# THEEXPONENT

# 2021 Spring -Housing-Guide







Established in 1972, Weida **Apartments is still locally** owned & operated by Purdue students and alumni.

Our goal is to provide our residents with quality housing at

We welcome you to our community & look forward to having you be part of the Weida family!



# THE FAIRWAY BEST RATES IN WEST LAFEYETTE.IN



# **Property Features**

- 24 Hour Fitness Center Fully Renovated Units
- Computer Lab
- Pet Friendly
- Luxury Pool and Hot Tub Cover Parking Available

  - Private Bedrooms
  - · Private Bathrooms

See leasing office for up to date information

### **LESS THAN 5 MINUTES TO PURDUE**

Call Us!

M Email Us!

(765) 876-3948 Fairway@NelsonPartners.com (765) 701-3789

Text Us!

1304 Palmer Drive, West Lafayette, IN





SECURE YOUR TOWNHOME OR APARTMENT FOR 2021-22

# **Apply free**

Limited spaces available | Contact us today

lark-westlafayette.com

3800 Campus Suites Blvd, West Lafayette

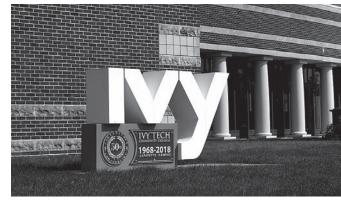
# How to enroll as a guest student at Ivy Tech Lafayette

Ivy Tech Community College Lafayette offers a great opportunity for Purdue students to pick up a class and transfer the credits toward a Purdue degree. Maybe you need a class that better fits your schedule, or you'd like a smaller class setting for a challenging subject. You may even graduate from Purdue faster! Many guest students take general education courses and pre-requisites at Ivy Tech during the summer semester.

Taking courses at Ivy Tech and transferring the credit toward your Purdue degree is easy. The first step is to complete an application online at IvyTech.edu/Guest. You will need to complete the application for each semester that you enroll even if you have completed an application in the past. Once you have a MyIvy account, you can register and pay for your classes. If you need help, call the Express Enrollment Center at (765) 269-5750, or email AskLafayette@IvyTech.edu.

Here are some important things to remember:

- Be sure to speak to your Purdue adviser to ensure you are taking courses that will transfer. Ivy Tech does not guarantee transferability, nor advise you on which courses meet Purdue's requirements.
  - Ivy Tech does not offer financial aid to Guest Students
- You must complete the Guest Student Application to register for classes. Wait a couple of days after submission before registering for classes.
- Be aware of the prerequisites for the Ivy Tech course. Make sure you have the knowledge necessary to succeed in your courses.
- If you plan to use GI Bill benefits as a Guest Student, you will need to contact Purdue's Veteran Services and request a parent lettertobesentto Ivy TechLafayette's Veteran Services. You should also visit with Ivy Tech's Veteran Services representative. Email AskLafayette@IvyTech.edu for more information.



• Guest Student applications are only active for one semester.

Ivy Tech Community College can help you further your education no matter where your hometown may be. There are 19 Ivy Tech locations around the state, and the Guest Student program is available in all locations. Consider taking a class this summer at your hometown Ivy Tech campus.

# Seven ways to use less energy when the weather warms

Finding ways to keep cool without spending a fortune or using a lot of energy is challenging but possible. Follow these tips to keep your apartment or house comfortable throughout the summer.

### Find your comfort zone.

Determine an indoor temperature that works best for the household. Keep the thermostat set as high as possible to maintain that comfort level. If you will be out most of the day, set the programmable thermostat at a higher temperature, and then lower the temperature about an hour before you plan to return home. This reduces the number of hours the air conditioner is running.

### Keep curtains closed.

Draw the blinds and close curtains on south- and west-facing windows during the hottest times of the day. This prevents the interior of the home from heating up.

### Maintain air circulation.

If your apartment or house has ceiling fans, use them. This will help prevent pockets of hot air in certain spaces. According to the U.S. Department of Energy, even in homes with air conditioning, ceiling fans enable homeowners to raise the thermostats on their AC units by about 4 degrees F with no reduction in comfort.

