

battle with addiction

By Lauren Lee THE DAILY COLLEGIAN

After what seemed to be a typical night of partying filled with alcohol and a drug called Ketamine, Danielle Joliet said she hit rock bottom. "I woke up

in North Philly and I couldn't move my body," Joliet said. "I woke up with people around me using drugs and I didn't know anybody. That scared the living shit out of me." Growing

up right outside of Philadelphia in a low socio-economic family, Joliet was forced to grow up early and take care of her siblings as her parents constantly worked.

With the absence of her parents, Joliet said she found her family on the streets. This is where she became connected with people who were using drugs.

"I got mixed up in using," Joliet she never had said. "That became my identity as a teenager. I was a partier."

Emancipated at just 16 years old, Joliet moved into her own apartment where she emerged her into the party scene and continued her use of drugs and alcohol.

Following that experience in Philadelphia, Joliet walked straight to an U.S. Army recruiting office to enroll.

The recruiter asked if she tive duty to take care of her son bership, members are asked to could pass a drug test, and Joliet back in the sam replied with "no." He then asked she started out in. back in the same environment if she graduated high school and "Without the military identity, she answered, "No, I dropped I had no fucking clue who I was," program and attend at least one out." The recruiter then said if said Joliet. Through her struggles out of three weekly peer support Joliet really wanted to have a with alcohol and substance use seminars. place in the Army, come back with disorder, Joliet learned to over sneakers the next day — which is come her obstacles as a recover-



Edward Fan/Collegian

Danielle Joliet, a U.S. Army veteran and graduate of the Penn State College of Education, poses on Sept. 27.

"I woke up with

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Assistant Coordinator for CRC

Danielle Joliet

shit out of me."

exactly what she did.

hard physically and mentally: she covery resources provided at the achieved a Gen-

eral Equivalency Diploma and went into the Army.

she When was in the service, Joliet said problems any with drugs or alcohol because the Army gave a sense of purpose and provided

and a community she could call family. Her substance use returned after she had to leave ac-

veteran and decided to enroll at Penn State. During her time at University Park, Joliet discovered her second family: the Collegiate Recovery Community.

The CRC

Located in rooms 105 and 106 in the Pasquerilla Spiritual Center, the CRC at Penn State was founded in 2011 by a

group of people who were

With a fireplace and couches spread throughout the space, the CRC is specifically designed to help students find a comfortable community of support for people who are from recovering substance use.

From creating a sober soccer team to sober football

her with a place to sleep, eat tailgates, members of the CRC create several ways to be social while in recovery.

As a condition of their memremain completely abstinent from alcohol and drugs, to attend an outside 12-step recovery Erin O'Neill/Colle

Haleigh Washington shares some of her favorite reading memories during an interview in front of Rec Hall on Sept. 21.

Beyond the court: Haleigh Washington and her love of books

By Gabrielle Barone THE DAILY COLLEGIAN

In C.S. Lewis's "Chronicles of Narnia," Lucy Pevensie was the first to crawl through a seemingly ordinary wardrobe and discover Narnia in "The Lion, the Witch and the Wardrobe."

At Carlson Elementary School in Idaho Springs, Colo-rado, Haleigh Washington crawled under the tables set up for the Scholastic Book Fair and entered her own personal world of books.

Since the school was "really, small," really Washington said the book fair was set up in the

library. Haleigh's mother, Dani-elle Washington, volunteered during the book fairs. Danielle, middle-

remembered ordering books from the Scholastic Book Fairs during her own childhood, and felt at home volunteering to help run the fairs for her children's school.

After school had ended for the day, Danielle would still be helping with the book fair, so Haleigh would be with her as well.

But instead of being bored while waiting, Haleigh had her own solution.

See WASHINGTON, Page 2.



Courtesy of Danielle Washington

A young Haleigh Washington (left) reads a Dr. Seuss book with her cousin (right) and paternal

From that day on, Joliet worked concerned about the lack of re-

university.

See CRC, Page 2.

teacher, grandmother (middle). ish

'Iron sharpens iron' for women's soccer Two Nittany Lion goalkeepers have gotten the best out of one another through 10 matches this season

By Matt Lingerman THE DAILY COLLEGIAN

In some circles, having two goalkeepers is considered just as shutouts this season, spent last useful as having no goalkeepers. Head coach Erica Dambach doesn't believe that adage

Instead, Penn State thinks having two quality shot-stoppers in redshirt junior Rose Chandler and sophomore Amanda Dennis is a luxury.

two best goalkeepers in the country," Dambach said.

Chandler, who has posted three year with the United States U20 Women's National Team at the U-20 World Cup in Papua New Guinea. Because of Chandler's absence, Dennis started all of Penn State's 21 matches as a true freshman, recording seven clean sheets en route to Big Ten All

"I would argue we've got the Freshman Team honors.

Since Chandler's return to Jeffrey Field, however, Dennis has appeared in only two games for the Nittany Lions, with her lone start coming in the team's 1-1 draw with Nebraska.

