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# ARMY FLIER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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JULY 24, 2014

## LUNDY PROMOTED TO MAJOR GENERAL



Maj. Gen. Michael D. Lundy with his wife, Paula, and daughters, Sydnie and Kacie, after the Family pinned on his new rank during a ceremony at the U.S. Army Aviation Museum Tuesday.

PHOTOS BY NATHAN PFAU

### Credits mentors, Family

By Nathan Pfau  
Army Flier Staff Writer

The U.S. Army Aviation Center of Excellence and Fort Rucker commanding general was promoted to major general during a ceremony Tuesday in the U.S. Army Aviation Museum.

Maj. Gen. Michael D. Lundy received his new rank from his wife, Paula, and daughters, Kacie and Sydnie, who pinned the two-star epaulets on his shoulders.

"I never would have thought I would be standing here today," said Lundy during the ceremony. "The reason that I am is because I have three wonderful girls ... certainly my mom, my dad, who is not with us today but I'm certain he'd be very proud, and just as important are the Soldiers that I've served with over the years."

Lundy attributes much of his success to the Soldiers and mentors he's encountered throughout his years of service.

"I would not be here today if it weren't for the great mentors that I've had ... and I'm very thankful how they've helped me become a better officer, a better leader and a better person," he said. "From my first platoon sergeant who took a

wayward lieutenant and straightened him out ... to many great mentors that I've had over the years, to them I owe everything, and I'm very honored to have this privilege today."

The ceremony was presided over by Lt. Gen. Robert B. Brown, U.S. Army Combined Arms Center and Fort Leavenworth, Kan., commanding general, who has worked closely with Lundy over the years.

"I've known Mike a while, and it's just been an honor to serve with him, so the opportunity to be here and promote him to a second star really makes me proud," said Brown during the ceremony, adding that Lundy's wealth of experience makes his promotion well deserved.

Lundy has seven major deployments under his belt, including Operation Desert Shield and Desert Storm, operations in northern Iraq to help protect forces there, Haiti, Bosnia and two deployments to Afghanistan.

"I knew he was an exceptional officer," said Brown, "but what's absolutely amazing is to see the amount of deployments and

SEE LUNDY, PAGE A7

### VIP



Then Brig. Gen. Michael D. Lundy, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, shows Lt. Gen. Robert B. Brown, U.S. Army Combined Arms Center and Fort Leavenworth commanding general, a new DH-58 Kiowa helicopter set up on Howze field during a tour of static displays Tuesday. Lundy was promoted to major general at a ceremony shortly after showing Brown the static displays.

PHOTO BY NATHAN PFAU

## New commissary on track for June

By Sara E. Martin  
Army Flier Staff Writer

The walls and roof have gone up and the foundation has been poured, but it will still be a bit of a wait before the new commissary on Ruf Avenue will open for customers.

Col. Stuart J. McRae, Fort Rucker garrison commander, and Command Sgt. Maj. William D. Lohmeyer, Fort Rucker garrison command sergeant major, toured the commissary construction site and spoke with foremen, Directorate of Public Works representatives and commissary managers about the progress that has been made so far. The facility is expected to open to customers in June.

"We have about 36,000 square feet of shopping area right now in the old commissary, and the new one will have around 65,000 square feet of shopping area," Bobby Ward, store director, told the garrison command team. "We are going to have a lot more variety of items to sell because of the size of the store. Our aisles will be longer and wider."

Right now the commissary holds around 17,000 line items – frozen, chilled and dry. In the new store, that will more than double to about 35,000 items.

"We will be offering new items, such as rotisserie chicken and ready-dinner meal sides that are fresh, such as macaroni and cheese and salads," said Ward. "We will be expanding our produce line, deli and bakery, as well. Our hope is when we go into local grocery stores, we don't see any uniforms in there."

The new commissary layout will be reversed compared to the current layout. There will also be a secure area where case lot sales will be held as well as tables set up for customers to eat their lunch for convenience.

Aisles will also be large – enough for three or four

SEE COMMISSARY, PAGE A7

## Pharmacy reopens inside clinic

By Nathan Pfau  
Army Flier Staff Writer

It's been more than a year since the pharmacy at Lyster Army Health Clinic relocated to its temporary location, but it has finally made the move back into the clinic to better serve patients with its new, state-of-the-art facility.

The new location inside LAHC is twice the size of the former pharmacy, and, despite having fewer windows than its prior location, promises higher patient output through its new automated system, said Lt. Col. Taiwo Bolaji, LAHC chief of pharmacy.

Through the new system, patients are now cataloged in an automated computer system, which only requires the patient's card to be scanned to access their prescriptions, said Bolaji.

"Customers can now come to the refill window and they will present to us their card, and whatever their medication is, it will light up in the new system," he said.

Depending on whether the patient needs a refill or a pickup, the medications are either dispensed automatically through a machine, eliminating



Patrons wait for their number to be called at the new pharmacy located in LAHC shortly after the facility reopened Monday.

PHOTO BY NATHAN PFAU

human error, or have already been packaged and ready for pickup.

When picking up prepackaged medications, a system is used that allows a pharmacy technician to scan a patient's card, letting them know what prescription needs to be picked up. From there the technician will visit the RFID storage units, which are numbered and will light up blue, alerting the technician as

to which storage unit to access.

The technician then scans his or her badge to unlock the unit, and inside the proper prescription will again be illuminated, letting the technician know which space to pull from.

"We use RFID tags to track prescriptions to the system and we

SEE PHARMACY, PAGE A7



Col. Stuart J. McRae, (far right), Fort Rucker garrison commander, and Command Sgt. Maj. William D. Lohmeyer, (middle right) Fort Rucker garrison command sergeant major, speak with Jess Lira, assistant commissary officer, and Bobby Ward, store director, about how the new commissary construction is going Monday.

PHOTO BY SARA E. MARTIN

# PERSPECTIVE

## Army Live Blog: History of bugle calls

By Ash McCall

Army Live Blog contributor

Early in the morning and also in the evening, Soldiers, Family members and civilian employees can see, hear and participate in a ritual that honors our nation, while continuing a tradition as old as the U.S. Army.

Cars stop, work pauses and games cease, while honors to the colors are rendered. While many people think of old western movies and cavalrymen when they hear a bugle call, few Soldiers these days even understand the significance of most of the bugle calls heard throughout the day.

### History and traditions

When George Washington first assumed command of the Continental Army in 1775, drums and bugles were already a fixture of military life and operations. In a time before radios and texting, there was simply no other way for a commander to communicate his orders amidst the din of firing muskets, clashing sabers and booming cannon.

Yet drums and bugles were also useful in camp. For instance, work parties far from camp gathering forage for the horses – even a small army required several tons of feed a day – knew to return to camp when they heard the call for “Recall.” As the Army developed, it stan-



ARMY PHOTO

Bugle caller at Fort Buchanan, Puerto Rico, circa 1910.

dardized the use of these bugle calls for a disciplined lifestyle.

### Life at a frontier outpost

In the frontier outposts of the late 1800s, bugle calls united Soldiers and their Families. These small, lonely forts with garrisons of around 100 Soldiers or less were often far from the nearest town. In these communities, the bugle calls were as much a part of the lives of the Family members as the Soldiers. Household clocks were set by the bugle calls – one Army spouse even used “Assembly” as the signal for the children to take their afternoon nap.

Days began early for Soldiers as they began feeding and grooming the horses before dawn. Following “Reveille” and breakfast, Soldiers came together for inspection when they

heard the call for “Assembly.”

The Soldier with the best uniform and equipment was selected to be the commander’s orderly, which gave them bragging rights and (sometimes) the following day off. After inspection, the Soldiers trained in critical skills of the day: marching, riding, bayonet drill, marksmanship, and gun crew drills.

“Mess Call” to lunch ended the morning’s training. Soldiers spent most of the afternoon in fatigue details, such as chopping wood, maintaining the buildings and stables, and, as always, taking care of the horses.

Soldiers returned from these tasks when the bugler sounded “Recall,” giving the Soldiers time to prepare themselves for the evening parade and “Retreat.” The day at most frontier outposts ended with a parade

of the entire command around the central field. This was, of course, a way to inspect the discipline and equipment of the unit, but it was also a community social event that was attended by nearly all of the Family members.

Prior to the 1890s, Soldiers were required to assemble for a final roll call at 10 p.m. at the sound of “Tattoo,” but this practice – along with inspections on Sunday – ended when the Army made efforts to improve the quality of Soldiers’ lives.

The Army has changed greatly since those frontier days, but the pride and sense of community associated with bugle calls remained. After returning from nearly two years in a German prisoner of war camp, a World War II Soldier remembered, “It wasn’t until I heard ‘Retreat’ sound that I knew I was home.”

### Purpose of Bugle Calls

- **“First Call”** – Sounded as a warning for Soldiers to begin assembling for a formation.
- **“Reveille”** – Signals the Soldiers to Stand-To for morning roll call and accompanies the raising of the National Colors.
- **“Recall”** – Signals that the present period of physical training, duties or drill is over.
- **“Mess Call”** – Signals breakfast, lunch or dinner.

• **“Assembly”** – Sounded to call in a group of Soldiers or scouts. It is also sometimes referred to as “Fall in.”

• **“Officer’s Call”** – Signals all officers to assemble at a designated place.

• **“Retreat”** – Signals the end of the official duty day.

• **“To The Color”** – This call used to render honors to the nation when no band is available or in ceremonies requiring honors to the nation more than once. It requires the same courtesies as the national anthem. It is used to accompany lowering or casing the National Colors.

• **“Call To Quarters”** – Symbolically signals all Soldiers to their quarters for the night.

• **“Tattoo”** – Signals that all lights in squad rooms be extinguished, and that all loud talking and other disturbances be discontinued within 15 minutes.

• **“Taps”** – Signals that unauthorized lights are to be extinguished. This is the last call of the day.

• **“Chapel Call”** – Signals religious services are about to begin.

Visit <http://www.music.army.mil/music/buglecalls/> to hear what these calls sound like. And a special thank you to the U.S. Army War College for this great information.

## Writer’s forum: What’s your story?

By Nancy Rasmussen

Fort Rucker Public Affairs

Today’s active duty, retired military and Family members have stories to tell. Getting around to writing them down is the hard part.

Procrastinate no more.

Stories about deployments and redeployments, Family challenges and hardships, battle-buddies, permanent changes of station, and the hurry-up and wait experiences they’ve

had throughout their careers are all part of personal histories that will become treasures to Family members for years and generations to come.

Finding time to write about those experiences and the confidence to tackle the task can be a daunting proposition. Where to start might be the toughest obstacle to overcome.

Whatever is holding you back from putting pen to paper – or keyboard to screen -- help is closer than you think. Budding writers sometimes just need a little coaching and an opportunity to brainstorm with others writers. That’s where a

writers’ forum can be helpful.

A writers’ forum is a group of people who meet regularly to discuss ideas and coach one another on writing techniques, including plot, character development and word mechanics, and provide feedback and encouragement. It is a place where new and aspiring writers strive to achieve their dreams.

Those interested in participating in a new military members writers’ forum should contact Laura Couch at 774-8773. Couch is a long-time member of the Ozark Writers’ Forum.

## Rotor Wash

“Summer vacation has reached its mid-point for most school children and creative escapes from the summer heat can be hard to find. What activities or projects do you suggest for parents and children when the day is too hot to play outside?”



WO1 Toe Wai,  
B Co., 1st Bn.,  
145th Avn. Regt.

“Go bowling.”



Jess Chasteen,  
Army spouse

“We like to play board games at home.”



CW2 Jared Loomis,  
224th Avn. Regt., Va.  
National Guard

“Go bowling or go to a restaurant’s play-pin area.”



CW2 Chad Bayne,  
Neb. National Guard

“Find participation books they can enjoy, like experiments and puzzles. Anything to keep their mind engaged.”



Toshia Chambers,  
Army Family member

“Go to the roller skating rink or a movie theater. Matinees are really affordable.”

### COMMAND

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FORT RUCKER COMMANDING GENERAL

**Col. Stuart J. McRae**  
FORT RUCKER GARRISON COMMANDER

**Lisa Eichhorn**  
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If you would like to contact the Army Flier by e-mail, please contact the editor at [jhughes@armyflieger.com](mailto:jhughes@armyflieger.com).

# Eyes on the sky

## Air Traffic, Air Space course graduates largest class

By Nathan Pfau  
Army Flier Staff Writer

One of the newest military occupation specialties in Army Aviation graduated its largest class Friday, signaling new interest in an important role in air traffic control.

Nine Soldiers graduated from the 150A Air Traffic and Air Space course Monday and will go on to become platoon leaders to control air space, said CW2 Rebecca Pinckney, 150A Air Traffic and Air Space Branch manager and instructor assigned to D Company, 1st Battalion, 145th Aviation Regiment.

"This is a pretty significant job because we're the technical experts," said Pinckney. "These are air traffic and air space subject-matter experts who tell their commanders everything there is to know about air traffic control and air space."

This includes knowing how to make air space plans, how to use air traffic control equipment, how to deploy that equipment and more.

Although graduating nine students might not seem like much, Pinckney said that this number was significant because the class normally graduates only two to three students at a time.

"It means a lot to see this



W01 Gerald Frasier, 150A graduate, receives his certificate from Col. Garry L. Thompson, Warrant Officer Career College commandant, during a graduation ceremony at Pratt Hall Monday.

MOS grow because there are only around 96 active-duty 150As in the Army," she said. "To be a part of 1-145th and see them grow like this is pretty significant."

W01 Robert Hickox, B Co., 1st Bn., 145th Avn. Regt., was among the graduates, finishing top of his class with higher than 98 percent academic average in the course, and said he's excited to get started in his career.

"We've been in warrant officer classes since January, so there has been a lot of training we've had to go through in the last month," said Hickox. "It's nice to culminate all of that with this graduation, and I'm excited to get to my unit and get started."

Hickox will be transferring to Camp Humphreys, South Korea, where he will be starting his new MOS – one that took him three years to get into.

"I started off my career as a light-wheel mechanic ... and was finally able re-classes as an air traffic controller," he said. "It wasn't available to me in my first term ... but ever since I was able to go into a tower with my dad (who was also an air traffic controller), I knew going into the military, it was what I wanted to do."

During the graduation, Col. Garry L. Thompson, Warrant Officer Career College commandant, was on hand to offer the graduates congratulations, as well as advice on how to become better leaders throughout their career.

He offered up an acronym that he coined – PILL, which stands for professionalism, initiative, listen, learn and lead.

"Professionalism is the first thing you need to think about," he said. "A lot of it means going out there and doing the right thing when no one's looking – looking right in your uniform, staying in shape and things like that. Do this and you will stand out."

Next, Thompson said that each graduate should have initiative.

"You've got to show (initiative) when you're out there in your unit," he said. "Volunteer for those jobs that no one else wants and be the best at that job. Be the best in the ATC world that you

can possibly be."

Listen, he continued.

"We have forgotten how to listen," said the WOCC commandant. "We don't listen to enough people – we don't listen to our peers and we don't listen to our subordinates. You need to do that and it will pay huge dividends for the platoons you're going to go out there and lead."

Thompson said that although the graduates just completed their courses, they must continue to learn in order to be good leaders.

"Be a life-long learner – it doesn't stop today," he said. "Continue to learn. You owe it to yourself and you owe it to the Soldiers you're about to lead."

Lastly, Thompson said that each of the graduating Soldiers needs to lead, and although that part may sound obvious, it's leading the right way that makes a true leader.

"You've got to know yourself to be a leader," he said. "You're going to become advisers to commissioned officers. Don't sit back and look at a lieutenant or captain and wait for them to fail, because you're absolutely wrong if you do that."

This class was also the first class to receive 150A coins specially made for this MOS, said Pinckney.

## ACS survey results assess needs of community

By Nathan Pfau  
Army Flier Staff Writer

The Army Community Service Needs Assessment Survey results are in, and officials say the results were no surprise.

In a partnership between the Directorate of Family, Morale, Welfare and Recreation, and Installation Management Command G9 Marketing Research and Analysis, a survey was conducted from March 3 through April 30 to provide information to ACS about the services provided, according to Mike Burden, ACS financial readiness program manager.

"This is a unique assessment because it just addresses issues for the ACS programs," said Burden. "There were no surprises with the survey and it validated what the needs that the community has through ACS."

The survey is conducted every three years in coordination with the ACS ac-

creditation process and was administered online for the first time this year.

The survey also helps ACS understand what programs need adjustment and what programs work for community members, added the program manager.

More than 250 participants took part in the survey – an increase over the 2011 survey. Key findings included 35 percent of respondents need employment readiness, 30 percent need financial readiness, 26 percent need information and referral services, and 24 percent need well-being services.

Additionally, 88 percent of those who took the survey agreed that ACS offers high-quality programs designed to serve Army Families, said Burden.

Janice Erdlitz, DFMWR marketing director, said the survey is a good tool to provide ACS officials a breakdown of what the community needs by demographic.

"It helps us identify customer needs by

area, customer preference on service delivery, customer satisfaction, and other key information we need to assist Soldiers and Families in maintaining readiness," she said. "The survey results provided us additional key information on which programs are a top need for all patrons, with employment readiness coming up as the top need."

