

PHOTOS BY NATHAN PFAU Members of the Daleville Junior Reserve Officer Training Corps drill team perform a demonstration for students at the Fort Rucker Primary School as part of a Veterans Day ceremony at the school Nov. 9.

Roland, chief warrant officer of the Aviation Branch, and Command Sgt. Maj. Gregory M. Chambers, command sergeant major

held throughout the installation, from the Fort Rucker primary and elementary schools Nov. 9 and 10 to the official Veterans Day ceremony at Veterans Park Nov. 10, to honor past and present service members.

the ceremony to thank all who have served, including family members.

"It's an absolute honor to be here to recognize veterans from all branches ... for the sacrifices they make and the sacrifices their

families make," he said during the ceremony. "For all veterans who served, I want to say, 'Thank you,' for your love of country and for your love of your fellow man.

"You served when serving our nation was not popular, you served because you were called up and you served because you

SEE SERVICE, PAGE A7

HAPPY HOLLYDAY

Shoppers find unique items, help community



By Nathan Pfau Army Flier Staff Writer

It's beginning to look a lot like Christmas, and the Fort Rucker Community Spouses' Club made it easy for people to get a jump start on their holiday shopping.

The club hosted its annual HollyDay Bazaar at Yano Hall Saturday where people came by the hundreds to shop vendors that offered crafts, jewelry, antiques, toys and much more, with proceeds going towards a good cause – helping the community, said Helen Kosman, FRCSC third vice president.

Throughout the event, people were able to get a taste of the holidays by visiting with Santa Claus, who made himself available for pictures, shopping the different vendors, eating their favorite foods and even getting their portraits drawn.

Danielle and Sherry Baldwin, sisters from Enterprise, said they attend the event every year in hopes of finding that special holiday gift.

"We just think this is a great event

where you can find things that you normally wouldn't be able to get anywhere else," said Danielle. "I absolutely love hand-crafted items and anything that's crafty, and there is just so much of that here, so it's really like a paradise for me."

Sherry also said she enjoys the crafts, but it's the atmosphere that she enjoys the most.

"Christmas time is my favorite time of year and it can never start soon enough for me," she said. "Every time I come here it makes me feel like Christmas has started and I just love it. I can get a lot of my shopping done and it just really puts me in a great mood, so it's just a win overall for me."

Although the bazaar is meant to cater to the public's love of shopping, it serves a purpose greater than that, said Kosman, who added that the bazaar is the club's largest annual fundraiser.

"(The bazaar) is important to Fort Rucker and the surrounding community

SEE HOLLYDAY, PAGE A7



GO ARMY!

PHOTO BY LISA EICHHORN

Fort Rucker Soldiers take the field during Troy University's Military Appreciation game Saturday. Fort Rucker also won the chancellor's challenge to each military installation in the area to see who could get the most active-duty members to attend the game. Troy won the game vs. Appalachian State, 28-24.

Education center preps to expand academic opportunities

By Jeremy Henderson

Army Flier Staff Writer

Work is currently under way to renovate the ground floor of the Army Continuing Education and Training Center to house even more educational opportunities for the Fort Rucker community.

The center currently offers access to educational programs from a number



PHOTO BY JEREMY HENDERSON

Spc. Kenneth Weaver, B Co., 1st Bn., 11th Avn. Regt., receives personal instruction from Judy Prater, FAST instructor, during a recent class session.

of universities, including Embry-Riddle University and Troy University, as well as a General Educational Development diploma program through Enterprise State Community College.

"Our school-trained counselors have military experience, advanced degrees and firsthand knowledge of military school funding programs," Randy Mc-Nally, ACES supervisory education services specialist, said. "We are able to see things as Soldiers do, regarding education, and guide them accordingly. We also have a fully developed assessment program to help individuals who are having a hard time getting started and following through with their educational goals. We also have limited foot traffic due to the relatively small population of the base, allowing us to take our time with customers and provide thorough, tailored counseling."

Services available through ACES include:

- Education and career counseling by professionally trained counselors;
- Career interest and skill assessment inventories, coupled with results counseling;

SEE CENTER, PAGE A7

Arianna Ruano, military family member, sits in Santa's lap, as her mother, Patrisha, gets ready to take a photo during the HollyDay Bazaar at Yano Hall Saturday.

COMMUNITY - C1-8

PERSPECTIVE

OPERATIONS SECURITY

Smartphones increase personal, operational security risks

By Willie Worsham

Fort Rucker Emergency Management Specialist

If you've been around long enough to remember the brick phones from the 1980s, you will probably agree that portable phone technology has come a long way in a very short amount of time.

Brick phones became flip phones that fit into your pocket and now 80 percent of Americans own smartphones. This technological wonder has transformed how people communicate with each other and access the Internet – landlines in homes are being abandoned and telephone booths are a distant memory for most cities.

A smartphone has more raw computing power and more storage space than the majority of personal computers sold to consumers in the 1980s. In fact, the Apple iPhone 4 can perform 2 billion multiplications per second – the world's first supercomputer – the ENIAC, developed in 1946 – could only perform 385 multiplications per second!

And therein is the problem.

Smartphones are actually pocket-sized computers that consumers use to manage their daily lives. People store contact information, detailed personal information and important information, e.g., family birth-dates, Social Security numbers, wedding anniversaries – you know, all of the things that you typically forget – in their phone.

They log into Internet Web sites using their smartphone to conduct online banking, check their on-hand balances and conduct money transfers.

What people forget is their smartphone saves all of the information inside of their phone. Criminals and hackers, on the other hand, don't forget that fact. Instead, they are hoping that you leave your phone in a location where they can steal it, locate all of your personal information, and use your information to steal your identity, steal your money, and target your friends and family members. Smartphones have become a booming business for the bad guys – and they are making millions of dollars every year via smartphones.

Which means you have to be smarter than the criminal, be aware of how information stored on your phone is stolen, and take defensive measures to protect yourself, your family and unit from this 21st century problem.

In accordance with Army Policy, Army Regulation 360-1 and AR 530-1, personal electronic devices at training and briefing sessions where PEDs are restricted and publishing official Army information without express permission from the chain of command is prohibited in order to mitigate Army vulnerabilities and reduce operations security violations.

Here are some tips to get you started.

- Password protect (or activate swipe security on) your phone.
- Turn off the Wi-Fi feature of your phone – a hacker can use that to gain unauthorized access to your phone.
- If your phone is lost or stolen, immediately contact your phone carrier to have it deactivated.
 - » If you can remotely delete or reset your phone, do it.
 - » If you can remotely track your phone, e.g., the Apple iPhone has this capability via Apple Care, do it.
- Be very careful which apps you download and install onto your smartphone. A growing number of malicious applications are finding their way onto the various app stores. Once installed, you'll never detect their activity and you will become an identity theft victim
- Consider installing anti-virus software for your smartphone.
- Review your monthly telephone bill for unusual activity, e.g., excessive billing charges.
- Ensure you wipe the phone's internal storage before giving it away, selling it or trading it in.





Thanksgiving is a time of

year that people come together to share what they are thankful for. What is it you have to be thankful for?



Marq Rucker, military family member

"I'm thankful for my family."



W01 Robert Iem, 1st Bn., 145th Avn. Regt.

"I'm thankful for the fact that I'm in flight school."



2nd Lt. Phil Lenavitt, 1st Bn., 145th Avn. Regt.

"I just got married last month, so I'm really thankful to be married to a wonderful woman."



CW4 Donald Bond, Warrant Officer Career College

"I'm just thankful for my family."



Sadie Sample, military family member

"I'm just thankful for just living. It's so great to be here and be above the ground. I'm thankful to have a family and I'm totally blessed."

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SecDef urges Congress to adopt budget amendment

Defense Media Activity Staff Report

WASHINGTON — Defense Secretary Ash Carter urged Congress Nov. 10 to adopt a proposed budget amendment that he said is "vitally important for our national security.'

In a statement issued after the administration proposed the plan, Carter said it reflects the evolving nature of the military campaign against the Islamic State of Iraq and the Levant and U.S. efforts in Afghanistan.

The proposed amendment funds initiatives based on recommendations by military commanders that he and Marine Corps Gen. Joe Dunford, chairman of the Joint Chiefs of Staff, reviewed and that President Barack Obama approved, Carter said, adding that the measure will hasten ISIL's defeat and make the United States more secure.

The counter-ISIL strategy is demonstrating results on the battlefield, the secretary said, noting that Iraqi security forces are currently operating inside Mosul, freeing Iraq's second-largest city from ISIL's control, and that operations



PHOTO BY PVT. AUSTIN ANYZESK

Three UH-60 Black Hawk helicopters, one of them carrying Army Chief of Staff Gen. Mark A. Milley, arrive at National Training Center, Fort Irwin, California, Nov. 6.

have begun to isolate and eventually liberate Raqqa, the Syrian city that ISIL has declared the capital of the caliphate it claims to have established.

"Additional resources will help sustain that positive momentum

by boosting our support to partner forces and our intelligence efforts," Carter said. "In addition to enhancing our effort to defeat ISIL, this plan would fund the president's decision to adjust our troop levels to better support the Afghan government's strategy to secure its nation, and would help enhance Afghanistan's aviation capability."

Carter called the proposed budget amendment "a balanced package" that also supports critical efforts by the State Department and the U.S. Agency for International Development to boost national security.

"As we've shown results on the battlefield, we need to support the diplomatic engagement, governance and stabilization components of the counter-ISIL campaign, as well as relief and recovery efforts that together will help make sure that ISIL, once defeated, stays defeated," the secretary said. "The package supports our State Department and USAID colleagues with needed security funding and supports humanitarian assistance and efforts to counter violent extremism in the Middle East and beyond.

"It adheres to the balanced principles that form the bipartisan basis for the much-needed budget stability we have recently enjoyed," he continued. "In contrast to some congressional proposals, it does not risk that stability and supports emergent defense and non-defense requirements.

"Swift passage of this plan will help the Department of Defense and our partners in the U.S. government and around the world protect this nation, and I urge Congress to support it."

VETERANS DAY

DOD recommits to today's military, force of future

By Terri Moon Cronk Defense Media Activity

WASHINGTON - As America remembered those who have served on Veterans Day, the Defense Department reaffirmed its dedication to today's force and recommitted itself to building the Force of the Future.

Defense Secretary Ash Carter was keynote speaker at a Veterans Day ceremony at the Women in Military Service for America Memorial at Arlington National Cemetery Friday.

"Today, we honor every American who

malign influence in the Gulf, and the campaign to defeat the Islamic State of Iraq and the Levant.

PREPARING FOR THE UNCERTAIN **FUTURE**

The secretary said today's force must also prepare to contend with an uncertain future, so that DOD will remain ready for unanticipated challenges.

"I'm doing everything I can to support the strength and readiness of today's fighting force - investing in the right training, the right force size, the right equipment and has stepped forward to serve," he said of the right compensation and benefits that our deserve," he said.



the more than 20 million living veterans and troops, military families, and DOD civilians more than two million Americans still serving in uniform around the world.

FORCE OF THE FUTURE

"The men and women of the force of the future will inherit a remarkable legacy," Carter said in prepared remarks. "Since the nation's founding, each of our Soldiers, Sailors, Airmen, Marines, Coast Guardsmen and veterans - men and women - active, Guard and reserves - has done one of the noblest things a person can do, which is to help defend our country and make a better world for our children."

And as the world and wars have changed, they've fought, adapted to fit the times and prepared for the future, he said.

Those who today follow in the footsteps of America's veterans face five major and evolving challenges, Carter said, from Russian aggression and coercion, to the military rebalance to the Asia-Pacific region, strengthening U.S. deterrent and defense forces as North Korea continues nuclear and missile provocations, Iranian aggression and

And while the DOD's force of today is outstanding and meets its many challenges, Carter said, thinking outside of the Pentagon's five-sided box will ensure the U.S. military remains the best.

As generations change, so, too, will technology and labor markets, requiring the DOD to stay competitive to attract and retain the most talented people, he said.

WOMEN IN COMBAT

One effort to keep the competitive edge was Carter's landmark decision last year to open up all combat positions to women without exception. The decision ensured that the military would benefit from the service of every American who can meet its high standards and contribute to the defense mission, he noted.

"[That] requires drawing strength from the broadest possible pool of talent, and that includes women, because they make up over 50 percent of the American population," the secretary said.

PHOTO BY SGT. AMBER I. SMITH

Secretary of Defense Ash Carter observes a moment of silence during a Veterans Day observance at the Arlington Amphitheater, Arlington National Cemetery, Arlington, Va., Friday.

To succeed in the DOD mission, he added, the department must take full advantage of every individual who can meet its standards.

"Any woman who qualifies can now contribute to our mission in ways they could not before," the secretary said. "They can drive tanks, fire mortars and lead infantry Soldiers into combat. They can serve as Army Rangers and Green Berets, Navy SEALs, Marine Corps infantry, Air Force parajumpers and everything else that previously was open only to men."

All women in uniform will be able to realize their full potential, Carter said, explaining that, "while [DOD] had previously benefitted from the skills and perspectives of women ... they had long been only allowed to serve in limited roles or had limitations put on their opportunities simply because of their gender. While that was bad talent management, it also wasn't right. That's why we ended it."

Carter continued, "I'm proud to say that everyone who's able and willing to serve their country, who can meet our high standards, has the full and equal opportunity to do so.'

