



FOR IMMEDIATE RELEASE

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Caring for the Earth, Caring for Communities: Dignity Health Leads by Example

REDDING, Calif. (April 22, 2025) – This Earth Day, Dignity Health, a member of CommonSpirit Health, reaffirms its commitment to healing both people and the planet through sustainability, environmental stewardship, and community-focused initiatives across California.

As a healthcare provider deeply rooted in compassion and service, Dignity Health recognizes that environmental health is intrinsically tied to human health. **In 2024 alone, hospitals across Dignity Health's California region made significant progress in cutting waste and greenhouse gas emissions. These sustainability efforts included:**

- Shredding over 3,861 tons of paper, saving an estimated 65,651 trees, 27 million gallons of water, 11,585 cubic yards of landfill space, and 1.47 million gallons of oil
- Recycling more than 1,000 tons of mixed materials
- Reprocessing 77 tons of medical devices
- Recycling over 1,400 tons of cardboard
- Safely disposing of over 120 tons of electronic waste

These strides represent Dignity Health's deep commitment to minimizing its environmental footprint and advancing sustainable practices that protect both people and the planet.

Additionally, as a member of CommonSpirit Health, Dignity Health is advancing long-term sustainability efforts through significant emissions reduction goals. CommonSpirit has set a target to reach net-zero greenhouse gas emissions by 2040—demonstrating leadership in environmental responsibility. This goal is part of a broader sustainability strategy focused on reducing energy use, conserving water, minimizing waste, and investing in eco-conscious infrastructure.

Currently, day-to-day operations account for 31% of CommonSpirit Health's total greenhouse gas emissions. To drive meaningful progress, an interim target has been set to cut operational emissions in half by 2030—ensuring steady momentum toward a healthier, more sustainable future for all.

"At Dignity Health, our mission of humankindness extends beyond the walls of our hospitals and into the environment—because a healthier planet leads to healthier people", shares Julie Sprengel, California President, CommonSpirit Health. "As healthcare leaders, we have a responsibility to lead in sustainability, knowing that the environmental conditions around us directly impact the well-being of the communities we serve."

In celebration of Earth Day, Dignity Health hospitals and care sites are engaging in a variety of local efforts that support sustainability and environmental awareness. From seed giveaways, employee plant swaps, rock paintings, educational workshops and facility upgrades, our teams are taking action to protect the ecosystems where we live and work.

Dignity Health is proud to stand alongside community partners, patients, and caregivers in creating a more sustainable, equitable, and healthier world for all.

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About Dignity Health California

Dignity Health California is a nonprofit network of over 9000 physicians, more than 35,000 employees, 29 acute care hospitals, and 200-plus care-centers, including community hospitals, urgent care, surgery and imaging centers, home health, and primary care clinics. Dignity Health California provides award-winning care to communities in five primary markets across the state: North State, Sacramento, Central Valley, Central Coast, and Southern California.

Dignity Health is a member of CommonSpirit Health, one of the nation's largest nonprofit Catholic healthcare organizations, dedicated to providing compassionate, high-quality, and affordable patient-centered care with special attention to the poor and underserved. Learn more at DignityHealth.org and CommonSpirit.org.