

# DAILY COLLEGIAN

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## 46 years of dancing for a cure

By Lauren Fox  
THE DAILY COLLEGIAN

One day in 1973, Cris Guenter came home and was greeted by her roommates telling her they had entered her into a dance marathon with a guy down the hall named Sam Walker, who she did not know at the time.

It did not cost very much to enter the February marathon, and many people just went up and down the hallways of their buildings to collect coins from their neighbors in order to pay the entry fee. The proceeds for the marathon went toward mentally-disabled children.

The marathon, then known as the Interfraternity Council Dance Marathon, made its mark on Penn State history as the first THON.

“Back then it was so different,” Guenter, a graduate of the Class of 1976, said. “When we did THON there weren’t crowds, the HUB Ballroom was filled. But the HUB Ballroom is not the Bryce Jordan Center.”



Courtesy of Cris Guenter

Sam Walker, left, and Cris Guenter reunite in 2001. The two danced together during the first THON in 1973.

During the first year, the literal dancing aspect was taken very seriously. Guenter, of Smethport, Pennsylvania, said if you stopped dancing— even if the music had stopped— you were tapped on the shoulder and disqualified. You also were docked time for using the restroom.

There was also nothing comparable to THON’s current Dancer Relations Committee, and there was no emphasis on the comfort of the dancers. Guenter said the camaraderie and support from her floor and dorm motivated her to keep going. Guenter lived in Leete Hall that year, and was earning her bachelor of fine arts degree in art, in the area of painting.

While the first THON only lasted 30 hours, Guenter said she could envision herself dancing 46 hours as dancers do now— especially with the health considerations and support THON now gives to its dancers.

“I don’t know if my knees could take it now,” Guenter said. “But as a Penn State student, I would have jumped into 46 hours with the same enthusiasm.”

Around the HUB Ballroom, there were large glass bowls on tables with couples’ names that people could put money into. Every dollar someone earned was a point. To win, the couple not only had to finish— which 17 couples did— but they also had to raise the most amount of money.

She and Walker ended up winning. When it was announced, their building’s resident assistants scooped them onto their shoulders and the crowd carried them up to the stage. Guenter said for her, this will always be one of her favorite Penn State memories.

As a freshman in 1973, Guenter ended up participating in the dance marathon for the next three years as a student.

While Guenter and Walker were not involved in any fraternities or sororities, a lot of the people participating were.

“I think all the students back in [1973] felt it was a good thing to serve the community,” Guenter said. “It was one of the



Courtesy of Cris Guenter

Students dance in 1973 during the first THON.

first opportunities that I remember where it was open [to everyone].”

While greek life is still a huge part of THON, THON history captain Jordan Harris said that he thinks the philanthropy has become much more inclusive over the years, and anyone can get involved.

“I think that’s what I love,” Darcy Calabria, also a THON history captain, said. “It’s so inclusive to every single type of organization that wants to join. Literally any group can make a contribution.”

While Guenter and Walker had met through the dance marathon, they continued to keep in touch after.

“I’m a professor here at Chico State, and around 2001 I came into my office and there was a card on my desk,” Guenter said. “One of my colleagues said a guy came in and left a card on my desk and I just thought, ‘What?’”

The letter ended up being from Walker— over 25 years after they had danced together. He and his wife were visiting his son, who now attended Chico State. While he was there, he happened to see Guenter’s photo in the administration building from an award she had won.

About six weeks later, Walker and his wife came back for the “Chico State Experience,” which is the college’s version of

homecoming. Guenter and Walker met to catch up.

“It came full circle,” Guenter said.

Harris (senior-biology) said Guenter and Walker’s story demonstrates how THON impacts those involved.

“We can make such an impact on a child’s life,” he said. “But I think it’s cool that this organization gives so much to us and impacts our lives, too.”

Calabria (senior-classics and ancient Mediterranean studies) said knowing the bonds people like Guenter and Walker have formed from being involved with THON “warms her heart.”

Calabria said as a THON history captain, she has spoken to many alumni who were involved in past THONs, and it is “crazy” to hear how much the philanthropy evolved.

For example, she said transportation didn’t used to be offered to dancers afterward— they just had to get up and go home by themselves or get a ride after they were done dancing.

“It’s so crazy that they remember everything so vividly,” Calabria said, “and that it impacted them enough to keep visiting THON weekend year after year.”

See THON, Page 2.

## Minnesota sweep could tell a larger story

By Ben Ferree  
THE DAILY COLLEGIAN

As the final seconds ticked off the clock at Pegula Ice Arena on Saturday evening, Minnesota’s Sammy Walker collected the puck at the faceoff circle and chipped it down the ice. The

### MEN’S HOCKEY

crowd rose to its feet and the final horn sounded.

Déjà vu struck. Penn State just completed another crucial home sweep of Minnesota.

Eleven months after defeating the Golden Gophers four-straight times to earn a spot in the NCAA Tournament, the Nittany Lions once again swept one of college hockey’s traditional powers, and in the process, took the first step to playing themselves into the NCAA Tournament for a third-straight year.