Whether military veterans served years ago or are part of DOD's Force of the Future, Carter said, he couldn't be prouder of them and for what they have done, and what they continue to do for the country and the America people.

"Their excellence is unparalleled," he said. "Their service is invaluable. And their sacrifices will never be forgotten."

News Briefs

Flu shots

Flu shots are available for families in the preventive medicine department from 7:30 a.m. to 3:30 p.m. Mondays through Fridays. Patients should keep in mind that lunch time is the busiest time for the department. After-hours immunizations will be provided during the following dates for school-aged beneficiaries from 3:30-5 p.m. each day: today, Monday, Tuesday, and Nov. 28 and 29, and Dec. 1.

Clinic closures

Lyster Army Health clinic will be closed Nov. 24 and 25 for Thanksgiving.

Thanksgiving services

The Fort Rucker Chaplaincy will host a postwide Thanksgiving service Wednesday at 11:30 a.m. at the Headquarters Chapel, Bldg. 109 and a Thanksgiving Eve Mass Wednesday at 5 p.m. at the Main Post Chapel, Bldg. 8940.

For more information, call the Fort Rucker Religious Support Office at 255-2989 or 255-2012.

PX Black Friday

The Fort Rucker Exchange is putting family first this Thanksgiving as it opens doors at 4 a.m. on

Black Friday, Nov. 25

"The Army and Air Force Exchange Service is family serving family - 85 percent of our associates share a connection with the military," said Beate Bateman, main exchange manager. "By holding fire until Black Friday, the exchange team and those we serve can enjoy Thanksgiving with their friends and family."

The Fort Rucker Exchange will open its doors on Black Friday to offer deals on the hottest holiday gift items. Additionally, the exchange's entire stock of prestige handbags will be 25 percent off. The savings will continue with additional deals through the weekend as the PX opens Nov. 26 at 8 a.m. The store will return to normal operating hours Nov. 27

Shoppers can also log on to shopmyexchange. com starting at 5 a.m. EST Thanksgiving Day to get a head start on holiday deals from the comfort of their own homes. Black Friday weekend deals will also be available at shopmyexchange.com.

ID card section closure

The Fort Rucker ID Card Section will close from 2:15-4:15 p.m. for training the second Wednesday of every month.

Lost and found

People who have lost or misplaced property while on Fort Rucker can call the Directorate of Public Safety's lost and found point of contact at 255-3239 to inquire if their property has been turned in.

To claim their property, people must be able to demonstrate ownership of the property. DPS retains property found or turned in at special events held on the installation, such as Freedom Fest the most common items turned-in are keys, cell phones and wallets.

Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend. Retirees are also encouraged to apply for one of the open

positions on the council. For more information, call 255-9124.

Yoga classes

Lyster Army Health Clinic offers free yoga classes Mondays, Wednesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in the Lyster Activity Center, Rm. J-100, of the clinic. Participants are encouraged to bring their own mat.

Diabetes Basics

Lyster Army Health Clinic offers beneficiaries a four-part Diabetes Basics Program where they will learn about preventing and controlling diabetes. Classes are held Thursdays from 9 a.m. to noon at Lyster.

For more information, call 255-7986.

Weight control

The Lyster Army Health Clinic Fit for Performance Weight Control Program consists of six sessions taken over a six- to 12-week period. The program is available to all active-duty military, retirees and family members. Classes are held on Tuesdays from 9-11 a.m. or 1-3 p.m.

For more information, call 255-7986.

'WINDOWS OF SUPERIORITY'

Army aims for windows with multi-domain concept

By Sean Kimmons Army News Service

ARLINGTON, Va. - One tactic the Army is now considering as part of its drive to achieve windows of domain superiority in future battles is the strategic deployment of artillery along coastlines to sink enemy warships.

With such windows of superiority, created from a mixed use of land, air, sea, cyber and space domains, U.S. military units would maneuver freely to penetrate and defeat enemy strongholds.

"If the Army can provide capability to the maritime domain, that really starts to change the equation there," Gen. David Perkins, commander of Army Training and Doctrine Command, said at an Association of the U.S. Army breakfast discussion Nov. 9.

In the spring, U.S. Pacific Command aims to conduct a multi-domain battle exercise to test maritime missions using Army assets. U.S. Europe Command also will hold a multi-domain exercise on that continent sometime next year, according to the general.

"We're starting to put together these multi-domain battle exercises in the real domain to replicate some of these capabilities," he said.

In October, Army leaders officially announced a shift to the multi-domain battle concept, a shift that is meant to keep the service ahead of potential adversaries around the world. To guide the concept, TRADOC planners have pinpointed eight capabilities for the Army to concentrate on.

Along with cross-domain fires, the capability areas to lead the Army into the future include combat vehicles, expeditionary mission command, advanced protection, cyber electromagnetic, future vertical lift, robotics/ autonomous systems, and Sol-



Paratroopers from 173rd Brigade Support Battalion, 173rd Airborne Brigade, prepare to board a 12th Combat Aviation Brigade CH-47 Chinook in Pordenone, Italy, last year.



PHOTO BY SEAN KIMMONS

Gen. David Perkins, commander of Army Training and Doctrine Command, addresses a crowd during an Association of the U.S. Army breakfast discussion in Arlington, Va., Nov. 9.

dier team performance and overmatch.

With autonomous systems Perkins said, one example of achieving domain superiority would

be the ability to perform breach operations without risking the safety of Soldiers.

"I want the ability to conduct an autonomous breach with robots, [and] never have a manned system in there probing for mines," he said, adding that U.S. forces could also employ an electromagnetic field to prevent enemies from interfering with the robots.

Army leaders also are looking for ways to diminish emerging anti-access/anti-denial capabilities, like long-range fires and precision munitions. That way, Soldiers would face fewer difficulties moving around contested territory.

Once inside a contested area, the U.S. military's superior ability to move quickly could allow it to land a knockout punch against an enemy.

"When the U.S. military maneuvers, that's a very difficult dilemma to deal with," Perkins said. "Our people are better trained. We can jab much better."

But overreliance on such capabilities can also present protection and sustainment challenges when those capabilities disappear. If communications go of-

fline, for example, well-trained leaders will be needed to keep operations on the right path.

"When and if they lose communications, they'll still understand the commander's intent and can operate for periods of non-connectivity," Perkins said. "[They] have to be very comfortable not having continuous communications, yet [they must also have] a continuous understanding of the battlefield."







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"We're selling pre-owned vehicles for as little as \$29 down and \$99 per month^{*} Plus select New Chevrolet's selling at up to \$11,455 off $MSRP^{\dagger}$ and 0%^{††} financing for 4 days only, this Thursday through Monday!"



Enterprise Chevrolet, at 1001 Rucker Boulevard, are proud to serve Enterprise and the surrounding communities.

ENTERPRISE, AL — Mr. Keith only, this Thursday through General Caraway, Sales of Manager will Chevrolet, stun the competition and area residents by announcing plans for unprecedented mega sales event in the Enterprise area; with over that makes buying a car simple and affordable to anyone. During this event, customers will be able to take on payments on the preowned vehicle of their choice for an incredibly low down payment as little as \$29^{*}. Buying a car

Monday (closed Sunday), **Enterprise** regardless of the weather.

> Caraway offers a simple explanation for this unprecedented an sale, "We have the largest selection 200 new cars in stock and over 75

> > "During this incredible event every vehicle will be clearly marked and available for a down payment as little as \$29*."

vehicle will be clearly marked and available for the low down payment of as little as \$29^{*}. Credit approval will be available to help reduce monthly payments or obtain credit for those who may have had challenges in the past. During the 4-day event, all trades are welcome, paid for or not¹. Caraway states, "You don't want to miss this unique opportunity to obtain a new or pre-owned car, truck, van or sport utility with an unbelievably low down payment from just twentynine dollars^{*}!"

Caraway also reminds customers that the event is first-come, firstserved, so it's critical to come



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early to have the best chance of

has never been easier or more enjoyable!



USED 2011 Nissan Sentra Only \$29 down and \$99 per month^{*}.

The event, known as "The National Automotive 'Insider' Sale", has been sweeping the U.S. and allows customers to be on the 'inside' to great savings on the pre-owned vehicle of their choice. In conjunction with this event, buyers will also be able to buy select new



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Chevrolet's for up to \$11,455 off MSRP^{*t*}, or 0%^{*t*} financing up to 60 months for qualified buyers. Caraway confirms the event will go on and be held for **four** days

- Keith Caraway, GSM

high-quality front-line pre-owned vehicles, we have many vehicles to choose from. We need to sell 50 vehicles by the end of the month to make room for incoming 2017 models, so that's why the prices and payments are so low! With prices starting at just \$29 down



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and \$99 per month^{*} and select new Chevrolet's at up to \$11,455 off MSRP[†], or 0%^{††} financing available select on new Chevrolet's for qualified buyers, it doesn't get any better and the service you can expect is second to none."

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The exclusive site for this exciting event is Enterprise Chevrolet located at 1001 Rucker Boulevard in Enterprise, for 4 days:

Thursday - Friday 8:00am – 7:00pm

Saturday 8:00am – 6:00pm

> Sunday (Closed)

Monday 8:00am - 7:00pm For further information please call: (334) 347-9581

or just go to

www.EnterpriseChevy.com to preview these awesome vehicles

at incredible prices.

*All prices are plus Tax, Title, License & dealer Processing Fees W.A.C. Dealer participation affects final negotiated price. Not all buyers will qualify for the financing offer of \$29 down listed per month payments. All offers are with approved credit and income. Vehicles subject to prior sale.

* 2011 Nissan Sentra, STK# SO3038A, \$29 down and \$99 per month for 84 months @ 1.9% APR, Sale price \$7,500.

** 2004 BMW Z4, STK# PC9586, \$29 down and \$150 per month for 75 months @ 1.90% APR, Sale price \$9,900.

****2016 Chevrolet Sonic, STK# SO2969, \$0 down and \$220 per month for 84 months @ 1.90% APR, Sale price \$20,000.

† 2016 Chevrolet Silverado, STK# SI3060, MSRP \$44,695, \$11,455 off MSRP = \$3,145 factory rebate and \$8,310 dealer discount, final sale price \$32,240, subject to credit approval, must finance through GM Financial.

††0% for 60 months on select models, borrowed with GM Financial approved tier 1 credit. See dealer for details.

1 Trading in a vehicle will not eliminate your debt. Negative equity will be added to any purchase or lease. Vehicles subject to prior sale.

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SECDEF: Ties to tech, innovation communities critical

By Terri Moon Cronk Defense Media Activity

WASHINGTON — The ties between the Defense Department and commercial technology and innovation keep the U.S. military agile as it meets today's challenges and remains ready for the future, Defense Secretary Ash Carter said Monday.

In a forum hosted by "The Atlantic" magazine and innovation firm 1776, the secretary discussed DOD's technology partnerships and the Force of the Future with the magazine's editor-in-chief, Jeffrey Goldberg.

While DOD focuses on five evolving threats from China, Russia, Iran, North Korea and the Islamic State of Iraq and the Levant, "I also need to make sure that we're ready for things that we cannot foresee today – as ready as we can possibly be," Carter said.

DOD and the commercial technology and innovation worlds have maintained a decades-long tradition of cooperation, which is a reason the U.S. military is the



PHOTO BY NAVY PETTY OFFICER 1ST CLASS TIM D. GODBEE

Defense Secretary Ash Carter speaks about Force of the Future technology and innovation initiatives at the Atlantic Exchange forum in Washington, D.C., Nov. 14.

finest in the world as it provides security for its people, Carter said, adding the close connection between the two realms is globally unrivaled.

"It's a competitive world," he said, adding, "[And] even as it is competitive in the commercial

world, it is competitive in the security world, and if we relax our guard and we just assume it's a birthright to be the best, that gap is going to close. I can't allow that to happen."

The secretary said innovators are the people who want to

make a difference, and they can help protect the nation's people and civilization by working on projects with DOD through the Defense Digital System, such as keeping DOD's nuclear command and control system from being hacked.

"That's ... where best practices and the talent of people from the outside have made a very material difference," Carter said.

"I'm trying to make us permeable enough that people can come and go," he added. "Some people will want to serve in uniform, some people will want to serve in the civil service, and that's great and I want them to."

The secretary suggested that start-up businesses connect with DOD through its Defense Innovation Unit Experimental – also known as DIUx – with outposts in Silicon Valley, California; Boston; and Austin, Texas. DIUx links with America's leading innovators so they can help address national security challenges and ensure America's warfighters remain on the cutting edge of tech-

nology.

"There is nothing better than waking up in the morning and being part of this fundamentally important thing," Carter said of working on the department's mission.

"There are a lot of wonderful things in life," he said, "but none of them can be had unless we're safe. I always tell [the troops], 'You get to get up in the morning and know that your heart is bigger than yourself."

The United States remains "an exceptionally strong country with an amazingly bright future and innovative people, tremendous military strength, but that's not our only strength. We have a very resilient economy. We have the best innovation system in the entire world," Carter said.

Since the end of World War II, the United States has helped other nations rise and prosper, Carter said

And today, the nation remains "a very influential power in the world. And I expect that to continue," the secretary said.

DOD initiative crowdsources U.S. military competitive advantage

By Cheryl Pellerin Defense Media Activity

WASHINGTON - Inspired by Defense Secretary Ash Carter's innovation initiatives, a think tank report about Air Force innovation and a recently released list of United Kingdom defense challenges, officials in the Defense Department's Office of Strategy and Force Development decided to crowdsource elements critical to retaining the U.S. military's competitive advantage.

