



DISCOVER HEALTH
REDDING RANCHERIA

**EVERYONE IS INVITED
TO ATTEND THIS FREE EVENT!**

The Redding Rancheria's Annual Discover Health Fair.

9am - 2pm Wednesday, August 6, 2025

We will have vendors located in the Win-River Resort & Casino Event Center,
and the Redding Rancheria Community Center

Learn about your health with local vendors, health & wellness
representatives, get your FREE screenings done and so much more.
This is a FREE event for all ages, and perfect for the entire family.

Health Screenings at NO COST!

**Blood Pressure
Body Fat Analysis
Body Mass Index
Diabetes Pre-Screen
and more!**



**ALL AGES
WELCOME!**



**Special Activities
for the Kids!**

For more information please contact Sarah Caldwell:
530-226-1734, sarah.caldwell@reddingrancheria-nsn.gov