One of college hockey’s newest programs (Penn State has now defeated one of college hockey’s olden and most storied programs (Minnesota) six straight times at Pegula Ice Arena and overall have won nine of its last 11 meetings against the Golden Gophers. The six-game home winning streak over Minnesota ties the program record for most consecutive home wins over a team.

“We take every game the same, but this weekend on its own, I mean, this was a big weekend for us,” coach Guy Gadowsky said following Saturday’s victory. “We haven’t had one like that in a while and to close out, to sweep, to win the second one, I think is a step as well.

“I think we took a step-in term of our defensive play in the D-zone, I think we took a step-in terms of mental toughness, being able to close out a team like that and they are a very good team, they’re very skilled, so future will tell but this feels like a really big

weekend right now.”

This was the first time this season Penn State has swept a Big Ten team and the first sweep for the Nittany Lions since a November series against Robert Morris.

It was a big weekend for Penn State not only because of the results, but also how the Nittany Lions defeated the Golden Gophers.

Penn State only gave up four goals all weekend and held Minnesota under 30 shots in both games. The Nittany Lions also had very balanced scoring all weekend. On Saturday, Penn State scored six goals, and only one was a product of the Limoges-Barratt-Folkes line, which at times has carried the offensive load for Penn State.

Nate Sucec scored three goals this weekend, with both Chase Berger and Brandon Biro both grabbing a pair of tallies a piece.

“I think everyone stepped up from forwards, to D, to even net-minder Peyton [Jones],” defender Cole Hults said following Saturday’s victory. “I think we all bought in to what we were talking about in the locker room and it really showed out there.”

Following Friday night’s game, Minnesota senior captain Tyler Sheehy was asked if he would miss playing in Pegula Ice Arena and his response encapsulated the Golden Gopher’s recent trips to State College.

“Oh god, no,” Sheehy said. “I’ve had a bad stretch here. Throughout my career it’s been alright but these last couple years. Ending our season here last year, losing four straight and then tonight, I don’t think it’s been too great.”

Penn State has consistently proved over the past two seasons that Gadowsky’s team plays its best hockey with its back up against the wall, when it

absolutely needs a win.

And this holds true in all six of the Nittany Lions wins over Minnesota, but it just seems like something special happens when Penn State takes the ice against the maroon clad team in Pegula.

“They are the Minnesota Gophers,” coach Guy Gadowsky said following Friday night’s 7-2 victory. “Anybody that grows up a hockey fan, wanting to play college hockey knows very well what a great program they have and what a great program they are.”

A great program or not, Penn State has not simply been beating Minnesota at Pegula — they’ve been embarrassing them.

In the six-straight victories, the Nittany Lions have outscored the Golden Gophers 34-15, including 13-4 in this weekend’s sweep.

This level of play against a traditional power, from a program only in its seventh season at the Division I level, shows the growth that Penn State has exhibited in such a short period of time.

The Nittany Lions lost their first five games ever played against the Golden Gophers and weren’t victorious in regulation against Minnesota until the 12th meeting between the teams on Feb. 6, 2016.

At the end of the 2016-17 regular season, Penn State possessed a 3-13 all-time record against Minnesota.

The turning point for Penn State — a double overtime win over the Golden Gophers in the semifinals of Big Ten Tournament in 2016. Since that victory Penn State is 8-2 against Minnesota.

“I think for me, it’s a belief that we deserve to be on the ice and winning games against them,” Berger said following Friday’s victory. “My freshman year we were kind of like ‘It’s Minnesota. This is a blue blood. This is it,’ and I think over the years we’ve had better players come in and nothing against them, but we’re not so much the new kids anymore.

“We feel like we belong on the ice with just about anyone in the country. I think there’s more of an expectation to not

just be in the game but to win.”

This expectation has turned into a reality for Penn State, and this weekend’s sweep has done wonders for the Nittany Lions postseason chances.

Penn State has now moved into fourth in the Big Ten standings, meaning if the season ended today, the Nittany Lions would host a series in the first round. The Nittany Lions also moved up one spot to

No. 17 in the PairWise rankings — only a few spots back from a spot in the tournament.

“We’re just looking forward game by game,” Hults said. “We’re just worried about playing our best hockey here at the end and we need to and we’re going to and I think that’s just what we are looking forward to.”

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Eric Firestone/Colegian



# ‘KNOW THEY MATTER’

*Umtrr, a new organization at Penn State, works toward changing the negative stigma surrounding mental health*

By **Jordan Corley**  
THE DAILY COLLEGIAN

Friends, family and community members came together after the death of high school sophomore varsity basketball player, Evan Rosenstock, to create an organization aimed at bringing mental health awareness to the forefront of teens’ minds.

Pronounced “you matter,” umtrr began after Rosenstock took his own life after battling with depression.

Rosenstock went to Winston Churchill High School in Montgomery County, Maryland. Following his death, his family and friends at school worked to create umtrr, an organization dedicated to “foster[ing] a community of students who know that they matter,” according to the mission statement on the umtrr website.

The nationwide organization has chapters at the University of Michigan, the University of Maryland, Towson— and now Penn State.

A chapter was formed at Penn State in fall 2018 by two Maryland natives and current Penn State students, Davina Chang and Christina Zheng.

