

WEST BARNET SENIOR MEAL SITE: Wed 2/4: Fish sticks, scallop potato, broccoli, salad, homemade roll, fresh fruit. Fri 2/6: Buffet in House: Assorted meats, salads, breads, veggies, desserts. **Takeout:** Pulled pork, mac & cheese, green beans, salad, homemade roll, pineapple. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed or Fri please call the Meal Site 802-633-4068 before 9am.

BURKE MEAL SITE: Mon 2/2: Chicken broccoli divan, veggies, fruit, roll. Wed 2/4: Baked fish, squash, cauliflower, roll. Fri 2/6: Lasagna (spaghetti low sodium option), carrots, roll. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

DANVILLE MEAL SITE: The meal site is closed and will resume when a new cook is located.

DARLING INN SENIOR MEAL SITE: Mon 2/2: Shake & bake chicken, rice pilaf, broccoli, roll, peaches. Tues 2/3: Hot turkey sandwich, mashed potato, gravy, carrots, bread, fruit. Wed 2/4: Spaghetti & meatballs, cauliflower, garlic bread, pears. Bingo 1pm. Thurs 2/5: Roast pork, mashed potato, gravy, squash, roll, kiwi. Fri 2/6: Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 802-626-8700 darlingmeals@gmail.com

MEALS ON WHEELS ST J: Mon 2/2: Spinach Lasagna, brussels sprouts, garlic bread, peaches. Tues 2/3: Shepard's pie, mixed veggies, bread, tomato juice, strawberries. Wed 2/4: Corn chowder, egg salad sandwich, butter carrots, honeydew melon. Thurs 2/5: Chicken ala king, mashed potato, spinach, bread, pineapple. Fri 2/5: Sweet & sour meatballs, rice, tropical fruit. Suggested donation \$4/meal.

This space provided compliments of:



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**Benefits
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**TO PUT YOUR NOTICE IN THIS SPACE FOR
NON-PROFIT EVENTS, MAIL YOUR COPY TO:**

NFP, BOX 4509, ST. JOHNSBURY, VT 05819.

E-MAIL ADDRESS: info@poulosinsurance.com

PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.

**NOTICES MUST BE RECEIVED BY
THE THURSDAY PRIOR TO MONDAY INSERTION.**

MONDAY COMMUNITY LUNCH at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

KINGDOM COMMUNITY FOOD SHELF at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

NEKCA SHELTER AT MOOSE RIVER: Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at bit.ly/MooseRiverMeals to sign up to give or call 802-624-0949 for more information.

LYNDON AREA FOOD SHELF on Elm St. in Lyndonville is open weekly on Wed, 10-2

GOOD LIVING SENIOR CENTER: Mon 2/2: BINGO @ 1pm. Tues 2/3: Arthritis Exercise Class @ 9am, Music w/Bud Stevens @ 10:30am, Mah Jongg @ 1pm. Wed 2/4: Cribbage @ 1pm. Thurs 2/5: Golden Ball Tai Chi @ 9am, Flu Talk (info session) w/VT Dept. of Health @ 11:30am, TOPS @ 6pm. Fri 2/6: Arthritis Exercise @ 9am, Game Night @ 6p

FREE COMMUNITY MEAL Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

ST. JOHNSBURY HISTORY & HERITAGE CENTER, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! www.stjhistory.org

OVEREATERS ANONYMOUS (in-person) Meetings Tues 4:30pm at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI www.oa.org

LOVE YOUR LIBRARY BAKE SALE at Cobleigh Library, 14 Depot St, Lyndonville. Fri 2/13 10-5 & Sat 2/14 10-1. Baked goods may be dropped off at the library on Thurs 2/12 12-7. FMI 802-626-5475

VALENTINE PANCAKE BREAKFAST 2/14 8-11am Lyndonville Methodist Church Plain & blueberry pancakes, sausage, scrambled eggs, home fries, real maple syrup, homemade muffins & donuts & beverages. Suggested donation \$12.

25TH ANNUAL FATHER & DAUGHTER DANCE COMMUNITY EVENT Good Shepherd Catholic School 121 Maple St. St. J. Fri 2/6 7-9pm. Dancing, door prizes, refreshments, photos. Tickets available at the school, BoxCar & Caboose in St. J. Shear Sensations in Lyndonville and Little Red Wagon in Littleton, NH.