"I thought [not starting] was going to be a little bit difficult, just because I hadn't known anything else," Dennis said. "But I think Rose's attitude with it, my attitude with it, we both just want to make each other better."

Dennis' situation is not foreign to Chandler. As a redshirt freshman at Penn State playing behind current Portland Thorns F.C. goalkeeper Britt Eckerstrom, Chandler played only 99 minutes and at the U20 World Cup Chandler didn't appear for the U.S.

But while Chandler may have assumed the unofficial role as starting goalkeeper for the Nittany Lions, Dennis is still viewed as a valuable asset to her team.

"I've got 100 percent confidence in Amanda," Dambach said. "She proved herself last year. She proves herself in training every day, and, most importantly, she continues to invest in her teammates and so they trust her."

Teams generally will stick pri-marily with one goalkeeper in an effort to keep the back line cohe-rep, actually. I love training with See SC

sive and fortified. Since Dambach has elected to rotate five players throughout the back four this seaconsistency son. between the pipes has been more important than ever.

This means that while both Dennis and Chandler each offer a unique and advantageous repertoire of skills, it's nearly impossible to use both players equally during games.

Furthermore, difficult to it's cherry-pick which goalkeeper might perform better against a given team.

But the belief at Penn State's training ground is that

while Chandler may be seeing the bulk of the playing time, both goalkeepers can aid the team outside of just game situations.



Women's soccer head coach Erica Dambach celebrates her 200th win on Sept. 11, 2016.

> Amanda. It's really competitive and we always do a good job of keeping it really competitive, but also staying as a family and bring-

> > See SOCCER, Page 6.





Caitlin Lee/Collegian

Rose Chandler (3) makes a save during the women's soccer game against Northwestern at Jeffrey Field on Sept. 14.

WEATHER



Tonight Low 45

Tomorrow High 68, Low 47

Saturday High 63, Low 39

WHAT IN TARNATION



Caitlin Lee/Collegian

Jack Titus (senior-industrial engineering) races on an inflatable horse during the Wild Wild Westgate Campus Showcase held by The Lion Ambassadors in front of the Westgate building on Sept. 27.

Extended forecast campusweatherservice.com Courtesy of Campus Weather

Washington FROM Page 1.

"She would look through the books, and kind of scoot back behind the stacks, and whatever book happened to be behind the shelves, or whatever book she was interested in at the time, she'd hunker down and wait for me to be done," Danielle recalled.

Today, Danielle believes that's part of why Haleigh can often be found in the stacks at the Penn State library. "She can get lost in there, find herself a little corner and hunker down and read for as long as time permits."

A family tradition

Danielle remembered sitting with her siblings on her mother's bed and reading "The Boxcar Children" series, and she continued the tradition with her own three children in a house filled with "shelves and shelves and shelves of books." Haleigh recalls "reading" the children's book P.D. Eastman's "Go, Dog, Go!" and Dr. Seuss's "One Fish, Two Fish, Red Fish, Blue Fish," by memorizing the pages, just as Danielle remembers reading John Peterson's "The Littles" series and Eric Carle and Bill Martin Jr's "Brown Bear, Brown Bear, What do you See?"

To read full story, visit collegian.psu.edu.

The struggle to make strides

Activists share their struggles with making strides on a large Penn State campus

By Nicholas Capri THE DAILY COLLEGIAN

Many students come to Penn and it really sad-State to have fun and maybe get dened me to see a job, but another group of indi- Joanna go, but at viduals see campus as a hotbed the same time, if for activism.

Joanna Arias-Cabrera a is one ing to accomplish of these students. She came to Penn State last fall, where she quickly got involved in Triota , a feminist organization and Women's Studies Honor Society.

"I was just trying to figure out Darcy Long, presimy first year, to be honest, "Arias-Cabrera said. "It was more of a solidarity thing, than actually being involved in different orgs."

In addition to Triota, Arias-Cabrera (sophomore-psychology and Latin American studies) has been involved in numerous other leave activism groups.

could grow in.

"I know that there were differences, what Triota was trywasn't what she felt comfortable with, than there is nothing to do but respect her decision to go," dent of Triota, said. "Joanna is an awesome activist, and an awesome person, and she has a lot to offer.

decision to Her Triota was not an easy one, yet

Byron

said.

Contrares (senior-international politics) and Arias-Cabrera

Contrares,

y Amigos

"My



Members of TRIOTA travel to Washington D.C. to participate in the Women's March, on Jan. 21.

