

Planner

COMING UP IN THE VALLEY



AV ALTA FC (United Soccer League One)

- Wednesday at Union Omaha, 7 p.m.
- July 5 vs. Charlotte, 8 p.m.
- July 8 vs. C.D. FAS (International), 7:30 p.m.

COMING UP IN SOCAL



ANGELS (Major League Baseball)

- Today vs. Athletics, 6:38 p.m., Angels Broadcast TV
- Sunday vs. Athletics, 12:15 p.m., NBCSN/Peacock
- Monday at Seattle, 6:40 p.m., Angels Broadcast TV



DODGERS (Major League Baseball)

- Today at San Diego, 5:40 p.m., SportsNetLA/MLB
- Sunday at San Diego, 1:10 p.m., SportsNetLA
- Monday at Athletics, 6:40 p.m., SportsNetLA



GALAXY (Major League Soccer)

- July 17 vs. LAFC, 7:45 p.m., FOX/Appletv
- July 22 vs. St. Louis, 7:30 p.m., Appletv
- July 25 at San Jose, 7:30 p.m., Appletv



LOS ANGELES FC (Major League Soccer)

- July 17 at Galaxy, 7:45 p.m., FOX/Appletv
- July 22 vs. Salt Lake, 7:30 p.m., FS1/Appletv
- July 25 vs. Kansas City, 7:30 p.m., Appletv



ANGEL CITY FC (NWSL)

- Friday vs. Orlando, 7 p.m., Prime Video
- July 11 at San Diego, 5:45 p.m., ION
- July 18 at Chicago, 3:30 p.m., ION



SPARKS (WNBA)

- Today at Indiana, 5 p.m., CBS/Paramount+
- July 6 vs. Seattle, 7 p.m., USA/SpectrumSN
- July 8 vs. Indiana, 7 p.m., USA/SpectrumSN

ON TV TODAY

AUTO RACING

- Formula 1: Practice, Red Bull Ring, Spielberg, Austria, 3:30 a.m., Apple TV; Qualifying, 7 a.m., Apple TV
- FIM MotoGP: Netherlands GP - Sprint Race, TT Circuit Assen, Assen, Netherlands, 5:55 a.m., FS1
- NASCAR Cup Series: Practice, Sonoma Raceway, Sonoma, 11 a.m., TRUTV; Qualifying, 12:10 p.m., TRUTV
- NASCAR O'Reilly Auto Parts Series: Pit Boss/FoodMaxx 250, Sonoma Raceway, Sonoma, 2:30 p.m., CW
- ARCA Menards Series: Shore Lunch 250 presented by Dutch Boy, Elko Speedway, Elko New Market, Minn., 6 p.m., FS2

BIG3 BASKETBALL

- Week 2: LA Riot vs. Dallas Power, Detroit Amps vs. Miami 305, Houston Rig Hands vs. Boston Ball Hogs, DMV Trilogy vs. Chicago Triplets, Detroit, 1 p.m., CBS

CANADIAN FOOTBALL LEAGUE

- Calgary at BC, 4 p.m., CBSSN

GOLF

- DP World Tour: DS Automobiles 83° Open d'Italia, Third Round, Circolo Golf Torino, Fiano, Torino, Italy, 4:30 a.m., GOLF
- LPGA Tour: KPMG Women's PGA Championship, Third Round, Hazeltine National Golf Club, Chaska, Minn., 7 a.m., NBCSN; 9 a.m., NBC; Noon, GOLF
- PGA Tour: Travelers Championship, Third Round, TPC River Highlands, Cromwell, Conn., 10 a.m., GOLF; Noon, NBC
- PGA Tour Champions: DICK'S Open, Second Round, En-Joie Golf Course, Endicott, N.Y., Noon, CNBC; 2 p.m., GOLF

HORSE RACING

- NYRA: America's Day at the Races, 9:30 a.m., FS1; 1 p.m., FS2
- Breeders' Cup Challenge Series: Stephen Foster Stakes, Churchill Downs, Louisville, Ky., 1:30 p.m., NBCSN

LACROSSE (Men's)

- PLL: Maryland vs. Denver, San Diego, 1 p.m., ESPN

MAJOR LEAGUE BASEBALL

- N.Y. Yankees at Boston (10:10 a.m.), 10 a.m., ABC
- Regional Coverage: Philadelphia at N.Y. Mets (1:10 p.m.) OR Kansas City at Chicago White Sox (1:10 p.m.), 1 p.m., MLB
- Regional Coverage: L.A. Dodgers at San Diego (5:40 p.m.) OR Atlanta at San Francisco (6:05 p.m.), 5:30 p.m., MLB
- Dodgers at San Diego, 5:40 p.m., SportsNetLA
- Athletics at Angels, 6:38 p.m., Angels Broadcast TV