Erdlitz said that although there are tools in place to gauge customer satisfaction, such as the Interactive Customer Evaluation program, the survey helps provide a broad overview and overall evaluation of the program.

Burden said as a result of the survey, ACS will continue to provide the high-quality service that customers have become accustomed to, and will use the information they have gathered to make adjustments in any programs they can to improve the quality of life for Soldiers and Families on Fort Rucker.



COURTESY GRAPHIC

## News Briefs

### Retiree ceremony

Fort Rucker will host its quarterly retirement ceremony Friday at 2 p.m. in the U.S. Army Aviation Museum. All are invited to attend and honor Fort Rucker's latest retirees.

### Veterinary closure

There will not be a veterinarian available at the Fort Rucker Veterinary Facility Monday-Aug. 1. People are asked to put in their prescription refill requests no later than today to ensure the veterinarian has time to honor the requests. If requests are called in after that, people will have to wait until Aug. 4-8.

### Chaplain Corps birthday

In honor of the 239th U.S. Army Chaplain Corps anniversary, the Fort Rucker Ministry Team will host a short celebration with cake and refreshments Tuesday from 10-10:30 a.m. in the Atrium of the Soldier Service Center, Bldg. 5700. The gathering will celebrate the work of the Chaplaincy of Fort Rucker while also honoring all Army chaplains that have served as religious and spiritual leaders for Soldiers and their Families since 1775. The event is open to the public.

### U.S. Army Soldier Show

The U.S. Army Soldier Show makes a tour stop to the Wiregrass Aug. 12-13 at 7 p.m. each night at the Enterprise High School Performing Arts Center for its free show, "Stand Strong." The Soldier Show performs across the country, entertaining Soldiers, Families, retirees and civilians with its all-Soldier cast. The event is open to the public and no tickets are required.

For more information, visit [www.ftrucker.mwr.com](http://www.ftrucker.mwr.com) or call 255-9810.

### New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can

ensure they have a voice in the process by taking a survey at <http://www.revparintl.com/fortrucker.htm>.

### Troops to Teachers

Troops to Teachers is a federal government program that assists eligible veterans – active duty military, reservists and retired military – who desire to become public school teachers. A veteran TTT participant will conduct a free Teaching as a Second Career seminar Aug. 7 at 9 a.m. at the Fort Rucker Education Center in Bldg. 4502, Rm. 112, on Kingsman Street. Reservations are not required.

For more information, call the Southeast Region TTT Office at 404-413-8199, or visit [www.tttga.net](http://www.tttga.net).

### AAFES birthday

The Army and Air Force Exchange Service marks a historic milestone Friday, celebrating 119 years of serving Soldiers and their Families. On July 25, 1895, General Order No. 46 established the exchange on military installations, directing post commanders to set up an exchange at every post.

In honor of the anniversary, the Fort Rucker Exchange is planning in-store events and a special MILITARY STAR® card promotion. Shoppers who use their MILITARY STAR® card Friday will receive 5 percent off their in-store purchase. The discount is not applicable to fuel, tobacco, uniforms and accessories, Exchange Protection Plans, or food court or gift card purchases. The MILITARY STAR® card everyday discounts of 10 percent off fast food and 5 cents off per gallon of gas will be applicable, but cannot be combined with the 119th anniversary 5 percent discount offer.

Military shoppers can help the Fort Rucker Exchange celebrate 119 years of Family serving Family when the Fort Rucker Main Store will serve birthday cake starting at 11:30 a.m. and customers can save at the Food Court with \$1.19 food specials.

### Marriage 101

Marriage 101, a premarital seminar and training, will

be held on the second and fourth Tuesdays and Wednesdays of each month from 1:30-4:30 p.m. at the Spiritual Life Center, Bldg. 8939. Marriage 101 is mandatory for those wishing to get married at Fort Rucker, according to Chaplain (Capt.) Troy D. Allan.

For more information, call 255-3447 or 255-3903.

### Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

### Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

### Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend.

### Alcoholics Anonymous

Alcoholics Anonymous meets Thursdays at 7 p.m. at the Spiritual Life Center, Bldg. 8939, Rm. 38. AA is described by chapel officials as a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from the use of alcohol. The program is focused on spirituality and religion, having an impact on changing a person's life.

For more information, contact the religious support office at 255-2989.

# Renters beware

*Remain vigilant while house hunting*

By Sara E. Martin  
Army Flier Staff Writer

Just about every renter has a story, and many don't end so well.

Some renters end up paying for repairs, losing their deposits, running into scams on-line and hashing things out in small claims court. To be sure, landlords have their own horror stories about tenants. But Van Danford, chief of housing, wants to share some expert tips for would-be renters that could prove beneficial in the long run.

"We are here to take care of Soldiers and their Families. We just want to get them the right house for their needs, whatever those needs are," said Danford. "The biggest thing that I would advise Soldiers to do is to come into the HSO office so we can make sure they are going to sign a lease that's legal."

Nowadays, many Families like the convenience of shopping for a new home online, and while that is a great feature of modern technology, Danford said Families need to be careful.

"There are some great and reliable websites to find homes on – realtor sites, [www.militarybyowner.com](http://www.militarybyowner.com) and [www.housing.army.mil](http://www.housing.army.mil) – are all great sites to find rental homes. The HSO also has listings of local rentals available," he said.

To avoid becoming a victim of a housing scam, both Danford and Hines said to never put any money down or sign anything with sight



COURTESY GRAPHIC

unseen.

"Pictures can be deceiving on the Internet," said Danford. "And pictures can be really old and outdated."

Danford added to always shop and compare houses or apartments, and to drive-by the property at night to see how it looks.

"If it sounds too good to be true, then it probably is," said Hines. "Just because you are afraid to miss out on a great deal you found on the Internet, don't put money down on a rental without going inside it first."

Even if a Soldier is renting from a friend, coworker or another Soldier, they are advised to bring in the lease so officials can make sure the Family is protected and that they are signing something they can get out of in a military clause.

Whether it is a permanent

change of station or finding a new residence in the area, if a Soldier begins to have difficulty negotiating with their landlord about deposits and damages, they are encouraged to pay a visit to the HSO.

"When renting, Families need to decide for sure if a certain house is the one they want. When they put money down they will not get any money back," said Gaye Hines, HSO office resident liaison. "Don't rush into a home. All Soldiers get 10 nights of temporary lodging expense where they can stay in a hotel while they find suitable housing."

Danford suggests taking a new lease home to look over before it is signed.

"Don't feel pressured to sign your lease then and there. Bring it to us and we will be happy to check it out for you," he said. "If

your realtor or landlord doesn't understand why you would want to take the lease to look over, then you probably don't want to rent from them in the first place."

One of the most important steps in moving into a rental home is to make a very detailed checklist of everything that is wrong with the house.

"It does not matter how big or small the issue is. Protect yourself, because something that might not have been a big deal to you when you first moved in might be a huge deal with you try to move out," she said. "Don't be too busy to do that critical step, and always try to take date stamped photos."

Hines suggests asking for the last occupant's checkout list.

"That way you will have an idea of what to look out for and be aware of," she said. "It is especially helpful if you viewed the

home when water and power were not hooked up. Once you get that turned on and move in, you might notice more discrepancies that need to either be noted or taken care of."

If a Soldier feels like they are going to have a problem or is currently having a problem, Hines said they can come to HSO and ask them to be a third party at the checkout.

HSO is inside the Soldier Service Center in Rm. 160. Hours are 7:30 a.m. to 4:15 p.m. Mondays through Fridays.

"Sometimes we can get things fixed with just a phone call because of our relationships with most of the property managers in town," she said.

HSO not only helps Soldiers renting off post, but assists Soldiers having problems with Corvias Military Living as well.

## McMaster to lead development of future force

By Amy L. Haviland  
U.S. Army Training and Doctrine Command

Just about every renter has a story, and many don't end so well.

Some renters end up paying for repairs, losing their deposits, running into scams on-line and hashing things out in small claims court. To be sure, landlords have their own horror stories about tenants. But Van Danford, chief of housing, wants to share some expert tips for would-be renters that could prove beneficial in the long run.

"We are here to take care of Soldiers and their Families. We just want to get them the right house for their needs, whatever those needs are," said Danford. "The biggest thing that I would advise Soldiers to do is to come into the HSO office so we can make sure they are going to sign a lease that's legal."

Nowadays, many Families like the convenience of shopping for a new home online, and while that is a great feature of modern technology, Danford said Families need to be careful.

"There are some great and reliable websites to find homes on – realtor sites, [www.militarybyowner.com](http://www.militarybyowner.com) and [www.housing.army.mil](http://www.housing.army.mil) – are all great sites to find rental homes. The HSO also has listings of local rentals available," he said.

To avoid becoming a victim of a housing scam, both Danford and Hines said to never put any money down or sign anything with sight unseen.

"Pictures can be deceiving on the internet," said Danford. "And pictures can be really old and outdated."

Danford added to always shop and compare houses or apartments, and to drive-by the property at night to see how it looks.

"If it sounds too good to be true, then it probably is,"

said Hines. "Just because you are afraid to miss out on a great deal you found on the internet, don't put money down on a rental without going inside it first."

Even if a Soldier is renting from a friend, coworker or another Soldier, they are advised to bring in the lease so officials can make sure the Family is protected and that they are signing something they can get out of in a military clause.

Whether it is a permanent change of station or finding a new residence in the area, if a Soldier begins to have difficulty negotiating with their landlord about deposits and damages, they are encouraged to pay a visit to the HSO.

"When renting, Families need to decide for sure if a certain house is the one they want. When they put money down they will not get any money back," said Gaye Hines, HSO office resident liaison. "Don't rush into a home. All Soldiers get 10 nights of temporary lodging expense where they can stay in a hotel while they find suitable housing."

Danford suggests taking a new lease home to look over before it is signed.

"Don't feel pressured to sign your lease then and there. Bring it to us and we will be happy to check it out for you," he said. "If your realtor or landlord doesn't understand why you would want to take the lease to look over, then you probably don't want to rent from them in the first place."

One of the most important steps in moving into a rental home is to make a very detailed checklist of everything that is wrong with the house.

"It does not matter how big or small the issue is. Protect yourself, because something that might not have been a big deal to you when you first moved in might be a huge deal with you try to move out," she said. "Don't be too busy to do that critical step, and

always try to take date stamped photos."

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PHOTO BY SENIOR AIRMAN TERESA J.C. ABER

Lt. Gen. H.R. McMaster addresses the audience during U.S. Army Training and Doctrine Command's Army Capabilities Integration Center assumption of responsibility ceremony at Fort Eustis, Va., July 15.

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# Texting no substitute for face-time

By David Vergun  
Army News Service

FORT LEAVENWORTH, Kan. — Soldiers are over-reliant on technology and this results in disengagement at the human level, Capt. Heather Schmitt told Chief of Staff of the Army Gen. Ray Odierno.

Schmitt didn't stop there with her critique, as the chief empowered her to speak freely and not hold back. She was taking part in Solarium 2014, in which 105 captains from across the Army met July 9-11 to wrestle with problems, and brainstorm ideas and solutions.

"Everyone always has their faces down to their cellphones or are behind a computer screen," Schmitt continued, but the problem is even wider and more systemic than that.

The broader issue "is our shotgun approach to a lot of mandatory training and initiatives. Our calendars are filled up with PowerPoint presentations and online training," she said, where there's no one-on-one or group interaction.

A lot more "face-to-face" is needed "to keep us connected on the human level," she said.

"Technology is part of the American culture and part of the Army culture, and we know it's not going to go away. But for the Army, that technology should be an enabler, not a replacement for interaction within the human dimension," she explained.

A solution would be to emphasize person-to-person communications formats at leader development courses beginning at entry level, she offered. Developing listening skills and other proficiencies would be part of it.

Soldiers also need to focus on their own self-awareness so they can better relate to others, she added. Unfortunately, training that focuses on self-awareness and introspection is offered late in Soldiers' careers when they are in the field grade ranks.

She concluded that leaders need to take the time to get personally involved with their Soldiers. This harks back to having good mentors, a topic discussed by the talent-management teams.

Seven teams, each with about 15 members, discussed issues at the Solarium. Two teams focusing on talent management, and one team each discussed vision and branding, culture, mission command, education and training. Schmitt and 14 of her colleagues were on the "culture" team presenting their findings to the chief.

"I couldn't agree more with you on this," Odierno replied to Schmitt about mentoring and personal interactions. "We have to start this when Soldiers first come into the Army."

It's not just young Soldiers who substitute technology for human interactions, he said. It's also the "old guys." The importance of human interactions needs to "be infused into current leadership and we need to move forward on this."

"Our business is about human interaction and that's never going to change," he continued. "That's what we are as an Army."

Odierno said he's encountered problems with person-to-person communications firsthand, and he received a report once where platoon leaders were doing accountability tracking within their formations through texting.



PHOTO BY DAVID VERGUN

Chief of Staff of the Army Gen. Ray Odierno shares his thoughts with captains during Solarium 2014, July 11, 2014, at Fort Leavenworth, Kan.



Captains at Solarium 2014 said "Army Strong" has been a pretty good slogan but comes up short in several areas. "A Trusted Professional" or "Trusted Professionals" would be an improvement, they concluded

## Army pride

The focus of the Culture Team conversation that Schmitt and her colleagues were on then shifted to identity.

"There's an absence of a strong, unifying Army identity, resulting in Army traditions losing significance and a decrease in esprit de corps," Capt. Victoria Wynn advised.

"We love our Army traditions and our proud history, but we see from our level that our Army identity is not as strong as it could be," she continued.

There's often more pride at the unit level, she said, adding that a lot of local commands know how to do that effectively. If some of that success could be transferred to the Army level, the service as a whole would benefit.

Perhaps during the timeframe of the Army birthday in June, Soldiers could participate in public service announcements on radio and TV, telling Americans why the Army is great, why they love to be part of it and so on, she suggested. Army pride could also be instilled at leadership courses.

"I can control things from the

institutional level, but I can't control how it's followed up in the operational forces," Odierno replied. "Are we just teaching it or are we living it? This is where each of you come into play. NCOs and officers need to embrace this and live it.

"One of the problems the Army has is that it doesn't talk a lot about itself and what we've accomplished," he continued. "We should be proud of who we are and what we've accomplished."

Soldiers made up about 65 percent of all the deployments in Iraq and Afghanistan, but Americans "think 85 percent of all the deployments were by the Marine Corps; we don't talk enough about what we do for whatever reason," he said.

Besides doing public service announcements, Odierno suggested going to universities, Rotary clubs and other venues and simply sitting down and talking "about who we are. People have misperceptions about what the Army is all about and misperceptions even about us as individuals."

Odierno said he'd make it a point to start encouraging Soldiers to do some of the things Wynn

suggested.

## Micromanagement

The Culture Team then discussed authority delegation.

"The Army executes a fairly centralized decision-making process, especially in garrison vice theater," said Capt. Michael Lynch. "Alternate viewpoints and initiatives are not necessarily squelched, but they're also not fostered in junior Soldiers."

There needs to be a "top-down cultural shift to minimize risk aversion at the senior level," he suggested. Junior leaders need to be empowered with decision making.

One of the main reasons senior leaders are loathe to delegate authority, Lynch said, is because if something bad happens when a wrong decision by the junior officer is made, the senior leader will get the brunt of the blame, even if he or she had no direct responsibility in what happened.

"Too often, we feel senior leaders are sometimes dinged on legitimate, honest mistakes regardless of the size or scope of the mistake, thereby leading them to not want to trust us with that additional decision-making authority," he explained.

Delegating authority will become even more important as the Army of the future wades into an uncertain global environment where agility and initiative will be needed.

That delegation of authority will need to be made at the installation level before the Soldier goes into harm's way, Lynch emphasized.

He concluded with a quote from Gen. George S. Patton: "Don't tell people how to do things. Tell them what to do and let them surprise you with the results."

## Image is everything

The 15-member Branding and Vision team then took to the floor.

"Consistency and simplicity are key to creating an effective message that will resonate" with Soldiers and with the public, said Capt. Douglas Morton, referring to the need for an inspiring and unifying Army slogan.

The Army has had a series of slogans; "Be All That You Can

Be" in the 1970s, then "An Army of One" and the current "Army Strong," which has more of a team connotation to it than an individualist approach suggested by the other two. But the Army still hasn't got it right, he said.

The most recognized military slogan is "The Few, the Proud, the Marines," he posited. It's been unchanged since the 1970s and resonates with young people.

A Gallup Poll, conducted in May, showed Americans consider the Army to be the most important military branch, but the Marine Corps is considered the most prestigious by a wide margin of 47 percent to the Army's 15, with the other services making up the remainder, he said. So, "Army Strong" hasn't resonated.

The problem in choosing a slogan is finding one that's short and simple, he admitted. There's so much the Army wants to convey to the public and to its own formations: we're not just infantry, we offer many jobs that prepare you for civilian life, we can help build strength and teamwork and so on.

