

WEST BARNET SENIOR MEAL SITE: **Wed 6/24:** Baked tilapia, potato, cali veggies, salad, homemade roll, fresh fruit. **Fri 6/26:** Chicken pie, potato, carrots, salad, homemade roll, mandarin orange. Suggested donation \$5. **TAKE-OUTS: PRE-ORDERS ARE REQUIRED.** Pick-up 11-12. Make pre-orders by calling Jane 603-638-4002. If you are unable to pre-order prior to Wed/Fri please call the Meal Site 802-633-4068 before 9am.

BURKE MEALSITE: **Mon 6/22:** Hot dogs & burgers, potato & egg salad, peas & onion salad. Exercise class 10-11am. Bingo 1pm. **Wed 6/24:** Chef salad w/chicken & egg, roll. Economic Services 9-1pm. **Fri 6/26:** Spaghetti w/meatballs, house salad, roll. Exercise class 10-11am, Birthdays Joanne & Tommy. Menu subject to change w/o notice. FMI 802-467-3423.

MEAL ON WHEELS ST J: **Mon 6/22:** Veggie burger, onion/peppers, peas, rice pilaf, cantaloupe. **Tues 6/23:** Tuna casserole, broccoli, bread, orange. **Wed 6/24:** Roast pork, carrots, sweet potato, bread pudding. **Thurs 6/25:** Swiss steak, scallop potato, cali blend, fresh strawberries. **Fri 6/26:** Chicken ala king over potato, mixed veggies, mandarin orange. Suggested donation \$4/meal. FMI 748-5467.

This space provided compliments of:



**Benefits
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**TO PUT YOUR NOTICE IN THIS SPACE FOR
NON-PROFIT EVENTS, MAIL YOUR COPY TO:**

NFP, BOX 4509, ST. JOHNSBURY, VT 05819.

E-MAIL ADDRESS: info@poulosinsurance.com

PLEASE LIMIT TO 35 WORDS OR LESS. SORRY, NO PHONE CALLS.

**NOTICES MUST BE RECEIVED BY
THE THURSDAY PRIOR TO MONDAY INSERTION.**

DANVILLE MEALSITE: The meal site is closed and will resume when a new cook is located.

FREE COMMUNITY DINNER @ Danville Congregational Church 87 Hill Street Danville 3rd Monday of each month

DARLING INN SENIOR MEAL SITE: **Mon 6/22:** Beef stroganoff w/noodles, cauliflower, mixed veggies, bread, fruit. **Tues 6/23:** Chicken cacciatore w/penne, broccoli, cottage cheese, garlic bread, fruit. Music w/Joe Welch 11am. **Wed 6/24:** Salisbury steak, mashed potato, gravy, green beans, roll, fruit. Bingo 1pm. **Thurs 6/25:** Roast pork, sweet potato, cucumber & tomato salad, bread, fruit. **Fri 6/26:** Closed. Suggested donation \$5. Under 60 \$7. Call in pickup order by 10am. FMI 626-8700 darlingmeals@gmail.com

MONDAY COMMUNITY LUNCH at Grace United Methodist Church, 36 Central St., St. Johnsbury, 11-12:15pm. Dine in only.

KINGDOM COMMUNITY FOOD SHELF at 36 Steeple Place, St. Johnsbury, is OPEN Tues. and Thurs., Noon to 3:45 PM, 802-751-8581. All Are Welcome.

NEKCA SHELTER AT MOOSE RIVER: Support the Shelter at Moose River by donating a meal to our shelter guests. Visit our Meal Train page at bit.ly/MooseRiverMeals to sign up to give or call 802-624-0949 for more information.

LYNDON AREA FOOD SHELF on Elm St. in Lyndonville is open weekly on Wed, 10-2

GOOD LIVING SENIOR CENTER: **Mon 6/22:** BINGO @ 1pm. **Tues 6/23:** Arthritis Exercise Class @ 9am, Mah Jongg @ 1pm, **Wed 6/24:** Fiber Buddies @ 10:30am, Cribbage @ 1pm. **Thurs 6/25:** Golden Ball Tai Chi @ 9am, Strawberry Shortcake Social @ 1pm (cost by Donation). **Fri 6/25:** Arthritis Exercise Class @ 9am, Game Night @ 6pm. All events are open to the public.

Support the St. Johnsbury Athenaeum Shop at **SECONDHAND PROSE** used bookstore, 1222 Main St., St Jay. Open Mon-Sat 11-3. Great books, great atmosphere, great staff!

ST. JOHNSBURY HISTORY & HERITAGE CENTER, 421 Summer Street (802-424-1090). Open October-May from 10-4pm Mon-Wed. See first-hand what makes St. Johnsbury so unique! www.stjhistory.org

OVEREATERS ANONYMOUS (in-person) Meetings Tues 4:30pm at the SHED, 38 Glen Ave. Berlin, NH. Wed 5pm SHED, 45 Union St. (Rt.116) Littleton, NH. Sat 9am at NVRH, 1315 Hospital Dr. (conf. room 126) St. J, VT. FMI www.oa.org

JOIN THE SUMMERTIME MARCHING BAND and be part of a proud, local parade tradition! All ages welcome woodwinds, brass, and percussion musicians, plus flag and banner bearers. Whether you play or proudly carry, there's a place for you. Easy songs, great fun, practices in Littleton. Call 603-638-4903 or visit us on Facebook.

RETIRED EDUCATORS: The Caledonia & S Essex Retired Educators meet 11am at Lyndon Center Baptist Church on **6/23**. Anna Kennedy will speak on: A Return to Lebanon & Palestine in the Spring of 2025. Lunch is \$15 and served at 12pm. We collect non-perishable foods for the local food shelf. FMI Kathy Joslin at 802-695-2916.

ST J PLAYERS ANNUAL POTLUCK MEETING Sun 6/28 1pm 3816 Old County Rd ST J. Electing officers, discussing 90th season and enjoying each other's company. Please bring a food item to share and a chair to sit in.