

WEST BARNET SENIOR MEAL SITE: Wed 3/4: Baked chicken, potato, peas & carrots, salad, homemade roll, pineapple. **Fri 3/6:** In House: Buffet. Takeout: Spaghetti w/meat sauce, broccoli, salad, homemade roll, mandarin orange. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed or Fri please call the Meal Site 802-633-4068 before 9am.

BURKE MEALSITE: Mon 3/2: Chicken broccoli divan, veggie, fruit, roll. **Wed 3/4:** Beef stroganoff, peas & carrots, cauliflower, roll. **Fri 3/6:** Homemade mac & cheese w/broccoli, baked chicken, sweet potato, roll. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

MEAL ON WHEELS ST J: Mon 3/2: Liver & onions, spinach, mashed potato, pineapple. **Tues 3/3:** Hamburg gravy, roasted potato, broccoli, apricots. **Wed 3/4:** Baked chicken, au gratin potato, beets, strawberries w/topping. **Thurs 3/5:** Tuna pea wiggle, rice, squash, crackers, mandarin orange. **Fri 3/6:** Pork stroganoff w/noodles, peas & carrots, watermelon. Suggested donations \$4/meal.

DANVILLE MEALSITE: The meal site is closed and will resume when a new cook is located.

This space provided compliments of:

 **NFP**® **Benefits Insurance Wealth Management**
TO PUT YOUR NOTICE IN THIS SPACE FOR NON-PROFIT EVENTS, MAIL YOUR COPY TO:
NFP, BOX 4509, ST. JOHNSBURY, VT 05819.
E-MAIL ADDRESS: info@poulosinsurance.com

PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS. NOTICES MUST BE RECEIVED BY THE THURSDAY PRIOR TO MONDAY INSERTION.

DARLING INN SENIOR MEAL SITE: Mon 3/2: Chicken pot pie, mashed potato, gravy, bread, fruit. **Tues 3/3:** Hot Hamburg sandwich, au gratin potato & gravy, green beans, bread, fruit. **Wed 3/4:** Roast port, sweet potato, applesauce, roll, fruit cocktail. Bingo 1pm. **Thurs 3/5:** Hamburg stroganoff w/mushroom gravy over noodles, broccoli, coleslaw, pears. **Fri 3/6:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 802-626-8700 darlingmeals@gmail.com

MONDAY COMMUNITY LUNCH at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

KINGDOM COMMUNITY FOOD SHELF at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

NEKCA SHELTER AT MOOSE RIVER: Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at bit.ly/MooseRiverMeals to sign up to give or call 802-624-0949 for more information.

LYNDON AREA FOOD SHELF on Elm St. in Lyndonville is open weekly on Wed, 10-2

GOOD LIVING SENIOR CENTER: Mon 3/2: Bingo @ 1pm. **Tues 3/3:** Arthritis Exercise Class @ 9am, Music w/Bud Stevens @ 10:30am, Mah Jongg @ 1pm. **Wed 3/4:** Cribbage @ 1pm. **Thurs 3/5:** Golden Ball Tai Chi @ 9am, Tele-Health Fraud Info Session @ 11:30am, Music w/HubStar Harmony @ 1pm, TOPS Weight @ 6pm. **Fri 3/6:** Arthritis Exercise Class @ 9am, Game Night @ 6pm.

FREE COMMUNITY MEAL Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

ST. JOHNSBURY HISTORY & HERITAGE CENTER, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! www.stjhistory.org

OVEREATERS ANONYMOUS (in-person) Meetings Tues 4:30pm at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI www.aa.org

ECUMENICAL LENTEN SERVICES 12pm Tues 2/24, 3/3, 3/10, 3/17 & 3/24. Soup & bread to follow service. Sponsored by the Lyndon Area Ecumenical Council at the Lyndonville Congregational Church.

JOIN THE SUMMERTIME MARCHING BAND and be part of a proud, local parade tradition! All ages welcome woodwinds, brass, and percussion musicians, plus flag and banner bearers. Whether you play or proudly carry, there's a place for you. Easy songs, great fun, practices in Littleton. Call 603-638-4903 or visit us on Facebook.

MEAT RAFFLE SAT 3/7 2PM at American Legion Post 58 Maple St, St. Johnsbury