

**WEST BARNET SENIOR MEAL SITE: Wed 4/8:** Salisbury steak, potato, veg, salad, homemade roll, peaches. **Fri 4/10:** Fish chowder, egg salad sand, lettuce & tomato, pineapple. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed/Fri please call the Meal Site 802-633-4068 before 9am.

**BURKE MEALSITE: Mon 4/6:** Hot dog, baked beans, coleslaw, cornbread, apple crisp. **Wed 4/8:** Beef stroganoff, peas/carrots, cauliflower, roll, fruit. **Fri 4/10:** Egg broccoli bake, roasted sweet potato, sausage gravy w/biscuit, Jell-o w/fruit. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

**MEAL ON WHEELS ST J: Mon 4/6:** Meatloaf, gravy, mashed potato, cali blend veg, fresh orange. **Tues 4/7:** Chicken tenders, peas & carrots, au gratin potato, Jell-o w/fruit. **Wed 4/8:** Roast pork, scallop potato, mixed veg, strawberries. **Thurs 4/9:** Chicken divan, beets, roll, cantaloupe. **Fri 4/10:** Tuna pea wiggle on crackers, cauliflower, apricots. Suggested donations \$4/meal.

*This space provided compliments of:*



**TO PUT YOUR NOTICE IN THIS SPACE FOR  
NON-PROFIT EVENTS, MAIL YOUR COPY TO:  
NFP, BOX 4509, ST. JOHNSBURY, VT 05819.  
E-MAIL ADDRESS: info@poulosinsurance.com**

**PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.  
NOTICES MUST BE RECEIVED BY  
THE THURSDAY PRIOR TO MONDAY INSERTION.**

**DANVILLE MEALSITE:** The meal site is closed and will resume when a new cook is located.

**DARLING INN SENIOR MEAL SITE: Mon 4/6:** Tuna pea wiggle w/egg noodles, cornbread, cucumber salad, fruit. **Tues 4/7:** BBQ chicken, sweet potato, peas, roll, banana. **Wed 4/8:** Chop suey, coleslaw, garlic bread, apple. Bingo 1pm. **Thurs 4/9:** Roast beef, mashed potato, gravy, carrots, bread, orange. **Fri 4/10:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 626-8700 darlingmeals@gmail.com

**MONDAY COMMUNITY LUNCH** at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

**KINGDOM COMMUNITY FOOD SHELF** at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

**NEKCA SHELTER AT MOOSE RIVER:** Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at [bit.ly/MooseRiverMeals](http://bit.ly/MooseRiverMeals) to sign up to give or call 802-624-0949 for more information.

**LYNDON AREA FOOD SHELF** on Elm St. in Lyndonville is open weekly on Wed, 10-2

**GOOD LIVING SENIOR CENTER: Mon 4/6:** Bingo @ 1pm. **Tues 4/7:** Arthritis Exercise Group @ 9am, Bud Stevens Music @ 10:30am, Mah Jongg @ 1pm. **Wed 4/8:** Crafting Buddies @ 10:30am, Cribbage @ 1pm. **Thurs 4/9:** Golden Ball Tai Chi @ 9am, AAA Senior Driver Safety Presentation @ 1pm, TOPS @ 6pm. **Fri 4/10:** Arthritis Exercise Group @ 9am, Book Club @ 10:30am, Game Night @ 6pm.

**FREE COMMUNITY MEAL** Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

**ST. JOHNSBURY HISTORY & HERITAGE CENTER**, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! [www.stjhistory.org](http://www.stjhistory.org)

**OVEREATERS ANONYMOUS (in-person) Meetings Tues 4:30pm** at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI [www.aa.org](http://www.aa.org)

**JOIN THE SUMMERTIME MARCHING BAND** and be part of a proud, local parade tradition! All ages welcome woodwinds, brass, and percussion musicians, plus flag and banner bearers. Whether you play or proudly carry, there's a place for you. Easy songs, great fun, practices in Littleton. Call 603-638-4903 or visit us on Facebook.