Denise Mora, president of Co-"Feminism is more than a set of beliefs. It is very much a move-ment that we act upon and keeps in the beliefs are the difficulty of series the difficulty of finding common ground with fel-low activists on campus, Arias-content the beliefs are the difficulty of low activists on campus, Arias-content the beliefs are the difficulty of series the difficulty of the beliefs are the difficulty of series the difficulty of low activists on campus, Arias-content the beliefs are the difficulty of the beliefs are the beliefs are the difficulty of the beliefs are the belief are the belief are the beliefs are the beliefs are the beliefs are the belief are the beliefs are the belief are the beliefs are the belief are ing, where she discussed how

Yet ultimately, all of these stu-

der just to party," Whitney said. "But it was only after I was in recovery I realized that I was there to develop a sense of vocation and a career lined up. Joliet is now the assistant program coordinator for the CRC and a graduate student in the clinical rehabilitation and mental health master's program. "We welcome any one at any stage," Joliet said. "If a student is thinking 'maybe I have a substance use problem,' they can come in and attend a seminar to hear from one of their peers, we don't turn anyone away." The CRC also offers the ROAR House. short for Residents of Addiction Recovery House, which is a dorm intended to provide a supportive space for people with substance use disorder.

CORRECTION

A previous version of the article titled "Best Bar Deals in State College" that ran on the Friday, Sept. 22 edition of The Daily Collegian, incorrectly stated that The Shandygaff does not offer liquor pitchers during happy hour, and that Tall Boy drinks are only available for \$3 Tuesday through Saturday.

The article has been fixed to reflect the correct information. The Daily Collegian apologizes for this error.

CRC

FROM Page 1.

The Friday Lunchtime Serenity Al-Anon Family Group meets from 12 to 1 p.m. on Fridays in 104 Pasquerilla Spiritual Center. The Alcoholics Anonymous Friday's First group meets from 5:30 p.m. to 6:30 p.m. Fridays in the same room.

The AA Sober Sundays meets from 8 p.m. to 9 p.m. on Sundays in 105 Pasquerilla Spiritual Center.

Jason Whitney , the program coordinator at Penn State's CRC, was part of the group who pushed for a place on campus.

Whitney, who was also a recovering individual with a substance use disorder, said he hit his low point when he became a blackout drinker while attending the University of Colorado at Boulder.

"I couldn't avoid getting blacked out drunk," Whitney said

Whitney would try different strategies to limit the number of drinks he would consume or pace his drinking, but found himself going past the limit.

He would wake up the next day and say to himself: "Last night you were doing great for 45 minutes and then you drank a plastic cup full of Bacardi.'

"At the time I didn't understand that I had crossed the line. I lost the ability to rein it in," Whitney said.

Even when Whitney tried to quit drinking cold turkey, he found himself making the smallest excuse to overcome all of the other reasons he wanted to stop drinking

"No matter how hard the problem got, I always thought that I was two or three days away from figuring it out. Any day now, I was going to be able to drink again without being a danger to myself and others,' Whitney said. "But it snuck up on me.'

After finally seeking help from a supportive community at Boulder, Whitney realized going to college was more than just getting drunk.

"To me, I was there at Boul-

going. It shaped my activism in Cabrera said. many ways. Like immigration that's rights still a feminist issue, we're just looking at it through a different lens," Arias-Cabrera said.

Her activism started in high school, where she was involved in Amnestv International and the Feminist Majority Foundation. She brought her interest in feminism to Penn State, and

was elected as Triota's vice presi- brutality and income inequality." dent last spring, yet she recently stepped down from that position.

Arias-Cabrera said it was not both expressed this sentiment, the feminism she believes in, emphasizing the difficulty of uninot feeling it was a space she ty.

"There is so much danger with being an activist, with going out there and protesting. You don't know what you can do to make yourself a target."

> Joanna Arias-Cabrera sophomore-psychology

"It's hard to get people with difsteps to oppose President Donald ferent priorities Trump's decision to end DACA. to advocate for

causes," Ronald

asur chair for Co-

munidad Andina

campus activist,

are immigration

reform and inter-

national human

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of things. Other

people have pri-

orities like police

Johnson

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and

causes

"I only had a few people actually attend, but a lot people were passing environment so that liking the event on social media and in the GroupMe. I feel like a lot of students are not a part of DACA, so it's hard for them to empathize with the cause," Mora (senior-education and public policy) said.

Evan Zavada faces a similar predicament. As a leader in a group of self-described "radical leftists" on campus, Zavada is finding it difficult for his movement to gain traction, he said.

Penn State is trying to develop a consciousness of people on campus," Zavada said.

"When you make your message more accessible, you lose a lot of content," Zavada said.

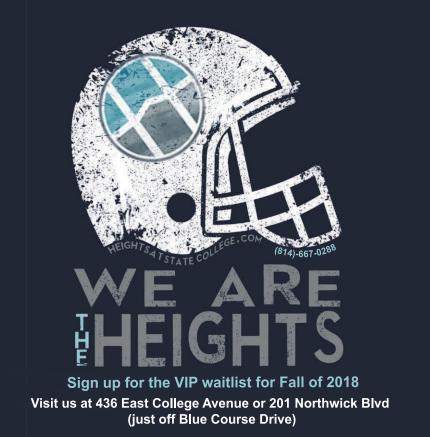
'I think that there is always students could take practical work to do. There is always learning and unlearning certain ideas and biases. In an attempt to create a diverse, all-encomevery person can thrive," said Long (junior-film and women's, gender and sexuality studies) said.

