

FREE

WINTER

In Vermont & New Hampshire



Your guide to all the things you'll love about our Winter Wonderland!

2013-2014



**ST. JOHN SBURY
ACADEMY**

AN INDEPENDENT DAY AND BOARDING SCHOOL FOR GRADES 9-12 AND P.G. YEAR

- Diverse 220 course curriculum
- Small Classes/personal attention
- 23 Advanced Placement courses
- STeM Program - college level engineering courses
- 5 Languages: Chinese, French, Japanese, Latin, and Spanish
- Pre-professional visual and performing arts programs
- Learning support programs
- 250 boarding students from 17 U.S. states and 26 countries
- Day students from 50 surrounding communities

www.stjohnsburyacademy.org

**VERMONT, NEW HAMPSHIRE
AND QUEBEC RESIDENTS
CALL US ABOUT OUR**

GOOD NEIGHBOR
— SCHOLARS BOARDING PROGRAM —

(802)-751-2130



the **PUMP HOUSE INDOOR WATERPARK**

SECURE YOUR PASS ONLINE. It's the only way to guarantee access to the Pump House and every now and then we'll offer up discounts. *But only online.* jaypeakresort.com/DayPass

ON THE INSIDE

Hit The Trails For Nordic Skiing & Snow Biking 6

Curling At The Cross Border Club. 10

A Snowmobiler’s Paradise 14

Calendar Of Events 17

Reviving A Community Ski Hill 18

Olympic Hopefuls In Craftsbury 22

Portrait Of A Craftsbury Athlete 24

Not Your Average Ski School 26

Beyond The Slopes With Bode 29

Art And Culture Abound 32

NEK Classical Series Celebrates 25 Years. 33

First Night Offers A Party To Remember 34

Find Some R&R At Area Spas 36

A Run Down Of The Area’s Hunting Seasons 39

THE RECORD/EDITORIAL

EDITORS
Leah Carey, Andrew McGregor

DESIGN & PRODUCTION
Andrew McGregor, Leah Carey

COVER DESIGN
Glen Jardine

CONTACT US
Email:
news@caledonian-record.com
Phone:
802-748-8121
Web:
caledonianrecord.com
littletonrecord.com
orleanscountyrecord.com

A PUBLICATION OF THE CALEDONIAN-RECORD PUBLISHING COMPANY, INC.
190 Federal Street, P.O. Box 8, St. Johnsbury, VT 05819
© Caledonian-Record Publishing Company, Inc October 2012.

THE RECORD/BUSINESS

PUBLISHER
Todd M. Smith

ADVERTISING SALES
Julie Poutre, Crystel McFarland, Glen Jardine, Lynne Thorpe,
Sylvie Weber, Nerma Macedonci

ADVERTISING DESIGN & PRODUCTION
Jeana Desilets, Kirsten Nelson



Cyan
Magenta
Yellow
Black

Know the Advantages

CELEBRATING 20 YEARS
COVENTRY LOG HOMES
Est. 1993

Factory Direct

- ★ Logs are Precut and Ready to Assemble
- ★ \$1 Shipping Eastern and Central Time Zones
- ★ Kiln Dried—Eastern White Pine
- ★ Most Complete Package
- ★ Free Custom Designs
- ★ Guaranteed Lowest Price
- ★ Leaders in Energy Efficient Log Homes

Call Our Log Home Experts Today

COVENTRY LOG HOMES, INC.

108 South Court St. • Woodsville, New Hampshire 03785
800-308-7505 • 603-747-8177 • www.coventryloghomes.com

Locally owned and operated

Parts Plus

CarCareCenter
The Next Generation of Automotive Service

Wes Ward AUTO REPAIR

has been providing
SERVICE YOU CAN TRUST
for more than 30 years

WWAR offers a wide range of services to meet your needs
Domestic and Foreign Vehicles
Regionally Recognized For Service Excellence
Cars and Heavy Duty Trucks
Locally Owned

*AAA
Independent
Shop of the Year
Again and
Again*

AAA Approved Auto Repair

Paula & Wes

From The Editor's Desk

There's a different buzz in the air as winter nears in northern Vermont and New Hampshire. People who live here are a hearty bunch who don't let a little snow or wind keep them inside.

And while the region is filled with exciting outdoor activities for winter time, this year there's something that might keep you indoors a little more than usual: watching the 2014 Winter Olympics.

There are a number of locals vying for spots in the Olympic games, a few of whom are profiled in these pages. They grew up skiing the local mountains, running and biking the local trails, and eating at the local restaurants.

Here's a suggestion: watch the games to get inspired by the pure talent and ambition that has been cultivated in this region and then head out to the trails that they learned and trained on.

For those times when you'd rather stay inside, there is also information on some of the amazing cultural and relaxation opportunities.

No matter what you choose, there's never a reason to be bored in our neck of the woods. We're glad you're here!

~ Leah Carey



FILE PHOTO

ABOVE: A Lyndon Institute cross-country skier competes during the 2012-2013 season.




PHOTO COURTESY OF PAT MCCAFFREY

LEFT: A snowbiker races on Kingdom Trail's new snowbiking trails.

Cover photo by Paul Hayes

Kingdom Trails

Burke, Vermont



60k - skate & classic
802.626.6005
www.kingdomtrails.org



WHAT'S YOUR TRAIL?

Make Your Own in Burke, Vermont




Recreation galore awaits adventurous travelers who like to hit the trails. And for those who like a slower pace, take your own time making your own trail, discovering all Burke has to offer.



BurkeVermont.com

Burke Area Chamber of Commerce

Visit BurkeVermont.com for information on lodging, recreation, dining, shopping, events, and to sign up for our newsletter.

Serenity Now

Written By Leah Carey

Nordic Skiing & Snow Biking



In the woods of northern Vermont and New Hampshire are some of the most prized cross-country ski trails in the nation. They are some of the jewels that make up the crown of the Northeast Kingdom.

Kingdom Trails Association

Kingdom Trails Association in East Burke is best known for its extensive mountain biking system that attracts tens of thousands of bikers each summer. But come winter, the trails are quieter – and best of all, they're groomed for the winter enthusiast.

"It's a true gem," said Tim Tierney, the executive director of Kingdom Trails. "It's a

great way to get out in the winter. There are no snowmobiles on our trails because we don't share any trails with VAST. The only engines on our trails are on the groomers that we run at night."

The trail system that KTA maintains was created through the generosity of landowners who gave permission for trails to cross their land. They also partner with Burke Mountain to provide Nordic skiing and snowshoeing in conjunction with Burke's downhill operation.

"It's a great combination for a couple that might have younger kids," said Tierney. "A spouse can bring the younger kids here while the other spouse goes up to Burke Mountain.



PHOTO COURTESY OF PAT MCCAFFREY

Bikers race on the Kingdom Trails' snow bike trails last year.

Or they can do a dual weekend where they both go to the mountain one day and to us the next day. People want the whole winter experience, and we provide it."

The trail system is a mix of groomed and ungroomed trails, leaving it to the skier to decide the type of terrain they like best. "The unmaintained trails are well-marked," said Tierney, "for people who want a back-coun-

try experience in the wilderness."

The people at Kingdom Trails don't just give you a map and send you out to fend for yourself, either. "We spend time going over routes with you to tailor to your level, ability, and how long you want to be out there. We want everyone to have a good experience."

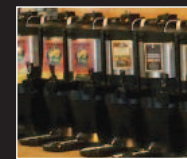
Hank and Jane Butler are two regulars who have had many good experiences on the trails.

MARTY'S 1ST STOP

U.S. ROUTE 2 ► DANVILLE, VT ► 802-684-2574



VAST
MAPS



GREEN
MOUNTAIN
COFFEE



Located at Intersection of Trails 2, 5, 15 & 51 Rider's Checklist:

- ✱ Park & Ride
 - ✱ Clean, Public Restrooms
 - ✱ VAST Memberships & Maps
 - ✱ 24/7 Gas & Diesel – Pay at Pumps
 - ✱ Open 7 Days a Week
 - ✱ 24 HR ATM
 - ✱ Full Service Union Bank Branch
- Look for the Trail Report
on our Facebook Page!**

PIZZA | 12" & 16" & SLICES



TOPPINGS:
Chesse, Pepperoni,
Bacon, Sausage,
Mushroom,
Hamburg, Onion,
Green Pepper,
Ham, Tomato

Plus All Your
Favorite Beer & Wine

IN THE DELI

- Hot & Cold Sandwiches • Wraps
- Subs • Salads • Burgers
- French Fries • Chicken Tenders
- Homemade Soups
- Lunch & Dinner Specials

Boar's Head ASK FOR IT ON
YOUR SANDWICH

MAINE SEAFOOD

Delivered Fresh Every
Tuesday and Friday

Fresh Maine
Lobster



Find us on
Facebook



Mon-Thu. 5:30am-8:30pm • Fri. & Sat. 7:00am-9:00pm • Sun. 7:00am-8:00pm ► Visit www.martyvt.com for Daily Specials!



PHOTO COURTESY OF PAT MCCAFFREY

A snow rider takes a breather on the side of Kingdom Trails.

“On some trails there’s a feeling of remoteness that’s quite exceptional,” said Hank. “You really don’t hear anything out there. No road noises. Mostly it’s a feeling that you’re doing a wilderness ski.”

Jane agreed, “Even if there’s going to be a high volume of activity at the center, in five or ten minutes when you get out on the trails, you feel like you’re alone in the Vermont woods in the middle of the winter. It’s very serene.”

Best of all, you can get a year-long pass that includes both winter and summer use of the Kingdom Trails system for less than the price of taking the family downhill skiing for one day.

All trails are open to both cross-country skiers and snowshoers. Snowshoers are asked to stay to the outside of the trails. KTA does not provide rental equipment.

Snow Biking

New in the last couple years at Kingdom Trails is the opening of a selection of trails to winter mountain biking. The winter bikes, also known as “fat” bikes due to their 4-inch wide tires, are becoming more popular at the center.

“Within the bike industry it’s well known that that’s a segment that’s becoming really popular,” said Operations Manager Lilius Ide. She said the bikes look like so much fun that people with no mountain biking experience see them at the center and immediately want to try them.

Because it’s a fairly new sport in this area, most people don’t yet own a winter bike frame. Ide said that the local sports shops have rentals available, and Kingdom Trails is contemplating having a fleet of bikes for rent at the Darling Hill location (a final decision had not been made at press time.)

The trails available for snow biking are posted on a day-by-day basis because the activity is even more condition-dependent than most.

“Ideal conditions are temps below freezing and settled, hard packed snow,” explained Ide, saying that the last few seasons have seen a lot of those conditions. “When the temp rises and snow softens, it is too soft ride. So, to sum it up, when the skiing is good, the



We’re not a dealership.

But we can save you time and money when you car shop.

We’re an independent website that lets you easily search and compare the entire new and used vehicle inventory of over 30 car dealerships across Vermont & New Hampshire.



Search,
Compare,
Save.

AUTO802.com

biking is usually not good. When the skiing is bad, the biking is usually good!

This year they're planning a big winter bike event party on March 1 that will include big group rides, refreshments, fat bike demos and more. There will also be an enduro-style race.

New Hampshire Trails

On the New Hampshire side of the Connecticut River, the Franconia and Sugar Hill areas are filled with cross-country and snowshoe trails.

The biggest trail system is maintained by the Franconia Inn and gives you access to 65 km of trails that also back up to other inns in the area. The trails are groomed and a pass is required for access.

Another option is the Sunset Hill Nordic Center in Sugar Hill with 30 km of trails. The trails are groomed and a pass is required for access.

Kim Cowles, Park and Recreation Director in Franconia, also recommends the Lafayette Ski Trails with access off exit 36 from I-93 between Routes 141 and 18. "It's White Mountain forest land that's dog friendly and beautiful scenery."



PHOTO COURTESY OF PAT MCCAFFREY

Wipeouts aren't always serene but they are a thrilling part of races at Kingdom Trails.

Nordic trails around the area

* VERMONT *

Beaver Brook Farm Ski Trails - www.bbftails.com - Marshfield

Catamount Trail Association - www.catamounttrail.org - ski Vermont from end to end beginning near Jay Peak

Craftsbury Nordic Center - www.craftsbury.com and click "XC-Skiing" - Craftsbury

Hazen's Notch Association - www.hazensnotch.org - Montgomery

Kingdom Trails Association - www.kingdomtrails.com - East Burke

Highland Lodge Ski Touring Center - www.highlandlodge.com and click "Highland Lodge Seasons" - Greensboro

Memphremagog Ski Touring Foundation - www.mstf.net and click "Trail Groom-

ing Report" or "Trail Map" - Derby/Newport

Northwoods Stewardship Center - www.northwoodscenter.org - Charleston

* NEW HAMPSHIRE *

Bretton Woods Nordic Center - www.brettonwoods.com and click "Nordic" - Bretton Woods

Franconia Cross Country Ski Center - www.franconiainn.com, click "Activities" then "X-C Ski Center" - Franconia

Franconia Notch Recreation Trail - Access the 9 mile path from the northern or southern end of Franconia Notch - fair warning, this is a popular trail for snowmobilers

Rocks Estate - www.therocks.org and click "Trails" - Bethlehem

Sunset Hill House - www.sunsethillhouse.com and click "Activities and Amenities" - Sugar Hill

Also check out the snowmobile trails and corridors in New Hampshire. Skiers are allowed on the trails but snowmobilers have the right of way (and you can hear them better than they can see you!)

Call ahead to find out if the trails you're planning to use are dog friendly. *

24/7/365 ... qualitymitsubishivt.com



**Exit 22 Off I-91 • Route 5
36 Memorial Drive • St. Johnsbury, VT**

1-800-584-1539

Throw the Snow ... Not the Shovel

SNOW THROWERS

SALE

WHILE THEY LAST!

TROY-BILT

Troy-Bilt Storm 2620

- Push-button electric start
- Just One Hand operation - steer with one hand, freeing the other hand to adjust the chute direction without stopping
- All-wheel drive • 6 forward / 2 reverse speeds
- 28" clearing width • 21" intake height
- 4-way joystick chute control - easily control chute pitch and direction from the operator position
- 12" serrated steel auger
- Deluxe adjustable and reversible skid shoes
- In-dash headlight and reflective strips for safer operation in low light conditions
- Standard heated hand grips
- 16" x 4.8" X-Trac snow tires
- 2-year limited warranty
- 250cc* Briggs & Stratton 4-cycle OHV

*as rated by engine manufacturer



Reg. \$899

\$759

Troy-Bilt Storm 2840

- Push-button electric start
- Just One Hand operation - steer with one hand, freeing the other hand to adjust the chute direction without stopping
- All-wheel drive • 6 forward / 2 reverse speeds
- 26" clearing width • 21" intake height
- 2-way joystick chute control - easily control chute direction from the operator position
- 12" serrated steel auger
- Deluxe adjustable and reversible skid shoes
- 15" x 5" X-Trac tires
- In-dash headlight for safer operation in lowlight conditions
- 2-year limited warranty
- 4-cycle OHV



Reg. \$1,099

\$898

Cub Cadet

Cub Cadet® 945 SWE

- 420cc*, OHV 4-Cycle Briggs & Stratton® Engine
- *as rated by engine manufacturer
- 45" Clearing Width
- 22" Intake Height
- Push Button Electric Start
- 6 Forward / 2 Reverse Speeds
- Remote Pitch Control/Crank Chute Rotation
- In-Dash Headlight
- Deluxe Stainless Steel Skid Shoes & Shave Plate
- Dual 16" x 6.5" X-Trac™ Tires
- Posi-Steer™ Fingertip Controlled Power Steering
- 3-Year Limited Residential & 1-Year Commercial Warranty

Reg. \$2,699

\$2,299



SERIES 2000 GTX GARDEN TRACTORS

- Electronic Power Steering for effortless fingertip control
- Legendary powerful direct shaft drive
- 20 HP† - 23 HP† Cub Cadet® professional-grade Kohler® V-Twin OHV engine

STARTING AT
\$3,799⁹⁹*

Deck sold separately -
Starting at \$500*



Attachments
sold separately.
Snow blade
starting at
\$329*

SERIES 1000 LTX KW LAWN TRACTORS

- 18 HP† - 23 HP† Cub Cadet® professional-grade Kawasaki® engine
- Tuff Torq® hydrostatic transmission emphasizes power and performance
- Front bumper and high-back seat provide all-day comfort
- Cub Cadet Signature Cut™ for beautiful results every time
- Fully welded steel frame and cast-iron front axle deliver lasting dependability



Attachments
sold separately.
Snow throwers
starting at \$1,249*

STARTING AT
\$1,799⁹⁹*

*Product Price - Actual retail prices are set by dealer and may vary. Taxes, freight, setup and handling charges may be additional and may vary. Models subject to limited availability.

**ALL AROUND
POWER
EQUIPMENT**
802-748-1413
ST. JOHNSBURY, VT

GET TO ALL AROUND POWER TODAY!



STORE HOURS:
MON.-FRI. 8 to 6 • SAT. 8-4
WH: SUN. 9-1



WWW.ALLAROUNDPOWER.COM

Brush & Bump

Written By Leah Carey

Curling At The Cross Border Club

There aren't a lot of sports that one can still play at age 87, let alone still be a valued competitor even after losing the majority of one's eyesight.

Curling is that sport.

If you're like most Americans, chances are good that you associate the word "curling" with hot irons meant for the hair, unless perhaps it's a Winter Olympics year and curling is being broadcast between the hockey games and skiing events.

But for a group of enthusiasts at the border of Derby, Vt., and Stanstead, Quebec, curling is a sport that's meant to be enjoyed all winter,

every winter.

The Border Curling Club is hardly a stone's throw from the Stanstead/Beebe border crossing and attracts players from both Canada and the United States. It is a fully bilingual club, where French speakers and English speakers will be equally comfortable.

Curling has a higher profile in Canada than in the United States, so our area benefits from our proximity to the border in terms of having a club so easily accessible.



PHOTO BY LEAH CAREY

Curler Suzanne Nault throws a stone on the Border Curling Club's ice in Stanstead, QC.

The game

A match is played on a long, narrow strip of ice. The Stanstead club has two set up side-by-side so two matches can happen simulta-

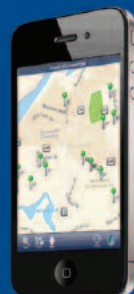
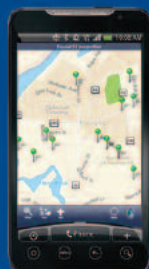
neously.

There is a scoring circle at each end of the strip that looks akin to a bull's-eye. Each team slides their stones down the rink in an effort to hit the center of the bull's-eye. The goal is to

Lang ❁ McLaughry ❁ Real Estate

Opening New Doors Every Day™ ❁ Online at www.LMSRE.com

Download the Best Mobile
Real Estate Search Around
Optimized for Your iPad, iPhone & Android
FREE at your iTunes or App store,
Search "Real Estate VT NH"



- Geosynchronized to Your Location
- Map-Based for Viewing Listings & Amenities Around You
- Revolutionize Your Home Search Experience

or Visit either LMSRE.com or M.LMSRE.com

have your team's stones closer to the center than the other team's.

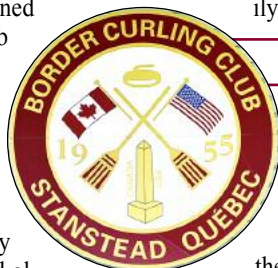
The stones weigh about 40 pounds and have a handle that the curler grips for throwing. The term "curling" comes from the arcs of motion that the stone makes while gliding across the ice.

