

THE RECORD

COVERING THE NORTH COUNTRY
AND NORTHEAST KINGDOM



2014 EDITION
SPORTS
YEAR IN REVIEW

CONGRATULATIONS

2013 - 2014

ATHLETES

for a successful year

WELL DONE!



www.stjacademy.org

THE RECORD: 2014 SPORTS YEAR IN REVIEW

2013-14 HIGH SCHOOL ATHLETES OF THE YEAR



SAM BRUNETTE North Country
QUINN BORNSTEIN St. J Academy
MARCOS TAVARES St. J Academy
LOUISA NOBLE Woodsville High School
JAMES SHUFFLET Lyndon Institute
ALEIGHA LANGTANG Littleton High School
MUSTAFA KAY St. J Academy
MASON LANTZ Lyndon Institute
QUINN BORNSTEIN St. J Academy
RYAN PAUL North Country
TYRAH URE Lake Region
MATT VALENTINE Lyndon Institute
WHITNEY BERNIER North Country
DYLAN SHATTUCK St. J Academy
EMILY CLOSE Lake Region Union
JACK BROWN Lyndon Institute
EBERKA MILLETT White Mtns. Regional
ANDREW GRACIANO St. J Academy
ALEX RAINVILLE St. J Academy

The Record staff, based on merit, selected 19 Athletes of the Year: six in the fall, eight in the winter and five in the spring. Page 14

**MORE
CONTENT**

page **5** THE YEAR'S
TOP MOMENTS

page **20-21** ATHLETES
OF THE WEEK

FIELD GENERALS

Our 2014 Dream Dozen baseball, softball selections
PAGES 16-17



HOOP HEAVEN

Our 2013-14 Dream Dozen basketball picks
PAGES 22-23



FEVER PITCH

Our 2013 Dream Dozen soccer choices
PAGES 24-25

BIG SHOTS

Strong Man

St. Johnsbury Academy senior Mustapha Kay heaves the ball during a home track and field meet on May 6. Kay later was crowned the Division I shot put champion.



Photograph by
Michael
Beniash

EDITOR'S LETTER

I took my entire staff to the Barre Auditorium for Championship Saturday on March 8. Two of our teams, Danville and Lyndon Institute, had earned the right to play for their respective division titles. It was an historic day.

The Indians treated their fans to the program's first title in 25 years, slamming the door on their opponents by scoring the game's final 17 points. Not to be outdone, the Vikings throttled U-32 to win the D-II boys championship — the first in school history.

It was a joy and a privilege to cover those student-athletes on a day that will live indelibly in all of their collective memories.

We were as proud to chronicle those moments as we are to bring you the 2014 Sports Year in Review, dedicated both to the champions, and to all the dedicated, hard-working student-athletes that grace our pages throughout the year.

— Michael Beniash
Sports Editor

ON THE COVER Photograph by Paul Hayes
Lyndon Institute senior Axerre Ntabana embraces the Division II basketball trophy as teammates Harwant Sethi Jr. and Jay Cobb (33) look on following the Vikings' title-game win over U-32 on March 8 at Barre Auditorium. It was the school's first basketball championship.

THE RECORD/EDITORIAL

SPORTS EDITOR **MICHAEL BENIASH**

ARTICLES

Staff Writers **Stephen Garfield, Brad Usatch, Brendan Kozlowski**

PHOTOGRAPHY

Staff Photographers **Paul Hayes, Michael Beniash**

DESIGN & PRODUCTION Michael Beniash

CONTACT US AT
SPORTS@CALEDONIAN-RECORD.COM
OR 802-748-8121
VISIT OUR WEBSITES AT
CALEDONIANRECORD.COM
LITTLETONRECORD.COM
ORLEANSCOUNTYRECORD.COM

THE RECORD/BUSINESS

© Caledonian-Record Publishing, Inc. July 2014

PUBLISHER **TODD M. SMITH**

ADVERTISING SALES

Julie Poutre, Crystel McFarland, Glen Jardine, Lynne Thorpe, Sylvie Weber

ADVERTISING DESIGN & PRODUCTION

Jeana Desilets, Kirsten Nelson

A PUBLICATION OF THE CALEDONIAN-RECORD PUBLISHING COMPANY, INC.

190 Federal Street P.O. Box 8 St. Johnsbury, Vermont 05819

BIG SHOTS

Slip 'N' Slide

Blue Mountain Union's Willis Page dives head first into first base during the Division IV baseball championship at Centennial Field on June 14. He was called out, though the Bucks were crowned champions.

Photograph by
Michael
Beniash



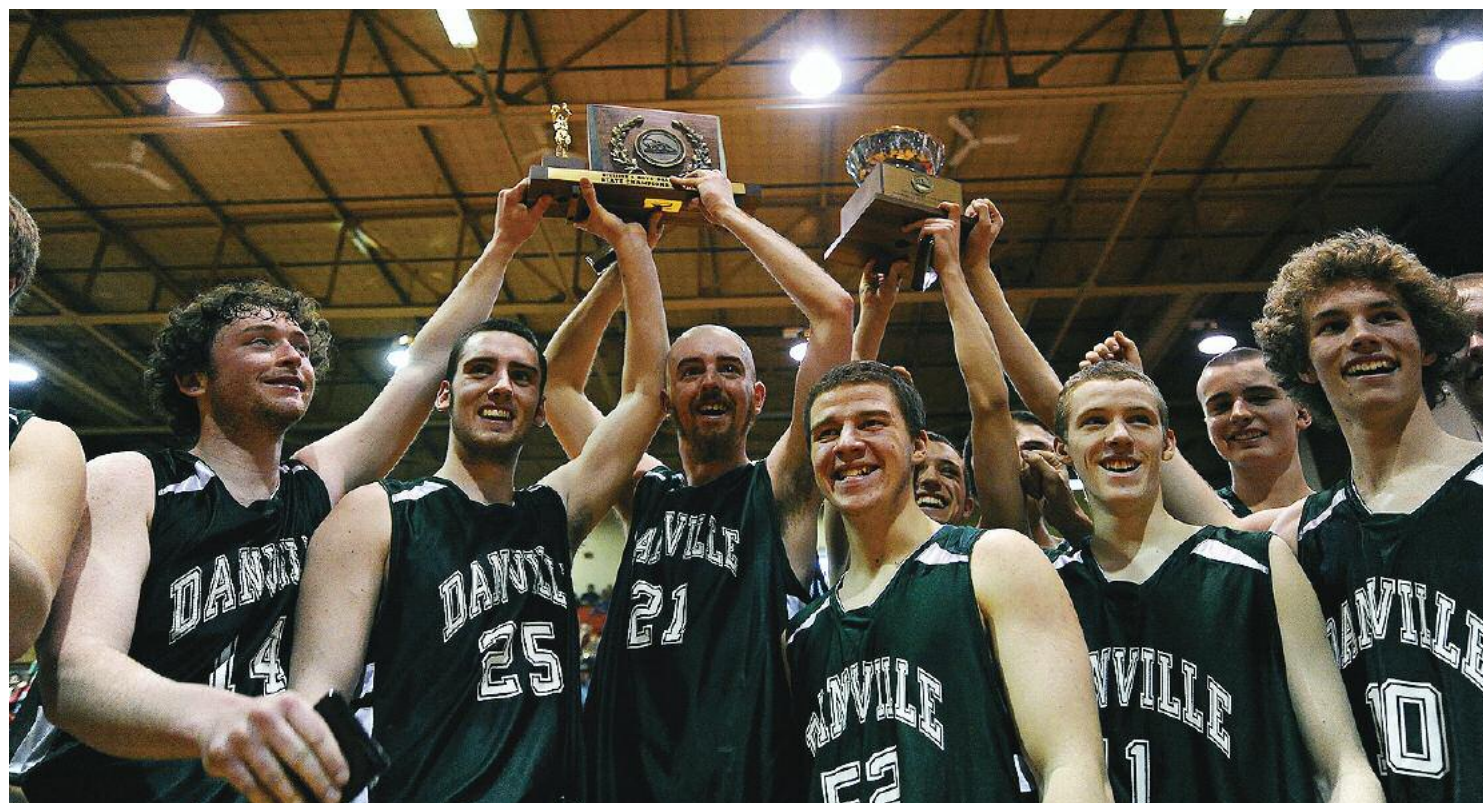
24/7/365 ... qualitymitsubishivt.com



QUALITY
MITSUBISHI

Exit 22 Off I-91 • Route 5
36 Memorial Drive • St. Johnsbury, VT

1-800-584-1539



INDIAN STUNNER

Danville players from left Jason Sweet, Kyle Johnson, Brett Elliott, Robert Drown, Grady Peterson and Jake Boudreau present the Division IV basketball trophies to their fans following a 50-43 win over Twin Valley on March 8 at Barre Auditorium.

The Tribe finished the game on a 17-0 run to win the program's first title since 1989. (Photograph by Paul Hayes)

THE RECORD'S 2013-14 MOST MEMORABLE SPORTS

MOMENTS



LYNDON AT LAST

James Shufelt celebrates Lyndon Institute's first basketball title, a 55-35 trouncing of top-ranked U-32 on March 8 at Barre Auditorium. (Photograph by Paul Hayes)

Editor's Note: There were hundreds of great moments this year. Here, in chronological order, are the ones *The Record* sports guys remember most:

BY BRENDAN KOZLOWSKI
Sports Writer

Sept. 7: In Lyndon Center, it was located on flat ground at the start of the game, but it didn't take long for the maple barrel to begin rolling in Lyndon Institute's favor Saturday at Robert K. Lewis Field.

Scoring on four of their five first-half possessions, the Vikings rolled up a 28-0 halftime lead and went on to a 47-22 win over North Country Union in the eighth renewal of the Barrel Bowl. It was the second straight win in the series for the Vikings following last season's 46-0 triumph, and their second straight blowout victory this season.

Sept. 27: In Hinesburg, in a battle of unbeaten boys soccer teams, St. Johnsbury Academy prevailed 2-1 over defending state champion and top-ranked Champlain Valley Union on Friday afternoon.

It was the Hilltoppers' seventh straight win to start the season and third coming in the vaunted Division I Metro.

Oct. 4: In Fair Haven, despite seven lost fumbles, No. 1-ranked Lyndon held onto its lead to win 28-20 Friday night and hold off a late comeback by the Fair Haven Slaters in a matchup of Division II's top two teams to improve to 6-0.

Oct. 5: In St. Johnsbury, the St. Johnsbury Academy Hilltoppers stunned the Vermont football community by beating three-

See **Memorable Moments**, Page 6

BIG SHOTS

High Hurdle

Lyndon Institute quarterback James Shufelt hurdles Woodstock defensive back Ty Anstruther during the fourth quarter of the Vikings' loss on Oct. 11. The 60-yard touchdown was called back because of a penalty.

