \star$ Stay close to home if you can. You might have

pushed yourself so hard that you cannot get energized. By afternoon, a thought or contact with a creative, lively person energizes you. Tonight: Add some naughtiness into the blend.

AQUARIUS (1/20-2/18) ★★★★ You speak your mind with the expectation of being heard. Someone does his or her best to ignore you. You could get past an immediate hassle, but you might, in a sense, be vested in a lack of communication. Tonight: Say yes to a family member.

PISCES (2/19-3/20) ★★★ Curb expenditures. You do not want your budget to get out of control. Your caring might encourage someone to be sluggish in his or her response. Talks and communication activate in the a.m. Tonight: Catching up on news

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LOCAL

Centre county options for Furry Friends in need

By Jordan Corley THE DAILY COLLEGIAN

State College — the home of the Nittany Lion — is a diverse community that welcomes all animals into its busy streets and the Penn State campus.

Here is a look into four pet adoption centers and rehabilitation clinics that seek to make a difference in the lives of Centre County animals.

The greyhound – a family dog

A breed known for its gentle temperament, independent nature and champion speed, greyhounds are the combination of a high-speed pursuit race dog and family companion.

'They are very sweet dogs, they are very loving, they're very laid back and they're very easy to take care of," Robert Koch, president of Nittany Greyhounds, said.

Nittany Greyhounds, an organization founded in 1997, has been finding permanent homes for retired racing greyhounds for 24 years. The organization helps the dogs integrate into their new life as a domesticated animal.

The organization is one of two greyhound rescue organizations in the central Pennsylvania area.

Currently, Koch owns two prevhounds himself. Hiway and Sully. He adopted them two years ago after his greyhound Sarah passed away. Koch adopted Sarah from Nittany Greyhounds a decision which prompted his initial involvement with Nittany Grevhounds.

Thus far, the organization has found homes for nearly 2,000 greyhounds. Last year, Koch said he placed 97 dogs in homes.

So far this year, he has placed 80 dogs in homes, and he predicts he will have found homes for 100 dogs by the end of the year.

Nittany Greyhounds current location, Rooo Valley, provides enough space for 15 to 20 greyhounds. Koch said the organization also boards dogs of all breeds.

Koch said the organization is in contact with multiple racetracks who reach out when a dog is ready to retire.

The decision to retire a dog is usually made if the dog is injured, when the dog refuses to run on the track or after the dog starts losing races.

Good female racers are typically taken off the track for breeding purposes before retiring.

According to Koch, greyhounds are in the top 10 dogs for apartment living and the top 20 dogs for the elderly.

The process for adopting a greyhound from Nittany Greyhounds is similar to that of any animal adoption agency. A potential adopter fills out an applica- releasing them back out into the of all ages come to the shelter. tion, which is reviewed by Koch to get a sense for the environment and personality of the family. "We help the [applicants] select the dog that we feel would be the best fit for the dog and for the potential family," Koch said. Koch said he pays especially close attention to households with cats, small dogs and children. He explained that racing greyhounds are trained to run after small objects and that it is a greyhound's nature to lean on their owners. We allow the dog to live in the home for a couple of weeks to see whether or not [the greyhound] is going to adjust well and to see if the family is going to adjust to the greyhound," Koch said. He said he worries about placing a greyhound in a family with a small child because the dog may lean on the child and cause the child to fall over.



Toni Duchi, of Port Matilda, hugs Cisco, a greyhound up for adoption, at Nittany Greyhounds on Wednesday, Oct. 9. Duchi is the vice president of Nittany Greyhounds, and has been working within the business for over 20 years.

owner. however.

Throughout the transition period, Koch said they also work with the dog and adopting family to help the greyhound acclimate to their new lifestyle.

"It's a learning process," Koch said. "A lot of them don't know steps, they've never heard a vacuum cleaner before, they don't know what a doorbell is, they've never been around children.

He said it takes roughly three to six months before the dog becomes fully adjusted and their authentic personality shines through.

From bunnies to

bald eagles

For 31 years, licensed wildlife rehabilitator Robyn Graboski has been rehabilitating animals with the intention of releasing them back into the wild, upon returning them to a healthy state.

She began in 1988, working with Shaver's Creek until 1994 when it gave up its rehabilitation permit. The same year, Graboski decided to begin her own.

"I just discovered that there was a need for people [to help] orphaned and injured animals, it just didn't seem like there was enough resources to care for them because it's a volunteer-based [cause]," Graboski said.

A year later, in 1995, Graboski founded Centre Wildlife Care.

'Our main mission and purpose is to rehabilitate compromised wild animals, orphaned wild," Graboski said.

tions which help them continue their work. Volunteers help with animal care, feeding, cleaning, medicating, washing dishes, cleaning cages and doing laundry.

Graboski said there is also a volunteer orientation and training program before they begin working with the animals.

"We're a little bit bigger than most home-based rehabilitation facilities because we take in almost 1,600 [animals per year] from over half the state," Graboski said.

The site has 10 enclosures and a clinic for housing animals undergoing rehabilitation. At any given time, they can hold a couple hundred animals.

Some of the most common animals they see are bunnies, squirrels and songbirds.

'We take everything from bunnies to bald eagles," Graboski said.

All PAWS on deck

Center County PAWS, a nonprofit, charitable organization, has been helping cats and dogs find loving and permanent homes since 1980.

"Center County PAWS in a noneuthanasia adoption center for cats and dogs," Christine Faust, directory of development and marketing, said.