The ice is carefully cleaned and shaved, according to club president Rudy Koteles, because "there's always a tendency for the scum to rise to the top." Then the ice is misted with water droplets to create a "pebbling" effect that lifts the stone fractionally off the surface of the ice and allows it to glide more easily.

Once a player has released - or "thrown" - two players use brooms to sweep the ice in front of the stone, clearing away impurities from the ice to help it land in its desired location.

Players can wear clean running shoes on the ice, but the experienced curlers wear shoes with a Teflon sole that allow them to glide across the ice smoothly. "They're usually insulated because, although it's warm outside, in here it's usually about 40 degrees," said Koteles.

Suzanne Nault plays here two or three times a week and she enjoys both the mind and body aspects of the game. "It's an interesting sport for the cardio when you sweep, and then the strategy of trying to get the rock where it's supposed to go," Nault said that she learned the basics of the game easily within one season.



More than a game

In talking with curlers, though, it quickly becomes apparent that the game is about more than stones and brooms and Teflon shoes for them.

"It's very interesting for the social and community aspect," said Nault.

Community sociability is built right into the fabric of the sport. After each game the winning team buys the losing team a beverage and they sit and chat together with the member in their same position on the opposing team.

"You get to meet a lot of people," said membership coordinator and long-time curler Don Patterson. "You join a curling club and you'll get to know 100, 125 people even if you don't leave the club."

Morrill & Guyer Associates
VT PREFERRED LAND & HOMES

www.homeinthekingdom.com



Annie Guyer



Mike Channon



Nick Guyer

Tel. (802) 626-9111 • Fax (802) 626-6913
791 Broad St. • Lyndonville, VT 05851
email:realestate@homeinthekingdom.com



Advanced Energy Products

The New Alternative to Replacing Windows

DON'T REPLACE YOUR WINDOWS... IMPROVE YOUR WINDOWS!™

Advanced Energy Products are the most practical, durable, affordable and cost-effective option available for improving the energy efficiency and winter comfort of your existing windows. They are quick and easy to install and uninstall and can be reused indefinitely year after year.



- ✓ **Dramatically Reduce Heat Loss**
- ✓ **Eliminate Condensation and Drafts**
- ✓ **Lightweight, Durable, Easy to Clean**

Call us today to learn more about Window Improvement Masters' products and services:

- **Wood Frame** Advanced Energy Panels
- Old Wood **Sash Repair And Restoration**
- Traditional Style Advanced Energy **Exterior Storms**
- **Campus Window Management Services**

PROUDLY MANUFACTURED IN ORFORD, NEW HAMPSHIRE

603-353-4512
WindowImprovementMasters.com

WE ARE SEEKING COMMISSIONED INDEPENDENT FIELD REPRESENTATIVES • APPLY TODAY

SNJ SEAMLESS Rain Gutters

LEAFPROOF GUTTER COVERS

Custom Made • Many Colors to Choose
Free Estimates • Fully Insured
We Fix Damaged Fascia
Owner Installer • All Work Guaranteed
ST. JOHNSBURY, VT
WWW.SNJRAININGUTTERS.COM
802-751-6191

Beautiful, Locally Made



Wreaths

Custom Decorated
Or Ready To Go

Local delivery, ship cross country, or pickup.

MENTION THIS AD AND SAVE \$2.00

Order by phone or online at: artisticgardens.com
802-748-5646 or 1-800-659-1446



Artistic Gardens
Florist

Full Service Flowershop: Flowers • Gifts • Plants • Balloons
1300 RABBIT PLAIN, ST. JOHNSBURY, VT 05819 • 802-748-5646



PHOTOS BY LEAH CAREY

LEFT: Gail Lynch demonstrates using a curling stick.



RIGHT: Rudy Koteles and Gail Lynch sweep the ice to guide a stone.

All ages welcome

That 87-year-old curler who has lost most of his sight isn't a mythic story. He is a member of the Border Curling Club. According to Patterson, the gentleman began losing his sight two years ago and rather than give up the sport, his team members use flashlights to show him where to throw the stones. According to Patterson, the gentleman is still remarkably accurate in his gameplay.

"He just aims for the light that he sees," said Patterson. "It's a lifetime sport, for sure."

There are other ways that curlers make the sport attractive

for people of all ages and fitness levels.

The classic curling throw involves a deep lunge and slide across the ice, but even people with bad knees can play using a curling stick to deliver the stone across the ice. The stick even makes it possible for people in wheelchairs to compete as curlers.

Olympic excitement

With the Olympics shining a light on curling this winter, the club is prepared to run extra clinics for brand-new curlers this winter. During Olympic coverage in Canada, the television network will provide information on participating clubs, in-

FURNITURE & FLOOR COVERINGS MATTRESSES WINDOW FASHIONS



DID YOU KNOW? Shopping is Fun.

At Mayo's we deliver a shopping experience that is fun and stress free.

Walk into Mayo's world of colors, textures, patterns and world class craftsmanship. A field day for your senses.

No pressure, just friendly staff with over 40 years experience helping folks choose the right piece for the right price.

Mayo's. Everything for your home. Delivered.



MAYO'S
FURNITURE &
FLOOR COVERING

802 Railroad Street
St. Johnsbury, VT 05819
(802) 748-8725
mayosfurniture.com

FASHIONABLE AFFORDABLE FRIENDLY

cluding the Border Curling Club, and they hope that will drum up even more interest in their beloved sport.

The club has seven certified trainers, along with a wealth of long-time players who are willing to help. "Some of us are pretty observant and would be able to notice what is wrong with their approach," said Koteles. "We could spend extra time with them. We have time to give them extra lessons."

Patterson is invested in helping newbies to learn well from the get-go. "The idea is to teach them the right way," he said. "Take these steps to learn the right technique, because you appreciate the game better when you're able to make the shots that you're asked to make."

And, of course, the members of the club will gather around a big-screen TV to watch the Olympians delivering their shots during the curling competitions come February.

For a listing of the club's leagues and events, visit www.bordercurling.com.

Area skating opportunities

* VERMONT *

Fenton Chester Arena - 145 College Hill

Road, Lyndon Center - for information, visit www.chesterarena.com

Four Seasons Park - Corner of Main and Winter streets in St. Johnsbury - for information, call Joe Fox at 751-2304

Ice Haus Arena - Jay Peak Resort, Jay - for information, call 988-2750

Newport City Skating Rink - Gardner Park, Newport - for information, call 334-5718

Portland Street Rink - Corner of Portland and Concord Streets in St. Johnsbury - for information, call Joe Fox at 751-2304

* NEW HAMPSHIRE *

Bethlehem Recreation Park - Corner of Main and Aggasize streets in Bethlehem - for information, visit www.bethlehemwhitemtns.com/fun.html

Franconia Skating Rink - Behind the Abbie Greenleaf Library on Main Street in Franconia - for information, call Kim at 603-823-7752

Remich Park - 165 Pleasant St., Littleton - for information, call 603-444-2575 or check www.littletonparksandrec.com

North Country Community Recreation Center - 33 Rec Center Road, Colebrook - for information, call 603-237-4019 *

**Pōdō
SHOES**

Let us pamper you! We focus on proper fit, comfort and fashion!

Warm up this winter with the best shoe and boot brands for men and women, including:

Ariat, Beautifeel, Birkenstock, Blundstone, Dansko, Ecco, Haflinger, Keen, Le Chameau, Mephisto, Naot, Neil M, Pikolinos and Ugg.

We feature BROOKS running shoes.

Take them for a test run on our in-store treadmill.

Yes, we have **Smartwool!**

Sweaters, jackets, hats, gloves, scarves, tights and socks for every winter activity!

Kids Smartwool too!

Check out our huge selection of ergonomic travel bags by **Ameribag, Keen and Sven.**

We're worth the drive... big city style and atmosphere with small town customer service!

Open Monday – Saturday 10:00 AM - 5:00 PM
418 Railroad St. Suite 1
St. Johnsbury, Vermont
802-748-4500

Artful Eye

Handcrafted & Locally Made



Artful Eye • Antiques Annex • Red Tag

ALL LOCATED AT

443 Railroad Street • St. Johnsbury, VT

NEWLY EXPANDED!

Over 10,000 Sq. Ft. of Antiques, Collectibles, Local Art & Artisan Craft.

OPEN 7 DAYS: Monday-Saturday 10-6 • Sunday 12-4
802-424-1414



Something for Everyone!

Gone Sledding

Written By Leah Carey

A Snowmobiler's Paradise



Keith Landry's face lights up when he's talking about racing antique snowmobiles. Every part of the activity – from purchasing old machines, to tuning them up, to getting out on the track and racing – seems to capture his imagination.

"The first year I went out, I barely had the thing running, but I was smiling ear to ear," Landry said.

He's referring to his first race seven years ago in Pittsburg, N.H. His snowmobile group, the Pittsburg Ridge Runners, were looking for a new way to raise money for their club and

had heard about other groups that ran successful vintage snowmobile races. Their club decided to give it a try and an annual series was born.

"The antiques are slower," Landry said of the difference between older models and today's sleek machines. "They're a lot narrower so they're a lot tippier. The suspension isn't there. ... They're a lot harder to ride, but you're not going as fast."

Now the Pittsburg club hosts the Great North Woods Vintage Series each year. There are four races through the winter and riders



PHOTO BY LEAH CAREY

Keith Landry tunes up his antique snowmobile prior to the first race of the season.

accumulate points throughout the series. At the end of the season overall champions re-

ceive trophies and bragging rights.

"We're trying to keep it fun and that's why

Stahler Furniture

American Quality ~ Vermont Values

The largest selection of Lyndon Furniture anywhere ~ Just one mile from the factory.

We also proudly carry American-made:



HUBBARDTON FORGE®

ClaytonMarcus®



SMITH BROTHERS
of BERNE



Beautyrest

ROWE



Rt. 5, Lyndonville, VT :: Mon. thru Fri. 9-5, Sat. 9-3, Closed Sunday

FREE Delivery and Setup :: 1 800-439-5996



Located at Burke Mill Properties Office

234 Route 114, East Burke VT 05832

802-626-1161 or 802-327-2850

WE SPECIALIZE IN SHORT-TERM
AND SEASONAL RENTALS

WE OFFER CONDOMINIUMS AND HOMES ON THE TRAILS
AS WELL AS COUNTRY HOME LOCATIONS

GIVE US A CALL FOR ALL OF YOUR VACATION NEEDS

ski-doo



YANMAR

can-am



Join Us Nov. 29th 10am-7pm & 30th, 2013 10am-2pm for our Ski-Doo Open House

Get Your
VAST
Here!

Door Prizes, Food (Friday Only), Sales, Fun, and
Food and Coat Drives (Get Credit for Food/Coat Donations)

NH Snowmobile Registrations Available
VT Trailer and Motorcycle Inspection Station

Support Your
Local ATV &
Snowmobile Clubs



Next to Blue Mtn School
Right off I-91, Exit 17 Rte 302
Wells River, VT

802-429-2500

absolutepowersportsvt.com

Kawasaki
Let the good times roll.™

Husqvarna

Mahindra

POLARIS
The Way Out.

we're not offering cash prizes," Landry explained. "We figure with cash it brings more competitive people."

In fact, another New Hampshire club attended the Pittsburg events last year and were surprised at the fun environment. "They couldn't believe at the end of our races that the guys were shaking each other's hands and just having a good time with each other," he said. "They said that back in the day when there was manufacturers behind it and big money, they said there was fights. Most of these guys are here to have fun."

Tuning up

Landry said that he usually chooses one aspect to improve in his racing each season. "This year we're probably going to be working a little more on the clutching aspect – to get my clutching just right for more tracks," he said. "You know in



PHOTO COURTESY OF GREAT NORTH WOODS VINTAGE SERIES

Snowmobilers compete on their antique snowmobiles during the 2012-13 season.

the past we've played with it a little bit and got it okay, but you start learning more about the clutching and you can adjust just that to different tracks. You can learn how to change it if you know it's going to be warm that weekend, you can adjust

your clutching for warmer weather so it doesn't spin as much taking off, or it spins more, or whatever."

When the club first started racing, a group from Maine came to support them. The Mainers had already been racing for a few years and had learned some tricks of the trade. "Those guys used to come over and we used to swear they were cheating. They were just passing us and we were like, what's going on?"

But now Landry feels like he's catching up, especially now that he's learned about adjusting his carburetors. "There's jets in the carburetors and on different days, air density and temperature and everything makes a big difference," he said. He used to adjust his carburetors the night before the race and assume that was enough. "I'd show up the next day to the race and



HOURS:
OPEN 7 DAYS A WEEK
Sun.-Thu. 11am-9pm
Fri.-Sat. 11am-10pm

Gift Certificates Available
In the Business Since 1973

603-838-9050 **99 NORTH MAIN ST. LISBON, NH**



A Full Service Ski Shop
SALES, RENTALS, REPAIRS

We carry major brands of skis, gear, snowshoes, x-c, clothing and more!

603-823-5241
334 Main Street Franconia, NH 03580
franconiasports.com • facebook.com/FranconiaSports



bed and breakfast

Michael and Margaret McKenna

445 Route 302, Lisbon, New Hampshire 03585
1-866-916-5900
603-838-5983 • blueberryfarm445@gmail.com
www.blueberryfarmbnb.com

CARPET • RUGS
CERAMIC TILE • WOOD
VINYL • LAMINATE

Stunning 7,000 Sq. Ft. Showroom
Commercial/Residential
Expert Installation • Free Design Consultation



2190 Main St., Bethlehem, NH • Phone: 603-869-5880
Hours: Mon-Fri 8-5; Sat 9-3 • www.thefloorworks.com



Mittersill Alpine Resort
"Spectacular vacation enjoyment in the White Mountains"

A four-season resort
in scenic Franconia Notch,
New Hampshire.
A great location and family
get-a-way! Minutes from all area
attractions. Adjacent to
Cannon Mtn. ski area.
*Discount ski vouchers for registered guests.



www.mittersillresort.com • info@mittersillresort.com
603-823-5511 • 193 Mittersill Road • Franconia, NH 03580

Professionally Managed Vacation Home Rentals & Sales
IN THE HEART OF NH'S WHITE MOUNTAIN SKI COUNTRY

*Representing Mountain Country
Vacation Home Rentals & Sales*



Stay with all the comforts of home on your next White Mountain vacation holiday...it's more affordable than multiple hotel rooms with great **Ski Package Discounts** too!

800-247-5536 | franconiares.com | franconiarentals.com
287 MAIN STREET | FRANCONIA, NH 03580





COURTESY PHOTO

Snowmobilers round a curve during the Great North Woods Vintage Series.

亞洲樓 ASIA RESTAURANT



17 Depot St., Lyndonville, VT
802-626-3368 / 802-626-3382

BUSINESS HOURS: Mon.-Thu. 11 am-9 pm
Fri. & Sat. 11 am-10 pm • Sun. 11:30 am-9 pm

Mandarin, Szechuan & Cantonese Cuisines
FAST SERVICE • TAKE OUT OR EAT IN

Please Call For Take Out • All Major Credit Cards Accepted • No Checks

BUSINESS
HOURS:

Mon.-Thu.
11am-9 pm
Fri. & Sat.
11 am-10 pm

Sun.
11:30 am-9 pm

新世纪 New Century RESTAURANT

264 Portland St., St. Johnsbury, VT
802-748-2338 / 802-748-2336
119 Central St., Woodsville, NH
603-747-3889 / 603-747-3886

Fred Swan



"Night Run Red Fox"

LITHOGRAPHS • PRINTS
CALENDARS • NOTE CARDS

The Framing Format and Gallery

485 Lafayette Street, St. Johnsbury, VT

802-748-3964

email: framin4mat@hotmail.com

just go and however the sled ran, it ran. Well some of the guys that kind of knew things because they had raced in some kind of races before, they'd get there in the morning and they'd be playing with their jets and getting things all done and I said, how much of a difference can it make? Well, it makes a big difference."

Lots of racing

Landry said that in New Hampshire alone it's possible to race in a vintage snowmobile race almost every weekend. That includes the Pittsburg series and a race in Lisbon, N.H., as well as races further south. Because the track is visible at all times, he said it's also a great spectator sport.

To help overcome the intimidation factor that newcomers can feel, the Pittsburg group has started a racing class specifically for novices. "This is a class of fresh people that aren't necessarily competitive," Landry said. "They can come in and just have fun and get their feet wet and see if they want to go any further."

In fact, Landry is having so much fun and has gotten so involved with the antique races that he and his wife sold their newer snowmobiles last year. He said they'll probably get some again in the future, "but right now there's no time."

Great North Woods Vintage Series racing schedule

Pittsburg, N.H. - Jan. 11, 2014

Colebrook, N.H. - Feb. 8, 2014

Errol, N.H. - Feb. 22, 2014

Pittsburg, N.H. - March 15, 2014

For more information on these races visit www.thegreat-northwoodssnowmobilerace.com

There are numerous snowmobile clubs around New Hampshire and Vermont. To find one close to you, visit the New Hampshire Snowmobile Association at www.nhsa.com or the Vermont Association of Snow Travelers at www.vtvast.org. ❄



Omnitrition

Nutrition you can feel.

Two New Products Available

Stop in and check them out!

All Omnitrition products in stock for your convenience.



Hours: Mon.-Wed.-Thu. & Fri. 9-4 • Tues. 9-4 and 6-8



We will deliver within 15 mile radius. We ship, receive in 2-3 days.

4 Memorial Drive, St. Johnsbury, VT

802-748-9122 • (H) 802-748-5234 • (C) 802-274-2413

shari@aldrichfabrication.com

CHECK
OUT THE
GIFT
SHOP!

Gold Crown Lanes

Hastings Hill, St. Johnsbury, Vermont

COME CHECK OUT OUR
NEWLY REMODELED



• Five TVs and
Counting

• Stop In For
Drink Specials

CALL FOR OPEN BOWLING HOURS:

802-748-2205

goldcrownlanes.com [facebook](#)

Things To Do

Saturday, Nov. 2

12:55 p.m. - The Nose at Catamount Arts. The Metropolitan Opera. For info: catamountarts.com.

1 p.m. - Music Jam at Robert E. Clifford Building in Woodsville, N.H. For info: 603-353-4741.

6:30 p.m. - 50 Hikes North of the White Mountains at Northwoods Stewardship Center. For info: northwoodscenter.org.

7 p.m. - The Hungry Heart screening at Tom Bresslen Community Center, Lyndonville. Tickets at the door. For info: thehungryheartmovie.org.

8 p.m. - Halloween Party at Burke Mountain. With Dean Machine. For info: skiburke.com.

Sunday, Nov. 3

10 a.m. - NH Open Doors at The Rocks Estate. Artists, craftspeople, cultural organizations and more. For info: TheRocks.org.

1 p.m. - Dessert Auction at American Legion Post #30 in Lyndon. The public is welcome. For info: Cheryl Giguere at 626-3357.

2 p.m. - Growing Up In Newbury at Tenney Memorial Library in Newbury, Vt. Part of Newbury's 250th anniversary. For info: cohase.org.

3 p.m. - Apres Foliage Fest at the Rabbit Hill Inn. Presented by the Davies Memorial Library. For info: www.rabbithillinn.com.

3 p.m. - Northeast Kingdom Classical Series at South Congregational Church, St. Johnsbury. 25th anniversary celebration concert. For info: catamountarts.com.

7 p.m. - The Hungry Heart screening at Hazen Union School. Tickets at the door. For info: thehungryheartmovie.org.

Monday, Nov. 4

6:30 p.m. - First Monday Movie Series at The Colatina Exit in Bradford. For info: cohase.org.