Photograph by
Paul
Hayes



The Ford Focus is the Best Selling Car in the World.

NORTH COUNTRY
Ford
LANCASTER, NH
603-788-2311

BUILT Ford TOUGH

SALES, SERVICE, RENTAL, COLLISION CENTER
Three generations strong since 1959. | northcountrymotors.com

MEMORABLE MOMENTS

Continued from Page 5

time defending champion Hartford 19-18 in a Division I football game Saturday at Fairbanks Field.

Jarrett Bridges made the leaping grab for the go-ahead touchdown late in the fourth quarter to give St. J its first win over Hartford since 2003.

Oct. 19: In Lyndon Center, it had blowout written all over it from the opening kickoff, when St. Johnsbury's Dylan Shattuck lit up the overflow crowd with a kickoff return to Lyndon Institute's 18-yard line, and the Hilltoppers scored two plays later for an instant 7-0 lead as the two schools renewed for the 109th time Saturday, The Game.

A blowout ensued alright – only from the other side of the ball.

With Hilltoppers fans looking on in stunned silence and Vikings faithful going crazy, LI took over the game with a powerful display of offense, rolling up 605 yards of



LASTING MOMENT

Harper Favreau (4) and Zoe D'Olimpio celebrate after Favreau's tip-in tally in sudden-death overtime lifted Lyndon past St. J on Sept. 10. (Photograph by Michael Beniash)

total offense – 514 on the ground – in a devastating 63-29 win.

It was the second-most points ever scored

See **Memorable Moments**,
Page 7

BIG SHOTS

Playing For Keeps

Profile goalkeeper Ian Baker lunges for the ball during the first half of the Patriots' Division IV semifinal at Laconia High School on Nov. 8. No. 10 Profile lost to No. 3 Derryfield on penalty kicks 1-0 (4-3).

Photograph by
Paul
Hayes



MEMORABLE MOMENTS

Continued from Page 6

in the 108 previous editions of The Game, next to LI's 69-0 win in 1921, and helped to reverse two, more modern-day one-sided outcomes in which the Academy won 42-18 in 2008, and 42-16 in 2010.

Oct. 19: In Lyndon Center, LI kicker Travis Wilkinson kicked nine PATs, a school record, in the Vikes win over St. J.

Oct. 25: In Newport, there was little left to be said after North Country lost its final game of the season, at home, to previously winless Spaulding by a score of 26-8.

The loss capped a second consecutive season at North Country without a win for its football program, and also another year without a first win for head coach Tim Simoneau.

In 2011, the Falcons were a force. They put together a 9-1 season capping the career of longtime head coach Bob Davis. Then Davis retired and the Falcons graduated 23 seniors, including 20 varsity starters.

Oct. 29: In Burlington, in their first trip to the semis since 2008, fifth-ranked Lyndon fell 8-0 to No. 1 Bellows Falls on Tuesday in the Division III field hockey semifinals played at Moulton-Winder Field. Sarah Wells scored four goals to lead the Terriers.



A GOOD RUN

NCU's Mara Spates takes the ball from Stowe's Ricki Haab (22) during the Falcons' 2-1 loss to the Raiders in a Division III field hockey semifinal Oct. 30 at Moulton-Winder Field. (Photograph by Michael Beniash)

Congratulations!



We're proud to support
the hometown teams!

Passumpsic
Savings Bank
Your Partner in Financial Success



Member FDIC

VERMONT: ST. JOHNSBURY · LYNDONVILLE · DANVILLE · ISLAND POND · NEWPORT
NEW HAMPSHIRE: LITTLETON · LANCASTER · GROVETON · WHITEFIELD

passumpsicbank.com

BIG SHOTS

Bicycle Kick

St. J Academy's Manuel Lugo bicycle-kicks in a goal during the Hilltoppers' 6-1 victory over visiting NCU on Oct. 2, 2013. The tally was disallowed, ruled a dangerous play by the referee.

Photograph by
Michael
Beniash



MEMORABLE MOMENTS

Continued from Page 7

Oct. 29: In Hinesburg, if the final score was based on time of possession, or number of passes, the St. Johnsbury Academy-Champlain Valley Union soccer semifinal would have been different than the 1-0 score by which the Redhawks prevailed. It was just the St. Johnsbury program's third trip to a Division I semifinal (2008, 1985).

Oct. 30: In Burlington, for the second straight year North Country made it to the Division III semifinal at University of Vermont only to be eliminated in a hard-fought 2-1 decision. Last year the Falcons lost to 2012 champion Missisquoi. This year, Stowe jumped out to a 2-0 lead on a pair of second-half goals and North Country's late charge simply ran out of time.

Nov. 2: In Lyndon Center, in Saturday's Division II semifinal Fair Haven was the latest team to find out Lyndon's been crushing everyone in front of them. Chewing up Robert K. Lewis Field in the same fashion as they did against St. Johnsbury in LI's previous home game, the top-ranked Vikings (9-1) rolled to their first title-game appearance since 2000 with a 54-20 win over the Slaters.

Nov. 6: In Laconia, N.H., despite losing top-scorer Louisa Noble in the first half, top-ranked and unbeaten Woodsville took down

No. 4 Newmarket in penalty kicks Wednesday in the D-IV semifinals on Jim Fitzgerald Field at Laconia High School. The 1-0 final score was the result of Woodsville's 3-2 edge in penalty kicks.

Nov. 7: In Laconia, N.H., despite Ian Baker's best efforts, the No. 10 Profile Patriots' Cinderella run ended Thursday with a 1-0 loss to No. 3 Derryfield on penalty kicks (4-3) in the Division IV semifinals at Laconia High School.

Tied 3-3 in penalty kicks after five shooters, Derryfield senior Zoe Romo promptly stepped up to the penalty line and capitalized in the sudden-death scenario. With a chance to send it to the seventh kick, Profile junior Chris Sirois' shot sailed over the net, setting off a Derryfield celebration.

Nov. 7: In Laconia, N.H., Nick Skarin scored the game-winning goal as No. 5 Sunapee knocked off top-seeded Woodsville, 2-1, Thursday night, lifting the Lakers to the Division IV championship match on Sunday. It was the first D-IV semifinal, boys or girls, in which a goal was scored in regulation or overtime.

See **Memorable Moments**,
Page 9



For All
Ages



CALL 603.837.9342



SAVE THE NIGHT

Woodsville players including Samantha Thurston (20) and Kayleigh Clough (10) race toward goaltender Tori Clough at the conclusion of the Division IV semifinal game at Laconia High School on Nov. 7. Clough saved Newmarket's final penalty kick attempt, clinching the Engineers' first finals appearance since 1994. (Photograph by Paul Hayes)

MEMORABLE MOMENTS

Continued from Page 8

Nov. 9: In Manchester, N.H., after 100 minutes of scoreless play, No. 1 Woodsville fell to No. 3 Sunapee in penalty kicks 1-0 (3-1), Saturday afternoon in the Division IV girls soccer championship at Southern New Hampshire University.

Nov. 9: In Rutland, Rice's championship pedigree and well-executed game plan came to the fore Saturday as the Green Knights successfully defended their Division II football

championship with a 27-21 win over Lyndon Institute. It was their third D-II title in the last four years.

Jan. 18: In Bradford, history was made Saturday as Lyndon Institute guard Mason Lantz surpassed the 1,000-point plateau in the Vikings' 60-48 win over the Oxbow

See **Memorable Moments**,
Page 10



UNSTOPPABLE

Lyndon Institute players and fans celebrates after the Vikings dominated rival St. J Academy 63-29 in the 109th edition of The Game, the annual football rivalry between the two NEK high schools on Oct. 19. (Photograph by Michael Beniash)

COLLEGE FOR THE NORTHEAST KINGDOM

Passionate about fitness and sports?
Want to make it your profession?

Exercise Science

at Lyndon
State College

Exercise Science, B.S.

- > Pre-professional Athletic Training
- > Pre-professional Physical Therapy
- > Self-Designed
- > Strength and Conditioning—Health Fitness

Sports Management, B.S.



NATIONAL STRENGTH
AND CONDITIONING
ASSOCIATION
CERTIFICATION

COMMISSION ON ACCREDITATION
OF ALLIED HEALTH EDUCATION PROGRAMS



Still accepting
applications for
fall 2014.



LYNDON STATE COLLEGE'S
HORNETS PARTICIPATE IN
NCAA DIVISION THREE, NORTH
ATLANTIC CONFERENCE.



LyndonState.edu

Lyndonville, Vermont

1-800-225-1998 | 802 626-6413

Admissions@LyndonState.edu

Facebook.com/LyndonState



LYNDON
A vermont STATE COLLEGE

MEMORABLE MOMENTS

Continued from Page 9

BORN TO RUN

St. Johnsbury Academy's Quinn Bornstein reacts to her victory in the 1,600 as top-seed Rose Monahan of Essex follows across the finish line at the Indoor Track and Field Championships at Norwich University on Feb. 8. Bornstein repeated as the 1,600- and 3,200-meter champion. She also helped the Hilltoppers to a victory in the 4x800 relay. (Photograph by Michael Beniash)



Olympians.

Needing six points coming into the game, Lantz in the third quarter took a pass from guard James Shufelt, and made the layup for his 1,000th point. He was fouled on the play, and made good on the free throw to put him over the top.

Jan. 27: In St. Johnsbury, on a night when senior guard Brendan O'Shea was held without a field goal and forward Vlad Cobzaru to eight points, Taeshon Best (12 points) and Josiah Kimball (11) supplemented Tristen Ross' 13 points and helped the Hilltoppers to a 46-39 win over Rice at a filled-to-capacity Alumni Gymnasium.

It was the first meeting of the two Division I titans since last March's championship game. Even without key forward James Wells (broken hand), the Green Knights cut a 15-point second-half deficit to two in the late stages, but key shots by Ross and an important offensive rebound by O'Shea repelled Rice's run.

Feb. 8: In Norwich, SJA's Quinn Bornstein won the 1,600 by a little over a second to earn the title of state champion. The Hilltopper also was fastest in the 3,200 meter run. Bornstein outraced South Burlington runner up Katherine Cook by five seconds in the 3,200. It was the second straight year winning both races on the big stage of the state meet. She said it was her first win this season over Monahan.

Feb. 8: In Norwich, SJA senior Mustapha Kay capped a superb shot-put season with his first-place throw of 49 feet, 3.5 inches. That

was more than three feet longer than South Burlington runner-up Connor Young's throw of 46 feet.

Feb. 8: In Norwich, St. J senior Robin Vincent won the 600 meters in 1:40.00 for the state championship.