Chang (junior-psychology) and Zheng (junior-biology) wanted to create a Penn State chapter after Chang’s friend at the University of Maryland told her about umtrr.

“I came here and I was looking for other clubs at the involvement fair and I didn’t really see anything related to mental health,” Chang said.

Through Chang’s friend, Chang and Zheng met with Sue Rosenstock, Evan’s mother, and Allison Rosenstock, Evan’s sister, the summer before their junior year to discuss forming a chapter at Penn State.

This enabled them to have the club’s foundation established before the Involvement Fair in fall 2018.

Chang is currently the president of the club, and Zheng is the vice president and treasurer. Both are considered founders of the Penn State chapter, as well.

In total, there are six executive board members and roughly three to five other members that attend meetings regularly.

Kathryn Stam, the advertising chair on the executive board, joined umtrr during her first semester at Penn State, when the club was starting.

“Mental health is personally



Chushi Hu/Collegian

**Davina Chang (junior-psychology), the president of umtrr,** speaks at the umtrr meeting on Wednesday, Feb. 6.

important to me,” Stam (freshman-engineering) said, “and there is a big stigma there that shouldn’t be.”

She said she wanted to join umtrr to help reduce the negative stigma associated with mental health.

“[There are] a lot of it is sporadic ins and outs [with attendance],” Zheng said, “It also comes down to a lot of people don’t put their mental health as something that’s as important as everything else.”

### Gaining traction

Increasing membership and spreading awareness has been difficult for the club. Chang said their booth at the involvement fair did not attract many students. She believes the negative stigma surrounding mental health and

belief that one could “seem weak” prevented many students from reaching out.

“It’s a little hard to say, ‘I’m very interested in [mental health] and I want to talk about it,’” Chang said.

To combat this and help promote umtrr, Chang and Zheng utilize advertisements in the HUB-Robeson Center, paper flyers, social media and fundraisers to spread their message and help increase membership.

“We’re mainly focusing on fundraisers and trying to write up the path about talking about mental health and breaking the stigma since there is this whole toxicity about talking about mental illness as a subject,” Zheng said.

Chang said the fundraisers have also provided good bonding opportunities for members between their bi-weekly meetings and have facilitated deeper conversations during their discussions.

“We want to have a more cohesive bond with our members and make a comfortable environment— there’s no judgment, we want to hear [the members] and know what [they] think,” Chang said.

Zheng said she believes their group discussions have improved since the club started, largely due to the members feeling more comfortable sharing their feelings and delving into more emotional topics.

Both Zheng and Chang agreed that a goal of umtrr is to create and maintain a positive environment, and an accepting culture which allows for a raw discussion of mental health.

“I think people want to talk about [mental health] or definitely think about it,” Chang said. “It’s everywhere, we have to deal

with society, but it’s a little hard to find an environment where we sit down and really talk about it.”

Zheng said the forum umtrr provides makes it easier for students to talk about mental health and she hopes that, as students see other students talking about mental health, it will become an easier topic for them to discuss, as well.

“When you truly believe what you’re saying should be said out loud, then other people can feel that too,” Zheng said.

### Making it personal

A typical umtrr meeting includes an overview of upcoming events, followed by a couple of broad questions posed to the members for discussion. Chang emphasized the fact that umtrr is not a support group.

Zheng and Chang said they incorporate activities into meetings and play relevant YouTube videos to keep members engaged and promote discussion.

In past meetings, they have talked about the role of social media on mental health and the gender bias when it comes to mental health.

Chang described one activity in particular where she had members choose a support person to take out of their life and then to describe their feelings at the thought of living without that person.

Zheng said she found it interesting to see who the members selected as their biggest supporters. She thought club

members would have selected family, but she said a lot of them chose friends.

“[The activity was] a way of taking your life apart and determining how strong [one] feels in their life and mental health,” Zheng said.

The goal, Chang said, was to raise awareness for underappreciated aspects of one’s life. She hopes that umtrr members will help other people realize what is important to them and what they need to work on as they learn about themselves through attending meetings.

“I think when you’re a little more aware and in tune with yourself, everything flows a little better,” Zheng said.

The goal of their meetings is not to find results, Chang and Zheng said. Instead, it’s to find a better and healthier way to approach the discussion of mental health.

### Creating a lasting legacy

Penn State’s chapter of umtrr has also partnered with the group ActiveMinds in the past and worked with UPUA to promote mental health awareness during mental health week. They have also had two guest speakers attend their meetings.

Chang said the meetings with a guest speaker were the best attended. One of the speakers, Blake Colaianne, a current graduate student, gave the first part of a speech about mindfulness and compassion during the fall semester. He will give the second part on Feb. 13.

“Another big part of umtrr is athletics,” Chang said. “Because [Rosenstock] was a basketball player, [umtrr] wants to center around athletics and have [athletes] talk about mental health.”

Chang said she has reached out to Penn State Athletics, specifically the football team. However, because they are Division I athletes, Chang believes there are a lot of restrictions placed on what the athletes can say.

Umtrr’s primary goals for the semester are to increase membership, maintain consistent membership and to spread their message across campus. Zheng said they are hoping to make progress in their ability to involve athletes in their mission.