Tuesday, Nov. 5

1:30 p.m. - Catamount Community Cinema at Catamount Arts. Bye Bye Birdie. For info: catamountarts.com.

Wednesday, Nov. 6

1 p.m. - Osher Lecture at Hebard State Office Building. The Celtic Harp with Chris Nicotera. For info: learn.uvm.edu.

7 p.m. - First Wednesdays at St. Johnsbury Athenaeum. Women's equality around the globe, the U.S. and Vermont. For info:

stjathenaeum.org.

7 p.m. - First Wednesdays at Goodrich Memorial Library. Stark Decency: German POWs in a New England Village. For info: Library at 334-7902.

Thursday, Nov. 7

1:30 p.m. - Osher Lecture at Catamount Arts. Understanding the Vermont Eugenics Survey. For info: catamountarts.com.

7 p.m. - 50th Anniversary Gala at Catamount Arts. National Theatre of Great Britain. For info: catamountarts.com.

Saturday, Nov. 9

8 a.m. - Ski Swap at Franconia Lafayette Regional School. Buy or sell new or used ski equipment and clothing. For info: franconiaskiclub.com.

12:55 p.m. - Tosca at Catamount Arts. For info: catamountarts.com.

1 p.m. - Newport Area Community Orchestra at Goodrich Memorial Library. Fall concert. For info: MAC Center for the Arts at 334-1966.

3 p.m. - Summer N' Brew Fest at Cannon Mountain Base Lodge. Samples, raffles, live music and more. For info: cannonmt.com.

7:30 p.m. - Christine Lavin and Don White at Alumni Hall, Haverhill, NH. a comedy concert. For info: alumnihall.org.

7:30 p.m. - The Modern Grass Quintet at The Music Box. Seasoned bluegrass veterans. For info: themusicboxvt.org.

Sunday, Nov. 10

12:55 p.m. - Tosca at Catamount Arts. For info: catamountarts.com.

Monday, Nov. 11

11 a.m. - Veterans' Day Ceremony in Lyndonville Veterans Park. For info: Cheryl Giguere at 626-3357.

Tuesday, Nov. 12

7 p.m. - The Habit of Art at Catamount Arts. National Theatre Live. For info: catamountarts.com.

Wednesday, Nov. 13

1 p.m. - Osher Lecture at Hebard State Office Building. The Fenian Raids during the Civil War with Jim Manson. For info: learn.uvm.edu.

7 p.m. - "Counting on Birds" screening and discussion at Littleton Opera House. Panelists



PHOTO BY JULIE DEMERS

There are lots of sledding hills in the area, and according to many locals their own backyards are the best!

Willem Lange and David Govatski. For info: nhptv.org/birds.

Thursday, Nov. 14

1:30 p.m. - Osher Lecture at Catamount Arts. Poems by Robert Frost. For info: catamountarts.com.

7 p.m. - 50th Anniversary Gala at Catamount Arts. National Theatre of Great Britain. For info: catamountarts.com.

Friday, Nov. 15

Mountainfilm World Tour at Omni Mt. Washington Hotel. Selection of films from the Teluride Film Festival. For info: bretttonwoods.com.

5 p.m. - Chili cookoff at Grace Church in St. Johnsbury. For info: Janssen Willhoit at 431-5118.

Saturday, Nov. 16

Mountainfilm World Tour at Omni Mt. Washington Hotel. Selection of films from the Teluride Film Festival. For info: bretttonwoods.com.

Field Day Supper and Dance at Robert E. Clifford Building in Woodsville, N.H. Part of Newbury's 250th anniversary. For info: celebrate250.org.

9 a.m. - Christmas bazaar at the Bath Congregational Church in Bath, N.H. Featuring corn chowder luncheon. For info: Virginia Englert at 603-747-3472.

9 a.m. - Holiday bazaar at North Danville Baptist Church. Crafts, food, cooks, jewelry, raffles and more. For info: Liz at 748-1456.

9 a.m. - Lyndon Outing Club Holiday Bazaar at Lyndon Outing Club. Local vendors, great gifts. For info: Paul Ward at 748-3636.

9 a.m. - Guiding the Future of a Multi-Aged

Forest at Northwoods Stewardship Center. Presentation by Allen Yale. For info: northwoodscenter.org.

9 a.m. - Christmas Bazaar at American Legion Post #30 in Lyndon. For info: Karen at 535-5563.

9 a.m. - Christmas in the Country Craft Show at North Danville School. For info: Elizabeth Ferraro at 748-5123.

10 a.m. - Family Fun at Fairbanks Museum. "Talking Turkey!". For info: fairbanksmuseum.org.

10:30 a.m. - Green (Eco) Santa at The Rocks Estate. Seedlings for children and photographs with Santa. For info: TheRocks.org.

5 p.m. - Hunter's Supper & Bake Sale at Granby Town Hall. To benefit the Granby-Victory Congregational Church.

6 p.m. - Catamount Art Benefit Auction at Catamount Arts Center. Silent and live auctions. For info: catamountarts.org/auction-items

6 p.m. - Meat Raffle at American Legion Post #30 in Lyndon. For info: 748-9862.

7 p.m. - Kingdom Coffeehouse at Northwoods Stewardship Center. Performance by Wind That Shakes The Barley. For info: northwoodscenter.org.

Tuesday, Nov. 19

1:30 p.m. - Catamount Community Cinema at Catamount Arts. Lost Horizon. For info: catamountarts.com.

7 p.m. - Spartacus at Catamount Arts. Bolshoi Ballet. For info: catamountarts.com.

Wednesday, Nov. 20

1 p.m. - Osher Lecture at Hebard State Office Building. Monumental Collaborative Sculpture with Jim Benson. For info: learn.uvm.edu.

See **Calendar**, Page 28

Old is New

Written By Robert Blechl

Reviving A Community Ski Hill

❄ After more than two decades of lying dormant, the Mt. Eustis Ski Tow in Littleton, N.H. is set to have its slopes reopened for skiers and local school ski programs after Jan. 1, 2014.

The town of Littleton, which will lease the 33-acre property to the non-profit Mt. Eustis Ski Hill Group for \$1 a year, is set to enter into a three-year lease beginning Oct. 1.

With the operation run by volunteers and funded through donations, the goal is to keep the ski hill func-

tioning year to year with minimal taxpayer impact to provide affordable skiing and snowboarding to area residents, families, youth, after school and local youth ski programs.

"We want everyone to benefit," said Dave Harkless of Littleton Bike and Fitness during a public hearing in September.

The plan now is to clear the existing slope and cut another ski trail, said Harkless, who will co-manage the operation with Geoffrey Lopus.

With two open trails and a natural



COURTESY PHOTO

Mt. Eustis in the "old days" attracted a large crowd of local skiers. The Mt. Eustis Ski Hill Group hopes to see the hill buzzing with activity again early in 2014.

Everyone can afford a good night's sleep at

Modern Furniture

Up to **70% OFF**
Closeout Bedding



3 Locations, 48,000 Square Feet & ZERO GIMMICKS!

True Savings. Huge Selection.



Modern Furniture & Mattress Shops
Four Locations!

Exit 23 Off I-91 • Rt. 5 Lyndonville, VT 802-626-3273	Exit 28 Off I-91 • Rt. 5 Derby, VT 802-334-5616	Exit 17 Off I-91 • Rt. 302 Woodsville, NH 603-747-3202
---	---	--

NOW IN LITTLETON! 296 Meadow Street • 603-444-2033

www.modernfurniturevt.com • Mon.-Thu: 8:30-5pm, Friday: 8:30-6pm, Saturday: 8:30-5pm, Sunday 10-4pm



Welcome to the MOOSELOOK RESTAURANT



• Daily Specials •
FRIENDLY SERVICE
Serving Breakfast,
Lunch & Dinner

WELCOME... Truckers! Snowmobilers! Campers!
• Plenty of Parking Available •
Delicious Food • Reasonable Rates
Route 2, Concord, Vermont • 802-695-2950



Fostering a healthy,
vibrant, growing
business climate
and providing
services such as:

- A substantial discount on propane through Amerigas
- A **free** link for your business information (including pictures) on the Chamber website
- Competitive dental plans from Northeast Delta Dental
- Santa Comes to Lyndon - December 7th
- Memory Tree the month of December
- Snowflake Festival February 15th – March 2nd
- Downtown Lyndon Street Festival
- Stars & Stripes Festival - July 19th
- The Information Booth Memorial Day to Columbus Day

And so much more!

Check us out at www.lyndonvermont.com

Email: info@lyndonvermont.com

Phone: 802-626-9696

gladed area in between, Harkless said the hill should keep enough interest for a full day of skiing for beginning skiers to those more experienced.

The Mt. Eustis Ski Tow functioned as a ski slope from 1939 to the late 1970s, according to the New England Lost Ski Areas Project.

It had a 1,600-foot rope tow as well as a ski school and snack bar.

Area towns and local businesses are helping out to revive the hill.

The 1,300-foot gas engine-powered rope tow, once used for Lisbon's rope tow, is currently being rehabilitated by automotive technologies students at Littleton High School.

The building for a warming hut, which will connect to the parking lot, will be donated by The Home Depot.

The snowmobile trail that currently cuts across the ski hill will be rerouted with funding from a New Hampshire Trail Bureau grant awarded in April.

Once up and running, a proposed schedule includes high school team training Tuesday afternoons, local school ski program Wednesday afternoons, open skiing Thursday and Friday afternoon, and more open skiing on weekends.

The current plan also includes lighting for evening hours for the main slope with lighting for the second slope installed at a later date.

The parking lot, which will be graded, can accommodate 20 vehicles with room near the base of the rope tow for five more vehicles.

In addition to Harkless and Lopus, Ron Lahout, Herb Lahout and Christopher Hubble will also help run daily operations.

"There will at least be one of us on the slope when it is open," said Harkless.

All staff will be part of a volunteer crew trained in ski area operations, safety and first aid.

Harkless said every effort will be made to conform to Americans With Disabilities Act regulations and said Adaptive Sports Partners of the North Country has expressed an interest in offering services for disabled

skiers.

The suggested donation to ski is \$5, but Harkless said no one will be turned away for inability to pay.



COURTESY PHOTO

A youngster soars off the ski jump at Mt. Eustis years ago.

"I would like to see the Mt. Eustis Ski Hill run like the Boys and Girls Club," he said. "It helps the town but is not run by the town."

During town meeting in March, voters overwhelmingly approved the lease of Mt. Eustis to the Mt. Eustis Ski Hill Group.

Other downhill ski opportunities

The Northeast Kingdom of Vermont and North Country of New

Hampshire provide a wealth of amazing ski facilities to please everyone from the very beginner to the most experienced. These are the mountains that helped shape the skiing careers of local Olympic hopefuls like Bode Miller, Ida Sargent, Susan Dunklee and Hannah Dreissigacker.

* VERMONT *

Burke Mountain - 55 ski trails and over 100 acres of glades. The mountain is serviced by two high speed quads, one fixed grip quad and three surface lifts. For information visit www.skiburke.com.

Jay Peak - 77 trails over 385 acres and over 100 acres of gladed terrain. The mountain is serviced by one aerial tramway, four quads, one triple, one double and two magic carpets. For information visit www.jaypeakresort.com.

Lyndon Outing Club - A local ski facility staffed by volunteers, the Outing Club has both Alpine and Nordic trails with a rope tow and a t-bar. For information visit www.skilyndon.com.

* NEW HAMPSHIRE *

Bretton Woods - 102 trails and glades over 464 acres. The mountain is serviced by four high-speed detachable quads, one quad chair, one triple chair, one double chair, a t-bar, a red carpet and a wonder carpet. For information visit www.brettonwoods.com.

Cannon Mountain - 73 trails over 264 acres, 168 acres of snowmaking. The mountain is serviced by an aerial tram, one detachable quad, two fixed grip quad chairs, three triple chairs, one fixed grip double chair, one rope tow and a magic carpet. For information visit www.cannonmt.com.

SEE THE PROFESSIONALS AT ARMSTRONG'S FOR YOUR HEARING NEEDS

Our Services Include ...

- Free Hearing Screening/Consultation
- Free Video Scan of Inside of Your Ear
- Free Batteries (Buy 6 Packages, Get 1 Free)
- All Make and Model Repairs/Cleaning
- Digital Technology, Bluetooth Capabilities
- 2-3 Year Repair and Loss and Damage Warranty
- 90-day Trial (Adjustment Time)
- No Sales Tax
- Financing Available

Call Toll-Free For Your Appointment



ARMSTRONG'S
Better Hearing Service, Ltd.

198 Eastern Ave. - St. Johnsbury, VT 05819

802-748-4852

1-800-838-4327

Hours: Monday, Tuesday & Wednesday, 9-4

328 Main Street, Newport, VT 05855

Hours: By Appointment



America's Largest Hearing Instrument Manufacturer
To learn more, visit:
www.starkey.com



Sandra Day, BC-HIS
Diane
Isabelle

Sandra Day, BC-HIS

Serving the greater Northeast Kingdom for over 22 years.

rMOTION • REV-XS

EASILY ADJUSTABLE. HIGHLY FLEXIBLE. BECAUSE BACKS, HIPS AND KNEES ARE NOT.

Burning trails or carving powder, the Ski-Doo® snowmobiles give you the most comfortable ride. Adjust the industry-leading travel of the rMotion™ suspension, featuring a 100% progressive motion ratio. Adjust to more riding positions with the versatile REV-XS™ platform. It's technology you'll only find on Ski-Doo sleds.

THE 2014 SKI-DOO

MX Z and RENEGADE

LEARN MORE AT SKI-DOO.COM

CALL OR VISIT US TO LEARN ABOUT REBATES & PROMOTIONS



We are your Ski-Doo experts for sleds, accessories, riding gear and service.

WALTS SALES & SERVICE

1972 US Route 5, Derby, VT • 802-766-5583

www.waltssalesandservicevt.com



© 2013 Bombardier Recreational Products Inc. (BRP). All rights reserved. "Ski-Doo" and the BRP logo are trademarks of BRP or its affiliates. Always ride safely and responsibly. 1107796

Lyndon/Burke Area...

PAWFECTION GROOMING SALON



Take your babies
to a groomer
that really cares!!

802-535-7958 • 101 DEPOT STREET, LYNDONVILLE
Mon.-Fri. 8 am-4 pm • Sat. By Appointment



New, Used, Rare
&
Collectible Books
Your Local Bookstore

GREEN MOUNTAIN BOOKS & PRINTS

1055 Broad Street, Lyndonville, VT 05851 • 802-626-5051
Open: Mon.-Fri. 10-6; Sat. 9-5 • www.greenmtbooks.com



*Homemade Taste with
Fast Food Service*

- Our Own Fresh Bagels
- Deli Sandwiches on Bagels, Wraps or Homemade Bread
- Panini Grilled Sandwiches
- Breakfast Sandwiches
- Fresh Baked Muffins & Pastries
- Try one of our Real Fruit Smoothies!

626-3574

721 BROAD STREET, LYNDONVILLE, VT.
Mon.-Fri. 5-3 • Sat. 6-2 • Sun. 7-1

Fabric • Notions • Patterns • Books • Gifts

Sewin Love FABRIC SHOPPE

101 Depot St., Lyndonville, VT
Open Mon.-Sat. 9-5:30
802-427-3070



the pub
outback

East Burke
Village

802-626-1188

Casual Dining on VAST Trail

Mon.-Thu. 5-9 • Fri. 5-10
Sat. Noon-10 • Sun. Noon-9
Extended Hours During Holidays!



In the Heart of Kingdom Trails

- QUALITY MEATS & FRESH PRODUCE
- LOCALLY GROWN VEGETABLES
- THICK, JUICY STEAKS & GROUND BEEF
- FRESH SANDWICHES, BURGERS, McKENZIE HOT DOGS
- BRAMMER CREEK SEAFOODS
- EXTENSIVE WINE SELECTION
- PROPANE • CAMPING & PICNIC SUPPLIES
- HOLLYBERRY'S FAMOUS BAKERY PRODUCTS (FRESH DAILY)
- SLICK'S HOMEMADE AND BEN & JERRY'S ICE CREAM
- MOVIES • TMA'S • VAST MAPS
- ATM • 24-HOUR GAS ACCESS • PAY AT PUMP

East Burke Market
461 Route 114 / East Burke / Vermont 05832
802.626.5010



LYNDON BUFFET

Authentic Chinese Cuisine

Wi-Fi Largest Buffet
Selection Around

Skiers & Snowmobilers Welcome!

BRING IN THIS AD AND RECEIVE

**15% OFF
DINNER BUFFET**

- DINE IN ONLY -

(Beverage Not Included • Excludes Holiday Buffet)

Liquor
License

Eat-In or
Take-Out All Day!
Full Menu Always Available

Gift
Certificates

Catering

802-626-8886

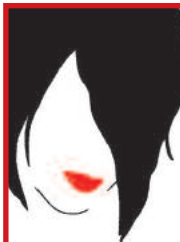
626 Broad Street, Lyndonville, VT
(1-91, Exit 23) • www.lyndonbuffet.com
Mon.-Thu. 11-9 • Fri. & Sat. 11-10 • Sun. 11:30-9

HARRIS FLOORING INSTALLATION

CERAMIC • CARPET
VINYL • LAMINATE

802-376-3706
802-467-3700

West Burke, VT
Michael Harris



SHEAR SENSATIONS
SALON & SPA

WE ARE YOUR FAMILY HAIR CARE CENTER

802-626-8200

MON.-FRI. 9AM - 7PM • SAT. 9AM - 3PM
102 DEPOT STREET, LYNDONVILLE, VT
www.shearsensationsvt.com



Capture the beauty of the Kingdom!

Area rugs in many Vermont themes

Carpet - Vinyl - Tile - Hardwood

Largest selection in the Northeast!

THE
CARPET CONNECTION



"The Flooring Specialists" 199 Depot Street, Lyndonville, VT. 05851
RETAIL & WHOLESALE Telephone 802-626-9026
www.thecarpetconnectioninc.com



TROUT RIVER
Brewing Company
Brewed in Vermont • Naturally Unfiltered

Pub Open Fri. & Sat.
4:00 – 9:00 p.m.

Serving our own hand-tossed, gourmet, sourdough pizzas plus 6-10 premium ales and lagers on tap.
Beer to go available.

Route 5, Lyndonville, VT (802) 626-9396

Kingdom Canine Center
Grooming • Manners • Agility Classes

COMING SOON: OVERNIGHT BOARDING
FREE BATH (PUPPIES UNDER 4 MONTHS)

* GIFT CERTIFICATES *

Call Deanna: 802-274-6033 • email: kingdomk9s@gmail.com
Off North Main Street, Lyndonville, Vermont

M&M BEVERAGE
Mini Mart, Deli & Fuel
Corner of Broad St. & Red Village Rd., Lyndonville, Vt.

\$20 GAS DRAWING
Drawings on Mondays with minimum \$20 fill-up.

