Cheating wife wants to be friends after divorce

Dear Carolyn: My wife and I are divorcing after many years of marriage, and I am having a

difficult time understanding her desire to remain friends. The reason for the divorce is her cheating on me multiple times. All of

Tell Me All About It **Carolyn Hax**

her affairs were with married men so her actions destroyed multiple families. I do not want to associate with a person who has so little respect.

I realize we will have to interact, but I would like to keep our communication to a minimum. How do I stay true to my convictions without coming off as the bad guy? — No-Win Situation

What's so bad about coming off as the bad guy? If she thinks you're mean for declining her overtures of friendship, then tough [biscuits] for her. If your

families are confused, then mark a path for them toward understanding without stomping on your ex: "Please trust me, I have my reasons for keeping my distance.'

As long as you remain civil, cooperative, and discreet, you ensure that any detractors will be drawing the wrong conclusions about you.

You can also say to your ex that you won't be the one to break the silence on what happened, but you will correct any misinformation.

I don't see much mystery to why she wants to remain friends, by the way: If you're OK with her after what she did to you, then presumably she can be OK with herself. Right?

That would give you another fine reason not to be friends, if you needed one, since letting someone use you to dodge emotional consequences is a favor to neither of you. But you don't need it; your convictions are more than enough.

Make soda fizzle out

In "Harry Potter and

the Goblet of Fire," the twins Fred and George Weasley drink an Aging Potion so they'll appear old enough to enter the



Triwizard Tournament. But they're prevented from crossing the Age Line and immediately grow long white beards!

But drinking today's Aging Potion - sugary sodas and beverages — will get you in bigger trouble. You damage your telomeres, those protective bits of DNA at the end of your chromosomes. speeding up the natural aging process and making it more likely you'll shorten your life! One more reason to let soda fizzle out of your diet.

Are you thinking, "I can't do that!" Dr. Mike had a super-soda habit and beat his. Here are three tricks to help you:

-Mix 1/2 gallon of water with lemons, limes, oranges, pomegranate, grapefruit every day! Refill your BPA-free water bottle throughout the day.

-Post on your refrigerator door: "ONE 20-ounce sweet soda equals about 250 calories; I can burn them off with a 5-mile walk or a 50-minute run."

And remember: No more soda or sugared beverages (unless you are doing more than two hours of continuous cardio). Then vou'll lose weight: improve your love life; and achieve a much younger RealAge!

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ROTCH

MUTTS

by Patrick Mcdonnell

GRIMM

by Mike Peters



Advice & Fun

MY NAME

IS GRIMM,

RHYMES WITH ORANGE

by Hilary Price



GRIN & BEAR IT

DENNIS THE MENACE by Hank Ketcham



no-comment will do.

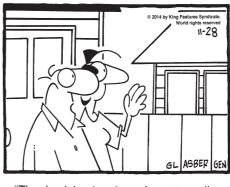


"Manbe it just needs some *cough syrup*."

BIZARRO

by Dan Piraro **BETTER HALF** by Randy Glasbergen





"Thanksgiving has lots of great smells. The best smell is car exhaust as all the relatives head back home."

CROSSWORD

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Solution time: 26 mins.

51 Super-Yesterday's answer 11-28

CRYPTOQUIP

11-28

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FOIFXFKBISK. OSZSBUUN

MIBQKM LDI AZLX IOS HLRSK. Yesterday's Cryptoquip: I THINK KIELBASA IS UNCOMMONLY LIGHT IN COLOR, SO I'M PROBABLY EATING PALISH SAUSAGE. Today's Cryptoquip Clue: S equals E

STAR BEAT

HOROSCOPE

Friday, Nov. 28, 2014 This year you might notice a conflict between a friendship and a romance. Whether they are separate or tied together within one relationship, you will need to resolve this issue sooner rather than later. You often get depressed when spending time alone. You might consider doing yoga or some volunteer work. If you are single, you draw many people toward you, but you might want to be careful about how much you share. Neediness could encourage a commitment before the time is right. If you are attached, you cherish your time with your sweetie. The two of you might add a new feature to your home that you both find fun and relaxing. PISCES encourages you to live out a dream.

ARIES (March 21-April 19) ★★★★ Sometimes there are too many choices on your plate. You easily could feel this way today, and these opportunities keep coming in. You finally might have to say "no" to several options. You have a lot to consider because of recent developments. Tonight: Not to be found.

TAURUS (April 20-May 20) ★★★ A last-minute burden could mar your morning. Others count on your ability to handle hassles and keep the peace. Unfortunately, a partner could feel put off by one of your choices. Let it pass; he or she will adjust. Tonight: Invite friends over for leftovers. GEMINI (May 21-June 20)

★★★★ Reach out to someone at a distance. The news you hear could be quite interesting, but you still might be surprised by it. You could be fielding calls and adapting your plans for a good part of the day. Use the daytime hours to do some shopping. Tonight: Out and about.

CANCER (June 21-July 22) ★★★★ Be sensitive to a friend or partner who often offers to help you a lot. You could be dragging from the recent pace and need a timeout. Make it OK to say "no" to invitations from loved ones for now. Keep reaching out to someone at a distance. Tonight: Read between the lines.

LEO (July 23-Aug. 22) ★★★ Your enthusiasm is hard to dissipate, yet a family member still might find a way to rain on your parade. As a result, you could withdraw. A close loved one is likely to make a gesture soon enough. Recognize where you might have overreacted. Tonight: With a favorite person. VIRGO (Aug. 23-Sept. 22) ★★★ You seem to have a lot of ground that you need to cover quickly. Some of you will be working, while others will be snacking on leftovers and shopping Black

not to be around the hectic pace. Tonight: Go along with a friend's LIBRA (Sept. 23-Oct. 22) ★★★★ Keep reaching out to a child or loved one who delights in your company. Ask more questions about a money matter. If you feel as if you are being given an unfair offer, just say so. A little

Friday deals. You might be happy

upheaval might be necessary to clear the air. Tonight: Off to the SCORPIO (Oct. 23-Nov. 21) ★★★ Tension builds, and you see no way around what is happening. Take a deep breath, go out and take a walk. Work on detaching as much as possible before making any decisions. You could be making a judgment that might not be

loved one. SAGITTARIUS (Nov. 22-Dec. 21) ★★★ A conversation could open a door to more opportunities. The person with whom you are speaking seems to have the ability to think outside the box. Use his or her natural abilities to help you structure a new path. Curb any negativity. Tonight: Lounge

valid. Tonight: Cut loose with a

around at home. CAPRICORN (Dec. 22-Jan. 19) ★★★ Be careful with whom you choose to let in close enough to have knowledge of your many assets. Your friends could seem as though they are snubbing you, but they actually just might be busy with various Thanksgiving activities. Tonight: Meet a pal at a favorite haunt.

AQUARIUS (Jan. 20-Feb. 18) ★★★★ You'll be all smiles in the morning, especially as a loved one or potential sweetie can't seem to get enough of you. Enjoy the moment! A boss or older friend could be very difficult to deal with. Ignore his or her flak, yet remain gracious. Tonight: Make it your treat.

PISCES (Feb. 19-March 20) ★★★ You might feel somewhat unresponsive in the morning. Take a nap, and you will come back feeling energized and ready to throw yourself into the moment. Someone could disclose some important information. Keep it hush-hush for now. Tonight: Be a social butterfly.