> Arias-Cabrera said she would like to see Penn State take more of a stance, as that is a lot of what activists' voices depends on, and if they don't have the administration's support, they pretty much remain voiceless.

'There is so much danger with being an activist, with go-"One of the biggest problems at ing out there and protesting. You don't know what you can do to make yourself a target," Arias-Cabrera said.

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THE DAILY COLLEGIAN



The Daily Collegian

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The Lions' Neal Smith catches a pass intended for the Buffalo split end. The theft was the 12th of Smith's career, tying the school record.

This week in

Penn State female students are allowed residence hall keys. The key system will permit women to enter their residence hall any time after the doors have been locked. It wasn't until 1966 that women were granted the right to visit men's apartments.

Elsewhere in our nation, President Nixon said fair peace

will be achieved in Vietnam if Americans at home stand fast. He told Americans at a White House ceremony, "It is very difficult to fight any kind of war, difficult even when a nation is united as it was in World War II. It is much more difficult for men to fight day after day when the nation appears to be divided."

Down in Cape Kennedy, Fl.,

the Apollo 12 astronauts practice a countdown test at the launch pad and a dress rehearsal of how they will walk and work on the moon in November.

A call for mental illness and emotional disabilities to be dealt with at the community level was issued by Leonard Hassol, professor of human develop-

ment. Hassol wants programs to identify and eliminate the causes of these illnesses and believe they should receive as much emphasis as clinical services.

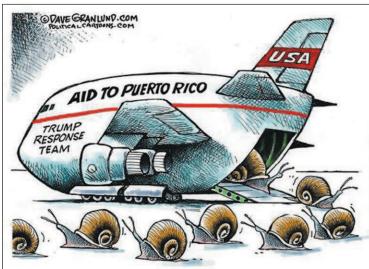
The Penn State 1969 Homecoming week opened Sunday night with a rock band concert performed by, Blood, Sweat and Tears

The Nittany Lions stay at a second place standing in the Associated Press college football poll after they defeated Colorado 27-3.

All information for this history lesson was found in the Collegian archives.



MY VIEW | DOMINIOUE SERVATI



Church and State: can the church make

sinning illegal?

"Pray the Rosary to end abortion."

These words were bolded on a banner



during a rally on Monday afternoon on Pollock Road, in which two groups of protestors spoke out regarding their

respective

views.

The protest came days before the Graham-Cassidy healthcare bill is to be proposed to the Senate, in the hopes that it will repeal and replace the Affordable Care Act, commonly known as Obamacare. Since the rallies, the Senate has postponed the voting on Graham-Cassidy to an unannounced later date.

While many students simply walked by and did not pay much attention to the protestors, there was something I could not ignore: the lack of female presence at the "pro-life" protest.

On one side of the road,

stood six young males, proudly erecting a banner that read, "Pray the Rosary to end abortion." To reiterate, a group of young, white, Christian males, who are incapable of reproduction, held a banner advocating for the pro-life movement, attempting to change the law in order to prevent people from "sinning."

As a female, Catholic, young adult, the sight was infuriating. I'm anti-abortion. However, I am pro-choice. My faith tells me that I have been given free will, that is, I have the freedom to choose how I want to live my life and what I want to do. If that's the case, then why are other Christians, specifically males who are incapable of reproducing or having an abortion, trying to prevent women who perhaps do believe in abortion, from doing so?

I've witnessed priests and other Church leaders urge young members of the congregation to share their faith with others in hopes that the church will prosper. I can

say for certain that urging students to vote "yes" on a healthcare bill that will leave millions without healthcare and will outlaw abortion is not the answer.

Christians are encouraged to be loving and accepting of all people and to live by Christ's example. We should be offering support and love to those who need it, not infringing our beliefs upon others and ultimately forcing them to live their live according to our values.

In the 2016 election, the Catholic Church encouraged its members to vote Republican purely because the Republican candidates ensured that they would repeal Roe v. Wade. The Church seemingly did not consider the characters of the GOP candidates, most notably the GOP presidential candidate Donald Trump. They did not care that he wanted to deport hundreds of thousands of people who came to the United States in hope of a better life; they did not care that he wanted to design a

healthcare bill that would leave millions without healthcare, nor did they care that he would not work to fight against the injustices in our country.

I could not stand with my church in the 2016 election and I cannot stand with them now. An institution cannot force their beliefs upon the rest of the population and obligate them to live their lives according to the values of one institution.

I believe the men present at the pro-life rally were in no position to urge others to help bring an end to abortion. I do not doubt that they are passionate about the cause, but since they are not capable of experiencing conception or abortion, they therefore cannot argue that a woman does not have the freedom to choose what she does to her body.