### Fire up the grill.

Plan meals around outdoor cooking so the ambient heat will stay outside and you will not have to turn on the oven or the stovetop. Include side dishes, such as salads, fresh vegetables and fruits or gazpacho, that can be served cold. If you must heat something indoors, try doing so in the microwave.

### Run appliances at night.

Wait until the washing machine or the dishwasher is full before turning on the cycle. Temperatures are cooler at night, and you may not notice the extra heat in the home generated by such appliances. Consult your energy bill as well. Sometimes energy rates are lower in the evening than during the peak hours of the day.

### Line dry clothes.

Maximize that fresh air and warm sun by hanging freshly washed clothes to dry outdoors. This also works for quickly drying swimsuits and towels used at the pool or the beach.

### Rely on natural light.

Use natural light in the house during the day, and spend more time outdoors so you can read, play or chat in the sunlight while keeping indoor lights off.



AVAILABLE ON DESKTOP

# Lark offers mobility, 24/7 amenities

Close proximity to fantastic dining, being nestled between Meijer and Walmart, and a bus ride every 20 minutes to Purdue's campus are just a few reasons Lark West Lafayette shines as one of the best student housing options available.

But a chance to win free rent for a year? Game over.

"Anyone who tours our property is entered to win a year of free rent, an offer that's good through the end of April 2021," Erin Lucas, customer experience manager for Lark West Lafayette, said. "All you have to do is schedule a tour, either virtual or in person, complete the tour, and you're entered to win a free year of rent in our apartments."

The offer would go toward a single tenant in a three- or fourbedroom apartment, Lucas said. Entrees also can share Lark's April 12, 2021 Instagram post on their own page and tag @ larkwestlafayette to have their name entered for an additional chance, she said. Deadline for entry is May 14, 2021.

"We have our clubhouse open 24/7 for residents, which offers a fitness center, a half basketball court, pool table,

printer station, tables and study space, all open 24/7," Lucas said. "In the summer time we have our pool open, which will officially open this year in May."

Living off campus doesn't necessarily require you to have a car, Lucas said. Every 20 minutes, City Bus picks up residents at the property's designated bus stop.

"The bus stops here, at our sister property Alight, then just two stops on campus and that's it," she said. "A Walmart stop is added in the afternoons for anyone who wants to do some grocery shopping as well."

If you're looking for a place that truly feels like home with your friends, Lucas said you don't have to compromise your own space with Lark, either.

"Another really good part of our townhomes and apartments is the very spacious open floor concept," she said. "You have your own space with your own private bathroom, and if you don't have roommates to fill the unit, we also roommate match based on preferences."



When roommate matching, Lucas said they'll ask about pets, study habits and entertaining habits.

"You don't have to share all of that with us unless you're being roommate matched," Lucas said. "But if you are, then the more we know, the better we will be able to accurately select roommates."

Lark's townhomes are 85 percent filled, Lucas said, so prospective tenants should act fast. For a full list of units available, go to larkwestlafayette.com or call 765-250-9800.



# Five DIY car tasks to save you money

It's a fact: college life is most likely the frugal life. YouTube and the tips below, you should be all set to save some cash and try these easy DIY car tasks. Be sure to follow your vehicle's warranty recommendations before trying a self-repair.

### Replace the air filter.

An air filter should be changed annually or more frequently if you reside in a dry, dusty climate. A clogged filter can stress the vehicle's air conditioning system and reduce heat capacity in the winter. Check the location of the air filter in the owner's manual. Pay attention to how it is placed before removing. Then replace it with a clean filter that can be purchased for around \$15.

### Replace the wiper blades.

Choose a quality wiper blade, as they usually are made with high-quality rubber, clean better and have more UV protection than manufacturer-provided blades. Follow the installation instructions on the package, and be sure to refer to the particular manufacturer's buying guide to get the right size for the make and model of your vehicle.

### Replace spark plugs.

The money management site Money Crashers says spark plugs need to be replaced after around 30,000 miles or as indicated by your owner's manual. Vehicles will have four,

six or eight plugs, depending on how many cylinders the car has. The plugs need to be changed in a certain order, so only remove the first wire and spark plug. Remove and replace plugs one by one with a spark plug socket, wrench or ratchet.