Friendly Service

Daily Trivia 12 oz. FREE Coffee

60 & Over Club 3¢ off a gallon of gas

5¢ Off Per Gallon with Gulf card

Fresh Daily Deli Items • ATM Available
Also Great Gas Prices

Moonlight Inn Vermont

Bed & Breakfast
Shirley & Dick Banks, Innkeepers
moonlightinnvt@aol.com
only 7 miles from Burke

801 Center Street
P.O. Box 1325
Lyndonville, VT 05851-1325

www.moonlightinnvermont.com
802-626-0780

BURKE – 3 bedroom cape, in need of some TLC. Some new flooring, and some drywall. Nice barn (30X32) with 4 box stalls, water, power, in-out shelter. Storage for approx. 2,000 bales of hay. 10X25 storage shed. Frontage on Roundy Brook. Close to Burke MT. and Kingdom Trails. Located just out of Burke Hollow Village. **\$75,000**

SUTTON – 306 King George Farm Road. Finishing touches being done on this antique farmhouse. New kitchen, new 1/2 bath-laundry room, redone full bath. All new flooring, mostly rewired with new panel box. Lots of new drywall. Kitchen Island and Pantry. New windows in kitchen, dining, living room and both baths. New siding with added insulation in walls and ceiling. New roof over kitchen area. Exposed hand hued beams in living room. Old stone basement walls removed and redone with concrete walls. New electric hot water heater. New entry doors. All repainted inside. 32x40 barn with overhead storage and water. Lot is all open with views towards Burke Mountain and right on VAST Trail, and nice country setting. **OWNER BROKER. \$189,900**

ANTIQUE FARM HOUSE – Built in early 1800s. Redone around 1988 with new basement. 3 to 4 bedrooms, eat-in kitchen, large family room, exposed hand hued beams, enclosed porch, level lot, large lawn for front yard, frontage on Route 5 Lynburke Road, zoned commercial. **\$129,900**

David A. Lussier REAL ESTATE AGENCY
David Lussier.....802-626-8482
Paul Lane.....802-626-8472

PO Box 872, 540 Main St., Lyndonville, VT 05651
802-626-9541 • Fax 802-626-3716 • email: lussier@kingcon.com
FARMS/ACREAGE/HOMES/INVESTMENT PROPERTIES
www.lussierrealestateagency.com

BURKE
COTTAGE RENTALS
& CAMPSITES

NIGHTLY – WEEKLY – MONTHLY • 802-467-3416
Open Year Round • Near Lakes, Bike Trail & Skiing

Sanderson's
WOODEN BOWLS
Hand Turned
Wooden Bowls and Pens
Sanderson's Woodturning
Sam & Weeza Sanderson
2902 VT Rte. 114
East Burke, VT 05832
802-626-9622 • www.vtbowls.com
COME VISIT OUR SHOWROOM!

**Breakfast
Lunch
Dinner**

Miss Lyndonville DINER

686 Broad Street
Lyndonville, VT
Mon.-Thu. ~ 6am-8pm
Fri. & Sat. ~ 6am-9pm
Sun. ~ 7am-8pm

802-626-9890

**Bridget's Beauty
Boutique**

15 NORTHERN CIRCLE, LYNDONVILLE, VT.
Wed.-Thu.-Fri., 8-8 • Sat. 8-1

802-626-5731

All of your hair care needs.

**Lyndonville
Redemption
& Beverage**

Memorial Drive,
Lyndonville, Vt.
802-626-8348
Please return your bottles & cans.

**Deli • Megabucks • Powerball
Vt. State Liquor Store**

If you choose to drink, don't drive.
And all your favorite ...

ICE COLD Beverages

THE PIZZAMAN

• DELIVERY
• TAKE OUT
• CATERING

663 Broad Street
Lyndonville, VT 05851
802-626-4RONI
(4766)
thepizzamandelivers.com

Pizza • Subs • Salads • Calzones • Dinners
Seafood • Ice Cream

**SPORTS LOUNGE: Watch Your Favorite Game
OPEN 7 DAYS 11:00 A.M.- CLOSING**

Elite Training

Written By Leah Carey

SNIPS
Plus
*Your Hair Care Sanctuary,
Where Style Is Created*

838-5588 5A Pine Ridge Road
Lisbon, NH 03585

Northland Restaurant & Lounge **Maurice's Motel**

ALL IN ONE STOP

VT Liquor Outlet www.northlandrestaurant.com

802-266-3988/3453 Open Year Round
Fax 266-3987

On VAST Trail 105 Exit #2
On NEST Trail #105, 1 mile from the Canadian Trails.
Accessible to NH – Registered Snowmobiles via
Trail Corridors #31, #20 & #21A.



NEK native Ida Sargent competes in Kuusamu, Finland.

Olympic Hopefuls In Craftsbury



Pepa Miloucheva is someone you don't expect to meet while wandering the back roads of Craftsbury.

First, she doesn't sound like a typical Vermonter – her voice holds a strong accent from her native Bulgaria. Second, she's a former World Champion ski racer and now she's training Olympic and elite athletes on those same back roads in Craftsbury.

Miloucheva is the Director of Competitive Skiing at the Craftsbury Outdoor Center, an organization that opens its trails to beginners, weekend adventurers, and elite athletes alike.

Coming to America

After becoming a world champion in long-distance skiing in 1994 and graduating from a Bulgarian sports university in 1996, she said, "I needed to just get away. I didn't want to race anymore." She came to Vermont to visit friends and fell in love with the area.

For several years she split her time half and half between Craftsbury and Bulgaria. That was when the stars began to align to create something really special.

"When I came here, I was still just skiing out there, and then the parents approached me," she explained. "Like Ida [Sargent]'s parents and Susan [Dunklee]'s parents and Hannah [Dreissigacker]'s parents. They wanted somebody to go with their kids and that's how the Craftsbury Nordic started."

According to Miloucheva, those three young women are now all in serious contention for slots on their respective U.S. Olympic teams. "They're already on the national teams," she said. "If they are healthy and everything goes well, they should be on the team."

TRI STATE DRILLING & BORING

Tri State Drilling is a family owned and operated business. As a second generation drilling contractor, we take great pride in our work. We are well known for our water well drilling and pump installation and service. We drill every season of the year and provide quality craftsmanship on everything we install.

**Licensed in Vermont, New Hampshire
and Massachusetts, if you need a well or just
simply have a question... give us a call!**

**Route 5 • West Burke, VT
802-467-3123 • 802-371-8707**

Licensed in VT, NH & MA

Fully Insured ~ Free Estimates ~ Over 30 Years Experience



- Residential Wells
- Hydro-Fracking
- Pump & Water Filtration Services
- Commercial & Municipal Well Applications

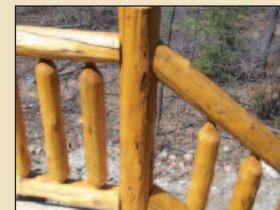
Josselyn's Log Works

RUSTIC LOG FURNITURE

Specializing in

**Beds/Dressers/Bureaus/Night
Stands/Lamps & much more**

CUSTOM LOG RAILINGS



Reasonable Prices

Josselyn's Sawmill Inc.
Jefferson, NH 03583
www.josselyns.com
800-586-4507

Evolution of a mission

From those early days, the group in Crafts-bury has grown and evolved to its current structure: the Craftsbury Outdoor Center is a non-profit that supports the elite athletes of the Green Racing Project. The GRP represents cross-country skiers and biathletes, and also recently added scullers to the roster.

But the COC doesn't just focus on the best of the best, said Miloucheva. "As much as we have the elite athletes, at the same time we have a lot of things that we're improving here for just recreational skiing. People can come and be very affordable to go and ski and not spend tons of money."

The COC also has a broader mission toward using and teaching sustainable practices around the area; protecting the surrounding lake, land and trails; and promoting lifelong sports for all ages and ability levels.

The application to be part of the Green Rac-ing Project says that team members carry two responsibilities: "One part of the 'job' will be training effectively and skiing your fastest; the other part will be making a meaningful con-tribution to the Outdoor Center and the broader community."

Opportunities for all abilities

The fact that you might meet an Olympic athlete on the trails shouldn't intimidate you from utilizing the trails and facilities available at the COC.

"People need to understand that there is a place for all levels," Miloucheva said. "All lev-els, anything related to cross country skiing and rowing and biathlon. We have them here."

They groom approximately 80 kilometers of trails during the winter and have a snow-mak-ing system for the early part of the season when Mother Nature can be temperamen-tal."Our staff is incredible, our maintenance and groomers. They know what is going on and they make it happen so we can just go out and ski," said Miloucheva. "It is beautiful, in winter especially."

For the first-time visitor, Miloucheva sug-gests visiting the center's office first to get a trail map and guidance in choosing routes ap-propriate to their skill level.

A new building is under construction that will include a large gym plus rooms for classes and training, as well as a lodge where people can rent skis and get food.

Everyone has different goals

Sargent, Dunklee and Dreissigacker will get a lot of extra attention from the press this winter, but they aren't the whole story. They are the most visible part of a much deeper team.

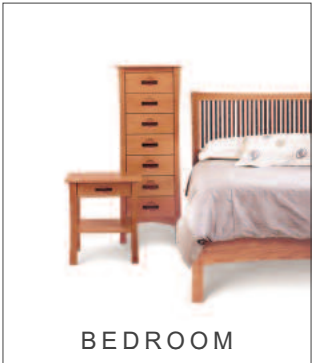
"These guys, they've already been through the elite training for two or three years and naturally they are on the national team now and they can go to the Olympics," Miloucheva said. "The other athletes, they're pretty young. We have athletes that just graduated, this is their first year they're starting to train full time, so they have a lit-tle bit different goals. ... The important thing is that they can accomplish the goals they have for them. It's just not realistic to think that everybody from Craftsbury will go to the Olympics this year but they're still in their early 20s and we hope a lot of them will in the next Olympics. And that's the goal for this program for most of our athletes, is to keep training and to get them on the team for the next Olympics." ❄️



Hannah Dreissigacker, a member of the Craftsbury Outdoor Center ski program, is one of the locals who has high Olympic hopes.



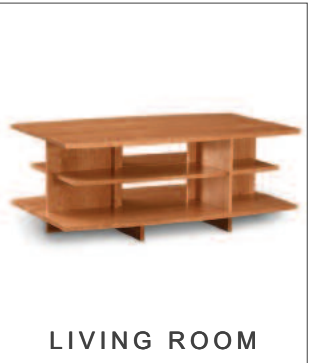
NATURAL HARDWOOD FURNITURE
MADE IN VERMONT



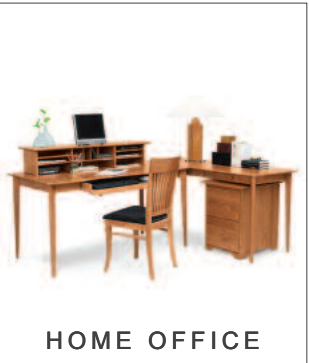
BEDROOM



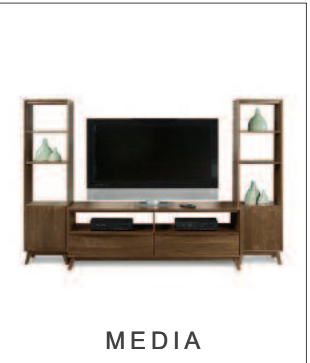
DINING



LIVING ROOM



HOME OFFICE



MEDIA

Copeland Furniture has been designing and manufacturing furniture in Vermont for over 30 years, using hardwoods sustainably harvested here in the Northeast.

We also offer a wide selection of Factory Seconds at a substantial discount and carry upholstery by Mitchell Gold + Bob Williams and American Leather, DeCorcy Mattresses and Hubbardton Forge Lamps. For more information, please visit copelandfurniture.com/companystore



64 Main Street, Bradford, VT 05033 | Phone: 802.222.5300 | companystore@copelandfurniture.com
Monday - Friday 10-6pm | Saturday 10-5pm | copelandfurniture.com/companystore



The Long Haul

Written By Leah Carey

Portrait Of A Craftsbury Athlete

❄️ Ida Sargent is rising in the ranks. Last year she moved into the “red group,” the top 30 cross-country sprinters in the world. “I’m somewhere in the top 20 or 25 of those,” she says in a very calm voice.

At age 25, she’s still got time on her side. Unlike some other sports that get top billing at the Winter Olympics, like figure skating where 25 is ancient, Sargent is still on the young side as a competitive cross-country skier. “Endurance athletes don’t usually hit their peak until after 30,” she said. “A

lot of the women that I’m racing against, quite a few of the top women are 30 or older.”

Growing up on local trails

Sargent grew up in Barton and spent a lot of time on the trails in Craftsbury with her family. “I started skiing about as soon as I could walk,” she said. “We’re a family of Nordic skiers, and since we live only about 20 or 25 minutes away from the Outdoor Center, we used to come here to ski when we were little kids, so I grew up skiing



COURTESY PHOTO

Ida Sargent trains with the U.S. Ski Team.

with the Craftsbury Outdoor Ski Club.”

She was just 8 years old when she began training with Pepa Miloucheva, who is now the director of competitive skiing at the Craftsbury Outdoor Center. Seventeen years later, Miloucheva is still her coach and Craftsbury is still her training home.

Sargent has stayed local throughout her training and career, going to high school at Burke Mountain Academy and college at Dartmouth. “And now I’m back here, so it’s kind of like coming full circle.”

The competitive season

Sargent races in both distance and

267 Main Street
Lancaster, NH 03584

phone
603-788-2719

fax
603-788-4221

toll free
877-788-2719

email:
info@fullerssugarhouse.com

web:
www.fullerssugarhouse.com

- ★ Pure Maple Products
- ★ Equipment & Supplies

**ASK ABOUT
ACCOUNT
ANALYSIS
SAVE \$
"Face to Face
Support"**

**wireless
ZONE**

You're Never Alone With Wireless Zone!

LANCASTER STORE
218 Main Street – Lancaster, NH 03584 – 603-788-2200

The Inn at Whitefield

RESTAURANT & PUB

WE LOVE SNOWMOBILERS

OPEN FOR DINNER
Call for Reservations
603-837-2400

Book Your Christmas Parties

Perras Treasures

Party & Gift Store

Scrapbooking Supplies & Wilton Cake Items

Gift Bags, Wrap, Bows, Greeting Cards, Paper Products, Frames, Mugs, Over The Hill Section, Luau, Licensed Birthday Themes, Balloons
Huge Wedding and Baby Inventory, Invitations, Engraving and MUCH, MUCH MORE

**Largest
Yankee Candle
Inventory in
North Country**

**“WE HAVE ALL YOUR
BUILDING NEEDS FROM
START TO FINISH”**

31 PERRAS ROAD, LANCASTER, NH 03584 • (603) 636-1391 • 800-545-0772

Lumber • Plywood • Doors • Windows • Roofing • Insulation • Building Materials
Bath & Kitchen Cabinets • Paint • Tools • Electrical • Plumbing • Hardware
Housewares • Lawn & Garden • Automotive • And Much Much More!

Perras ACE Inc.

DALTON MOUNTAIN MOTORSPORTS

475 Main Street, Lancaster, NH 03584 • 603-788-4991
www.daltonmountainmotorsports.com

**Ski-Doo
Regional Dealer
of the Year**

**Can-Am
Regional Dealer
of the Year
3 Years Running**

Open 7 Days a Week During Riding Season
5 STAR SERVICE DEPARTMENT

sprint Nordic events. “I usually do a little better in the sprint, but I like both,” she said. “5 and 6k are stronger events for me than the longer stuff, but it’s good to do all of it and become more all-around, and just faster.”

As a member of the United States Ski Team, she spends the winter in Europe racing on the World Cup circuit. World championships happen every two years and the Olympics come once every four years. “We spend almost every weekend racing from the end of November through the end of March,” she said.

Sargent’s first race this year is in Finland “around the Arctic Circle” at the end of November. “That’s when things get really fired up,” she said.

The Olympic team won’t be decided until January and the games will be in February, so she said there’s still lots of time to work and improve. But Sargent can already feel the difference around this season. “I’ve never been to the Olympics, so I don’t know what actually happens there. But I can already feel the added attention, added emphasis,” she said. “People get more excited to watch the Olympics and there’s a lot



COURTESY PHOTO

Ida Sargent

more media attention right now. But it’s really important to remember the focus and remember why we’re doing this – it’s a fun life.”

Her coach Miloucheva isn’t overly concerned about the added pressure of the Olympic year. “They’ve already been to a lot of World Cups. You don’t just get out and go straight to the Olympics,” she explained. “The Olympics is the biggest because there are a lot of other sports, but the people in your

sport are still the same. So you’re not racing anybody different when you go there, you’re racing exactly the same people.”

Sargent is pleased with her current position. “I feel like I have a great shot. I need to keep training hard these last few months and then race fast when we’re on snow,” she said. “We had probably our most successful winter last year on the women’s team. So we’re kind of moving up and turning heads, which is a fun position to be in.”

In the garden

As part of the Craftsbury Outdoor Center’s Green Racing Project (see related story), Sargent

is able to spend her time doing more than just obsessing about her next race. She said it makes it a great place to train. “We do work at the Outdoor Center and are involved in lots of different projects here,” she said. “There’s lots of other things going on so that it keeps a good balance in your life so you’re not just training. It’s nice to have other things going on. Like we work in the garden, or coaching kids, or other sustainability projects. There’s a lot of other things going on which gives your mind a break rather than just training, training, training.”

It’s an unusual set up for an elite training program. “We’re the only program like that in the

country,” Sargent said. “For me that’s great because we’re in a really rural, secluded place but we have this little microcosm of elite athletics right here in Craftsbury.”

Still having fun

When asked if she expects to remain in the sport long enough to hit that endurance peak that comes for women after 30, Sargent remains upbeat. “I think so. I’m still having fun.”

In the meantime, she’s training and focusing on each race as it comes. “It’s just about putting together good races when it counts.” ❄️

John Kascenska

Kingdom Adventures
MOUNTAIN GUIDES

PO BOX 41 East Burke, VT 05832
www.kamountainguides.com
802-274-4112

ROCK & ICE CLIMBING
MOUNTAINEERING
WILDERNESS MEDICINE
INTERNATIONAL TREKKING
AVALANCHE EDUCATION

AMERICAN MOUNTAIN GUIDES ASSOCIATION
AIARE
The American Institute for
Avalanche Research and Education

THE AREAS BEST FUN SPOT!

Free WiFi • Daily Specials • Billiards
Darts • Bowling • 14 TVs • Great Deck

V
VICTORY
LANES
BOWLING & SPORTS BAR

Ask About Our Bowling Leagues

Schedule Your Birthday Party With Us!

Mon & Tues Closed • Wed 4-11pm
Thurs 4-11 • Fri 4-1am • Sat 2-1am • Sun 2-8pm
603-747-3321 • bazzellenterprises@yahoo.com
9 Central Street • Woodsville, NH 03785 • Don Bazzell, Owner

**HISTORIC NEW ENGLAND
CANDLE PIN BOWLING**

\$1.75 Shoe Rental • \$3.75 Game or \$15.00 per Hour Lane Rental
A Great Place For Family & Friends

VICTORY SPORTS BAR

Come Have Some Great Pub Food! Cold Beers & Tasty Drink Specials.

DELICIOUS WINGS!
Many Different Kinds of Sauces.
All Homemade!

KARAOKE – EVERY THURSDAY NIGHT!
Bring your singing voice or just come to listen to some great singing!

Educating Athletes

Written By Leah Carey

Athletics And Academics Under One Roof



Thanks to Mikaela Shiffrin, Burke Mountain Academy has gotten a lot of attention over the last year.

In the 2012-2013 winter season, Shiffrin won the World Cup slalom title in just her second year on the racing circuit. She also happened to still be a high school senior at Burke Mountain Academy while she was doing it. Thanks to BMA's unique structure, Shiffrin was able to graduate on time with her class, even after spending the winter competing in Europe.

Sam Damon, the head FIS coach and head women's coach at BMA, said that the ski academy is designed to be adaptable. "Our teachers who work at the school are super-prepared, and

so they're ready when a kid suddenly gets invited to World Junior Championships and you find out three days ahead of time that you're going to be gone for two weeks. The teachers are ready to send you off on the road with your assignments," he said. "Because that's what we do, we're able to be ready for that and be pretty accommodating for the kids."