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verification. Letters should be signed by no more than two people. Members of organizations must include their titles if the topic they write about is connected with the aim of their groups. The Collegian reserves the right to edit letters. The Collegian cannot guarantee publication of all letters. Letters chosen also run on The Daily Collegian Online and may be selected for publication in The Weekly Collegian. All letters become property of Collegian Inc.

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Penn State falls to Temple 3-0

By Ben Jenkins THE DAILY COLLEGIAN

SPORTS

A matchup against in-state foe Temple started off badly for Penn State Wednesday night in Philadelphia, and it

MEN'S didn't improve. Falling behind SOCCER early proved to be too much for the Nittany Lions (2-5-2), as they would limp away from the "City of Brotherly

Love" following a 3-0 defeat. In just the 3rd minute of the game, Temple's Alan Soto Camacho gave the Owls (3-5-1) the lead, putting the Nittany Lions behind right from the start.

Things didn't improve. In the 15th minute Thibault Candia netted his third goal of the season for the Owls, digging Penn State into a 2-0 hole with 75 minutes still to play.

Thankfully for Penn State, the pace began to slow down as the half continued. The Penn State defense regrouped, and kept Temple off the scoreboard for the remainder of the half. Once again, a visibly disappointed Penn State team was down heading into halftime - this time 2-0.

Completely opposite of the performance against Wisconsin last time out, in which Penn State registered nine first half shots, the Nittany Lions were only able to shoot three shots in the first 45 minutes against the Owls, allowing the Temple goalneeding to make a save.

In the 52nd minute of play, Candia struck again for the Owls.

A one-on-one breakaway between Candia and Penn State's Ryan Gallagher resulted in a rolling shot into the left corner of the net.

The score was Candia's second of the game, and put the owls up 3-0.

Following the third goal of the

nior goalie Evan Finney was re- many of the offensive looks to moved from the game in favor of stall somewhere between the top redshirt-freshman Josh Levine. ie to finish the first half without Prior to the move, Finney had Penn State was able to take a played every minute in goal for lot of shots from this part of the

> Penn State this season. The second half saw a much shots, without a chance to put more aggressive Nittany Lion offensive attack, as Penn State would spend most of the second half in control. Once gaining possession of the ball, though, Penn State struggled to figure out what to do with it.

While on offense, Penn State players tended to pass the ball back towards midfield, instead of night for Temple, Penn State se- driving to the goal. This caused

of the Temple box, and midfield. pitch, but most ended up as wild Penn State on the board.

Penn State ended the game with 16 shots, 13 of which came in the second half. Only three of those 16 were on goal for the Nittany Lions, though, proving the offensive woes to be costly once again for Penn State.

To email reporter: bmj5267@psu.edu. Follow him on Twitter at @benjenkins67.

Linsey Fagan/Collegiar Midfielder Salina Willford (20) dribbles up the field with pressure from

TDC's athlete of the week: Salina Williford

Rutgers midfielder Christy Monroy (31) during a game on Oct. 30, 2016.

By Matt Lingerman THE DAILY COLLEGIAN

For 72 minutes of last Friday's Big Ten match with Iowa, Penn State was unable to find the back of the net.

That's when redshirt senior the deadlock with an unstoppable header, earning her Daily Collegian Athlete of the Week honors.

The midfielder hovered around the far-post as teammate Frannie Crouse beat her defender and lofted a cross toward Williford, who was unmarked.

In what coach Erica Dambach called perfect implementation of her in the midfield, we saw her scouting, Williford directed the ball back toward the near post.

It tumbled into the top-right corner of Iowa goalkeeper Claire Graves' net for the only score of the field. the night.

be space at the far post," Dambach said. "Perfect positioning Salina is there in a really posiand perfect technique to knock it home."

The goal, which was Williford's first of the season and seventh of her career, was her first gamewinning goal since 2014.

She also was an important part of Penn State's defensive game-plan, which involves midfielders tracking back to defend.

Williford has been a staple in Salina Williford broke the center of Penn State's rotating midfield, going box-to-box and winning 50-50 balls in the middle of the field.

The Wayne, Pennsylvania native comes from a family of Penn State fans and has had an impact on Dambach's squad since her arrival in 2013.

'She has tremendous versatility," Dambach said. "We saw in the backline. She has really good technique, good ball striking technique."

She also is a team-player off

"Salina is team mom, the "We knew there was going to core," defender Maddie Elliston said. "If we're just hanging out, tive way.

> To email reporter: mcl5374@psu.edu. Follow him on Twitter at @linger man.

Christopher Sanders/Collegiar

Penn State mid-fielder Cameron Steele (17) looks for some room during the game against Maryland on Sunday, Sept. 17.



By Matt Lingerman THE DAILY COLLEGIAN

It may not count toward an NCAA title, but Penn State fencing's performance at last week-FENCING

early indicator of the squad's potential.