As juniors this year, Zheng and Chang are hoping to build a strong foundation during the remainder of their time at Penn State to ensure the club remains after they graduate.

“I think our generation is very big on results and we want everything now with that instant gratification,” Zheng said. “But the honest truth is that it doesn’t work that way. Awareness is just raising awareness; we can’t break the mental stigma until [people] are there with us.”

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Chushi Hu/Collegian

**Christina Zheng (junior-biology), the vice president of umtrr,** talks during the umtrr Meeting on Wednesday, Feb. 6.

## THON

FROM Page 1.

The first THON brought in \$2,136. Now, each THON raises millions of dollars each year, with an overall fundraising total of over \$157 million.

“In order to grow in the future, you need to look at your roots and where you came from,” Harris said. “It’s nice to just look back and see how far we came.”

Kalabria said it’s important to remember THON’s “humble beginnings,” as people can get caught up in the size of the organization and feel like their impact is not as big.

After Guenter’s niece went to Penn State, Guenter said she saw how many events and fundraisers were planned throughout the year.

Then, she realized how big THON had actually become.

“This is big planning, and it delivers big services,” Guenter said. “I knew it was growing over the years, but then in talking to the students you start realizing decades later the monumental impact that Penn State students

are making.” Even within Harris and Calabria’s four years at Penn State, they continue to see changes within THON.

Harris said one major improvement he has noticed is a growing emphasis on alumni.

“We’ve been doing this for 40 plus years, so there are obviously tons of alumni that have gone through the same things we’re going through now,” Harris said. “It’s cool to be able to keep them involved now.”

Being a professor in California, Guenter has not been able to find the time to take a break from grading papers to go back to a THON weekend; however, she watches the livestream each year.

“I would hope that the commitment the Penn State students have shown over the years continues,” Guenter said, going on to say that she thinks students will continue to find innovative ways for the philanthropy to grow.

“I have high hopes and proud Penn State expectations for what’s to come next.”

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A smartphone displaying the Collegian app. The screen shows a news article with a photo of a football player and the headline "Everything you need to know about Penn State football heading into the Blue-White game". Below the article, there's a section titled "LATEST STORIES" with several bullet points.

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# Warren overstating Native heritage does disservice to a community

## OUR VIEW

### Warren's claims and Trump's rhetoric both fail a struggling minority group

The most recent feud between Democratic Senator Elizabeth Warren and President Donald Trump has further highlighted the mud-slinging and divisiveness surrounding the current political climate.

Trump sent out a tweet in which he referred to Warren as “Pocahontas” and made light of the Trail of Tears, which saw the United States relocate and slaughter tens of thousands of Native Americans.

Trump's tweet, which ended with “see you on the campaign TRAIL” was sent out in response to Warren announcing her bid for President of the United States and the controversy surrounding Warren's Native American heritage or lack thereof.

According to a DNA test, Warren does in fact have Native American ancestry, but it goes back as far as six to 10 generations, which prominent members of the Cherokee Nation feel doesn't automatically ingratiate her in the ranks of the community.

Warren's mischaracter-

ization of her Native American heritage goes beyond simply overstating it.

She's made a career out of using what she felt was genuine Native American ancestry to further her own advancement.

While working University of Pennsylvania Law School and Harvard Law School, Warren changed her ethnicity from white to Native American though a report by the Boston Globe revealed that many people in hiring departments and human resources viewed Warren as a white woman.

Now, running for President, Warren has once again made an issue of her Native American ancestry while further marginalizing one of the most disadvantaged minority groups in the United States.

According to the National

Congress of American Indians, Native Americans die of diabetes at a rate that is 189 percent higher than the national average and of alcoholism at a rate that is 510 percent higher than the national average.

The disparities aren't just in the healthcare field, as only nine percent of Native Americans have received a bachelor's degree as of 2008 compared to 19 percent nationwide, and as of the 2010 Census, the poverty rates on reservations was 28.4 percent.

It's clear that Native Americans are often the most marginalized group — but it seems like no one talks about it.

It's also clear that Warren is incredibly out of touch by trying to paint herself as this bastion of progressivism

while lacking the political acumen to use her heritage to her advantage and paint herself as a champion for Native Americans at a time when the government has continued to subjugate and ignore them.

She could have used it as an opportunity to raise awareness and underscored her responsibility as an incredibly powerful and influential politician to not forget about the plight of Native Americans — not exploit it for political convenience.

And for Warren not to expect questions surrounding her ethnicity while running for President is naive and shows she likely overestimated her heritage.

It's important to also underscore the racism present in the Trump's tweet, mocking the Trail of Tears,

seemingly a no-brainer for a president not to make light of.

His racism and vitriol toward Warren has also made this a story a lot longer than it might have normally been and has forced Warren to play defense, which she hasn't done well.

It also deals with the asinine fact that it's two incredibly white people dictating what constitutes someone being Native American, as if they'd have the first clue about what that entails.

Secretary of State of the Cherokee Nation Chuck Hoskin Jr. said using a “DNA test to lay claim to any connection to the Cherokee Nation or any tribal nation, even vaguely, is inappropriate and wrong.”

Yes, Warren has apologized for her remarks and yes, Trump's racist rhetoric will still persist, but if both sides decide to air on the side of civility and stop bloviating for 30 seconds, they could score a real and meaningful victory by addressing the plight of Native Americans.