Mara E. Karlin, deputy assistant secretary of defense for strategy and force development, leads the office in a range of efforts that guide Defense Department analysis and review, including, among other things, assessing future national security challenges, developing long-term competitive strategies and force planning scenarios, and coordinating global and internal policy planning. The office also is the lead for policy analysis and advice to DOD senior leadership on developing U.S. forces, assessing capabilities, and allocating resources to support the defense strategy. After the crowdsourcing idea arose from her reading and research, Karlin said, he worked with some of his counterparts, including Steve Welby, assistant secretary of defense for research and engineering, and Brig. Gen. Randy George, deputy director for regional operations and force management on the Joint Staff. "We've been working across the department to launch this crowdsourcing initiative," she added, "focused on what we think are key operational challenges that are animating how we think about the changing character of war."

dressed and the submission process for papers that are no longer than four pages. The deadline is Nov. 28 at 5 p.m. EST.

Karlin said the key areas for crowdsourcing include "how we're thinking about counter power projection writ large - there are ways of thinking about power projection, ways of thinking about how we're establishing our battle networks, how we're seeing technology changing our ability to make decisions, and how we can think about crowdsourcing within this."

The deputy assistant secretary added, "A lot of culture where folks realize key changes are happening it's OK to test all sorts of quickly and in ways that are ideas, it's OK to fail here so less traditional than we're used to, so we've identified that handful of areas to help us ensure that we're clear on the operational challenges we see over the next 20 years and that all of the folks who are interested in those ideas also see them."

top proposers will come in and brief some of us."

After that, the team will speak about the proposals with Deputy Defense Secretary Bob Work and Vice Chairman of the Joint Chiefs of Staff Air Force Gen. Paul J. Selva.

At a minimum, Karlin said, the deputy secretary and the vice chairman are willing to hear the proposals.

"Both of them have led a number of initiatives to try to spur innovation within the department," she added. "Their war-gaming initiative that they've written about has helped inspire a that we don't fail out there, and I think that disposition is important for efforts like this."

able to approach this issue from different perspectives."

WINNING **SUBMISSIONS**

"If [the ideas] make sense, if they have an interesting operational concept that seems to resonate with how we're thinking about these challenges, then we absolutely hope to work them into the system," Karlin said.

There's no extra money for the projects, she noted, but depending on the pro-

posal, the department has several processes for funding good ideas in technology and in operational concepts.

"The key is making the argument that the money we have should go toward this," Karlin said, "and for a smart, thoughtful idea, I think that's an argument that can absolutely be made and the way the department does its entire budget process is predicated on that."

The deputy assistant secretary said that her team is hoping to do "a pretty quick turn, so our plan is that we will have notified folks who've submitted within a few weeks."

Karlin said this crowdsourcing effort will be the first of other initiatives to try to spur discussions with those who think differently inside and outside the department.

"You'll note that this was an unclassified effort, and that was really important to us," she said. "We wanted to make sure that we weren't just talking within [the DOD] bubble."



CHANGING **CHARACTER OF WAR**

Nov. 2, the department released an article outlining the crowdsourcing initiative and detailing the operational challenges to be ad-

Karlin said she and her team want to hear from anyone who has a good idea.

"The ideas have to be grounded in some practicality, so the brilliant idea that costs many billions of dollars probably won't make it," she added. "But for smart thinkers who are really examining these challenges who propose that we think about operational concepts differently, that we think about a type of technology differently or force structure differently that would all be very welcomed."

EVALUATING IDEAS

After the submissions are received, she said, a team whose members have experience in policy; acquisition, technology and logistic; and Joint Staff operations will sequester themselves for two weeks and review the papers.

"They have a couple of different metrics that they will look through while they evaluate the proposals," Karlin explained. "They'll then narrow them down, and a few weeks later, the

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For any good ideas, Karlin said, her team will be sure to present them to department officials who are most familiar with the addressed issues.

"If someone comes forward with an interesting way of using technology differently, a certain capability, that's one of the reasons that we have someone like Steve Welby co-chairing this initiative," she said. "We can talk to the Strategic Capabilities Office. We can talk to planners at the combatant commands to see how they might use this technology. So we want to ensure that we talk to multiple people who would be

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Service

Continued from Page A1

volunteered, and we're honored for that service," continued the general. "Our nation has been blessed with generations of men and women who have committed themselves to something greater than themselves, and we should all continue to be grateful for that."

During the ceremony, a wreath was laid in honor of those past and present service members, and service members from every branch of service - Army, Air Force, Navy, Marines and Coast Guard – were asked to stand as their branch song played.

In addition to the Veterans Dav ceremony at Veterans Park, the schools showed their

Hollyday

own appreciation to veterans through celebrations of their own. Both schools held services where songs were sung and video tributes were shown to honor veterans of the past and present, as well as those Soldiers of family members on Fort Rucker who are forward deployed.

Dan Hartmann, Army veteran, said he was honored to be able to attend the recognition ceremony and show his respect to his brothers and sisters in arms.

"It's critical that we honor all of these men and women for the sacrifices they have made," he said. "Not everyone can put on the uniform and serve their country, and for those of us who did, it makes us feel appreciated knowing that we aren't forgot when our service has ended."

Hartmann, who served in Vietnam, said today's Army is different from when he served, but what Soldiers stand for remains the same.

"When I was serving, it wasn't popular to be part of the military," he said. "To me, though, that didn't matter - all that mattered was serving my country. No matter what you're going through, you can rest assured that there are going to be those willing to fight for the freedoms of this nation."

It's that willingness to fight since the beginning that sets the U.S. apart from other nations, said Gayler.

"From the minutemen who won our independence to today's brave warriors all across every component and every branch of service who turn back aggression all around the world, there are Americans who are willing to risk their lives for their fellow man," said the general. "What makes America exceptional is, somehow, generation after generation of patriots who have served, we still have those willing to serve and risk their lives.

"Our veterans are a shining example for us to follow today as we look back over our nation's history," he said. "Across many battlefields and many conflicts, wherever and whenever our freedom was threatened, brave men and women have risked and even given their lives in defense of our great nation - we will never forget that sacrifice."

Continued from Page A1

because it's a time when we all come together as one big community to celebrate the holidays," she said. "The funds that we make as a club go back to the community in the form of scholarships and welfare (projects)."

Proceeds from the HollyDay Bazaar go to help fund

ition assistance portal;

• Guidance and training

for transitioning sol-

diers planning to fur-

GI Bill/Army College

Fund/loan repayment

program information

and application assis-

• Assistance with other

semi-education-related

programs like OCS,

Green-to-Gold, COOL

According to McNally,

ACES is open to Soldiers,

family members, retirees,

tance; and

and Skillport.

ther their education;

Center

Continued from Page A1

- Functional Academic Skills Training, FAST Class (A classroombased, instructor-led academic remediation course designed to prepare soldiers to retake the AFCT test to improve their GT scores):
- A multi-use learning center/computer lab for customers (no CAC required for access) that family members can use, as well as military members;
- Army personnel testing services (SIFT, AFCT, DLAB, DLPT, OPI, TABE, Praxis) -Dantes testing services (FAA, ACT, SAT, MSSC, E-Exams);
- A separate testing center for non-military affiliated tests, such as CLEP and DSST (col-
- Financial aid assistance and resources;
- Army Tuition Assistance counseling and approval;

students in the local community, and in years past, the bazaar has helped raise 10s of thousands of dollars for those scholarships. For the Baldwins, it makes it easier for them knowing

that they're able to help a good cause.

scholarships and grants that the spouses club supports for

"I think that's just a bonus to being able to come out

here and shop and have a good time," said Sherry. "The holiday season is really about giving, and this is one small way that we can help give back, so we're all for that."

"I just think it's a wonderful cause that they're able to do this for students who are aspiring to continue their education," added Danielle. "It really does fit with the spirit of giving and I'm happy to support that.

veterans and DOD em-

ployees Mondays through

Fridays from 7:30 a.m. to 4 p.m. "A college degree can help Soldiers in their military careers and give them a better chance at getting a good post-service job," he said. "Education is the foundation for any advancement in and around the military. Military members and their families need to get started on or further their education in order to secure their futures." One tool Soldiers can

use to boost their military career, according to Mc-Nally, is the FAST class.

"The FAST class offers classes in basic math, reading, vocabulary, and study and test-taking skills designed to prepare students to retake the active duty version of the ASVAB test and prepare students for college classes," he said. "It is available to all military members with a GT score of 109 and below. The course goes for three weeks from 8 a.m. to noon. Two FAST classes are offered at Fort Rucker each quarter."

ACES also offers a multi-use learning facility with access to computers (without CAC cards), the Internet (both military and commercial sites), CAC card readers, print/scan/ copy accessibility, study space and study materials. McNally said Soldiers now have invaluable ac-

cess to new resources. "The DOD has agreed to fund Soldiers' use of Tutor.com, which is a live tutoring service that uses

professional tutors to give one-on-one instruction in over a dozen academic areas," he said. "The website is www.tutor.com/ military. The Fort Rucker ACES education center is also restructuring their facilities allowing academic institutions to expand their programs. They will have larger classrooms to provide better classroom environments."

For more information on services available through the education center, call 255-2378.



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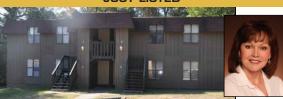




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ARMY SAFE IS ARMY SAFE

NOVEMBER 17, 2016

HURRIGANE RELIEF

JTF-Bravo completes Haiti relief mission after huge airlift effort

By Master Sgt. Kerri Spero Joint Task Force Bravo

SOTO CANO AIR BASE, Honduras — More than 200 Joint Task Force-Bravo and Special Purpose Marine Air Ground Task Force South personnel worked around the clock for 15 days providing airlift support carrying personnel and relief supplies to Hurricane Matthew-stricken Haiti.

A combination of HH-53 Super Stallion, HH-60 Black Hawk and CH-47 Chinook helicopters deployed to Haiti from Soto Cano starting Oct. 5. The extensive operation began wrapping up with personnel and cargo returning to SCAB beginning Oct. 16, and ended with all people and equipment back Oct. 20.

"It is quite an honor to be in command of JTF-Bravo," said Col. Brian Hughes, JTF-Bravo commander. "The efforts the entire force put into executing this mission was tremendous. Between the 1st Battalion 228th Aviation Regiment, the Medical Element, Joint Security Forces and Army Forces Battalion, and the 612th Air Base Squadron, it was a full JTF-B effort synchronized with the SPMAGTF. They did tremendous work, I'm absolutely impressed with them."

While in Haiti, SPMAGTF and 1-228th Avn. Regt. were part of Joint Task Force Matthew, a temporary command established by U.S. Southern Command in Port-au-Prince, under the command of U.S. Navy Rear Adm. Cedric Pringle, to coordinate and execute the combined Department of Defense supporting elements that included the Marine and Army aircraft from Soto Cano, and ships and aircraft from the Navy, Air Force and Coast Guard.

"It was hot, tiring and extremely rewarding", said Lt. Col. Richard Tucker, 1-228th Avn. Regt. commander. "The troops were motivated and excited to work, fly, and move food and supplies, as well as personnel that assessed the damage in Haiti, and

SEE RELIEF, PAGE B4



PHOTO BY MASTER SGT. KERRI SPERO

A UH-60 Black Hawk helicopter from the 1-228th Avn. Regt. provided airlift support by returning cargo from Haiti to Soto Cano Air Base, Honduras.



PHOTO BY PVT. AUSTIN ANYZESK

Three UH-60 Black Hawks, one carrying Army Chief of Staff Gen. Mark A. Milley, arrive in the box at the National Training Center, Fort Irwin, Calif., Nov. 6. During his visit with 11th Armored Cavalry Regiment 'Blackhorse Troopers,' Milley offered insight about the future of the Army, the importance of the National Training Center and the value of finishing a college education.

'TRAIN AS YOU FIGHT'

UNIQUE CHANGE

4th CAB, 4th ID hosts takes part in infrequent ceremony

By Capt. Shaun T. Manley

4th Combat Aviation Brigade Public Affairs, 4th Infantry Division

FORT CARSON, Colorado — Families and friends of 4th Combat Aviation Brigade, 4th Infantry Division, gathered at Fort Carson's William "Bill" Reed Special Event Center to be part of an infrequent ceremony in the Army Oct. 28.

The Aviation brigade conducted a change of responsibility ceremony for its command chief warrant officer position in which CW5 John M. Moseley relinquished responsibility to CW5 Jimmie D. Brooks.

The CCWO position, enacted for Avia-

Partnership provides mutual benefit in decisive-action fight

By Staff Sgt. Leah Kilpatrick

3rd Armored Brigade Combat Team, 1st Cavalry Division

FORT HOOD, Texas — "We train as we fight." It's been said so frequently it's become cliché. Perhaps because it's true.

The Soldiers of the 3rd Armored Brigade Combat Team "Greywolf," 1st Cavalry Division have spent the year maintaining their physical fitness by conducting physical readiness training; maintaining their marksmanship proficiency by qualifying on their individually assigned weapon systems; maintaining crew, squad and platoon proficiency by conducting gunnery tables.

But none of those training opportunities encapsulates the spirit of "training as you fight" as much as the brigade's October rotation to the National Training Center in Fort Irwin, California.