The Nittany Lions brought home first-place trophies in malfunctions. all three weapons in their first competition of the season last Saturday at the White Building. The sabre team's results were especially impressive, as the top 10 finishers were all Penn State fencers.

"I saw a lot of great moments," coach Wes Glon said. "They really showed quality fencing, so it really gave me good hope.

Because the tournament was

collegiate fencers, and men and Piskovatskov said. "I was able to women fenced in the same pools. With NCAA competition not set to begin until December, the Nittany Lion Cup Open was a measuring end's Nittany Lion stick for the athletes and coach-Open Cup was an ing staff. Mohamed Hassan, a sophomore, won the foil championship after a final bout plagued with stoppages due to wardrobe

"I went in there not taking anything for granted and giving it my all, so that I could gauge my actual level with this tournament," Hassan said. "Winning felt good, because I was like, 'OK, I'm where I need to be."

On the epee strip, junior Anton Piskovatskov took home first its late-October trip to the Templace after overcoming a 14-13 deficit in the final bout.

"I think staying calm, especial- visit collegian.psu.edu.

an open, it was not restricted to ly for the finals [was important]," calm myself and then thought of what I needed to do to score two points, and I executed it."

Fencing thrives at first meet of the season

Glon said he was encouraged by the performances of the freshmen in Saturday's competition.

Freshman Zara Moss delivered a notable achievement on the sabre strip, making it to the final and losing to experienced teammate, Karol Metryka.

"[The freshmen] really showed nice quality and not much respect for the upperclassmen," Glon said. "If the upperclassmen were going to beat them, they'd have to work really hard."

The team will now be off until ple Open.

То full story, read



Mohamed Hassan of Penn State fences against Drew Johnston of Columbia at White Building on Sunday, January 15.

Week 4 fantasy football start or sit advice

By Tyler King THE DAILY COLLEGIAN

Week 3 in the NFL was one of the craziest weeks in recent memory. There were also several outstanding fantasy performanc-es, headlined by Todd Gurley and Stefon Diggs' big 35-plus point performances.

Let's see who is capable of putting up big fantasy numbers this week and who is not.

QUARTERBACK

START: Philip Rivers, Los Angeles Chargers

Rivers struggled last week against a talented Chiefs' secondary, but is primed for a bounce back performance this week against the Eagles. Opposing quarterbacks against the Eagles have been very successful against the banged-up Philadelphia secondary. Rodney McLeod will likely be healthy this season, but he won't be at 100 percent and the Eagles have struggled with speedy receivers like Keenan Allen, meaning Rivers will have



Associated Press

Carolina Panthers' Cam Newton (1) sits on the field during the first half of the NFL Super Bowl 50 football game Sunday, Feb. 7, 2016,

more opportunity to rack up pass- Panthers ing yards this week.

Newton and the Panthers had SIT: Cam Newton, Carolina a less than impressive showing Colts

against the Saints secondary, and it doesn't get any easier this week against a Patriots team that has been much improved since Week 1. The Panthers offense has not improved like many thought it would, and there was a report on Wednesday that Carolina officials fear Newton is "breaking down" physically. It is safe bet to keep Newton on your bench this week if you own him.

RUNNING BACK

START: Tarik Cohen, Chicago **Bears**

Cohen came out of nowhere this season as a solid fantasy running back and he should continue to be someone in your lineup this week. The Bears will head to Green Bay this week after taking down the Steelers in Week 3. Both Cohen and his backfield partner Jordan Howard had impressive fantasy numbers this week and expect that to continue against a Packers defense that has struggled to stop talented running back duos.

SIT: Frank Gore, Indianapolis

Gore had a solid fantasy week against the Browns in Week 3 but will face much tougher sledding against a desperate Seattle team this week. The Seahawks are 1-2 after losing to the Titans last week and will be out to prove themselves against a bad Colts team. The Seahawks' run defense will be all over Gore this week, making him a player you should avoid putting in your lineup.

WIDE RECEIVER

START: DeVante Parker, Miami Dolphins

Many thought Parker could become Jay Cutler's favorite target this season with his similarities to Cutler's former teammate, Alshon Jeffery. Despite losing to the Jets, Parker was able to have a solid fantasy week, hauling in eight catches, one of which was for a touchdown. Parker is becoming a player that should be in your lineup week in and week out, and that should start this week when the Dolphins host the Saints.

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COMICS





Pardon My Planet

by Vic Lee



Rhymes with Orange IS IT ME, OR DO THESE DOCTORS SEEM YOUNGER AND YOUNGER ?

by Hilary Price



Mike Du Jour

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HAPPY BIRTHDAY for Thursday, Sept. 28, 2017

This year you feel pressured to achieve more. Your family life becomes a focal point. Some of you will change where you live and/or buy a new home. Others will remodel your homes. Some of you will change roommates or move in with a special person.

If you are single, you could meet someone who persuades you to give up the single life. Note that there could be a degree of possessiveness between the two of you. Be careful.

