

WEST BARNET SENIOR MEAL SITE: **Wed 2/11:** Lasagna, veggie, salad, garlic bread, peaches. **Fri 2/13:** Sweet & Sour Meatballs, rice, vegetable, salad, homemade roll & tropical fruit. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed or Fri please call the Meal Site 802-633-4068 before 9am.

BURKE MEALSITE: **Mon 2/9:** Boiled ham dinner, carrots, potato, pineapple, roll. **Wed 2/11:** Beef stroganoff, peas/carrots, broccoli, roll. **Fri 2/13:** Baked turkey, mashed potato, sweet potato, cranberry sauce, roll. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

DANVILLE MEALSITE: The meal site is closed and will resume when a new cook is located.

DARLING INN SENIOR MEAL SITE: **Mon 2/9:** Shepard's pie, Harvard beets, cottage cheese, corn bread, mandarin orange. **Tues 2/10:** Egg salad sandwich, corn chowder, coleslaw, apple. Music w/Joann & Friends 11am. **Wed 2/11:** Baked haddock, baked potato w/sour cream, peas & carrots, roll, pineapple. Bingo 1pm. **Thurs 2/12:** Hot Hamberg sand, mashed potato, gravy, corn, fruit. **Fri 2/13:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 802-626-8700 darlingmeals@gmail.com

MEALS ON WHEELS ST J: **Mon 2/9:** Fish burger, lettuce & tomato, carrots, cantaloupe. **Tues 2/10:** Meatloaf, mashed potato, squash, vanilla pudding. **Wed 2/11:** Chicken breast, sweet potato, corn, roll, mandarin orange. **Thurs 2/12:** Seafood Newburg, rice, carrots/peas, strawberries. **Fri 2/13:** Chicken divan, brussels sprouts, bread, apricot crisp. Suggested donation \$4/meal.

This space provided compliments of:



**TO PUT YOUR NOTICE IN THIS SPACE FOR
NON-PROFIT EVENTS, MAIL YOUR COPY TO:**

NFP, BOX 4509, ST. JOHNSBURY, VT 05819.

E-MAIL ADDRESS: info@poulosinsurance.com

PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.

**NOTICES MUST BE RECEIVED BY
THE THURSDAY PRIOR TO MONDAY INSERTION.**

MONDAY COMMUNITY LUNCH at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

KINGDOM COMMUNITY FOOD SHELF at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

NEKCA SHELTER AT MOOSE RIVER: Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at bit.ly/MooseRiverMeals to sign up to give or call 802-624-0949 for more information.

LYNDON AREA FOOD SHELF on Elm St. in Lyndonville is open weekly on Wed, 10-2

GOOD LIVING SENIOR CENTER: **Mon 2/9:** Bingo @ 1pm. **Tues 2/10:** Arthritis Exercise Class @ 9am, MahJongg @ 1pm. **Wed 2/11:** Crafting Buddies @ 10:30am, Cribbage @ 1pm. **Thurs 2/12:** Golden Ball Tai Chi @ 9am, Valentine Party @ 1pm, TOPS @ 6pm. **Fri 2/13:** Arthritis Exercise Class @ 9am, Book Club @ 10:30am, Game Night @ 6pm.

FREE COMMUNITY MEAL Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

ST. JOHNSBURY HISTORY & HERITAGE CENTER, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! www.stjhistory.org

OVEREATERS ANONYMOUS (in-person) Meetings **Tues 4:30pm** at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI www.oa.org

LOVE YOUR LIBRARY BAKE SALE at Cobleigh Library, 14 Depot St, Lyndonville. **Fri 2/13** 10-5 & **Sat 2/14** 10-1. Baked goods may be dropped off at the library on **Thurs 2/12** 12-7. FMI 802-626-5475

VALENTINE PANCAKE BREAKFAST 2/14 8-11am Lyndonville Methodist Church Plain & blueberry pancakes, sausage, scrambled eggs, home fries, real maple syrup, homemade muffins & donuts & beverages. Suggested donation \$12.

COUNTRY ACOUSTIC JAM 2/15 1-4pm at the Burke Community Bld, 212 School St. West Burke. Everyone with musical talent is encouraged to participate. It's a great way to spend an afternoon. Refreshments available and a Door Prize is given.