MIXED MARTIAL ARTS

- PFL: Main Card, San Diego, 7 p.m., ESPN2

NATIONAL HOCKEY LEAGUE

- 2026 NHL Draft: Rounds 2 - 7, Buffalo, N.Y., 8 a.m., NHL

RUGBY (Men's)

- 2026 World Junior Championships Pool Stage: Argentina vs. U.S., Pool C, Tbilisi, Georgia, 2 a.m., CBSSN
- 2026 World Junior Championships Pool Stage: England vs. Ireland, Pool C, Tbilisi, Georgia, 4:30 a.m., CBSSN
- 2026 World Junior Championships Pool Stage: Wales vs. Georgia, Pool A, Tbilisi, Georgia, 7 a.m., CBSSN
- 2026 World Junior Championships Pool Stage: South Africa vs. Uruguay, Pool A, Tbilisi, Georgia, 9:30 a.m., CBSSN

SOCCER (Men's)

- FIFA World Cup Group Stage: Panama vs. England, Group L, East Rutherford, N.J., 2 p.m., FOX
- FIFA World Cup Group Stage: Croatia vs. Ghana, Group L, Philadelphia, 2 p.m., FS1
- FIFA World Cup Group Stage: Colombia vs. Portugal, Group K, Miami Gardens, Fla., 4:30 p.m., FOX
- FIFA World Cup Group Stage: Congo DR vs. Uzbekistan, Group K, Atlanta, 4:30 p.m., FS1
- FIFA World Cup Group Stage: Jordan vs. Argentina, Group J, Arlington, Texas, 7 p.m., FOX
- FIFA World Cup Group Stage: Algeria vs. Austria, Group J, Kansas City, Mo., 7 p.m., FS1

SOFTBALL

- Athletes Unlimited: Talons at Blaze, 11 a.m., ESPN
- Athletes Unlimited: Bandits at Spark, 2 p.m., CBSSN

TENNIS

- Eastbourne-ATP/WTa, Bad Homburg-WTA & Mallorca-ATP Finals, 4:30 a.m., TENNIS

WOMEN'S NATIONAL BASKETBALL ASSOCIATION

- Phoenix at Toronto, 11 a.m., CBS
- Sparks at Indiana, 5 p.m., CBS

X GAMES

- MoonPay X Games Sacramento 2026: Day 2, Sacramento, 1 p.m., ABC; 7 p.m., ESPN

ON TV SUNDAY

AUSTRALIAN RULES FOOTBALL (Men's)

- AFL: Gold Coast at Fremantle, midnight, FS2

AUTO RACING

- FIM MotoGP: Netherlands GP, TT Circuit Assen, Assen, Netherlands, 4:30 a.m., FS1
- Formula 1: Lenova Austrian Grand Prix, Red Bull Ring, Spielberg, Austria, 6 a.m., Apple TV
- FIM Motocross Championship: MX2, Agueda, Portugal, 8 a.m., CBSSN
- FIM Motocross Championship: MXGP, Agueda, Portugal, 9 a.m., CBSSN
- NHRA: Qualifying, Summit Racing Equipment Motorsports Park, Norwalk, Ohio (taped), 9 a.m., FS1; Noon, FS2
- NASCAR Cup Series: Toyota / Save Mart 350, In-Season Challenge - Round 1, Sonoma Raceway, Sonoma, 12:30 p.m., TNT/TRUTV
- NHRA: Summit Racing Equipment NHRA Nationals, Summit Racing Equipment Motorsports Park, Norwalk, Ohio (taped), 2:30 p.m., FOX

CANADIAN FOOTBALL LEAGUE

- Ottawa at Montreal, 4 p.m., CBSSN

GOLF

- DP World Tour: DS Automobiles 83° Open d'Italia, Final Round, Circolo Golf Torino, Fiano, Torino, Italy, 3 a.m., GOLF
- LPGA Tour: KPMG Women's PGA Championship, Final Round, Hazeltine National Golf Club, Chaska, Minn., 6 a.m., NBCSN; 10 a.m., NBC
- PGA Tour: Travelers Championship, Final Round, TPC River Highlands, Cromwell, Conn., 11 a.m., GOLF; 1 p.m., NBC