

**WEST BARNET SENIOR MEAL SITE:** **Wed 2/4:** Fish sticks, scallop potato, broccoli, salad, homemade roll, fresh fruit. **Fri 2/6:** Buffet in House: Assorted meats, salads, breads, veggies, desserts. **Takeout:** Pulled pork, mac & cheese, green beans, salad, homemade roll, pineapple. Suggested donation \$5. **TAKE-OUTS:** PRE-ORDERS ARE REQUIRED. Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed or Fri please call the Meal Site 802-633-4068 before 9am.

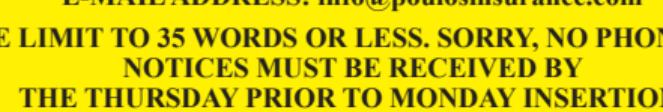
**BURKE MEAL SITE:** **Mon 2/2:** Chicken broccoli divan, veggies, fruit, roll. **Wed 2/4:** Baked fish, squash, cauliflower, roll. **Fri 2/6:** Lasagna (spaghetti low sodium option), carrots, roll. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

**DANVILLE MEAL SITE:** The meal site is closed and will resume when a new cook is located.

**DARLING INN SENIOR MEAL SITE:** **Mon 2/2:** Shake & bake chicken, rice pilaf, broccoli, roll, peaches. **Tues 2/3:** Hot turkey sandwich, mashed potato, gravy, carrots, bread, fruit. **Wed 2/4:** Spaghetti & meatballs, cauliflower, garlic bread, pears. **Bingo 1pm.** **Thurs 2/5:** Roast pork, mashed potato, gravy, squash, roll, kiwi. **Fri 2/6:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 802-626-8700 darlingmeals@gmail.com

**MEALS ON WHEELS ST J:** **Mon 2/2:** Spinach Lasagna, brussels sprouts, garlic bread, peaches. **Tues 2/3:** Shepard's pie, mixed veggies, bread, tomato juice, strawberries. **Wed 2/4:** Corn chowder, egg salad sandwich, butter carrots, honeydew melon. **Thurs 2/5:** Chicken ala king, mashed potato, spinach, bread, pineapple. **Fri 2/5:** Sweet & sour meatballs, rice, tropical fruit. Suggested donation \$4/meal.

*This space provided compliments of:*



*TO PUT YOUR NOTICE IN THIS SPACE FOR  
NON-PROFIT EVENTS, MAIL YOUR COPY TO:*

**NFP, BOX 4509, ST. JOHNSBURY, VT 05819.**

**E-MAIL ADDRESS: info@poulosinsurance.com**

**PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.  
NOTICES MUST BE RECEIVED BY  
THE THURSDAY PRIOR TO MONDAY INSERTION.**

**MONDAY COMMUNITY LUNCH** at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

**KINGDOM COMMUNITY FOOD SHELF** at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

**NEKCA SHELTER AT MOOSE RIVER:** Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at [bit.ly/MooseRiverMeals](http://bit.ly/MooseRiverMeals) to sign up to give or call 802-624-0949 for more information.

**LYNDON AREA FOOD SHELF** on Elm St. in Lyndonville is open weekly on Wed, 10-2

**GOOD LIVING SENIOR CENTER:** **Mon 2/2:** BINGO @ 1pm. **Tues 2/3:** Arthritis Exercise Class @ 9am, Music w/Bud Stevens @ 10:30am, Mah Jongg @ 1pm. **Wed 2/4:** Cribbage @ 1pm. **Thurs 2/5:** Golden Ball Tai Chi @ 9am, Flu Talk (info session) w/VT Dept. of Health @ 11:30am, TOPS @ 6pm. **Fri 2/6:** Arthritis Exercise @ 9am, Game Night @ 6p

**FREE COMMUNITY MEAL** Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

**ST. JOHNSBURY HISTORY & HERITAGE CENTER**, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! [www.stjhistory.org](http://www.stjhistory.org)

**OVEREATERS ANONYMOUS (in-person) Meetings** **Tues 4:30pm** at the SHED, 38 Glen Ave. Berlin, NH. **Wed 5pm SHED**, 45 Union St. (Rt.116) Littleton, NH. **Sat 9am at NVRH**, 1315 Hospital Dr. (conf. room 126) St. J. VT. FMI [www.oa.org](http://www.oa.org)

**LOVE YOUR LIBRARY BAKE SALE** at Cobleigh Library, 14 Depot St, Lyndonville. **Fri 2/13 10-5 & Sat 2/14 10-1.** Baked goods may be dropped off at the library on Thurs 2/12 12-7. FMI 802-626-5475

**VALENTINE PANCAKE BREAKFAST** **2/14 8-11am** Lyndonville

Methodist Church Plain & blueberry pancakes, sausage, scrambled eggs, home fries, real maple syrup, homemade muffins & donuts & beverages. Suggested donation \$12.

**25TH ANNUAL FATHER & DAUGHTER DANCE COMMUNITY EVENT** Good Shepherd Catholic School 121 Maple St. St. J. **Fri 2/6 7-9pm.** Dancing, door prizes, refreshments, photos. Tickets available at the school, BoxCar & Caboose in St. J. Shear Sensations in Lyndonville and Little Red Wagon in Littleton, NH.