

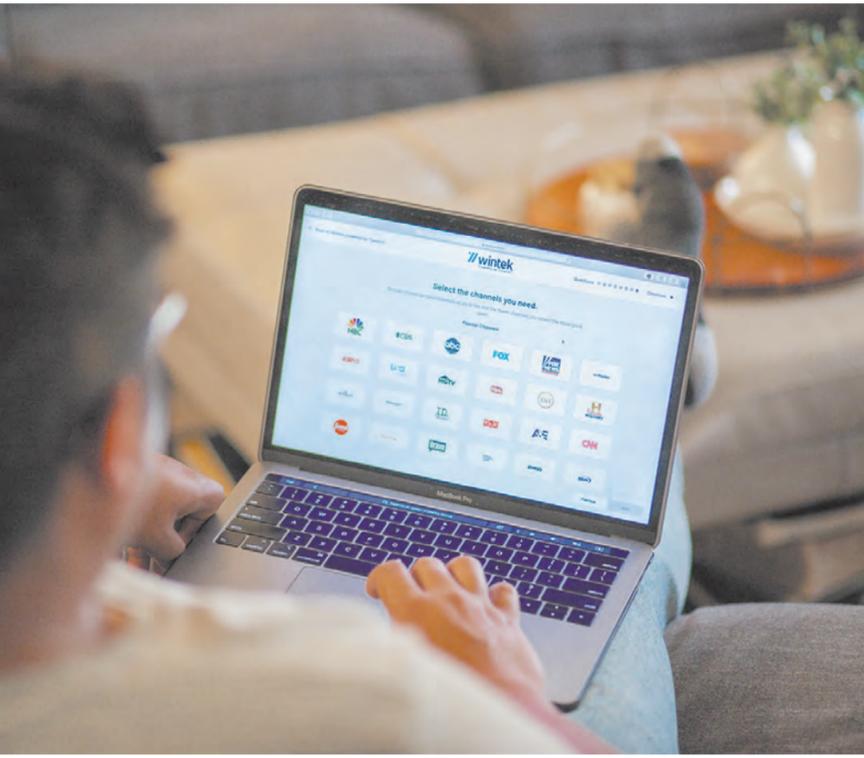
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Don't wing it on what to watch this Thanksgiving

BY WINTEK

Thanksgiving is just around the corner, and all of us at Wintek hope you enjoy the upcoming break!

Everyone's Thanksgiving traditions differ. But if there's any one thing we all talk turkey about over the holiday, it's finding something good to watch. Sometimes you're in a haze after dinner and need a show to watch as you crash. Perhaps you just need a few minutes of something so you can escape yet another conversation with the cousins. Maybe a viewing party is an essential part of your holiday.

Whatever you need to watch this Thanksgiving, Wintek won't let you wing it. Thanks to our partnership with MyBundle.TV, you can get free personalized recommendations for streaming content based on movies and shows you like and the streaming services you use.

Even if you're traveling — and temporarily leaving behind the comfort of your blazing-fast Wintek internet service — MyBundle.TV is a great tool anyone can use to see what's

new and what's popular on Netflix, HBO Max, Amazon Prime Video, Hulu, Disney+, Apple TV+ and more!

Be the hero of your holiday and register for free at mybundle.tv/wintek to populate your long-weekend watchlist. Want a few suggestions to get started? Check out Wintek's November streaming picks below!

- "The Harder They Fall" (Netflix) is a star-studded Western featuring a primarily Black cast.
- Jeremy Renner and Hailee Steinfeld star in "Hawkeye" (Disney+), a streaming series that continues the epic Marvel universe odyssey.
- Adapted from the Tony Award-winning play, "The Humans" (Showtime) might make you feel better about your own Thanksgiving.
- In "King Richard" (HBO Max), Will Smith stars as the father to tennis prodigies Venus and Serena Williams.
- "The Shrink Next Door" (AppleTV+) reunites Paul Rudd and Will Ferrell in a darkly comic story about the relationship between a celebrity psychiatrist and his long-suffering patient.

How to safely avoid, de-escalate roommate conflicts

BY STACEY KELLOGG
Exponent Advertising Department

Having roomies can be the best thing and the worst thing, sometimes all in one day. According to Kathleen Carmosin, MSW, LCSW, the Assistant Director of Community Living Programs for Children and Adolescents at Valley Oaks Health, it's best to consider an age-old canon.

"Follow the golden rule by treating your roommate how you want to be treated. Remember that each of you is human," she said.