### Change the oil and oil filter.

Because changing the oil in a vehicle requires jacking up the car or truck and getting a little dirty, some people prefer to leave it to an oil change center. However, at an estimated cost of \$20 versus nearly double or more what you'll spend elsewhere, you can save money if you do it yourself. Never change the oil while the engine is hot. And remember to lubricate the rubber gasket on the new oil filter and allocate enough oil to fill the filter with about 2/3 of new oil in addition to what is put in the engine.

### Replace headlight bulbs.

Replacing headlight bulbs is a fairly easy project and will only take around 10 minutes to do after you purchase the right bulbs for your vehicle. Each vehicle is different, but many bulbs are housed inside of a bulb holder, which is shaped like a trapezoid with three wires coming out of it, advises U.S. News & World Report. Remove the old bulb and put in the new. Plug the wires back in and test to see if the headlight works.

With all units recently renovated in 2020, The Fairway prefers to brand itself with "quiet luxury" as its slogan.

Property manager Daniel Mason said their housing community, located just off Northwestern Avenue at the conjoining roundabout with Yeager Road, offers the best for students looking for a balanced college life.

"We are close enough to campus that you can still do the campus stuff, but far enough away for you to have a quiet stay as opposed to the busyness that is campus," Mason said.

The Fairway is close to campus and major shopping and services, and is within walking distance of Walmart. It is just a short drive to PayLess or Meijer, with several other retailers within walking distance, too.

With 167 units total ranging from singles to multiple bedrooms, The Fairway features amenities that include a newly renovated clubhouse and gym open 24/7, a pool and hot tub, and outdoor grilling space on the patio. The Fairway also offers residents the opportunity to additionally rent either garage or carport space. Otherwise parking is free for tenants

and visitors

Residents won't need to worry about having multiple monthly bills either, Mason said, with trash, water, cable and internet all included.

But one of the biggest things that makes The Fairway a real quiet luxury, Mason said, is the spaciousness of the units. One bedrooms can range from 650 to 925 square feet, with multiple room units offering just as much space per person.

"The spaciousness is real here," Mason said. "And it's more than what you'd find with open floor plans. You definitely have enough room to feel comfortable here."

Have pets? No problem, Mason said. Dogs and cats are permitted in every unit, allowing you to have the comfort of your furry friend at home, too.

The Fairway has one-, two- and three-bedroom units available for the 2021-22 school year. Find your perfect floor plan at thefairwayapts.com, or by calling 765-463-3232 today.







# The Exponent Classifieds

Find a roomie. Sublease. Sell your couch. Hire some staff. Heck, propose to your love – why not? Put it in The Exponent classifieds section!

Print and online.

Call 765-743-1111 ext. 0 or email classified@purdueexponent.org Students can run free ads!



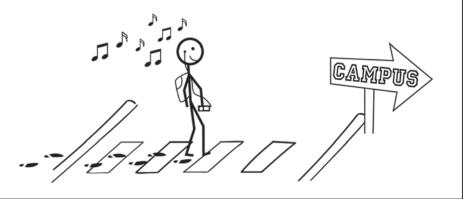
PLUS, WAIVED FEES UP TO \$345 VALUE



LiveAspirePurdue.com



# Walk to class from all 6 locations!





2 Bedrooms • 1 Bedrooms • Studios • Lofts 765-743-1881 • www.cv-apt.com Office: 270 Littleton Street

# Collegiate Communities: close to campus, neighborhood feel

One thing makes Collegiate Communities stand out among other housing options in West Lafayette, and your legs and gas tank will likely thank you for it.

"We are spread out all over West Lafayette, offering rental options of houses, apartments and multi-unit houses. But no matter which property of ours you start from, all are within a three-minute walking distance to Purdue University's campus," Collegiate Communities general manager Riley Gast said

One thing Gast said he found when the COVID-19 pandemic began was that students looking for housing were more interested in an entire house, or a unit within a house.

"Mostly with COVID, the students I talked to didn't want to live on top of one another, and a house is a great option to be socially distant," he said. "You get distance from noise, as well as from neighbors, and it's still less expensive to live in one of our houses versus a single high rise."