The Branding and Vision team's approach was to pick out the one unifying Army thread, and that was the profession of arms, he said.

"We came up with 'A Trusted Professional' or 'Trusted Professionals,'" he said. The concept is simple and flexible as it can be tailored to the individual Soldier or the Soldier doing his or her work as part of the team.

"Trust is the cornerstone of our organization," he said. "The American people can trust us to do increasingly complex mission sets and meet the threats of the future."

"And," he continued, "the Army is a profession where Soldiers can continue to grow and better themselves" and profession implies that "we're an ethical organization that's values driven."

"I couldn't agree more," Odierno said, asking "where can I sign up for 30 more years?"

Future articles on Solarium 2014 will discuss suggestions made in the areas of mission command, education and training.

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# Lundy: CG considers Family greatest accomplishment

Continued from Page A1

variety in his assignments is truly unbelievable.

"He's (also) an amazing trainer," he continued. "He really understands how to train Soldiers so that the scrimmage that they go through is much tougher than the actual fight."

Lundy has served in many leadership positions in multiple countries throughout his career, ranging from

a company executive officer and platoon leader in Germany to commander of 1st Battalion, 25th Aviation Regiment, in support of Operation Iraqi Freedom II, to deputy commanding general Combined Arms Center - Training.

"It's not just about what he did, but his potential," said the lieutenant general. "Mike has incredible potential and that's recognized. Thanks for the great work, and it's been tremendous to serve alongside you and

see your tremendous leadership across the board. This is very well deserved and I'm very proud to be a part of it."

Although Lundy has a lot in his career to be proud of, he said his greatest achievement to date is his Family.

"What I'm most proud of is on that front row today — all three of my girls," he said. "I promise to all of you that I'll do my very best to honor this service, honor this office and honor the Soldiers that continue to serve."

# Pharmacy: Grand opening slated for Monday

Continued from Page A1

track them in real time," said Jason Collins, project manager and sales for GSL Solutions, Inc. "We eliminate errors because we don't allow more than one patient to be coupled per basket, so we eliminate bundling errors and dispensing errors."

If the technician grabs the wrong prescription, an alarm will sound alerting the technician that the wrong prescription has been removed, he added.

"With this system, you can't misfile a prescription anywhere because the system will track where it is," continued Collins. "There's no more guessing whether a prescription is ready or if it's been misplaced, you automatically know exactly where it's at, or,

if it's not filled, you're not wasting your time looking for it."

Before the automated system, each patient's prescriptions were filled by hand and placed in bags that would be hung on a wall until they were picked up, said Bolaji. An added benefit of the automated system is that training is made easier, only taking two days to train a technician on the system.

Bolaji said the biggest challenge of the move was being able to get all of the medications and prescriptions cataloged and prepped for business.

"Once we get everything cataloged into the system and put on the shelves, we will be running at maximum efficiency," he said.

The pharmacy had to close for four days to make the transition, so patients weren't able to get their

prescriptions and, in the first few days, the new facility was playing catch up.

"We knew that today (Monday) was going to be very critical and it was going to be very chaotic, but we planned for how everything was going to go and how it was going to impact our ability to take care of our patients, and so far we've been doing really well," said the head of pharmacy. "Once we normalize that, the rest is going to be easy."

That smooth transition has helped patients like Jamie Stallworth, military Family member, pick up her medications without hassle.

"I really like the new facility they have here. It's nice to see that they've upgraded everything to try and make it work better for the

customer," she said. "I knew it was going to be busy today, but I needed my medications. I was hesitant to come out, but they were able to get to me much faster than I anticipated and I'm grateful for that."

Bolaji said the goal is to be able to have all 19,000 monthly patients in and out within 15 minutes, safely, and the new pharmacy has that capability.

Another add-on to the pharmacy was the addition of a private counseling room that Bolaji said patients can receive one-on-one consultations with their pharmacist.

"There are patients in our footprint that are what we consider high-risk patients," he said. "Some of those patients can't take their medications on their own, or sometimes they forget to take their medications, so in the counseling

rooms we can do one-on-one sessions with them to provide counseling and educate them on how to take their medications or set up their medications for them."

That privacy doesn't only extend to the counseling room, but also to each individual window, which is now separated from other windows using partitions.

This allows more privacy between pharmacy technicians or pharmacists and the patients when discussing medications and prescriptions, which is very important when it comes to patient care, said Bolaji.

Although the first few days running will be rough, Bolaji said that the pharmacy should be running at maximum efficiency in no time.

The pharmacy will hold its grand opening celebration Monday.

# Commissary: Renovations to boost customer service

Continued from Page A1

carts, said Jess Lira, assistant commissary officer.

Parking will be more convenient, as well, added Lira, since customers will not have to share it with other stores, as they do now.

The new commissary is also a leading initiative when it comes to building green.

"We have maximized the natural light with 92 skylights to cut down on power requirements. They will also keep the building cooler during the day because extra lights will not be burning," said Anthony Corman, Carothers Construction, Inc., chief quality control officer. "We have other requirements for sustainability that monitors the drywall, the lumber, other materials and indoor air quality.

"Leadership in Energy and Environmental Design has

organizations account for sustainability," he continued. "It encourages the use of recycled materials and helps prevent a new construction from hurting the environment in anyway."

LEED is a green-building-certification program that recognizes best-in-class building strategies and practices. It is intended to help building owners and operators be environmentally responsible and use resources efficiently, added Corman.

The current commissary was built in the 1960s and at the time there was need for large warehouses, but this is not the case anymore, said McRae.

"Trucks with product come more often, which is cheaper to operate, instead of us having to store it all," he said. "And it was not feasible to remodel our current commissary and reclaim space for a new purpose to what

our customers' needs are."

McRae and Lohmeyer also toured the current commissary to see how current business is fairing, and asked questions about what would be moved to the new location and what would be sold or shipped off.

Almost everything in the new commissary will be brand new — everything from coolers, racks and shelves to check-out aisles — Ward said.

After hearing all that the contractors, managers and DPW had to say on the progress, McRae was happy with what he saw.

"This is great. I am really excited about the nearly doubling of sales floor space. That creates all sorts of options for our Families," he said. "We are going to have some very happy customers. It's going to be a great addition to enhance the quality of life at Fort Rucker."

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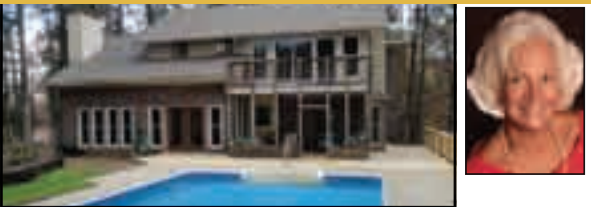
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ARMY PHOTO

Col. John R. Evans, outgoing commander of the 160th Special Operations Aviation Regiment (Airborne), addresses hundreds of distinguished visitors, Gold Star Family Members, Soldier and civilians following the change of command ceremony conducted on the Gen. Bryan Brown Compound, Fort Campbell, Ky., June 27.

## 160th SOAR welcomes new COMMANDER

By Maj. Allen Hill  
160th Special Operations Aviation Regiment (Airborne)

Fort Campbell, KY — Night Stalkers, Family members and friends of the 160th Special Operations Aviation Regiment (Airborne) said farewell to Col. John R. Evans Jr. during a change of command ceremony conducted on the General Bryan Brown Compound June 27th.

More than 250 Soldiers from across the regiment stood in formation as Col. Evans passed the colors to Col. Michael Hertzendorf. Brig. Gen. Erik Peterson, commander of U.S. Army Special Operations Aviation Command, presided over the event.

"Night Stalkers, I could not be prouder to have had the privilege to serve with you these last 19 years," Evans said as he addressed hundreds of distinguished guests, Gold Star Family members, Soldiers and civilians. "This will always be home for us, and you will always be our Family."

The event marked the culmination of Evans' two years as the regiment commander and almost two decades as a member of the 160th.

"During his time with the regiment, John Evans has courageously led change, nurtured and strengthened the positive Night Stalker ethos and culture," said Peterson. "He has served as a steward of the proud Night Stalker legacy, and masterfully grew and developed an entire generation of confident leaders of character."

Evans began his career as a Night Stalker in 1995, following successful assessment and completion of the Officer Green Platoon. He has commanded at every level within the regiment, including platoon leader, company and battalion commander, and as commander of the unit's Regiment Operations Assessment Element.

His next assignment will be serving on a fellowship at the Brookings Institute in Washington, D.C.

Hertzendorf, who commanded the 1st Battalion 160th SOAR (A), returns to the regiment following completion of the War College.

# IN REMEMBRANCE

## Fallen Aviator honored with Reserve center dedication

By Sgt. Shantelle Campbell  
81st Regional Support Command

CAPE CORAL, Fla. — More than 200 Family, friends and fellow service members watched as the Cape Coral U.S. Army Reserve Center was memorialized and renamed in honor of Staff Sgt. Marc A. Scialdo July 12.

A much-loved and respected member of the Cape Coral community, Scialdo, a UH-60 Black Hawk helicopter crew chief was deployed with the 603rd Aviation Support Battalion, 3rd Combat Aviation Brigade, 3rd Infantry Division in support of Operation Enduring Freedom when he was killed when his aircraft crashed near Daman in Kandahar province, Afghanistan, March 11, 2013.

At the beginning of the ceremony, everyone turned to face a lone U.S. flag. Soldiers saluted during "The Star-Spangled Banner" and two UH-60s flew overhead in Scialdo's honor.

The host of the ceremony, Maj. Gen. Gill Beck, commanding general of the 81st Regional Support Command, spoke of Scialdo's selflessness and legacy that will forever serve as an inspiration to Soldiers now and in the future.

"As we look back and remember a great American hero," said Beck, "we also look forward and recognize those people who are going to lead our country forward. They will be reminded by the example of Scialdo of what it means to be ... committed to what our country stands for."

"From here forward, as Soldiers come into the reserve center they will have an



PHOTO BY STAFF SGT. TOSHIKO GREGG

The 81st Regional Support Command held a memorialization ceremony in conjunction with a ribbon cutting for the new Cape Coral Army Reserve facility July 12 in Cape Coral, Fla. The facility was officially renamed the Staff Sgt. Marc A. Scialdo U.S. Army Reserve Center after a UH-60 Black Hawk crew chief who died in Afghanistan in 2013. Here, the building's plaque is unveiled by the honoree's parents, Susan and Marshall Scialdo, and his widow, Kara Scialdo.

example of a natural leader and a dedicated American Soldier who gave all and who will inspire others for years to come," added Beck.

In addition to Beck, Scialdo was remembered by Donald Slesnick, Army Reserve ambassador for Florida, Mayor Pro Tem Rana Erbeck of Cape Coral, staff members of Senator Marco Rubio and U.S. Rep. Curt Clawson and one of the battalion commanders of the 603rd CAB, 3rd Inf. Div., Lt. Col. Scott Leblond.

"It is an honor for myself and for Com-

mand Sgt. Maj. [Grant] Stange to participate in today's ceremony, memorializing the honor and sacrifice of Staff Sgt. Marc Scialdo," said Leblond. "His love for his Soldiers and his unit was only topped by love for his Family. His courage and his commitment were contagious to everyone who he came into contact with. He was a true inspiration every day that he served in uniform. He truly not only inspired his Soldiers at home, but also in combat. He

SEE REMEMBRANCE, PAGE B4

## Atlantic Resolve



PHOTO BY SENIOR AIRMAN JODI MARTINEZ

Paratroopers with 1st Squadron, 91st Cavalry Regiment, 173rd Airborne Brigade shield their faces against wind and sand in Adazi, Latvia, July 11 as a UH-60 Black Hawk helicopter from the 12th Combat Aviation Brigade arrives during a training exercise. Roughly 600 paratroopers from the 173rd Abn. Bde. deployed to Estonia, Latvia, Lithuania and Poland as part of Operation Atlantic Resolve, an unscheduled land-forces exercise to demonstrate commitment to NATO obligations and sustain interoperability with allied forces.

# 25th CAB conducts medical, logistics ops



PHOTO BY STAFF SGT. GAELLEN LOWERS

Army mariners from the 163rd Transportation Detachment and U.S. Navy Sailors with the Coastal Riverine Squadron 11, aboard LSV-2, the CW3 Harold C. Clinger, participate in a casualty evacuation exercise with the 25th CAB during the biennial Rim of the Pacific 2014 exercise July 10 off the shores of Hawaii.

By Staff Sgt. Gaelen Lowers  
Army News Service

JOINT BASE PEARL HARBOR-HICKAM, Hawaii — More than 80 percent of the world's population lives within 200 miles of the coast, and Army watercraft allow movement and maneuvers in and around that heavily populated littoral region.

Building strong relationships with sister service and partner nation counterparts enhances that critical capability in the Pacific region.

Army mariners from the 163rd Transportation Detachment and the 545th Transportation Harbormaster Detachment, joined their 25th Combat Aviation Brigade, U.S. Navy and New Zealand Navy comrades during operations designed to strengthen those working relationships July 10-11 as part of the biennial Rim of the Pacific 2014 exercise.

The Combined Joint Logis-

tics Over the Shore and casualty evacuation events provided a platform for the services and nations to display their compatibility, and to learn from each other, while allowing the 545th's Harbormaster Command and Control Center to demonstrate its expeditionary nature and ability to provide command and control to different watercraft from different nations, crewed by multiple services.

During the casualty evacuation July 10, the 163rd Transportation Detachment crew and a security detail of U.S. Navy Sailors from Coastal Riverine Squadron 11, boarded Logistic Support Vessel-2, the U.S. Army Vessel CW3 Harold C. Clinger, here, and traveled 10 nautical miles out, as a 25th Combat Aviation Brigade crew departed Wheeler Army Airfield, Hawaii, to eventually hover its HH-60 Black Hawk over the bow of the vessel and lift a

SEE 25TH CAB, PAGE B4

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# Remembrance: Ceremony celebrates legacy

Continued from Page B1

energized his entire maintenance team as they went into Afghanistan.

"Marc Scialdo's legacy surely lives within his peers and in each one of the young Soldiers who still stand in my formations and the 603rd Aviation Battalion today," he added.

The last to speak about Scialdo was his sister, Jacqueline Nelson, who extended the Scialdo Family's thanks to everyone in attendance, and also expressed much gratitude to Staff Sgt. Matthew Loeb, childhood friend of Scialdo and initiator of the event.

In her remarks, she remembered her brother as a great man and Soldier.

"We are deeply touched to know that the Cape Coral Army Reserve Center is being named after Marc," she said. "We recognize what a paramount honor this is, and it speaks volumes about who Marc was and how he chose to live his life both as a man and as a Soldier."

Nelson continued by speaking of her brother's exemplary leadership and dedication to his Soldiers, Family and friends. And how he shined a light so bright that, even in death, he continues to live.

"Marc was a shining light that brought people together, and if he was standing here now, which I feel him, he would be smiling and probably cracking a witty joke or three," Nelson added. "He loved to laugh and he loved life. He loved God and his country. He fiercely loved his wife, his Family and his friends with a true heart. He also loved his

truck. These are the absolutes that I've come to know, and although he was my younger brother he was always someone that I looked up to and I will always continue to inspire to be like him.

"He will live on in our hearts. He will never be forgotten," Nelson said. "And, as the many brave and honorable men and women walk through the doors of this reserve center, we hope that Marc's legacy will be an inspiration for each of them. May God bless our Soldiers and our country, and as Marc would say, 'KCCO – keep calm and chive on.'"

To conclude the ceremony, members of Scialdo's Family and other distinguished guests unveiled the plaque dedicated to Scialdo, and cut the ribbon that officially memorialized and opened the Staff Sgt. Marc A. Scialdo U.S. Army Reserve Center.

## 25th CAB: Crews work together, build camaraderie

Continued from Page B1

simulated casualty from the vessel's deck.

"It was great to get our services together," said CW2 Bryce Buckley, the first mate of LSV-2. "It was the first time that 25th Infantry Division worked with us during a water-based case. That is typically a Coast Guard mission, but our LSVs are perfect for the 25th's aircraft, because we have plenty of space between our masts for them to fly in low."

Buckley said the overall casualty evacuation mission is critical for saving lives.

CW2 Ryan Cain, a MEDEVAC pilot with C Company, 3rd Battalion, 25th Aviation Regiment, 25th CAB, said their typical mission sets are over land, but for the Rim of the Pacific 2014 exercise, they've been working closely with the Navy and Army watercraft communities to conduct more waterborne operations, which is especially relevant in the Pacific region.

The next day, the LSV-2 crew and their U.S. Navy counterparts worked side-by-side with the New Zealand navy during a Combined Joint Logistics Over the Shore exercise, on the shores of Ford Island, Hawaii.

The vessel's cargo deck is designed to hold any vehicle in the U.S. Army inventory and comparable vehicles in sister services' and partner nation militaries. The flat bottom boat can carry up to 15 M1 Abrams main battle tanks, or 82 standard containers, which is the equivalent of 17 C-17 aircraft loads. The boat has both bow and stern ramps for roll-on and -off operations, and can beach itself to load or discharge cargo over the shore in as little



PHOTO BY STAFF SGT. RICHARD SHERBA

Army mariners from the 163rd Transportation Detachment and U.S. Navy Sailors with the Coastal Riverine Squadron 11, aboard LSV-2, the CW3 Harold C. Clinger, participate in a casualty evacuation exercise with the 25th CAB during the biennial Rim of the Pacific 2014 exercise July 10 off the shores of Hawaii.

as four feet of water.