"My training objectives were to synchronize intelligence collection, fires, mission command and sustainment, with maneuver, which I define as the brigade fight," said Col. John Woodward, the commander of the Greywolf Brigade. "We were able to train on these individually, but only at the National Training Center do they provide the resources where you can train and fight as a brigade against the best (opposing force) in the world."

In addition to the resources accessible at NTC was the space to operate as a brigade's worth of combined arms firepower.

"You don't have the opportunity to do that in a home station training event, just because you can't get all of your enablers, all of your maneuver units, into the fight at the same time, so the National Training Center is a place where it allows you to stress every warfighting function simultaneously," Woodward said.

TRAINING MADE BETTER

The ability to incorporate the same interoperability, both joint and coalition, that has defined the conflicts of the last 15



PHOTO BY STAFF SGT. LEAH KILPATRICK

British soldiers from 1st the Queen's Dragoon Guard board a U.S. Army 1st Air Cavalry Brigade CH-47 Chinook recently to provide reconnaissance support for the 3rd Armored Brigade Combat Team, 1st Cavalry Division's force-on-force fight during National Training Center 17-01 at Fort Irwin, Calif.

years only added to the relevance.

For the 10-day force-on-force battle, Greywolf partnered with the 155th Armored Brigade Combat Team "Dixie Thunder;" 1st Attack Reconnaissance Battalion, 227th Aviation Regiment, 1st Air Cavalry Brigade; 1st The Queen's Dragoon Guards from the British Army; Detachment 1735 from the 344th Tactical Psychological Operations Company; and B Company, 411th Civil Affairs Battalion.

"We're never going to fight by ourselves again, so I think the significance is for us to not only test but to exercise our interoperability," Woodward said.

Where Greywolf had shortages, its enablers were able to fill the gaps to ensure a smooth training opportunity for all units involved.

"With the partnership with the 155th, the way we were able to capitalize on that is we had some shortages in personnel in specific (military occupational specialties)," Woodward said. "They had the opportunity to send people to help us fill that need. The 155th ABCT also sent some key leaders who had not been to NTC in order to prepare for their upcoming NTC rotation later this year."

This collaboration among units enriched

the learning environment as tactics, techniques and procedures were shared and refined.

"You train as you fight, and it's best to train with the partners that are going to be there with you in the fight," said Lt. Col. Martin Fox, commander of the 1-155th Inf. Regt., 155th ABCT. "It helps reinforce those relationships and enables you to implement the plan and mitigate the weaknesses."

Fox said 46 of the 55 Soldiers that Dixie Thunder sent to augment Greywolf at NTC were from his battalion, and only two had ever been to the National Training Center, so this training opportunity allowed them to gain valuable experience to bring back into their formations to manage the expectations of their Soldiers in preparation for their own NTC rotation in the summer of 2017.

"The benefit for the 155th would be getting Soldiers multiple training opportunities in different places, being able to train with someone other than who you're used to training with," said 1st Sgt. Micquel Miller from 1-155th Inf. Regt.

The Greywolf Brigade and Dixie Thunder had previously partnered during last tion brigades in October 2014, affords oversight and leadership to warrant officers throughout the brigade.

"Our Warrant Officer Corps has been a crucial part of our Army for many years," said Col. Lori Robinson, commander, 4th CAB, during the ceremony. "As much technical expertise as they bring, our warrant officers are leaders within this formation and not just warrant officers, but Soldiers of all ranks look to them for expertise and competence."

In order to serve in this rare position, the senior chief warrant officer must have served in every Aviation warrant officer position, ensuring their ability to mentor, coach and develop warrant officers from various military occupational specialties throughout the organization.

Warrant officers make up around 10 percent of the Aviation unit, filling positions across the brigade and bringing immense knowledge on a multitude of occupational specialties and skill sets, including technical flying skills, understanding the enemy – threat systems, maintenance, gunnery, property books, ammunition, food service, human resources, intelligence, air traffic control, unmanned aircraft systems, communications and more.

Moseley, the "Iron Eagles" initial and outgoing CCWO, serving in the position since November 2014, has completed his duties and responsibilities with professionalism, and has made a positive difference, according to Robinson.

"(Moseley) represents the qualities we look for in our senior warrant officer leaders," remarked Robinson. "He has truly made a difference through his mentorship,

SEE CHANGE, PAGE B4



PHOTO BY SGT. GREGORY T. SUMMERS

CW5 John Moseley, outgoing command chief warrant officer, exits an AH-64 Apache for the last time Oct. 27.

Army Flier Classifieds

B2

Thursday, November 17, 2016





Relief

Continued from Page B1

also directed the goods and relief efforts to those places. We put in long hours and I'm very proud of all of their efforts."

Tucker said what he was most excited about was that during the mission, uniforms really didn't matter. It didn't matter if it said Army, Air Force or Marine Corps, everybody chipped in.

On any given day, they had Army helicopters flying with Airmen or Marines in the back to assist with loading and unloading the goods. They conducted daily mixed flights with the CH-53s and also had the Navy H-60s coming in, landing at the parking area

Change

Continued from Page B1

friendship and management advice skills."

Throughout the Army, only roughly a dozen CCWO positions exist, with most brigades only being authorized a commissioned officer as the commander and a senior enlisted adviser, the command sergeant major.

For the Aviation brigade, the CCWO offers the command team and the unit a leader and subject matter expert on the warrant officer.

"My experience here has never been about the training, deployments, or equipment," said Moseley. "It's always been about the people and it's been an incredible experience.

Train

Continued from Page B1

year's NTC rotation, the eXportable Combat Training Capability exercise at Camp Shelby, Mississippi, last summer; and the Multi-echelon Integrated Brigade Training exercise at Fort Hood this summer.

"Your training objectives are being met while our training objectives are being met," Fox said. "It's a two-way street in every way we can make it that way."

But Dixie Thunder weren't the only ones who benefitted from Decisive Action Rotation 17-01.

"This is our first time, at least while I've been at the unit, working with the U.K., so it's a pretty cool interoperability piece," said Capt. James Raymond, commander of B Company, 1-227th Avn. Regt. "We get to see some of their TTPs. They get to see some of ours. We've definitely worked downrange together, so we've built those relationships. Very rarely do we get to see them at homestation, so NTC is one of to load up goods. They talked to all the different aircraft and ships on the radios, made one landing to a Coast Guard cutter in order to move some distinguished visitors, and he was happy there was no competition and that it was a team effort.

Historically, U.S. military capabilities are needed most in the early stages of disaster relief operations, when fewer resources are available to help victims and impacted communities. As the relief missions progress and more experienced experts arrive to aid longer-term recovery, the roles previously performed by military units are then assumed by civilian disaster assistance experts and agencies.

"I've heard for a long time, don't determine your importance based on the proximity to the battle or the fight – in this case, the proximity to the humanitarian assistance that was required in Haiti," said Hughes. "Our role was to push the element forward, support them while they were in Haiti, and to return them safely, which was equally as impressive from my perspective. It was an amazing joint effort. Out here on the ramp we had every branch of the service engaged, to include some local Honduran employees who were out here helping. It was a full team effort: Army, Navy, Air Force and Marines, as well as local civilians."

Humanitarian assistance and disaster re-

sponse in Central America are primary missions to JTF-Bravo. Though Haiti is not a part of the normal joint operations area, JTF-Bravo teams began staging relief at the request of SOUTHCOM and the government of Haiti on Oct. 5, and were prepared to stay as long as needed.

According to Adm. Kurt Tidd, U.S. Southern Command Commander, the unique mission the military does in support of natural disaster relief efforts is moving out of Haiti and the civil footprint is ramping up as civilian medical and other support personnel move in for longer term relief effort. The U.S. is not leaving Haiti, just changing the way support is now provided.

"The position was challenging and exceeded my expectations," he added. "I'm both humbled and proud to have served as your command chief warrant officer."

Brooks, the incoming CCWO, comes to the 4th Combat Aviation Brigade from Joint Base Lewis-McChord, Washington, where he served as a brigade standardization officer, saying he was ready to take on the challenges ahead and honored to be part of the "Iron Eagles" command team.

"I'm excited to be here and part of this great organization," said Brooks. "John Moseley has left some big shoes to fill, and I only hope to walk in his footsteps and continue providing the leadership and assisting in carrying on the legacy of the 4th Combat Aviation Brigade."

"After talking with (Moseley) for just a short while you will know that he loves the Army, Army aviation and being a Soldier and a warrant officer," added Robinson. "I challenge all warrant officers in 4th CAB to be that leader."

Marking the final day as the CCWO for 4th CAB and as he prepares to retire after 24 years of service in the Army, Moseley was afforded his final flight, a tradition in the aviation community.

The day before the ceremony, Moseley, also an AH-64 Apache helicopter pilot, took to the sky completing his final mission in control of the rotary wing attack aircraft while family members, Soldiers and friends of the brigade awaited his return.

those great training events."

"In the aftermath of Afghanistan where we were working very tightly together, this reinforces that close bond, the fact that we're used to each other," said Lt. James Cowen of 1st The Queen's Dragoon Guards. "We've got the language. We use very similar tactics and equipment. This is just maintaining all those lessons we learned in Afghanistan, making sure we don't forget any of that, and we can carry it forward to any future operations."

CHANGING FACE OF WAR

While the conflicts of the past 15 years have been primarily counterinsurgency fights, the focus is shifting to training to defeat a more conventional fight - a decisive action fight.

"Although the focus is now decisive action, you're never going to separate yourself from the COIN fight," Woodward said. "That's always going to be present, so you're still going to have to work with

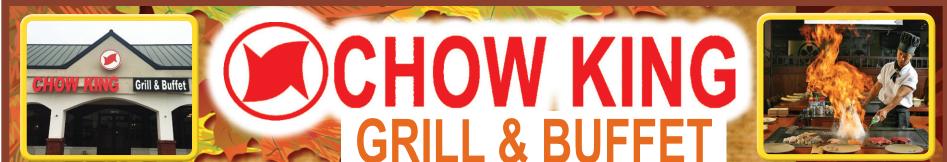
local governments, host nation security, Department of State, USAID and other NGOs, so that part of the battlefield is going to always remain constant, but with the more decisive action fighting a more conventional fight is what we're now training to defeat. In the COIN fight, the counterinsurgency fight, those wars were not an existential threat to the United States, compared to North Korea and Russia. So those near peer forces are what we have to be prepared to defeat on the battlefield as well."

With the resources in place, the enablers at the ready and the mission established, Greywolf was primed to try and defeat a tough opposing force.

"The brigade exceeded all of my expectations during our recent NTC rotation," Woodward said. "A specific area where I thought the brigade staff really excelled was planning for and giving me many options as the commander to afford multiple dilemmas for the enemy commander. One of the things that made these options available was the great work by our tank and Bradley crew members and maintainers. Each fight, we executed at or better than a 90 percent operational readiness rate for tanks and Bradley Fighting Vehicles, which is a testament to their disciplined approach to fleet readiness."

The leaders of the tank and Bradley crews placed the mission and the accompanying praise squarely in the laps of their Soldiers.

"I would attribute that to the Soldiers and the diligence they applied toward their work ethic on the maintenance side of the house with the tanks," said Sgt. 1st Class Robert Patitucci, C Co., 2-7th Cav. Regt. "It's not us (the leaders). We just tell them (the Soldiers) what needs done, and they do it. Inevitably, it falls back to the Soldiers doing their due diligence and maintaining their equipment. We have excellent NCOs to drive that, but it's the Soldiers who are the ones that do it."



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TALKING TURKEY

Post serves up a variety of Thanksgiving activities

By Nathan Pfau Army Flier Staff Writer

As Thanksgiving fast approaches, Fort Rucker is gearing up and getting people ready with what they need to celebrate a successful Turkey Day.

The installation is hosting a multitude of events across Fort Rucker ranging from recreation, fitness and, of course, some good, old fashioned pigging out.

"Whether civilian or military, single Soldier or family member, you will be able to find something to do with the many fun activities planned for this Thanksgiving season on Fort Rucker," said Janice Erdlitz, Directorate of Family, Morale, Welfare and Recreation marketing manager.

For those wanting to get their fitness on before taking on a Thanksgiving feast, the annual Turkey Trot 5K and 10K run will be Saturday starting at 9 a.m. at the Fort Rucker Physical Fitness Center.

People can register before the race between 7:30-8:30 a.m., and cost for registration is \$25 per individual, which comes with a Tshirt, while supplies last. People can also opt for a no-shirt registration for only \$12. Teams of up to eight are also welcome to join in the fun for \$160 and members will receive T-shirts while supplies last, with additional team members paying the normal registration fee. Only eight medals will be awarded per team.

After the 5K and 10K runs, a 1-mile fun run will be available for children 12 and younger, who will each receive a medal. Turkeys will be awarded to overall male and female winners, master and grandmaster winners and winners in 14 age groups. For more information, call 255-2296.

If taking to the track isn't the



U.S. Army Aviation Center of Excellence and Fort Rucker leadership serve Thanksgiving dinner to Soldiers at the installation dining facility during last year's Thanksgiving. This year's DFAC Thanksgiving feast will be Nov. 24 from 10:30 a.m. to 1 p.m.

right fit, the Silver Wings Golf Course is hosting the Turkey Shootout Saturday for those looking for a more leisurely fitness activity.