The school is small – currently about 67 students – and focuses on both athletics and academics. "For about two months at the beginning of the year we're at the school and we have two workouts a day at 6:30 a.m. and in the afternoon," said Damon. In November they travel to Colorado to train for three weeks and then they

return to campus. But students are on and off campus as necessary to participate in races.

A dream within reach

In addition to Shiffrin, there are a group of other current and former students who are strong candidates for the 2014 Olympic team.

Current senior Jakob Helgi-Bjarnason is a "very strong" likelihood for the Icelandic team, according to Damon. Trace Smith, a 2009 graduate, is likely to be on the Estonian team. Other

names that surface in conversation about U.S. Team members include Tommy Biesemeyer and Nolan Kasper.

Although Damon said that the students "work hard no matter what," he admits that having their friends and peers in the mix at the highest level adds juice to this season. "Mikaela's friends with a lot of kids who are still at the school. It's exciting for them to be able to get excited for her. People get really into it. They're really looking



BMA graduate Mikaela Shiffrin competes at the U.S. Alpine Championships in March 2013.

At **NVRH** we want the NEK to be the healthiest region in the healthiest state.

Illness and injury are ageless.
Health and fitness are priceless.
Move your body.
Have regular check-ups.
Eat a healthy diet.
Remember strength is more than muscle.

Choosing Health

NORTHEASTERN VERMONT REGIONAL HOSPITAL

HOSPITAL DRIVE, ST. JOHNSBURY | MORE INFO AT 802 748-8141 |

Find us on Facebook.

Black Oil Sunflower Seeds \$13.99 /25 lbs.

**Ice Fishing Supplies
Pet Supplies & Dog Food**

True Value
START RIGHT. START HERE.

HUNTING & FISHING LICENSES

St. Jay Hardware

802-748-8076

EASTERN AVENUE, ST. JOHNSBURY, VT.

OPEN MON-SAT 8-5:30, FRI 'TIL 6, SUN 9-1

**Josselyn's
"Getaway"
Log Cabins**

306 North Road
Jefferson, NH
03583
1-800-586-4507

**Rates Start @ \$85.00 (off season)
to \$105.00 (peak) per night.**

Overview: We have been renting our handcrafted, secluded, log cabins as vacation rentals for many years. Perfect for a family gathering or romantic getaway.

Accommodations: Sleeps 2-10. Cabins offer fireplace, TV/VCR, heat, showers, phone, linens and towels. Kitchen has microwave, complete cookware & dinnerware.

Open Year-round. Pets OK in most cabins. Kids stay free.

forward to seeing the events on TV,” Damon said. “It’s really cool to have recent grads going to the Olympics and racing at a really high level because the kids know them. It puts it within reach and it’s really neat.”

On the hunt

While not everyone will make it into the ranks of elite international competition while a student at BMA, they are racing in the same pool as Shiffrin, Bode Miller, Lindsey Vonn and the other superstars of the sport.

“When you turn 16 you become eligible for FIS competition [International Ski Federation], which is the international governing body of skiing,” explained Damon. “At that point you get a world ranking and you race against people who are in the Olympics. You get FIS points by racing and doing well in harder races. So it’s really a gauge once you’re 16 of how you’re progressing compared to the best in the world.”

Valuing hard work over ability

As a school that focuses on molding great people, not just great competitors, the teachers try to help them keep it all in perspective.

“At BMA we really value hard work over ability and commitment to the community, commitment to the school, the program, and working hard all the time,” said Damon. “Part of our mission

statement is to help kids achieve their limitless potential.”

Toward that end, the school operates on an honor code and very few other rules, according to Damon. “We have to find kids who fit a pretty narrow mold – a good fit athletically, but also with the community and able to carry on the values of the community.”

Two weeks every four years

“The Olympics are definitely important, especially in North America, because it’s the one event where it feels like the whole world is watching,” said Damon.

However we have little idea in the United States of how big a deal our skiers are in Europe, even in non-Olympic years.

“Bode Miller and Lindsey Vonn are superstars in Europe,” said Damon. “It’s the same as Tom Brady here. You go to Europe and you see these guys on billboards everywhere. ... It’s really just in this country the that the Olympics feels like a big event, but there is a World Cup that goes on all the time.”

“Skiing is suddenly popular for two weeks every four years,” Damon laughed. “I would imagine it’s like that for a lot of sports, like swimming. No one knows how Michael Phelps season is going this year, but he’s certainly racing, he’s certainly doing something.”

It’s a good bet that the BMA students will be very aware of how Mikaela Shiffrin’s season is going this year, and they’ll be working to hold themselves up to her standard. ❄️

DUCRET'S SPORTING GOODS
Hunting, Ice Fishing, Sporting Goods, Snowshoes & Skates,
Live Bait, Paints (include Cabot, Sikks and PPG)

OPEN 7 DAYS A WEEK
NH F&G Lic.
OHRV Reg.

LP Tank Refills

133 MAIN STREET, COLEBROOK, NH 03576
(603)237-4900 • FAX (603)237-5198

NORTH COUNTRY COMMUNITY RECREATION CENTER

Take a trail break and come for a swim in our heated pool or relax with us while your family hits the trails.

We have a full-sized skating rink, too!

On the trail – look for the signs.

Call or check our website for hours.

33 Rec Center Road – Colebrook, NH
603-237-4019 – www.northrec.org

First Run Home Entertainment

WE DELIVER
11:30 AM - 1:30 PM & 4:30 PM - 8:00 PM
20% gratuity applied - \$10 minimum order
Within 10 +/- miles. Restrictions may apply

FREE Wi-Fi

Try Our Line of SPECIALTY PIZZAS
Special: Tues. & Wed.
Large 16" Cheese Pizza \$8.99

Welcome Snowmobilers RIDE-IN

- Pizza by the Slice
- Buffalo Wings
- Homemade Roast Beef
- Calzones
- Full Deli
- Salad Bar
- NEW! Cheddar Nachos

Main St., Colebrook, NH
Open 7 Days A Week • 10 AM - 9 PM • 603-237-TAPE(8273)

BRIDGE STREET HD INDOOR GOLF

Bridge St. Colebrook, NH

CALL FOR TEE TIMES
603-237-8713
Weekdays 7am-1pm

Rainy Day Play
Over 20 PGA Golf Courses Available
Gift Certificates
Packages Available For As Little As \$10.00 hr.

LaPerle's IGA plus

HOMETOWN PROUD

For your Shopping Needs

- Large Produce • Deli
- Meats • Wine & Beer
- Take-Out Prepared Foods

Services: ATM • Western Union • Fax • Lottery
Money Orders • Utility Payments

Plenty of Parking • 603-237-4370

North Main Street • Colebrook, NH
For Weekly Ad, Promotions & Coupons go to laperlesiga.com & listen to WOXX-FM 97.1 "The Outlaw"

GREAT NORTH WOODS VINTAGE SERIES

Sponsored by
Laperle's IGA

Check out the race series at ...
www.thegreatnorthwoodssnowmobilerace.com

LEMIEUX Garage, Inc.

NEW & PRE-OWNED OEM PARTS FINDER

FULL LINE OF CLOTHING, ACCESSORIES & PARTS FOR YOUR SNOWMOBILE NEEDS
TRAILS 18 & 3A • FULL SERVICE GAS

161 Main Street • Colebrook, NH
603-237-4377
www.lemieuxgarage.com

Colebrook Country Club
MOTEL • LOUNGE • GOLF • BANQUET FACILITY

Route 26/Corridor 18 ~ Colebrook, NH 03576
(603)237-5566

Clean, comfortable, all ground-level rooms with cable TV, in-room phones, private bath, A/C.
Open year-round * On-site lounge open daily

www.ColebrookCountryClub.com
SNOWMOBILING BEGINS AT OUR DOORSTEP!

Calendar

Continued from Page 17

7 p.m. - Independent Lens at Catamount Arts. The State of Arizona. For info: catamountarts.com.

7 p.m. - Readings in the Gallery at St. Johnsbury Athenaeum. With author Sherry Olson. For info: stjathenaeum.org.

Thursday, Nov. 21

1 p.m. - Book Club at Goodrich Memorial Library. Copies of discussion titles available at the library. For info: Library at 334-7902.

3:30 p.m. - Economic Development Celebration at the Littleton Opera House. Focusing on "The Majestic Ammonoosuc: The next step in Littleton's economic future." For info: littletonareachamhernh.com.

4 p.m. - Annual Game Supper at Danville United Methodist Church. Reservations by emailing tobybalivet@netscape.net.

7:30 p.m. - Little Women at Fuller Hall, St. Johnsbury Academy. Tickets at catamountarts.org or 748-2600.

Friday, Nov. 22

5 p.m. - Holiday Opening Reception at MAC Center for the Arts. For info: MAC Center for the Arts at 334-1966.

6 p.m. - Thinking Conflict Differently at Catamount Arts. By the NEK Youth Dialogue Project. For info: catamountarts.com.

7:30 p.m. - Little Women at Fuller Hall, St. Johnsbury Academy. Tickets at catamountarts.org or 748-2601.

7:30 p.m. - Christmas Carol Radio Play at First Universalist Parish of Derby Line. QNEK Productions. For info: qnek.com.

Saturday, Nov. 23

Hunter's Supper at Historic Grace Church, Canaan. Two seatings at 5 and 6 p.m. For info: Ken at 266-3933.

9 a.m. - St. John's Caroling Christmas Bazaar at Father Lively Center, St. Johnsbury. For info: Joan at 748-8010.

9 a.m. - Christmas in the Kingdom Holiday Bazaar at Danville Congregational Church. For info: 684-1151.

9 a.m. - Sheffield Christmas Craft Bazaar at Sheffield Town Hall. For info: Audrey Richardson at 626-9416.

10 a.m. - Horse and Wagon Rides at The Rocks Estate. Horse-drawn wagon and choose a tree and wreath. For info: TheRocks.org.

10:30 a.m. - Green (Eco) Santa at The Rocks Estate. Seedlings for children and photographs with Santa. For info: TheRocks.org.

2 p.m. - Little Women at Fuller Hall, St. Johnsbury Academy. Tickets at catamountarts.org or 748-2602.

6 p.m. - Thinking Conflict Differently at Cata-

mount Arts. By the NEK Youth Dialogue Project. For info: catamountarts.com.

7 p.m. - Chaotic Wrestling at the Littleton Opera House. Night of Chaos. For info: littletonareachamhernh.com.

7:30 p.m. - Alan Reid & Rob Van Sante at Alumni Hall, Haverhill, NH. Scottish musicians. For info: alumnihall.org.

7:30 p.m. - Christmas Carol Radio Play at First Universalist Parish of Derby Line. QNEK Productions. For info: qnek.com.

Sunday, Nov. 24

1 p.m. - Music Jam at Robert E. Clifford Building in Woodsville, N.H. For info: 603-353-4741.

2 p.m. - Christmas Carol Radio Play at First Universalist Parish of Derby Line. QNEK Productions. For info: qnek.com.

6:30 p.m. - Memory Tree Lighting at West



AP PHOTO

Burke Mountain Academy graduate Mikaela Shiffrin celebrates after taking third in a World Cup slalom race in March 2013.

Burke Methodist Church. For info: Jim Ball at 467-3433.

7:30 p.m. - James McMurtry at Alumni Hall, Haverhill, NH. songwriter and musician. For info: alumnihall.org.

Wednesday, Nov. 27

1 p.m. - Osher Lecture at Hebard State Office Building. Voyages of Viking Woman with Nancy Marie Brown. For info: learn.uvm.edu.

Friday, Nov. 29

Warren Miller Film Screening at Omni Mt. Washington Hotel. For info: bretttonwoods.com.

12:30 p.m. - Santa Party at the Littleton Opera House. For info: littletonareachamhernh.com.

Saturday, Nov. 30

9 a.m. - Northeast Kingdom Craft Fair at Lyndon State College. Approximately 40 local crafters and artisans. For info: Sue at 274-8935.

9 a.m. - 13th Annual Craft Fair at Carroll Town Hall in Twin Mountain, N.H. For info: 603-846-5434.

10 a.m. - Horse and Wagon Rides at The Rocks Estate. Horse-drawn wagon and choose a tree and wreath. For info: TheRocks.org.

10 a.m. - Yuletide Festival of the Arts at The Littleton Opera House. To support the Second Chance Animal rescue. For info: www.secondchancear.org or 603-259-3244.

10:30 a.m. - Green (Eco) Santa at The Rocks Estate. Seedlings for children and photographs with Santa. For info: TheRocks.org.

7 p.m. - Acoustic Hot Tuna at Jay Peak Resort. concert. For info: jaypeakresort.com.

7:30 p.m. - Michael Vincent Band at Alumni Hall, Haverhill, NH. Young power trio. For info: alumnihall.org.

9 p.m. - Hot Tuna at Jay Peak Resort. Blues concert. For info: catamountarts.com.

Sunday, Dec. 1

Making an Axe Handle at Northwoods Stewardship Center. For info: northwoods-center.org.

12 p.m. - Handel's Messiah Concert at Historic Grace Church, Canaan. For info: Ken at 266-3933.

1 p.m. - Children's Christmas Party at Barton Memorial Building. Entertainment, refreshments and Santa. For info: Patsy at 525-6565.

Monday, Dec. 2

6:30 p.m. - First Monday Movie Series at The Colatina Exit in Bradford. For info: cohase.org.

Tuesday, Dec. 3

1:30 p.m. - Catamount Community Cinema at Catamount Arts. Holiday Inn. For info: catamountarts.com.

Wednesday, Dec. 4

7 p.m. - First Wednesdays at St. Johnsbury Athenaeum. What we learn when we learn about history. For info: stjathenaeum.org.

7 p.m. - First Wednesdays at Goodrich Memorial Library. Rowing Against Wind and Tide with Reeve Lindbergh. For info: Library at 334-7902.

Friday, Dec. 6

5 p.m. - Holiday Premiere and Wine Tasting at All About Flowers, St. Johnsbury. Holiday floral displays, refreshments. For info: 748-5656.

7 p.m. - The Nutcracker at The Littleton Opera House. For info: littletonareachamhernh.com.

Saturday, Dec. 7

9 a.m. - Christmas Bazaar at Haverhill First Congregational Church, Haverhill, NH. For info: Marcia at 603-989-3381.

9 a.m. - Burklyn Arts Council Christmas Market at St. Johnsbury School. Over 60 juried artists and craftspeople. For info: burklynarts.org.

10 a.m. - Lunenburg Gingerbread Bazaar at Lunenburg Primary School. Door prizes, face painting, vendors and more. For info: Chris at 892-6654.

10 a.m. - Horse and Wagon Rides at The Rocks Estate. Horse-drawn wagon and choose a tree and wreath. For info: TheRocks.org.

10:30 a.m. - Green (Eco) Santa at The Rocks Estate. Seedlings for children and photographs with Santa. For info: TheRocks.org.

4 p.m. - Magic On Main at Main Street Newport. Wagon rides, Santa Claus, music, shopping and more. For info: newportrecreation@gmail.com.

4:30 p.m. - A Fools' Feast at St. Johnsbury School. For info: kingdomcounty.org.

7 p.m. - The Nutcracker at The Littleton Opera House. For info: littletonareachamhernh.com.

Sunday, Dec. 8

2 p.m. - The Nutcracker at The Littleton Opera House. For info: littletonareachamhernh.com.

2 p.m. - Pike Manufacturing history at TBA. Part of Newbury's 250th anniversary. For info: celebrate250.org.

Wednesday, Dec. 11

10:30 a.m. and 1 p.m. - Beauty & The Beast at Fuller Hall, St. Johnsbury Academy. National Marionette Theatre. For info: catamountarts.com.

7 p.m. - Readings in the Gallery at St. Johnsbury Athenaeum. With author Elena Georgiou. For info: stjathenaeum.org.

Thursday, Dec. 12

7 p.m. - Holiday concert by Choir of Clare College at North Congregational Church, St. Johnsbury. For info: kingdomcounty.org.

7 p.m. - Choir of Clare College at North Congregational Church, St. Johnsbury. An Advent concert. For info: catamountarts.com.

Friday, Dec. 13

7:30 p.m. - Littleton Idol Competition at the Littleton Opera House. For info: littletonareachamhernh.com.

Home Team

Written By Brendan Kozlowski

Bode Races Toward A Fifth Olympics



As Franconia, N.H. native Bode Miller begins his campaign for a fifth Olympic Winter Games in February, he has more on his plate than when preparing for previous Olympics. His local fans, though, remain confident.

Miller sat out the 2013 Audi FIS Alpine World Cup after surgery last spring for a microfracture in his left knee. Miller has married professional beach volleyball player Morgan Beck, and is now a father of two. He has become involved with the U.S. Paralympics as a spokesperson and on Sept. 30 launched the Gateway to Gold, a program that aims to introduce people with disabilities to sports.

Philanthropic adventures

"One of his friends, Cam Shaw-Doran, was in a car accident and lost a part of his leg and [Bode] helped adapt his car to use hand controls on steering wheels," Jeff Malcolm, one of the owners of Franconia Sport Shop said. "Bode helps with the Turtle Ridge Foundation and they made golf carts for handicapped golfers. His whole family believes disability shouldn't be a reason not to participate in athletics."

Miller also runs two annual fundraisers: BodeFest, a skiing event in the spring, and BodeBash, a golf and tennis event held at the end of summer. On top of it all, he is active supporter of the Turtle Ridge Foundation, an organization he and his family set up that offers the opportunity for the disabled community and youth to become involved in a variety of athletic and recreational activities.

"When someone has the kind of fame and recognition and uses it to help a child in need, it's inspiring," Malcolm said.

"We're lucky to have our able bodies," Miller's sister Kyla said. "It's so rewarding to see people benefit from what we offer."



AP PHOTO

Bode Miller takes a curve during a men's World Cup downhill in Bormio, Italy, in December 2011.



Snowshoe/Winter Hiking Tours

Explore northern New Hampshire and Vermont's less traveled hiking and snowshoe trails with *unique, customized tours!*

- Experienced, local guides
- A great way to enjoy nature
- Geared to a variety of ages and abilities

Bring a group or join ours!



Margie Emmons, owner • naturatheals9999@gmail.com
(603) 638-3017 • 376 Coppermine Rd, Monroe, NH 03771

stillwatersrundeepkayaking.com | stillwatersherbalgiftshop.com

Delicious PIZZA

HOUSE OF PIZZA

St. Johnsbury
748-5144
287 Portland St.

Lyndonville
626-4500
26 Main St.

GOODRICH'S MAPLE FARM
2427 US ROUTE 2 • CABOT, VERMONT
800-639-1854

• Free Tours • Sugar on Snow (In Season)
• Quality Maple Products
• Retail & Mail Order

www.goodrichmaplefarm.com

Notch View Inn & Campground

www.notchviewresort.com • 603-237-4237

Plan Your Camping With Us in 2014

- Secluded Wooded Tent Sites
- ATV Trail Access • 39 Full Hookup Sites • Pool
- Hiking Trails • Spectacular Views Await You!

54 Forbes Hill Road • Colebrook, NH 03576
notchview@live.com

OPEN ALL FOUR SEASONS

- Majestic Mountain View Rooms
- Breakfast Included
- Access to Snowmobile Trail 18
- Snowshoeing
- Cross-Country Skiing On Our Private Trails

Photo by Ron Novolker

"We didn't want it to be the Bode Miller Foundation, but we wanted what he could bring us with sponsors and recognition," she continued. "Bode's the golden boy for Franconia. We provide a unique experience because people really get to meet him."

"It's awesome. You can tell the community is right there with him," Malcolm said. "Everyone knows him and his family."