Feb. 8: In Norwich, SJA's Robin Vincent, Allie Peck, Bettina Hammer and Hannah Ryan won the championship in the 4x400 with a time of 4:21.82, more than six seconds faster than runner-up Essex. The 4x800 team also took home first place, led by Vincent, Quinn Bornstein, Peck and Molly Mulcahy.

Feb. 8: In Norwich, the Vikings placed a champion with junior pole vaulter Jack Brown and his winning height of 12 feet.

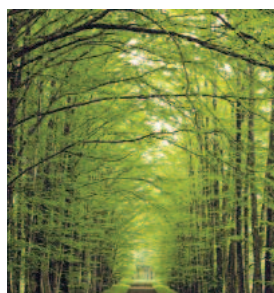
Feb. 8: In Norwich, Emily Close and Haley Kennedy became state champions for Lake Region in D-II racing. Close just nicked Rice's Riley Mitiguy in the 55 meter sprint; in winning the long jump, she had a comfortable margin of 6.5 inches on Harwood runner-up Haley Cleary.

Kennedy dominated in the 1,000, winning by 12 seconds. She edged by one second Oxbow's Shelby Rosten in the 1,600.

Feb. 10: In South Burlington, armed with a healthy lineup, a stifling defense and a stand-out rebounding night, Rice Memorial High School became the first Vermont team to hand St. Johnsbury a loss this season, dealing the Hilltoppers a 49-36 defeat in boys basketball on Monday night.

See **Memorable Moments**,
Page 11

Come Grow With Us!



- Affordable Tuition
- Transferable Credits
- Expanded Littleton Academic Center
- New Health and Wellness Coach and Advocate Certificates
- Over 50 Degree and Certificate Programs



White
Mountains
Community College

White Mountains Community College

2020 Riverside Drive, Berlin, NH 03570

Littleton Academic Center

646 Union Street, Littleton, NH 03561

603-752-1113 EXT. 3000 • 800-445-4525 • wmcc.edu



CLOSE CALL

Lake Region's Emily Close, center, beats out Rice's Riley Mitiguy and Harwood's Emma Russo at the finish line to win the 55-meter dash at the Indoor Track and Field Championships at Norwich University on Feb. 8. Close also won the long jump and was second in the 55-meter hurdles. (Photograph by Michael Beniash)



FLYING HIGH

Ross Delabruere (11) shows Ryan Paul his appreciation for Paul's season-extending, last-minute goal in NCU's 5-4 win over BFA-Fairfax in the Division I quarterfinals Feb. 2. (Photograph by Brad Usatch)



QUARTER-FINALE

Sean Springer (13) and head coach Jeff Davis react after a putback in the closing seconds gave No. 5 Mount Mansfield a 45-44 win over No. 4 St. J Academy in a Division I quarterfinal on Feb. 28. It was a stunning end for the Hilltoppers, who were seeking a berth in the Division I championship game for the second straight season. (Photograph by Michael Beniash)

MEMORABLE MOMENTS

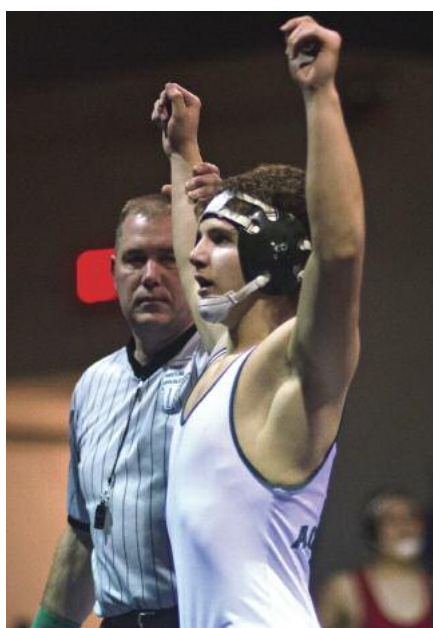
Continued from Page 10

Feb. 25: In St. Albans, Ryan Paul's second goal of the night and North Country's second in the final minute capped an unbelievable four-goal comeback to silence the hometown crowd and lift the sixth-ranked Falcons over No. 3 Bellows Free Academy in the opening round of the Metro Division boys hockey playoffs.

Down 4-1 late in the second, Paul scored his first on an unassisted effort with 21.5 seconds left in the period to give North Country hope heading into the final 15 minutes. On the heels of a furious third-period effort, Ryan O'Donnell tied the game with exactly one minute on the clock and then Paul finished off the stunned Bobwhites with 24.5 ticks left on the clock.

For the Falcons to advance to the semifinal round of the Metro Division playoffs, they were asked to do twice in one season what no North Country team has done even once in recent memory: beat Bellows Free Academy on its home ice.

Feb. 28: In St. Johnsbury, the baseball axiom "it's a game of inches" came to mind in Friday's 45-44 Division I quarterfinal win



DOMINANT DYLAN

St. Johnsbury Academy senior Dylan Shattuck raises his arms in victory after beating Mount Anthony's Noble Shaler, repeating as the 152-pound champion during the Vermont state wrestling tournament March 1 in Bennington. (Photograph by Austin Danforth/Burlington Free Press)

See **Memorable Moments**,
Page 12



U.S. ROUTE 2 ► DANVILLE, VT

802-684-2574

IN THE DELI

Marty's Specialty Sandwiches
(Made with Boar's Head Meat)

- **Heart Attack:** Maple honey ham, smoked gouda, bacon, lettuce, tomato, mayo
- **Where's The Beef?:** London broil roast beef & Lacey swiss on a toasted garlic butter roll or grinder
- **Marty's Hot Stop (a favorite):** Jerk turkey, 3 peppercorn Colby Jack, lettuce, raspberry spread on a wrap

IN A HURRY?
Call in your
deli or meat
order:
684-2574



MAINE SEAFOOD
Delivered Fresh Every
Tuesday and Friday

- NY Strip • Marty's Famous Beef Tips • Delmonico
- T-bones • Flank Steak • Flat Iron Steak
- All Certified Black Angus
- PRE-SEASONED PUB BURGERS
- LEAN GROUND BEEF
- BOAR'S HEAD DELI MEATS ALSO AVAILABLE

Mon-Thu. 5:30am-8:30pm • Fri. & Sat. 7am-9pm • Sun. 7am-8pm

MEMORABLE MOMENTS

Continued from Page 11

by fifth-ranked Mt. Mansfield over No. 4 St. Johnsbury Academy.

As a stunned crowd looked on at Alumni Memorial Gymnasium, Tinga Adiang's layin in the closing seconds was the difference on the scoreboard. It ended the Hilltoppers' season at 17-5.

March 1: In Bennington, Dylan Shattuck, idled much of the year with a leg injury suffered in The Game, made his last state tournament one to remember, sweeping through four matches en route to a successful defense of his 152-pound title. Shattuck was one of five Hilltoppers advancing to the New England tournament in Providence R.I., based on a top-four result.

March 3: In Plymouth, N.H., third-ranked Sunapee denied the second-seeded defending champions a return to the finals, 49-39 on Monday in the first semifinal of Monday's Division IV playoffs at Plymouth State University.



GHOSTBUSTED

Lake Region Union senior Alex Beauregard reacts at the end of the bench after fouling out late in the fourth quarter of the Rangers' Division III semifinal loss to Randolph on March 6 at Barre Auditorium. The Ghosts outscored LRU 21-7 in the fourth quarter. (Photograph by Michael Beniash)

March 3: Plymouth, N.H., Skylar Bonnette and top-ranked Hinsdale easily dismantled No. 5 Littleton 56-30 in the second game of the Division IV girls basketball

semifinal doubleheader on Monday night. The win at Plymouth State University completed the South's sweep

of the North Country as No. 3 Sunapee knocked off No. 2 Groveton in the early game.

March 5: In Barre, the Danville Indians found a way

to overcome a record-setting performance by Rochester guard Pavin Parrish on Wednesday night, as Kyle Johnson made 7 of 8 free throws down the stretch to help the second-seeded Indians to a 67-60 win over the Rockets in the Division IV semifinals at the Barre Auditorium.

It sends the Indians back to the finals for the third time in four years. They'll be seeking their first title since 1989 when they meet up with top-seeded Twin Valley on Saturday at noon.

March 5: In Barre, in the nightcap following Danville's D-IV semifinal win over Rochester, the Lyndon Vikings secured their first-ever trip to the state finals with a convincing 61-43 win over third-seeded Woodstock, 61-43.

It was a great night for ju-

nior forward Jay Cobb, who had a game-high 20 points while playing effective defense on top Wasp scorer Connor Fegard.

March 6: In Barre, the Galloping Ghosts of Randolph put an end to Lake Region's spirited charge through the playoffs with a 70-59 win in the Division III semifinal at Barre Auditorium on Thursday.

The third-ranked Rangers were looking for their first shot at the championship since a 2010 loss to Hazen Union in the finals, but found themselves plagued by early foul trouble and unable to keep up with No. 2 Randolph down the stretch.

March 8: In Barre, of Danville High School's five previous boys basketball championships, none may have come in the same fashion as Saturday's 50-43 vic-

See **Memorable Moments**, Page 13

We Support Local Sports



"Weighing Equipment
For The World"

2176 Portland Street, Suite #1 • St. Johnsbury, VT 05819
802-748-5111



DETHRONED

Groveton's Sadie Conroy walks off the court at the final buzzer as Sunapee celebrates its Division IV semifinal win at Plymouth State University on March 3. The third-seeded Lakers jumped out to a 14-3 lead and the second-seeded, defending-champion Eagles never recovered. (Photograph by Paul Hayes)

BIG SHOTS

Crash Landing

St. Johnsbury Academy's Renat Nigmatullin takes out Hartford's Andrew Atkinson during the Hurricanes' 4-1 Lake Division win at Fenton Chester Arena on Jan. 29.

Photograph by
Michael
Beniash



MEMORABLE MOMENTS

Continued from Page 12

tory over Twin Valley.

Then again, a 17-0 fourth-quarter run isn't your everyday championship-game occurrence either.

That's what it took, however, for the Indians to win their first title since 1989, 50-43 over the top-seeded Twin Valley Wildcats at the Barre Auditorium – and it came not only on the 25th anniversary of that one, but on the 50th anniversary of the 1964 team's first boys hoops title.

The team effort was keyed by superb performances by seniors Kyle Johnson and Patrick White. They combined for 40 of Danville's points (20 each). Johnson grabbed 15 of the Indians' 38 rebounds, and the two players combined for the Tribe's six fourth-quarter steals. White added six rebounds, as did forward Jason Sweet.