MY VIEW | Kaleigh Quinnan

# Stop asking if art matters and ask why anything else does

Recently, I attended a ceremony at which the winners of the “Collegiate Laws of Life” essay contest read their responses. The winners were selected by a student panel, and two of the three all-male winners opted to respond to the prompt “does art matter?”

The first man to respond to this prompt opened his essay with a quote from Abraham Lincoln, and then followed with his presumptions about poetry and how art is “useless but it matters.”

The next winner took a similar route with his award-winning take on if art was important to him or not, citing poetry and giving an ambiguous response that flirted with the importance of art, but neglected to reference any pieces.

The other winner's essay was prompted by some David Foster Wallace quote and he wrote about how humanity is tied together by indulgence in self harm, and how we must collectively avoid such temptation. (Though, he neglected to mention the fact that Wallace handed himself in 2008).

Now, looking past the fact that the winners were an all-male group providing undergraduate opinions on things that have a great deal of importance to others but clearly not a huge personal stake for them (as per usual), the most frustrating part of this contest is the fact it literally asked “does art matter?”

The fact that the question was even posed means someone thinks this is up for debate. Then, someone decided the people who are best qualified to poke at this question are male liberal arts majors.

Does art matter? Well, does math matter? Does science?

English? Economics? The prompt only asked about art, because it's somehow the only subject up for debate. I seriously doubt a math major has been asked “Oh, do you really think that is important?” or if an engineer has been asked about future career plans because of the lack of substance in their major.

For my entire life, and certainly my entire adult life, people have been trying to convince me that art was not important. There are a variety of reasons why, I was told, that it is not important: It isn't a stable career path, it facilitates poverty, it is for the mentally ill, or that has no greater benefit to society — the list is seemingly infinite. Generally speaking, art does not fit well into a capitalist agenda, so it is not seen as relevant.

I will not take it upon myself to explain why art is important because I am not qualified to define what art is, which seems to be necessary for explaining its importance and because it has different implications for everyone.

Art is subjective, so it does not come as a surprise to me that people who know nothing about art and have not attempted to either educate themselves on it or pursue it do not think it is important. I am sure that had I not taken calculus in high school, I would think that math is pretty useless too. But instead, I can now understand the practicality of this subject because I was forced to take years of it.

In order to provide insight into “the importance of art,” I asked a few of the people in my major why art matters. There are 23 students in the bachelor's of fine arts drawing & painting program, which is pretty small for more than 45,000 undergraduate students at University Park.



Photo courtesy of Penn State

The Palmer Museum of Art is located on Curtin Road.

Here is what they had to say:

“For me, I am really interested in the mysteries of the world and how information is given to people. I think art is a really good way to have people share their experiences in non-verbal ways that transcends language. Art can be a simulation where they can create their own reality, and they can answer questions from their non-creative reality based on information that they discover in their simulation. If you want to get very scientific it is a way to create control variables. It's also a great stress reliever!”

“My art is important because I have to make it to survive. If I do not make it, I will get very sick.”

“Well, it's a sign of intelligent life. I can't really explain a lot. It's the only thing I'm good at, so I'd hope it'd be important.”

“I think it's important as a mode of personal expression, it also has historical importance by giving a window into certain parts of time. Life gets meaning when you give meaning to

things, and art could be one of those things that you give meaning to that could save people's lives.

“Art is just sex and death, and that is pretty much the whole human thing. So if you think humans are important, art is too.”

“Art isn't important, but nothing else is either so I might as well do something that I like.”

“My quote's gonna be like illiterate. Why is art important to me: because it's fun?”

Hopefully these responses provide some sort of a window into the world of someone who makes art. If you find you are still asking yourself if art is important, I encourage the use of a little more brain power to ask if what you study matters and why.

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## About the Collegian

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# BUSINESS AS USUAL



Ken Kalbach/Collegian

**Penn State's Bo Nickal** pins Kollin Moore of Ohio State during the bout at St. John's Arena on Friday, Feb. 8. The No. 1 Nittany Lions defeated the No. 2 Buckeyes 28-9.

*Even in a new weight class and against a new foe, Bo Nickal proves he's still among the nation's best*

By Jake Aferiat  
THE DAILY COLLEGIAN

COLUMBUS, Ohio — Bo Nickal's spent his entire wrestling life as one of the nation's most prolific pinners and as someone capable of hitting nearly every position in the book.

And it hasn't mattered whether Nickal was at 174 like his freshman year, 184 like during his sophomore and junior year or at 197 this season — the three weights in four years haven't seemed to faze Nickal or affect his results. But, neither has being thrust into the spotlight and needing to put Penn State (and his opponent) on his back.

So when the top-ranked Nickal took on No. 2 Kollin Moore with a chance to seal Penn State's 55th straight dual meet win on Friday, Penn State coach Cael Sanderson was confident Nickal would come out on top.

"He was ready to go. Bo's a big match guy — the bigger the match, he's gonna lock in," Sanderson said.

On Friday night against Ohio State on perhaps the biggest stage of this season, he once again rose to the occasion in spite of making the jump to 197 and all the pressure surrounding him.