Since Collegiate Communities' properties are spread out around the edges of campus, Gast said their community clubhouse is located right across from Armstrong Hall, allowing easy access for students coming and going from campus to use their fitness center, free printing, table top games and gaming consoles, and a study loft.

Gast said his housing community takes pride in its monthly events, offering free grab-and-go food items by mailboxes, and direct-to-your-door deliveries as well.

"We want them to know we are here for them, and we view them as more than just a number, which I feel like is something apartment complexes don't do a lot of the times," he said.

This past school year, Gast said his team has sent out mental health packages, along with some of their annual giveaways, like flowers and chocolates on Valentine's Day.

"Since Purdue didn't have a spring break this year, we made our own T-shirts and had a spring break theme, trying to bring a little bit of the spring break back to the students," Gast said.

Something Collegiate Communities began offering recently, Gast said, was the ability to sign a short term, single semester



lease, which was in high demand due to the pandemic.

Collegiate Communities' current special, Gast said, is one month's free rent for anyone who signs a new lease with them. Anyone who refers a friend or a roommate, he said, also receives a month of free rent as well.

For more information about Collegiate Communities' current open units, visit their website collegiatecommunities. com or call 877-438-2804.



# Your message, anywhere, anytime.

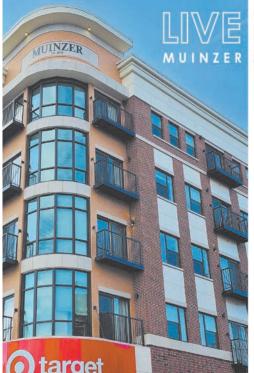
With a FlexSpend agreement, you can leverage any advertising product of The Exponent, and be as nimble as your business environment dictates, while still taking advantage of deep contract-rate discounts.

Contracted services (video/photography/writing) available, too! Inquire with the advertising department. admanager@purdueexponent.org | 765-743-1111

One agreement lets you run your message where and when you need to:

- print
- website
- e-newsletter
- social media
- newspaper inserts
- digital sign
- or through
- sponsored content





UNIQUELY.



# LIVE YOUR WAY WITH MUINZER

Showcasing near campus properties with all utilities plus GIG Speed internet included. Flexible lease terms. Offering prices ranging from \$399 - \$1599 with a variety of styles and locations.

muinzer.com

765.505.4000

# The Hub on Campus: a lifestyle, not just a place to live

Why do students go to college? To study a subject they're passionate about, to meet new people, and enjoy new experiences. But most importantly, they want to set themselves up for a dazzling career. At Hub on Campus West Lafayette State Street, we've worked hard to ensure that students can actually become who they want to be when they grow up (well, when they graduate, anyway).

We are proud to provide the best college experience to our residents. More than just a place to live, Hub is a lifestyle. Hub takes you beyond the walls of your apartment and brings you community. We're always exploring new partnerships to enhance our hospitality and service offerings and provide students everything they need to achieve a balanced lifestyle. Our residents enjoy upscale amenities and spacious apartments near Purdue, all within minutes of West Lafayette's best shopping and dining.

Designed to help you thrive at college, Hub Lifestyle supports residents with concierge services, exciting events, and opportunities for personal and professional growth. We are always looking for ways to better support students as they enjoy the Hub Lifestyle - getting support from a strong community, exploring their talents, and creating extraordinary experiences.

We're making college better than the real world by bringing opportunities you're searching for, right to your front door.

Get a feel for Hub Lifestyle on Instagram - @hubstatestreet or visit them online at huboncampus.com/west-lafayettestate-street/.





# Keep an eye on the weather

According to the National Oceanic and Atmospheric Administration, 145 tornadoes touched down in Indiana between 2016-2020. The National Weather Service (NWS) uses a four-tier system to alert the public of hazards. Get to know them and make your plan, wherever you live.

### Outlook.

This is the least serious weather alert. It usually means that hazardous weather may approach in the next three to seven days. Monitor the situation and stay tuned for updates.

### Advisory.

Weather conditions are not serious but could prove inconvenient. Be cautious when planning or traveling.

