

**WEST BARNET SENIOR MEAL SITE:** **Wed 2/25:** Bacon-ranch chicken, pasta, cauliflower, salad, homemade roll, mixed fruit. **Fri 2/27:** BBQ pork, potato, peas & carrots, salad, homemade roll, raspberries on cake. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed or Fri please call the Meal Site 802-633-4068 before 9am.

**BURKE MEALSITE:** **Mon 2/23:** Egg & spinach bake, sweet potato home fries, sausage gravy, fruit, biscuits. **Wed 2/25:** Chicken stir fry, whole grain rice, pineapple, roll. **Fri 2/27:** Meatloaf, potato, carrot, roll. Exercise class 10-11am. Burke Meal Site, 212 School St W. Burke. Please call 802-467-3423 before 9am for reservations/takeout orders. Menus subject to change w/o notice.

**MEAL ON WHEELS ST J:** **Mon 2/23:** Spaghetti w/meatballs, broccoli, garlic bread, orange. **Tues 2/24:** Roast pork, sweet potato, beets, apricot. **Wed 2/25:** Beef/broccoli pasta, cali blend, pumpkin pie. **Thurs 2/26:** Chicken/gravy, mashed potato, carrots, tropical fruit. **Fri 2/27:** Broccoli quiche, squash, Jell-o w/fruit. Suggested donations \$4/meal.

**DANVILLE MEALSITE:** The meal site is closed and will resume when a new cook is located.

*This space provided compliments of:*



**TO PUT YOUR NOTICE IN THIS SPACE FOR  
NON-PROFIT EVENTS, MAIL YOUR COPY TO:**

**NFP, BOX 4509, ST. JOHNSBURY, VT 05819.**

**E-MAIL ADDRESS: info@poulosinsurance.com**

**PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.**

**NOTICES MUST BE RECEIVED BY  
THE THURSDAY PRIOR TO MONDAY INSERTION.**

**DARLING INN SENIOR MEAL SITE:** **Mon 2/23:** Sweet & sour meatballs, rice, broccoli, roll, pineapple. **Tues 2/24:** Chicken & biscuits, sweet potato, peas & carrots, peaches. Music w/Joe Welch 11am. **Wed 2/25:** Meatloaf, mashed potato, gravy, squash, bread, mandarin orange. **Thurs 2/26:** Chipped beef & gravy, mashed potato, 3 bean salad, bread, fruit. **Fri 2/27:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 802-626-8700 darlingmeals@gmail.com

**MONDAY COMMUNITY LUNCH** at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

**KINGDOM COMMUNITY FOOD SHELF** at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

**NEKCA SHELTER AT MOOSE RIVER:** Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at [bit.ly/MooseRiverMeals](http://bit.ly/MooseRiverMeals) to sign up to give or call 802-624-0949 for more information.

**LYNDON AREA FOOD SHELF** on Elm St. in Lyndonville is open weekly on Wed, 10-2

**GOOD LIVING SENIOR CENTER:** **Mon 2/23:** SUPER Bingo @ 1pm. **Tues 2/24:** Arthritis Exercise Group @ 9am, Mah Jongg @ 1pm. **Wed 2/25:** Fiber Buddies @ 10:30am, Cribbage @ 1pm. **Thurs 2/26:** Golden Ball Tai Chi @ 9am, Vicki Moore Music @ 1pm, TOPS @ 6pm. **Fri 2/27:** Arthritis Exercise Group @ 9am, Game Night @ 6pm.

**FREE COMMUNITY MEAL** Served to the public every next to the last Tuesday of the month. 5-6 P.M., St. John's Church Hall, Main St. St. Johnsbury. All are welcome.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

**ST. JOHNSBURY HISTORY & HERITAGE CENTER**, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! [www.stjhistory.org](http://www.stjhistory.org)

**OVEREATERS ANONYMOUS (in-person) Meetings** **Tues 4:30pm** at the SHED, 38 Glen Ave. Berlin, NH. **Wed 5pm** SHED, 45 Union St. (Rt.116) Littleton, NH. **Sat 9am** at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI [www.aa.org](http://www.aa.org)

**ECUMENICAL LENTEN SERVICES** 12pm Tues 2/24, 3/3, 3/10, 3/17 & 3/24. Soup & bread to follow service. Sponsored by the Lyndon Area Ecumenical Council at the Lyndonville Congregational Church.

**JOIN THE SUMMERTIME MARCHING BAND** and be part of a proud, local parade tradition! All ages welcome woodwinds, brass, and percussion musicians, plus flag and banner bearers. Whether you play or proudly carry, there's a place for you. Easy songs, great fun, practices in Littleton. Call 603-638-4903 or visit us on Facebook.