Nickal wound up pinning Moore in just 1:38 to put Penn State up 24-8 with two bouts to go.

"Kollin is a tremendous worker and a tremendous leader here, and that's a tough way to lose in front of 15,000 people," Ohio State coach Tom Ryan said. "But you pick your head up — welcome to the real world pal."

The pin was the 54th of Nickal's career and puts him in sole possession of second place on Penn State's all-time leaderboard.

And even with the competition for the top spot on Penn State's all-time pin list brewing, Jason Nolf, the program's all-time leader said Nickal's 'pin first' mentality has been a constant.

"Bo always expects to pin his guys, which is a great mentality," Nolf said. "And he went out and did what he wanted to do and that's Bo."

For as aware of Nolf is of Nickal's goals and mindset, Ryan has been equally as aware since Nickal broke on to the scene five years ago.

"That guy's a pinner — one of the top pinners that program has ever had," Ryan said. "He's very dangerous."

Ryan has experienced that multiple times in the past, but perhaps no time was more prevalent or burned more into Ryan's mind than when Nickal pinned Ohio State's Myles Martin in the 184 pound final

of last year's NCAA tournament to clinch the team title for Penn State.

"You saw it last year in the finals against Myles Martin, who's a super wrestler," Ryan said. "If you're not settling in on his hips, you're gonna have a problem."

A little less than a year later — though it was a different opponent in a different weight class — Nickal was there to deliver the knockout blow.

But when the Big Ten and NCAA tournaments come around next month, Ryan is confident it can be Moore who poses the problem for Nickal.

"Would I sound silly to say that I think Kollin Moore can win that match 4, 5, 6 weeks from now? I don't think that's silly at all," Ryan said. "He got caught and we just have to learn from it and move on."

While Ryan is confident that Moore can rebound and come out victorious, he also realizes that beating Nickal is no easy task. And in his view, Nickal's success has been a key catalyst for Penn State's greatness.

"This is one of the great teams. I've been in this sport for a long time," Ryan said. "They've got guys on that team, four of the best college wrestlers we've seen in the last 25 years."

Ryan lumped Nolf, Mark Hall and Vincenzo Joseph as part of that elite group of four and though those three had long finished wrestling by the time Nickal took the mat, Nolf admitted the energy leading up to and following Nickal's match helped Penn State.

"We're all wrestling our own match and take it one match at a time. But we definitely feed off each other's energy," Nolf said.

While Nickal's win was instrumental in leading Penn State to victory and even though pinning a perennial national title contender quieted the Ohio State crowd, Sanderson knows there's still more to come and isn't getting complacent.

"We've got a lot of matches left. This is a great atmosphere and Ohio State does an awesome job," Sanderson said. "We're happy with the way our guys came in and wrestled today, for sure."

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Ken Kalbach/Collegian

**An Ohio State fan** looks on in disbelief as the Buckeyes lose the match on Feb. 8. The No. 1 Nittany Lions defeated No. 2 Buckeyes 28-9.

*Fueled by two early upsets, Nittany Lions dominate Buckeyes from start to finish*

By Sara Perlowitz  
THE DAILY COLLEGIAN

COLUMBUS, Ohio — As if the show last Friday against Michigan at the BJC dual wasn't enough, Penn State showed why they deserve to be at the top.

Taking down No. 2 Ohio State in their own building proved to be an easy task for the Nittany Lions from the very beginning. Unlike last year in Rec Hall, the bout was well over before heading into the final bout of the night.

The Nittany Lions went into St. John Arena and dominated the Buckeyes from start to finish.

Fueled by two early upsets, Cael Sanderson's team won seven of the 10 bouts, winning all of the bouts between ranked wrestlers, to roll to a final score of 28-9.

The action started at 133 pounds between No. 15 Roman Bravo-Young and No. 6 Luke Pletcher. Bravo-Young was back to the mat after a two-match hiatus after getting hurt against Purdue.

The bout was scoreless after the first period, but Bravo-Young got an escape point to start the second period. Pletcher tied it up with another escape to tie the match at one and send it to sudden victory.

Neither scored, sending it to tie-breaker periods where Bravo-Young escaped from Pletcher, but Pletcher could not get an escape in return. Bravo-Young gave Penn State an early 2-0 lead, losing a point after he slammed his headgear on the mat after the upset.

"The team knew we needed that first one," Ohio State coach Tom Ryan said.

"It took a little bit of energy out of us and our crowd too. I didn't envision it going that way."

No. 5 Nick Lee and No. 2 Joey McKenna were next in a top-5 matchup at 141 pounds. McKenna led 5-2 heading into the final period, but an escape and a quick take-down from Lee tied it up with 1:00 left. McKenna escaped with the clock ticking down, but Lee got

a good shot to give him two points and rode out the clock for the 7-6 decision.

Last year, it was McKenna who got the 7-6 decision over Lee, but Lee was able to avenge that loss this time around.

"He [Nick] just had more points at the end of the match," Sanderson said. "McKenna's great and he's going to be in the hunt for the title, so we've got to keep improving and Nick's got to keep improving."

Penn State's second upset of the night gave them an early 5-0 lead.