### Watch.

There is an increased risk of hazardous weather. Practice an evacuation or preparedness plan and stock up on any lastminute supplies.

### Warning.

A warning constitutes an imminent or likely event. The weather may cause a threat to property or life. Immediate action to stay safe is necessary.

The NWS will not necessarily follow the same timeline with issuing alerts. That depends on how fast a weather situation



### **Unit Features**

- · Fully Furnished Studios,
- 1-Bedrooms, & 2-Bedrooms
- Stainless Steel Appliances
- All LED Lighting
- Luxury Plank Flooring
- Washer/Dryer in Unit Full XL Beds
- Central Heat & A/C **Covered Balconies**

### **Building Amenities**

- Secured Entry
- Secured Garage Secured Bike Storage
- Trash Chute Each Floor
- Garage Parking
- · Club Lounge on 1st Floor
- Exercise Room on 1st Floor Water, Sewer, and Trash Utilities Included

765-767-4000

for more locations visit evergreencampusrentals.com



# Alight West Lafayette rejuvenates community living

When Joshua Calhoun joined Alight West Lafayette as assistant general manager in November 2020, he set his sights on rebuilding the property image.

"We have been working to fully rebuild on the places we fell short in the past," Calhoun said. "This is fun for me to look back on my journey, because I actually lived here when I attended Purdue back when this was owned by a different company," he said. "My team and I have been working so hard to rebuild the community around our residents to make it a place they are happy to live."

Calhoun said at Alight West Lafayette, they truly specialize in student housing, whether you're a freshman, senior, or a doctoral student.

"We are high value, all-inclusive living, but at the same time we focus on being a home away from home, whether you're an international student, or you grew up just down the road," he said. "We really strive for students to want to go hang out at our clubhouse, utilize the amenities we offer, and solve any issues residents bring to us."

Something Alight has been able to do in recent months, Calhoun said, is take the word-of-mouth living experience and develop that into friends helping friends find housing.

"Everyone knows people on campus, whether it was from a shared student housing experience or Greek life or through a club, and something that has really set Alight apart is that I have seen so many new residents filling the open units around them with their friends," Calhoun said. "So you have all these different pockets of friends, and it truly builds that community aspect."

Calhoun said he's found quite a few colleges within Purdue build their own small communities within the complex, turning basic connections into a concrete community.

"I have worked for other properties in my time in this field, and I can honestly say this is the first time I have ever gotten a vibe like this from a housing community," he said. "This is truly neighbors who want to be around one another."

To find out more about Alight West Lafayette and its available units, go to alightwestlafayette.com or call 765-276-7700.







# **Raymer Historic Apartments**

Historic Victorians in the Arts & Market District Lafayette, Indiana

Locally Owned, Maintained, & Personally Managed 1 Bedroom & Studio Apartments

765-447-6248

https://raymerhistoricapartments.com





Live The Lodge
LIFE

24/7 Fitness Center | 24/7 Computer Lab w/Free Printing
24/7 Game Room | Swimming Pool | Dog Park

THELODGEATPURDUE.COM | (765) 233-2207
2101 CUMBERLAND AVE | WEST LAFAYETTE, IN 47906 NUMBER

# Have fun for less than five bucks

In Tippecanoe County, you don't have to break the bank to have a fun day. Here are just a few things you can do locally with just the change in your pocket.

NICHES Land Trust: Looking for a few more places to explore outside? NICHES is an Indiana nonprofit group founded in 1995 that seeks to protect natural land ranging from small green spaces to pristine nature preserves of high biological integrity. With land in 13 different counties, including Tippecanoe, NICHES makes all of its property open to the public from dawn until dusk. Explore wildlife areas, hickory groves, trails, ponds, creeks, and more, and find public access opportunities for paddling. Download the ArcGIS Explorer app on your smartphone, search for NICHES Land Trust, and you'll have access to every property they manage.

**Columbian Park Zoo:** One of Lafayette's historic gems, this small but growing zoo offers the chance to pet baby goats and other farm animals, see wallabies and dingoes, and walk through an enclosed butterfly exhibit. Admission is \$2 per person, with ample free parking available. The zoo is located at 1915 Scott Street, Lafayette. Call 765-807-154 or visit columbianparkzoo.org.