Tee times run from 7-9 a.m. and cost is \$20 per player, plus cart and greens fees, if applicable. Players will participate in individual stroke play and U.S. Golf Association handicap or Weekend Dogfight points will be used. Gift certificates and turkeys will be awarded to gross and net winners. People must register by 9 a.m. and the event is open to the public. For more information, call 255-0089.

For those looking to give thanks before the big feast, services are being held across post. The Headquarters Chapel will host its Post-wide Thanksgiving Service Wednesday from 11:30 to noon, and all are invited to attend. Additionally, the Main Post Chapel will host its Thanksgiving Eve Mass Wednesday from 5-6 p.m. For more information, call 255-2989 or 255-2012.

It wouldn't be a proper Thanksgiving without a big feast, so The Landing is offering up its annual Thanksgiving Feast Nov. 24 from 11 a.m. to 2 p.m., where people can get their fill of turkey, ham, beef, sweet potato casserole, green bean casserole, stuffing and gravy, and much more.

Cost for the dinner is \$18.99 for 13 and older; \$6.99 for children 6-12; \$3.99 for children 3-5; and free for children 2 and younger. There is also a family special available, which feeds two adults



Runners sprint off the line as they take on the annual Turkey Trot 5K and 10K race behind the Fort Rucker Physical Fitness center last year. This year's race will be behind the fitness center Saturday beginning at 9 a.m.

and two children up to 12 years old for \$44.99. Reservations are highly recommended, and people are encouraged to include how many adults and children are included in their party when making reservations.

For more information or to make a reservation, call 255-0769.

The Thanksgiving feast will also return to the installation dining facility at Bldg. 5914 from 10:30 a.m. to 1 p.m., where people can enjoy all their favorite Turkey Day favorites. The meal is available to Soldiers, family members, retirees and Department of the Army civilians.



Contest seeks to spur creativity, holiday cheer

By Jeremy Henderson *Army Flier Staff Writer*

The Fort Rucker Directorate of Family, Morale, Welfare and Recreation invites children to let their imaginations run wild this holiday season to create handmade ornaments during its annual contest.

"The contest is a wonderful opportunity for children to use their imagination to create something unique to their personality," Aida Stallings, Fort Rucker Directorate of Family and Morale, Welfare and Recreation community recreation division business manager, said. "It also gives them a sense of accomplishment to see their ornament displayed on the post Christmas tree."

Contest entry is free and open to children ages 3-11. Ornaments may be turned into the Youth Center, Child Development Center or the Special Events office inside Bldg. 5700, Rm. 390, through Wednesday. According to Fink, the ornament should be constructed using materials appropriate for display on a tree located outdoors and to avoid using anything breakable.

"Parents and guardians are allowed to help with the ornament, but it should be the child's creation," she said. "Be creative. We have had so many ornaments in the past that were made out of a variety of things. Use your imagination."

The contest usually receives 20-30 ornament entries each year, Stallings said.

Prizes will be awarded to first-place entries in the following categories: 3-5 years old, 6-8 years old and 9-11 years old.

"All entries will be displayed on the post Christmas tree," Stallings said. "Please label your entry with the child's name and age and the guardian's name and contact information."

Awards will be presented at this year's Christmas tree lighting ceremony Dec. 1 and the overall winner will light the tree. For more information, call 255-1749.



Children rush to give Santa Claus a hug during a previous Christmas tree lighting ceremony.



PHOTOS BY NATHAN PFAU

The post Christmas tree at a previous lighting ceremony. This year's event is scheduled for Dec. 1 at Howze Field.



YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

DFMWR ornament contest

The annual Directorate of Family, and Morale, Welfare and Recreation ornament contest continues through Wednesday. Prizes will be awarded to first-place entries in the following categories: 3-5 years old, 6-8 years old and 9-11 years old. Ornaments may be turned into the youth center, child development center or central registration in Bldg. 5700. All entries will be displayed on the post Christmas tree. Parents should label their children's entries with the child's name and age, and the guardian's name and contact information.

For more information, call 255-1749 or 255-9810.

Turkey Wobble Skate Night

The Fort Rucker School Age Center staff wants to know who knows the "Turkey Gobble" dance and who has a great turkey call, so it's hosting its Turkey Wobble Skate Night Friday from 6:15-9:30 p.m. The event will feature prizes for the best rendition of the "Turkey Gobble" dance and best turkey call. Safety skate will cost \$2 and will be from 6:15-7:15 p.m. – parents must be present. Regular skate will cost \$5 and will be from 7:30-9:30 p.m. Admission will be cash only and the staff asks that people try to have the exact amount. All skaters must be registered with child, youth and school services.

For more information, call 255-9108 or 255-9127.

Mom & Me: Dad too!

Army Community Service hosts its Mom & Me: Dad too! playgroup Mondays from 9:30–11 a.m. at The Commons. The playgroup is for families with children ages birth to 3 years old.

For more information, call 255-9647 or 255-3359.

Tot Time

Army Community Service hosts its Tot Time playgroup Wednesdays from 9:30-11a.m. at The Commons, Bldg. 8950. The playgroup is for children 12-36 months and their caregivers. The playgroup provides programs and activities that enhance caregiver-child interaction, and stimulate child growth and development.

For more information, call 255-9647 or 255-3359.

Newcomers welcome

Army Community Service will host a newcomers welcome Friday from 8:30-11



Camping Under the Stars

Fort Rucker will host its sixth annual Camping Under the Stars Friday at West Beach, Lake Tholocco. The event will feature a night of camping out, s'mores and hot chocolate, games, a story reading and two movies on the big screen. People can call outdoor recreation at 255-4305 to check out tents – there are three-man and six-man tents. The event is free and open to military ID card holders. For more information, call 255-1749. Pictured is a scene from a previous event.

Lighting Ceremony is scheduled for Dec. 1 at 5 p.m. The event will feature music, hot chocolate, the lighting of the post Christmas tree and a visitor from the North Pole. Afterward, The Landing will host complimentary photos with Santa – and he may also have some treats for good girls and boys, according to organizers. The event will be open to the public and Exceptional Family Member Program friendly.

For more information, call 255-1749 or 255-9810.

Spaghetti dinner

The Landing will host its annual spaghetti dinner Dec. 1 from 6-7:30 p.m. Dinner includes a choice of pasta and sauce, garlic bread, assorted cookies, and tea and coffee. Prices are family, two adults and up to two children, 12 and under, \$25; adults, ages 13 and over, \$10; children, ages 3-12, \$5; and children ages 2 and under eat for free. The facility will also host complimentary photos with Santa.



a.m. at The Landing. Active duty, spouses, foreign students, Army civilians and family members are encouraged to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, register children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome.

For more information, call 255-3161 or 255-2887.

Speed chess tourney

In recognition of International Board Games Day, the Center Library will host a free speed chess tournament Saturday from 1:30-3:30 p.m. The event will be open to authorized patrons of all ages and Exceptional Family Member Program friendly – people must register to participate.

For more information and to register, call 255-3885.

Relocation readiness workshop

Army Community Service will host its relocation readiness workshop Wednesday from 9-10 a.m. in Bldg. 5700, Rm. 371D. Soldiers and spouses will receive information on benefits, entitlements, advance pay, government travel cards and more.

For more information or to register, call 255-3161 or 255-3735.

Thanksgiving Day Feast

The Landing will host a traditional Thanksgiving Day feast and Nov. 24 from 11 a.m. to 2 p.m. Prices: adults, ages 13 and over, \$18.99; children, ages 6-12, \$6.99; children, ages 3-5, \$3.99; children ages 2 and under eat for free; and family special, two adults and two children up to 12 years, \$44.99. Reservations are highly recommended.

For more information, call 255-0769.

Christmas tree lighting

The annual Fort Rucker Christmas Tree

Girl On The Train (*R*)7 *p.m.*

For more information, call 255-0769.

Winter Wonderland Skate Night

Child, youth and school services will host its Winter Wonderland Skate Night Dec. 2. Safety skate will cost \$2, and will be from 6:15-7:15 p.m. – parents must be present. Regular skate will cost \$5, and will be from 7:30-9:30 p.m. Attendees are welcome to dress up as a snow princess, ice prince, snow boy, or snow girl. Judges will pick the best costume. There will also be giveaways and picture-taking sessions. Youth skaters must be current CYSS members.

For more information, call 255-9108 or 255-9127.

International Spouses Get Together

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

North Pole Express

MWR Central has tickets available to the North Pole Express Dec. 3 at 6:30 p.m. at the Heart of Dixie Railroad Museum in Calera. Cost is \$36 tickets for seating in the Frisco Car – a coach ticket. Anyone ages 2 and older needs to have a ticket to ride the train. Children under the age of 2 are admitted for free with an adult with a ticket and must ride on a parent's lap.

Ticket includes a ride to the North Pole, and a meet-and-greet with Santa, Mrs. Claus and elves. The event will

Girl On The Train (*R*)7 *p.m.*

also feature a Christmas story, chocolate milk, cookie, and a special surprise from Santa. The deadline to purchase tickets is Nov. 29.

For more information, call 255-2997.

FRG leadership training

Army Community Service will host family readiness group leadership training Dec. 6 in Bldg. 5700, Rm. 371F from 8:15 a.m. to 12:45 p.m. For more information, call 255-9578.

Family Member Resilience Training

Army Community Service will host its family member resilience training Dec. 7-8 from 8:30 a.m. to 2:30 p.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the challenges that life may throw at them. For more information, call 255-3161 or 255-3735.

FORT RUCKER MOVIE SCHEDULE FOR NOVEMBER 17-20

| Thursday, | November 17 |
|-----------|-------------|
|-----------|-------------|

Friday, November 18

Saturday, November 19

Middle School (PG)MiDeepwater Horizon (PG-13)Th

Sunday, November 20

| Middle School (PG) | 1 | р.т. |
|-----------------------|------|------|
| The Birth Of A Nation | (R)4 | р.т. |

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

DISASTER AT UNSAN:

In 1950, Soldiers faced Chinese forces during the Korean War

By Elizabeth M. Collins For Army News Service

Washington — The rumor mill was in overdrive in late October 1950 on the Korean Peninsula.

A Republic of Korea unit had first battled what seemed to be Chinese soldiers Oct. 25 and United Nations forces had begun picking up prisoners who looked different from North Korean troops. They had different uniforms. They spoke another language.

When someone could be found to translate, the prisoners told stories of a massive Chinese force lurking in the North Korean mountains, with more fighters arriving every day.

In fact, about 10,000 to 20,000 Chinese troops were massing outside the town of Unsan, where a significant UN force was assigned, according to Army historian Roy E. Appleman in "South to the Naktong, North to the Yalu."

The 8th Cavalry Regiment, 1st Cavalry Division arrived Oct. 30 as ROK soldiers battled the Chinese, desperately trying and failing to hold their positions as more columns of enemy infantry closed in.

The American reinforcements weren't enough, however. After days of hard fighting, including hand-to-hand combat, the regiment's ranks were decimated and its ammunition was running low – its communications lost.

Orders came to pull out, but much of the regiment's 3rd Battalion, "Scrappy Blue," was trapped southwest of Unsan Nov. 2.

The battalion command post even experienced a deadly assault from all sides: "Hand-to-hand encounters took place all over ... as the Chinese soldiers ... fanned out, firing on anyone they saw, and throwing grenades and satchel charges into the vehicles, setting many of them on fire," wrote Appleman.

Soldiers managed to drive them off, but the entire battalion staff was wounded or missing and the situation continued to deteriorate. The battalion's only hope lay in a promised relief column from the division's 5th Cavalry Regiment.

Capt. Norman Allen of I Company, 5th Cavalry Regiment, was to have led the rescue attempt. In "The Korean War: Pusan to Chosin, an Oral History," he explained that after two ridges were secured, "my task force would race down the road ... collect the men and race back. I was told the last five miles ... would be uncovered ... without protective fire."

From his vantage point, he could see the life and death struggle for the two hills as Soldiers tried and failed to take them. He watched as "the wounded streamed up the road past our position. It was obvious that some real tough fighting was going on up ahead." Orders came to abandon what would have likely been a suicide mission. "That night the rest of the 8th Cavalry pulled out of the line," said Allen. "The poor devils in their 3rd Battalion remained in the trap. We were told they would have to get out themselves any way they could."



PHOTOS COURTESY OF THE U.S. ARMY CENTER OF MILITARY HISTORY

Chaplain (Capt.) Emil Kapaun (right) and Capt. Jerome A. Dolan, a medical officer with the 8th Cavalry Regiment, 1st Cavalry Division, carry an exhausted Soldier off the battlefield in Korea, early in the war.



The Chinese took heavy casualties, as well, but each attack became harder and harder to fend off as ammunition dwindled and casualties mounted. The next night, the Chinese overran a dugout filled with American wounded.

They took the ambulatory men prisoner, along with the battalion's Roman Catholic chaplain, Capt. Emil Kapaun, who would become famous for exposing himself to enemy fire. Kapaun even carried a wounded Soldier on the subsequent march to prison. He died in captivity and posthumously received the Medal of Honor in 2013.

Then came another long, bitter day and night of fighting for the remaining Soldiers.

"Daylight of 4 November disclosed that there were about 200 men left able to fight," wrote Appleman. "There were about 250 wounded. A discussion of the situation brought the decision that those still physically able to make the attempt should try to escape. Captain (Clarence R.) Anderson, the battalion surgeon, volunteered to stay with the wounded."