March 8: In Barre, Lyndon Institute had beaten top seed U-32 once before this sea-



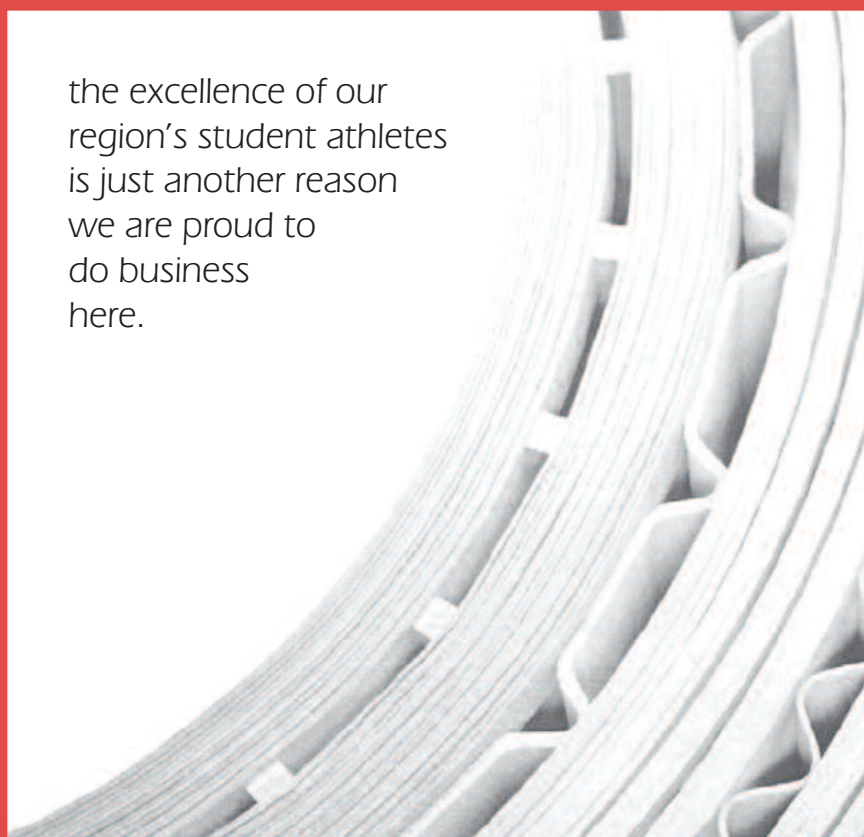
INDIAN STUNNER

Danville senior teammates Jason Sweet, left, and Kyle Johnson celebrate their Division IV basketball championship win over Twin Valley on March 8. (Photograph by Paul Hayes)

son, but it was the Vikings' second win over the Raiders on Saturday that gave second-seeded LI its first championship ever in boys

See **Memorable Moments**,
Page 18

the excellence of our region's student athletes is just another reason we are proud to do business here.



WEIDMANN

THE RECORD ATHLETES OF



SAM
BRUNETTE
North
Country

QUINN
BORNSTEIN
St. J
Academy

MARCOS
TAVARES
St. J
Academy

LOUISA
NOBLE
Woodsville
High School

JAMES
SHUFELT
Lyndon
Institute

ALEIGHA
LANGTANGE
Littleton
High School

MUSTAPHA
KAY
St. J
Academy

MASON
LANTZ
Lyndon
Institute

QUINN
BORNSTEIN
St. J
Academy

There were plenty of standout teams in 2013-14, yet we chose to zoom in a little closer on the individual athletes. The Record staff, based on merit, selected 19 Athletes of the Year.

D'S 2013-14 OF THE YEAR



RYAN PAUL North Country	TYRAH URIE Lake Region	MATT VALENTINE Lyndon Institute	WHITNEY BERNIER North Country	DYLAN SHATTUCK St. J Academy	EMILY CLOSE Lake Region Union	JACK BROWN Lyndon Institute	ERIKA MILLETT White Mtns. Regional	ANDREW GRACIANO St. J Academy	ALEX RAINVILLE St. J Academy
----------------------------------	---------------------------------	--	--	---------------------------------------	--	--------------------------------------	---	--	---------------------------------------

*little closer to recognize some standout individuals in their respective sports.
Year – six in the fall, eight in the winter and five in the spring.*

DREAM DOZEN

Annual The Record All-Area Teams | 2014 Baseball



Nick Barker
WMR, Sr., C

This second-team D-III All-State pick fanned twice on opening day – and once the rest of the season. He batted .438, and was over .600 in OBP. “He caught every inning of every game for the last three years,” Spartans coach Chris Foss said.

Garrett Brown
Concord, Soph., P/SS

Brown led the Wildcats to fourth place and two home playoff games in D-IV. He belted seven HRs, and his three gland slam homers could well be a state high. He had 23 runs, 29 RBIs and for good measure had four wins pitching.

Andrew Graciano
St. J Academy, Jr., C

The first-team All-Metro catcher batted .438, with 12 of his 21 hits going for extra bases and tied for the Metro lead with three home runs. He crossed the plate for 17 runs, and from behind it threw out nearly half of the runners who tried to steal.

Deryck Colburn
Lyndon, Sr., C

Few teams tested Colburn’s arm and “he picked a few kids off in key situations,” said coach Justin Smith. Colburn also scored a team-high 20 runs while fanning just six times from his leadoff position. His .326 batting average included a .476 OBP.

Dustin Bathalon
Lake Region, Sr., P/3B

A first-team All-Mountain pick, Bathalon led LRU in hits (16), average (.333), walks (11), OBP (.450), SLG (.479) and RBIs (14). He made just two errors in 28 chances, and went 5-2 with a 2.08 ERA, fanning 45 in 40 1/3 innings.

James Shufelt
Lyndon, Sr., SS/P

Shufelt had a big year at the plate with team highs in batting average (.444), slugging percentage (.533) and OBP (.536). He was second in RBIs with 17, and scored 15 runs. He was solid on the mound as well (3-2, 34 Ks in 27 2/3 IP).



Kyle Johnson
Danville, Sr., P/IF

The Mountain League first-team selection had 10 doubles and a homer among his 21 hits, making for a .389 battive average. He was better on the mound, fanning 85 batters in 56 innings pitched for a 1.75 ERA.

Matt Messier
Lake Region, Jr., P/3B

A first-team All-Mountain selection, Messier hurled three complete-game shutouts, including two no-hitters and a perfect game. With an ERA of 1.87, he fanned 88 of 181 batters and had a .901 fielding percentage. At the plate he had a .369 on base percentage.

Jackson Smith
Lisbon, Sr., C

Smith called every pitch in leading the Panthers to the top seed in the D-IV tournament. With 43 runs, the N.H. first-team All-State pick had more than twice that of anyone else, and his .510 BA was also team-best. He also had six doubles and eight HRs.

Davis Guyer
Lyndon, Sr., P/1B

Guyer was key to semifinalist LI’s 13-4 season, especially on the mound. He struck out 60 batters in 43 1/3 IP in compiling a 4-2 record. At the plate he came up big with a .333 average, scoring 19 runs and collecting a team-high 23 RBIs.

Tyler Davis
BMU, Jr., P/SS

Davis fanned 65 batters in just 36 innings for a 4-1 record. He was an equally tough out at the plate, reaching safely almost every other time up with a .449 OBP (.389 BA) and 12 RBIs for the Division IV champion Bucks.

Wyatt Prue
North Country, Sr., P

A second team All-Metro outfield selection, Prue led the Falcons in average (.389), slugging (.519), and RBIs (13). On the mound he had 29 strikeouts in 31 1/3 innings pitched for a 2.90 ERA.

DREAM DOZEN

Annual The Record All-Area Teams | 2014 Softball



Erika Millett

WMR, Sr., P

The N.H. Gatorade Softball Player of the Year owned the circle in the regular season, going 13-0 with a 1.35 ERA and 115 strikeouts in 81 innings pitched. A two-time first-team D-III All-State selection, she also batted .475 with a HR and a .522 OBP.

Emily Brosseau

Colebrook, Sr., P

Brosseau capped her fifth year of varsity with a stellar season. The first-team All-State pick went 10-4 with a 2.40 ERA and 105 strikeouts to gain D-IV Pitcher of the Year accolades. At the plate, she hit .322 with an OBP of .454 along with 20 hits and 18 RBIs.

Taylor Belknap

St. J Academy, Jr., P

Belknap had a solid season in the state's top league (Metro), going 10-8 with 146 strikeouts. The All-Metro honorable-mention choice batted .414 in the heart of the Hilltoppers' lineup, helping SJA to the D-I quarterfinals.

Julia Bowman

Woodsville, Sr., C

With four doubles, four HRs and 21 RBIs, Bowman had the power numbers to go along with her .411 BA. Her leadership and stellar defense helped the Engineers to a 17-2 record and the choice for Granite State North Player of the Year.

Caroline Eyman

Profile, Sr., C

Eyman had the numbers to back up her selection as D-IV Player of the Year. The speedy catcher was successful in all but one of her 21 stolen-base attempts, also hitting .411 with a team-high .696 slugging percentage. Defensively, she had one passed ball.

Zoe D'Olimpio

Lyndon, Sr., 2B

D'Olimpio was consistent from the beginning to the end of top-seeded LI's dominant campaign, coach Mike John said. Solid at second base, she hit at a .400 clip near the top of the Vikings' batting order.



Corrina Cota

Lake Region, Sr., C

Cota batted her way to the All-Mountain League first team after hitting .509, scoring 26 runs, stealing 21 bases and adding 15 RBIs. Her defensive skills didn't go unnoticed as she was named the league's co-defensive player of the year.

Lily Stinehour

WMR, Jr., OF

Great range in the middle of the Spartan outfield, the Division III All-State second-team selection was a major threat on the basepaths and compiled a lofty on-base percentage from her leadoff spot to help the Spartans to the championship game.

Katherine Emley

Woodsville, Sr., 1B

Emley's .449 batting average was second-best for the 17-2 Engineers, but more impressive was her .567 BA with runners in scoring position. As a result she had a team-high 28 RBIs and was named to the D-IV All-State second team.

Haillie Mesics

Lyndon, Sr., SS

Coming back from a serious knee injury last fall, Mesics fielded her position cleanly and batted "right around .400," coach Mike John said. "It was Haillie's leadership — her positive attitude" that helped LI to the top seed in Division II.

Alannah Farley

BMU, Jr., SS

Cited by coach Rodney Rood as "the top hitter on the team by far," Farley compiled a regular-season batting average of .570 to help lead the fourth-seeded Bucks to the Division IV championship game.

Rebecca Hicks

WMR, Jr., 1B

Stellar defensively at first base, the first team All-State choice was a key cog in the heart of the Spartans' dynamite lineup, leading her squad in batting average and RBIs and helping the top seeds to the Division III championship game.