Mosey Down Main Street: This 14-year tradition in Downtown Lafayette will resume its once-a-month schedule in summer 2021. Free and open to the public, the event invites attendees to walk freely up and down Main Street to explore and enjoy food trucks, local vendor booths, and stages hopping with local entertainers. The last Mosey of the season takes place in September. Visit them on Facebook for updates: @MoseyDownMainStreet.

Tippecanoe County Flea Market: Typically held on the first Sunday of the month from April to November, the Tippecanoe County Flea Market is one of the largest, regularly-held outdoor markets in the state of Indiana. Formerly held at the Tippecanoe County Fairgrounds, the market is now at the Tippecanoe County Amphitheater, located just off North River Road, offering better parking and more room for vendors to comfortably spread out. It is open from 7 a.m., to 1 p.m., and admission is free. Search Tippecanoe County Fairgrounds Flea Market on Facebook for exact schedule, as some months may differ.





# Navigate this path to personal growth

Few paths to positive personal growth are more noble than resolving to help others through increased acts of generosity and kindness.

According to Psychology Today, doing good for others, no matter how big or small the deed, feels good but also provides reciprocal benefits. The link between volunteering and lower rates of depression has been well-documented, and neural evidence from MRI studies suggests a link between being generous and signs of happiness in the brain.

The following are several ways to improve oneself by being more mindful of others.

### Be aware of social issues.

Read your local newspaper to stay up-todate on the pulse of your community and the world. Educate yourself about current issues affecting people from all walks of life. Understanding the needs or plights of others may boost your willingness to get involved with nonprofit organizations. It also may make you more empathetic and compassionate toward other people.

### Volunteer at a charity.

Find a charitable group with which you can volunteer your time. This is a great way to support a cause you believe in and makes

it possible for you to collaborate with others who are like-minded, potentially helping you make new friends.

### Learn a new language.

North America is a melting pot that is home to people from many different parts of the world. Learning a new language may facilitate interactions with fellow community members who might not speak English as a first language.

### Help someone you know.

It's commendable to want to assist a charity or a global cause, but what about people close to you who may need a boost? Whether you're lugging boxes to help a friend move or babysitting a niece or nephew so their parents can enjoy a night out, when you help someone, good deeds will return to you in time.

### Find the good.

Negativity is all around us. While it is important to be well informed of the world's happenings – good and bad – it's a good practice to find the good in your own circles at least. Do things that make you smile. Find joy in simple things. Where there is a bad thing, look for the good thing to help you balance perspective and stay positive.



The tradition and importance of this local journalism incubator is more important than

The Exponent, published by The Purdue Student Publishing Foundation, is a 501(c)3 educational not for profit media company that is independent of the University, and primarily run by students.



Pulitzer-prize winning investigative journalists. Advertising executives and CEOs. Oscar nominees and Emmy-award winning creators. Peabody award winners. These are just a few of the titles that can be claimed by alumni of The Exponent.



Your gift of any amount to the Purdue Student Publishing Foundation will be used to support operational expenses and student staff as they continue to keep the more than 130-year tradition of The Exponent alive.

Visit purdueexponent.org to donate, or call 765-743-1111 ext. 0. Or, mail your donation to:

Purdue Student Publishing Foundation, P.O. Box 2506, West Lafayette, IN 47996-2506. Please include your name, address, telephone number, and email address with your donation. Thank you!



# Recycling is easy in Tippecanoe County

If your local rental community does not offer recycling services, there are plenty of ways you can still recycle your metal, glass, plastic, paper, and cardboard waste in Tippecanoe County. But, before you recycle, visit http://tippecanoewaste.org/recycling to ensure you are recycling the correct materials and not contaminating the process. For example, did you know that paper plates and cups are not recyclable in Tippecanoe County? They often are coated with wax or leftover food that contaminates the recycling process and causes batches of recyclable to be sent to the landfill anyway.

