

WEST BARNET SENIOR MEAL SITE: Wed 4/22: Chicken lasagna, peas & carrots, salad, homemade roll, cantaloupe. **Fri 4/24:** Apricot glazed pork, potato, carrot, salad, homemade roll, strawberries. Willie Edwards 10:30am. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed/Fri please call the Meal Site 802-633-4068 before 9am.

BURKE MEALSITE: Mon 4/20: Chicken broccoli divan, w/whole grain rice, mixed veg, fruit. **Wed 4/22:** Beef stew, biscuit, mandarin orange. **Fri 4/24:** Lasagna/spaghetti, garlic bread, toss salad. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

MEAL ON WHEELS ST J: Mon 4/20: Hamburg stroganoff w/noodles, squash, strawberry & cream. **Tues 4/21:** Seafood Newburg, rice, carrots, pineapple. **Wed 4/22:** Baked chicken, sweet potato, Italian blend, pears. **Thurs 4/23:** Scallop potato w/ham, mixed veg, honeydew melon. **Fri 4/24:** Pulled pork sand, coleslaw, watermelon. Suggested donation \$4/meal.

DANVILLE MEALSITE: The meal site is closed and will resume when a new cook is located.

DARLING INN SENIOR MEAL SITE: Mon 4/20: Pork chops, rice pilaf, applesauce, cauliflower, bread. **Tues 4/21:** Chicken & biscuits, mashed potato, gravy, carrots, roll, fruit. **Wed 4/22:** Sausage & broccoli w/noodles, cornbread, fruit cocktail. **Thurs 4/23:** Bacon Cheeseburger, lettuce & tomato potato salad, coleslaw, roll, fruit. **Fri 4/24:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 626-8700 darlingmeals@gmail.com

This space provided compliments of:



**TO PUT YOUR NOTICE IN THIS SPACE FOR
NON-PROFIT EVENTS, MAIL YOUR COPY TO:**

NFP, BOX 4509, ST. JOHNSBURY, VT 05819.

E-MAIL ADDRESS: info@poulosinsurance.com

PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.

**NOTICES MUST BE RECEIVED BY
THE THURSDAY PRIOR TO MONDAY INSERTION.**

MONDAY COMMUNITY LUNCH at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

KINGDOM COMMUNITY FOOD SHELF at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

NEKCA SHELTER AT MOOSE RIVER: Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at bit.ly/MooseRiverMeals to sign up to give or call 802-624-0949 for more information.

LYNDON AREA FOOD SHELF on Elm St. in Lyndonville is open weekly on Wed, 10-2

GOOD LIVING SENIOR CENTER: Mon 4/20: Bingo @ 1pm. **Tues 4/21:** Arthritis Exercise Class @ 9am, Mah Jongg @ 1pm. **Wed 4/22:** Fiber Buddies @ 10:30am, Cribbage @ 1pm. **Thurs 4/23:** Golden Ball Tai Chi @ 9am, April Social featuring "old-fashioned" sweet treats (cost by donation) @ 1pm, TOPS @ 6pm. **Fri 4/24:** Arthritis Exercise Class @ 9am, Game Night @ 6pm.

FREE COMMUNITY MEAL Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

ST. JOHNSBURY HISTORY & HERITAGE CENTER, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! www.stjhistory.org

OVEREATERS ANONYMOUS (in-person) Meetings Tues 4:30pm at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI www.aa.org

JOIN THE SUMMERTIME MARCHING BAND and be part of a proud, local parade tradition! All ages welcome woodwinds, brass, and percussion musicians, plus flag and banner bearers. Whether you play or proudly carry, there's a place for you. Easy songs, great fun, practices in Littleton. Call 603-638-4903 or visit us on Facebook.

ATTENTION RETIRED EDUCATORS: The Caledonia & S Essex Retired Educators will meet **Tues 4/28** at the Lyndon Center Baptist Church for our 11:30 meeting & luncheon. This is our 1st Spring meeting. Helen Morrison & Nancy Rivet will speak about Kingdom Animal Shelter. Our callers will be calling to see if you plan on attending. We are still collecting non-perishable foods for our Local Food Shelf. Luncheon is \$15. FMI call Kathy Joslin, 802-695-2916.