The organization takes in stray dogs and cats, and other animals from Centre County households no longer able to care for their animal. Typically, these animals are older — however, due to unand injured, for the purpose of foreseen circumstances, animals

PAWS is a limited admissi

because it allows the animal to live with a family during the week and come to the shelter on the weekends for potential adoption families to view them.

Foster cats are brought in on Saturday mornings for open hours and foster dogs come to the shelter on Sundays for showing. During the showing, the foster family typically stays and answers questions about the animal for potential adopters.

"I love the opportunity [PAWS] provides for people to give back in honor of their pets," Faust said. "For many, their animals are their family."

According to Faust, there are a little under 100 consistent volunteers at the shelter.

'What strikes me the most is the absolute love and dedication our volunteers have for our cats and dogs," Faust said.

She said PAWS volunteers go above and beyond to comfort the animals and make them feel safe. She gave the example of a volunteer hand feeding an animal to coax them into eating. Volunteers also take the dogs on four walks a day, with the second walk being a minimum of 20 minutes.

'The volunteers here treat the cats and dogs like they're their own, and it's just very heartwarming how many of them go out of their way to make sure an animal has what it needs," Faust said.

also emphasized the She cleanliness of their shelter as a defining characteristic of the organization.

what makes "I think that

The fostering process is unique month. Older animals, however, are not adopted as quickly.

Faust said they have kept animals for as long as three years before getting adopted.

'As one who has had a senior pet. I will always adopt them now because it's just amazing how much love they have and what you get out of that relationship," Faust said.

Volunteering for a

forever home

From cats to chickens, the Central PA Humane Society (CPHS) helps many types of animals, providing a safe and nurturing environment for them to live before finding a permanent home.

"I decided to join the humane society for my love of animals,' Casey Kovaloski, director of business and finance for CPHS, said. 'I volunteered a lot with animals before, and when the job opened up I jumped on it."

Kovaloski has been working with CPHS since 2018.

CPHS, founded in the late 1880s, is a charitable, nonprofit organization dedicated to finding loving homes for animals.

It takes in both stray and owner-surrendered animals. The organization is unique in that it has a humane officer who is able to respond directly to calls from the public and investigate complaints. One of his primary roles is to bring the animals directly to the shelter.

Kovaloski said CPHS also receives calls from the state and local police regarding locations of stray animals. CPHS works

In general, Koch said greyhounds just want to please their

Animals come to Centre Wildlife Care come from all over centhe organization services over half the Pennsylvania state.

The organization typically receives orphaned or injured animals from the public or law enforcement. Centre Wildlife Care staff are then able to provide medical attention and nursing care.

After an animal's wounds are healed, it is placed in a pre-release enclosure for conditioning before being released back into the appropriate habitat.

"The release criteria is different for every single animal," Graboski said. "[It] depends on the type of animals and the time of year."

Most wildlife rehabilitation organizations, including Centre Wildlife Care, operate on a volunteer basis, and receive dona-

organization, meaning it takes in animals as it has room. Faust said tral Pennsylvania. Graboski said PAWS works diligently to put animals into foster families to free up space for more animals.

The organization currently houses approximately 60 cats and the organization has the space for 28 dog kennels. However, Faust said it usually has between 20 to 24 dogs on site, with the rest in foster families.

Foster homes exist for all cats and dogs, but Faust said they are especially helpful for puppies and kittens because the organization will not keep them in the shelter due to the high risk of them getting sick.

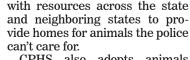
Puppies and kittens are also not available for adoption until they are at least eight weeks old. By living in a foster family, the animal is able to acclimate to life in a domestic setting before being adopted into a permanent family.

unique is the fact that one of the first things you notice when you walk into our adoption center is everyone walks in and goes, 'Oh my gosh, you don't smell animals,'" Faust said.

Additionally, PAWS engages in outreach programs to help spread education and awareness about pet overpopulation and animal welfare. Recently, it began a youth program and a summer program to encourage kids to get involved with animals and teach them how to properly take care of an animal.

PAWS also holds a spay and neuter assistance program where it provides complimentary vouchers for cats to be spayed or neutered by a vet that participates in the program.

Faust said puppies and kittens are typically adopted very quickly, while the average stay time for a middle-aged animal is around a



CPHS also adopts animals such as pigs and chicken out to local farms.

Comfortably, Kovaloski said CPHS can house 80 to 100 cats and 40 to 60 dogs. However, CPHS has had up to 300 cats and 100 dogs in previous years.

As a nonprofit organization independent of the Humane Society and government funding, CPHS relies heavily on its volunteers, community events and donations.

Events include the Fur Ball dinner and live auction in November, Chili Fest in January, and Paws on the Park, a weekend long carnival in the summer.

CPHS volunteers clean the animals' cages, work with the cats to improve their socialization, read to the cats and walk dogs.

Kovaloski said volunteers also focus on public education, and explain the importance of spaying and neutering animals and informing adopters of pet adoption rules.

"A lot of the time, we try to educate the public by doing public service announcements, Kovaloski said.

CPHS's adoption process is different than other pet adoption organizations in that every person in the household must visit the animal in the shelter before adoption. The initial step is an adoption application, which may remain on file for as long as six months.

If the family already has a dog and wants to adopt another dog, they must bring their dog into the shelter to meet the dog they want to adopt.

If the family rents an apartment, CPHS will call the landlord to make sure the animal is allowed to live in the apartment.

All dogs receive a full assessment before leaving and cat interactions with other dogs and cats are observed.

To email reporter: jec5789@psu.edu. Follower her on Twitter at @JordanCorley7.



Donny, a greyhound up for adoption, runs at Nittany Greyhounds on Wednesday, Oct. 9. Nittany Greyhounds has been in business for over 20 years.