Top-ranked Jason Nolf and No. 8 Ke-Shawn Hayes were next to take the mat. At the end of the first period, Nolf had the 8-3 lead with 1:03 in riding time.

Nolf finished out the second period with a takedown to give him a 14-6 lead heading into the third period.

Nolf finished off the match by getting a four-point near fall to give him the 21-6 tech fall at the 5:51 mark, extending Penn State's lead 10-3.

"We're all wrestling our own match and take it one match at a time," Nolf said after the match. "But we definitely feed off each other's energy. We wrestled great as a team tonight and we're pretty happy with our performance, but we still have things to do to get better."

Heading into the break, the Nittany Lions had the 14-3 lead over the Buckeyes.

No. 3 Anthony Cassar faced No. 19 Chase Singletary at 285 pounds. Cassar built up a 10-4 lead heading into the third period of the matchup. Cassar got more bonus points for the Nittany Lions by getting the 18-8 major with 3:52 in riding time.

With one bout to go on the night, Penn State had a dominant 28-6 lead on Ohio State.

"I thought we were ready to win tonight," Ryan said. "Where we thought we were and what happened tonight are drastically different. I did not think this could happen."

"We've got a lot of matches left," Sanderson said. "This is a great atmosphere and Ohio State does an awesome job. We're happy with the way our guys came in and wrestled today, for sure."

Penn State extends its undefeated record to 11-0 on the season and 7-0 in the Big Ten.

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Ken Kalbach/Collegian



# Penn State attacks the record books

By Shane Connelly  
THE DAILY COLLEGIAN

Penn State broke a program record that stood since 1976 thanks to contributions from a multitude of different sources.

In their rout over Robert Morris, the Nittany Lions broke the program record for single-game scoring of 26 goals by one, defeating the Colonials 27-10 to get their revenge from last season's surprising loss. The usual faces made their presences felt in this one.

Attackman Grant Ament continued to ride the hot streak he started in the Villanova game that saw him put up 10 total points, a nation-leading number. While he didn't reach that lofty total against Robert Morris, his one goal and six assists came close to matching his Week One production.

Fellow attackmen Mac O'Keefe and TJ Malone also had big days, scoring five and four goals respectively.

Faceoff specialist Gerard Arceri's dominant first half helped tip the time of possession in favor of the Nittany Lions. He finished the game 11-for-13 at the faceoff X before resting the entire second half.

While the stars shined, it was the unsung heroes that made the

breaking of the record possible.

The player who scored the record-breaking goal wasn't Ament or O'Keefe or Malone, but freshman attackman Nate Buller.

Buller had a memorable first goal of his career thanks to fellow freshman attackman Jack Traynor, brother of Penn State alumnus Tripp Traynor, tying the record with his second goal of the game and second of his young career.

In total, 15 Nittany Lions found the back of the net in Saturday's game, something that certainly pleased coach Jeff Tambroni.

"I was impressed," Tambroni said. "Especially not having Kevin [Hill] today, I was impressed by so many guys' confidence to pull the trigger."

Though the final score doesn't reflect it, Robert Morris was able to hang around with the Nittany Lions early on in the first quarter. The Colonials' goalie Alex Heger was making saves, giving their offense opportunities to answer Penn State goals.

Tambroni was happy with the resilience of his offensive unit throughout the hard-fought early moments.

"I thought the guys stayed the course, were very disciplined," Tambroni said. "And it came from a lot of different areas, so I think that's a good sign of the confidence of our guys that they have in themselves."



Noah Riffe/Collegian

Defenseman Kevin Fox (31) and attacker Grant Ament (1) celebrate with a teammate after scoring during the men's lacrosse game against Robert Morris at Holuba Hall on Feb. 9.

With the star faceoff specialist on the sideline for the second half, Jake Glatz, Nick McEvoy and Jordan Donaghy all got their chances to see the field against Robert Morris' top faceoff guys.

The trio had its moments but struggled to replicate Arceri's production.

They amassed just a .462 win percentage at the faceoff X. Tambroni wasn't focused on the numbers though.

"Regardless of what the stat sheet may say, there's no experience like experience," Tambroni said. "So you get in there, you get a sense as to what it's like."

He added that he has no concerns with the depth of the unit moving forward.

Despite a historic offensive outing, Tambroni admired the performance of the group on the other side of the field most.

"I would say I was more impressed with the way we played defensively than offensively, regardless of the numbers we put up today," Tambroni said. "The first eight or nine minutes of the game, that's where we kinda gained our momentum."

With the offense still finding its

groove in the opening minutes of the game, the defensive unit held tough, never once allowing Robert Morris to take the lead.

"I thought the collaboration defensively — the way they stuck to the gameplan and worked together — I thought that gave us everything we needed early when

we were struggling offensively," Tambroni said. "I thought our offense actually gained their confidence because of what was going on down on the other end of the field."

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Noah Riffe/Collegian

Midfielder Gerard Arceri (40) cradles the ball during the men's lacrosse game against Robert Morris.