For the exercise July 11, 15 vehicles were loaded and conveyed by the 25th Transportation Company, from Schofield Barracks to Ford Island shores, where LSV-2 arrived and dropped its ramp for them to be driven directly on and safely lashed to the deck. A New Zealand navy Landing Craft Medium watercraft simultaneously moved into the area and

dropped its ramp to load cargo boxes from the shore.

"It was different than many missions I've been on, because I was predominately observing how my Navy counterparts securely lash down cargo and offering my experience in that area," said Sgt. George Sulligan, a watercraft operator primarily responsible for cargo operations aboard the LSV-2. "The crews worked together,

built camaraderie and learned each other's language, which is important to the watercraft community as a whole in case we have to work together in the future."

The two days' worth of joint and combined operations reflected the RIMPAC 2014 theme – Capable, Adaptive, Partners – and contributed to increased readiness and collaboration between services and nations in the Pacific.

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JULY 24, 2014

## LEMON LOT

### Offers deals on wheels, boats, more

By Sara E. Martin  
Army Flier Staff Writer

The hassle and stress of buying and selling big-ticket items can be overwhelming, but Fort Rucker's Lemon Lot helps to alleviate that strain, and may leave patrons with a feeling that is more sweet than sour.

The Lemon Lot on Andrews Avenue is a parking lot where Soldiers can sell boats, cars, recreational vehicles, motorcycles, trucks, all terrain vehicles, tow trailers and more to anyone who has access to Fort Rucker.

The secure gates of the paved space currently protect more than 20 used vehicles and trailers day and night, said Joan Varner, program manager at the arts and crafts center.

"This lot sells the car for them. It couldn't get any simpler. The vehicles basically walk off the lot," she said, adding that even a plane was once sold on the lot.

The price to place an item in the lot varies depending on how large the item is, and spaces are available for rent by the month. Large travel trailers and boats are \$30 a month, and motorcycles, cars, trucks and smaller spaces are \$20 a month.

Customers seeking a vehicle but who can't make it out to the lot can

find many of the vehicles on the Lemon Lot website at [www.ftruckermwr.com/lemon-lot-2/](http://www.ftruckermwr.com/lemon-lot-2/).

An additional \$5 charge is added to list items on the site. If patrons just want to be on the website and not place their vehicle in the lot, then the charge is \$15 a month.

Proof of ownership of the vehicle is required either to place it on the lot or on the website.

"They need their registration, a title or a bill of sale to show ownership," she said. Clients also need to have a matching I.D.

Some people like to frequent the lot just to look, with no real intention of buying anything, like CW2 Justin Seguin, C Company, 1st Battalion, 14th Aviation Regiment, who stopped by July 16 just to see what was available.

"I like to check things out from time-to-time. You never know when you might spot a good deal," he said. "Soldiers should buy from other Soldiers if they can because, hopefully, we have the confidence in each other to not sell each other lemons. We owe that to each other."

Varner confirmed that there is heavy foot traffic at the lot, adding that when one person leaves, another car drives in to take a look.

"The fact that it's on base and super accessible is great. Plus, Sol-



PHOTO BY SARA E. MARTIN

Michael Odom, civilian, checks his Ford Mustang one last time before he leaves it at the Lemon Lot July 16.

diers and veterans trust each other," she said.

The benefits of selling a vehicle on the Lemon Lot are notable and Varner said that clients usually walk away happy.

Michael Odom, civilian, is currently selling his Ford Mustang on the lot because he has never had a problem selling one there before.

"This is a good place to sell a car. It is secure, is easily accessible and is at a great location on post," he said.

Buying a car from the lot is not safer or more reliable than purchasing from a dealership, just easier, added Odom.

"You are going to get the same car no matter where you go, but, take my mustang, for example. I am selling it for \$15,800 and the National Automobile Dealers Association value on it is \$23,800. You

simply can't get my price at a dealership," he said.

Buying and selling at the Lemon Lot can be a speedy process with vehicles coming and going every day.

"Soldiers price it themselves and sell it themselves by putting their contact numbers on the vehicle," said Varner. "People buy every day. I had a man who sold his vehicle after two days on the lot. If you price it right, it will definitely sell."

Varner added that since Soldiers are always coming and going, there is always someone wanting to buy or sell, and that two trips to the lot are never the same, especially during the high permanent change season of summer.

Odom has bought several cars from the lot. The person-to-person contact and the better deals keep bringing him back.

"I have never brought a car home after I have placed it on the lot for the 30 days. That's how successful I have been using the facility," he said. "I have sold about six cars on the lot, and I will continue to buy and sell from the lot for as long as I am here."

Things turn over quickly on the lot, according to Varner, because they are priced to sell. "If you have anything you want to sell and sell now, come place it on the Lemon Lot."

The Lemon Lot is located on Andrews Avenue on the opposite side of the road between the Soldier Service Center and Army and Air Force Exchange Services gas station beside the motorcycle safety course lot.

To register a vehicle, visit the arts and crafts center in Bldg. 9205 on Ruf Avenue.

## No horsing around: Ongoing renovations create riding stables clubhouse

By Nathan Pfau  
Army Flier Staff Writer

Where a once dilapidated building stood, now stands a freshly renovated symbol of renewal at the Fort Rucker Riding Stables.

The riding stables showcased its newly renovated clubhouse to the community Friday during an open house that featured the facility's new amenities, including a working kitchen, central heating and cooling, grills, and a leisure area, complete with tables,

chairs and TVs.

Col. Stuart J. McRae, Fort Rucker garrison commander, was on hand to welcome the community to the clubhouse and open the facility for use.

"Imagine, if you will, walking into a run-down old building that just looked like it was about to be torn down," said McRae during the open house. "That was where we started, and look at how it's turned out. What a fantastic job that everybody's done."

Instead of getting rid of the old facility,

McRae said there was potential seen in the building rather than a liability.

"When we looked up and saw this beautiful ceiling that has so much character, we said, 'What if we could save this thing?'" he said. "We asked, 'Could this be better? Could this inspire people to come out here? Could this be another great opportunity out here at Fort Rucker to be able to serve our customers and create a new venue that people can come into, be proud to be in and be happy?'"

The answer to all of those questions was a resounding "yes," he said.

Hannah Francis, Army Family member, is an avid horse rider and said she is eager to get the chance to utilize the new clubhouse while visiting the riding stables.

"This is really phenomenal and I'm just so glad it all came together, finally," she said. "(My Family) recently moved here and, so far everyone has made me feel very welcome, and it's fantastic to be a part of a community here where they are so welcoming."

McRae thanked all those involved in the project that helped from design, furnishing, labor and everyone in between, and was also happy to report that the project was completed under budget.

"We had a lot of help in this thing and everyone did a great job transforming this place, and they did it within the budgetary requirements that we had to meet, and that's the big thing," he said. "This building had a lot of life left in it, and with good, disciplined folks who thought out of the box and figured out different ways to do things, this things going to live a long time and continue to give to Fort Rucker for many years to come."

The clubhouse is just one piece of a large recreational puzzle that the riding stables offer.

"We are truly a one-of-a-kind facility because of the variety of things we offer," said Martie Haverfield, recreation aide at the riding stables. "We have just too many amenities. We offer it all here in one place, and you

can't get that anywhere else, military wise or civilian wise."

The facility boasts more than 10,000 acres of wooded trails, four community pastures, a hay barn, 40 duplex barns with individual tack rooms, 67 stalls, multiple segregated paddocks, two regulation dressage rings, two breaking pens, a lighted-western and English-style jump and show arena, a covered farrier's shed and double wash stalls with warm water.

A feed-service program is also available for patrons, along with a facility-use program for those who board their horses on their land. Hay and stall bedding may be purchased from there, as well. The jump trails offered are cross-country preliminary, cross-country beginner novice, cross-country novice and cross-country training.

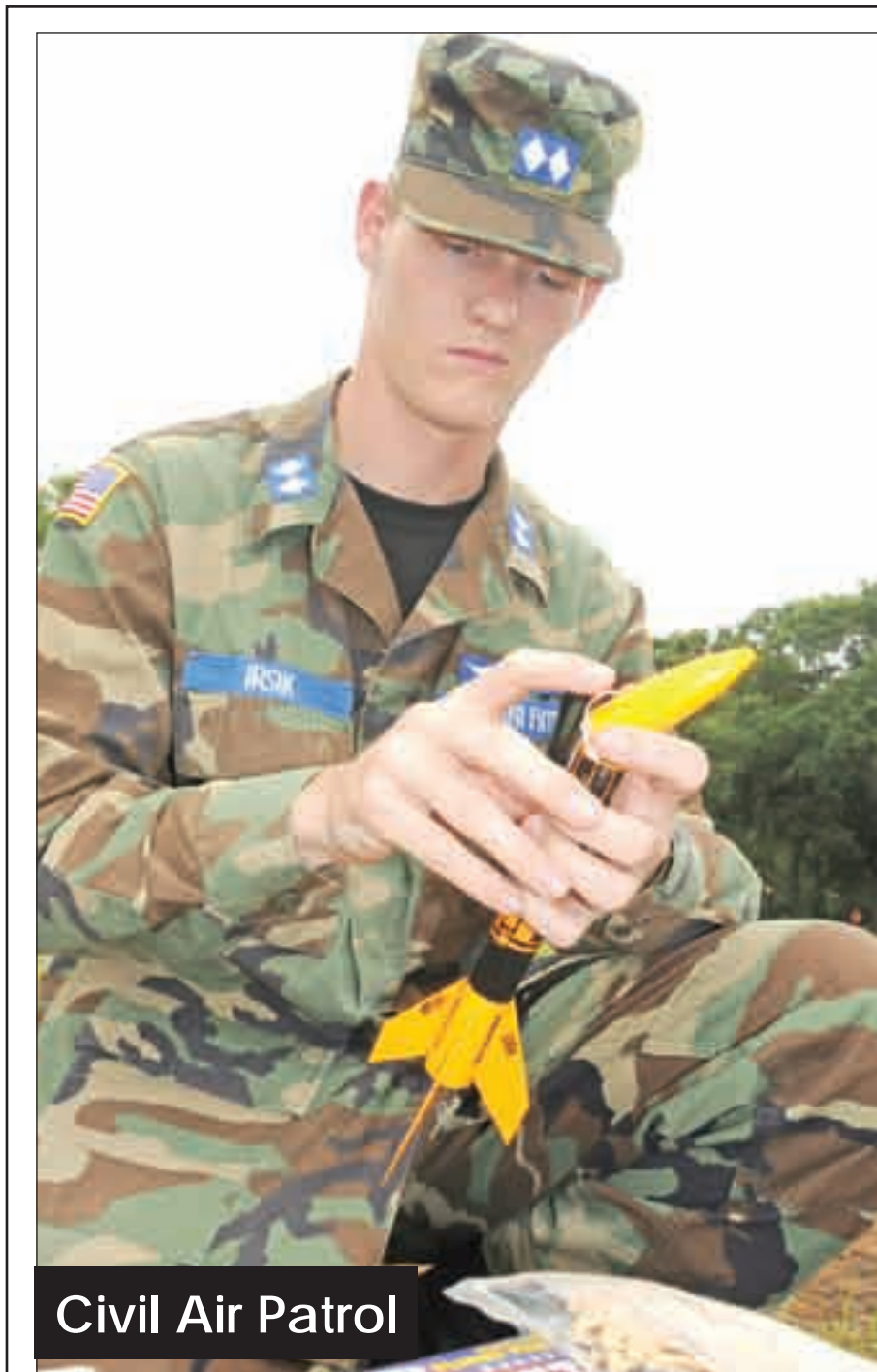
The boarding of privately owned horses is open to the public, but active-duty military have priority, and pricing depends on a person's rank and the type of stall they wish to have their horse boarded in, said Haverfield, adding that immunization for all horses that are boarded is required and proof must be furnished to the stable office.

The riding stables also offers riding lessons in English and Western styles. The price is \$35 per lesson and is taught in a one-on-one style with lessons ranging from beginner to advanced, and horses are provided for the lessons, if necessary.

The stables are located near Bldg. 20090 on Hatch Road, and the office is open Mondays through Saturdays from 8 a.m. to 5 p.m.

The riding stables is currently looking for volunteers to sign up and help with the stable's annual Fright Night Haunted Hay Ride held in October, and anyone over the age of 16 can volunteer to help with building, make-up and costumes, and acting to scare patrons.

For more information on boarding, pricing, riding instruction, volunteering or birthday parties, call 598-3384.



Civil Air Patrol

PHOTO BY SARA E. MARTIN

Cadet Lt. Col. Richard Irsik, Civil Air Patrol Dothan Composite Squadron cadet commander, makes last minute adjustments to his Estes Alpha rocket Saturday before he ignites it near Beaver Lake. Civil Air Patrol's Dothan Composite Squadron paid a visit to Fort Rucker Saturday when it used 110th Aviation Brigade's headquarters building to learn more on aerospace rockets to earn their Rocketry Badge. The cadets built Estes Alpha rockets before setting them off near Beaver lake.



PHOTO BY NATHAN PFAU

Col. Stuart J. McRae, Fort Rucker garrison commander, speaks to attendees of the open house for the newly renovated clubhouse at the Fort Rucker Riding Stables Friday.

# ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

## New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at <http://www.revparintl.com/fort-rucker.htm>.

## Splash! discounted season passes

Splash! pool has a new back-to-school bonus. Now through Sept. 1, Splash! season passes are available at discounted prices. For more information, call 255-9162.

## Right Arm Night

The Landing Zone will host Right Arm Night today from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 598-8025.

## Self defense workshop

Army Community Service, the Sexual Harassment and Assault Response Prevention program, Family Advocacy Program and Directorate of Training and Doctrine NCO Academy will host a self defense workshop today from 4:30-6 p.m. at The Commons. The workshop will cover topics such as personal protection, environmental awareness and practical self defense techniques. Registration is required by Monday. The workshop is open to active duty and retired military, Department of Defense employees and their Family members. For more information and to register, call ACS at 255-8103 or SHARP at 255-0960.

## Photo scavenger hunt

People are welcome to grab their favorite social media device, fire up Instagram, Facebook or Twitter and embark on the Directorate of Family, Morale, Welfare and Recreation's first photo scavenger hunt – Tag, You're It! – for a chance to win prizes from Wild Adventures, Shipwreck Island or WonderWorks. People should do their hunting and tagging any time now through July 31. People can find the scavenger hunt list and details on the contest at [www.ftruckerarmwr.com](http://www.ftruckerarmwr.com) and submit their entry form. Winners will be selected Aug. 1. For more information, call 255-3433.

## Grape Stomp Festival

Leisure travel services will host a day trip to Arlington, Ga., (about an hour and 40 minutes away) Aug. 2, leaving at 8:30 a.m. and returning at 4:30 p.m. for the annual Grape Stomp Festival. There are 27 seats available and cost \$15 per seat. People can reserve their seats now. This Family-friendly area offers food, drink, a water slide, hay-



PHOTO BY SARA E. MARTIN

## Fort Rucker Job Fair

Job hunters speak to employer representatives during last year's Fort Rucker Job Fair. This year's job fair is scheduled for Aug. 13 from 9 a.m. to 1 p.m. in the Ozark Civic Center. The event is free and open to the general public. For more information, call the Fort Rucker Soldier for Life Center at 255-2558, the Ozark Chamber of Commerce at 774-9321 or the Army Community Service Employment Readiness Program at 255-2594.

rides through the vineyard and live music.

For more information and where to sign up, visit leisure travel services, or call 255-2997 or 255-9517.

## Dale County Pro-Rodeo Classic tickets

Tickets are on sale at leisure travel services for the annual Dale County Pro-Rodeo Classic Aug. 15-16 at the Dale County AgPlex Arena. Doors will open at 6 p.m. and the rodeo will begin at 8 p.m. Advanced tickets cost \$8 for ages 13 and older, \$6 for ages 6-12, and children 5 and younger are admitted for free.

For more information, call 255-2997 or 255-9517.

## LZ Dog Days of Summer

The Landing Zone offers a Hot Dog of the Day special throughout July, Mondays-Fridays during lunch hours – 11 a.m. to 2 p.m.

For more information, call 598-8025.

## Financial readiness training

Army Community Service will host financial readiness training Aug. 1 from 7:20 a.m. to 4:15 p.m. at the Soldier Service Center, Bldg. 5700, in Rm. 284. Personal financial readiness training provides a practical approach to help Soldiers manage their money more effectively. The training is required for all first-term junior enlisted Soldiers (E-1 through E-4). Spouses are welcome to attend.

For more information, call 255-9631 or 255-2594.