ARIES (March 21-April 19)

 $\star\star\star$ Pressure builds. Making the right choice takes time and consideration. The situation suddenly might reverse itself and force you to regroup. Your instincts put you on the right path. Be willing to put in the effort needed to cross the finish line first.

Tonight: A must appearance. TAURUS (April 20-May 20)

 $\star \star \star \star$ Reach out for more information, especially if the facts still don't complete the puzzle. You know you are missing some details. Detach and take a hard look at what is happening. Your perspective is likely to change as a result. Tonight: Reach out to someone at a distance.

GEMINI (May 21-June 20)

 $\star \star \star \star$ One-on-one relating is highlighted. Be willing to express your feelings, despite a tendency to withdraw at times. You will witness a reversal of sorts around a personal matter; this change is not necessarily bad. Focus on your needs right now. Tonight: Togetherness is the theme.

CANCER (June 21-July 22)

★★★★ Stay centered, yet recognize when you have too much on your plate. Be clear with a partner about not being able to take on any more work right now. Some angry words could come out, but you'll deal with them appropriately. Tonight: Say "yes" to someone else's offer.

LEO (July 23-Aug. 22)

 $\star\star\star\star$ Deal with someone else's comment directly. You might want to see more of this person's behavior before you decide whether you will want to change your tune. An associate or partner is likely to hold out his or her hand as a goodwill gesture. Tonight: Exercise first, then decide.

VIRGO (Aug. 23-Sept. 22)

 $\star\star\star\star$ A loved one could surprise you with the feedback he or she gives. You might be best off following your heart. You also might want to be aware that you have a short fuse right now. Discuss your feelings before you reach a certain level of anger. Tonight: Move right along.

LIBRA (Sept. 23-Oct. 22)

 $\star\star\star\star$ Pace yourself, and follow through on a special idea. Discussions center on your foundations and/or domestic life. Curb a tendency to be too stern or serious. New facts might come forward unexpectedly, some of which involve your personal life. Tonight: Head home.

SCORPIO (Oct. 23-Nov. 21)

 $\star\star\star\star$ Keep sharing your ideas. The unexpected occurs around a routine matter, and your perspective is likely to change as a result. Many suppressed feelings could come to the surface. Just note the feelings you have. Hook up with a friend, if you can. Tonight: Catch up on news.

Mobile App

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Bigar's Stars is based on the degree of your sun at birth. The sign name is simply a label astrologers put on a set of degrees for convenience. For best results, readers should refer to the dates following each sign.

If you are attached, your love life will take on a very intense quality. Refuse to get into power plays with your sweetie; instead, choose not to play

CAPRICORN can be a stick in the mud at times.

BORN TODAY

Singer Ben E. King (1938), actress Brigitte Bardot (1934), actress Hilary Duff (1987)

SAGITTARIUS (Nov. 22-Dec. 21)

 $\star\star\star$ Examine what is happening financially before you make an important decision. You might opt to revise your thinking after a conversation with an older relative or boss. This person will be pleased that the two of you finally see eye to eye. Tonight: Get together with a friend. CAPRICORN (Dec. 22-Jan. 19)

 $\star\star\star\star\star$ You tend to throw yourself into whatever you are involved in. Your caring attitude comes out when dealing with a friend or loved one at a distance. This person might be overly assertive for your taste at the moment. Make it OK to change plans. Tonight: Be near good music. AQUARIUS (Jan. 20-Feb. 18)

 $\star\star\star$ Understand that a lot is happening behind the scenes right now. You might try to guess what is going on, but you probably won't succeed. You could be worried that someone close to you is playing a control game. Take a step back, if possible. Tonight: Get some much-needed R and R.

PISCES (Feb. 19-March 20) ★★★★★ The emphasis is on friendship. You have been focused on a different matter as of late, which also is important to you. Before you act, review plans you have with a loved one. After a discussion, you might change your thinking. Tonight: Follow someone else's lead.

Non Sequitur



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Washington



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Soccer

FROM Page 1.

Goalkeeping by nature is a niche job — one which requires specialized training and drills.

For that reason, Dennis and Chandler spend as much time training as a pair as they do training with the field players. The duo forms a smaller unit within the team where they can each hone their skills and challenge one another to improve.

Assistant coach and goalkeeping specialist Tim Wassell sees this dynamic each day at practice

"I can tell you that that growth they're bringing out of each other in the last six weeks has been unreal," Wassell said. "Some of the stuff they pull off in training — and it's kind of almost like they one-up each other — I'm like 'Holy smokes she just did that?' Then the next person pops in and is like 'I guess I gotta do better.'

Although Chandler's numbers

eye, she has made important saves when she's most needed. Playing as the last line of defense for a team as well rounded as Penn State can be difficult simply due to the fact that one's chances to make a game-changing save may come few and far between. But when the opportunity presents itself, Chandler has shown she's capable of preserving her net.

may not jump out to the naked

"It's just amazing to see her shine and make great saves," Dennis said. "We're winning huge games and I think it's going to be a really good year for us.' Dambach views the on-field success of the goalkeepers as a testament to their work ethic and environment in which they train.