MEMORABLE MOMENTS

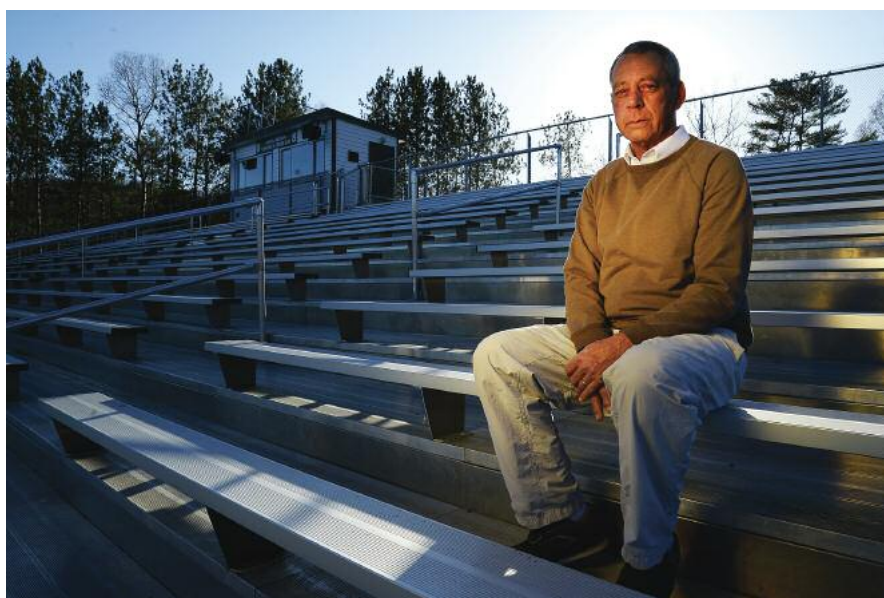
Continued from Page 13

basketball.

U-32 had no answer for a tenacious Vikings defense that allowed just 13 second-half points, including four in the third quarter, en route to a 55-35 win that, after a split of their two regular-season games, left no doubt as to the best team in the division. This all-or-nothing rubber match was by far the most one-sided outcome of their three games; the two regular-season games the teams split were decided by a total of nine points.

March 10: In Plymouth, N.H., Littleton trailed by just four at the half, but Jimmy Stanley and the Blue Devils got hot in the second half, stretching the lead to as many as 22 en route to a 67-56 win in the Division IV boys hoop semifinal Monday night at Plymouth State University.

Stanley finished with a game-high 20 points, 14 rebounds and five assists and



ALL-TIME GREAT

Former St. Johnsbury Academy phenom Steve Lewis (Class of 1967) was honored for his outstanding athletic contributions with his induction into the Vermont Principals' Association Hall of Fame on May 2. (Photograph by Paul Hayes)

Colby Wilson added 14 points, including four 3s.

Owen Stone (10 points, five rebounds), Brett Hagan (nine points), Logan Briggs

(10 points, six rebounds) and Danny Brammer (nine points) led the Crusaders. Kuba Kubkowski contributed six points and a

team-high 10 rebounds.

March 15: In New York, Mustapha Kay took second place out of 28 competitors in the weight throw at the New Balance Nationals Indoor this weekend. Kay threw a personal best 60-feet, 8.5 inches. The event was held at The Armory, a New Balance track complex.

April 14: In Lyndon Center, responsible for rebuild-

ing the Lyndon Institute football program that culminated in a berth in the Division II championship game this past fall, Vikings head coach Dan Nolan resigned Monday after six seasons.

"I love our program, our team, our community," Nolan told NSNports.net. "It was a really tough decision and I leave with a heavy heart. It just feels like the right time for myself and my family and it is just too good of an opportunity to pass up."

Nolan accepted an assisting coaching position at Robert E. Lee High School (also known as Midland Lee), a Class 5A football power in Midland, Texas.

"Lee competes in the largest classification in the state of Texas and has an unbelievable tradition of excellence," Nolan wrote in a farewell letter on lyndon-football.com. "While I am thrilled to have the opportunity to join such a well established program in the nation's premiere football state, I am saddened to be leaving my alma mater behind."

hind."

Nolan, a Lyndon Institute alumnus and former assistant coach at North Country Union, compiled a 27-29 record in six seasons with the Vikings. None better than 2013, when LI set numerous school records on offense, walloped rival St. J Academy 63-29 in The Game and grabbed the No. 1 seed in the D-II playoffs before falling to Rice 27-21 in the finale.

Nolan leaves LI with a 3-3 record in The Game and a 1-2 mark in the postseason.

April 20: In Miami, Derby Line's Steve Clifford lead the Charlotte Bobcats into the first game of the playoffs against the Miami Heat in one of most successful seasons in franchise history.

May 2: In Montpelier, St. Johnsbury Academy graduate Steve Lewis (Class of 1967) was inducted into the Vermont Principals' Association hall of fame.

Lewis was a three-sport athlete at the Academy who led the Hilltoppers to a state football championship in 1966, was St. Johnsbury's

See **Memorable Moments**,
Page 19

Life has no guarantees. That's why you have us.



We offer everything from home, auto and life insurance to business and commercial, construction, retail and executive insurance and many other kinds of coverage. Whatever your budget, whatever your needs, we can help. Guaranteed.

John Blackmore
George Coppenrath
Sam Kempton



**SAWYER
& RITCHIE
INSURANCE
AGENCY**

198 Route 2
W. Danville, VT
P.O. Box 196
802-684-3411
nwjinsurance.com

A DIVISION OF NOYLE W. JOHNSON, INC.



LEGENDS UNITE

Former Lyndon standout Bob Heath, left, and ex-St. J Academy star Ray Frey share a laugh during a Vermont high school track and field meet May 6. Both schools named their respective track complexes after Heath and Frey. (Photograph by Michael Benias)

MEMORABLE MOMENTS

Continued from Page 18

first 1,000-point scorer in basketball and was a three-event standout on back-to-back championship track teams.

May 28: In Orleans, in what was a quality baseball game in many respects, one storyline stands out: Lake Region's junior ace Matt Messier faced 21 batters and retired 21 batters to record the first perfect game of his career and his second no-hitter of the season in a 4-0 win over Peoples Academy.

Messier essentially won the game for himself in the first inning when he singled home Kolby George. On the whole, though, Wednesday's contest was a well-played, error-free game by both sides and a defensive struggle in which the Rangers managed to generate four runs on six hits and the Wolves simply could not get a runner on base.

May 31: In Essex Junction, at the New England Qualifier on Saturday, St. Johnsbury Academy's Robin Vincent broke the school record in the 800 meters, and won the event, with a time of 2:17.16. Vincent then went on to win the 4x400-meter relay with Bettina Hammer, Hannah Ryan and Allie Peck in which she anchored.

"The biggest news is that Robin broke the school record in the 800. She's been close so many times," SJA coach Chip Langmaid said. "It was a beautiful race. She passed the girl in the back straight and held her off coming in. Carmen [Bango]'s very good as well, it's not like it was an easy race. Carmen's by far the best in D-III."

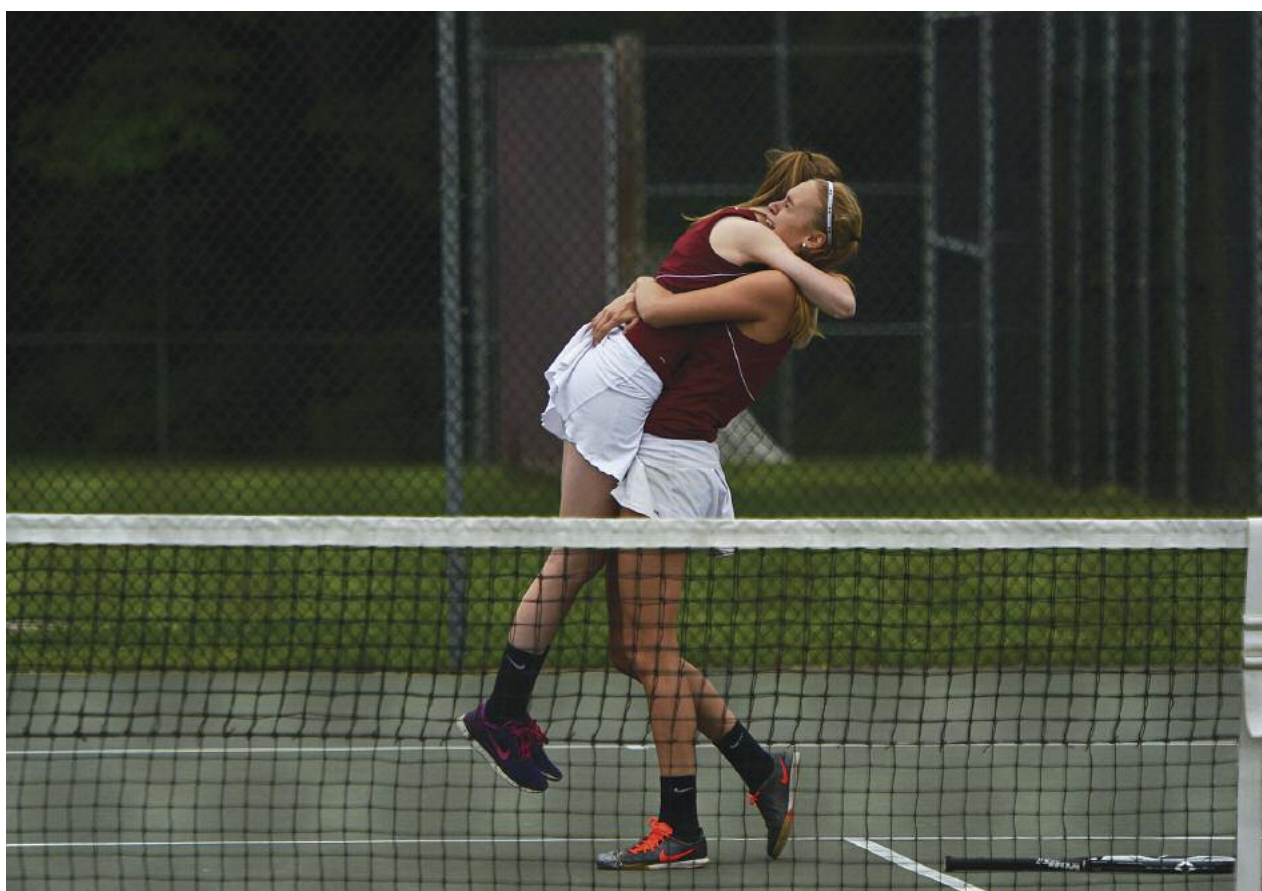
June 3: In Williston, St. Johnsbury Academy exchange student Sabrina Vieli won the state golf championship on Tuesday by beating back a challenge from two-time defending champion Chloe Levins of Rutland in a playoff at Williston Golf Club.