As able-bodied Soldiers "left the wounded behind, one who was present said the latter shed tears but, instead, simply said to come back with reinforcements and get them out. The wounded knew there was no alternative for those who still might escape."

Anderson would receive the Distinguished Service Cross in 1951. He was freed from captivity in September 1953.

The escaping men didn't make it far. After about 36 hours, "within sight of bursting

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Sgt. 1st Class Louis F. Walz, E Company, 5th Cavalry Regiment, 1st Cavalry Division, and Pfc. Raymond M. Szukla, G Co. G, 5th Regimental Combat Team, 24th Infantry Division, receive medical aid in Korea, Nov. 4, 1950.

American artillery shells," Appleman continued, "Chinese forces surrounded them and the battalion group ... broke up into small parties in the hope that some of them would escape.

"At approximately 1600 on the afternoon of 6 November ... the 3rd Battalion, 8th Cavalry, as an organized force, came to an end. Most of these men were either killed or captured."

In fact, more than 1,000 men from the 8th Cavalry Regiment were initially listed as missing in action. As the days passed, about 400 stragglers managed to return to friendly lines.

Enemy sources later indicated the Chinese captured between 200 and 300 men at Unsan. They would have been forced to endure death marches, torture, forced labor, frostbite, medical experiments, disease and starvation. Many would have been murdered outright or left to die from battle wounds or malnutrition.

A 1954 Congressional report termed the Korean War "one of the most heinous and barbaric" periods in history, citing some 1,800 cases of war crimes involving thousands of victims. "Virtually every provision of the Geneva Convention governing the treatment of war prisoners was purposely violated or ignored by the North Korean or Chinese forces."

According to the Defense POW/MIAAccounting Agency, more than 7,000 Americans still remain unaccounted for 60-some years after the war.

American Soldiers endured additional brutal battles against North Korean and Chinese forces in the following months, some of them essentially massacres.

Then, under Lt. Gen. Matthew Ridgeway, they regrouped and took the fight back to the enemy.



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VETERANS DAY: Medal of Honor recipient reflects on lives saved

By Sgt. Justin Geiger 7th Mobile Public Affairs Detachment

FORT HOOD, Texas – A handcrafted quilt covers the backrest of retired Maj. Gen. Patrick H. Brady's couch, a tribute to his heroic feats during the Vietnam War.

Sewn on the 60-by-60 inch white quilt are eight vibrant red stars and eight matching majestic blue stars, centered and aligned in a symmetrical pattern. Encased in each of the 16 stars is a galaxy of smaller white stars.

For Brady, each star, large or small, holds a significant meaning – each one a potent reminder of the acts of personal courage that he undertook as an Army pilot, acts that earned him the Congressional Medal of Honor.

As a young man in the 1960s, Brady shipped to Vietnam directly after flight school. During his tour, he exclusively flew helicopter ambulance evacuations, the kind of evacuation better known on the battlefield as a Dustoff.

"The missions that we flew were the most dangerous kind of flying, because we were required to land on the battlefield," Brady explained. "But they were effective. You had a better chance of survival if you were wounded in the jungles of Vietnam than if you were in a car crash, simply because of that dedicated resource and a well-trained crew to fly those missions."

During the war, Brady quickly earned the reputation of one of the most skilled evacuation pilots. His fearless, innovative flying techniques enabled him to operate in conditions that turned most pilots around.



PHOTO BY CAPT. WILLIAM LEASURE

Retired Maj. Gen. Patrick Brady, a Congressional Medal of Honor recipient, explains the meaning of a quilt that was sewn in tribute of the 51 Soldiers he saved during the Vietnam War Sept. 29, in New Braunfels, Texas. Brady served 34 years in the Army.

and smoke with the back-wash from the blades.

During his next mission, he faced the same challenges while also braving hostile conditions. Two helicopters had already been shot down on previous attempts earlier that day. Landing the aircraft under close-range enemy fire, Brady performed multiple evacuations to rescue each patient while his helicopter sustained heavy damage.

After switching helicopters in preparation for his third mission of the day, Brady set out to evacuate American Soldiers trapped on a minefield. During the evacuation, a crewmember detonated a mine near the aircraft, wounding both crewmembers and damaging yet another aircraft. but he was just getting started. By the end of the day, Brady had used three helicopters to evacuate a total of 51 Soldiers.

"As far as fear goes, I never experienced it on the battlefield – for me it was a matter of my faith," Brady said. "My faith was a substitute for fear and I just knew that if I died doing what I was doing, what better way to die? I mean, what better way for a Soldier to die than to be saving the lives of his fellow Soldiers?"

Brady is often asked whether he volunteered to

Today he believes all veterans share that same attitude toward duty. Veterans don't have to be asked to do the hard things – they just do them because they're patriots. They do them because they love their country, and they support and defend their country.

Every Nov. 11, the U.S. and its citizens honors all American veterans like



Brady displays his Medal of Honor.

Brady and express gratitude for their heroic efforts in the defense of the United States of America.

It was in this same spirit of commemoration and patriotism that Brady received the star-spangled quilt that today rests upon his couch. But this quilt's stars hold more meaning than just placeholders of freedom.

During a veteran's commemoration event in Knoxville, Tennessee, veterans of all branches, service members and roughly 50 Medal of Honor recipients gathered at the Knoxville Convention Center. For the event, the Smoky Mountain chapter of the Quilts of Valor Foundation had created customized quilts for the veterans and hung them around the convention center.

"Some guys had quilts with helicopters, Marine symbols and all these beautiful things on it," he remembered. "And I got

'What the hell? It's nothing. It's just a bunch of big and little stars.'" But the maker of the

PHOTO BY SGT. JUSTIN GEIGER

to my quilt and thought,

quilt wrote him a letter, explaining the design's significance. "The big stars are the lives you saved, and the little stars are the children and grandchildren that came because of those saved lives," a choked-up Brady recalled the letter saying. "And here I am complaining about that quilt."

No one asked veterans to do what they did, Brady said. They did it because of their values.

"Veterans are the vault of values," Brady said. "Values are important to veterans. Values are the shining example for all American citizens, especially for our children."

As Brady folded the quilt, the stars shown through his hands, the hands of a hero forged on the battlefield a world and a lifetime away.



It was for this reason that Brady was called on to make a series of difficult evacuations behind enemy lines Jan. 6, 1968.

His day began with two badly wounded South Vietnamese soldiers who were stranded in enemy territory covered in dense fog and smoke and required immediate evacuation. Despite the adverse conditions, Brady slowly descended, turning the aircraft sideward to blow away the fog

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do what he did during the Vietnam War. His reply each and every time is, "No." According to Brady, there was no question about doing what he did. He didn't have to be asked twice and he never volunteered – he just did it.

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FORT RUCKER RELIGIOUS SERVICES

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109 8 a.m. Traditional Protestant Service.

Main Post Chapel, Bldg. 8940 8:30 a.m. Catholic Confessions 9 a.m. Catholic Mass 11 a.m. Collective Protestant 12:05 p.m. Catholic Mass (Tuesday-Friday) 4 p.m. Catholic Confessions (Saturday) 5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036 9:30 a.m. Protestant Sunday School

10:45 a.m. Latter-Day Saints 10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service) 11 p.m. Eckankar Study (4th Sunday) Spiritual Life Center, Bldg. 8939 10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAYS Crossroads Discipleship Study (Meal/Bible Study) Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel Wings Chape, 9 a.m. and 6 p.m. **Adult Bible Study** Spiritual Life Center, 7 p.m.

WEDNESDAYS Catholic Women of the Chapel Spiritual Life Center, 9 a.m.

Above the Best Bible Study Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study Hanchey AAF, Bldg. 50102N, Rm. 101 11:30 a.m.

164th TAOG Bible Study Bldg. 30501, 11:30 a.m.

Precepts Bible Study Soldier Service Center, 12 p.m.

Kingdom Kidz & Youth Group **Bible Study** Spiritual Life Center, 5:30 p.m.

Adult Bible Study Spiritual Life Center, 6 p.m.

THURSDAYS WOCC Bible Study (1st/3rd Thursday) Swartworth Hall, Bldg. 5302, 11:30 a.m.

Praise and Worship Meal/ **Bible Study** Wings Chapel, 5:30 p.m.

SATURDAYS Protestant Men of the Chapel (1st Saturday) Larry's Restaurant, Daleville, 8 a.m.

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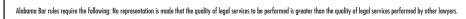
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Local artist to showcase work Saturday

Dale County Council of Arts and Humanities Press Release

Several artists have emerged from the Wiregrass and the Dale County Council of Arts and Humanities invites everyone to see the work of one local painter garnered with international recognition.

DCCAH will present a oneperson show by Lindy Bruggink Saturday with a reception 6-8 p.m. at the Ann Rudd Art Gallery located on 144 East Broad Street in Ozark.

Lindy Bruggink, an artist who lives in Ozark, is primarily a portrait painter and has painted many local and national personalities. Bruggink has received recognition for her work from the Montgom-



ery Art Guild in Montgomery, the Dale County Council of the Arts and Humanities in Ozark, and the Portrait Society of America, an international organization.

Bruggink, studied art at Tenn., The Art League School in Alexandria, Va., and the Florence Academy of Art in Florence, Italy.

Maryville College in Maryville, is open to visitors Tuesdays and Wednesdays from 11 a.m. 1-4 p.m. Arrangements can Rudd Art Center at 445-6526.

The Ann Rudd Art Center also be made for special group showings.

For more information, call Liz to 2 p.m. and Saturdays from Babine at 774-7145 or the Ann

REGRASS Community Calendar

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ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www. andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

DOTHAN

ONGOING-DEC. 31 — The Wiregrass Museum of Art hosts its fall exhibitions Southern Abstraction and Firmly Planted in the Black Belt - the Art of Bud Harris Wednesdays-Fridays from 10 a.m. to 5 p.m. and Saturdays from 10 a.m. to 3 p.m. Private tours and activities can be arranged by appointment on Mondays and Tuesdays. For more information, visit http://www.

this month on the third Thursday, one week earlier than regularly scheduled. All federal employees, active or retired, are invited to attend the lunch programs regularly scheduled at 11 a.m. every fourth Thursday at PoFolks Restaurant in Enterprise. For more information, call 334-393-0492.

NOV. 17 — Disabled American Veterans Chapter 99 will meet for its annual holiday meal at 6 p.m. in the New China Buffet located in the Morgan Square Mall. DAV members and their families will be treated to a buffet meal and soft drinks. Cost is \$10 per person. People should RSVP to 334-347-0114 by Nov. 10.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING - Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

DEC. 15 — Disabled American Veterans Chapter 99 will conduct its annual Fun Time get-together at 6 p.m. in the New Brockton Senior center, located one block behind the police station. Finger food and soft drinks will be served free of charge to DAV members and their families, and other interested persons are invited. For more information, call 334-347-0114.

at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING - American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

wiregrassmuseum.org/ or call 334-794-3871

ONGOING — Disabled American Veterans Dothan Chapter 87 maintains a service officer at its office at 545 West Main St. (Mixon Business Center) Tuesdays and Wednesdays from 9 a.m. to 2 p.m. The chapter will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims and other veterans benefits. All veteran services provided are free of charge. For more information, call 836-0217, Ext. 123, or send an email to davchapter87@gmail.com.

ENTERPRISE

NOV. 17 — The Wiregrass-Enterprise Chapter of the National Active and Retired Federal Employees will hold its monthly lunch program at 11 a.m. at PoFolks Restaurant. Julian LeCompte, Coffee County Property Appraiser, will be the guest speaker. He will talk about the need for frequent property appraisals. Because of the Thanksgiving holiday, NARFE is scheduled to meet

ONGOING - Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

OZARK

ONGOING — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

JAN. 5-6 — Disabled American Veterans annual service officer certification training will be at the Auburn Hotel in Auburn. For more information, call 334-406-6700

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

Beyond Briefs

Scarecrows in the Garden

The Old Alabama Town Herb Society continues its fifth annual Scarecrows in the Garden at Old Alabama Town in Montgomery through Nov. 18. All scarecrows are made with materials found in nature, as far as is possible, according to Old Alabama Town officials.

For more information, call 334-240-4500 or visit www.landmarksfoundation.com/ events/upcoming-events.

Color Vibe 5k

The Color Vibe 5k is scheduled for Nov. 19 from 9-11 a.m. at St. Andrews Marina, 1201 Beck Avenue, Panama City, Florida. Price is \$27-30, and children 12 and under register for free -- not include processing fee, according to organizers.

For more information and to register visit http://www.thecolorvibe.com/panamacity. php#.

Theatre in the Mind

The Alabama Shakespeare Festival will host its free Theatre in the Mind series on various Saturdays now through May 6 from noon to 1 p.m. The series is designed

to help people gain new insights into ASF productions through the acclaimed Theatre in the Mind and Bard Talk lecture discussions. Designed around the plays ASF presents each season, people can participate in free pre-show discussions with authors, cast members, designers and directors. The discussions are hosted by Dr. Susan Willis, ASF's resident dramaturge.

Schedule: Nov. 26 - A Christmas Carol; Feb. 4 - Because of Winn-Dixie; Feb. 18 -The Two Gentlemen of Verona; March 11 -Sherlock Holmes; March 25 -Dauphin Island; and April 22 - The Tempest; and May 6 – Rep Actor's Discussion (after matinee) and Narrated Changeover.