Local support

When he's home, Bode is a quiet guy. "He's a professional athlete, the good thing is when he's back here, people give him a break," Steve Heath, owner of the Franconia Village store said. "People respect that he wants to get away."

Franconia, though, is not quiet when it comes to their support for the local.

"People come from all

around and ask about him," John DeVivo, general manager of Cannon Mountain, said. "He just has God-given talent."

DeVivo said Cannon will occasionally include Bode's race results in their fliers.

"I think where he's from helped hone his persona," he said. "Running around the woods and using rocks to lift, it's very unorthodox, but it works."

Olympic excitement

With the 2014 Winter

Olympic Games on the horizon, the excitement level is high. "Obviously we're as excited as anyone, especially the Franconia Ski Club," Heath said.

The ski club keeps its Facebook page updated with his results. "It's good to have the kids follow someone," Malcolm said. "It's a helpful tool."

"This is his fifth time going to the Olympics," Kyla said. "He's got a lot of experience. He's got it all down. With everything going on in his life now, things are lining up really nicely for him to do well."

To date, Bode has won five Olympic medals, more than any U.S. skier. He captured two silvers (giant slalom and combined) in Salt Lake City 2002, and a gold (super combined), a silver (Super G) and a bronze (downhill) in Vancouver 2010.

He is also a two-time overall World Cup champion in 2005 and 2008.

In November 2004, Bode became only fifth man to win World Cup races in all five disciplines: slalom, giant slalom, Super-G, downhill, and combined. ❄️



PHOTO BY PAUL HAYES

Bode Miller plays tennis at the 2013 Bode Bash in Easton, N.H.

COAL • COAL • COAL • COAL • COAL • COAL

Keystoker COAL

**BOILERS • FURNACES
STOVES**

Rice & Nut Coal
By the Bag or the Ton

APPALACHIAN SUPPLY
"Home of the Bad Guys"

4581 Memorial Dr., St. Johnsbury, Vt. 802-748-4513
970 Meadow St., Littleton, N.H. 603-444-6336

COAL • COAL • COAL • COAL • COAL • COAL

ABBOTT
RENTAL & PARTY STORE

502 Union Street, Littleton, NH
603-444-6557 • 800-287-6557
www.abbottrental.com

Duck Soup

*Fresh Functional Kitchenware
For Every Kind of Cooking
For Every Kind of Cook!*

PARKER'S MARKETPLACE
106 Main Street • Littleton, NH • 603-444-5953
Open 7 Days A Week • FREE Parking

Topic of the Town FAMILY RESTAURANT "HOME COOKING AT ITS BEST"

MAIN ST., LITTLETON • 603-444-6721

Breakfast • Lunch • Dinner

Specializing in:

- Fresh Seafood
- Great Kids Menu
- Breakfast Served All Day
- Great Steaks
- Tasty Sandwiches
- Full Liquor License
- Burgers
- Fresh Salads

**Daily Lunch –
\$3.99
BLUE PLATE
SPECIAL**
Tax Included



Every
Wednesday
is Buffet
Night
5pm-Closing

We also cater & offer dining room for functions.

25 Main St. Littleton, NH

Open: Tues-Sat 5am-8pm; Sun 6am-2pm; Mon 5am-2pm

FAMILY-OWNED AND OPERATED FOR 25 YEARS!

Nest



**GIFTS ...
HOME
DECOR ...
AND
MORE**

**97A MAIN STREET, LITTLETON
ACROSS FROM THE LIBRARY**

OPEN DAILY 10 TO 5 • SUNDAY 10-4

Shop NEST on Main Street in historic Littleton, New Hampshire. We carry an eclectic array of treasures for your home. NEST is the exclusive North Country retailer for a large selection of gifts, home décor, rugs, bedding, linens, candles and more. Also enjoy our collection of women's accessories. We represent bright, colorful and fun products from some of North America's top interior designers.

**COME SEE US ON BOTH LEVELS
OF 97 MAIN STREET
& SHOP FOR TREASURES
FOR YOUR NEST!**

**TELEPHONE: 603-259-3280
SHOP@NESTOFLITTLETON.COM**



Come visit
the Gallery
at
THE NEST

The French Sisters



Baked Goods • Gifts
Homemade Lunches ~ Soups, Stews, Quiche & more!

71 Main Street, Littleton, New Hampshire • 603-991-9233
Hours: Mon 10-5, Tue-Fri 10-6, Sat 10-5

Country Primitive • Home Decor
Window Treatments
Unique Gifts
Sewing Alterations

20% OFF ONE ITEM
With This Ad - Expires 3/1/2014

Owner ~ Lori Elliott
Hours: Wed.-Sat. 11am-5pm
Sun. 12-4pm
50 MAIN ST. - LITTLETON, NH
603-444-6555



Calico Cottage

LAHOUT'S
COUNTRY CLOTHING & SKI SHOP
WWW.LAHOUTS.COM

10% Off
Our Already Low Prices
on Our Entire Inventory

Offer Good At One of Our Six Locations in Littleton & Lincoln!
Not Valid on Sale Items and Selected Ski Equipment. Coupon Expires 4/01/14.

Littleton Stores Main Store Warehouse Union St.	Northface Patagonia Main St.	Lincoln Stores - Main St. Locations Life Is Good Columbia Burton Store	Summit Shop
--	---------------------------------	--	----------------

Hagan's Manufactured Housing Sales



- Custom Modulares
- Maple Leaf Homes
- Skyline of PA Manufactured Homes
- Eagle River Homes

Family Owned & Operated for 39 Years
603-444-2788
OPEN 7 DAYS A WEEK!
2393 St. J Road, Rt. 18, Littleton, NH (I-93 Exit 44)
www.haganshomesnh.com


There's something to please everyone at Village Book Store!

An outstanding selection of books for all tastes - local interest, cookbooks, bestsellers, and books for young readers.

YOU'LL FIND IT ALL AT THE VILLAGE BOOK STORE -
ALONG WITH OUR KNOWLEDGEABLE, ATTENTIVE SERVICE!

VILLAGE BOOK STORE
BOOKS • MUSIC • TOYS

603-444-5263
1-800-640-WORD (9673)
81 Main St., Littleton, NH 03561
www.booksmusictoys.com



LITTLETON MotorSports

YOUR SNOWMOBILING CENTER!
SALES • SERVICE • PARTS & ACCESSORIES

POLARIS
The Way Out.

515 Union St. • Littleton, NH 03561
603-444-5003
www.littletonmotorsports.com

TAX-FREE NH


Top Notch Service Team On Site!

Deals On All In-Stock 2013 Sleds !!

TRADES WELCOME!

HOURS: Mon.-Fri. 8-5
Sat. 8-3
facebook

EAMES REALTY COMPANY



★ Apartment Rentals
★ Office Space
★ Commercial Storefronts

- Best Prices
- Prime Locations
- Responsive, full-time maintenance staff
- Serving the North Country Since 1926

For availability please call:
(603) 444-6944 ext. 22 or find us on the web at: www.eamesrealtyco.com

32 MAIN STREET, LITTLETON, NH 03561
www.eamesrealtyco.com

JAX JR. CINEMAS

MAIN STREET • LITTLETON, NH • JAXJRCINEMAS.COM

ADULT \$7 • CHILD/SENIOR \$5 • PRE-SHOW TRIVIA • GIFT CERTIFICATES

SHOWTIMES IN BOTH CINEMAS

Monday-Thursday	—	—	7:00pm	—
Friday	—	—	7:00pm	9:15pm
Saturday	1:00pm	4:00pm	7:00pm	9:15pm
Sunday	1:00pm	4:00pm	7:00pm	—

For more information about current movies call **444-5907** for a recorded message.

Visit our website at jaxjrcinemas.com

NH'S FIRST ALL-DIGITAL 3D-EQUIPPED MOVIE THEATER!




Thousands of Vehicles
Dozens of Car Dealers
One LOCAL Website!

AUTO603.com
Bookmark it Now & Save Later!



For Art's Sake

Written By Jay Craven



I recently found myself in the Whalonsburg Grange Hall near Essex, N.Y., and the Strand Theater in Plattsburgh, N.Y., touring my new film, "Northern Borders." The crowds in both places were robust and appreciative. Even more importantly, I was greeted in each town by a pride and community spirit that was infectious. In both towns, people had recently rallied to revive once-dormant buildings and turn them into venues for film and performing arts presentations.

Local people brought these idle buildings back to life through fundraising, thousands of volunteer hours, and a commitment to in-

creasing the presence of arts events in their towns. People now pour into these venues – their venues – and see arts' potential to bring people together for memorable experiences of shared community.

A lively performance series and popular arts facilities can contribute substantially to community pride and well-being. St. Johnsbury and Lyndonville in Vermont, and Bethlehem and Haverhill in New Hampshire, know this. It requires hard work to make this happen, but it's worth it.

I remember hearing stories of the day John Philip Souza performed in St. Johnsbury, probably more than a century ago. I hoped,

during my time as director of Catamount Arts in the 1980s and early '90s, that people would remember the local performances we brought to town, artists considered vital to our collective national and even international culture. After all, Johnny Cash, Ray Charles, Merce Cunningham, Wynton Marsalis, Bonnie Raitt, Spalding Gray, Stephane Grappelli, and others all played on local stages back then. By having them here, we were connected to this work.

I hadn't presented a performance in 18 years when I produced a 13-day performing arts festival in Burlington, Vt., in 2009. I had a blast producing more than 120 events. Doing so reminded me of the possibilities and satisfactions – and also the struggle. All of this requires community commitment and significant funding. When I proposed the Kingdom County Productions series locally to businesses, banks and even individuals, people agreed that the combination of community and culture is a winning proposition.

For the past five years, I've worked at Kingdom County Productions to revive the kind of performance program I produced during my days at Catamount.

I've had the opportunity to create new partnerships with Catamount Arts and believe the two arts organizations serving the area in different but complimentary ways can increase the critical mass needed to animate and in-

volve the community in the arts.

I also feel that local arts events can bring out 10,000 people a year, creating new possibilities and new connections that would help other local activities and businesses.

I decided to attempt this revival because the arts remain exciting and important and, in our modern times, I feel that people find fewer occasions to connect in public gatherings. Performances provide those opportunities – for people from various sectors of the community to come together to experience and share what the performing arts so uniquely provide. This, I believe, is especially important for young people who might have no other opportunity for this exposure.

* WINTER SCHEDULE *

Saturday, Dec. 7 - World-class clown Bob Berky, St. Johnsbury School

Thursday, Dec. 12 - A holiday concert by the Choir of Clare College, North Congregational Church in St. Johnsbury

Tuesday, Feb. 18 - The Acting Company/Guthrie Theater presents "Hamlet," St. Johnsbury Academy

Friday, March 21 - Lucky Plush dance troupe, Lyndon State College

For more information go to KingdomCounty.org or call the Catamount Arts box office at 888-757-5559 (toll-free). Contact series producer Jay Craven at jcraven@marlboro.edu. *



LIFELONG MEMORIES. HOW'S THAT FOR VALUE?

Who said long-lasting memories had to come at a huge price? Take for instance the 2014 Arctic Cat® F5 and F570. Great family machines at a great value. And the features you get are also invaluable — Twin Spar chassis, AWS™ VII front suspension and nicely powered power plants. Come in now and let the memories of a lifetime start today.



BEAR COUNTRY POWERSPORTS LLC

54 MAIN STREET

ERROL - NH - 03579 - 603-482-3370

email: bcpowersports@hotmail.com

treadlightly!
LEAVING A GOOD IMPRESSION™



Always wear a helmet and don't drink and ride.
©2013 Arctic Cat Sales Inc., Thief River Falls, MN 56701.

DERBYPITTSBURG

*Fun
For
The
Whole
Family*

SPORTS CENTER

*Come Shop
With Us ...*

1-800-287-7700
603-482-7777
www.llcote.com
Located on Trail 18
25 Main Street
Errol, New Hampshire
Store Hours: 8 AM TO 5 PM Daily

- Large Selection of Snowmobile Clothing & Accessories
- Used Sleds of all Brands
- Gas
- Hunting
- Fishing
- Archery
- Clothing
- Subway

GORHAM

The Classics

NEK Classical Series Celebrates 25 Years



The Northeast Kingdom Classical Series celebrates its 25th anniversary in the 2013-2014 season, presenting distinguished musicians in chamber music concerts during the winter months.

In early 1989, when Judy Rankin and Leslie Gensburg became aware of a desire for live classical music among a good-sized segment of the community, they got the idea to form the Classical Series. The community responded positively to the project, bringing in large audiences right from the start.

Starting out, the two women worked under the umbrella of Catamount Arts. The organization became an independent non-profit in 2000, and is still all-volunteer run. Knowing they could never present a full orchestra – too expensive – they decided that chamber music would fit the bill. “Chamber music generally

refers to music for three to eight players,” said Gensburg, “but we use the term loosely and frequently have solo performers and duos. The music covers a wide range, from the Renaissance right up to composers living now.”

Trying to zero in on what the audience prefers, the Series has done surveys with the expected results – all over the place, but the string quartet is clearly the favored ensemble.

At first concerts were held in various venues, but a few years ago the South Congregational Church in St. Johnsbury became the permanent home, with the sanctuary just the right size for chamber music and very good acoustics.

As the series began to present nationally and internationally acclaimed artists, it became obvious that a really fine piano was needed. Two generous donations kicked off the piano fund drive, and in 2007 the series became the proud



COURTESY PHOTO

Trio Cavatina will play at the South Congregational Church in St. Johnsbury on Jan. 26.

evening of the music of Franz Schubert with all Vermont musicians. Memorable also, for very different reasons, was the time the ceiling in the church sanctuary collapsed just a few days before a concert, and the committee had to scramble to find another venue and, in those pre-Internet days, get the word out of the change.

To mark the occasion the series of its 25th anniversary, the Classical Series is presenting a celebration concert for Nov. 3, again honoring its roots with all Vermont artists. Details are available at www.nekclassicalseries.org

“When we started this, we never gave a thought to where it was going, and certainly never thought we would still be doing this 25 years later,” said Gensburg. “It’s been a great experience, we’ve learned so much, have met so many fine musicians, and we hope have brought some great music to this region. It has truly been a labor of love.”

* WINTER SCHEDULE *

Nov. 3 at 3 p.m. - 25th Anniversary Celebration

Jan. 26 at 3 p.m. - Trio Cavatina

March 8 at 7:30 p.m. - Katherine Chi *

owner of a brand-new Steinway Model B piano. “There’s no question that this instrument has improved the quality of the concerts,” said Rankin. “Many audience members have commented on it to us.”

In the series’ second season, it presented the 18-year old pianist Ignat Solzhenitsyn, just starting out on his career. Now a soloist and conductor of world-wide renown, he has appeared twice more, always drawing a large crowd.

Other highlights include five appearances of the Paris Piano Trio, and a “Schubertiad,” an

jewelers

Diamonds
Fine and Designer Jewelry
Sterling Silver Jewelry

PANDORA

Estate Jewelry
Repair and Appraisals
Fred Little, Jeweler

boutique

Adventura • Salaam
Citron • Cut Loose • Miracle Body
Natural Fibers
Handbags • Wallets • Briefcases

gallery

Glassware
and Art Glass
Original
Paintings
Antiques and
Collectibles
Porcelain and
Pottery

great service!

Meet the
Sunshine Gals!

sunshine
BOUTIQUE



17 Eastern Avenue
Downtown St. Johnsbury
802 748-2933

Let the outside in.

Rustic Elegance for
Body, Home, Lodge,
Camp & Cabin

☞ Hickory Furniture &
Camp Decorations

☞ Philip R. Goodwin Prints

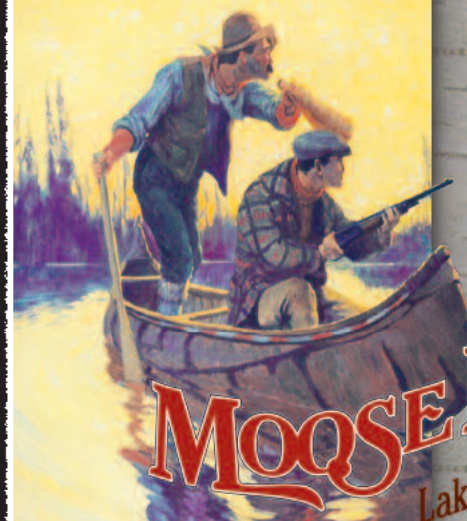
☞ Antlers & Taxidermy;
Moose Heads

☞ Clothing for Men & Women
by Isis, Ibex, Pendleton,
Outback, April Cornell, etc.

☞ Pendleton Blankets

☞ Specializing in French Wines

☞ Oriental Rugs



MOOSE RIVER
Lake & Lodge Store

www.mooseriverlakeandlodgestore.com




OPEN
DAILY Fred & Robin Little, Owners

370 RAILROAD ST., ST. JOHNSBURY, VT
802-748-2423

Kickoff Party

First Night Of A New Year

 The Catamount Pipe Band, the KNEQ Broadway Showstoppers and Vermont country music vocalist Tim Brick are all part of the musical fabric of our region that will be represented in style during the First Night St. Johnsbury 2014 celebration on Tuesday, Dec. 31.

The family-oriented evening of music, dance and the arts will celebrate its 21st year with 17 new acts and 36 returning acts, featuring more than 220 entertainers and performers at 18 venues on and near Main Street in St. Johnsbury.

New acts this year include the bagpipers of the Catamount Pipe Band, Scottish performer

Ian McHarg and Friends, the Tim Brick Band, an open mic teen dance, the QNEK Broadway Showstoppers, folk duo Dana and Susan Robinson, the Grace United Methodist Church Praise Band, Bob Amos and Catamount Crossing, The Starline Rhythm boys, Duck the Chicken, Jean Charles, Alan Greenleaf and the Doctor, the Barnyard Pimps and Chickweed as well as four new films shown throughout the evening at Catamount Arts.

Returning favorites to this year's celebration will include: Blue Road Crossing, the Kingdom County Comedy Troupe, the King of Silly, The Kingdom All-Star Review, the Hypnotique Bellydance Circus, The Wicked Smart



COURTESY PHOTO

The Backshed String Band, shown here at last year's festivities, is one of the most popular acts to appear each year at the First Night Celebration. The group will return this New Year's Eve to the Universalist/Unitarian Congregation for two performances.

Horn Band, Marko the Magician, the Community of Concern Family Fun Fair, the Country Corners Square Dance Troupe, Family Contra Dancing, the St. Johnsbury Academy Hilltones and Jazz Band and many more. There will also be a free pancake supper,



CATAMOUNT ARTS

... your community arts center

www.catamountarts.org
802.748.2600

*Inspiring participation in and appreciation of the Arts,
promoting the arts throughout the region,
and cultivating the arts as an integral part of life.*

- Films
- Galleries
- Live music

- Dance
- Theater
- Workshops

- Special events
- Free internet
- Refreshments

- Video rental
- Arts education classes
- Regional box office



*Visit... www.catamountarts.org
to buy tickets for live performing arts events
throughout the region.*

sky lanterns, ecumenical church services, the ball raising at midnight and a fireworks display to begin the new year.

Venues hosting events throughout the evening include the St. Johnsbury School, St. Johnsbury Academy, South Congregational Church, the Universalist/Unitarian Church, the St. Johnsbury House, Grace United Methodist Church, St. Andrews Episcopal Church, North Congregational Church, the Fairbanks Museum, the St. Johnsbury Athenaeum and the VFW Hall and Catamount Arts.