According to the Tippecanoe County Solid Waste District's website below are the materials that can be recycled. The site has a list of locations where you can drop off your recycling for free if curbside recycling is not available to you. Remember to rinse all metal, glass and plastic items.

Do not, ever, dump garbage or any other materials other than recyclables at drop-off locations.

**Metal** - aluminum drink cans, steel food cans. Labels and lids are ok. No paint or varnish cans; these are contaminated.

**Glass** - clear, brown and green glass, food and drink bottles and jars. Do not recycle Pyrex, leaded crystal, drinking glasses, window glass, mirrors or ceramics. No need to remove the labels

**Plastic** – empty, rinsed, and dried plastic bottles and jugs only if they are #1 or #2. Anything that is not a bottle or jug cannot be recycled. No empty motor oil and antifreeze containers.

**Paper and Cardboard** - newspapers, magazines, catalogs, mail, school papers, office paper, envelopes, phone books, cardboard (break down boxes to save space), cereal boxes, milk and juice cartons, soft cover books. No wax paper, frozen food boxes, paper plates or cups.

Please visit http://tippecanoewaste.org/recycling and click on Where to Recycle Your Paper, Cans and Bottles for a convenient location near you. You can also recycle scrap metal, motor oil, appliances, computers, prescription glasses, and more than 100 other items at nearby locations. Please see the A-Z Recycling Guide to view them all, or search by specific item.



# Plants that will love you, no matter what

Spring's arrival means a revival of life outside, but you don't have to limit the influx of nature's green to outside your window.

There are plenty of house plant options for even the brownest of thumbs with minimal light in their homes. Try making room for a few of these near your windows.

**Spider plants.** Even if you leave on vacation for the week and forget to water it, your spider plant will be very forgiving. This air cleaner will self-propagate, thriving in indirect light in any room. Added bonus: spider plants are non-toxic to cats and dogs.

**Pothos.** Another air purifier, this trailing plant is known to remove air toxins within your home that can be caused by gas or furniture. Pothos grows and thrives in nearly all light conditions, making it perfect for any spot in your home. (Note: it's still necessary to have smoke and carbon monoxide detectors in your home!)

Snake plant. This tough succulent can grow in low light

conditions, but ultimately will thrive if placed in medium light. Another forgiving waterer, this plant prefers completely dry soil in between watering.

Hawthoria zebra. Looking for the perfect little friend for your somewhat sunny window? Look no further! The Zebra Plant can go weeks without watering, but make sure your plant's pot has a drainage hole. This plant prefers even, generous watering, but needs to dry out between drinks.

**Parlor palm.** This plant will bring the small splash of exotic you've been looking for to your space. The Parlor Palm will grow no taller than two feet and is mostly tolerant of shade. Expect to only need to water this plant about every one to two weeks, but expect more if it is placed in more direct sunlight. Added bonus: parlor palm is non-toxic to cats and dogs.

**Baby tears.** So long as you keep its soil moderately moist, this plant will thrive in any filtered light. It's a trailing plant, so try hanging your baby tears in a window and watch it grow, adding a gorgeous esthetic to your room. Added bonus: baby tears is non-toxic to cats.



# **Bust boredom during workouts**

Even the most ardent fitness enthusiasts sometimes lack the motivation to exercise. Various factors, including boredom with a fitness regimen, can affect motivation to hit the gym.

Boredom with a workout can sometimes be overcome by an especially effective workout. But for those instances when boredom is difficult to overcome, men and women who want to stay in shape can try these strategies.

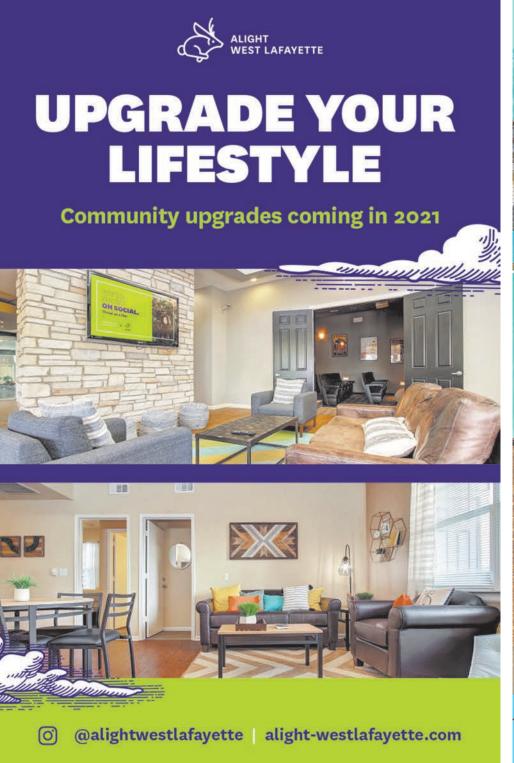
Join a sports league.