Here are other tips Carmosin recommends for being proactive with conflict:

- Read the rules for your residence. Consult an RA or landlord if you have questions.
- Communicate honestly and openly about guidelines for visitors, sleep/lights out routine, study schedule, and likes and dislikes.
- Listen to what your roommate has to say; don't minimize their feelings.
- Be respectful of different upbringings and compromise.
- Don't take things personally and be understanding. We can respond with frustration when we are stressed, anxious, or responding to physical or emotional pain.

If your roommate is doing something that bothers you, Carmosin said, "Give yourself some space and don't engage when you are mad. Go for a walk, and think about what is really bothering you. Is it your roommate or something else going on in your life at the time?" she said.

Other tips for addressing those pesky issues:

- Ask yourself, "How big of an issue is this?" Remember that each of you is different and you have your own quirks - is this a "battle" worth choosing?
- Speak up sooner rather than later to avoid

letting your frustration build up.

- Talk directly to your roommate about the situation instead of others first.
- Talk in person: Don't vent your frustrations on social media or via text.
- Have the conversation in private, not in front of peers.
- Be aware of timing. Ask if it is a good time to talk.
- Ask an RA to moderate.

If conflict does escalate, though, avoid violence. And, Carmosin said, it's OK to ask for help.

Follow the golden rule by treating your roommate how you want to be treated. Remember that each of you is human.

Kathleen Carmosin

Here are tips for that situation:

- Keep calm to avoid escalating the situation.
- Walk away or take a timeout.
- Document all threats and instances of violence.
- Inform your landlord or RA.
- Consider a mediation with an unbiased party (i.e., RA).
- Your situation may constitute domestic violence; know who to contact to get help.

In most cases, though, cohabitating with your college roommates can be fun, not to mention financially beneficial to you all. Keeping a healthy relationship with your roommates involves many of the same practices you adopt in a family.



FILE PHOTO

Officers Geoff Carlson and Trenton Young watch over the N. University Ave. and Third Street intersections in November, 2020.

Bike officers offer tips for two-wheeled, pedestrian safety

BY JILLIAN ELLISON
For Exponent Advertising Department

As the number of wheeled vehicles has increased on campus, shared spaces with pedestrians and cars have become more tricky to navigate. But there are plenty of tips for cyclists and pedestrians to stay safe.

Geoff Carlson and Wilcher Smith are two Purdue University Police Department (PUPD) officers who were assigned to full-time bike patrol in August of this year. In fact, a number of officers have become certified to support the increasing number of wheeled traffic and pedestrians on campus.

Carlson said the number one violation they see cyclists make is running stop signs.

"Running a stop sign on a bicycle is no different than running a stop sign in a car," Carlson said. "The risk there is just as great."

Carlson said PUPD officers encounter a fair number of people who try to ride bikes through crosswalks, which are for pedestrians. As cyclists try to weave through pedestrians they risk colliding with those on foot.

There is a proper way to navigate through a crosswalk while on a bicycle, PUPD Captain Song Kang said.

"The right way to go through a crosswalk as a cyclist would be to dismount and then walk your bike through the crosswalk as a pedestrian," Kang said. "Same goes for skateboards and scooters."

Likewise, pedestrians should refrain from strolling in bike lanes, as it's not much different than walking down the middle of a busy road.

Roads with shared expectations for cars and cyclists are common on campus and around

West Lafayette. Rules abide here, too, for cars as it relates to cyclists. Area residents and campus drivers are aware of the high number of cyclist commuters, Smith said, and they're aware of the three feet of space they need to give cyclists.

"It's not too dangerous as long as you abide by traffic laws as well," Smith said. "We've been trying to promote helmets for cyclists, too, which we haven't gotten too far on, but helmets do save your noggin if something does happen."

Carlson said anyone who rides a bike on campus should register the bike with PUPD.

"We carry registration forms with us so we can get people to register," Carlson said. "It goes a long way if your bike is stolen, because it gives us a lot of information. If we find a bike, we have the ability to get it back to that person."

Kang said there has been an increase in cyclist-friendly lanes around campus in recent years, integrated better into roadways and within campus.

"It's a much better system, and the focus has become heavy on pedestrians now as well, like the closure of Third Street to vehicles, so there's a pedestrian priority now," he said. "We needed to keep up with the demand, because there are so many things sharing the roadways and intersections now. You've got robots, scooters, skateboards, motorized couches... you just have to be alert and aware of your surroundings."

Winter makes for slicker conditions, and Carlson said his advice for cyclists is the same for motorists.

"Be aware of the conditions. If you don't feel safe doing it, don't do it. Once snow gets pushed, things can get a lot slicker."



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