

WEST BARNET SENIOR MEAL SITE: Wed 5/20: Beef pot pie, salad, homemade roll, berries w/cake. **Fri 5/22:** Meatloaf, potato, peas & carrots, salad, homemade roll, apple crisp. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed/Fri please call the Meal Site 802-633-4068 before 9am.

BURKE MEALSITE: Mon 5/18: Spaghetti w/meatballs, salad, garlic bread. Exercise Class 10-11am. Baxter Music & Bingo 1pm. **Wed 5/20:** KFC Bowls, mashed potato, corn. **Fri 5/22:** Baked fish w/rice pilaf, broccoli, carrot raisin salad. Exercise class 10-11am.

MEAL ON WHEELS ST J: Mon 5/18: Sweet & sour pork & rice, cali blend, apricots. **Tues 5/19:** Chicken divan, carrots, peaches. **Wed 5/20:** Liver & onions, mashed potato, squash, honeydew. **Thurs 5/21:** Cheese/broccoli soup, chicken salad sand, strawberries. **Fri 5/22:** Closed. Suggested donation \$4/meal.

DANVILLE MEALSITE: The meal site is closed and will resume when a new cook is located.

DARLING INN SENIOR MEAL SITE: Mon 5/18: Sloppy joes, oven fries, peas, fruit. **Tues 5/19:** Baked chicken, baked potato, sour cream, brussels sprouts, roll, fruit. Music w/Tim Gilman 11am. **Wed 5/20:** Beef stew, coleslaw, combread, fruit. Bingo 1pm. **Thurs 5/21:** Spaghetti w/meat sauce, garlic bread, tossed salad, fruit. **Fri 5/22:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 626-8700 darlingmeals@gmail.com

This space provided compliments of:



**TO PUT YOUR NOTICE IN THIS SPACE FOR
NON-PROFIT EVENTS, MAIL YOUR COPY TO:**

NFP, BOX 4509, ST. JOHNSBURY, VT 05819.

E-MAIL ADDRESS: info@poulosinsurance.com

PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.

**NOTICES MUST BE RECEIVED BY
THE THURSDAY PRIOR TO MONDAY INSERTION.**

MONDAY COMMUNITY LUNCH at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

KINGDOM COMMUNITY FOOD SHELF at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

NEKCA SHELTER AT MOOSE RIVER: Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at bit.ly/MooseRiverMeals to sign up to give or call 802-624-0949 for more information.

LYNDON AREA FOOD SHELF on Elm St. in Lyndonville is open weekly on Wed, 10-2

GOOD LIVING SENIOR CENTER: Mon 5/18: Bingo @ 1pm. **Tues 5/19:** Arthritis Exercise Group @ 9am, Mah Jongg @ 1pm. **Wed 5/20:** Cribbage @ 1pm. **Thurs 5/21:** Golden Ball Tai Chi @ 9am, Music w/Deb Hampson @ 1pm. **Fri 5/22:** Arthritis Exercise Group @ 9am, Game Night @ 6pm.

ATTENTION: RETIRED EDUCATORS: The Caledonia & S Essex Retired Educators meet on **Tues 5/26** at 11:30am at Lyndon Center Baptist Church. Luncheon is \$15. The program will be Lyndon One Room Schools by Carolyn Guest. FMI call Kathy Joslin, 802-695-2916.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

ST. JOHNSBURY HISTORY & HERITAGE CENTER, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! www.stjhistory.org

OVEREATERS ANONYMOUS (in-person) Meetings Tues 4:30pm at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI www.aa.org

CHICKEN BBQ MON 5/25 at 12pm \$15/person. American Legion, Maple st, St. J. Open to the public.

JOIN THE SUMMERTIME MARCHING BAND and be part of a proud, local parade tradition! All ages welcome woodwinds, brass, and percussion musicians, plus flag and banner bearers. Whether you play or proudly carry, there's a place for you. Easy songs, great fun, practices in Littleton. Call 603-638-4903 or visit us on Facebook.