Theatre in the Mind is free and open to the public. Reservations are not required people may pick up their tickets at the box office counter just before each lecture. People do not need to be a ticket holder to that day's performance to attend the lecture.

For more information, call 334-271-5353, or visit www.asf.net/Education/Theatre-in-the-Mind.aspx.

Drum and dance project

The Global Arts Society of Panama City, Florida, host its African Caribbean Drum and Dance Project Nov. 19 from 9:30-11 a.m. at its facility at 819 E. 11th Str. Bldg. 10. According to organizers, admission is free, but donations to benefit the society are welcome The African Caribbean Drum and Dance Project offers an abundance of opportunities to learn and explore culture through dance and percussion instrumentation. Using a variety of instruments, bodymusic, choreography, vocals, and group drumming activities, musicians and dancers will build on their natural rhythm sensibilities.

For more, visit http://www.bayartsevents.com/event/african-caribbean-drumdance-project/.

Second Friday Art Walk

Mobile's Second Friday LoDa Art Walk celebrates the arts downtown. The free monthly showcase of visual and performance arts starts at 6 p.m. second Friday of every month now until Dec. 9, when galleries, restaurants, shops, institutions, etc., in the Lower Dauphin Arts District open their doors for a family-friendly evening of exhibitions and entertainment by area artists.

For more information, visit http://www. facebook.com/LODAartwalk

'A Christmas Carol'

The Alabama Shakespeare Festival in Montgomery presents its production of "A Christmas Carol," adapted by Geoffrey Sherman and based on the novel by Charles Dickens, at various times Nov. 20-Dec. 24. Festival officials said the production is recommended for ages four and up.

Ticket prices vary based on play, date and availability of seating. For more information, call 334-271-5353 or visit http://www.asf.net/.

Gem, mineral, jewelry show

The 46th annual Montgomery Gem, Mineral and Jewelry Show will be held at Montgomery's Garrett Coliseum, Dec. 2-4. Dealers will have beads, crystals, geodes, rough, cabochons, gem stones, finished jewelry, tools, supplies and mineral and fossil specimens, according to organizers. Club members will display their individual collections and will give demonstrations on gem and rock cutting, faceting, cabochon making, and knapping.

Admission is \$2 for adults, or \$3 for a weekend pass. People ages 18 and under with a student ID and a paid adult are admitted for free. Parking is free, as well. For more information, visit

montgomerygemandmineralsociety.com/ mgms/index.php/annual-gem-show.

NOT FORGOTTEN

Army medic receives Silver Star for valor in Vietnam

By Ronald W. Wolf

Army Medicine Public Affairs

JOINT BASE SAN ANTONIO, Texas - Sometimes, in the confusion and aftermath of war, things that should be remembered are forgotten.

On Nov. 10, one of those forgotten things was made right when Kenneth Hughes, an Army medic (Specialist 4) with A Company, 3rd Battalion, 8th Infantry, 4th Infantry Division, received a Silver Star for his valor on March 3, 1969, on Hill 947 in Vietnam.

Hughes told his story to the Army Medical Department Historian in August 2015.

He was drafted in the spring of 1968. In his own words, he was an "unusual Soldier." He describes himself as a "pacifist" and initially considered applying to be recognized as a conscientious objector. He dropped his pursuit of CO status after he had the opportunity to train as a medic.

After basic training at Fort Campbell, Kentucky, it was on to Fort Sam Houston to train as medic. In the 1960s, medic training was 10 weeks and mostly first aid training.

He learned to draw blood and start IVs. There were classes on field sanitation, general first aid and what to do to stop bleeding.

Hughes is now a family practice physician – he says that he uses some of what he learned at Fort Sam every day.

After medic training, it was on to Camp Bullis to train for what to expect in Vietnam. Still, Hughes arrived in Saigon knowing "almost nothing" about Vietnam or how to live out of a backpack. He wished that he had known more about care for malaria, which was prevalent all around Vietnam.

The biggest decision he learned to face was when to call in the MedEvac helicopter. At that time, the decision was usually made by the medic unless the combat situation dictated otherwise. Other serious problems he faced were fungal and skin infections, and sunburn.

During the six months he spent in Vietnam near Pleiku, he mostly stayed in base camp and infrequently went on patrols. He described the area as "relatively quiet," with few North Vietnamese soldiers patrolling nearby.

Eventually action heated up. Hughes described the pursuit of a North Vietnamese Army soldier through the rubble of a dried stream bed.

Kleng. The next day A Co. was transported by helicopter to the Plei Trap valley as part of Operation Wayne Grey.

After a 10 kilometer march, the company climbed the side of the mountain through bamboo and trees.

Late in the day on a saddle between two peaks, NVA soldiers were spotted and the forward platoon was ordered to pursue.

That was trouble. A regiment of NVA was bivouacked nearby; the forward platoon ran into them and took heavy fire. The medic with the forward platoon was killed, and Hughes volunteered to go ahead alone to help the wounded.

He passed one dead Soldier shot in the neck. As rounds buzzed past him, he reached what was left of the platoon about 10 were dead already. Hughes began working to stop the bleeding on Sol-The NVA soldier was cornered in a diers who had a chance to survive and a

First Lt. Felix "Buddy" Williams, now the company commander, asked Hughes about the remaining seriously wounded and whether a Dustoff helicopter - it's now dark - should be called before morning.

Vietnam-era photograph of a Dustoff crew similar to the one that extracted Spc. 4 Kenneth Hughes from Hill 974.

Three Soldiers had serious wounds, including Hughes. One of the seriously wounded had been shot in the back and Hughes didn't think he'd make it through the night.

Three separate Dustoff crews made attempts during the next hour to locate the company under the bamboo, in the dark, all the while avoiding NVA fire. On the ground, Soldiers shined a strobe light through an empty mortar tube, making the light visible to the copter crew but not NVA. The copters couldn't land, and the crew, on attempt No. 3, lowered a jungle penetrator basket to try and lift the wounded. Even so, the chopper pilot had to turn on a spotlight so Williams and Sgt. Sam Jones could see to tie the wounded to the basket, exposing everyone to the NVA.

Hughes medical journey wasn't over. He flew by fixed wing aircraft to Camron Bay for more extensive surgery. His care continued at Camp Zama, Japan, and then at Letterman Hospital, at the time new, in the Presidio, San Francisco.

At Letterman, surgeons performed a thoracotomy and removed the bullet. He continued to convalesce. From the hospital's solarium, Hughes could look out over the Golden Gate Bridge and Alcatraz.

After he recovered, he was briefly reassigned to the 3rd Armored Calvary at Fort Lewis, Washington, and finally medically discharged.

Hughes went on to graduate from Portland State University, Oregon, and receive a medical degree from Oregon Health and Science University School of Medicine. A residency in family practice followed, and eventually he moved back to Minnesota



cave-like formation in the boulders where he sought shelter to avoid the grenades lobbed at him. Despite being completely surrounded, he wouldn't surrender. Because he was dangerous, he couldn't be left alone. The only option seemed to be to go in and shoot the NVA soldier.

Hughes offered to go retrieve the NVA soldier. It turned out the soldier was pinned under rocks shifted by the grenades. Near the soldier was one of his own grenades that had failed to explode because of a wet fuse

Hughes received the Bronze Star for disarming and capturing the NVA soldier.

But his most memorable day was the afternoon and night in early March 1969 when he was wounded on Hill 974. His actions that day earned him the Silver Star.

At the time, he was lead medic for A Co., which had been moved by helicopter and truck from north of Pleiku to the interior highlands near Kontum, and the borders of Laos and Cambodia. They stayed one night at a Special Forces base at Polei

few who didn't.

Fighting continued for another 10 minutes. Hughes was shot in the left arm and while bandaging that arm he was shot in the right shoulder. That round ended up in this chest, temporarily paralyzing the right arm and leaving him with only partial use of his left.

The platoon leader ordered a fall back. Hughes only had one partly functional arm and he could not provide aid to any more wounded Soldiers, although he could walk on his own.

Hughes stumbled down the mountain to where the remains of the company, perhaps 60 men, had reformed and set up a perimeter.

One of the platoon medics began to bandage his wounds. Just as he finished, the platoon medic helping Hughes took a round and was killed, probably saving Hughes' life.

Hughes continued to provide advice and answer questions for the only remaining medic - junior in experience to Hughes on how to handle some of the injuries.

Hughes and the other two seriously wounded were hoisted into the helicopter.

"I am one of the luckier ones," said Hughes. Nearly half of the 100 men of A Co. were killed.

The Dustoff copter flew to a MASH near Kontum, where Hughes was stabilized. Then it was on by helicopter to a hospital near Pleiku, where he spent two weeks for additional surgery.

where he still practices today.

The lieutenant who tied Hughes onto the basket, now a retired lieutenant colonel. put him in for the Silver Star after they met at a reunion in San Antonio in 2015.

Hughes said that he visits military bases and "really appreciates the opportunity to feel the camaraderie and pride." He added, "There's a community and a pride in the military that's worth something, and I didn't realize it then," referring to his days in Vietnam.

On Nov. 10. Hughes received his Silver Star in front of the Vietnam Veterans Memorial near the Minnesota State House.











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NOVEMBER 17, 2016

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6th MP Centurions edge out playoff win over 1-145th Monstars, 33-28

By Nathan Pfau Army Flier Staff Writer

The 2016 Fort Rucker Intramural Football Playoffs are in full swing and two teams battled it out for a spot in the final game, but only one managed to secure that spot.

The 1st Battalion, 145th Aviation Regiment Monstars took on the 6th Military Police Detachment Centurions in a bout that had fortune on the Monstars side for most of the game, but the Centurions managed to come back from behind and lock their place in the championship game, edging out the win, 33-28.

For most of the game, both teams were evenly matched and both team's defenses were lacking, but the 6th MPs were able to tighten their defense up in the end with a game-changing interception to turn things around.

"It was slow on both ends and there wasn't much defense since both of us gave up about 30 points a piece, but they were a tough team," said Sgt. Bennie Morris, captain for the Centurions. "They gave us our (loss) earlier in the season but I think, I hope, we figured them out. We might see them again in the championship."

The game started with Monstars taking possession, and they were off to an impressive start with a string of successful plays and a complete pass into the opposing end zone for their first touchdown and extra point within seconds of their possession.

The Centurions took possession and pushed hard against their opponents, and al-



PHOTO BY TORI EVANS

Players of the 1st Bn., 145th Avn. Regt. Monstars and 6th MP Detachment Centurions battle it out on the field during a playoff game at the Fort Rucker Physical Fitness Center football field Tuesday.

though they were able to push up field, their stride wasn't coming as easily as the Monstars, who managed to keep the 6th MPs from a hasty advance.

Although their advance wasn't quick, slow and steady was winning the race as they managed to inch toward the goal line before Pvt. Shawn Rogers, Centurions quarterback, saw a hole in the Monstars' defense and made a break for it, securing a touchdown to tie the game, 7-7.

The 1-145th came back strong on their possession, though, and pushed through the Centurions' defense just as quickly as their first possession, and were able to run in for their second touchdown to retake the lead, 14-7.

The Monstars' defense was doing everything they could to stay on Rogers, but try as they might, they couldn't keep him from connecting with his receivers to get the ball in the opposing end zone to tie up the game once again with just 2 minutes remaining in the half.

The 1-145th took possession determined to retake the lead before the end of the half, and they managed to do just that after a hard fight against the opposing defense. But the result was well worth the effort as they secured their third touchdown to retake the lead, 21-14.

With only seconds remaining in the half, the Centurions managed to pull out a surprise with a long bomb by Rogers with no time left on clock that managed to connect with his receiver for the touchdown. They didn't manage to get the extra point, though, and trailed their opponent's going into the second half, 21-20.

The 6th MPs received to start the half, so they were in the perfect position to take the lead, and they took full advantage of it and were able to push against their opponents to secure another touchdown and extra point to take the lead for the first time in the game, 27-21.

Monstars came back on their possession strong as they pushed downfield toward the opposing goal line, and managed to run in for another touchdown and extra point to retake their slim lead, 28-27.

Not to be outdone, the Centurions were able to get through the gaps in their opponent's defense to make it into their end zone to once again lead their opponents, 33-28.

Both teams seemed evenly matched at this point as Monstars took possession, but in their push to get back in the lead, the 6th MPs managed to pick off a pass at the 2-minute warning to give them a chance to hold onto their lead.

Hold on is just what they did as they maintained possession and ran out the clock to seal the win and their spot in the championship game.

GREAT AMERICAN **SMOKEOUT**

Clinic offers help with smoking cessation

By Jenny Stripling

Lyster Army Health Clinic **Public Affairs**

Every year, on the third Thursday of November, smokers across the nation take part in the American Cancer Society Great American Smokeout event.

The Lyster staff asks that people encourage someone hey know to use the date to make a plan to quit, or plan in advance and then quit smoking that day. By quitting - even for one day - smokers will be taking an important step toward a healthier life and reducing their cancer risk.

ELECTROTHERAPY: alternative therapy for stress, anxiety, pain

By Jenny Stripling Lyster Army Health Clinic **Public Affairs**

Those suffering from anxiety, insomnia, depression and chronic pain and have tried many means to get some relief might have an alternative, drug-free option.

It's called Alpha-Stimulation Therapy, or Alpha-Stim, a clinically proven medical device about the size of a cell phone, that uses a unique form of cranial electrotherapy to create a calming state in the patient's brain.