After 18 holes, Vieli and Levins were tied at 84 strokes on the par-72 course. According to St. Johnsbury coach Rich Alercio, officials from the Vermont Principals' Association and the Vermont Golf Association offered the girls the option of either sharing the championship or going head-to-head in a playoff with the first player to win a hole taking the top prize.

Alercio said Vieli was happy to split the title, but Levins asked to play it out.

In Division II, Lake Region lived up to its potential, and scored a six-stroke victory Rice

June 4: In Manchester, N.H., playing better as they moved up in the draw, the fourth-ranked



FOUR REAL

Jaclyn Howard, left, and Allison Horne celebrate after winning the decisive match as Littleton defeated Conant 5-4 in the Division III state tennis championship at the Derryfield School in Manchester, N.H., on June 4.

It was the Crusaders' first girls tennis title since 1998. (Photograph by Paul Hayes)

Littleton Crusaders completed a three-match sweep of the Division III girls tennis playoffs on Wednesday with a 5-4 win over second-seeded Conant.

It gave the Crusaders (15-2) their first girls tennis championship since 1998. It was a battle all the way in the playoffs; they nipped Berlin 5-4 in their opening round, then knocked out top-seeded Moultonborough 6-3 in the semis.

June 5: In Chicago, White Mountains Regional High School pitcher Erika Millett on Thursday was named the 2013-14 Gatorade New Hampshire Softball Player of the Year. The senior is the only Spartan to be chosen for this award and the first North Country player since Pittsburg baseball's Vince Judd in 1986.

Millett led the Spartans to a 16-0 record and the No. 1 seed in the ongoing Division III state tournament. She owned the circle, going 13-0 with a 1.35 ERA and 115 strikeouts in 81 innings pitched. A two-time First Team All-State selection, she also batted .475 with a home run, eight RBI and a .522 on-base percentage.

June 7: In Chester, the Lake Region girls won both the 4x100 and 4x400 relays on the way to second place overall in team scoring.

The Rangers 4x400 team of Tyrah Urie, Karamae Hayman-Jones, Haley Kennedy and Emily Close completed the race in a blistering 4:16.56, shattering their own school record and turning in a time that would have been

See **Memorable Moments**,
Page 26

LYNDON TRUCK CENTER

83 Hemlock Lane
Lyndonville, VT
802-626-4300
Monday-Friday 7-5
Saturday 7-Noon

MOBILE REPAIR SERVICE 24/7

HEAVY TRUCK REPAIRS & PARTS

Tires of All Sizes for Medium
and Heavy Duty Trucks

We install what we sell.

WRECKER SERVICE

Heavy
Towing and
Recovery



FACES IN THE CROWD

The high school sports year spans three seasons, from September to June. We cover hundreds of games in New Hampshire and Vermont. Needless to say we see some inspiring moments. The following is a compilation of our Athlete of the Week selections.



Jacquelyn White
Danville Soccer



Josh Guyer
LI Football



Harper Favreau
LI Field Hockey



James Shufelt
LI Football



Marcos Tavares
SJA Soccer



Briana Bocelli
NCU Field Hockey



Dylan Shattuck
SJA Football



Quinn Bornstein
SJA Cross Country



Colton Hudson
SJA Football



Tristen Enderson
WMR Field Hockey



Tyrah Urie
LRU Soccer



David Bazzell
Woodsville Soccer



Aleigha Langtange
Littleton Field Hockey



Travis Wilkinson
Lyndon Football



Alex Beauregard
LRU Soccer



Brittany Fortier
NCU Field Hockey



Dave Peters
Lyndon Football



Louisa Noble
Woodsville Soccer



Dominic Hahr
SJA Wrestling



Whitney Bernier
NCU Hockey



Hollie Smith
NCU Basketball



Kyle Johnson
Danville Basketball



Severija Narkute
SJA Basketball



Ross Delabruere
NCU Hockey

Cyan Magenta Yellow Black

Dr. Stephen Feltus
Dr. Richard Leven
Dr. Jill Ganch

Proud supporters of area youth sports programs!

Your Complete Family
Eyecare and Eyewear Center

**Optical Expressions**

802-748-3536

Green Mountain Mall
St. Johnsbury, VT



STYLE+FOCUS

TACKLE YOUR CAR PROBLEMS

AAA's
Number One
Service Shop
In Vermont

Locally owned, serving the community for 33 years.



Open Weekdays
7:00 AM - 5:00 PM

1193 Portland Street
St. Johnsbury, VT

802-748-3636
www.wesward.com



Approved
Auto Repair

CONGRATULATIONS TO ALL THE TEAMS!

FACES IN THE CROWD

The high school sports year spans three seasons, from September to June. We cover hundreds of games in New Hampshire and Vermont. Needless to say we see some inspiring moments. The following is a compilation of our Athlete of the Week selections.



Jordan Farquharson
BMU Basketball



Jay Cobb
LI Basketball



Megan Hamel
Colebrook Basketball



Brett Elliott
Danville Basketball



Abbey Pelletier
Groveton Basketball



Vlad Cobzaru
SJA Basketball



Matt Valentine
Lyndon Alpine Skiing



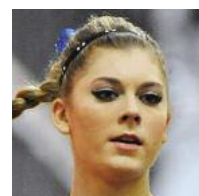
Robin Vincent
SJA Indoor Track



Axerre Ntabana
LI Basketball



Janet Bohannon
Craftsbury Basketball



Emily Close
LRU Indoor Track



Mustapha Kay
SJA Indoor Track



Britani Buck
Danville Basketball



Kuba Kubkowski
Littleton Basketball



Tyrah Urie
LRU Basketball



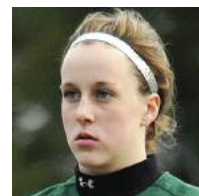
Dennis Newland
LRU Basketball



Ryan Paul
NCU Hockey



Jena Wheelock
Groveton Basketball



Taylor Belknap
SJA Softball



Derek Roy
WMR Track & Field



Julia Bowman
Woodsville Softball



Kyle Johnson
Danville Baseball



Jack Brown
LI Track & Field



Hayleigh Martin
Groveton Softball



Dylan Blowey
Lisbon Baseball



Haley Kennedy
LRU Track & Field



Andrew Graciano
SJA Baseball



Robin Vincent
SJA Track & Field



We welcome AOW nominations.
In 2014-15, send us a line about
your worthy candidates to:
sports@caledonian-record.com

Erika Millett
WMR Softball



Matt Messier
LRU Baseball

CARLISLE PLACE
Physical Therapy and Wellness Center, LLC

Outpatient Orthopedics • Cancer Rehabilitation • Post Surgical Care

Private Treatment Rooms • Complete Therapy Gym

Temperate Pool • Underwater Treadmill • Chair Lift

SAVE MONEY ON A CAR

Search and Compare on

AUTO802.com

DREAM DOZEN

Annual The Record All-Area Teams | 2013-14 Basketball



Brendan O'Shea

St. J Academy, Sr., G

A smooth three-point shooter, O'Shea averaged 11.2 points, six assists and five rebounds per game to warrant spots on the VBCA North-South team and Metro Division second team.

Brett Elliott

Danville, Sr., F

Elliott made the Mountain Division first team and was a VBCA North-South All-Star selection. He averaged 16 points per game and 10 rebounds per game this season to help the Indians to a Division IV title.

Mason Lantz

Lyndon, Sr., G

The Record's Player of the Year averaged 13 points, four rebounds, four steals and four assists per game in leading the Vikings to their first hoop title. He was chosen for the VBCA North-South squad and was a Capital Division first-team pick.

Vlad Cobzaru

St. J Academy, Sr., F

The 6-foot-7 forward was a strong force in the paint for the Hilltoppers. Averaging 16.5 points per game, 10 rebounds per game and 2.5 blocks per game, the senior was named to the VBCA North-South All-Star team and the All-Metro first team.

Alex Beauregard

Lake Region, Sr., G

A two-way player, the VBCA North-South All-Star had the ability to take over a game. The senior shot 49 percent from the field to finish at 12.5 ppg. He also recorded 29 steals, and averaged three boards per game to help the Rangers to the D-III semis.

Jay Cobb

Lyndon, Jr., F

Cobb improved as the season progressed, blossoming into a force as the Vikings captured their first-ever hoop championship. The junior averaged 9.4 points and 4.5 rebounds per game and was named to the Capital Division second team.



Bailey Johnson

Profile, Sr., G

The Division IV All-State second-team selection posted 14 points, 6.3 assists and 2.1 steals per game. The nifty ballhandler also set the school record for assists (143), surpassing the old mark of 135.

Axerre Ntabana

Lyndon, Sr., F

The Vikings' leading scorer and rebounder (13.5 points, 7.0 rebounds per game), Ntabana was a crafty force in the paint (including 71 points and 31 rebounds in two wins vs. Thetford). The Capital Division first-team selection also helped spur LI to the D-II title.

Kyle Cipollone

Lyndon, Sr., F

Cipollone was a matchup headache for most every LI opponent. Statistics (8.5 ppg; 4.0 rpg; 2.0 spg) were secondary for the 6-foot-4 forward, who played in the VBCA North-South and made the Capital Division second team.

Dennis Newland

Lake Region, Sr., F

Newland recorded 28 blocked shots, averaged nearly six rebounds per game and shot 62 percent from the field for 12.7 ppg. Newland was a Mountain Division first-team selection and earned a spot on the VBCA North-South All-Star team.

Kyle Johnson

Danville, Sr., F

The Mountain Division player of the year averaged 24 points and 10 rebounds, helping lead Danville to its first D-IV title in 25 years. The VBCA North-South All-Star also scored a school-record 55 points in an 82-63 playoff win over West Rutland.

Tristen Ross

St. J Academy, Jr., G

An all-around offensive threat, St. J's second-leading scorer averaged 14.8 points per game. Ross was selected to the VBCA Division I and II Dream Dozen team and an All-Metro first-team choice.

DREAM DOZEN

Annual The Record All-Area Teams | 2013-14 Basketball



Jordan Farquharson

Blue Mtn., Jr., G

A driving force for the Bucks, the Central Vermont All-League choice averaged 13 points, five rebounds and three steals to pace Division IV Blue Mountain to a 10-win season.

Tyrah Urie

Lake Region, Jr., G

The Record's Player of the Year, Urie led LRU with 13.3 ppg and helped the young Rangers climb back from a 2-6 start to finish 11-9 and earn a trip to the D-II quarterfinals. A VBCA Dream Dozen selection, Urie recorded a team-leading 56 steals.