## International spouses get together

Army Community Service will host its International Spouses Get Together Aug. 1 at 9 a.m. in the Allen Heights Community Center to help those who may need help understanding the American culture and military life. Spouses can meet other spouses from other countries, and gain support and knowledge with finding the resources for obtaining U.S. citizenship, education,

drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

## Chocolate Chip Muffin Day

Fort Rucker's three Coffee Zone locations will celebrate National Chocolate Chip Muffin Day Aug. 4. People who purchase a coffee drink will receive a free mini chocolate chip muffin while supplies last. The offer cannot be combined with another promotion or discount.

For more information, call 598-8025.

## Employment Readiness Class

Army Community Service is giving people the chance to build and enhance their careers at one of the Fort Rucker's Employment Readiness Program Orientation Sessions, held monthly in the Soldier Service Center, Bldg. 5700, Rm. 371A. The next sessions are scheduled for Aug. 7 and 19. People will first meet in Rm. 350 for paperwork and attendance prior to going to Rm. 371A. People can sign up to learn essentials about the program and receive helpful job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, including times, or to register, call 255-2594.

## Youth center open house

The Fort Rucker Youth Center will host an open house Aug. 9 from 10:30 a.m. to 12:30 p.m. The event is open to all sixth graders eligible for membership at the youth center in Bldg. 2800. The event will welcome new members, and give them a chance to explore the center with their peers while introducing them to activities and programs the center offers.

For more information, call 255-2271 or 255-2260.

# DFMWR Spotlight

## Right Arm Night

Hosted by 1-13th

Join us for Right Arm Night at The Landing Zone. Enjoy a night promoting camaraderie and esprit de corps. Right Arm Night will feature special complimentary appetizers (quantities limited).

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## FORT RUCKER MOVIE SCHEDULE FOR JULY 24-27

### Thursday, July 24

Planes: Fire and Rescue (PG) .....7 p.m.

### Friday, July 25

Planes: Fire and Rescue (PG) .....7 p.m.

### Saturday, July 26

Jersey Boys (R) .....7 p.m.

### Sunday, July 27

The Fault in Our Stars (PG-13) .....2 p.m.

# MOH recipient: 'It is their names, not mine'

By Libby Howe  
Army News Service

WASHINGTON — President Barack Obama awarded the Medal of Honor to former Staff Sgt. Ryan M. Pitts during a White House ceremony Monday.

Pitts became the ninth living recipient to receive the Medal of Honor for actions in Iraq or Afghanistan. His was for courageous actions during operations at Vehicle Patrol Base Kahler, in the vicinity of Wanat Village in Kunar Province, Afghanistan, July 13, 2008.

Obama explained the "extraordinary circumstances" in which Ryan and his team served.

At the time of attack, Vehicle Patrol Base Kahler was still being built, Obama said. Wanat had "significant vulnerabilities," due to the higher elevation of surrounding mountains, lack of heavy equipment to help build defenses, and insufficient water supply in the 100-degree heat, the president said.

"For our forces in Afghanistan, the battle of Wanat was one of the fiercest of this entire war," he said. Forty-eight Americans, along with their Afghan partners, faced upwards of 200 insurgents.

Pitts, with 2nd Platoon, Chosen Company, 2nd Battalion (Airborne), 503rd Infantry Regiment, 173rd Airborne Brigade, was manning the observation post just outside the base. It was from there that they observed potential insurgents in the pre-dawn darkness. Before a request for indirect fire support could be put through to the main base, "the entire valley erupted," Obama said.

Soon after the initial wave of enemy fire, everyone at the observation post was wounded or killed. The situation down at the base was no less dire, with one Soldier describing it as "hell on Earth," Obama continued.

Pitts, with shrapnel in his arm and both legs, was bleeding badly. Despite these severe injuries, he proceeded to throw grenades toward the insurgents, but only after pulling the pin and holding the live grenade long enough that the insurgents closing in would have no time to throw the grenade back.

Pitts held his ground against the insurgents now inside the post, pulling himself onto his knees to man a machine gun.

"The enemy was so close Ryan could hear their voices," Obama recounted.

Pitts informed the main base that he was "the only one left and running out of ammo." At this point he accepted the fact that he would die defending the post and remembers that he "made my peace with it." Barely conscious, Pitts continued to fight, throwing his last grenades before picking up a grenade launcher, the president said.

After reinforcements arrived at the post, Pitts helped target the



PHOTOS BY LISA FERDINANDO

President Barack Obama awards the Medal of Honor to former Staff Sgt. Ryan Pitts at the White House Monday.

air strikes that were hitting "danger-close," yards away from the Soldiers. These strikes marked the turning point in the battle and, finally, the insurgents fell back.

One of Pitts' teammates attested to how crucial his actions were to the outcome of the battle. The teammate said the post "almost certainly would have been overrun," leaving the enemy a vantage point from which to inflict devastating damage on the base, the president said.

"Against that onslaught, one American held the line," Obama said, noting that Pitts was "just 22-years old, nearly surrounded, bloodied but unbowed."

Obama observed that in Pitts "you see the humility and the loyalty that define America's men and women in uniform."

Obama described some of the countless acts of valor that occurred that day.

"Shielding their wounded buddies with their own bodies. Picking up unexploded missiles with their hands and carrying them away. Running through gunfire to reinforce that post. Fighting through their injuries and never giving up. Helicopter pilots and medevac crews who came in under heavy fire," Obama said.

The ceremony also honored the nine Soldiers who did not come home from Wanat.

Obama said Pitts considers his medal "a memorial for the guys who didn't come home." He shared Pitts' sentiment that the sacrifices made by military men and women must never be forgotten.

"This is the story Ryan wants us to remember — Soldiers who loved each other like brothers and who fought for each other, and Families who have made



Former Army Staff Sgt. Ryan Pitts speaks to the media at the White House after he received the Medal of Honor.



President Barack Obama speaks at the White House at the Medal of Honor ceremony for former Staff Sgt. Ryan Pitts.

a sacrifice that our nation must never forget," Obama said.

"Valor was everywhere that day," Pitts told reporters at the White House following the ceremony.

"And the real heroes are the

nine men who made the ultimate sacrifice so the rest of us could return home. It is their names, not mine, that I want people to know," he said.

Pitts, as Obama had in his remarks, named each of the fallen:

"Spc. Sergio Abad, Cpl. Jonathan Ayers, Cpl. Jason Bogar, 1st Lt. Jonathan Brostrom, Sgt. Israel Garcia, Cpl. Jason Hovater, Cpl. Matthew Phillips, Cpl. Pruitt Rainey, and Cpl. Gunnar Zwilling. The Chosen Few," said Pitts.



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# 'The Hornet's nest'

## Soldier featured in OEF documentary

By Yvonne Johnson  
Aberdeen Proving Ground  
Public Affairs

ABERDEEN PROVING GROUND, Md. — A documentary film containing 100-percent real and raw battlefield footage shot in what's considered the most violent part of Afghanistan features a Soldier now serving at Aberdeen.

In 2010, then-Lt. Col. Stephen J. Lutsky was serving as a squadron commander with the 33rd Cavalry, 3rd Brigade "Rakkasans," of the 101st Airborne Division (Air Assault) out of Fort Campbell, Ky.

"The Hornet's Nest" is a product of a two journalists, Mike and Carlos Boettcher, a father-and-son team who were embedded with the unit for nearly two years. While embedded, the two filmed Soldiers' actions and daily lives, as well as those of the Soldiers from 1st Brigade Combat Team of the 101st, and Marines with 2nd Battalion of the 8th Marines.

Recalling his take on what he experienced with the duo in 2010, Lutsky said the Peabody- and Emmy Award-winning journalists were fully trained with their own gear and remained on the ground, sharing their time among the combined units, for about 15 months.

On his first deployment to Afghanistan after three previous ones to Iraq, Lutsky said the pair was knowledgeable, professional and likeable — always focused on



COURTESY PHOTO

Front, far left: Then-Lt. Col. Stephen J. Lutsky, commander 1st Squadron, 33rd Cavalry, 3rd Brigade Combat Team "Rakkasans," of the 101st Airborne Division (Assault), from Fort Campbell, Ky., takes a break with a group of soldiers from the Afghanistan National Army, during his unit's support of Operation Enduring Freedom 2010.

the task-at-hand, which included fierce, bloody and deadly confrontations with the Taliban.

"We basically showed them what the squadron was doing and they turned out what they thought was worth a story," Lutsky said. "They had no agenda. The movie is not political and they merely focused on telling a story they already knew.

"This movie reflects Soldiers in combat," he added. There are Sol-

diers in the film who are not alive at the end of the movie. The film is not a re-enactment, nor does it include actors.

Lutsky was able to attend the film's screenings in New York and in Washington, D.C.

"It's pretty hard to see yourself on the big screen," he said. "But what you see is honest. There are no bodies and no blood. They intentionally cut all that out to focus on Soldiers and what they do —

what they go through. There are no retakes and you can hear the bullets zipping past, but the main thing you see is Soldiers doing their duty and putting themselves at risk for their brothers." He said the experience made him realize that most Soldiers, like himself, seldom articulate what they go through and that providing a variety of views from each Soldier's perspective serves an important need.

"I don't believe in sharing that with my Family — it serves no purpose," he said. "It doesn't accomplish anything except to make them miserable. There is no value in sharing with them, but at the same time, talking is therapeutic."

He said when his wife viewed the movie, she saw things happen to him she didn't know about.

For example, she knew he was injured in an attack, but she didn't realize her husband was in the same room with a suicide bomber wearing a vest when he lit-off the explosives. Lutsky keeps the ball bearings that were removed from his legs, arms and neck in his office at Aberdeen Proving Ground.

"She has a better understanding now and she also understands how it is I've changed," he said.

He added that he's talked to Soldiers who used the film as a method to talk things through. Couples have said it saved their marriage, he said, noting that the film is being shown to basic trainees and ROTC cadets. "It's very good for that purpose.

"I believe every American should see 'The Hornet's Nest,'" Lutsky said. "Sometimes, I wonder if they know what, 'thank you for your service' really means."

Promoted to colonel in 2013, Lutsky now serves as the director of the Mounted Systems Evaluation Directorate, Army Evaluation Center, U.S. Army Test and Evaluation Command.

"The Hornet's Nest" was released nationwide in May.

## Natick researchers work on food from printers

By Jane Benson  
Natick Soldier Research, Development  
and Engineering Center

NATICK, Mass. — Army researchers are investigating ways to incorporate 3-D printing technology into producing food for Soldiers.

The U.S. Army Natick Soldier Research, Development and Engineering Center's Lauren Oleksyk is a food technologist investigating 3-D applications for food processing and product development. She leads a research team within the Combat Feeding Directorate.

"The mission of CFD's Food Processing, Engineering and Technology team is to advance novel food technologies," Oleksyk said. "The technologies may or may not originate at NSRDEC, but we will advance them as needed to make them suitable for military field feeding needs. We will do what we can to make them suitable for both military and commercial applications."

On a recent visit to the nearby the Massachusetts Institute of Technology's Lincoln Laboratory, NSRDEC food technologist Mary Scerra met with experts to discuss the feasibility and applications of using 3-D printing to produce innovative military rations.

"It could reduce costs because it could eventually be used to print food on demand," Scerra said. "For example, you would like a sandwich, where I would like



PHOTO BY DAVID KAMM

Natick food technologists already believe they serve up the best food science can offer. Now they are working to incorporate 3-D printing technology into foods for the warfighter.

ravioli. You would print what you want and eliminate wasted food."

"Printing of food is definitely a burgeoning science," Oleksyk said. "It's currently being done with limited application. People are 3-D printing food. In the confectionery industry, they are printing candies and chocolates. Some companies are actually considering 3-D printing meat or meat alternatives based on plant products that contain the protein found in meat."

A printer is connected to software that allows a design to be built in layers. To print a candy bar, there are cartridges filled with ingredients that will be deposited layer upon layer. The printer switches the cartridges as needed as the layers build.

"This is being done already," Oleksyk said. "This is happening now. It is revolu-

tionary to bring 3-D printing into the food engineering arena. To see in just a couple of years how quickly it is advancing, I think it is just going to keep getting bigger and bigger in terms of its application potential."

Oleksyk believes her team is the first to investigate how 3-D printing of food could be used to meet Soldiers' needs. The technology could be applied to the battlefield for meals on demand, or for food manufacturing, where food could be 3-D printed and perhaps processed further to become shelf stable. Then, these foods could be included in rations.

"We have a three-year shelf-life requirement for the Meal Ready-to-Eat," Oleksyk said. "We're interested in maybe printing food that is tailored to a Soldier's nutritional needs and then applying another novel process to render it shelf stable, if needed."

Oleksyk said they are looking at ultrasonic agglomeration, which produces compact, small snack-type items. Combining 3-D printing with this process could yield a nutrient-dense, shelf-stable product.

"Another potential application may be 3-D printing a pizza, baking it, packaging it and putting it in a ration," she said.

Currently, most 3-D printed foods consist of a paste that comes out of a printer and is formed into predetermined shapes. The shapes are eaten as is or cooked.

Army food technologists hope to further develop 3-D printing technologies to create nutrient-rich foods that can be consumed

in a warfighter-specific environment, on or near the battlefield.

Nutritional requirements could be sent to a 3-D food printer so meals can be printed with the proper amount of vitamins and minerals, thus meeting the individual dietary needs of the Warfighter.

"If you are lacking in a nutrient, you could add that nutrient. If you were lacking protein, you could add meat to a pizza," Oleksyk said.

Scerra said individual needs could be addressed based on the operational environment.

"Say you were on a difficult mission and you expended different nutrients ... a printer could print according to what your needs were at that time," Scerra said.

In the future, making something from scratch may have a completely different meaning.

"We are thinking as troops move forward, we could provide a process or a compact printer that would allow Soldiers to print food on demand using ingredients that are provided to them, or even that they could forage for," Oleksyk said. "This is looking far into the future."

Oleksyk, who was skeptical when she first heard that 3-D printers could be used to engineer food, now marvels at the possibilities.

"I've been here long enough to see some of these 'no ways' become a reality. Anything is possible," Oleksyk said.

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# SHARP

*Increased training further combats sexual abuse*

By Lisa Ferdinando  
Army News Service

WASHINGTON — The Army is “breaking new ground” in efforts to combat sexual harassment and sexual assault in the ranks, according to a top Army official.

“We like to lead from the front and that is part of our campaign efforts,” said Carolyn Collins, the deputy director of the Army’s Sexual Harassment and Assault Response and Prevention program.

“This is the No. 1 priority for the Army, it’s the No. 1 priority for the secretary of Defense and the Department of Defense, and we really need to ensure the training and the standards reflect the emphasis the senior leaders have placed on this issue,” she said.

The efforts include the establishment of a SHARP Academy, which offers several weeks of instruction to sexual assault response coordinators, victim advocates and trainers.

The previous SHARP training for certification was 80 hours, Collins said.

The increased training through the SHARP Academy was established as a result of the concerns that Chief of Staff of the Army Gen. Ray Odierno received from SARC, VAs and victims. They



ARMY GRAPHIC

told him that training beyond 80 hours was needed, so he directed the establishment of a centralized SHARP school house.

The academy, which was launched with a pilot course in January, delivers a seven-week course for SARC and VAs, and a 12-week course for trainers. The Army is in the process of developing a 10-week program manager course for brigade level and above, Collins said.

Graduates will go back to their

command to instruct others and advise their commander. Collateral personnel, battalion level and below, will continue to receive the 80 hours of training.

The SHARP Academy training will give the Army “well-rounded professionals” in addressing prevention and response, and solid advisers in the commands, Collins said.

“It is to really set the standard for the nation on how we effectively address this issue and work cultural

change in the Army,” she said.

The Army can be very proud of its efforts, she said, noting that it is conducting what she believes to be the longest course offered anywhere to tackle the issue of sexual harassment and sexual assault.

The Army makes a concerted effort to address harassment in its prevention efforts as well, she said.

“We are really looking to set that cultural change and to really engage prevention before we even have a harassment incident, no less

an assault incident,” she said.

Survey data show that at least a third of sexual assault victims were harassed before they were assaulted and the abuse wasn’t stopped at the harassment level, Collins said.

The message is out there that sexual harassment and sexual assault will not be tolerated and perpetrators will be held accountable, she said. Commands must also ensure a climate of trust in which people are willing to come forward to report abuses, she said.

In fiscal year 2013, 2,149 sexual assault cases reported – a 51 percent increase in reports compared to fiscal year 2012.

An increase in reporting leads Army officials to believe it may be an indication of greater confidence in the Army and its stance against sexual abuse, Collins said.

The Army is also exploring the possibility of a new SHARP military occupation specialty, Collins said, but there would have to be upward mobility in the field if a position were to be created.

Starting Oct. 1, 2015, U.S. Army Training and Doctrine Command will take over from SHARP the mission of the training. The academy is to move from Fort Belvoir, Va., to its permanent location at a TRADOC site to be announced, Collins said.

## Silver Star awarded to 95-year-old Army veteran

By Damien Salas  
Army News Service

JOINT BASE MYER-HENDERSON HALL, Va. — A 95-year-old veteran was awarded a Silver Star medal in Conmy Hall here July 11 — 70 years after serving in World War II.

