

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Crank, Chalk, Crystal, Fire, Glass, Go Fast, Ice, Meth, Speed	Desoxyn®	White powder or pill; crystal meth looks like pieces of glass or shiny blue-white “rocks” of different sizes	Swallowed, snorted, smoked, injected	II
<b>Possible Health Effects</b>				
Short-term	Increased wakefulness and physical activity; decreased appetite; increased breathing, heart rate, blood pressure, temperature; irregular heartbeat.			
Long-term	Anxiety, confusion, insomnia, mood problems, violent behavior, paranoia, hallucinations, delusions, weight loss, severe dental problems (“meth mouth”), intense itching leading to skin sores from scratching.			
Other Health-related Issues	<p>Pregnancy: premature delivery; separation of the placenta from the uterus; low birth weight; lethargy; heart and brain problems.</p> <p>Risk of HIV, hepatitis, and other infectious diseases from shared needles.</p>			
In Combination with Alcohol	Masks the depressant effect of alcohol, increasing risk of alcohol overdose; may increase blood pressure and jitters.			
Withdrawal Symptoms	Depression, anxiety, tiredness.			
<b>Treatment Options</b>				
Medications	There are no FDA-approved medications to treat methamphetamine addiction.			
Behavioral Therapies	<ul style="list-style-type: none"> <li>• Cognitive-behavioral therapy (CBT)</li> <li>• Contingency management or motivational incentives</li> <li>• The matrix model</li> <li>• 12-Step facilitation therapy</li> </ul>			