Bianca Verret

Littleton, Sr., F

Verret helped fuel the Crusaders to the D-IV Final Four while averaging 11 points and seven rebounds. She outpulled all but five players in gaining first-team All State recognition, and also played in the postseason North-South game.

Abbey Pelletier

Groveton, Soph., F

Groveton's leading scorer and rebounder, Pelletier just missed averaging a double-double (17 points, nine boards). The Granite State North Player of the Year was a D-IV first team All-State selection while scoring just under 400 points on the year.

Brigette Rankin

St. J Academy, Sr., G

The three-year varsity guard earned All-Metro honorable-mention recognition, as she led the Hilltoppers in scoring at seven points a game, also averaging two rebounds and two assists.

Tori Clough

Woodsville, Soph., G

Clough was Woodsville's go-to player, landing a berth on the D-IV All-State second team. According to coach Jim Kinder, guard was not her natural position, but she played a lot of minutes, handled a lot of pressure, and "we relied on her the most."



Janet Bohannon

Craftsbury, Sr., G

The Central Vermont League all-star averaged 16 points per game to cap a 1,095-point high school career. Bohannon was a solid two-way player averaging 3.5 steals and 6.8 rebounds and helped lead the Chargers to their first semifinal appearance since 1990.

Katie Menard

Lake Region, Soph., G

Quick feet, quick hands and a non-stop motor helped the Ranger point guard shake off a midseason ankle injury to finish with 8.6 ppg and earn second team All-Mountain League honors. Menard averaged 3.8 assists, 3.3 rebounds and 2.7 steals.

Jordan Manning

Hazen, Sr., G

Selected to the VBCA North-South game, Manning averaged 10 points, six boards and three steals per game in her third and final year with the Wildcats. A second team All-Mountain selection, "she was on one speed, full throttle," coach Gary Bellavance said.

Lexi Lawson

Colebrook, Jr., G

Lawson had a breakout year, averaging 10.9 points, 8.6 rebounds, 2.3 steals per game and a spot on the Division IV All-State second team. The 5-foot-8 guard's peak moment was a season-high 28 points in Colebrook's playoff win over Derryfield.

Britani Buck

Danville, Soph., F

With 261 rebounds (100 on the offensive glass) and 210 points, Buck averaged a double-double (11 points, 13 rebounds) to help pace the Indians. The 5-foot-10 forward also led the team in assists (50) while making the All-Mountain second team.

Sadie Conroy

Groveton, Sr., G

Averaging four steals, four assists, six rebounds and six points per game, Conroy was a floor leader in terms of her presence and her ability to step up defensively in big situations. The second-team D-IV All-State helped the Eagles to a 19-2 overall mark.

DREAM DOZEN



Annual The Record All-Area Teams | 2013 Soccer



Eric Remick
Danville, Sr., MF

Gifted with the ball, the shifty Remick scored 11 goals and added eight assists (before breaking his foot in the Indians' first playoff game) en route to a berth on the Division IV All-State list and the All-Mountain first team.

Jackson Smith
Lisbon, Sr., F

Smith moved to striker two games into this season and responded with 24 goals (18 outside of the 18-yard box), nine assists, a first-team Division IV All-State designation and a Granite State North Player of the Year honor.

Manuel Lugo
SJA, Sr., MF

A big, physical presence on both ends, Lugo was an All-Metro honorable mention selection, scoring 12 goals and three assists. He played through a late-season hip flexor to help SJA into the Division I semifinals.

Alex Beauregard
Lake Region, Sr., F

A physically dominant striker, Beauregard was a Division III All-State and first-team All-Mountain League choice who racked up a school record 26 goals and led the Rangers to an 11-2-2 record and an appearance in the quarterfinals.

Natzu Friebe
SJA, Jr., F

Strong with his head and feet, Friebe had a nose for the ball around the goal, ringing up a team-high 21 points on 15 goals and six assists, good enough for first-team All-Metro and Division I All-State honors.

Nate Marsh
North Country, Sr., D

Marsh was a mature presence on the back line that helped a young Falcons team stay competitive game after game against top Metro Conference talent. His ball skills and consistent, heady play made Marsh an All-Metro League second team pick.



Dan Roy
Woodsville, Sr., MF

The speedy Roy returned after an early-season ankle injury and responded down the stretch. The D-IV All-State first-team selection tallied 14 goals and eight assists in helping Woodsville to first place and a trip to the semifinals.

Solomon Zaga
SJA, Sr., GK

Making highlight saves all season, Zaga was the anchor of an overachieving Hilltopper defense. The first-team All-Metro and All-State selection had six shutouts, including one in the postseason. His goals against average was .833.

Ethan Call
WMR, Sr., MF

The four-year starter earned second-team All-State recognition in helping the Spartans to a 13-5 record. Splitting time between soccer and cross country, he scored six goals and six assists after having led WMR in scoring the last two seasons.

Marcos Tavares
SJA, Sr., MF

A dynamic end-to-end player, Tavares was The Record's Player of the Year, an All-Metro first team and All-State pick who had 15 goals and four assists in helping the Hilltoppers reach the D-I semifinals for just the third time.

Bailey Johnson
Profile, Sr., MF

Despite playing from a defensive midfield position, the four-year player and captain of the D-IV semifinalist Pats tallied 17 goals and 10 assists (75 percent of his team's scoring) to notch a spot on the All-Conference list and All-State first team.

Colby Couture
WMR, Sr., D

The sweeper/outside half-back was the defensive leader, a Division III honorable mention selection and a WMR tri-captain who had uncanny anticipation and the ability to spur the team's offense out of the back.

DREAM DOZEN

Annual The Record All-Area Teams | 2013 Soccer



Amber Bissonnette
WMR, Sr., F/GK

Contributing as both a forward and goalkeeper, the versatile speedster had the ability to raise the energy of her teammates. She finished with six goals and three assists and had 16 saves in four games, along with a 1.0 goals against average.

Louisa Noble
Woodsville, Sr., F

The Record's female Player of the Year, Noble led Woodsville to an 18-1-1 record, a No. 1 seed and a trip to the Division IV finals. Noble tallied 23 goals and 18 assists and was named to the Division IV All-State second team.

Jordan Manning
Hazen, Sr., F/D

A first-team All-Mountain and Division III All-State selection, Manning (seven goals, four assists) was the Cats' leading scorer, "and she didn't always play up front," coach John Sperry said of his two-year varsity player.

Delia Carstens
Profile, Fr., F

In her first year of varsity play, the freshman stood out with 34 goals and led the Patriots to seventh place with an 11-5 record. Carstens was named to the Division IV All-State second team.

Tyrah Urie
Lake Region, Jr., F

A deft shooter with track-star speed, the junior striker is a two-time D-II All-State choice and this year's All-Mountain League player of the year. Despite being tightly marked every game, Urie led LRU with 15 goals and 10 assists.

Nell McQueeney
SJA, Sr., MF

McQueeney had four goals and five assists and was named to the All-Metro first team. "The most talented local player that I have worked with in the past four seasons," coach Jeff Burroughs said.



Crystal Moss
North Country, Sr., F

Challenging every foe on a tough D-I schedule with a combination of speed, skill, athleticism and competitive fire, the Falcons' leading scorer played the field from end to end and earned first-team All-Metro League honors.

Hannah Lavoie
Littleton, Sr., MF

Shifting to center midfielder her senior season, Lavoie thrived in her new role. Strong with the ball, the Crusader tallied four goals and four assists and was a Division IV second-team All-State selection.

Jordyn Cowles
Lake Region, Jr., GK

The All-Mountain League second-team pick was the unsung hero on an LRU squad that relied heavily on a quick-strike offense. She finished with six shutouts in 14 games and recorded a .857 goals against average for the 12-2 Rangers.

Shannon McGrath
Lisbon, Sr., F

A first-team All-State pick and member of the Granite State North team, "Shannon was our most prolific scorer," coach Mike McKeever said. The four-year player had 18 goals and 13 assists, ending with career totals of 49 goals and 36 assists.

Dee Martin
Woodsville, Soph., F

Fast off the ball and gifted with it, Martin led the Engineers in scoring this season with 27 goals and added 11 assists to help Woodsville secure the top seed, an 18-1-1 record and berth in the Division IV championship.

Emily Brosseau
Colebrook, Sr., D

The four-year starter and Division IV All-State first-teamer was especially effective this season, as her experienced play at outside back brought stability and good defense to a young squad. "She was a real gamer," coach Katie Parker said.

MEMORABLE MOMENTS

Continued from Page 19

good for third place in Division I.

Close stayed perfect on the season in the 300 hurdles and took second in the 100 hurdles.

June 7: In Fair Haven, Lyndon's Jack Brown won the 400 meters, cleared 12-0 to win the pole vault and ran on the winning 4x400 relay team to help the Vikings boys take third overall in the Division II track and field championships.

Brown, Tomas Kamenik, Axerre Ntabana, and Aaron Gilman teamed up to turn in a time of 3:39.53 to edge Middlebury and Fair Haven by less than a second in the 4x400.

Kamenik also finished number one in the 300 hurdles.

June 7: In Burlington, St. Johnsbury senior and first-year track and field prodigy Mustapha Kay threw the shot 49-feet 0.5 inches to win the state title with teammate E.J. Baer taking second. Baer also finished third in discus.

June 10: In Wells River, sophomore Morgan Sulham and the No. 4 BMU Bucks beat ninth-ranked Twin Valley, 6-2 Tuesday to advance to the Division IV softball championship.

June 11: St. Johnsbury Academy track star Quinn Bornstein was chosen Wednesday as the Female High School Athlete of the Month for the month of February by the Vermont Sports Media Association.

Bornstein had a stellar finish to her winter running season, winning a trio of events at the Vermont indoor state track and field championships. Bornstein's winning time at 3,200 meters was also the fastest winning mark since 1998, breaking her own school record. Bornstein won the 1,600 in what was the second-fastest time recorded since 2004, and she became just the second girl to repeat in the 1,600 and 3,200.

She also became the first



EXTRA SPECIAL

Blue Mountain Union catcher Mark Puffer roars to the crowd as Jordan Rood, left, and Sam Cota prepare to high-five during the latter stages of the Bucks 3-2, nine-inning walk-off win over Mount St. Joseph in the Division IV baseball championship at Centennial Field in Burlington on June 14. (Photograph by Michael Benias)



SUPER SEQUEL

Erika Millett, right, and teammate Sam Newell celebrate their win over Pelham in the Division III semifinals at Plymouth State on June 14. Millett, the N.H. Gatorade Softball Player of the Year and the Spartans eventually lost to Campbell in the championship for the second straight year. (Photograph by Paul Hayes)

boy or girl to win the 1,600 and 3,200 and run on a championship 4x800-meter relay

team. Later, at the USATF New England Championships on Feb. 23, Bornstein capped

her season by running the fastest indoor girls' 5,000 in Vermont history.