Virginia Sen. Mark Warner presented retired Lt. Col. Ralph W. Kuethe, a Minneapolis native, the Silver Star, which is the third-highest military decoration for valor that can be awarded to any person serving in the U.S. armed forces.

“Today we are here to celebrate a hero from our greatest generation,” said Warner. “A generation that fought our toughest war.”

During World War II, Kuethe led a withdrawal of Soldiers and organized the men into a defensive position in a battle lasting from the evening of Sept. 22, 1944, until the next morning.

The medal originally was awarded to the wrong

Soldier decades ago, but a recent recommendation to the Army provided Kuethe with the recognition he deserved.

“This reminds us that public service should be valued,” said Warner. “This award spent 70 years in the wrong place, but we are here today to right that wrong.”

Kuethe’s history with the Army began with the draft in 1942. Just 23 years old, he spent the majority of his life in Minneapolis until ending up at Fort Benning, Ga., where he applied for Infantry Officer Candidate School, was accepted and graduated in 1943.

During the war, Kuethe fought many battles, suffered injuries and led successful assaults against German forces until January 1945, when shrapnel from a mortar struck him, landing him in European and American hospitals for 14 months.

During his first two 90-day convalescent leaves from the hospital, he met

and married his wife of 69 years, Dorothy. They now have a daughter and two sons.

“We are just so proud,” said Dorothy. “He really loved serving in the military, so it feels good to watch him receive this award.”

After the ceremony, Kuethe spent several minutes chatting with fellow retirees and service members about his service in World War II, while proudly sporting the Silver Star medal over his heart.

“This has been a long time coming,” he said jokingly. “It took almost 70 years, but I am proud to be here today accepting this award.”



PHOTO BY DAMIEN SALAS

Rodney Smith, chief of training for Joint Base Myer-Henderson Hall, Va., speaks with retired Lt. Col. Ralph W. Kuethe July 11.

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# Tuscaloosa hosts veterans reunion

**Brandt Garrison**  
Tuscaloosa Tourism &  
Sports Commission

**TUSCALOOSA** — The Tuscaloosa Tourism and Sports Commission announces the Alabama All Veterans and Family Reunion.

This event provides a memorable weekend showcasing appreciation and gratitude for Alabama veterans and providing educational and work force development resources for both veterans and their families.

The reunion consists of a series of events Sept. 26-28 across Tuscaloosa.

“We look forward to welcoming all Alabama veterans and their families,” TTSC Director Tourism Tina Jones said. “We want our younger veterans to get to meet those who served before them and form new friendships. It is important as a community to honor those that have served on our behalf, and this weekend allows us a great opportunity to demonstrate our support. One of the highlights will be the American Veteran Traveling Tribute Wall on display at our beautiful Dinah Washington Cultural Arts Center for everyone in the community to enjoy free of charge.”

The reunion is a collaborative event between TTSC and the following partners: Blue Star Salute, University of Alabama Office of

Veterans and Military Affairs, VA Tuscaloosa, Alabama Department of Veterans Affairs, American Legion, Chamber of Commerce, City of Tuscaloosa, Red Cross – Jefferson-Shelby Chapter and West Alabama, Parks and Recreation Authority, Veterans Memorial Park Committee, Veterans of Foreign Wars, and Alabama National Cemetery.

The events begin at 5 p.m. Sept. 26 with the Alabama veteran’s welcome reception at the Tuscaloosa River Market and motorcycle honor ride. Sept. 27, TTSC hosts the American Veterans Traveling Tribute Wall, veterans marketplace, military aircraft and vehicle display, and military ball.

In addition, daycare will be provided Sept. 27. Space is limited. To conclude the celebration, a memorial service and breakfast will be held from 8-10 a.m. at the Tuscaloosa Veterans Memorial Park. Patrons will have an opportunity to “visit a vet” at the Tuscaloosa VA after breakfast.

This commemorative weekend is free to all attendees, with the exception of the military ball Sept. 28. Registration is required to ensure that the proper accommodations can be made for the weekend.

For more information and to register, visit [visittuscaloosa.com](http://visittuscaloosa.com) or call 205-391-9200.



## WIREFRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT [JHUGHES@ARMYFLIER.COM](mailto:JHUGHES@ARMYFLIER.COM).

### ANDALUSIA

**ONGOING** — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit [www.andalusialegionpost80.org](http://www.andalusialegionpost80.org).

### DALEVILLE

**ONGOING** — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served on Sundays and games and TVs are available for entertainment. Open to all. Post can host parties, weddings, hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-9187.

**ONGOING** — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

### DOTHAN

**JULY 26** — A watermelon sampling will be held at Landmark Park beginning at 10 a.m. Free with paid gate admission. For more information, visit [www.landmarkpark.com](http://www.landmarkpark.com).

**JULY 31** — The Wiregrass United Way 2-1-1 signature fundraiser event, Sip, Celebrate and Give will take place from 6-8 p.m. at The Loft on Foster. The event will feature hors d'oeuvres and live entertainment. A silent auction will take place with a large variety of items from trips, furniture and a selection of custom framed photographs. Tickets are \$15 each, or two for \$25, and can be purchased by calling 836-1963. For more information, visit [www.sipcelebrategive.com](http://www.sipcelebrategive.com).

**ONGOING** — The American Legion Post 12 holds their monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

**ONGOING** — Ballroom dancing lessons will be offered every Tuesday night at 6:30 p.m. at the Cultural Arts Center. Lessons will teach the Fox Trot, East Coast Swing, Rumba and Waltz. The cost will be \$2 per person per night. For more information, call 791-9407.

**ONGOING** — The Tri-States Coin Club meets the third Monday night of each month at 7 p.m. in the back room of Interco Coins located at 2314 Ross Clark Circle. Described as fun for all ages, event begins with a short meeting followed by a coin auction. For more information, call 393-2376.

**ONGOING** — Wiregrass Suicide Prevention Services holds bi-monthly suicide survivor support groups the second and fourth Monday at 6 p.m. at 148 E. Main Street. The support groups are for anyone who has lost a friend or loved one to suicide. Children’s groups are also available. For more information, call 792-9814.

### ENTERPRISE

**AUG. 16** — Chapter 351 of the Experimental Aircraft Association will offer free airplane rides to children ages 8-17 at Enterprise Municipal Airport. Registration will start at 8:30 a.m. and flights will be conducted from 9 a.m. to 3 p.m. For more information, visit the chapter on Facebook at [EAA351-Enterprise](http://EAA351-Enterprise), or call 601-329-1334 or 804-381-1244.

**ONGOING** — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call 406-3077, 393-6499 or 347-7076, or visit the VFW Post 6683 on Facebook.

**ONGOING** — The Enterprise Public Library Christmas in July mini-book sale at the Enterprise Public Library will be held in the month of July during normal operating hours. For more information, call 347-2636.

**ONGOING** — Beginning and Continuing Classes in the Taoist Tai Chi Society Internal

Arts and Methods are currently held at the Enterprise YMCA. A Thursday night beginning class is available at the Episcopal Church from 5:45-7:15 p.m. until Sept. 25. The beginning class covers all 108 moves of the Tai Chi set. Anyone interested in joining a class is encouraged to join any time. Ongoing continuing classes are offered at the YMCA Saturdays 12:15-1:45 p.m. and Mondays 1-2:30 p.m. Continuing class offers individuals the opportunity to improve their Tai Chi as well as explore the health benefits. Tai Chi is an ancient Chinese exercise that promotes health and relaxation. It is suitable for all ages and physical conditions. All classes are taught by accredited volunteer instructors. For more information, call 348-9008 or visit [www.alabama.usa.taoist.org](http://www.alabama.usa.taoist.org).

### GENEVA

**ONGOING** — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

### MIDLAND CITY

**ONGOING** — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

### NEW BROCKTON

**ONGOING** — Disabled American Veterans Chapter 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

### OZARK

**ONGOING** — Every Thursday at the Ozark Chamber of Commerce the Somersizers Weight Club meets at 5 p.m. to shed weight. For more information, call 774-9321.

**ONGOING** — The Ann Rudd Art Center is offering free art lessons for children ages

5 and over. The Young Student class is held Saturdays from 10 a.m. to noon, and the Adult/Teen Class from 12:30-3 p.m. Slots are on a first come, first served basis. For more information, call 774-7922.

**ONGOING** — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Please call 334-774-2042 for more information.

### PINCKARD

**ONGOING** — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

### SAMSON

**ONGOING** — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

**ONGOING** — The Samson City Council meets monthly on the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

### TROY

**ONGOING** — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

### WIREFRASS AREA

**ONGOING** — Veterans Of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m. and karaoke begins at 6 p.m. The post will be celebrating its 80th anniversary on Aug. 1. The event is open to members and guests only. For more information, call 793-7912.

## Beyond Briefs

### Summer Concert Series

Aaron Bessant Park at Pier Park in Panama City Beach, Fla., holds a concert series now through August 14 from 7-9 p.m. Visitors are asked to bring coolers, lawn chairs and friends for an evening of music under the stars. For more information, visit [www.visitpanamacitybeach.com/things-to-do/events](http://www.visitpanamacitybeach.com/things-to-do/events).

### 5K Cool Summer Race Series

The inaugural Panama City Beach Cool Summer Series is set on a 5K course that weaves through Pier Park now through August 13 at 8 a.m. The Cool Summer Series is a celebration of all things summer—fun in the sun, good friends, family and a little friendly competition. This 5K

is a run/walk course open everyone. Registration fee is \$25 cash or \$30 debit card day of the races. For more information, call 850-890-4775

### Pig roast, poker run

The 29th annual Pig Roast and Poker Run will be held in Ponce de Leon, Fla. at 10 a.m. with registration at 8 a.m. at Vortex Spring, Inc. The Poker Run is a fund raiser to support the Soldiers Undertaking Disabled Scuba organization. Admission to the pig roast is \$30, and includes a T-shirt and swimming at Vortex Springs. Poker run cost is \$10 for first hand per player and \$5 for each additional hand. For more information, visit [www.facebook.com/events/250962038427622](http://www.facebook.com/events/250962038427622).

### Poker Run

Fleet Feet Sports Montgomery hosts a poker run ev-

ery second Thursday in July. The poker runs start at 6 p.m. from the store. The event is free to participate. Participants can take a three mile stroll through the neighborhood while getting poker cards at stops along the way. Prizes for best and worst hands. Visitors can stay afterwards and fellowship with running and walking friends. For more information, call 356-5412 or visit [www.fleetfeetmontgomery.com/fun-runs/poker-run](http://www.fleetfeetmontgomery.com/fun-runs/poker-run).

### River Festival

Every second Saturday now through August visitors are invited to Riverfront Park in Montgomery for a Family-friendly event from 5-9 p.m. The fun includes live entertainment, games for all ages, food vendors and adult libations. Admission is \$1 per person. For more information, call 625-2100 or visit [www.funinmontgomery.com](http://www.funinmontgomery.com).

# 1st lady lauds homeless vets initiative

By Amaani Lyl  
Defense Media Activity

WASHINGTON – First Lady Michelle Obama praised Los Angeles Mayor Eric Garcetti for taking on the challenge of assisting transitioning veterans through employment and support resources.

Speaking at the Unite for Veterans summit in Los Angeles July 16, Obama said Garcetti's initiative involves commitments from 150 businesses and public sector organizations that aim to hire 10,000 veterans by 2017, giving veterans a chance not only in finding work, but also in keeping it.

"The idea that any of our veterans are spending months, or even years, struggling to find a job is unacceptable," Obama said over applause. "The image of even one of these heroes sleeping out in the cold huddled up next to an overpass ... that should horrify all of us, because that's not who we are."

But whether in business, government or in communities, simple steps can make a difference, the first lady said.

On employment, she explained, the Obama administration began new programs to help veterans get civilian licenses for jobs they held in the military.

"Through our Joining Forces initiative, we have rallied businesses to hire and train more than half a million veterans and military spouses," she said. "When it comes to veteran homelessness, my husband vowed not just to address this issue, but to end it once and for all."

As a result, the administration is cutting red tape across agencies, with the launch of new programs and strengthening of existing ones to expedite putting veterans in homes, the first lady noted.

"Over the past few years, these efforts have brought tens of thousands of veterans out of homelessness," she said. "They have helped prevent over 100,000 more from falling into homelessness in the first place."

And despite challenging economic times, Obama added, the rate of homeless veterans in the United States has fallen by 24 percent.

Still, she acknowledged that though more than 10 percent of homeless veterans in America live in Los Angeles, a grassroots approach to tackling the problem makes it "eminently solvable."

In conjunction with the United Way and the Chamber of Commerce, Los Angeles has united public and private partners to launch Home for Good, which has housed more than 9,000 veterans since 2011, the



DOD GRAPHIC

first lady said. She applauded voters and legislators in California for voting to authorize \$600 million toward housing for veteran Families, the largest state-funded effort in the country.

But the personal stories of veterans, service members and their Families, she added, have had the greatest impact on her.

"I've been blown away by their courage and dedication and their unwavering commitment to excellence," she said.

She noted that she sat next to Army Sgt. 1st Class Cory Remsburg, a severely-wounded veteran Army Ranger and Bronze Star and Purple Heart recipient, during the president's State of the Union address in January.

"I remember the young man who had nearly been killed by a roadside bomb in Afghanistan, but fought back to speak again, stand again and walk again." But, she added, she also knows well the every-

day stories of talent and skill that veterans display each day.

"They are mastering cutting-edge technologies," Obama said, noting that they're leading dozens of their peers in some of the most dangerous missions on the planet. "They're doing everything from handing out humanitarian aid, responding to incoming fire, building relationships with local leaders – sometimes all in one day."

The first lady said that expertise is in action at the White House, where veterans hold such staff positions as policy team members, military aides and Navy mess staff.

"They are some of the sharpest, most dynamic and most effective people I have ever had the pleasure of working with," Obama said. "So when these men and women come home, they have got the skills that any company in America should want."

And though veterans by and large are

well-prepared to succeed in career or educational environments, she said, too often the transition back to civilian life presents a litany of challenges.

"The friends who've been by your side every minute are suddenly spread out across the country. The missions that drove you every day are gone," Obama said. "The skills you've spent years developing are not valued or understood in the civilian world."

The first lady emphasized that while the majority of returning veterans transition back into good health, good spirits and successful careers, no veteran's circumstance should go overlooked.

"All we have to do is show just a fraction of the courage and commitment that our veterans have shown all of us," she said. "We just have to keep veterans in mind when we're hiring for that next open spot. We just have to make sure they have a place to call home."

## DOD provides consumer tips on avoiding scammers

By Terri Moon Cronk  
Defense Media Activity

WASHINGTON – Service members and their Families can be easy targets for scammers, and financial education is key to prevention, the deputy director of the Pentagon's office of Family policy and children and youth said.

In an interview with Department of Defense News, Navy Cmdr. Peter Hoegel noted that July 16 was Military Consumer Protection Day.

The observance is part of the long-term Financial Readiness Campaign, in which DOD, the Federal Trade Commission and many other organizations highlight efforts to protect service members and their Families.

"Military members are trustworthy and trusting members of society who work hard, have a regular income, and they want to be helpful and serve," Hoegel said. "Unfortunately, it makes them a target for unscrupulous people who are trying to get into their pockets." Other service member vulnerabilities include frequent relocation, separation from Family and friends, and deployment stresses.

Identity theft is the No. 1 crime affecting service members and their Families, Hoegel said.

"We want to make sure folks understand the scope of the problem and just how cunning some [scammers] are, trying to get their hands on personal and financial information," he added. "[Identity theft] can be a tremendous drain. You have to understand how scammers come at you and how to protect yourself."

Hoegel cited the following statistics from the Federal Trade Commission:

-- In the past 12 months, 43 percent of service members or their spouses experienced a financial shortfall – this number was 51 percent in the E-1 to E-4 ranks;

-- 21 percent of E-1s to E-4s have no emergency savings fund, and another 9 percent have less than \$100 in emergency savings;

-- 33 percent of service members describe their financial condition as difficult, and 20 percent say their condition is worse than it was 12 months ago;

-- A recent study shows financial education had positive results for service members' retirement savings and other financial issues; and

-- In 2013, the Federal Trade Commission received nearly 73,000 complaints from military consumers. Identity theft topped the list with 22,000 complaints, and others concerned debt collection, imposter scams, bank, lender and credit bureau issues, information furnishers and report users, and auto-related complaints.

"The Military Consumer website contains resources to raise awareness and explain the details of scams and other things service members and Families can fall prey to, and how to avoid them," Hoegel said, noting that financial scammers can harm military Families state-side and overseas, particularly where language and cultural barriers exist.

Financial stability is a DOD priority, he added, and leaders believe that a service member's sound financial readiness is critical to mission readiness. The department's financial readiness resources are available to help service members and Families plan budgets, spend accordingly, save for retirement and emergencies, and "get ahead of the curve to give people the tools and knowledge they need before they're scammed or taken advantage of," Hoegel said.

"We want to make sure they're thinking ahead and getting their financial affairs in order before scamming becomes an issue," he added.

