

WEST BARNET SENIOR MEAL SITE: **Wed 3/11:** Mac & cheese w/ ham, cali veggies, salad, homemade roll, peaches. **Fri 3/13:** Corned beef, potato/carrots/cabbage, salad, homemade roll, Jell-o w/fruit. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed or Fri please call the Meal Site 802-633-4068 before 9am.

BURKE MEALSITE: **Mon 3/9:** Chop suey, carrots, roll. **Wed 3/11:** Pork loin, potato, spinach, roll. **Fri 3/13:** Chicken gravy w/peas & carrots, broccoli, biscuit. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

MEAL ON WHEELS ST J: **Mon 3/9:** Chicken pot pie, mashed potato, broccoli, biscuit, peaches. **Tues 3/10:** Turkey salad sand, tomato/bean/bacon soup, cantaloupe. **Wed 3/11:** Shepard's pie, brussels sprouts, carrot cake. **Thurs 3/12:** Baked haddock, corn, sweet potato, pineapple. **Fri 3/13:** Sweet & sour pork over rice, peas & carrots, tropical fruit. Suggested donations \$4/meal.

This space provided compliments of:



**TO PUT YOUR NOTICE IN THIS SPACE FOR
NON-PROFIT EVENTS, MAIL YOUR COPY TO:**

NFP, BOX 4509, ST. JOHNSBURY, VT 05819.

E-MAIL ADDRESS: info@poulosinsurance.com

PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.

**NOTICES MUST BE RECEIVED BY
THE THURSDAY PRIOR TO MONDAY INSERTION.**

DANVILLE MEALSITE: The meal site is closed and will resume when a new cook is located.

DARLING INN SENIOR MEAL SITE: **Mon 3/9:** Spaghetti w/meat sauce, 3 bean salad, garlic bread, fruit. **Tues 3/10:** Chicken divan, w/rice & broccoli, squash, roll, pears. Music w/Joanne & Tommy Gilman 11am. **Wed 3/11:** Hot roast beef sandwich, mashed potato, gravy, brussels sprouts, fruit. Bingo 1pm. **Thurs 3/12:** Ham salad sandwich, tomato soup, coleslaw, apple. **Fri 3/13:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 802-626- 8700 darlingmeals@gmail.com

MONDAY COMMUNITY LUNCH at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

KINGDOM COMMUNITY FOOD SHELF at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

NEKCA SHELTER AT MOOSE RIVER: Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at bit.ly/MooseRiverMeals to sign up to give or call 802-624-0949 for more information.

LYNDON AREA FOOD SHELF on Elm St. in Lyndonville is open weekly on Wed, 10-2

GOOD LIVING SENIOR CENTER: **Mon 3/9:** Fraud Alert Info Session @ 11:30am, BINGO@ 1pm. **Tues 3/10:** Arthritis Exercise Group @ 9am, Mah Jongg @ 1pm. **Wed 3/11:** Crafting Buddies @ 10:30am, Cribbage @ 1pm. **Thurs 3/12:** Golden Ball Tai Chi @ 9am, March Social Event @ 1pm, TOPS @ 6pm. **Fri 3/13:** Arthritis Exercise Group @ 9am, Book Club @ 10:30am, Game Night @ 6pm..

FREE COMMUNITY MEAL Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

ST. JOHNSBURY HISTORY & HERITAGE CENTER, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! www.stjhistory.org

OVEREATERS ANONYMOUS (in-person) Meetings Tues 4:30pm at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI www.oa.org

ECUMENICAL LENTEN SERVICES 12pm Tues 2/24, 3/3, 3/10, 3/17 & 3/24. Soup & bread to follow service. Sponsored by the Lyndon Area Ecumenical Council at the Lyndonville Congregational Church.

JOIN THE SUMMERTIME MARCHING BAND and be part of a proud, local parade tradition! All ages welcome woodwinds, brass, and percussion musicians, plus flag and banner bearers. Whether you play or proudly carry, there's a place for you. Easy songs, great fun, practices in Littleton. Call 603-638-4903 or visit us on Facebook.