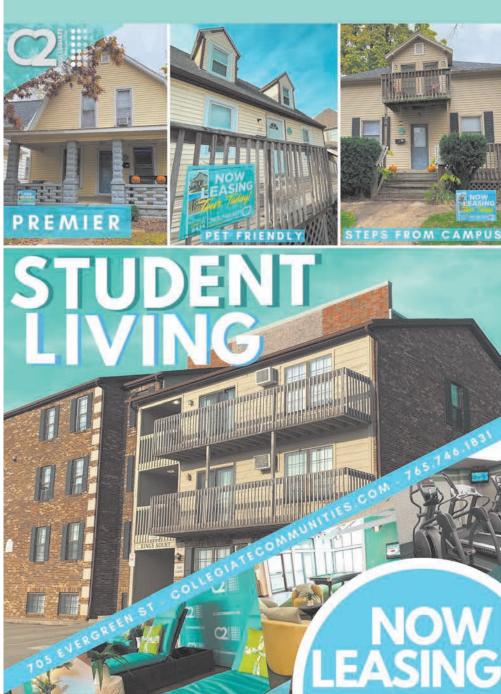
A workout doesn't have to be limited to the weight room or

the cardiovascular area of your local gym. If your motivation to workout is waning, consider joining a competitive sports league. Universities offer intramural sports, and many fitness facilities offer adults sports leagues on their premises or at nearby parks for outdoor sports. Sports such as racquetball, soccer and boxing or mixed martial arts provide great exercise and opportunities to meet other fitness-minded people. If games or competitions only take place once or twice a week, be sure to supplement your participation with more traditional workouts on off days.

Continued on Page 12







### Continued from Page 11

### Take along your tablet.

Many fitness facilities now include Wi-Fi internet access with the cost of a membership. People bored with their workouts can take advantage of this perk and take their tablets with them to the gym, watching a favorite television show or movie while burning calories during the cardiovascular portions of their workouts. This gives people bored with their fitness regimens Set new goals. something to look forward to, and the chance to catch up with a popular show might be all the motivation people need to get off the couch and exercise.

### Periodically change your regimen.

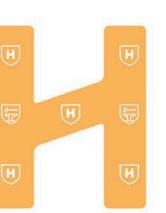
It's easy to get bored with a workout if you're always doing on the end of your stick.

the same repetitive exercises. Speak with a personal trainer at your gym and ask for some advice on how to switch things up and still meet your fitness goals. There's more than one way to get fit, and periodically changing your exercise regimen can be a great way to shake things up and reinvigorate your interest in exercise.

Boredom with a workout regimen sometimes creeps in because people have achieved their initial fitness goals and haven't set new ones. Whether you have lost the amount of weight you set out to lose or can now squat as much as you set out to squat, set new goals so you have a new carrot dangling



# LIMITED AVAILBILITY







### WELCOME TO **HUB STATE STREET**

Hub State Street offers you everything you need to achieve a balanced lifestyle. You'll enjoy upscale amenities and spacious apartments near Purdue, all within minutes of West Lafayette's best shopping and dining.







### TAKE A TOUR TODAY!

Hubstatestreet.com @HubStateStreet (765) 201-4204



# BE OUR GUEST

AND COMPLETE YOUR DEGREE FASTER. **SUMMER CLASSES BEGIN MAY 24.** 



Visit lvyTech.edu/guest

\*Check with your advisor to be sure Ivy Tech credits transfer to your program.

For more information: AskLafayette@ivytech.edu