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# Religious Services

## WORSHIP SERVICES

Except as noted, all services are on Sunday

**Headquarters Chapel, Building 109**  
8:00 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940  
9:00 a.m. Catholic Mass Sunday  
11:00 a.m. Traditional Worship Service  
12:05 p.m. Catholic Mass (Tuesday - Friday)  
4:00 p.m. Catholic Confessions Saturday  
5:00 p.m. Catholic Mass Saturday

## Wings Chapel, Building 6036

08:00 a.m. Latter-Day Saints Worship Service  
9:30 a.m. Protestant Sunday School  
10:45 a.m. Wings Contemporary Worship Protestant Service  
1:00 p.m. Eckankar Worship Service (4th Sunday)

## Spiritual Life Center, Building 8939

10:45 a.m. CCD (except during summer months).

## BIBLE STUDIES

### Tuesday-

9:00 a.m. Protestant Women of the Chapel, Wings Chapel  
5:30 p.m. Youth Group Bible Study, Spiritual Life Center

6:00 p.m. Protestant Women of the Chapel, Wings Chapel  
7:00 p.m. Adult Bible Study, Spiritual Life Center

### Wednesday-

11:00 a.m. Above the Best Bible Study, Yano Hall  
11:30 a.m. 164th TAOG Bible Study, Bldg 30501  
12:00 p.m. Adult Bible Study, Soldier Service Center  
6:00 p.m. Adult Bible Study, Spiritual Life Center

### Thursday-

9:00 a.m. Adult Bible Study, Spiritual Life Center  
6:30 p.m. Latter-Day Saints Bible Study, Wings Chapel  
6:30 p.m. Wings Bible Study (Meal/Bible Study), Wings Chapel



COURTESY PHOTO

## Pick-of-the-litter

Meet Missy, a short-haired Tortoiseshell female kitten, approximately 10 weeks old. She is super vocal with a unique raspy meow. She's very friendly and playful. She is available for adoption at the Fort Rucker stray facility. Adoption fees vary per species and needs of animal, which includes all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at <http://www.facebook.com/fortruckerstrayfacility/> for constant updates on the newest animals available for adoption.

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Federal Voting Assistance Program Provides Online Voting Assistance

Go to [www.FVAP.gov](http://www.FVAP.gov) to fill out your Federal Post Card Application

**What is the Federal Post Card Application?**  
The Federal Post Card Application (FPCA) is the primary form for requesting registration and/or an absentee ballot from your local election official. The FPCA acts as both a registration and absentee ballot request form. FVAP encourages our military voters to submit a new FPCA every year and when they move.

**Who is eligible to fill out the Federal Post Card Application?**  
• A member of the Uniformed Services, on active duty, or an eligible Family member  
• A U.S. citizen residing outside of the U.S. temporarily; or  
• A U.S. citizen residing outside of the U.S. indefinitely.  
• May also apply to a member of the National Guard, in some States

**Need Assistance?** Contact your Unit Voting Assistance Officer or your Installation Voting Assistance Officer by coming into the Installation Voting Assistance Office, located at Soldier Service Center, Bldg 5700, Room 280, between 0730 - 1600 Or by phone at : 334-255-1839 Or e-mail at: [usarmy.rucker.usag.mbx.voting-office@mail.mil](mailto:usarmy.rucker.usag.mbx.voting-office@mail.mil)

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JULY 24, 2014

# Booty **BLOCKS** AND **Rink Rash**

## North Georgia takes down Bollweevil Bruisers

By Sara E. Martin  
Army Flier Staff Writer

They still skate under wild names, stop opponents with booty blocks and laugh off rink rash, but the local Enterprise roller derby team – primarily made up of military spouses and active-duty Soldiers – was ready to rumble Saturday night against the North Georgia Roller Girls in a bout at the Enterprise Fun Factory.

And even though the girl's determination and strength didn't pay off for the win that night – North Georgia took the game, 126-103 – they did learn a lot about their techniques.

"I love being on this team. We really put into practice what we have been working on and it was a rough game, but no one backed down," said Kelli Barton, (a.k.a. Kelli KaPOWski) Army spouse. "Everyone is stepping up and that makes a difference in how we play and how the game plays out."

Both teams started strong on defense with each set of jammers finding it tough to break through the opposition walls, but a North Georgia player found the penalty box just fine after a forearm foul, but she was joined shortly after by a Bruiser.

The resounding theme of the game was the penalty box, with referees sending player after player



PHOTO BY SARA E. MARTIN

Jammer Mindy Boline, (a.k.a M. Kickin'some) Air Force spouse, tries to force her way through North Georgia's wall.

from both teams to the box for foul after foul. During several jams, there were three, and once four, players in the box, and once both jammers in the box, leaving no one to score on

the rink.

It was the North Georgia's defense that proved the stronger, though, and the resulting power jams allowed the visitors to build up an early 54-27

lead.

The Bruisers ran a three-jammer rotation, including "E V Uh Oh" who gave North Georgia blockers headaches all night long, but unfortunately it wasn't

enough in the long haul.

The Bruisers had a chance to close the gap when a penalty by North Georgia handed them a power jam of their own, but battling their way back would take

more than a blocking-to-the-back penalty, and they failed to capitalize as their own jammer was sent to the penalty box.

North Georgia went into halftime leading 75-37 and stretched that lead to 104-53 with roughly 15 minutes remaining in the bout.

North Georgia struggled after the break, with Enterprise picking up 12 points with no reply. However, effective jamming by North Georgia, combined with strong offensive play, got them scoring again and they extended their lead to 107-65.

That's when the Bruisers mounted a late surge to get back into the bout, but the rally fell 23 points short.

"We played a really good game and we continue to improve in every bout," said Maj. Melissa Sprague, (a.k.a. Amelia Evilhart) 23rd Flying Training Squadron, 58th Special Operations Wing, 58th Operations Group. "We had some good strategies and the entire second half we came back stronger. It is a fun time, win or lose."

Although the game was a rowdy one, the girls left it all on the floor to take a group photo after the game before heading out to enjoy some karaoke.

The Bollweevil Bruisers next home bout is Aug. 16 against the North Shore Roller Girls.

## Lyster staff encourages immunization

By Katherine Rosario  
Lyster Army Health Clinic Public Affairs

Although summer vacation is still in full swing, the Lyster Army Health Clinic Immunization Clinic staff is asking parents to start thinking about their child's immunizations a little earlier this year.

Each year, newly enrolled school-age children's parents must turn in an immunization certificate, also known as a Blue Card, to their school before the start of the academic year. This Blue Card is proof that their child is current on all required immunizations by the Alabama School Board. Without this card, parents can be told that their child cannot attend school until it is presented.

Normally, parents bring children in for immunizations, and their Blue Card, one to two weeks before school starts. This year, however, Lyster staff would like to see children even earlier so Blue Cards can be completed on time.

"Turnaround time for Blue Cards may take up to 72 hours, so we encourage all parents to bring their children in earlier, so there is no risk of them being turned away on the first day of school," said Lt. Col. Samuel Jones, deputy commander for nursing.

Blue Cards can be processed quicker when parents bring in all shot records to more accurately complete the Blue Card request form.

Staffing will be at a minimum during lunch hours, and parents are encouraged to plan ahead and come early. Immunization clinic hours of operation for vaccines are Mondays-Fridays from 7:30 a.m. to 3:30 p.m.

For more information, call 255-7754.

## Army tracks mosquito-borne disease

By U.S. Army Public Health Command  
Public Affairs Office

The U.S. Army Public Health Command is responding rapidly to an emerging viral infection that is threatening the United States. Although the chikungunya virus is not new, its emergence in the Caribbean makes it a disease of concern to the U.S. mainland.

Chikungunya is spread by two species of mosquitoes that are commonly found in the U.S., according to entomologists at the USAPHC.

"Chikungunya is most often spread to people by *Aedes aegypti* and *Aedes albopictus* mosquitoes," explained Capt. Heather Ferguson, USAPHC entomologist. "If an infected person is bitten by a mosquito, that mosquito may spread the virus by biting another person."

One way public health experts monitor the spread of chikungunya is by tracking reports from medical providers of the cases that occur in people.

"Isolating human cases from further bites of mosquitoes, if done efficiently and in time, can help stop the spread of the infection," said Farida Mahmood, entomologist at Public Health Command Region-South.

Experts also track the location of mosquitoes that carry the chikungunya virus.

"Installation preventive medicine personnel collect mosquitoes from traps and then send them to USAPHC laboratories where they can be identified, prepared and tested to determine if the virus is present," according to Ferguson.

"Surveillance of mosquito populations in and around installations is done with the goal of finding the presences of the virus before human cases occur. If the virus is found in the mosquitoes in an area, intensive, focused control efforts can be initiated. By targeting those mosquitoes



PHOTO BY GRAHAM SNOODGRASS

**Chikungunya is spread by two species of mosquitoes that are commonly found in the United States, according to entomologists at the U.S. Army Public Health Command. The *Aedes aegypti* is one mosquito species that can spread the chikungunya virus.**

actively carrying the virus the Army can maximize its resources and achieve the best possible results. Ongoing surveillance is also our means of evaluating our surveillance efforts," said Capt. Brian Knott, another USAPHC entomologist.

"The mosquitoes that carry the virus bite mostly during the daytime," said Knott. "Understanding the behavior of the vector can help in educating Soldiers about prevention."

Most individuals have been taught to expect mosquito bites at dawn and dusk. Mosquitoes that are active during the day require the extension of preventive measures throughout the day – things like wearing insect repellent with DEET and light-colored, long-sleeved shirts and long pants.

"Educating Soldiers and their Families about how to protect themselves from chikungunya is extremely important should the virus continue to spread to the U.S. mainland," according to Knott.

Other preventive measures include stopping mosquitoes from reproducing.

"Removal of all container breeding sites is key to prevention of chikungunya," said Knott. "Educating installation preventive medicine personnel and Families about the need to empty water from

old tires and other outdoor containers that collect water is a vital piece of our mission."

Since the mosquitoes that carry chikungunya are container-breeders, this trait helps entomologists and installation environmental personnel conduct surveillance.

"Carbon dioxide-baited traps are used to collect mosquitoes for surveillance on installations," said Knott. "In addition, deploying the new lethal ovitrap can help cut down on the numbers of these mosquitoes by killing the females who use the trap to lay their eggs."

Controlling mosquito populations and monitoring human populations for the disease contribute equally to protecting Soldiers and Families.

"Surveillance of any disease vectors involves cooperation across the military public health system – the entomological sciences and laboratory programs detect infected mosquitoes, while the Disease Epidemiology Program monitors human outbreaks and case reports in our Army population," said Lt. Col. Laura Pacha, a USAPHC physician and epidemiologist.

As of July 15, the CDC reported approximately 234 travel-related cases of chikungunya in the U.S., most brought in by travelers to the Caribbean, where the disease appeared for the first time this year. Outbreaks of the disease previously occurred in countries in Africa, Asia and Europe. Two cases of locally-acquired chikungunya were recently reported in Florida, the first in the continental United States.

"Army preventive medicine personnel are aware of the disease, and USAPHC experts are working with our colleagues in the Department of Defense to provide additional awareness and training and to put reporting mechanisms in place."

SEE MOSQUITO, PAGE D4

# DOWN TIME



## TRIVIA



1. GEOGRAPHY: What sea lies just west of Rome, Italy?
2. ANIMAL KINGDOM: What is the average lifespan of an adult housefly?
3. MOVIES: What 1999 movie with Brad Pitt featured the tagline "Mischief, Mayhem, Soap...?"
4. MEASURES: How much beer would a firkin hold?
5. MYTHOLOGY: What area of life did the Roman goddess Discordia rule?
6. BIBLE: Which one of the Ten Commandments forbids coveting?
7. U.S. CITIES: What is the capital of Vermont?
8. GENERAL KNOWLEDGE: What is North Korea's basic currency?
9. HUMAN ANATOMY: Where are the tarsi located?
10. LITERATURE: What famous author went by the pseudonym of "Boz"?

See Page D4 for this week's answers.

## Super Crossword

- ACROSS**
- 1 Serves onto a plate
  - 10 Feeling blue
  - 13 Poultry parts
  - 20 She played Gwyn Stacy in "The Amazing Spider-Man"
  - 21 Quick flash
  - 22 Quickly, in music
  - 23 Cakewalk
  - 25 Mud thrower, say
  - 26 Subjects of Genghis Khan
  - 27 Pod animals
  - 29 Gunpowder ingredient
  - 30 Pianist Rubinstein
  - 31 1983 Bryan Adams hit
  - 35 Take steps concerning
  - 38 They might sit next to coffee pots
  - 39 Adult follows
  - 40 Wind ensemble instrument
  - 44 Building tops
  - 46 Never, in German
  - 47 Pal of Emie
  - 48 One of a trio in a tub
  - 53 Puzzle cube creator Rubik
  - 54 They roll as films finish
  - 55 Connection
  - 56 "I never — Purple Cow"
  - 58 Geller of Israel
  - 59 Max who played Jethro
  - 61 Big Ten org.
  - 63 Rene of "Ransom"
  - 67 Cardinal, e.g.
  - 68 Point at which patience has run out
  - 73 Scanner of bar codes: Abbr.
  - 74 Knot
  - 76 Nitwit
  - 77 Soprano solo
  - 78 Barracks bed
  - 79 Solicits
  - 82 Got — (throw away)
  - 85 Film dancer Fred
  - 87 "Hey, over this way!"
  - 90 Influential 1975 Edward Abbey novel, with "The"
  - 93 Italian capital
  - 94 Blood-typing system
  - 95 Overhang
  - 96 Literary lioness
  - 97 Man-mouse linkup
  - 98 Caribbean island nation
  - 102 Pee Wee of the diamond
  - 104 2005 Grammy-winning rock supergroup
  - 107 Three-piece suit parts
  - 112 D sharp's equivalent
  - 113 Neck-to-waist areas
  - 114 Get ready
  - 116 Rejection
  - 119 Theme of this puzzle
  - 122 Direct route
  - 123 "Mad Men" cable chan.
  - 124 Cleared by jumping
  - 125 Left in, to a proofreader
  - 126 Toll untruths
  - 127 Hatful ones
  - 4 Couldn't help but
  - 5 Seville's land, to Sevillians
  - 6 Agitate
  - 7 Klutz's cry
  - 8 "A," in Nice
  - 9 Private eye, informally
  - 10 Least nutty
  - 11 Three-sharp musical sequence
  - 12 Bright garden flower
  - 13 Krypton, e.g.
  - 14 Not healthy
  - 15 Loses a stare-down
  - 16 Old Soviet premier
  - 17 Cook's hourglass
  - 18 It has fronds and a trunk
  - 19 Italian port
  - 24 Suffix with Marx or Mao
  - 28 Malodorous mammal
  - 31 Geezer
  - 32 Not qualified
  - 33 Some Native Americans
  - 34 "It's the end of —"
  - 36 King Minos, for one
  - 37 Chucked
  - 40 Transpiros
  - 41 Not fertile
  - 42 Big name in flatware
  - 43 Center fielder Roush
  - 45 —-li
  - 47 Gal's sweetie
  - 49 Defames in print
  - 50 Follower of Eisenhower
  - 51 Cats' prey
  - 52 Santa — (California winds)
  - 57 Christmas door hanging
  - 60 — and reel
  - 62 Coaching great
  - 64 Part of SSN
  - 65 Mocks
  - 66 Brand of taco kits
  - 69 Tined utensil
  - 70 Sheriff Andy Taylor's son
  - 71 Sunset color
  - 72 A zodiac sign
  - 75 Cost per day, say
  - 80 It merged with Sears
  - 81 Not drunk
  - 83 Avian booster
  - 84 Brother, in France
  - 86 See 115-Down
  - 87 Pithy sayings
  - 88 Post-hiking problem
  - 89 Nominal charge
  - 91 Sextet plus a trio
  - 92 Pulitzer-winning critic Richard
  - 98 Catches on
  - 99 Open assertion
  - 100 Fa lead-in
  - 101 —-Lorraine (French region)
  - 103 Incidents
  - 105 Burial area
  - 106 Big gun
  - 108 Disney World park
  - 109 Burn soother
  - 110 More factual
  - 111 Crystal ball gazers
  - 114 Jr.-year exam
  - 115 With 120- and 85-Down, what centenarians live to
  - 117 Meth-ender
  - 118 Conducted
  - 120 See 115-Down
  - 121 Formerly, name-wise
- DOWN**
- 1 Sorority letter
  - 2 "To clarify..."
  - 3 Brainy



See Page D4 for this week's answers.

## Weekly SUDOKU

by Linda Thistle

1	5	6				2		
		4		1	3			
	8		4					7
2			1		6			
		6	7					9
	9			3				8
7				5	2			
		2		8				7
	4		1					8 6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging  
★★★ HOO BOY!

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See Page D4 for this week's answers.

# KID'S CORNER

### Junior Whirl

by Hal Kaufman

**A-Z TRIPPER!** You are challenged to trace letters of the alphabet from A to Z continuously in the letter maze at right. Stop at a dot which is connected to a dot of the same letter from the maze to square, across, down or diagonally. You are to trace all 26 letters in order.

