

# "I really thought my life was over."

Hugh & Tammi  
Cofrancesco



## When Lyndonville resident Hugh Cofrancesco learned he had a chronic illness, he thought his life was over.

He was afraid to leave the house and didn't want to talk about it. Then he went to NVRH's Palliative care and met with Kelly Lemieux, FNP. He resisted going at first, but slowly, over time, she helped him discover how to embrace the time he has and start living life

again. He quit smoking. He's back to driving, running errands for his wife, and even visiting his family in Florida.

*"The best thing to happen to me was going to Palliative care. Kelly is the most honest and compassionate person to have ever helped me. I couldn't have done it without her."*

No matter what health challenges you may face, NVRH is here for you. With high-quality specialty services for all ages nearby, you'll find just the support you need to live life to the fullest.



Kelly Lemieux, FNP



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MORE ABOUT NVRH'S  
PALLIATIVE CARE  
SERVICES.

**NVRH changes lives.**



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