"They are the classic definition of iron sharpens iron," Dambach said "They make each other better every day, and they can both go as far as they dream about in this game." THE DAILY COLLEGIAN

Boba tea cafés that won't burst your bubble

By Tara Wu and Morgan Seiff FOR DAILY COLLEGIAN

NEWS

Move over, Frappuccino there's a new star in the world of sweet drinks.

Sav hello to bubble tea, a beverage that blends the creaminess of milk with the essence of sweet tea and adds a chewy twist: black, marblesized pearls called "boba" that you suck up with an extra wide straw.

Let's clarify: boba, also called "bubbles" or pearls, are little balls of tapioca, a glutenfree starch. The tapioca pearls are softened in boiling water and then placed in a syrup mixture to keep them chewy, sweet and ready to eat. Howdrink, you can still enjoy milk tea without the pearls.

wan in the 1980s. Since then, dedicated following across the globe, from East Asia all the way to State College. Over the last few years, Downtown State College has become home to a number of "qualitea" cafés that specialize in making bubble drinks.

These locations each offer an impressive selection of beverages as well as the ability to create custom drinks: you choose the flavor, toppings and sugar content.

Whether you're a bubble tea newbie or connoisseur, here are some of the top places to try.

Café Wow

Truly a hidden gem, Café Wow is tucked underneath the Urban Outfitters on College Avenue. Come on a sunny day and takes advantage of the outdoor seating, or sit inside with your friends and enjoy a game of cards or Jenga.

Co-owner Justin Yang has been working at Café Wow since it opened three years ago. Inspired by both his love of bubble tea and its rising popularity among young people internationally, he decided to

Café Wow, one of the bubble tea establishments, on McAllister St on

open his own café for Penn State students.

"It's the bubbles that make it very special, and the lychee jelly, all that stuff," Yang said. Lychee jelly is a fruity topping option that can take the place of traditional tapioca bubbles.

"When you[?]re just drinking coffee, it feels boring," Yang said. "With something to chew on, it's more interesting."

Kung Fu Tea

If you're looking for a café with a mature ambience and a lot of great window seating, look no further than Kung Fu Tea on West Beaver Avenue. \Kung Fu Tea offers white boba seasonally and features an eponymous house special, "Kung Fu Tea," which is a best-seller.

Be sure to bring cash if you're only buying for yourself, as this café requires a \$10 minimum for credit card usage.

Manager Vivian Ma has been working at KFT for two and half years.

"I like making drinks," she said from behind the counter.

Ma finds that people are drawn to the novelty of bubble tea, as the drink is relatively new to the United States.

She also believes the extent to which people can customize their tea and toppings attracts

Prices for regular milk teas:

Bri Basile/Collegian

Café Wow: \$3.65 Kung Fu Tea: \$3.25 **Momotaro:** \$3.75

curious customers.

Momotaro

Got a sweet tooth? Hit up Momotaro, located on West College Avenue in the same plaza as Five Guys. Within the chic, modern atmosphere, you can spot its signature peach insignia printed on everything from their napkins to their customer loyalty cards.

Most famously known for its rolled ice-cream, Momotaro also has an extensive specialty drink menu.

Customer Chloe Bak (seniormanagement) gets her bubble tea fix at least three to four times a week.

When asked about why she chose bubble tea over all the other items on the menu, Bak gestured to her chocolate-flavored drink.

"After a meal, you crave something," Bak said. "Ice cream is good, but I like a dessert that lasts longer.



RON



Tight end for the Baltimore Ravens, Benjamin Watson (82), runs with the ball during a game.

Football

FROM Page 4.

SIT: Kelvin Benjamin, Carolina Panthers

With high fantasy expectations for No. 1 receivers in today's NFL, Benjamin has been incredibly underwhelming to start the season.

He hauled in just two catches for eight yards against the Saints last week and it would be wise to look at other options in a deep wide receiver pool for this week as Benjamin will likely be covered by talented corner Stephon Gilmore.

DOWN

TIGHT END START: Benjamin Watson, **Baltimore Ravens**

After taking over the starting tight end role, Watson has been a quality fantasy play. He racked up 91 yards in Week 2 and caught his first touchdown of the season last week. This week he'll take on a Steelers defense that failed to stop the Bears in Week 3.

Watson is owned in just under three percent of fantasy leagues and is a wise, low-risk play this week.

SIT: Kyle Rudolph, Minnesota Vikings

story, То read full visit collegian.psu.edu.

To email reporter: mcl5374@psu.edu. Follow him on Twitter at @linger_man.

ever, if you're put off by the presence of solids in your Tuesday, Aug. 25, 2015. Bubble tea originated in Taithe unique drink has gained a





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