**ORIGAMI PROBLEM-SOLVING!** Use the instructions to make a paper airplane. Check here to be sure you have the right number of squares in a square when you are done.

**FIND FACES!** Our artist says there are more than 35 faces in the image and scenery above. How many of them can you find?

### Wishing Well

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

**SPELLBINDER**

SCORE: 10 points for using all the words in the word bank below to form two complete words.

PIRNETO

TRICK: Score 7 points each for all words in "Your Spellers" or more found among the letters.

Try to score at least 10 points each day by spelling words.

### Wishing Well

7	2	3	8	3	5	3	7	2	8	5	3	2
G	E	M	F	O	C	R	O	N	O	R	E	D
8	3	7	3	4	3	8	5	2	4	2	8	2
R	T	A	I	C	M	G	E	U	H	R	V	I
5	7	5	2	8	5	6	2	6	8	3	4	5
A	L	T	N	I	I	A	G	L	V	E	A	V
6	4	3	4	2	8	2	6	3	2	4	3	2
U	R	T	M	L	E	O	E	O	V	E	D	E
4	6	4	5	6	7	4	6	4	8	4	3	7
N	F	H	E	R	S	A	I	N	A	C	A	A
8	4	6	5	8	7	5	4	6	7	3	7	8
N	E	E	P	D	R	E	D	N	E	Y	S	F
6	5	8	5	8	5	8	6	7	5	7	8	8
D	R	O	I	R	O	G	S	E	D	T	E	T

### HOCUS-FOCUS

BY HENRY BOLTENOFF

**WET CEMENT**

**NEW CEMENT**

Can you spot your eyes? There are 10 eyes in the scene. Can you spot them? Circle answers with these letters: W, E, T, C, E, M, E, N, T.

# HITTING THE MARK

## Army sweeps 2014 NRA National Pistol Championships

By Sgt. 1st Class  
Raymond Piper  
U.S. Army Marksmanship Unit

CAMP PERRY, Ohio — It was a historic performance for U.S. Army Marksmanship Unit shooters at the National Rifle Association National Pistol Championship as Service Pistol Team members took the top three positions out of 656 competitors.

Staff. Sgt. Patrick Franks claimed the coveted national title with a total score of 2649 with 147x (out of 2700). The runner-up was Sgt. 1st Class James Henderson with a total score of 2649-131 and third place went to Sgt. Greg Markowski with a total score of 2640-127. To top it off, the USAMU won the overall team championship to complete the sweep.

"I don't think there has been team domination like this at nationals, ever," Henderson said.

The competition, held at Camp Perry, Ohio, July 8-12, brought civilian and military shooters from around the country for competitive pistol shooting with .22 and .45 caliber pistol matches, as well as revolvers.

"You don't have to win an individual category. I didn't win any individual category, but my total score was good enough, and it just goes to show that you're never down and out," Franks said. "You're always hanging on by a point, and you got to fight for every single one on the firing line, mentally and physically."

The USAMU took first place in all overall pistol categories, and came back from a six-point deficit on the final day, to win the overall team competition with a total score of 3495-152. The team's elation, as they came off the firing line at the end of the team match, was palpable, and was confirmed with the final results.

"We handle ourselves well under pressure," Franks said. "A lot of that comes from our training, and the other team — matches that we do. We usually get to-



Staff Sgt. Patrick Franks, with the U.S. Army Marksmanship Unit Service Pistol Section, fires during the .45 caliber team match at Camp Perry, Ohio, July 12.

PHOTO BY SGT. 1ST CLASS RAYMOND PIPER

gether and we push ourselves. We know exactly what we're getting into when it comes to a team match, so most of the time we're able to come back."

Part of the team's success, Henderson said, is imparting to the newer guys that it's a marathon, not a sprint.

"It's not about winning the one day. If you win the one gun [event], it's great, but what we want to win is the overall aggregate," he said.

For veteran shooters like Franks and Henderson, seeing their teammates improve and win is "awesome."

"I was telling sergeant Markowski, this is his third or fourth time up here, and he's already got a podium slot," Henderson said. "When I started out, it took me 10 years to get a podium slot. They're coming up amazingly fast."

The annual competition began

in 1907, and has been a tradition for more than 100 years. This history resounds strongly with Franks, who completed a personal sweep after winning the Interservice Pistol Championship in June.

"It's very nostalgic for me," Franks said. "I remember my first year, and I just thought this thing has been going on for decades, and [I thought] about all of the former national champions firing on the points, and [who] drove through those gates to the range; [it's] just phenomenal."

It's not only winning and the history that makes this a memorable event. It's also the people, Henderson said.

"It's a major sporting event, but it's also getting together with friends and seeing people you haven't seen since the last time you were up here. It's like you never even left. You just pick up



Staff Sgt. Patrick Franks (center) with the National Championship Harrison Trophy along with U.S. Army Marksmanship Unit Service Pistol teammates Sgt. 1st Class James Henderson and Sgt. Greg Markowski, stand atop the winners podium at the NRA National Championship Award Ceremony, at Camp Perry, Ohio, July 12.

the conversation that you had on the range last year," he said.

The final results for all matches can be found at

<http://competitions.nra.org/championship-results/nra-national-outdoor-rifle-pistol-championships-results.aspx>.

## Appreciation day draws 3,000-plus

By Jim Dresbach  
Joint Base Myer-Henderson Hall, Va.

WASHINGTON (July 21, 2014) -- The burgundy and gold VIP carpet was stylishly rolled out for regional service members July 12 before and during the first Redskins Salute Military Appreciation Day.

Player and cheerleader appearances, locker room tours, raffles, free giveaways and food were given to and graciously accepted by active-duty personnel, retirees, veterans, Defense Department employees and their families.

An estimated crowd of over 3,000 took part in the FedEx Field celebration, in Landover, Md. One of the thousands was Joint Base Myer-Henderson Hall, Va., Senior Career Counselor Master Sgt. James Meyers, who was accompanied by his wife and grandchildren.

"My Family has always been a Redskin Family, because of my father, even though we are from Ohio. And yesterday just cemented the next generation of fans as my grandkids attended the event with me, and they had an awesome experience," Meyers said. "The Redskins set the standard with a great event with great people, food and opportunities to see behind the scenes."

One of those behind-the-scenes chances was below the bleachers in the Redskins locker room. While walking where Skins players prepare for battles against the Philadelphia Eagles and Dallas Cowboys, a wide-eyed

9-year-old Xavier Washington had trouble deciding on his favorite Redskin.

"I like [Pierre] Garcon, no wait, I like Alfred [Morris]," said Xavier, who is the son of a retired Airman. "RGIII [Robert Griffin III] is cool, too, but I like [Brian] Orakpo."

The appreciation day was a major kickoff of a year-round joint partnership involving the Redskins and the United Services Organization, which is called Redskins Salute, a military appreciation club.

"Our goal was to create a fun day for these Families, and to show them we appreciate their service," said

Shripal Shah, Washington Redskins senior vice president and chief strategy officer. "From locker room tours and meet-and-greets with players to live entertainment, I think we were able to accomplish that."

One of the most popular aspects of the Sunday afternoon event was the chance for fans to personally meet current Skins players and alumni. Fullback Darrel Young, rookie linebacker Trent Murphy plus Super Bowl champion place-kicker Mark Moseley and fan favorite Chris Cooley informally chatted with fans.

Young, who has a personal involvement with the mili-

tary, humbly told the crowd that he only rushes the football on Sundays while service members carry the load 365 days of the year.

"My brother has been serving in the military for 16 years," the Skins running back told the crowd. "He's been to Afghanistan five times, so I know what you guys go through on a daily basis. My brother has had to leave his kids - my nephew and niece have only been around him for five years. I'm so appreciative of what you guys do every day."

Moseley has been a military proponent since his first USO tour in 1970. He verbally saluted the veter-

ans and service members in attendance with one simple phrase.

"The biggest message I try to tell the troops is just 'thank you,'" the former National Football League most valuable player said. "There's no way any of us can thank you guys and gals enough."

Redskins Salute is now planning more events for upcoming weeks. Service members will be welcome at a special VIP tent at the team's Richmond training camp, and for the Aug. 7 pre-season home opener against the New England Patriots, 1,500 troops will be invited to the stadium for a game

day hospitality party.

"We look forward to building on the success of military appreciation day through future events and programs," said Shah. "This is just the beginning. Redskins Salute is going to be a year-round platform for us to really show our support and appreciation for the men and women of our armed forces."

For more information on Redskins Salute and to join free of charge, visit [www.redskinsalute.com](http://www.redskinsalute.com).

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**ENTERPRISE SHOPPING CENTER**

ADVANCE SHOWING - LUCY - R

THURSDAY @ 8:00 • CINEMA 1

I LUCY - R

2:00, 4:00, 7:00 & 9:00

II PLANES: FIRE AND RESCUE - PG

2:10, 4:10, 7:10 & 9:05

**WESTGATE CENTER** Enterprise Information 334.342.2531

III TAMMY - R

2:00, 4:10, 7:00 & 9:10

IV SEX TAPE - R

2:00, 4:00, 7:00 & 9:00

**COLLEGE CINEMA • ENTERPRISE**

ADVANCE SHOWING - HERCULES - PG13

THURSDAY @ 7:00 & 9:10 • COLLEGE 1

*Kiddee Matinee*

Wed. 9:30 am @ College

RATATOUILLE - G

I HERCULES - PG13

2D - 1:45 & 7:00 • 3D - 4:00 & 9:15

II PURGE - R

1:30, 4:00, 7:00 & 9:15

III DAWN OF THE PLANET OF THE APES - PG13

1:15, 4:00, 7:00 & 9:30



Nine-year-old Xavier Washington of Manassas, Va., is all smiles in front of Washington Redskins wide receiver Pierre Garcon's locker, during a tour of the team's locker room at the first-ever Redskins Salute Military Appreciation Day, July 13, 2014, at FedEx Field in Landover, Md. More than 3,000 service members, military veterans and their families attended the event.

PHOTO BY JIM DRESBACH

**PUZZLE ANSWERS**

**Super Crossword**

**Answers**

D	I	S	H	E	S	O	U	T	S	A	D	G	I	B	L	E	T	S	
E	M	M	A	S	T	O	N	E	A	S	A	A	L	L	E	G	R	O	
L	E	A	D	P	I	P	E	C	I	N	C	H	S	L	I	N	G	E	R
T	A	R	T	A	R	S	S	E	A	L	S	N	I	T	E	R			
A	N	T	O	N	C	U	T	S	L	I	K	E	A	K	N	I	F	E	
	A	C	T	O	N	T	E	A	U	R	N	S	M	E	N				
O	B	O	E	R	O	O	F	S	N	I	E	B	E	R	T				
C	A	N	D	L	E	S	T	I	C	K	M	A	K	E	R	E	R	N	O
C	R	E	D	I	T	S	T	I	E	I	N	S	A	W	A				
U	R	I	B	A	E	R	N	C	A	A	R	R	S	S	O				
R	E	D	E	N	D	O	F	O	N	E	S	R	O	P	E	O	C	R	
S	N	A	R	L	D	O	P	E	A	R	I	A	C	O	T				
	A	S	K	S	R	I	D	O	F	A	S	T	A	I	R	E			
P	S	S	T	M	O	N	K	E	Y	W	R	E	N	C	H	G	A	N	G
R	O	M	E	A	B	O	L	E	D	G	E	E	L	S	A				
O	R	A	G	R	E	N	A	D	A	R	E	E	S	E					
V	E	L	V	E	T	R	E	V	O	L	V	E	R	V	E	S	T	S	
E	F	L	A	T	T	O	R	S	I	P	R	E	P	A	R	E			
R	E	F	U	S	A	L	W	E	A	P	O	N	S	I	N	C	L	U	E
B	E	E	L	I	N	E	A	M	C	L	E	A	P	T	O	V	E	R	
S	T	E	T	T	E	D	L	I	E	D	E	T	E	S	T	E	R	S	

**Weekly SUDOKU**

**Answer**

1	5	7	6	3	9	8	2	4
9	2	4	8	7	1	3	6	5
6	8	3	5	4	2	9	1	7
2	7	5	9	1	8	6	4	3
8	3	6	7	5	4	1	9	2
4	9	1	2	6	3	7	5	8
7	6	8	4	9	5	2	3	1
5	1	2	3	8	6	4	7	9
3	4	9	1	2	7	5	8	6

**TRIVIA**

**Answers**

1. Tyrrhenian Sea
2. Two to four weeks
3. "Fight Club"
4. About 9 gallons
5. Strife
6. Tenth Commandment
7. Montpelier
8. The won
9. Ankles
10. Charles Dickens

**SPORTS BRIEFS**

**Resiliency Bowl-a-Thon**

The Fort Rucker Army Substance Abuse Program and Rucker Lanes Bowling Center will host a Resiliency Bowl-A-Thon Aug. 1 from 10 a.m. to midnight. The event is designed to offer a fun, team and Family approach to discussing serious topics in an effort to promote camaraderie and resiliency. No teams are necessary, but units, directorates, Families and other groups are encouraged to reserve a time and share a lane as they bowl for individual awards. Tables and displays will be set up to provide attendees with preventive and informative materials on a wide range of risk and health topics, such as suicide, substance abuse, bullying and stress.

Cost is \$5 per person and will include breakfast, lunch or dinner – depending on time selected to bowl – and two games of bowling. All participants will receive a prize and overall place finishers will receive a trophy. The event is open to all authorized patrons.

For more information or to register, call 255-7508 or 255-9503.

**Youth sports signups**

Registration for youth tackle football, cheerleading, tennis and fall soccer will continue through July 31. Children must meet age requirements by Sept. 1, 2013. A current sport physical and valid child, youth and school services registration are required for participation. Cost for each sport is \$65 for tackle football, \$40 for cheerleading, \$40 for fall soccer \$40.00 (Ages 4-5 is \$20) and \$40 for tennis. A multiple child rate will be determined at parent central services during registration.

For more information and to register, call 255-2257 or 255-2254.

**Silver Wings Post Championship**

Silver Wings Golf Course will host its post championship Saturday from 7-9 a.m. It will cost \$5 for entry, plus green and cart fees, if applicable. People must sign up today to play.

For more information, including who is eligible to play, call 598-2449.

**Zumba challenge**

The Fortenberry-Colton Physical Fitness Center will host a two-hour Zumba challenge July 31 from 5:30-7:30 p.m. The cost will be \$3.50, or patrons may use their Fitness Card. Door prizes will be given and refreshments will be provided. The challenge is open to all authorized patrons.

For more information, call 255-3794.

**Youth Extreme Fitness**

Fort Rucker Youth Sports will host its Youth Extreme Fitness program now through Aug. 14, Thursdays from 6-7 p.m. at the Youth Sports Football Fields Complex, Bldg. 8923. Workouts include: low crawling, tire flipping, pulling rope, running, lawn mower pushing and sled pushing. This program is designed to be challenging and rewarding, but parents should keep in mind that this program is intended to push children beyond their normal comfort zones, both mentally and physically. The program is open to youth ages 8-18. There is no deadline to register, and people can sign up now at parent central services. To take part, youth must have a current sports physical and a valid Fort Rucker Child, Youth and School Service membership.

For more information, call youth sports at 255-2257 or parent central services at 255-9638.

**Flag football coaches meeting**

There will be a men's and women's intramural flag football coaches meeting Aug. 12 from 9:30 a.m. to 5:30 p.m. at the Fort Rucker Physical Fitness Center conference room.

For more information, call 255-2393.

**Batting cages open**

The Fort Rucker batting cages are open Tuesdays and Thursdays from 4-8 p.m., Saturdays from 10 a.m. to 6 p.m. and Sundays from 1-5 p.m. Reservations must be made prior to using the batting cages by calling youth sports and fitness at 255-2257 or 255-2254.

**Free summer bowling**

Rucker Lanes offers free bowling to youth all summer long. Each youth receives three free games of bowling and shoe rental for free – up to three youth, up to 13 years old – when at least one parent bowls with them for \$8.50. The offer is available Mondays-Fridays until Aug. 31. The offer is open to the public and exceptional-Family-member friendly.

For more information, call Rucker Lanes at 255-9503.



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Two tours of duty. Dad. C.J.

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**Mosquito: Research, information key to protecting Soldiers**

*Continued from Page D1*

according to John Ambrose, USAPHC epidemiologist. "Chikungunya mimics dengue fever, another mosquito-borne illness," Ambrose said. "For public health surveillance purposes, lab testing is needed because it's that testing that distinguishes it from dengue."

While testing patients for the virus is done in hospital laboratories, testing of mosquitoes to see if they carry the virus is done in USAPHC laboratories once they have been collected in surveillance traps.

"Currently, our laboratories can test for chikungunya virus, and capabilities exist for both identification and testing of the virus," explained PHCR-South's Mahmood.

"Once an outbreak occurs in our area of operations, the process of collecting information on the location and coordinating it with the locations of infected mosquitoes can begin," said Pacha. "With this information, Army public health professionals are better able to help protect Soldiers and their Families from this illness."