In addition to the entertainment, many churches and other locations are also providing a wide variety of food and snacks throughout the evening, which officially runs from 4 p.m. through midnight.

A one-price wristband provides admission to all venues and events.

"Since that phenomenal inaugural event 21 years ago, we've seen a wide variety of weather conditions, but despite some years with extreme cold or rain or snow or even ice, First Night St. Johnsbury has never disappointed the thousands of revelers who have come out to make this wonderful festival a New Year's Even tradition," said Jay Sprout, the official spokesman for the festivities.



COURTESY PHOTO

The Dancing Djinn will again light up the evening with several outdoor performances at this year's First Night 2014 celebration.

For a complete listing of all activities, including events, locations, vendors, wristband sale locations, sponsors and other information, visit www.firstnightstj2014.com. ❄️



The Copper Leaf Store

232 Route 3, Colebrook, NH

Big Green Building between IGA and the Rest Area

Where you can find a Meaningful Gift

Jewelry of all kind: Sterling Silver, Semi-precious Stones

www.theCopperLeafStore.com

Opening Hours:

Mon., Wed.-Fri. 9am-5pm • Tue., 9am-1pm
Sat. 10am-4pm • Closed on Sundays

- Gluten & Dairy Free Food
- Specialty Grocery
- Nuts and Dried Fruits
- Local Fresh Eggs
- Beverages & So Much More!

Local Fresh Vegetables All Summer!





Delivering ~ Italy ~ To You

Authentic Italian Cuisine
Serving Lunch/Dinner
Call for Winter Hours

802.748.0598

*Homemade Pizzas • Calzones • Pasta • Bread • Desserts
Salads • Daily Features • Gluten Free Meals*

Cantina Di Gerardo • 378 Railroad Street • St. Johnsbury, VT
Exclusive Italian Wine List (inc Organics) • Full Liquor License




CHOKO

Snowmobile Clothing & Accessories

**Men's, Women's and Children's
Sizes 2-18**

Guaranteed Snow & Storm Proof Protection



- Wood Pellets
- Propane
- Off Road Diesel
- Interstate Batteries

A high – performance two cycle oil excellent for all types of snowmobiles.




DADS 4 BY TOOL & SUPPLY

22 Memorial Drive, St. Johnsbury • 802-748-4208
10 Railroad Street, Wells River, VT • 802-757-2000
www.dads4bytool.com

Quiet Time

Written By Leah Carey

Finding Relaxation Inside



At the end of a long day on the trails, it's nice to head inside and get cozy and pampered. And then there are days when it's too cold or windy to head outside at all!

In either situation, there are several spas in the area that want to help soothe your winter-related aches away. Here are a few of the options on the New Hampshire side of the river.

Mt. Washington Resort Spa Bretton Woods, N.H.

The spa at the Mt. Washington grand hotel is deceptively large - a full 25,000 square feet. It includes rooms for massages, facials, an outdoor hot tub and garden relaxation area, manicure and pedicure stations and much more.

But according to aesthetician Maria Martin, the true beauty of the spa is the intangibles. "It's a permission slip to step off the treadmill of life," she said. "No one can tap you here. Your phone isn't here, your people aren't here. It's just you and whatever your treatment is."

Martin's enthusiasm for her work is infectious. "I'm kind of a skin nerd, so at the end of the day it is the highlight of my day to wash my face and put my moisturizer on," she said. "My goal is if I can make everyone that excited about washing their face and putting cream on their face, then I've done my job."

She refers to a facial as a "really good salad for

your face," providing it more cool nourishment than you could get from a metaphorical donut. "Skin care is a whole different deal than it used to be for my mother's generation," she said. "Now there's so many things you can do with skin care. What we do with a facial is we figure out how your skin works."

According to spa manager Jaime MacKillop, they are currently working on some new ideas to expand the spa's offerings, including health and wellness classes, a monthly family night, and new "express" services.

"We're really going to try to increase our local business to invite them in," she said. Toward that

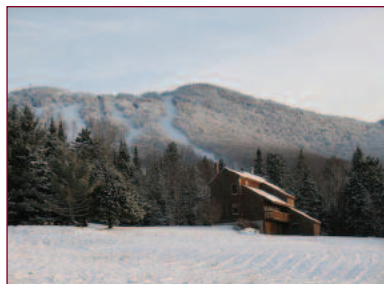


PHOTO BY LEAH CAREY

The Mount Washington Resort Spa offers a full range of spa services, including a manicure and pedicure bar.

On the Mountain at Burke Only 1/2 Mile to Both Lodges

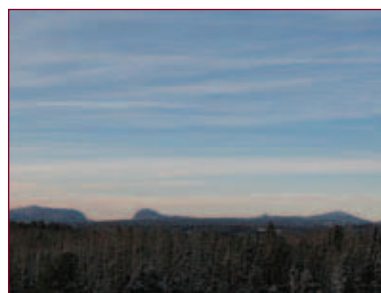
Outstanding Views and Sunsets from this Hilltop Setting



This 4 bedroom 3 bath home is the ideal recreation property. 1/2 mile from Mid-Burke and the Sherburne base areas. Cathedral ceiling in the living room with wet bar and sliders to a deck to watch the sunset. Wonderful kitchen with huge island breakfast bar and dining area is very open and allows room for your large family and

friends. Master bedroom has a private bath and great views. On the lower level there is a huge family room where the kids can gather for lots of fun. 2 car over-sized garage so there is room for skis, kayaks, canoes, snow shoes, mountain bikes and any other toys you may have. Stained exterior and standing seam roof make for very easy maintenance. The 10 acres could be subdivided once.

REDUCED PRICE: \$789,000.00



Country Homes
and
Vacation Property

802-626-5220
802-626-1171 fax

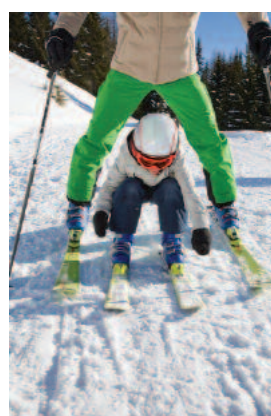


BURKE MILL PROPERTIES
East Burke, Vermont 05832

Your vacation
home on
Burke Mountain
burkeml@charter.net
www.burkemill.com

East Burke Sports

Located in the center of
East Burke Village on
VT Route 114



We Sell

Ski Equipment • Snow Boards
Mountain Bikes

We Rent

• Shape Ski
Equipment
• Snow Boards
• Snowshoes

• Telemarking Skiis

• X-Country Skiis • Snow Bikes

We are a full service shop offering tune-ups,
repairs and friendly advice.

802-626-3215 • OPEN 7 DAYS

www.eastburkesports.com • info@eastburkesports.com



end, area residents get a local's discount on services.

The spa opened in January 2009 and has services and relaxation areas for both men and women.

For info visit www.omnihotels.com/FindAHotel/BrettonWoodsMountWashington/Spa.aspx.

Mountain View Grand Resort & Spa Whitefield, N.H.

The Mountain View Grand went through a major renovation and reopening in 2002 and that's when the spa made its debut. Occupying the fourth floor of the building, the spa offers abundant natural light. Another flight up in the "Tower," there is an infinity overflow tub with astounding 360 degree views of the grounds and surrounding mountains.

The environment is a big part of the draw for nail technician Jenny Singer. "People come here and it feels like Kellerman's from Dirty Dancing," she said. "You do ax throwing and then you get your nails done and you have these wonderful experiences. And there's nothing else to do in Whitefield really, so it's really a destination."

Singer also said that she often hears from women that they can't afford to take time out for some special pampering. "Do it. Spend one hour

there," she suggested. "You don't have to think about the laundry and who is picking up the kids from hockey practice. You're the only one that's in control of all these things in your life, and if Mom goes down everything will fall apart."

The Mountain View also offers a locals discount, plus entry into the gym and pool for the day. "You can make an entire day of it with just a \$40 pedicure," Singer urged.

With the resort's on-site wind turbine and focus on sustainability, even the spa is getting in on the "green" action. According to spa director Jennifer Mike, she is working with the new gardener to incorporate the herbs they grow for the kitchen into the body treatments. She also said that the Mountain View is "the only spa that we're aware of in New England that can accommodate a couple's treatment for every single service on our menu."

For info visit www.mountainviewgrand.com.

Balance Bethlehem Bethlehem, N.H.

A new type of facility is currently under construction in Bethlehem that aims to be more than just a spa.

"This is a totally different model," said facility director Libby Staples, who has worked extensively in the spa industry including several

years as the former director at the Mt. Washington Spa. "This is a wellness center. ... It's all about building community."

The two-story building has a slanted roof that is two-thirds covered with solar panels. "The building is a net-zero building, so there is no fuel," said Staples. "The building will sustain a temperature of 70 degrees up to negative 20 outside with no heat."

The building has treatment rooms for massage, acupuncture, Reiki, and other treatments. There are two yoga studios, including a roped wall that will support able-bodied and adaptive yoga students alike. "Everything is really intentional so that people in a wheelchair feel like it's built for them," said Staples.

There will also be a demonstration kitchen for healthy cooking classes, a lending library, and a "living room."

"The 'living room' is an extension of people's homes," Staples said of their vision for the space. "It's for mutual support and finding people in an area where it's hard to find your people."

Their goal is to have a soft opening in December 2013 so they can be ready to hit the ground running in January 2014 when everyone's resolutions kick in.

For information visit www.balancebethlehem.com.



PHOTO BY LEAH CAREY

There are simple accents throughout The Mountain View Grand Resort & Spa to amplify the relaxing atmosphere.

Other relaxation options

Spas aren't lacking on the Vermont side of the river either, most notably the Taiga Spa at Jay Peak Resort and the Stepping Stone Spa in Lyndonville.

There are also numerous independent practitioners on both sides of the river who would love to help ease your aches and pains away. Check the bulletin board at any of our local health food stores or community centers to find their fliers and business cards. ❄

Save With Pellets!



HEATING YOUR HOME WITH PELLETS

allows you to save time, money and the planet. Featuring 100% renewable energy and requiring less work than wood stoves, clean burning pellet heat offers no mess while significantly reducing heating costs. Harman has a wide range of pellet appliances to meet any style and budget. Come see the difference and feel the heat of pellets today.

HARMAN
BUILT TO A STANDARD, NOT A PRICE

harmanstoves.com

*See your tax advisor for details

Fireside
Hearth & Leisure

5 Pine Ridge Rd. • Lisbon, NH 03585
603-838-5125 • fire@firesidehearth.net



Hours:
Tue.-Fri. 9-5 • Sat. 9-2



Residential

Land

Commercial



101 Depot Street, Lyndonville, VT • 802-626-4790

www.StoneCrestPropertiesVT.com

Calendar

Continued from Page 28

Saturday, Dec. 14

Christmas Ham Supper at Historic Grace Church, Canaan. Two seatings at 5 and 6 p.m. For info: Ken at 266-3933.

7:30 a.m. – Island Pond Bird Count at Northwoods Stewardship Center. For info: northwoodscenter.org.

9 a.m. - No Room At The Inn Nativity Display at Lyndonville First Congregational Church. For info: Jean Davis at 626-5269.

10 a.m. - Horse and Wagon Rides at The Rocks Estate. Horse-drawn wagon and choose a tree and wreath. For info: TheRocks.org.

10:30 a.m. - Green (Eco) Santa at The Rocks Estate. Seedlings for children and photographs with Santa. For info: TheRocks.org.

12:55 p.m. - Falstaff at Catamount Arts. For info: catamountarts.com.

1 p.m. – Holidays on the Newbury Common. An old-fashioned winter party with skating, hot chocolate and more. For info: celebrate250.org.

1 p.m. – Music Jam at Robert E. Clifford Building in Woodsville, N.H. For info: 603-353-4741.

1:30 p.m. - Victorian Holiday Open House at Fairbanks Museum & Planetarium. For info: www.fairbanksmuseum.org

7 p.m. – Kingdom Coffeehouse at Northwoods Stewardship Center. Music of the Moonlight. For info: northwoodscenter.org.

Tuesday, Dec. 17

1:30 p.m. - Catamount Community Cinema at Catamount Arts. White Christmas. For info: catamountarts.com.

7 p.m. - Sleeping Beauty at Catamount Arts. Bolshoi Ballet. For info: catamountarts.com.

Thursday, Dec. 19

1 p.m. - Book Club at Goodrich Memorial Library. Copies of discussion titles available at the library. For info: Library at 334-7902.

Saturday, Dec. 21

Moonlight Nordic Ski & Snowshoe Tour at Omni Mt. Washington Hotel. For info: bretttonwoods.com.

John Minahan Memorial Night Race at Bretton Woods. Two run giant slalom race. For info: bretttonwoods.com.

9:30 a.m. – Solstice Snowshoe Over Moose Mountain at Northwoods Stewardship Center. For info: northwoodscenter.org.

10 a.m. - Horse and Wagon Rides at The Rocks Estate. Horse-drawn wagon and choose a tree and wreath. For info: TheRocks.org.

12:55 p.m. - Falstaff at Catamount Arts. For info: catamountarts.com.

Sunday, Dec. 22

4 p.m. - Christmas Candlelight Service at Granby Congregational Church. With Rev. Gerine Piper.

Saturday, Dec. 28

LI Alumni Hockey Game at Fenton Chester Ice Arena. For info: 626-6127.

Sunday, Dec. 29

1 p.m. – Music Jam at the Robert E. Clifford Building in Woodsville, N.H. For info: 603-353-4741.

Tuesday, Dec. 31

First Night in St. Johnsbury - see related story and watch for complete details in our holiday supplement on Friday, Nov. 29.

Saturday, Jan. 4

8 p.m. - Rusted Root at Jay Peak Resort. concert. For info: jaypeakresort.com.

Monday, Jan. 6

6:30 p.m. – First Monday Movie Series at The Colatina Exit in Bradford. For info: cohase.org.

Wednesday, Jan. 8

7 p.m. - First Wednesdays at St. Johnsbury Athenaeum. Daily life in pre-war Nazi Germany. For info: stjathenaeum.org.

7 p.m. – First Wednesdays at Goodrich Memorial Library. The British monarchy from Victoria to Elizabeth II by Paul Monod. For info: Library at 334-7902.

Wednesday, Jan. 15

7 p.m. - Documentary Screening at Catamount Arts. Las Marthas. For info: catamountarts.com.

7 p.m. - Arts and Culture Series at St. Johnsbury Athenaeum. For info: stjathenaeum.org.

Thursday, Jan. 16

1 p.m. - Book Club at Goodrich Memorial Library. Copies of discussion titles available at the library. For info: Library at 334-7902.

Saturday, Jan. 18

11 p.m. - The Snow Ball at Gateway Center, Newport. Adult event with live music, activities and more. For info: newportrecreation@gmail.com.

Saturday, Jan. 25

10 a.m. - Lisbon Stump Jumpers Vintage Snowmobile Race at Lisbon, N.H. For info: lisbonstumpjumpers.org.

10 a.m. - Family Fun at Fairbanks Museum. “Snowflakes!”. For info: fairbanksmuseum.org.

Sunday, Jan. 26

3 p.m. - Northeast Kingdom Classical Series at South Congregational Church, St. Johnsbury. Trio Cavatina. For info: catamountarts.com.



FILE PHOTO

This 2010 file photo shows “snow angel,” an ice sculpture that is formed each winter at the Farm and Forest Ranch on Maple Hill Road in Barton.

Thursday, Jan. 30

7 p.m. - Coriolanus at Catamount Arts. National Theatre Live. For info: catamountarts.com.

Saturday, Feb. 1

5 p.m. - Winter Carnival at Gardner Park, Newport. For info: newportrecreation@gmail.com.

Monday, Feb. 3

6:30 p.m. – First Monday Movie Series at The Colatina Exit in Bradford. For info: cohase.org.

Wednesday, Feb. 5

10:30 a.m. and 1 p.m. - Mallory Lewis and Lamb Chop at Fuller Hall, St. Johnsbury Academy. For info: catamountarts.com.

7 p.m. - First Wednesdays at St. Johnsbury Athenaeum. The life and times of Thelonious Monk. For info: stjathenaeum.org.

7 p.m. – First Wednesdays at Goodrich Memorial Library. George Gershwin lecture by pianist Michael Arnowitz. For info: Library at 334-7902.

Thursday, Feb. 6

7 p.m. - Coriolanus at Catamount Arts. National Theatre Live. For info: catamountarts.com.

Saturday, Feb. 8

12:55 p.m. - Rusalka at Catamount Arts. For info: catamountarts.com.

6 p.m. - Entertainment Raffle at American Legion Post #30 in Lyndon. The public is welcome. For info: Cheryl Giguere at 626-3357.

7:30 p.m. - Instant Misunderstanding at Lyndon State College. Goat in the Road Theater. For info: kingdomcounty.org.

Wednesday, Feb. 12

7 p.m. - Arts and Culture Series at St. Johnsbury Athenaeum. For info: stjathenaeum.org.

Saturday, Feb. 15

10 a.m. - Family Fun at Fairbanks Museum. “Who Goes There? Tracking in our fields and forests.” For info: fairbanksmuseum.org.

12:55 p.m. - Rusalka at Catamount Arts. For info: catamountarts.com.

11 p.m. - Father-Daughter Ball at Gateway Center, Newport. Formal event with dinner and dancing. For info: newportrecreation@gmail.com.

Tuesday, Feb. 18

7 p.m. - Hamlet at Fuller Hall, St. Johnsbury Academy. The Acting Company and The Guthrie Theater. For info: kingdomcounty.org.

Thursday, Feb. 20

1 p.m. - Book Club at Goodrich Memorial Library. Copies of discussion titles available at the library. For info: Library at 334-7902.

Saturday, Feb. 22

5 p.m. - Roast Pork Dinner at North Danville Baptist Church. Two seatings, by reservation only. For info: Betty at 684-2183 or Judy at 748-8519.

Friday, Feb. 28

Moonlight snowshoe and bonfire at Burke Mountain. For info: 626-6127.

Saturday, March 1

12 p.m. - Prince Igor at Catamount Arts. For info: catamountarts.com.

Monday, March 3

6:30 p.m. – First Monday Movie Series at The Colatina Exit in Bradford. For info: cohase.org.

Wednesday, March 5

7 p.m. - First Wednesdays at St. Johnsbury
See **Calendar**, Page 41

Thrill Of The Hunt

A Run Down Of The Area's Seasons



Following are the 2013-14 hunting season dates for our readership area as published on the Vermont Fish & Wildlife website (www.vtfishandwildlife.com) and the New Hampshire Fish & Game website (www.wildlife.state.nh.us). On these websites you will find extensive information about safety, regulations and licenses. Please double-check all dates, regulations and safety precautions before heading out into the woods!

VERMONT

This information covers Wildlife Management Units C, D1, D2, E, H1 and H2

BIG GAME HUNTING

- Black bear - through Nov. 15
- Black bear, late season - Nov. 16-24
- Deer (bow & arrow) - Dec. 7-15
- Youth deer weekend - Nov. 9-10
- Deer (rifle) - Nov. 16 to Dec. 1

Deer (muzzleloader and bow) - Dec. 7-15

SMALL GAME HUNTING

- Gray squirrel - through Dec. 31
- Hare and rabbit - through March 9, 2014

GAME BIRD SEASON

- Ruffed grouse - through Dec. 31
- Woodcock - through Nov. 14

FURBEARER HUNTING

- Raccoon - through Dec. 31
- Red and gray fox - through Feb. 9, 2014

FURBEARER TRAPPING

- Beaver trapping - Through March 31, 2014
- Fisher - Dec. 1-31
- Bobcat - Dec. 1-16
- Mink, skunk, red and gray fox, raccoon, coyote, opossum, weasel - through Dec. 31
- Otter trapping - through Feb. 28, 2013
- Muskrat - through March 31, 2014

TURKEY

- 9-day shotgun or bow & arrow - through Nov. 3 (WMU D1, D2, H1, H2)



FILE PHOTO

A pair of young hunters proudly display the deer they bagged during a recent youth hunting day.

