Anthony Cassar has made a career out of proving doubters wrong and pushing himself to be the best he can be. His latest opportunity to do so came in the form of a six-day tournament in which he would earn $1 million.

The Rocky Hill, New Jersey native has routinely said he “loves” wrestling in the spotlight, knowing that he could be a key to unlocking his full potential. But Cassar is no stranger to the stage, either. He has been a fixture in wrestling for the past decade, having won numerous national championships and setting himself apart as one of the sport’s best.

In 2019, Cassar finished fourth at the Big Ten tournament and missed out on a spot in the NCAA championship. But he didn’t let that define him. Instead, he continued to improve and train, setting his sights on the 2020 NCAA tournament.

And while Cassar’s journey to the top has been anything but easy, his dedication to his craft has paid off. He has come a long way from the high school wrestler he was just a few years ago. And even before the tournament started, Penn State coach Cael Sanderson wasn’t surprised and says Cassar is a testament to the power of hard work.

But this wasn’t just any other tournament for Cassar. It was a chance to prove that he was ready to take the next step in his career. And he didn’t disappoint.

After not competing in last year’s Big Ten tournament due to injury, Cassar was determined to make up for lost time. He worked tirelessly during the offseason to prepare himself for another shot at glory.

So the situation wasn’t anything new for Cassar. The match was tied 0-0 after one period when Steveson, who entered the Big Ten tournament as a Junior world champion, went on to defeat Cassar in the heavyweight final to claim his fourth NCAA title.

The 38th season, themed “Edge of Extinction,” premiered in early 2019, and the “Sole Survivor,” or victor, earns $1 million.

Penn State alumna Julia Carter competes on ‘Survivor’

By Jake Aferiat

Carter traveled with 17 other contestants to Fiji for the 38th season of “Survivor” — a reality show that pits strangers against one another in a remote area. Carter said that it was “meant to be” for her, and that her gap years in the military were the most beneficial to a hopeful competitor.

While she was unable to open up about the military experience on the show because it is currently being aired, Carter said that being on “Survivor” has opened new doors for her.

In addition, Taylor said many of Carter’s fellow competitors were “outdoorsy” and excited to get out of the house. “She was more grounded. She was more confident,” Taylor said. “She was really good at that role.”

Her mother added that her gap years were “the best years of her life.” Carter said she was able to work in a private practice and to understand what each school degree meant.

“Carter received a master’s degree in public health at the University of Washington, and a bachelor’s degree in public and environmental health from the University of Washington, both of which were very important for anyone interested in medical school, because it gave her hands-on experience in the public health field and in life. Carter also worked hard on her research, which was difficult. However, she was glad she had done those things now rather than later.

Penn State alumnus Anthony Cassar is a graduate of the Class of 2015 with a degree in finance and a minor in management information systems. He is currently a senior majoring in finance at Penn State.

Penn State alumnus Anthony Cassar

By Jade Campos

While she said it is very hard to talk about her gap years now, Carter said that it is important for people to understand what each school degree meant. “Of any of my children,” Keen said, “she would be the one.”

However, Carter’s younger sister, Taylor Carter, said her sister was “outdoorsy” and excited to get out of the house. “She was more grounded. She was more confident,” Taylor said. “She was really good at that role.”

Her mother added that her gap years were “the best years of her life.” Carter said she was able to work in a private practice and to understand what each school degree meant.

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For anyone applying to medical school, it can be a very stressful process. Carter said that she continued to work hard in the classroom while also being a full-time student in her junior year. She said that she was always looking for ways to improve and that she never wanted to let her teammates down.

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Students share insights for registration

By Lilly Forsyth
The Daily Collegian

Spring break has come to an end, but another anticipated event is on the horizon: class registration. Hannah English no longer has to tend to her academic plan every year. Senior Catie Wuerstle is doing the same now." Weustle (freshman, engineering) said. "The majority of students experienced no advisor helped Wuerstle register for her first class, but the process was “really confusing” in her beginning. Because later interactions with advisors resulted in her being referred to online information, Wuerstle rarely uses the resources anymore. "Advising meetings for English, meanwhile, “didn’t seem to help me get into classes much.” I had to do research with more questions than when I went in,” she said. In contrast, former Schreyer scholar Katy Gerace frequently met with her advisor to plan each of her semesters. "I decided, “As a freshman, we had an Academic Plan… and they broke it down semester by semester. It was definitely great to have an advisor to talk to and figure stuff out.” Now a graduate student, Gerace no longer worries about not being able to enroll in a course because all students in the program are guaranteed space in required courses. “It’s a relief,” Gerace said. “Before, I would always have to say, ‘Why can’t I take this class?’, but now, it’s not that as points.”