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## ATTENTION

THE BOARD OF Trustees of The Pennsylvania State University hereby gives legal notice of a meeting of the Committee on Audit and Risk to be held via conference call on Thursday, February 14, 2019, beginning at 10:45 a.m. This meeting is open to the public for listening purposes by live audio stream at [wpsu.org/trustees](http://wpsu.org/trustees). Notice is also provided of a meeting of the Committee on Audit and Risk (Executive Session) on Thursday, February 14, 2019, from 10:00 a.m. to 10:45 a.m.

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# Bigar's Stars

By JACQUELINE BIGAR

Monday, Feb. 11, 2019

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**ARIES (March 21-April 19)**  
★★★ Curb a newfound tendency to be extravagant. You might not realize the damage until after the fact. Recognize what you offer. You do not necessarily need all the symbols. You simply want them! Tonight: Try a new pastime or hobby.

**TAURUS (April 20-May 20)**  
★★★★ You charge into various situations highly energized and feeling great. Your decisions today will reflect the energy of this day. An inspiring, nebulous and/or flaky friend plays a significant and positive role in your day. Tonight: As you like it.

**GEMINI (May 21-June 20)**  
★★★ You sense much going on, yet you cannot define exactly what you are feeling. Say little; listen without judgment. Later, some of the activity around you, as well as your thoughts, will make sense. Respond to a creative suggestion. Tonight: Take some private time.

**CANCER (June 21-July 22)**  
★★★★ You know what you want. Whether you can realize that goal depends on your ingenuity and fortitude. Trust that if you really want something, you will give 100 percent in manifesting that desire. The end results can only be good with this approach. Tonight: With a friend.

**LEO (July 23-Aug. 22)**  
★★★★ Assume control if given the opportunity. Most people will acquiesce or agree with your decisions. An associate shares an unusually dynamic concept. Run with it, even if you were not the source of the idea. You could be delighted by the results. Tonight: Burning the midnight oil.

**VIRGO (Aug. 23-Sept. 22)**  
★★★★ Take in a new concept or way of thinking. You like the results and decide to learn more about this mindset. If possible, sign up for a workshop or hang around those who epitomize this type of thinking. You only gain from this experience. Tonight: Surf the web.

**LIBRA (Sept. 23-Oct. 22)**  
★★★★ Maintain a close tie. This person has more savvy and knowledge in handling partnerships and financial matters. An offer might look good, but it does not present a lot of possibilities. Get feedback. Mull over what you hear. Tonight: Time with a loved one.

**SCORPIO (Oct. 23-Nov. 21)**  
★★★ Defer to others, knowing that you need to understand their views. Let them follow their chosen path and see the results they get. They need this experience, and you do as well. You might learn a lot about those involved. Tonight: With a friend.

**SAGITTARIUS (Nov. 22-Dec. 21)**  
★★★ Stay earthbound and out of risky areas. Ultimately, you will be a lot happier. Focus on the task at hand. You will provide a complete product or result when you do. Others will see the difference. Tonight: Welcome some distraction.

**CAPRICORN (Dec. 22-Jan. 19)**  
★★★★ Your creativity might be called upon. Share your thoughts openly, without judgment about others' ideas. Those around you seek success but try the shorter route. You know that will not work. Tonight: News could be delightful.

**AQUARIUS (Jan. 20-Feb. 18)**  
★★★ Your stubbornness might cause a problem, not only for you but also for those who deal with you. Determine what the basis of your stubbornness is in each case. Try to flow more easily with others. Tonight: Home is your castle.

**PISCES (Feb. 19-March 20)**  
★★★★ Speak your mind, because others see your feelings on your face. You might not be able to hide strong reactions well. How you say what you think might make or break a situation. Tonight: Listen to a neighbor's news.

Today's Crossword presented to you by

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Across

1 Plaintive cry

5 Object

10 Shade of green

14 Hamburg's river

15 Fill with joy

16 Kind of testimony

17 Java is in it

18 Hollowed out

19 Done for

20 Personal computers

22 Swellings

24 Like some losers

25 Off-road vehicle

26 Entices

29 Brochure

33 Spreads

34 Salad oil holder

35 Tokyo, once

36 The Panthers of the Big East

37 In good shape

38 Roman deity

39 Capt.'s prediction

40 House coat

41 Madcap comedy

42 Dependable

44 Artilleryman

45 Life stories

46 Parachute part

47 Consecrate

50 Kandy locale

54 Garish

55 Fess up

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1 Honey drink

2 "What \_\_\_ is there?"

3 Japanese sashes

4 Achilles' heel

5 Interior designers' specialties

6 Skip the big wedding

7 Neighbor of Earth

8 Beehive State

9 Saved

10 11th son of Jacob

11 Cuckoo-pint, e.g.

12 Comedian Carvey

13 Fraternal fellows

21 Preschoolers

23 Cabinet div.

25 Short trip

26 Sot

27 High society

28 Nickel, e.g.

29 Wrinkled fruit

30 Live's partner

31 Draw out

32 Copier need

34 Solenoids

37 Deliberate act of destruction

38 Spanish courtship dance

40 Ache

41 Roll up

43 Footnote word

44 Enlarged thyroid gland

46 It may be organized

47 Resigned remark

48 Slangy denial

49 Yorkshire river

50 Urban haze

51 Indian bread

52 Deprive of life

53 Friend in war

56 Genetic stuff

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