

**NORTHEAST KINGDOM  
Council on Aging**



*New directions for living well.*

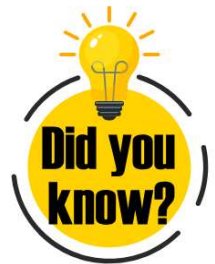


**AGING & CANNABIS  
NOT JUST OLDER. WISER.**



**“ I want to know  
how cannabis  
affects me.  
Every body  
reacts differently. ”**

- Cannabis may affect balance, memory, and reaction time in older adults.
- Even small amounts may cause dizziness or confusion.
- Mixing cannabis with medications can increase health risks



Learn more at [nekcouncil.org](http://nekcouncil.org) or call VT Helplink: 800-565-LINK

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