Lyster Army Health Clinic will have an informational table at the front of the clinic next today. People are welcome to stop by to learn more about the ways LAHC can help them in their plan to quit smoking for good.

LAHC offers smoking cessation classes for beneficiaries interested in receiving help to quit smoking. The program consists of four weekly sessions each month. Classes are Tuesdays at 2 p.m. at LAHC.

For more information on the smoking cessation program, call 255-7930.

Quitting smoking has immediate and long-term benefits at any age. Quitting is hard, but people can increase their chances of success with help. Getting help through counseling or medications can double or triple the chances of quitting successfully.

The treatment, which takes about 20 minutes per session, involves two electrodes being clipped to the earlobes with wires running to the machine giving the impression the patient is simply wearing headphones.

Lyster Army Health Clinic has been offering this therapy to their patients for several years now for help with coping with posttraumatic stress disorder, anxiety, depression and pain.

"A small pulse is emitted that stimulates the alpha waves in the brain and that is what creates the euphoric effect many people feel while utilizing the therapy," said DeQuetta Sanders, counseling psychologist at LAHC.

"The thing about Alpha-Stim is it's

PHOTO BY JENNY STRIPLING

DeQuetta Sanders, counseling psychologist at Lyster Army Health Clinic, shows features of the Alpha-Stim technology device to LAHC beneficiary Master Sgt. Lynn Roberts.

cumulative. So, the more you use it, the better it works," explained Sanders. "Fifteen daily sessions is the typical protocol and after those initial sessions an assessment will be completed to determine the future frequency of sessions."

Sanders said a good candidate is someone who is most importantly open to this alternative therapy, with

the acknowledgement that this is a supplement to their regular treatment and not a cure-all.

Master Sgt. Lynn Roberts has experienced relief from a myriad of symptoms once she started coming to LAHC for Alpha-Stim therapy. She has been utilizing the therapy in addi-

SEE THERAPY, PAGE D3







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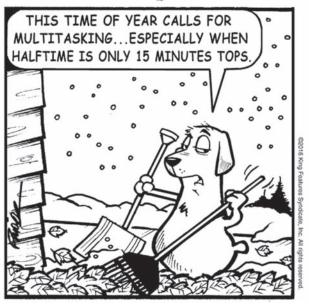
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Just Like Cats & Dogs







1. TELEVISION: The company of Dunder Mifflin was the location of which television comedy series?

2. GEOGRAPHY: In which U.S. state is Lake Shasta located?

3. MOVIES: What World War II miniseries' title came from a phrase in Shakespeare's "Henry V"?

4. INVENTIONS: What was the 20th-century bathysphere used for?

5. MUSIC: What Beatles' song contains the lyric, "La la how the life goes on"?

6. BUSINESS: At what convenience store can you buy a Big Gulp? 7. FAMOUS QUOTATIONS: What

19th-century Dutch painter once said, "I put my heart and my soul into my work, and have lost my mind in the process"?

8. GENERAL KNOWLEDGE: When did Apple release the first Macintosh computer?

9. U.S. STATES: What is the state of Alaska's nickname?

10. SCIENCE: What is absolute zero in Celsius?

See Page D3 for this week's answers.

Weekly SUDOKU by Linda Thistle 2 5 6 3 7 5

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| 109 | | | | | 110 | | | | | | 111 | | | | 112 | 113 | | | | |
| 114 | | | | 115 | | | | | 116 | 117 | | | | 118 | | | | | | |
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| 122 | | | <u> </u> | <u> </u> | | <u> </u> | <u> </u> | | 123 | ├── | | <u> </u> | <u> </u> | <u> </u> | | 124 | <u> </u> | <u> </u> | <u> </u> | <u> </u> |

See Page D3 for this week's answers.

1 6 7 7 2 4 9 3 4 8 9 2 5 1 9 5 8 7 8 3 1 4 5 Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine. DIFFICULTY THIS WEEK: Moderate
 Challenging HOO BOY! © 2016 King Features Synd., Inc.

See Page D3 for this week's answers.

KID'S CORNE



A FAMOUS PROVERB is hidden in the above frame. Find it by reading every other letter as you go around it clockwise. The trick is finding the right first letter.

Answer: Starting with the "Y" in the center of the left rail: "You cannot have your cake and eat it."

PACKKIE DON'T "TRAIL" BEHIND! To solve this AlphaMath problem, you must replace the letters on the backpack with the digits 1, 2, 4, 5, 6, 7, 8 and 9 so that you will have a correct addition problem. The same letters get the same digits. Try to get the highest possible total. TICS

Our Answer: B=1, A=6, C=4, K=9, P=5, H=7, I=2, E=8 (1649 + 5649 = 7298).

8 PEN

Illustrated by David Coulson

MEN{RATE

KIND HOT

LACE)ION

DRUB ACES NOT RED EARS BED LINK-UPS! Here's a list of 12 short words, divided into two columns. Turn them into six longer words by linking them together. To do this, draw a line from one word in the left column to one word in the right.

Answers: Drubbed, notion, earshot, menaces, lacerate, kindre



A

which begins with 凹 "PEN." Using the following hints, see if you can find them before our duel is finished

> 1. British pennies 2. Hanging jewelry. 3. A flightless bird. 4. A writer may use it. 5. Displayed on a ship. 6. A definite liking for. 7. "The Pit and the 8. A type of star.

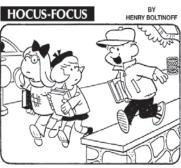
(betriod-evit Answers: 1. Pence. 2. Pendant. 3. Penguin. 4. Pennane. 5. Pennant. 6. Penchant. 7. Pendulum. 8. Pentacle

| I | W | is | s h | i | n | g | | A 683 | W | ' e | 11 | ® |
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| D | А | Κ | U | S | Ρ | Т | D | А | Т | Е | 0 | Ρ |
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| Е | L | Ν | Т | Υ | R | W | Н | S | Е | 1 | | S |
| 8 | 3 | 5 | 6 | 3 | 8 | 5 | 2 | 7 | 4 | 5 | 6 | 8 |
| Е | L | Е | R | L | S | Е | Е | Е | L | Μ | G | |
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| В | Ν | Ρ | В | Υ | 0 | Н | R | С | 0 | W | V | Е |
| 3 | 2 | 7 | 2 | 5 | 2 | 4 | 2 | 3 | 7 | 2 | 4 | 7 |
| Е | Ρ | S | С | Ι | Н | Е | 1 | R | Т | Ν | Е | Υ |
| 4 | 5 | 6 | 4 | 6 | 7 | 4 | 8 | 4 | 7 | 4 | 5 | 4 |
| Ν | G | 1 | D | G | 0 | U | R | R | U | Е | Н | S |
| 7 | 8 | 2 | 7 | 8 | 5 | 6 | 2 | 5 | 7 | 8 | 5 | 8 |
| С | Е | U | А | А | Т | Н | Ρ | Е | Ν | S | R | Е |

 \mathbf{A}

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the to right. checked figures give you.

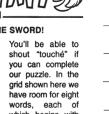
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Find at least six differences in details between panels.



tation is missing. 3. J ved. 6. Trash can is missing ewici. Z. Swe om si mið .ð New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rb



Tobacco cessation promotes readiness

By Wesley P. Elliott

Army Medicine Public Affairs

JOINT BASE SAN ANTONIO, Texas — November is Smoking Cessation month and, for the U.S. Army, tobacco and nicotine cessation are important throughout the year due to the impacts on readiness, combat effectiveness, and the individual Soldier's physical and mental ability to fulfill the wartime mission.

"Despite decades of time and resources dedicated to tobacco use reduction and control measures, tobacco use remains the single largest preventable cause of disease and premature death in the world," said Lt. Col. Kari A. McRae, Public Health Nursing Staff Officer, Army Public Health Center.

The negative impacts of to-

Therapy=

bacco use on combat readiness can include a prolonged wound and postoperative healing after injuries, and an increased risk of wound infections caused by nicotine-related vasoconstriction, she said.

There is an association between tobacco addiction and mental health diagnoses, mood disorders, and substance abuse as well as compromised visual acuity and night vision, compromised dental health, lower fitness performance levels, and an increased risk for training injuries, stated McRae.

Tobacco use has been shown to negatively impact the Army's civilian workforce by increasing workplace absenteeism due to smoking related health issues.

"Quitting tobacco as soon as you can, allows the healing process to begin to decrease or reverse many of the negative health consequences that resulted from cigarette smoking. The health benefits of quitting tobacco actually begin within 20 minutes after quitting," said McRae.

Hookah pipes and e-cigarettes, or vaping (electronic nicotine delivery systems), have increased in popularity and lend themselves as gateway devices for youth. Vaping or e-cigarettes are not safer than other forms of tobacco use, according to McRae.

"There is no evidence to support that any type of burned tobacco product is safer than another," said McRae. Tobacco products labeled as light, hand-rolled, natural, herbal, clove, flavored, menthol, cigars or cigarillos, nor the by-products of hookah smoke or e-cigarette vapor have been proven to be safer.

"Users should be aware that

acute and chronic adverse health impacts result from all of the following: the tobacco component alone; the nicotine component alone; the toxins and carcinogens in tobacco and liquids utilized in hookahs and e-nicotine delivery systems; and the additional toxins and carcinogens created from the burning components of hookahs and e-cigarettes," she said.

Despite claims that electronic forms of smoking are safer alternatives to traditional tobacco cigarettes, toxins and carcinogens in the burned smoke and burning vapor from all traditional or e-cigarettes and hookah pipes continue to cause serious health conditions in both the user and potentially others who inhale these chemicals second hand, she added.

Tobacco addiction is a chronic disease and may take multiple

attempts to achieve lasting cessation, stated McRae. According to the 2014 Health Related Behaviors Survey, respondents revealed that the most likely methods of tobacco cessation are the cold-turkey approach (55-58 percent), gradual decrease in tobacco use (33-59 percent), and the use of prescription medication (22-31 percent). A combination of behavior interventions and cessation medication or nicotine replacement treatments is shown to be more effective than any sole method of cessation.

Tobacco cessation resources are available free of charge to anyone who wants to quit tobacco through National, State, Department of Defense, and Army programs and services. People who are uncertain about which services they qualify for, their personal healthcare provider is the best place to start.

Continued from Page D1

tion to her regular appointments about three times a week for a few months now.

"I started noticing results in about a week and a half," said Roberts. "I physically felt calmer and more relaxed. I was open to anything that might possibly assist with helping my anxiety and depression. It was a no-brainer to give this a try." Roberts said the therapy has helped tremendously with her fear of flying, as well.

"If someone is hesitant about the therapy, I would say that just being away from your typical daily environment is relaxing enough. You come here, relax in this quiet room in a comfortable chair for 15 minutes and just escape the day. Sometimes it brings you back to calm. I think everyone could benefit from this therapy."

Everyone will respond differently to any type of therapy,

but for patients like Roberts, continued use has given her her life back.

Roberts said the LAHC Behavioral Health team has always been welcoming and comforting, and gives people tools to help with depressions and anxiety. "I feel better. It's just a natural calmness. It's so worth it."

Those interested in learning more or scheduling an appointment for Alpha-Stim Therapy at LAHC should call the appointment line at 1-800-261-7193.



FORT RUCKER SPORTS BRIEFS

Biggest Buck Contest

Fort Rucker Outdoor Recreation continues its Big Buck Contest through Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck – bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card.

For more information and to register, call 255-4305.

Youth gymnastics classes

Fort Rucker Child, Youth and School Ser-

vices hold gymnastics classes through Dec. 20 on Mondays, Wednesdays and Thursdays at the school age center, Bldg. 2806. Classes are offered for preschool – coed – (age 3-5) up though Level 5 (age 16). Cost varies from \$25-\$50 per month. Students can join classes at any time.

For more information, call 255-1867.

Hog hunt

Fort Rucker Outdoor Recreation will host a hog hunts from sunrise Friday to sunset Sunday. Cost is \$25 per hunter. Hunters who would like to participate in the hunt must have a valid Alabama State hunting license, Fort Rucker Post hunting permit and a hunter education completion card. First, second and third place winners will receive cash payout. Winning will be based on the most hogs brought in. Hunters can also enter in the heaviest hog jackpot for just \$5 more.

For more information, call 255-4305.

Turkey Shoot Out

Silver Wings Golf Course will host its Turkey Shoot Out Saturday, with tee times at 7 a.m. to 9 a.m. Cost is \$20 per player – plus cart and green fees, if applicable. Format is individual stroke play. U.S. Golf Association handicap or weekend dogfight points will be used. Gift certificates and turkeys will be awarded as prizes to gross and net winners. Registration deadline is 9 a.m. Saturday. The event is open to the public. For more information, call 255-0089.

Turkey Trot 5K

The annual Turkey Trot 5K/10K and 1-Mile Fun Run is scheduled for Saturday at 9 a.m. at the Fort Rucker Physical Fitness Center. Participants are encouraged to pre-register at either PFC. Entry fee is \$25 and the no T-shirt option fee is \$12. Teams of eight people pay \$160. Runners will receive T-shirts while supplies last. Fun run registration is free to all children 12 and under, and each child will receive a medal. T-shirts are \$10. Turkeys will be awarded to overall male/female master/grandmaster male and female, and 14 age groups.

For more information, call 255-2296.