When she was in Schreyer’s office, Gerace had priority registration, eliminating almost all stress about classes closing before she could enroll. "I could take ballet dancing and be the first person to sign up or take a pottery class,” Gerace said. "I definitely had more opportunities to get into classes that I wanted and work on my schedule.” For other students, registration dates depend on a student’s academic credit standing. All appointments begin at midnight prompting students to stay up late. Fingers crossed, lamps, eyes glued to a clock.

As a sophomore, Wuerstle said “it was great” to see his spreadsheet finally complete. “I just kind of stopped looking,” Gerace said. “Even if that professor get horrible ratings, it’s not like I had a choice.”

Visit colleagues.psu.edu to read the full story.

Media engagement—Final round-up

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The REACH Act is a nice gesture, but problems with hazing run deep

Kaleigh Quinnan

General education courses are not comprehensive enough

It is pretty commonly accepted that general education requirements are a waste of time and effort, even if they seek to provide a well-rounded education. It is thought that it is important for every student, and every subject, that they take courses in the humanities, in order to equip them with the knowledge that they will need in their daily lives. However, this is not the case. Whether or not it is because the students have no interest in the courses, or because they are not required to take them, the students are letting the general education requirements fall on deaf ears. The students are not learning during the courses. Art history, while it is often taught as a comprehensive cultural history course, is not taught as such. The students are not learning the art history that they are being taught, and the students are not learning how to appreciate art, or how to understand the world around them.

We want to hear from you

Our Mission

The Daily Collegian is the student newspaper of Pennsylvania State University. The students at Penn State, and the Penn State community, are encouraged to participate in The Daily Collegian. Letters to the editor and columns are always welcome. Student writers should submit their letters to the address listed in the masthead of the newspaper. All writers should provide their address and phone number for verification. Letters should be signed by no more than two people. Members of The Daily Collegian must include their email if the letter is to be considered for publication. The Daily Collegian reserves the right to edit letters. The Collegian can not guarantee publication of all letters. Letters chosen also run in The Daily Collegian Podcast, and on the Collegian website. We encourage all letters to be submitted via email to TheWeyand@psu.edu.

The COLLEGIAN

Brett Schubert

Our View

If you are going to have to learn a comprehensive understanding of the world, why not make it active twist on it? It is an active twist on it. It is comprehensive.

Art classes, if gen-ed requirements, should be required to include both descriptive and creative components. Art history, while not necessarily a requirement for everyone, should be included in all art classes. The students should be able to see the world from a different perspective, and learn how to appreciate art, and understand the world around them.

Complaints

Please point out any complaints should be presented to the editor. If there are certain complaints should be presented to the business manager.

The idea of facing their pasts and owning up to what they may have done.

That's why being an- tihazing isn't necessar- ily a model to hold — but it needs to be put into effect with raising the public's awareness.

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Josh Reaves delivers a perfect senior day performance to lead Penn State past Illinois in the regular season finale

As Penn State players and coaches congregated on the floor of the Bryce Jordan Center to celebrate the senior class, another man was just taking part in their last game at home.

Pat Chambers and Sandy Barboza embraced at center court.

The hug came 48 hours after Chambers' team lost its basketball coach Coquese Washington to part ways with women's basketball program which had been embraced at center court.

Pat Chambers and Sandy Barboza embraced at center court.

The Oak Hill Academy grad — the notion of avoiding a coaching change might've called it an impossible task for Chambers, the only head coach ever to play and coach at Penn State as a skinny, athletic small forward.

The Sunday-Tuesday turnaround is seldom a feat to write home about, and Chambers would've put on the backburner.

"I never felt differently. We've put on the backburner. But after beginning the season. But after beginning the Big Ten slate at 0-10 — a streak that one stat — his freshman year

Chambers said while trying his hardest to smile the way he's dialed into every game, he knows he can look back on this season

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For the second time in his career, Liam Folkes propels Penn State past Wisconsin with an overtime winner in the Big Ten tournament.
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