WATERFOWL AND MIGRATORY BIRDS

- Ducks, coots, mergansers - through Nov. 3 and Nov. 19 through Dec. 15 in Connecticut River Zone; through Dec. 7 in Interior Vermont Zone
- Canada geese - through Nov. 4 and Nov. 19 to Dec. 15 in Connecticut River Zone; through Dec. 29 in Interior Vermont Zone
- Snow geese (including blue geese) - through Dec. 15 in Connecticut River Zone; through Dec. 29 in Interior Vermont Zone



North America's
Premier Rally School
ANY SKILL LEVEL



TEAMO'NEIL
rally school and car control center

Learn Safe Driving
on the Snow

- 1 Day Winter Safe Driving Classes
- 1 Day Rally Experience
- 2, 3, 4, 5 Day Rally Schools
- Corporate Hospitality
- Gift Certificates Available



To book a class call us at 603-444-4488
or email us at info@teamoneil.com*

* Pre-Registration Required

178 MILLER ROAD • DALTON, NH 03598



RESTAURANT | TAP & GRILL | ARTISAN PIZZA
www.positivepie.com



Solomon's Store

Groceries, Deli, Wine, ATM • Open 7 Days A Week
32 MAIN STREET, WEST STEWARTSTOWN, NH
603-246-8822



Pauline's Boutique & Jewelers

Bring Your Unwanted Gold, Diamonds, Platinum & Silver
 Main Street • West Stewartstown, NH • 603-246-3303



At BEAR TREE
 Pittsburg, NH

Lodging
 Stay with us!

So many options ... **The Inn Lakeside and Woodland Cabins** and the newest member of the family **The Glen at Bear Tree**

Murphy's Steakhouse
 Chosen as "Best Of" by NH Grand, Fine dining with a causal atmosphere, it's a perfect combination! If you're looking for something extra special, give our Chefs Table a try!

Weddings & Events
 Are looking for the perfect location for your Wedding, Reunion, Meeting or Gathering? Come and see for yourself all the options Bear Tree has for you! Lakeside or Hillside both with spectacular views of 1st Connecticut Lake and Magalloway Mt.

Self Storage Units
 Why bring your sleds back and forth every weekend? Our storage units are located with trail access, just start them up and go!

We'd love to serve you
AT BEAR TREE
 For more information please contact us:
www.beartreecabins.com or call us 603-538-9995
 Pittsburg, NH 03592

Brant - through Oct. 31 in Connecticut River Zone; through Nov. 7 in Interior Vermont Zone
 Woodcock - through Nov. 14 in all zones
 Common snipe - through Nov. 14 in all zones

NEW HAMPSHIRE

This information covers Wildlife Management Units A, B, C, C1, D1, D2 and E

BEARS

Bear (general season) - through Nov. 12 in WMUs A, B, C2 and D1; through Nov. 26 in WMUs C1, D2 and E

Bear (dog season) - through Nov. 12

WATERFOWL

Black duck, mallard, scaup, wood duck, redhead, hooded merganser, coot, Canada geese (regular season), pintail and canvasback - through Nov. 30

Harlequin duck - season closed

Snow geese - through Dec. 15

Eider, long-tailed duck, scoter - through Jan. 15, 2014

Woodcock - through Nov. 14

Common snipe - through Nov. 14

Crow - through Nov. 30 and March 16 through 31, 2014

Falconry (extended season) - Dec. 1 through Jan. 14, 2014

DEER

Archery - through Dec. 15 (through Dec. 8 in WMU A)

Muzzleloader, antlered only - Nov. 2 through 12 (WMUs A, B, C1, C2, D1, D2 east)

Firearms, antlered only - Nov. 13 through Dec. 1 (WMU A); Nov. 13 through Dec. 8 (WMUs B, C, C1, D1, D2 east, E); Nov. 15 through Dec. 8 (WMU D2 west)

Firearms, any deer - Nov. 13 through 14 (WMU D2 west)

SMALL GAME AND FURBEARERS

Snowshoe hare - through March 31, 2014

Cottontail rabbit - closed

Gray squirrel - through Dec. 31 (no hunting in parks or cemeteries)

Ring-necked pheasant - through Dec. 31

Ruffed grouse, northern bobwhite quail, chukar, Hungarian partridge - through Dec. 31

Crow - through Nov. 30 and March 16 through 31, 2014

Woodcock - through Nov. 14

FURBEARERS

Gray fox, red fox, opossum, skunk, weasel, raccoon - through March 31, 2014

Fisher - Dec. 1 through Jan. 31, 2014

Mink, muskrat - through April 10, 2014

Coyote - no closed season

Coyote night hunting - Jan. 1 through March 31, 2014

PHEASANT

Pheasant - through Dec. 31

TURKEY

Fall archery - through Dec. 15 (WMUs B, C1, C2, D1, D2, E); closed (WMU A) *



DJ Eric
 Music for any event

802.535.7493
Dj@lamERICaDJ.com




SHEAR ANIMAL Styling Salon & Serenity Day Spa

Hair • Makeup • Nails
 Reiki • Massage • Facials
 Waxing • Bronzing

Donna | Tory | Sue | Brandy | Judy

CENTRAL STREET | WOODSVILLE, NH
603-747-2818



PEYTON PLACE RESTAURANT
 AT THE HISTORIC MANN TAVERN
 Main Street, Orford, NH • 603-353-9100
 (45 Minutes from St. Johnsbury)

- Holiday Gatherings
- Private Parties/Celebratory Events
- Gift Certificates

WINTER HOURS: Serving Wed, Thu., Fri. & Sat. from 5:30 pm
 Closed Sun., Mon. & Tue.

WWW.PEYTONPLACERESTAURANT.COM



Robie's Kitchenette Cabins

Newly Remodeled
 Clean & Comfortable
 Snowmobile & ATV Trail Access
 House & Cabins Rented by the Day, Week or Month

Peter & Helen Dion
 Check out our rates on our website:
www.robiescabins.com
 (603)237-4924 or
 (603)538-6614
 Route 3, Pittsburg, NH 03592

Luther House
 (Holds 9)
 Free Wi-Fi & Cell Service on Premises



PROTECT YOUR INVESTMENT

WE SPECIALIZE IN
LOG HOME MAINTENANCE

Pressure Washing • Corn Blasting
 Staining • Caulking
 Repairs/Restoration

Reasonable Rates
 Over 40 years Experience

Josselyn's Sawmill Inc.
 Jefferson, NH 03583
www.josselyns.com
 800-586-4507

Calendar

Continued from Page 38

Athenaeum. The soul selects her own society: The life and times of Emily Dickinson. For info: stjathenaeum.org.

7 p.m. - First Wednesdays at Goodrich Memorial Library. The costumes of Downton Abbey by Jule Emerson. For info: call 334-7902.

Saturday, March 8

12 p.m. - Prince Igor at Catamount Arts. For info: catamountarts.com.

7:30 p.m. - Northeast Kingdom Classical Series at South Congregational Church, St. Johnsbury. Katherine Chi. For info: catamountarts.com.

Wednesday, March 12

7 p.m. - Arts and Culture Series at St. Johnsbury Athenaeum. For info: stjathenaeum.org.

Saturday, March 15

10 a.m. - Family Fun at Fairbanks Museum. "Shadows and Light." For info: fairbanksmuseum.org.

12:55 p.m. - Werther at Catamount Arts. For info: catamountarts.com.

Wednesday, March 19

7 p.m. - Independent Lens at Catamount Arts. Medora. For info: catamountarts.com.

Thursday, March 20

1 p.m. - Book Club at Goodrich Memorial Library. Copies of titles available at the library. For info: Library at 334-7902.

Friday, March 21

7:30 p.m. - Lucky Plush at Lyndon State College. Chicago-based dance ensemble. For info: kingdomcounty.org.

Saturday, March 22

Lunenburg Maple Festival at Lunenburg Primary School. Displays, tapping demos, quilts, etc. For info: Chris at 892-6654.

12:55 p.m. - Werther at Catamount Arts. For info: catamountarts.com. ❄️



COURTESY PHOTO

Lucky Plush is one of the performances presented by Kingdom County Productions this winter.

Calendar Brook Cabinetry

Since 1979

Custom Kitchen Cabinetry

- Architectural Millwork & Mouldings
- Hardwoods & Hardwood Plywoods
- Stone, Solid Surface & Laminate Tops
- Hardwood Flooring
- Bathroom Vanities
- Entertainment Centers, Tables, Doors...

David Patoine, Master Craftsman

Route 5, Between St. Johnsbury & Lyndonville
4863 Memorial Drive, St. Johnsbury, VT 05819

802-748-5658
www.calendarbrookcabinetry.com

TROMBLY

PLUMBING | HEATING | AIR CONDITIONING

77 CONCORD AVENUE, ST. JOHNSBURY, VT
802-748-1953 • WWW.TROMBLYPLUMBING.NET

Full Service Plumbing, Heating, Air Conditioning Sales & Service

Also Offering

PELLERGY

WOOD PELLET CENTRAL HEATING TECHNOLOGIES

PELLERGY SYSTEMS ARE MANUFACTURED IN VERMONT
www.pellergy.com

GATEWAY • WELLS RIVER • WOODSVILLE

GATEWAY SPORTS

GARY GRISWOLD
OWNER

802-249-7476
802-757-2300

25 Railroad Street, Wells River

New & Used Guns & Ammo

**Always Offering Deals
on Special Items**

Lots Of Reloading Supplies

POULSEN LUMBER

656 MONROE ROAD, LITTLETON, NH 03561 • 603-444-5425

In business for over 57 years.

ROUGH-SAWN TIMBERS
FRAMING LUMBER

PINE IS OUR
SPECIALTY

PRESSURE-TREATED LUMBER
ABC METAL ROOFING

C.H. DANA R.V. Sales & Service

"A Manufacturer of high quality light-weight travel trailers"
TRAVEL FURTHER ON LESS GAS

Full Service on all RV's & Utility Trailers
Complete Hitch & Wiring Package Available
Hitches Installed

A FAMILY TRADITION SINCE 1955

HITCHES FROM 5TH WHEEL TO GOOSE NECK IN-STOCK

Tax-Free N.H.! Largest Selection of **PARTS & ACCESSORIES** For All RV's

OPEN 5 DAYS A WEEK FOR ALL YOUR CAMPING NEEDS!
ON-SITE FINANCING

628 Woodsville Road • Monroe, NH 03771 • 603-638-2200
Just off I-91, Exit 18, Route 135 South, 15 miles South of St. Johnsbury, VT
From Littleton: I-93N to Exit 44, 15 miles South on Route 135, on right.
A Family Tradition since 1955 • Open Tue-Fri 8 to 5 • Sat 9-3

TRAVEL TRAILERS
FIFTH WHEELS
YAMAHA GENERATORS AVAILABLE

www.chdanarv.com



LRH MEDICAL STAFF

ALLERGY & IMMUNOLOGY MEDICINE

Patrick M. Fitzpatrick, DO

ANESTHESIA SERVICES

Michelle Aube, CRNA
Sharon Bolton, CRNA
Beth Guckin, CRNA, MSNA
Bryant Peterson, CRNA
Kevin Seale, MS, CRNA
Jared Vandenbroek, CRNA

AUDIOLOGY

Erin Taylor, MS, CCC-A, F-AAA
Jacey Courser, Au.D., CCC-A

CARDIOLOGY

Anil K. Mukerjee, MD, FACC, FACP, FASE, FASNC, FSCCT

Hitchcock Clinic-Littleton
Emil Pollak, Jr., MD, FACC

EMERGENCY MEDICINE

Edward L. Duffy, MD, FACEP
Randolph Knight, MD, FACEP
G. Campbell McLaren, MD, FACEP
Damon Negri, MD, FACEP

FACIAL PLASTICS

Patrick M. Fitzpatrick, DO

GASTROENTEROLOGY

LRH Gastroenterology Services
Leon Kogan, MD
North Country Gastroenterology
Howard Mitz, DO, FACOI

GENERAL SURGERY

Surgical Associates at LRH

Michael Kindred, MD
Alice F. Roche, MD

HOSPITALIST

Stephen Goldberg, MD
Mihaela Suru, MD

NEUROLOGY

Neurology Associates
Gopalan Umashankar, MD

OBSTETRICS/GYNECOLOGY

North Country Women's Health
Nicholas Marks, MD, FACOG
Emily Kelly, APRN, IBCLC
John Sauter, MD, FACOG

OCCUPATIONAL HEALTH

Occupational Health Services
Kariann Place, PA-C

ONCOLOGY/HEMATOLOGY & INFUSION SERVICES

Littleton Regional Healthcare-Dartmouth Hitchcock-Norris Cotton Cancer Center
John L. Peterson, MD

OPHTHALMOLOGY

Eye Associates of Northern NE
Krista Haight, MD
Stephen Phipps, MD

ORAL & MAXILLOFACIAL SURGERY

North Country Oral & Maxillofacial Surgery
Dennis Hannon, DDS

ORTHOPAEDICS

The Alpine Clinic
Andrew Chen, MD, MS, FAAOS
Jessica Lorenz-Armstrong, PA-C
Peggy Piette, APRN
Jeffrey Kauffman, MD, MS, FAAOS
Sonya Morse, APRN
Dougald MacArthur, DO
Holly D. Blodgett, APRN
Haley Ireland, ACNP-BC
Daniel O'Neill, MD, EdD., FAAOS
North Country Orthopaedics
Eric Mullins, MD, MS, FAAOS
Sonya Morse, APRN

OTOLARYNGOLOGY (Ear, Nose & Throat)

North Country Otolaryngology
Patrick M. Fitzpatrick, DO
Deane Rankin, MD

PALLIATIVE CARE

Philip H.I. Lawson, MD

PATHOLOGY

Armando Ciampa, MD

PHYSICAL MEDICINE & REHAB

Andrew I. Forrest, MD, FAAPMR

PODIATRY

White Mountain Podiatry
Hal Goolman, DPM
W. Kemp Schanlaber, DPM

PRIMARY CARE

-FAMILY PRACTICE
Robin Hallquist, MD
Littleton Regional Healthcare
David Ferris, DO
Kathleen Pearson, DO
Patricia Kellogg, PA-C
Ammonoosuc Community Health Services
Philip H.I. Lawson, MD
Evelyn Hagan, APRN
Elizabeth Harman, PA-C
Virginia Jeffries, MD
David Nelson, DO
Kathleen Smith, MD
Charles Wolcott, MD
Linwood Medical Center
Rodney Felgate, MD
White Mtn. Family Health Ctr.
Marvin Kendall, MD
John Spicer, MD
Angela Hawkins, PA-C
Weeks Medical Center
John Ford, MD

-INTERNAL MEDICINE

Littleton Regional Healthcare

Jeffrey T. Reisert, DO
Littleton Internal Medicine
Rebekah L. Reeves, MD, FACP
Kevin A. Silva, MD, FACP

-PEDIATRICS

North Country Pediatrics
Sunit Patel, MD
Jessica Jacobs, MD
Traci Wagner, MD

PSYCHIATRY

Carol Lidstrom, MD

PULMONOLOGY

North Country Pulmonology
Waverly S. Green, MD, FCCP

RADIOLOGY

Harlan Herr, MD

RHEUMATOLOGY

North Country Rheumatology
Julia M. Bolding, MD

SLEEP MEDICINE

Center for Sleep Medicine
Waverly S. Green, MD, FCCP
Teresa Green, MD

UROLOGY

Littleton Urological Associates
Richard E. Caesar, MD
Russell G. Sarver, MD

PROGRAMS & SERVICES

24-HOUR PHYSICIAN STAFFED EMERGENCY DEPARTMENT

THE AGNES NORRIS BIRTHING CENTER

ALLERGY AND IMMUNOLOGY MEDICINE

ANESTHESIA SERVICES

AUDIOLOGY

CARE-A-VAN TRANSPORTATION

CASE MANAGEMENT

CARDIOLOGY

CORONARY CARE

DIAGNOSTIC IMAGING

EMERGENCY MEDICINE

ENDOSCOPY PROCEDURES

EYE CARE

FACIAL PLASTICS

FAMILY PRACTICE

FAMILY SUPPORT SERVICES

FOOD AND NUTRITION

GALE MEDICAL LIBRARY

GASTROENTEROLOGY

HEALTH INFO MANAGEMENT (MEDICAL RECORDS)

HOSPICE CARE

HOSPITAL MEDICINE

INFECTION CONTROL

INTENSIVE CARE

INTERNAL MEDICINE

LABORATORY SERVICES

LITHOTRIPSY

NEUROLOGY

OBSTETRICS & GYNECOLOGY

OCCUPATIONAL HEALTH SERVICES

ONCOLOGY/HEMATOLOGY & INFUSION CENTER

ORAL & MAXILLOFACIAL SURGERY

ORTHOPAEDICS

OTOLARYNGOLOGY (EAR, NOSE & THROAT)

PALLIATIVE CARE

PATHOLOGY

PEDIATRICS

PHARMACY

PHYSICAL MEDICINE & REHABILITATION

PODIATRY

PRIMARY CARE

PSYCHIATRY

PULMONOLOGY

QUALITY SERVICES

RADIOLOGY

REHABILITATION SERVICES

RHEUMATOLOGY

SHARPS DISPOSAL PROGRAM

SLEEP MEDICINE

SURGICAL SERVICES

UROLOGY SERVICES

VOLUNTEER SERVICES



The most advanced orthopaedic care *begins here in the North Country.*

(l to r) Daniel F. O'Neill, MD, Ed.D, FAAOS Jeffrey Kauffman, MD, FAAOS Andrew L. Chen, MD, MS, FAAOS Dougald MacArthur, DO Eric Mullins, MD, FAAOS

At Littleton Regional Healthcare, our orthopaedic team is one of the most experienced and highly skilled in the region. All of our surgeons are board certified and trained at some of the nation's top medical centers. From sports medicine, to hand, shoulder and ankle reconstruction, custom joint replacement and personalized rehabilitation programs, we're helping patients regain their independence and get back to active living. All without leaving the region.

To schedule an appointment or for more information, please call:

Littleton 603.259.7700 • Franconia 603.823.8600 • North Conway 603.356.9350 • Plymouth 603.536.2270 • Woodsville 603.747.3668



603.444.9000 / 600 St. Johnsbury Road, Littleton, NH 03561
littletonregionalhealthcare.org

T
Cyan Magenta Yellow Black
T

BRETTON WOODS - CELEBRATING 40 YEARS!

FAMILY TIME

FIND YOURS AT
BRETTON WOODS.



**#1 IN THE EAST!
SNOW! GROOMING!
SERVICE! WEATHER!**

**#1 IN NH!
FAMILY PROGRAMS!
LIFTS! LODGING! DINING!**

**#1 OVERALL SKI
AREA IN NH!**

- SKI MAGAZINE, OCT. 2013



We're celebrating 40 years of outdoor adventure at Bretton Woods, New Hampshire's largest ski area. This must-ski destination recently added \$1.15 million in improvements, including new snowmaking capabilities and new high-country Nordic trails. It's fun for the entire family —

30 MINUTES FROM LINCOLN AND NORTH CONWAY.

Visit us online for special 40th anniversary savings.
800-258-0330
brettonwoods.com/specials

OMNI RESORTS
mount washington | new hampshire