June 11: In Plymouth, N.H., Erika Millett was on fire and the top-seeded White Mountains Regional Spartans scorched fourth-ranked Pelham 7-0 on Wednesday night in the Division III softball semifinals at Plymouth State.

Millett smoked through eight in a row on strikes before she allowed a baserunner with the one walk she issued. Before it was over, Millett struck out 17 and gave up two hits to the 25 batters she faced, and threw 106 pitches.

June 11: Plymouth, N.H., the top-ranked Woodsville Engineers got off to a slow start in their Division IV softball semifinal matchup at Plymouth State University with No. 4 Portsmouth Christian Academy on Wednesday and, unable to recover, fell 13-1.

June 12: In Plymouth, N.H., the first four innings of Thursday's Division IV base-

ball semifinal went by in less than an hour as Gorham's Tyler Sanschagrin and Colebrook Academy's Justin Siewierski collectively allowed just three hits.

Then came the fifth. Suddenly finding thunder in their bats, the eighth-seeded Huskies put up eight runs and made it stand for an 8-3 win over the fourth-seeded Mohawks and a date in Saturday's championship game in Manchester with second-seeded Sunapee.

June 14: In Plymouth, N.H., the undefeated season came to an end for the White Mountains Regional softball team in Saturday's finals. Third-seeded Campbell kept the Division III crown 1-0, making the Spartans runners-up for the second year in a row.

The dream destroyer was delivered in the fifth. Gianna Cataldo led off with a boomer to center field that barely escaped a glove and landed the Cougar on third. One strikeout

later, Emma Kuczowski drew the throw on a ground ball near first, while the eventual game-winner was scored.

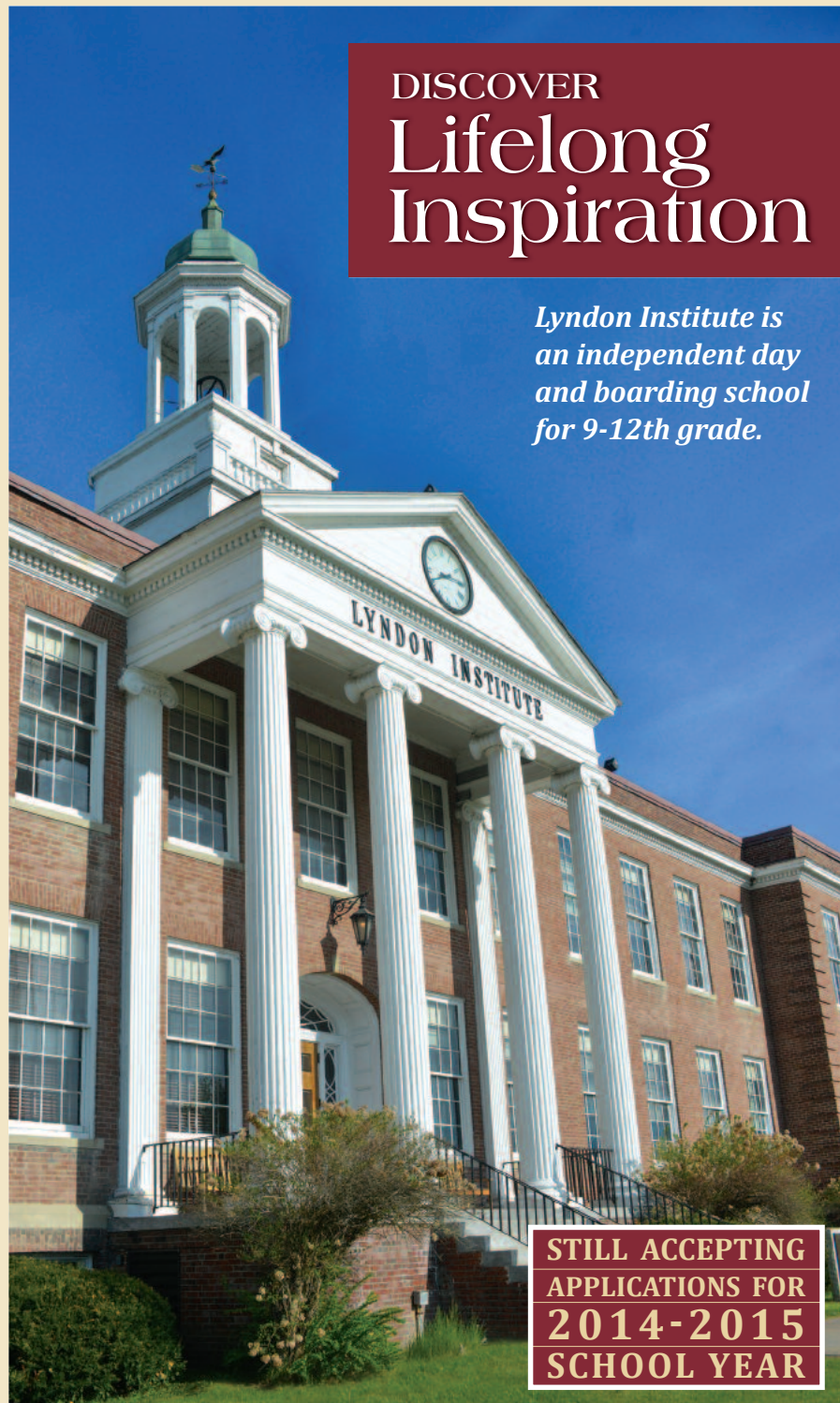
June 14: In Burlington, it started 90 minutes late, but by the time some two hours and 20 minutes later, no one at Centennial Field would have said Saturday night's Division IV baseball championship wasn't worth the wait.

Taylor Lamberton's suicide squeeze bunt in the bottom of the ninth inning scored Tyler Davis from third base, giving Blue Mountain Union the Division IV championship with a 3-2 win over Mt. St. Joseph. It was the Bucks' first title since 2010, and their fifth in the last 16 years.

June 15: In Poultney, tied 4-4 with a runner on base in the bottom of the eighth inning, Black River No. 9 hitter, Elsa Eliasson hit the walk-off single to win the Division IV softball championship over No. 4 Blue Mountain Union on Sunday.

DISCOVER Lifelong Inspiration

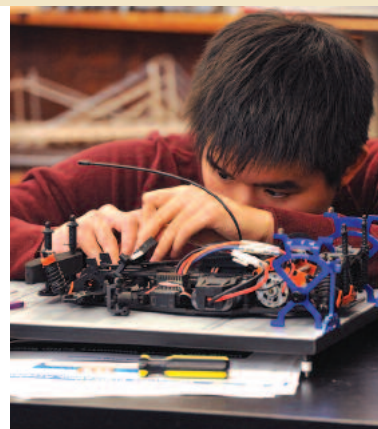
*Lyndon Institute is
an independent day
and boarding school
for 9-12th grade.*



**STILL ACCEPTING
APPLICATIONS FOR
2014-2015
SCHOOL YEAR**



Division II Boys Basketball 2014 State Basketball Champions



- **Three Terms (fall, January Term, and spring)**

*Three week intensive term in January dedicated
to inquiry-based projects*

- **Education Outside the Classroom**

Environmental education program

- **College-Prep, AP, Arts, & Technical Programs**

Tailored to each student's need

- **Fall, Winter & Spring Athletic Programs**

*22 State Championships since the year 2000
Boys Basketball Division II 2014 State Champions*

- **Sustainable Agriculture Program & Greenhouse**

Fresh vegetables from our gardens help to feed our students

- **Partnerships with Area Colleges**

Earn college credit while still in high school

- **Caring and Professional Faculty, Staff,
Coaches and Enhanced Advisor Program**

We connect to our students

- **STEM Program**

*Award Winning Robotics Program and Bridge Building
Competition*

- **Global Citizenship**

*International community, clubs, trips, and multiple
campuses (Lyndon, Burke Mountain, China)*

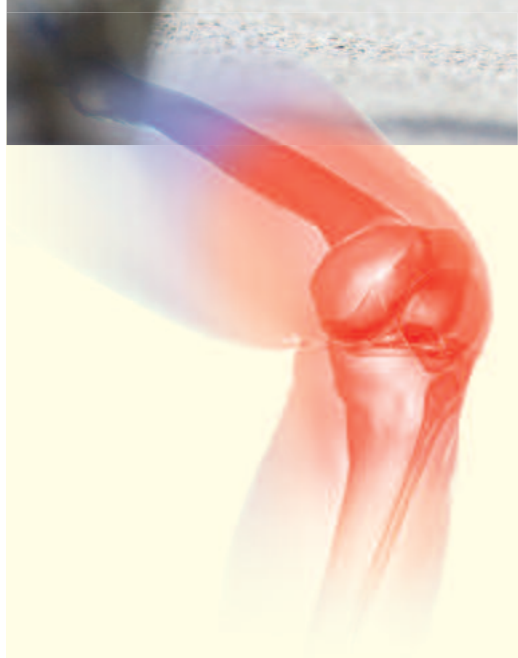
Lyndon

I N S T I T U T E

168 Institute Circle, Lyndon Center, VT 05850 ■ 802-626-5232
admissions@lyndoninstitute.org ■ www.lyndoninstitute.org



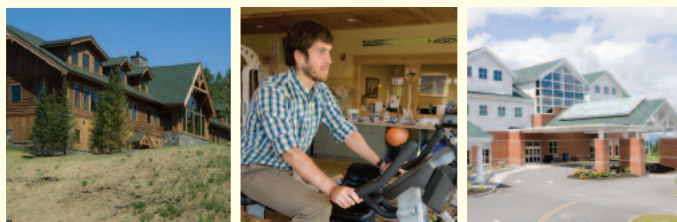
The road to recovery
begins here in the North Country.



Littleton Regional Healthcare and The Alpine Clinic provide the most comprehensive orthopaedic and rehabilitative care in the North Country region. Our board-certified surgeons and skilled therapists work together to treat everything from sports-related injuries, to hand, hip, shoulder and knee problems, post-operative rehabilitation and more. Our focus is on helping patients regain their independence. And with six locations throughout the region, regaining an active life couldn't be more convenient.

To schedule an appointment or for more information, please call: Littleton 603.259.7700

Franconia 603.823.8600 • North Conway 603.356.9350 • Plymouth 603.536.2270 • Woodsville 603.747.3668



LITTLETON 
REGIONAL HEALTHCARE

Where good health begins.

littletonregionalhealthcare.org